Vol. 50 No. 19 Superintendent onstage for NPR's 'Wait, Wait ...'

By Staff Sgt. Don Branum Academy Public Affairs

Academy Superintendent Lt. Gen. Mike Gould has never been to Eton College in England, but that didn't stop him from correctly answering two of three questions about the 600-year-old institution during the "Not My Job" segment of National Public Radio's "Wait, Wait ... Don't Tell Me," recorded at a sold-out event at the Pikes Peak Center for the Performing Arts May 6.

The show, which aired on local NPR affiliate KRCC 91.5 FM Saturday, has an audience of approximately 3 million listeners weekly on 500 NPR member public radio stations, according to NPR's website.

"Wait, Wait" host Peter Sagal introduced listeners to the Academy in the first minute of the comedy news quiz broadcast.

"The Academy was placed here in the '50s in the foothills of the Rocky Mountains so the cadets could rack up flying time by running down the hills, flapping their arms and yelling, 'Whee!" Mr. Sagal joked.

The panelists during the May 8 show were Tom Bodett, Paul Prevenza and Faith Salie. Mr. Bodett and Mr. Prevenza are authors and regulars on the show, while Ms. Salie is a contributor to O, the Oprah Magazine and the former executive producer of Public Radio International's "Fair Game," which went off the air in May 2008. Sharing stage left with Mr. Sagal was Carl Kasell, a 30-year NPR newscaster.

Ms. Salie asked General Gould about Academy traditions in a manner following the show's comedic tone: "Is one of the traditions singing 'You've Lost that Loving Feeling' a cappella? And will you do that for us?"

The general demurred from that song but did



Lt. Gen. Mike Gould interacts with the host, judge and panel of NPR's "Wait, Wait ... Don't Tell Me!" comedy news quiz May 6. General Gould, the Air Force Academy superintendent, correctly answered two of three questions about Eton College in England to win a prize for Dan Condon of Boulder, Colo.

perform a little Elvis Presley — "I've got those hup, two three, four / occupation GI blues" — to wild applause from the audience.

"Now we're going to get calls from the West Point

guy wanting to do Sinatra," Mr. Sagal joked.

Amid the discussion with the cast onstage, General Gould talked about the Academy and Air Force missions.

See WAIT, Page 8

Shuttle pilot speaks at Astro dining-out



Col. Jim Dutton Photo by Staff Sgt. Don Branum narrates a video compilation of the STS-131 space shuttle mission during a Department of Astronautics dining-out at the Air Force Academy's Falcon Club May 7. By Staff Sgt. Don Branum Academy Public Affairs

The pilot for the STS-131 Space Shuttle mission and a 1991 Air Force Academy graduate came to the Academy May 7 to speak with Department of Astronautics faculty members and cadets majoring in the astronautics field during a dining-out at the Falcon Club.

"Col. Jim Dutton is exactly the kind of officer every cadet in this room should aspire to be," said Col. Marty France, the Astronautics Department head and permanent professor, who first met Colonel Dutton in 1989 when he returned to the

"At the time, Jim stood out even then as a cadet whom we knew would go on to do good things. ... No one who taught in the department back then is the least bit surprised by his success," Colonel France said. "But all of us are proud of what he's done, and I couldn't think of a better person to motivate you and tell you about what's ahead as you graduate in the next few days."

Colonel Dutton said he enjoyed seeing familiar faces, but even more so, he rejoiced at meeting those whom he had not seen

"I'm always impressed by the quality of people that the Academy brings in, without exception," said the colonel, a native of Eugene, Ore. "The folks here are very special. It's easy, when you're a cadet, to look around and see strong points and weak points in yourself and other people, but I think as you go on in your career, you're going to realize that you've been around a very special group of folks. When you start coming back for things like 10year and 15-year and 20-year reunions it seems like forever to you guys — you're going to realize that you had a special time

He also enjoyed seeing the Academy's astronautics facilities, which have changed substantially since he graduated in 1991.

"This morning, walking into the lab and seeing you guys flying your own satellite, blew me away," he said. "The only thing I recognized was the oscilloscope."

He spent much of the next 45 minutes showing a video production of the STS-131 mission as well as talking about his role and his impression. The STS-131 team, led by Navy Capt. Alan Poindexter, delivered a multi-purpose logistics module to the International Space Station and replaced an ammonia tank assembly on the station's exterior. The shuttle lifted off April 5 and returned to Earth April 20.

"It's really fun to be able to share this," Colonel Dutton said. "You're the first group I've really been able to talk to about the flight. Already the memories start to fade."

One of the high points during training

See ASTRO, Page 9

WEEKEND WEATHER FRIDAY **52 32** SATURDAY 38 63 SUNDAY 65 40

Downrange

Read about what Academy graduates and NCOs deployed from here are doing to support the fight in Iraq and Afghanistan.

D-11 Outreach

Colorado Springs School District 11 counselors visited the Academy to see what the school has to offer prospective cadets.

Warrior Games

Two hundred wounded warriors from all branches of the military converge on Colorado Springs for the inaugural Warrior Games.

Pages 12-13

If you see something, say something

By Jeffrey Matzke Academy Antiterrorism Office

In the wake of the attempted terrorist attack in Times Square May 4, vigilance by the general public has never been more important.

That day, a citizen saw something out of the ordinary when a sport utility vehicle started smoking, and he reported it. This allowed the NYPD to quickly cordon the area, extinguish the smoking vehicle and start an antiterrorism investigation.

As we now know, the suspect, a U.S. citizen born in Pakistan, allegedly tried to detonate an improvised explosive device in the middle of Times Square. The typical private citizen is more aware now than ever before, due partly to past terrorist incidents and lessons learned as well as efforts to inform the general public on being observant for suspicious activity and reporting the issue to

The Air Force Academy is no different. With the many public events that are held here and are open to the general public, everyone must stay vigilant and immediately report suspicious activity to Security Forces. The key to

stopping a potential terrorist incident is vigilance, and this responsibility lies with all of us. So, if you see something, say something. This is critically important with the concern of terrorism within the United States constantly on

Furthermore, as a military community, we are particularly at risk. The Department of Homeland Security continually assesses that the Department of Defense remains a high priority for terrorist attack. However, you can do your part in preventing a terrorist attack on USAFA through vigilance and educa-

History shows that terrorist activities are typically thwarted during the surveillance phase of their operations. Surveillance is the most extensive and time-consuming phase of the process, and the personnel carrying out the surveillance mission are usually not well-trained.

This is where you come in. Detecting surveillance is a major portion of antiterrorism training that all DOD personnel receive and is critical to stopping a potential terrorist attack. Some surveillance indicators include:

Unusual or prolonged interest in

security measures

Observation of security reactions, drills or procedures

Increase of threats to facilities to test and observe reactions

Taking pictures or video of areas not of interest to the general public, such as roads, buildings or security posts

Prolonged static surveillance

Asking questions to illicit key information from facility personnel

If you see someone who seems to be conducting surveillance:

Get a good description of the person, vehicle and/or direction of travel

If possible, take a picture of the individual or vehicle Do not panic and do not confront

the suspicious person Do not put yourself in harm's way

Report the incident it immediately to Security Forces at 333-2000 or 911

Preventing terrorism is everyone's responsibility. Stay alert, be vigilant, and report any suspicious activity to Security Forces. Only together can we stop a potential terrorist incident. And remember, if you see something suspicious or concerning, report it immediately — if you see something, say something.

To responsibly inform and educate the Academy community and the public about the Air Force Academy

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Denise Navoy — Graphic Designer

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Deadline for all stories is noon Friday, one week prior to the desired publication date. Refer questions to the Academy Spirit editor at 333-8823.

The Academy Spirit also accepts story submissions by fax at 333-4094 or by e-mail: pa.newspaper@ usafa.af.mil.



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Office Apprenticeship

By Col. John Norton

Center for Character and Leadership Development

What happens to Air Force Academy cadets during their 47 months "in residence"? They are transformed in a remarkable way: entering as civilian teenagers, they graduate as officers of character, ready to lead in a complex, challenging world.

What is really going on here is the age-old practice called apprenticeship. Apprentices are candidates to join a profession — in our case,

knowledge and skills required in their chosen profession. More importantly, they learn the values and ethos of their profession — in other words, its culture. I call the profession of arms "the culture of trust." Cadets learn this culture in many ways, but the foundation of the culture of trust is the Cadet Honor Code.

I believe cadets come here yearning for a special culture where the ethical lapses they saw all too often "back home" do not exist. They soon learn cadets are mortals who sometimes falter — the Academy is no utopia, and 1 to 2 the profession of arms. Apprentices learn the percent of cadets are found in violation of the arms — the culture of trust!

Code each year. However, integrity in the real world, just like integrity here, includes doing the right thing even when those around you may not be doing so.

Firsties, you are about to leave the Academy, fundamentally transformed from how you arrived. You are different people — professionals who have internalized the Code and instinctively do the right thing even when doing so means paying a high personal price. You are ready to be full-fledged members of the profession of

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Cadet 4th Class Michael Radosevich Cadet Squadron 03



"I find a room in Fairchild and spend four hours there in an empty room. There is less distraction."

Cadet 4th Class Robert Ferrell Cadet Squadron 09



How do you prepare for finals?

"I didn't have any finals. I got my papers done early."

Cadet 1st Class Douglas Zschoche Cadet Squadron 25 "I didn't have any. I got lucky with my schedule."



Zachary Bartsch Cadet Squadron 2





Senate confirms Academy admissions director

By Ann Patton Academy Spirit Staff

The Academy's newest director of admissions was confirmed by the Senate May 7.

Col. Carolyn Benyshek, a 1987 Air Force Academy graduate, was assigned the special assistant to the superintendent in January.

"It was wonderful coming back," she said. "While the people may have changed, a lot has stayed the same."



Benyshek

Before her return, the colonel served as the acting director for space programs and policy at the Pentagon and attended the National Defense University's Industrial College of the Armed Forces at Fort Lesley J. McNair, Va. From July 2005 to July 2007, she served as commander of the National Reconnaissance Office Operations Squadron at nearby Schriever Air Force Base.

"There is no job in the Air Force that prepares you for being director of admissions at a major university," she said. "It's a steep learning curve, but I'm excited about learning the ropes."

Colonel Benyshek said she sees her new position as "conductor" of the various operations in her directorate: marketing, recruiting and mentoring cadets from a diverse range of backgrounds, reviewing applications, compiling scores, and assisting with congressional nominations.

"The Air Force Academy is one of the most selective colleges in America. We seek young men and women who have the qualities and genuine motivation to succeed in a very challenging environment and whose primary goal is to serve our nation as Air Force officers and warriors," she said. "We all work together to get qualified candidates in the door."

Colonel Benyshek said prospective cadets represent a wide range of interest in attending the Academy, from those who have wanted to come here since an

early age to others who have little or no knowledge of what the Academy can offer.

She gives high marks to the 1,600 academy liaison officers worldwide who recruit and counsel young men and women in their local areas with strong backgrounds in test scores, physical fitness, grades and extracurricular activities. ALOs also counsel prospective Air Force officers on avenues of commissioning other than the Academy such as ROTC and Officer Training School. The Department of Athletics also seeks out talented athletes and potential cadets and serves in the overall recruitment mix.

Colonel Benyshek pointed out a few observations on the incoming classes. The qualified candidate pool is highly competitive. The Class of 2013 had the highest SAT and ACT scores in Academy history to date, and the class of 2014 is trending along those same lines.

Last year, more than 10,000 candidates applied to the Academy. The colonel said this year's numbers were ahead of last year, but numbers don't necessarily tell the whole story.

"It's less about the number of applicants and more about the number of qualified candidates," she said.

The admission process focuses on the major Academy experiences—academic, leadership, athletic and character according to the Academy Admissions fact sheet. Objective and subjective admissions criteria are combined for a holistic review.

Colonel Benyshek's major awards include the Defense Superior Service Media, three Defense Meritorious Service Medals, an Air Force Meritorious Service Medal, three Joint Service Commendation Medals, two Air Force Commendation Medals, two Joint Service Achievement Medals and a National Reconnaissance Office Director's Circle Award.

Her career spans a variety of space operations, engineering, acquisitions and staff assignments associated with early warning, GPS and intelligence systems. She holds master's degrees in business administration, military operational art and science and national resource strategy.



AFA recognizes F-15E WSO

Lt. Gen. Mike Gould and T. Thompson present the 2010 Col. James Jabara Award for Airmanship to Capt. Prichard Keely, who distinguished himself through heroic actions April 6, 2008, in support of U.S. and Afghanistan National Army ground forces on a special operations force mission in Afghanistan's Nuristan Province. General Gould is the Academy Superintendent; Mr. Thompson is president and CEO of the Association of Graduates; Captain Keely, an F-15E weapons systems officer with the 335th Fighter Squadron and 2004 Academy graduate, was selected for the award in February.

Photo by J. Rachel Spencer





MilitaryAutoConnection.com



Araman Spinit May 14, 2010



By Butch Wehry Academy Spirit staff

A surgical services technician with the 10th Medical Group didn't know what to expect when she deployed with the 655th Forward Surgery Team in Afghanistan two months ago. However, she quickly learned that at least some of the local population harbors no love for Americans in the country.

During Staff Sgt. Shante Lopez's first month downrange, her team's quarters took a hit from a rocket attack and burned to the ground.

"There were 17 of us who were left homeless for about a week," the Las Vegas native said. "Thank God the people who live in the middle of the hut, including me, were out, because otherwise I don't think I'd be sitting here answering these questions." The four people who were in the building at the time escaped without incident, but a rocket attack two weeks earlier injured one person when it hit the forward operating base's chapel.

Sergeant Lopez's deployment to Afghanistan is her first. As the NCO in charge of operating room supplies and equipment, she orders supplies, takes patients to and from the aeromedical evacuation areas, helps run labs and assists with blood drives.

"I've learned how to use the x-ray machine and draw blood. As a tech here,

NCO cares for locals, warfighters

you have to learn how to do everything," she said.

She generally calls her family and works out in the gym before her team starts work by meeting in the mornings. Work times vary for operations security reasons

"Once we have the meeting, we disperse to our different sections to make sure we are ready if there happens to be a trauma that day," Sergeant Lopez said.

She said the most satisfying part of her job is working with children.

"We provide them with the best care possible," she said. "They always seem to leave in better spirits than when they arrived."

The hardest part of her job is going to the FOB gate to pick up patients due to the chaos generally surrounding a patient's arrival at the gate, she said.

Sergeant Lopez's team gets to interact occasionally with locals on base, including the operators of an Indian restaurant that provides an alternative to dining facility food and guards who invite Sergeant Lopez and her team to share lunch.

"The food, which usually has rice, some type of meat and bread, is always delicious," she said. "They (the guards) are always extremely nice."

While Sergeant Lopez is deployed, her husband, Staff Sgt. Jorge Lopez, juggles his job as NCO in charge of acquisitions management for the 10th Medical Support



Photo by Tech. Sqt. JT May I

Staff Sgt. Shante Lopez (right) and Senior Airman Austin Hess (left) help carry a Soldier on a litter at Forward Operating Base Ghazni, Afghanistan, April 22. Sergeant Lopez is deployed from the Air Force Academy's 10th Medical Group.

Squadron's Medical Logistics Flight with his role as father for the NCOs' two children: Trinity, age 4, and Jayda, age 1.

"I think he's become more of an independent parent, with having to make all the decisions pertaining to our girls," the Air Force wife and mother said. "He's doing a great job."

However, communicating with her family has become more difficult since the rocket attack destroyed her laptop

computer, and she's had to learn to sometimes let things be.

"There are so many things we cannot change, and this experience has taught me to not sweat the small things," she said. "Work hard, but make sure you find time for yourself, or you will get burned out too quickly."

She also had advice for military parents who will deploy: work on personal *Continued on next page*

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Wingman stand down focuses on Airmen's well-being

For a half day in May, Airmen will learn strategies to prevent suicides and private motor vehicle accidents as part of Wingman Stand Down 2010.

Those who could not attend the Academy's stand down Monday should contact their unit representatives in order to make up the mandatory program by May 31.

In a jointly signed letter, Chief of Staff Gen. Norton Schwartz and Chief Master Sgt. of the Air Force James A. Roy noted the reasons for the stand down.

"Sadly, 18 Airmen, eight guardsmen and reservists, and three civilians, of all ranks and specialties, have taken their own lives so far this year," the senior leaders noted. "Additionally, approximately 50 Air Force members annually are killed in motor vehicle accidents."

"To jump-start this effort, we are directing a half-day wingman stand down for all units in May 2010. This stand down will include discussions at squadron level or below, led by unit leadership," the joint letter by the general and chief says. "The stand down will include three topics: suicide prevention, motor vehicle safety and improving wingman skills by knowing your people.

"Your full participation and support is essential as our Air Force moves forward to reduce suicides and

injuries, save lives and preserve our most important asset, our Airmen," the letter says.

The Air Force surgeon general told a congressional panel last month the Air Force's suicide prevention program, implemented in 1997, continues to be effective, but the service has experienced a slowly increasing rate since 2007.

"We are enhancing our prevention programs to further decrease suicides by targeting those most stressed by high operations tempo," Lt. Gen. (Dr.) Charles B. Green told the Senate Armed Services Committee's Personnel Subcommittee March 24. "We now target more in-depth interventions and training to Air Force security forces and intelligence career fields, whom we have identified as having double the incidence of suicide compared to the rest of the Air Force."

The Air Force continues training the entire force on suicide prevention and coping skills to improve both Airman and family resilience, Doctor Green said.

"We adapted new concepts rapidly such as 'Ask, Care and Escort,' and collaborative care, wherein mental health providers are now embedded in the majority of our family health clinics," Doctor Green said. "We have also studied and targeted interventions for our civilian work force identified at high risk. Collaborative care, on-line help, mandatory post-deployment surveys and Family Life counselors at our Airman and Family Readiness Centers have decreased stigma and allowed those in need to get help earlier."

The Air Force's focal point for safety on the Air Staff said the stand down will "reenergize the wingman concept," what he called the foundational approach to suicide prevention and unit safety.

"Wingman Stand Down 2010 offers a pause in the day-to-day mission focus of Airmen in order to focus on the rise in Air Force suicides, reinvigorate the wingman concept and examine the loss of Airmen to private motor vehicle accidents," said Maj. Gen. Frederick F. Roggero, the chief of Air Force safety. General Roggero also serves as the commander of the Air Force Safety Center at Kirtland Air Force Base, N.M.

The Wingman concept is part of the Air Force flying culture and dates back to the earliest days of aerial combat.

"Wingmen have always operated as a pair to watch each other's backs," Colonel Guerrero said. "We take responsibility for one another and provide help when our wingman needs it."

NCO

From previous page goals and focus on yourself.

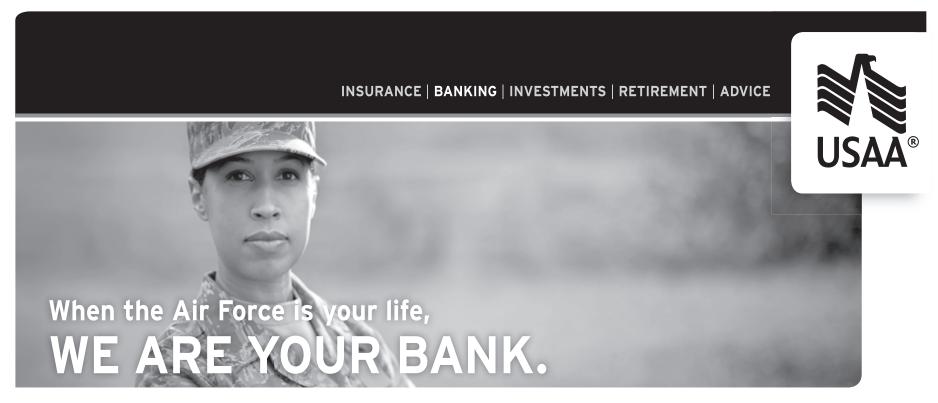
"Just think of it as a time to get yourself together," Sergeant Lopez said. "I take it day by day, and it does get easier, but you're going to have those days when all you want is to be with your family. I always think that there are thousands of other mothers who left their families, and I know that if they can do it, so can I"

Few couples outside the military face

the challenges that the Lopez family works through.

"I think military couples all over the world are going through the same things we are," said the sergeant, "especially one spouse deploying and the other spouse having to leave during their deployment or even right after they have returned home. It can be taxing on a relationship."

But the challenges, she added, can bring couples closer together, as it has done for them.



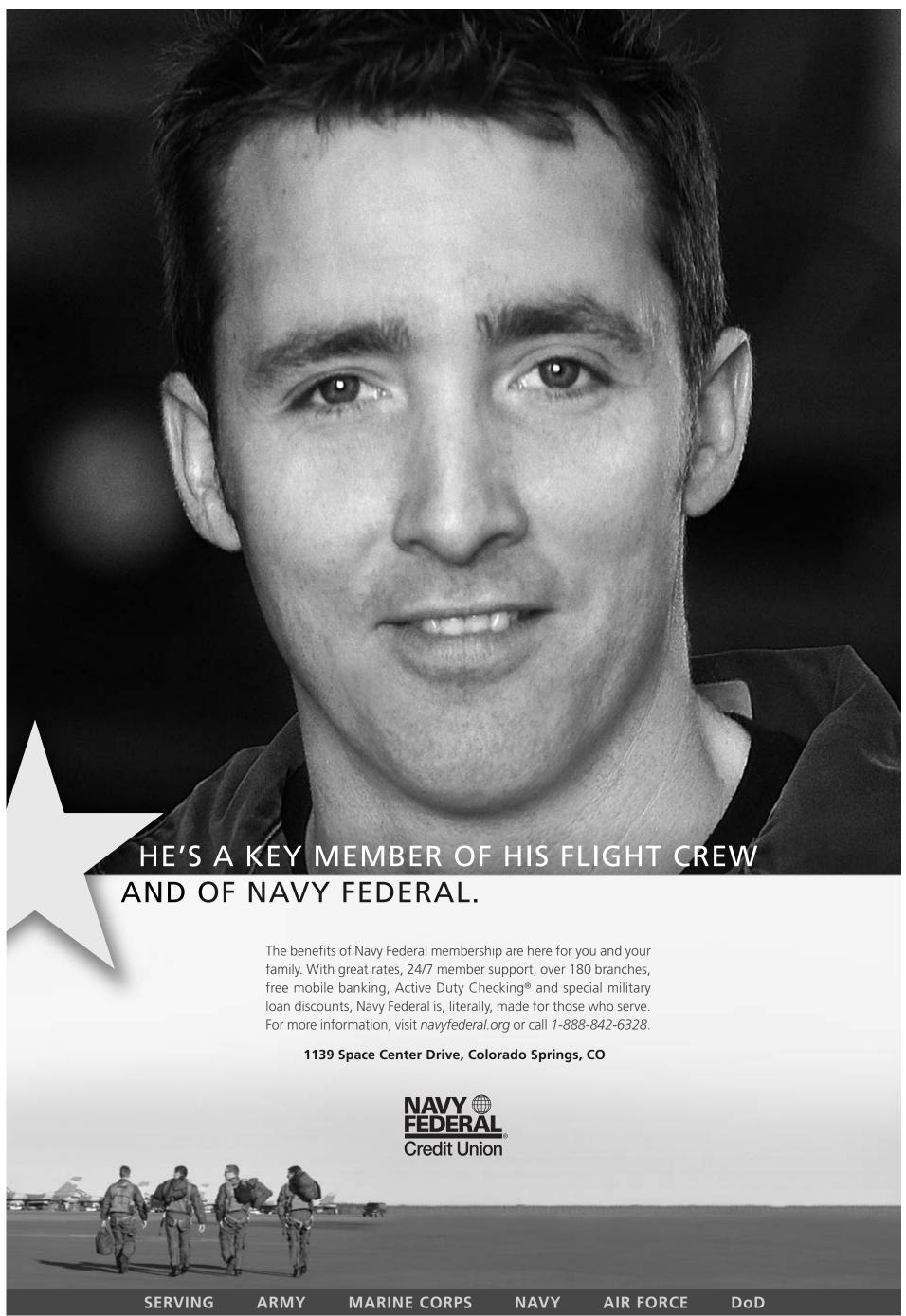
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ADABEMY SPIRIT

May 14, 2010



Grad supports refueling ops

By Master Sgt. Scott Sturkol 380th Air Expeditionary Wing Public Affairs

SOUTHWEST ASIA — In the first three months of 2010, Airmen supporting the KC-10 deployed air refueling mission in the U.S. Central Command area of responsibility flew more than 1,000 sorties offloading more than 108 million pounds of fuel to more than 6,600 aircraft in support of combat operations. Behind the controls for many of those missions was 1st Lt. Jason Brown.

Lieutenant Brown is a Class of 2006 Air Force Academy graduate and a KC-10 Extender tanker pilot deployed with the 908th Expeditionary Air Refueling Squadron in Southwest Asia. He is deployed from the 2nd Air Refueling Squadron at Joint Base McGuire-Dix-Lakehurst, N.J. As a KC-10 pilot, Lieutenant Brown directly supports combat air refueling missions with the 908th EARS and the 380th Air Expeditionary Wing.

"Sometimes the day-to-day stuff we deal with shadows the great work we do," said Lieutenant Brown, a native of Arvada, Colo. "Taking a step back and looking at the big picture helps to show what we do is worth the effort of being here, being a pilot and being in the Air Force."

In the first quarter of 2010, Lieutenant Brown helped support more than 500 "troops in contact" events meaning KC- THE PROPERTY OF THE PROPERTY O

First Lt. Jason Brown, KC-10 Extender tanker pilot with the 908th Expeditionary Air Refueling Squadron, flies a KC-10 on an air refueling mission over the U.S. Central Command area of responsibility April 24. Lieutenant Brown, an Air Force Academy graduate and native of Arvada, Colo., is deployed from the 2nd Air Refueling Squadron at Joint Base McGuire-Dix-Lakehurst, N.J.

10 Airmen refueled aircraft that were providing air-to-ground support for troops in contact with enemy forces on the front lines. Lieutenant Brown said when he graduated high school in Arvada, he never thought he'd be where he is today.

"Out of high school, I wanted to play Division I athletics and receive an excellent education at the same time," Lieutenant Brown said. "The Air Force Academy recruited me to play football and I knew it was an opportunity I could not pass up. I played football all four years — wide receiver — and was a letterman for the last three. I also lettered in baseball for two years — starting as a pitcher and later moving to first base.

"Growing up in Colorado, I knew a lot about the Air Force Academy and what it had to offer from the military service to the athletic and academic programs, as well as the many lasting friendships I would have as a result," the first lieutenant said. "Flying wasn't the first thing on my mind before or even during my time at the Academy, but when it became time to decide what to do upon graduation, choosing to fly was one of the easier decisions I've had to make. Most people have their own reasons for attending the Air Force Academy ... but in the end you stay and commission because you want to be a part of the efforts your peers are putting in overseas."

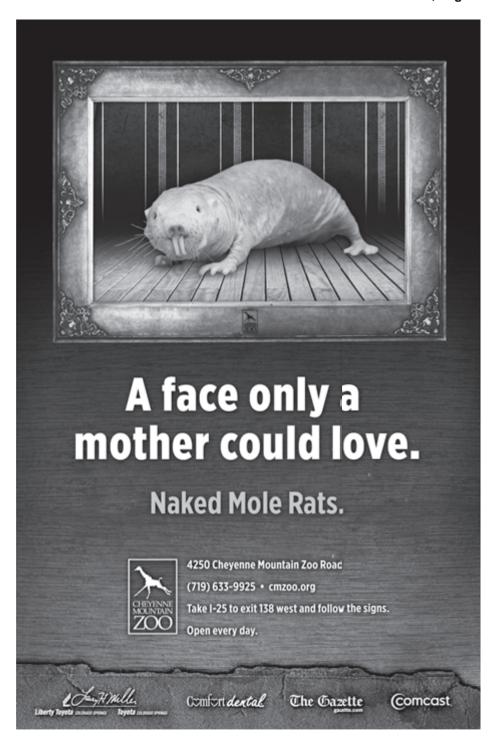
According to his official Air Force job description as a tanker pilot, Lieutenant Brown pilots tanker aircraft and commands crews to accomplish air refueling, airlift, training and other missions. He plans and prepares for missions, reviews mission tasking, intelligence and weather information, and supervises mission planning, preparation and filing of flight plans and crew briefings.

The job description also states that tanker pilots like Lieutenant Brown ensure aircraft are pre-flighted, inspected, loaded, equipped and manned for missions. In addition to piloting the aircraft and commanding the crew, he operates aircraft controls and equipment and performs, supervises or "directs navigation, in-flight refueling and weapons delivery."

Furthermore, Lieutenant Brown

See REFUELING, Page 9





Wait

From Page I

"Air, space and cyber are what we're all about in the Air Force," he said. "About half of our graduating class will go on to pilot training. The other half goes into a variety of different career fields to serve across the board."

"I'm fascinated with the idea of this institution up the hill that teaches all these kids to fly these jets," Mr. Sagal said. "I'm trying to teach one of my daughters how to ride a bicycle without training wheels, and it always ends in tears. How do you teach these young people to fly vehicles that might actually kill them?"

"It's all about confidence — building the confidence that young men and women can do something very difficult," said General Gould, an instructor pilot with more than 3,000 flight hours in KC-10 Extenders, C-5 Galaxy aircraft, C-17 Globemaster IIIs, KC-135 Stratotankers and other airframes.

Mr. Sagal and Mr. Kasell segued into the "Not My Job" segment of the show, titled, "It's a bit like the Air Force Academy, except they've got top hats."

"Now, the Air Force Academy goes back 50 years — that's a length of time — but compared to Eton College in Britain, the Air Force Academy is a young pup," Mr. Sagal explained. "We're going to ask you three questions about this most famous and oldest of the British public schools. Answer two questions correctly, and you'll win a prize for one of our listeners: Carl's voice on their home answering machine."

The first question related to a longstanding tradition at Eton College, one that dated back to the 16th century and continued until 1983.

"Was it a precursor to getting their callsigns?" General Gould joked.

The multiple choice options — rat hunting, flog-

ging or whiskey drinking — make whiskey drinking, the General's guess, seem like a rational tradition. However, the actual answer was flogging.

Mr. Sagal asked the next question: "Which of the following might happen in an Eton Field Game match? A, the parthan kicks a twizzle offsides and thus has to camber; B, the bup scores a rouge after hitting off an opposing behind; or C, 14 planets are tallied, but only the key wins the grander." General Gould answered correctly with "B," and Mr. Sagal provided more information.

"The way it works is, a bup is like a forward in soccer," he said. "A rouge is a point you get after hitting the ball off an opposing defender's body — he's called the behind — and then being the first person to touch it after it goes behind the goal line."

"And that's when the flogging begins," Mr. Provenza added.

With one correct answer out of two questions, General Gould had a shot to win with the last question: "Once upon a time, only Pop members, or Poppers, had what special privilege? A, they could relieve themselves on a particular tree on campus; B, they were given special canes with which they could beat other students whenever they liked; or C, they were the only ones allowed to chew gum."

"I think, to be consistent with the floggers, we'll go with B," the general said.

"Yes, very good — you are correct!" Mr. Sagal said. "Flogging was an important part of life at Eton, and Poppers could flog whomever they liked."

"Does the general know what he wins?" Mr. Bodett asked. "A flogging!"

Mr. Sagal wrapped up the segment by thanking General Gould for his service and for appearing on the comedy show, and the audience thanked him with a standing ovation.



Photo by Mike Kaplan

Charge!

Class of 2010 cadets take the hill in the Terrazzo area to mark the last day of classes May 7. The first-class cadets will graduate in 13 days, counting today.



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Astro

From Page I

for the mission is that NASA lets families get involved, Colonel Dutton said. The agency allows astronauts' families to learn about the mission and even to climb behind the controls of a shuttle simulator.

"When Joey got up in the commander's seat ... his feet couldn't reach the rudder panels," Colonel Dutton said. "He actually had one of the better landings of anybody who came out, which was pretty cool." The colonel's 6-year-old son did need his father's help to reach the brakes, however.

Colonel Dutton compared the feeling of liftoff to standing on a steel plate when a bomb detonated.

"The whole vehicle really shook," he said. "When the solid rocket boosters light, I imagine it feels like ... someone hit the back of your seat with a baseball bat. You can feel the vibration through the airframe — all this power behind you — and it feels very normal. It's very comfortable, but you know you're going somewhere quick."

It takes astronauts some time to get their "space legs," the colonel said, crediting his experience as a test pilot for preparing him for the physical disorientation of microgravity.

"The thing they taught me as a test pilot was how to ignore what's happening to your body while you think about what you're doing with your task," he explained. "When you first get to space, I'd say 90 percent of people feel really bad within an hour. Your inner ear gets thrown off, and it takes a couple of days for your body to adjust. But in the meantime, you're doing a lot of potentially dangerous things those first couple of days."

Staying fit is also more difficult in an environment where moving a 1,000pound piece of hardware takes almost no effort. Specially designed exercise machines allow ISS crewmembers to stay in shape and prevent bone density loss, Colonel Dutton said. Even so, he gained nearly 2 inches of height during the mission and lost about 1/4 inch imme-

diately after landing due to the gravity differential.

A lesser challenge — but still a challenge — is making sure one doesn't misplace objects.

"Stuff just disappears in space," Colonel Dutton said. "You can't keep track of things. Everyone was losing stuff because there's no wall or ceiling or floor, so when you put down your pencil and attach it to something, you can't find it 10 minutes later because you can't figure out which wall you attached it to."

One highlight from the mission was the bond that the STS-131 team quickly formed with the ISS crew shortly after docking. The combined crews — 13 people in all, including two Japanese astronauts — shared three crew dinners together, eating sushi during one of the dinners.

"It's amazing how tight the crews got" during the 10 days Discovery was docked with the space station, he said. "You really bond up there. It takes a lot of teamwork to get the mission

Another benefit — one that the colonel called addictive — was the chance to see Earth from low orbit. The crew took a series of still photos from the newly installed MPLM, which offered a 360-degree view from the bottom of the station.

"Those are cities at night that you can see passing, and here's the sunrise," he said as the video advanced through the still photos. Another set of photos showed a lightning storm over Australia and the Aurora Australis, or Southern Lights. "It's really amazing, how beautiful it was. I never got tired of looking out the cupola: every chance I got, I was down there."

Eventually, though, the crew had to return to Earth. Discovery landed safely April 20, but it's a bittersweet event, Colonel Dutton said. The final space shuttle mission, STS-134, is scheduled to launch in November. Col. Gregory Johnson, a 1984 Academy graduate, is the STS-134 pilot and will be the last Academy graduate to fly on a space shuttle mission.

Refueling

From Page 7

conducts and supervises training of crewmembers, ensures the operational readiness of the crew by conducting or supervising mission specific training, and develops plans and policies, monitors operations, and advises commanders. He also assists commanders and performs staff functions related tanker pilot duties.

Every time he flies the KC-10, the job description also shows that he must maintain mandatory job knowledge in the theory of flight, air navigation, meteorology, flying directives, aircraft operating procedures and mission tactics. Supporting the war effort, he said, reminds him of how everything got started for him.

"Being a senior in high school during Sept. 11, 2001 urged many people to join, which had an impact on me as well and so this was my way of doing my part," Lieutenant Brown said. "My best friend from high school is a Marine and has served twice in Iraq. Although I don't nearly experience what he did going door-to-door, he still appreciates the support that we in the Air Force provide with the KC-10s and other

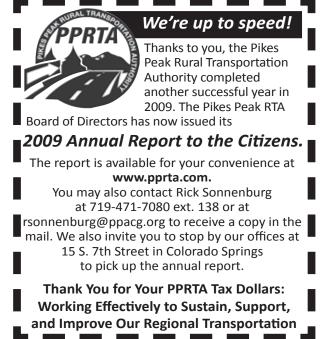
aircraft every day."

The 908th EARS is a sub-unit of the 380th Air Expeditionary Wing, which is home to the KC-10 Extender, U-2 Dragon Lady, E-3 Sentry and RQ-4 Global Hawk aircraft. The wing comprises four groups and 12 squadrons. Its mission includes air refueling, surveillance and reconnaissance in support of overseas contingency operations in Southwest Asia. The 380th AEW supports operations Iraqi Freedom and Enduring Freedom and the Combined Joint Task Force-Horn of Africa.











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District 11 educators check out Academy life

By Ann Patton Academy Spirit staff

Eight counselors from Colorado Springs School District 11 high schools visited here May 5 for a close look at what the Academy offers student candidates in terms of undergraduate education and future careers.

The visit helped strengthen the Academy's ties with the local community, said Visitor Center director Melissa Porter.

Academy tour guests can reach out not only to potential cadets but to friends, neighbors and co-workers, Ms. Porter said.

The day-long event began with a briefing of the Academy's mission, history, core values, graduates' accomplishments, admissions, academics, athletics, military training, clubs, airmanship and summer programs.

The educators then took an in-depth look at academics in the chemistry department with chemistry professor Dr. Ron Fursteneau as their guide. The tour opened in freshman chemistry labs, where cadets combined elements to create aspirin and wintergreen, followed by discussions of the study of organic chemistry and other upper-level courses. Dr. Fursteneau also showcased the Academy's chemistry research lab where cadets have produced studies involving thermal fluids,



Photo by Bill Evans

Chemistry professor Dr. Ron Fursteneau shares his enthusiasm of the science with Colorado Springs School District 11 educators during a guided tour of the department May 5. High school counselors from the district visited the Academy to learn of opportunities the Academy has to offer for future cadets.

hydrogen storage and materials coating to names a few.

Cadets escorted guests into Mitchell Hall for tacos, befitting the celebration of Cinco de Mayo, May 5. Among the cadet escorts was Cadet 1st Class Chris Horn, a chemistry major with Cadet Squadron

"It's fun to talk about my four years here," said Cadet Horn, who will attend medical school after he graduates May 26.

After lunch with cadets, the school counselors met briefly with Dean of the Faculty Brig. Gen. Dana Born, who recalled her own path to the Academy —

including when she was advised by a family member that military life was not

"Actually, it was perfect for me," she said with a laugh.

She noted, though, that there still needs to be more awareness of the advantages that life as a cadet, and officer, can

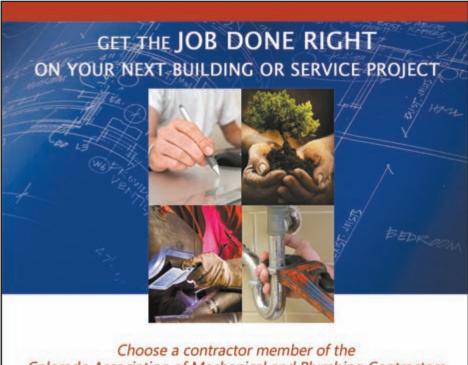
"There are lots of mothers and fathers who have never thought about a service academy," she said. "It's not just a job but a service." General Born also said the incoming Class of 2014 has the highest percentage of female cadets in Academy

Following her presentation, guests briefly toured the Terrazzo and Sijan Hall dormitory before returning to the Visitor Center. Tesla High School counselor Diane Rossin, who has not visited the Academy in a while, said she found the event "very, very interesting."

"I've loved talking with the cadets," she said. "They're our best ambassadors."

Palmer High School counselor Mel Bethards said that she and other counselors need to be informed about and stay on top of opportunities for their students.

"Every now and then, we need an in-depth look at different schools," she said. One Palmer freshman is already interested in pursuing a future Air Force Academy appointment.



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12 AGADEUT SPIRIT

Disabled vets, troops compete in 1st Warrior Games



Photo by Staff Sgt. Desiree Palacie

Tech. Sgt. Israel Del Toro carries the Warrior Games torch down Olympic Path for the inaugural Warrior Games May 10, 2010, at the U.S. Olympic Training Center in Colorado Springs, Colo. Sergeant Del Toro is one of some 200 disabled veterans participating in the Paralympic-style competition Monday through today.

By Army Sgt. 1st Class Michael J. Carden American Forces Press Service

With the lighting of the ceremonial Olympic cauldron by NFL hall of famer and U.S. Naval Academy graduate Roger Staubach Monday, the inaugural Warrior Games got underway.

Approximately 200 disabled veterans from all five branches of military service marched down Irwin "Ike" Belk Olympic Path at the U.S. Olympic Training Center here Monday evening in the games' opening ceremony.

"The cloth of your nation is proud of you today," said Gen. Victor E. Renuart Jr., the commander of U.S. Northern Command and North American Aerospace Defense Command, at the ceremony. "The flag that you fought to represent is proud of you."

The ceremony marks the culmination of months of training and an even longer road to recovery for many of the athletes. More than a few of the participants were restricted at one time to their hospital beds, unable to walk and get around on their own. But this week, they will display their re-learned skills in track and field, cycling, sitting volleyball, wheelchair basketball, archery, swimming and marksmanship events.

Their resolve and desire to improve their lives is an inspiration for the nation, and is in keeping with the military community's goal to build resilience among its members, General Renuart said. The games are a testament of the influence of sports and proof of what one can accomplish through determination and will power, noting that the games are a "significant event" for Defense Department and military leaders.

"They know how important this is, not just to

you, but to our services and what we hope to promote for each and every one of our men and women serving as they go forward in their lives," he said.

Colorado Gov. Bill Ritter hailed the troops as heroes and role models, calling them "the pride of America" for volunteering to serve and for their ability to triumph over adversity.

"You really are the core of who we are as a people," Governor Ritter said. "Your resilience exemplifies the kinds of things that we would all like to believe about ourselves — that we would like our children to emulate."

Juan M. Garcia III, the assistant Navy secretary for manpower and Reserve affairs, lauded the troops for their willingness to compete and to never give up on themselves and their nation. He also praised their readiness to accept new challenges.

"Who could not be inspired by what's going on here?" Mr. Garcia asked. "Before us are men and women who suffered injuries both physical and mental. (But) they refuse to be defeated, no matter where their battlefields were — Afghanistan, Iraq, rehab centers or even their own minds

"It's old cliché saying, 'Getting here makes you winners, no matter the results of the competition," Mr. Garcia continued. "But just because it's cliché doesn't make it less true."

The games are a joint venture among the DoD, the U.S. Olympic Committee and the United Service Organizations to promote resilience and the healing power of sports. Officials hope to make the games an annual event and possibly expand participation and future venues.

The competition runs through today.

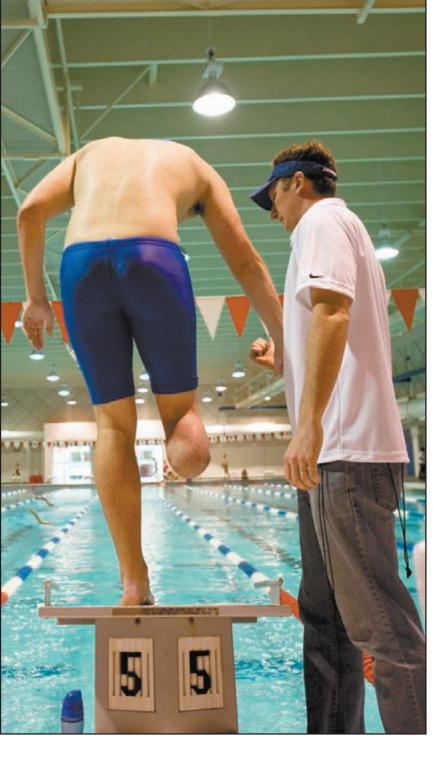
Let the games begin



Former Dallas Cowboys quarterback Roger Staubach lights the ceremonial torch at the inaugural Warrior Games May 10, 2010, at the Olympic Training Center in Colorado Springs. Mr. Staubach is a U.S. Naval Academy graduate and Vietnam veteran.









Clockwise from top left:

Photo by Senior Airman Christopher Grif

Former Staff Sgt. Stacy Pearsall practices shooting, Tuesday at the U.S. Olympic Training Center in Colorado Springs. Pearsall and 16 other Air Force athletes are competing in the inaugural Warrior Games through, today.

Photo by Senior Airman Christopher Griffi

Second Lt. Ryan McGuire, a 2008 Academy graduate, prepares to dive off the starting block during swim practice Tuesday at the Olympic Training Center. Lieutenant McGuire is a below-the-knee-amputee competing in the inaugural Warrior Games.

Photo by Staff Sgt. Desiree Palacios

The Air Force team makes the winning point to win during the Warrior Games volleyball match against the Army Wednesday at the Olympic Training Center. The Air Force team won 15-7.

Photo by Staff Sgt. Desiree Palacios

Staff Sgt. Christopher D'Angelo reaches for the basketball during tipoff against the Marines in wheelchair basketball Tuesday at the Olympic Training Center.

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15

Black bears out of hibernation, hungry

By Ann PattonAcademy Spirit staff

resourceful and

Yogi Bear and his pals have begun to crawl out of the sack after a long winter's sleep, and they're not looking for that first cup of coffee. They're hungry, real hungry, and one has already been spotted wandering the landscape around Ice Lake.

"They are definitely out and about," said Dr. Brian Mihlbachler, the Academy's natural resources planner. "They will take advantage of any resource available."

Colorado's black bears emerge from hibernation, or hyperphagia, in April and May. Black bears, called "curious, highly

intelligent" by Colorado wildlife officials, are as much a part of Colorado's natural wonders as the state's blue skies, mountains and rivers. As such, they need our protection. A fed bear can become a dead bear: if someone makes food available to a black bear, even once, it teaches them to associate humans with food, and they will return to where they found goodies the first time around.

As bears draw closer to the public, they may be deemed a nuisance. Dr. Mihlbachler said Colorado has a two-strike rule. If a bear becomes aggressive or starts raiding dumpsters, officials will trap, tag and relocate the animal. For strike two, officials must humanely euthanize the bear.

If there is no food available in a location, the bears will move on of their own accord. But with bears being bears, they will take advantage of food they don't have to work for — except for maybe lifting the lid off a dumpster and diving in. No reservations are required for left-over bologna sandwiches and dried up doughnuts.

Dumpsters aren't the only attraction for bears. Home garbage cans, pet food bowls, fallen fruit from bushes and trees and even the yummy, greasy residue on outdoor grills are easy targets. A bird feeder, can offer up a quick, tasty, 12,000-calorie snack. Bears may also find things in human trash that are toxic to wildlife, including medicine, alcohol and chemicals.

The Colorado Division of Wildlife

recommends basic precautions for those living in bear country: Keep garbage in a secure building or bear-resistant trash can or dumpster; clean out cans, bottles and jars to move food odors before putting them out for recycling; put out garbage cans only on the morning of pickup; wash garbage cans with ammonia to remove food odors; keep pet food dishes inside, and thoroughly clean outdoor cooking grills.

The division also recommends taking down bird feeders when bears are not in hibernation. Birds have plenty to eat in the wild during warm months, and feeders may also attract deer and mountain lions.

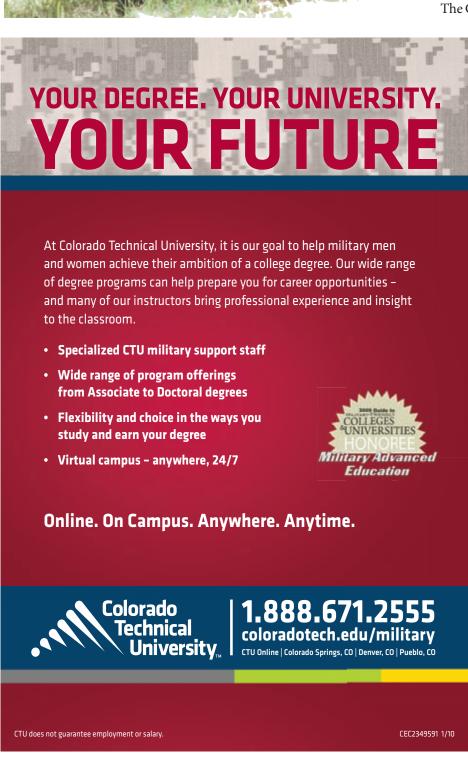
Though bears are generally skittish of humans, there are occasional encounters with humans. Dr. Mihlbachler said they, like deer and elk, are most active in the early morning and late afternoon. They may be seen standing on their hind legs, not to threaten but simply to see better.

"They are just defending the area and letting you know they're there," he said, adding that bears have relatively poor eyesight.

During a bear encounter, Dr. Mihlbachler advises speaking softly and rustling personal items such as clothing or a backpack, plus remaining on the down side of a trail. Back away slowly and never approach a bear of any size, especially cubs whose Mama Bear may be just out of sight. In short, admire them from a distance.

Colorado's black bears are the state's largest carnivores, and they may be not only black but blond, brown, honey-colored or mixed. Cubs are born in hibernation and often come in two's.

To report broken latches on dumpsters in the Academy's housing areas, call 333-3053. To report a bear sighting, call Natural Resources at 333-3308 or Security Forces at 333-2000.





Cadets place 18th in road cycling nationals

By Lt. Col. James Dereus Commandant of Cadets Staff

Four cadets competed in the 2010 USA Cycling Collegiate Road Cycling National Championships May 7 through Sunday in Madison, Wis., finishing 18th out of 46 Division II teams.

Comprising the team were Cadets 1st Class Jay ShalekBriski and Justin Goodin from Cadet Squadron 10, Cadet 1st Class Brock Logan from CS 40 and Cadet 3rd Class Dan Henning from CS

The team hoped to place higher, but a combination of nasty weather, poor starting positions and technical rules dropped them to 18th. Sister schools from the Rocky Mountain Collegiate Cycling Conference fared better: Mesa State in Grand Junction placed second in Division II, with riders taking third in the road race, first in the criterium and first in the team time

Division I RMCCC schools also placed prominently. Fort Lewis College in Durango placed fourth, University of Colorado-Boulder placed sixth, and Colorado State University in Fort Collins placed eighth. CSU provided a flash of excitement at the finish of the road race to take second in Division I men's action. Other fields in the road race were so dispersed that the winner was uncontested crossing the finish line.

The Air Force team started the weekend on a gorgeous morning May 6 after picking up the team bikes. The Mesa State team helped their competitors from Air Force by taking the Air Force bikes to Madison in their trailer. Once the team and bikes arrived, cadets spent the day riding the time trial and road courses and discussing team strategy.



The Air Force cycling team begins the time trial for the 2010 USA Cycling Collegiate Road Cycling National Championship in Madison, Wis., Sunday. The team finished 10th in Division II despite losing two minutes due to technical difficulties.

The weather did not hold up for the road race the morning of May 7 at Blue Mounds State Park. The course was a challenging 72 miles with more than 8,000 feet of climbing, which combined with the 39-degree soaking rain — prevented more than half the riders in the men's Division I and II fields from finishing. ShalekBriski finished 13th out of 76 riders who started. His time was 3:35:50, just 5:01 behind the winner, Cory Scott from the College of William and Mary.

By 5 p.m. Saturday afternoon, the cold rain moved on, and riders faced a windy, fast, four-corner criterium course around the Wisconsin State Capitol. The hour-long Division II race had

several riders try to pull off the front, but they were always reeled back in by the pack. With about 10 minutes to go, the Mesa State team put on a clinic, moving all four riders to the front of the pack and completely controlling the race. They perfectly set up Richard Geng for the win, to the praise of the race commentators who said they normally only see that type of teamwork and strategy in professional

ShalekBriski, having ridden against the Mesa State team all season, perfectly positioned himself behind Geng on the last lap, but just managed to keep his bike upright when another rider took a wide corner and pushed ShalekBriski into

the curb. He finished 13th out of 64, 2.4 seconds behind Geng. Goodin placed 26th, only 1.6 seconds behind ShalekBriski.

Sunday morning found the riders taking over Trek headquarters in Waterloo, Wis., for the final event, the team time trial. The Air Force team ran afoul of some International Cycling Union rules for time trial bikes, with two bikes having handlebars that stretched out too far. The on-scene Shimano tried to swap stems from other bikes, but in the end, the Air Force team had to race with three riders (instead of four) and started two minutes late. The team placed 10th overall in Division II with a time of 42:18.93, including the late

Air Force did contribute some memorable moments for other teams during the awards banquet on Saturday night. The Trek-sponsored event included a trivia contest to qualify teams for a fourth race. The Air Force team, partnered with some CSU students, had the highest score of all the teams, possibly a function of having the most "smart phones" at the table. The race involved an intense relay, including a single jumpsuit (worn and passed on like a baton), spinning oneself around a bat and racing Trek's patented aero childsized tricycle. The Air Force team entertained the crowd with antics and rule bending: "You didn't say we couldn't push!"

In all, the weekend was a great opportunity for the Air Force team, especially the seniors, who will have a chance to race this summer to try to win a spot on the Armed Forces Cycling Team. As the rest of the team prepares for summer activities, they are looking forward to mountain biking season in the fall.

Five AF programs earn NCAA recognition

By Athletics Communications

Five Air Force Academy collegiate athletic programs have been recognized with the NCAA Division I Academic Performance Public Recognition Award, announced Wednesday by the NCAA. The football, wrestling, women's swimming and diving, women's cross country and women's outdoor track programs were all recognized for achievement in the classroom.

Air Force's five programs are the most among teams in the Mountain West Conference. The football program was among 26 nationally recognized programs while wrestling was among 10, women's swimming

and diving 19, women's indoor track 35 and cross country 42. All five programs were the only ones recognized from the Mountain West Conference and Western Wrestling Conference while football, wrestling, women's swimming and diving and women's indoor track were the only service academy programs mentioned in the report.

Each year the NCAA honors select Division I sports teams by publicly recognizing their latest multiyear academic performance records, or APRs. This announcement is part of the overall Division I academic reform effort and is intended to highlight teams who demonstrate a commitment to academic progress and

retention of student-athletes by achieving the top APRs within their respective sports. Specifically, these teams posted multiyear APRs in the top 10 percent of all squads in each sport.

The APR provides a real-time look at a team's academic success each semester by tracking the academic progress of each student-athlete on scholarship. The APR accounts for eligibility, retention and graduation and provides a measure of each team's academic performance.

Multiyear APRs for all Division I sports teams, including the teams receiving public recognition, will be announced at a later date.

Golf

Senior Tom Whitney was named to the Mountain West Conference's 2009-10 men's golf all-conference team Tuesday.

Whitney, who will be the topseeded individual at next week's NCAA Regional in San Diego, is the third Air Force golfer to earn allconference honors in the MWC's 11-

year history and Air Force's second two-time honoree.

In other golf news, Air Force posted its highest ever MWC finish Saturday, placing sixth at the 2010 MWC championship in Tucson, Ariz. Sophomore Robert Belz finished first among the Falcons with a threeround score of 217 (+4), tying for 19th place overall.

Baseball

Air Force lost a 17-9 MWC game at San Diego State Sunday afternoon, dropping them to 1-15 in the conference and 11-37 overall.

Trailing 12-3, Air Force mounted a furious late-game comeback with a five-run eighth inning, pulling to within four of the Aztecs, but San Diego State scored five runs in the bottom of the eighth to put the game

Matt Alexander led the Falcons in hitting, going 3-for-5 with a homer and three RBIs. Garrett Custons added two hits and three RBIs, and K.J. Randhawa went 1-

The Falcons are scheduled to play TCU today.

17

Cork w Tork

AMERICAN



The Mason Jar (NOW 2 LOCATIONS) 2925 W Colorado Ave at 30th St 719-632-4820.

5905 Corporate Dr & I-25 (exit 148, Nevada / Corporate). 719-260-6555 American comfort food served in a casual Colorado lodge atmosphere. Famous chicken fried steak, slow roasted prime rib, seafood, plus soups, salads, sandwiches, and homemade cobblers. Full service bar. Fireplaces for those cold winter days. A Colorado tradition since 1982. Serving lunch and dinner from 11am daily. Two Banquet Rooms and Patio dining available at Corporate Dr Location. Active Military Discount on Food and Beverage everyday.

BILLIARDS



Antique Billiard Museum 3628 Citadel Dr N Colorado Springs, CO 80909 / 719-597-9809 or Diamond Billiards 3780 E Boulder St Colorado Springs CO 80909 / 719-596-9516 Two great Billiard Rooms. Best equipment, pricing and pro shop. Over 68 playing pool tables including regulation, snooker billiards and diamond bar tables, 50 cents.

BBQ CAJUN



Nawlins 3317 Cinema Point (at the IMAX on Powers and N Carefree) 571-9777 Military discounts daily, Military Mondays 15% off. Authentic Louisiana Cuisine. Seafood, BBO, Cajun, grilled fish, smoked ribs, Po-boys, real Muffulettas, Creole Jambalaya, catering. Full bar over 65 different wines & beer. Cognacs, cigars, martinis, live music, Happy Hour Sun-Thur 2-6pm. \$2 drink specials.

BISTRO



Walter's Bistro 146 E Cheyenne Mtn Blvd. (Hwy 115/ Cheyenne Mtn Blvd) www.waltersbistrocs.com 719-630-0201 New American Cuisine, Casual Atmosphere (Private room available) Dinner Mon-Sat 5:30-Close Lunch Mon-Fri 11am-2pm 20% Active Military Discount on Lunch Menu

CAFE



Orange Plate Cafe 1825 Peterson Rd (Corner of Peterson and Palmer Park) 719-574-2060 HOAGIES, SOUP, AND MORE!! Conveniently located at the corner of Peterson and Palmer Park. Open 10:30 AM to 8 PM M-F and 7AM to 8PM on SAT. Stop in and have one of our many hoagies, including our infamous Bulgogi Hoagie or come by for a homemade BREAKFAST on Sat!! 10% MILITARY DISCOUNT. FREE WiFi. Carryout available!

DOWNTOWN DINING

THE WAREHOUSE

The Warehouse Restaurant and Gallery 25 W. Cimarron St. (2 Blocks East of I-25 on Exit 141) 719.475.8880 Happy Hour Mon.-Fri. 3:00 to 6:00. Half-off all house wines, beers and martinis, and all pub appetizers! Enjoy upscale yet casual dining in a turn-of-the-century warehouse turned art gallery. Military Discount - 10% off all regular-priced menu items. (Valid for Restaurant dining only, not valid for Happy Hour or events in the Gallery)

FINE DINING



Briarhurst Manor 404 Manitou Ave, Manitou Springs (719) 685-1864 Four Course Dinners starting at only \$18! Entrees featuring steaks & game meats, fresh seafood, poultry, specialty salads, hand crafted desserts & vegetarian fare savored in a beautiful Victorian manor. Birthday& Anniversary specials. Nightly Wine specials. Murder Mystery Dinners. Graduations. Weddings. Receptions. Promotions. 20% Active Duty Military Discount on A la Carte Menu

GERMAN



Schnitzel Fritz 4037 Tutt Blvd., Colorado Springs TEL. 719-573-2000 Mon-Sat 10am-7pm www.schnitzelfritz.com (1 block South of Sky Sox Stadium) *Bringing the BEST of Germany to COLORADO* Authentic German Food. All NATURAL & FRESH Wiener-, Jaeger-, Rahm-, Zugeuner-, Holsteiner-, or Zwiebelschnitzel. Bratwurst, Knackwurst, Weisswurst, Sauerkraut, Red Cabbage, Spaetzle, Fried Potatoes. Potato-, Cucumber-, Tomato- or Bean Salads. Enjoy our Daily "Stammessem" (Specials) Sauerbraten, Gulasch, and more...

HOME STYLE COOKING



Milt's Coffee Shop Restaurant 2314 E. Platte Ave. (Between Platte & Boulder, Near the Family Dollar) Mon-Sat 5:30am-4pm (719) 634-9016

ALL YOU CAN EAT Biscuits & Gravy! Family Owned & Operated For 30yrs! Great Home Style Cooking at a Reasonable Price, with Breakfast & Lunch Served All Day. Specializing in Homemade Soups & Chillis such as Green Chilli and Sausage Gravy. We serve Ranch Foods Direct Beef. Open Monday - Saturday. Visa & Mastercards accepted. Come visit us today.

MEXICAN



Daniel's Taco Shop 6815 Space Village Ave Colorado Springs, CO 80915 (At the North Gale of Peterson Air Force Base) 719-574-2992

"The Whole Enchilada"
Bring your Family and Friends
Breakfast * Lunch * Dinner
Mon-Fri 5 a.m. to 9 p.m. • Sat 7 a.m. to 9 p.m.
Sun - Closed

Delicious Mexican Foods

MIDDLE EASTERN



Taste of Jerusalem Café 15 E Bijou (Downtown) Colorado Springs CO 80903 719-477-1777 www.tasteofjerusalemcafe.com Buy any combo get the 2nd 50% off We carry a full selection of authentic middle eastern food from appetizers to dessert. Healthy vegetarian, melt in your mouth Shawarma, falafel, hummus, babaganooj, tabouleh, varietly of baklava, Hot middle eastern tea, Turkish coffee and many other delicious foods are available for take-out or to eat in. Come see our Belly Dancers Friday nights 6-8:30pm. Visit next door, Hookah King now open. Free downtown delivery. 15% discount with military I.D.

Reach 110,000 readers weekly

NEW RESTAURANT



Sopa's 6530 S. Academy Blvd Unit 109 Just 2 minutes from Ft Carson in the Safeway shopping center west side of Blockbuster Sandwiches..unique sandwiches ranging from a big kids grilled cheese to a Cheese steak
Soups.... 5 soups every day made fresh in house

Salads.... build your own or choose one of our signature salads pasta..... Mac & Cheese or try the green curry noodles WE DELIVER!!!!!! YOU CAN SEE OUR FULL MENU ON FACE

SUB SHOP



Blimpie 3600 Magrath Fort Carson, CO 80913 719-576-0554 Gate 20 Shoppette – Fort Carson Base Enjoy made to order deli-style subs, grilled panini's, wraps, salads and soups. We stack the finest quality fresh sliced meats cheeses and toppings on freshly baked breads. Taste the Blimpie difference!

To advertise in Cork 'n Fork please call 719-329-5236 Rates are \$35 per week with a 13 time commitment.



Your Source To Reach The Military Market 719.634.5905











Kids' run

The Youth Center will sponsor an Armed Forces Day Kids' Run at the Academy Preparatory School track near the Fitness Center Saturday. Parents must register their children by today. To register, visit www.americaskids run.org or call the Youth Center at 333-4169.

Airman's Attic reopening

The Airman's Attic will reopen at 4700 Ponderosa Drive Tuesday at 11 a.m.

For more information, contact Master Sgt. Greg Meinert at 333-8303.

USO show with John Rich

The United Service Organizations will hold a free show for active-duty servicemembers, retirees and their fami-



CADET CHAPEL

Call 719-333-2636 for more information.

Buddhist

Wednesday - 6:30 p.m.

<u>Jewish</u>

Friday - 7 p.m.

<u>Muslim</u>

Friday Prayer - 12:15 p.m.

Protestant

Liturgical Worship Sun. - 8 a.m. Traditional Worship Sun. - 9:30 a.m. Contemporary Worship Sun. - 11:30 a.m.

Roman Catholic

Mass

Sunday - 10 a.m.

Academic Year, when cadets are present Mon, Tues, and Thurs - 6:40 a.m. Wednesday - 6:30 p.m.

Sacrament of Penance

Sunday - 9:00-9:40 a.m.

Academic Year, when cadets are present Wednesday - 5:30-6:15 p.m.

Exposition of the Blessed Sacrament Academic Year, when cadets are present Wednesday - 5:30-6:20 p.m.

Paganism/Earth-centered Spirituality adets Monday, 6:30 - 7:50 - Room 1M125

(1st Floor - Fairchild Annex -- Astronautics Museum) Contact TSgt Longcrier at 719-333-6187

COMMUNITY CENTER CHAPEL

Catholic Masses:

Saturday

Reconciliation - 3:30 p.m.

Mass - 4 p.m. Sunday

Mass - 9 a.m.

Religious Formation - 10:15 a.m.

(September - May)

Tuesday-Friday Mass - 11:30 a.m.

Protestant Services:

Wednesday

Wednesday Night Live - 6 p.m. Dinner followed by Religious Education (September - May).

Sunday

Evangelical - 10:15 a.m. Gospel - 11:30 a.m.

lies tonight at 8:30 p.m. featuring country music artist John Rich.

Tickets are available through Academy Concerts at 333-4497 or through the Information, Tickets and Tours office at 333-3241.

Armed Forces Luncheon

The Colorado Springs Chamber of Commerce will observe Armed Forces Week with a luncheon at the Broadmoor today at 11:30 a.m.

The keynote speaker for the luncheon will be Army Chief of Staff Gen. George Casey Jr. Tickets for the luncheon are \$35 for active-duty servicemembers, Defense Department civilians and retirees and \$55 for other guests.

For more information, contact the Chamber at 635-1551 or RSVP online at http://bit.ly/bLQggR.

Deployment networking

The 10th Force Support Squadron will sponsor a deployment networking event at the Falcon Trails Youth Center June 3 from 6 to 8 p.m.

The event will focus on Academy servicemembers currently tasked for deployment, those who have recently returned from deployment, their families and anyone who may have questions about future deployments or their spouses current deployments.

Reservations are required. To RSVP, contact Tech. Sgt. Lisa Taylor at 333-3444.

Bonding thru Family Fun

The 10th Force Support Squadron is giving away \$175 per month in prizes for participating in Bonding Thru Family Fun. It only takes two people to be a family. Activities that count are workouts, playing games, hikes, and going to ball games.

Those interested in participating can pick up a BFF Card at one of the Services Activities (Library, Base Exchange, Fitness Center, Bowling Center, Youth Center, Outdoor Recreation, Milazzo Club, and Cadet Outdoor Rec).

For more information contact Letitia Wiseman at 333-9133.

Body conditioning

Body conditioning class takes place Mondays and Wednesdays in the Community Center Ballroom from noon

Admission to the six-week class costs \$60 and entails full-body workouts using dumbbell weights, resistance bands and rings and other provided equipment.

The class helps participants improve their strength, posture, muscle tone and bone density and is appropriate to all fitness levels.

Prepare for the AFPT

The Fitness Center now offers Fitness classes Improvement Program throughout the week to help Airmen prepare for the revised Air Force Physical Training program.

The high-intensity classes will focus on cardiovascular endurance, core strength and push-ups.

Classes will be held Mondays and Fridays from 6 to 7 a.m. and Tuesdays and Thursdays from 3:30 to 4:30 p.m.

For more information, contact the Fitness Center at 333-4522.

Dancing

Ballroom and line dancing classes are

available in the Community Center Ballroom and are ongoing throughout the year.

Bommunity

The cost to attend the six-week classes is \$40 per person or \$70 per couple for ballroom dancing and \$35 per person for line dancing.

Ballroom dancing classes are taught Wednesdays at 5:30 p.m. for beginners, 6:45 p.m. for intermediate dancers and 8 p.m. for swing dancers. Line Dancing classes are taught Mondays with classes at 5 and 6:15 p.m.

School, sports physicals

The 10th Medical Group will offer multiple school and sports physical appointment times throughout the summer for family members enrolled through Tricare Prime at the Academy.

Parents may call the Tricare Appointment Line at 457-2273 to schedule a physical for their children and should bring the child's school, sports or camp physical form on the day of the appointment.

Wine tasting, auction

The Gleneagle Sertoma Club will hold its sixth-annual Charity Wine and Beer Tasting and Auction in the Falcon Stadium Press Box May 22 from 5 to 8

Highlights include specialties from local chefs, a professional auctioneer, a soft drink and ice cream bar and the Blue and Silver Room venue.

Admission is \$40. For more information or to purchase a ticket, call 488-1044 or 471-1088.

A&FRC Offerings

The Academy A&FRC will host the following classes in May. Contact the A&FRC at 333-3444 or 333-3445 with questions or to sign up for a class. Class dates and times are subject to change.

Group pre-separation counseling Held Mondays (except during TAP week), 2 to 4 p.m.

Separating or retiring from the Air Force in a year or less? This mandatory briefing assists you in identifying benefits and services associated with your transition and beyond.

Medical Records Review

May 21, 7:30 a.m. to 4:30 p.m.

Individuals within 180 days of retirement or separation can have the Disabled American Veterans review their medical records in preparation of filing for Veterans Administration disability compensation through the VA Form 21-

Key Spouse Training

May 27, 5:30 to 7:30 p.m

The Air Force Academy Key Spouse Program enables open communication among unit leaders and families.

Tuition Assistance Program Seminar

Monday, 7:30 a.m. to 4:30 p.m.

The TAP seminar is designed to provide servicemembers separating in a year or retiring within two years with the knowledge and skills they will need to transition into the civilian workforce. Learn interviewing skills, 10sum@writing, networking, negotiating, dressing for success and more. Call now to reserve your spot in the next available TAP class.

Newcomer Orientation and **Information Fair**

Thursday, 9 a.m. to 4:30 p.m.

Orientation is mandatory for newly assigned Academy personnel. Spouses are welcome to attend. The event is held at the Milazzo Center.

Red Carpet Tour

May 21, 8:15 a.m. to 2:30 p.m.

This informative, fun-filled base tour gives insight into the Academy mission and reveals most of the events and activities to see and do while stationed at the Academy. Stops include the stables, Cadet Chapel, Arnold Hall, Arts and Crafts Center, Outdoor Recreation and more.

Internet and Your Job Search

May 25, 9 to 11 a.m.

New technology means new social network sites that open many doors for broadcasting your rØsumØ or planning your next career move, but the technology also requires prudence on the part of the individual. Come learn do s and don ts, how to use the Internet to your advantage and more.

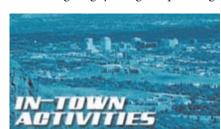
Family Advocacy classes

All Family Advocacy classes are open to active-duty servicemembers, Department of Defense civilians, retirees and family members unless otherwise specified. Classes are held at the Airmen and Family Readiness Center. For information on classes offered by the Family Advocacy Office or to sign up, contact Kristin Larkey of Family Advocacy Outreach at 333-5270.

1-2-3 Magic Parenting

Thursday, 2:30 to 4:30 p.m.

This class offers easy-to-follow steps for disciplining children ages 2-12 without arguing, yelling or spanking.



Manitou'Au Luau

The Manitou Springs Chamber of Commerce will hold a luau in Soda Springs Park Saturday from noon to 6 p.m., featuring kalua pig roast, hula dancers, Polynesian entertainment, fire dancers and more.

Tickets are \$5 for the event or \$20 for the event and meal.

For more information, contact the Manitou Springs Chamber at 685-5089.

Royal Gorge discounts

Royal Gorge and Bridge Park near Cañon City, Colo., will offer half-price admission to active-duty and retired military personnel with military IDs and their families in May as part of their Military Appreciation Month promo-

more information on For Royal Gorge, visit www.royalgorge bridge.com.

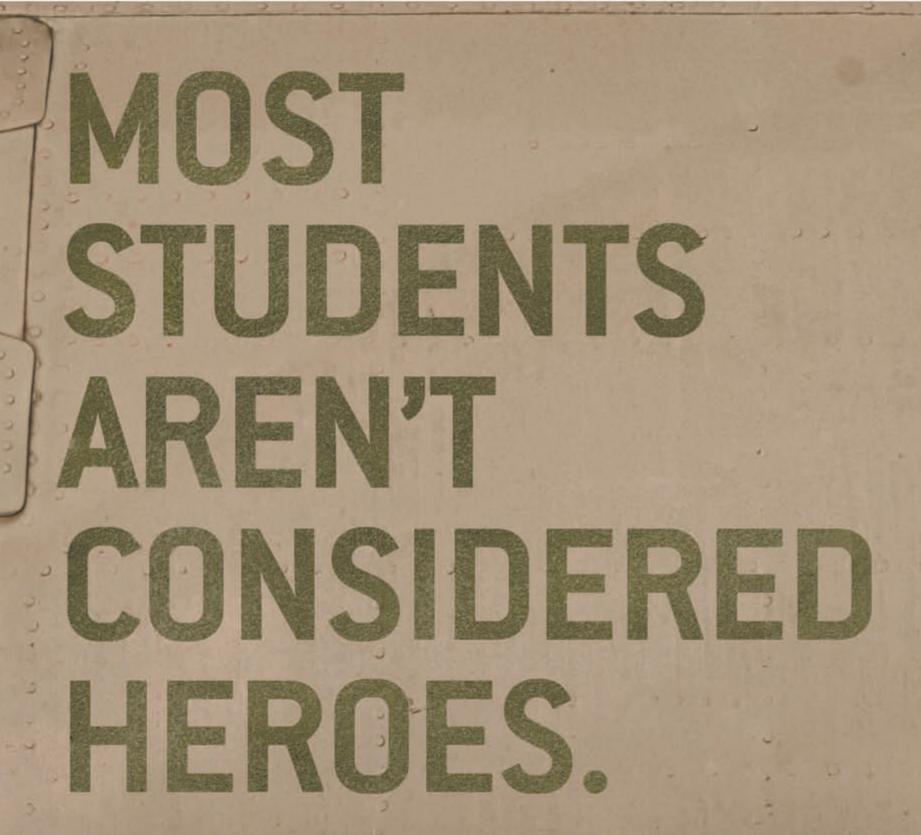
Rockies military appreciation

The Rockies are offering complimentary tickets to military members and veterans for a matchup against the Los Angeles Dodgers at Coors Field May 30 at 1:10 p.m.

Military family members can buy discounted tickets for \$12.

To order tickets, call Michaela Wilson at 303-312-2426 or e-mail wilsonm@coloradorockies.com.

Beginning May 24, tickets will only be available through the Coors Field ticket window.



THAT'S WHY IT'S OUR HONOR TO SERVE YOU.

As a service member, you've stepped up and done courageous things to help the common good of our nation. For this we commend you and are forever indebted to you. That's why University of Phoenix is entrenched with you every step of your education. We provide dedicated advisors to each student to guarantee that if you have questions at any point, the answer is right there for you. Your nearest University of Phoenix campus now has on-site advisors with a military background, to provide support. Let us start serving you today at phoenix.edu/southerncolorado or call 866.842.6099.





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