

USAF ACADEMY, COLORADO ACADEMY SPIRIT

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Off we go to the rodeo ...



MIKE KAPLAN

Basic cadets get rowdy during Air Force Academy/Family Day at the Pikes Peak or Bust Rodeo Saturday. The rodeo was basic cadets' first chance to relax and enjoy ice cream,

nachos and corn dogs since they began Basic Cadet Training June 24. See Pages 10-11 for the story and more photos.

Front Range bases to honor retirees

By David Edwards
Academy Spirit Staff

Sir Isaac Newton told a fellow scientist in a letter that if he could see farther, it's because he was "standing on the shoulders of giants."

Organizers of Saturday's Retiree Appreciation Day in Arnold Hall know what Newton had in mind. Like him, they say, they also stand on the shoulders of giants. And the organizers want

those giants to be fully aware of the privileges they've earned in return for their service in years past.

"A lot of times, retirees feel forgotten or left out," said Senior Master Sgt. Leo Castro, one of the event coordinators. "And I want to do my part to make sure they don't feel left out."

Hence the commitment to Retiree Appreciation Day. The annual event aims to acknowledge and thank all military personnel from previous genera-

tions. Similar events are held at other military installations.

But the Academy has become the central staging ground for the Air Force's version of the event in Colorado Springs. In the past, it alternated between the Academy, Peterson Air Force Base and Schriever Air Force Base.

In 2009, though, the rotating format was dropped in favor of consolidation, and the Academy was designated as the host site. Last year, organizers spread

Retiree Appreciation

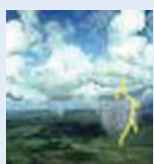
When: Saturday, 8 a.m. to noon.
Where: Arnold Hall Ballroom

the word via postcards sent to retirees from Monument to Pueblo in hopes of drawing a large turnout.

They even brought in Rep. Doug
See RETIREES Page 3

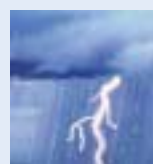
Weekend Weather

FRIDAY
High 86
Low 57



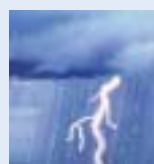
Vicinity
T-storms

SATURDAY
High 80
Low 56



Isolated
T-storms

SUNDAY
High 80
Low 57



Isolated
T-storms

Inside

Air power

KAFA looks to boost its broadcast power.
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Jacks Valley

Basic Cadet Training is grinding on for the class of 2014.
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Still winning

Ex-Falcon guard Tim Anderson keys military title team.
Page 15

Avoiding the vertical pronoun

Commentary by Brig. Gen. Darryl W. Burke
82nd Training Wing commander

SHEPPARD AIR FORCE BASE, Texas (AFNS) — Staff Sgt. Zachary Rhyner is one of only three Airmen since Sept. 11, 2001, to receive the Air Force's highest honor, the Air Force Cross, and the only one who did not receive it posthumously.

A combat controller, Sergeant Rhyner saved countless lives by calling in more than 50 "danger close" air strikes, many virtually on top of his own position, after his special operations team was caught in a 360-degree ambush in Afghanistan's Shok Valley in April 2008.

Even as he controlled eight Air Force fighters and four Army attack helicopters while perched on the side of a cliff, he laid down suppressing fire so wounded teammates could be extracted from the line of fire.

Sergeant Rhyner's actions that day were truly heroic, and his story has been rightfully used by many, including Air Force Chief of Staff Gen. Norton Schwartz, to illustrate what Airmen bring to the joint fight.

But I'd like to use his actions off the battlefield to illustrate another principle.

Earning the Air Force Cross was a big news story, and many interviews followed. Sergeant Rhyner's conduct during that time demonstrated his character almost as much as the Shok Valley experience did.

You find one word repeated over and over when Sergeant Rhyner is quoted: "We."

"We had to pull the wounded guys out ..."

"I think that was the moment when the insurgents we were fighting called time-out."

"What was going through my head was we don't have another option. We are still taking fire. We need it to stop ..." Even noted news personality Glenn Beck couldn't get Sergeant Rhyner to talk about himself.



“ We know that ‘we’ is a much stronger word than ‘I’. What ‘I’ can accomplish is insignificant, but what ‘we’ can accomplish is virtually without limit. ”

Brig. Gen. Darryl W. Burke
82nd Training Wing commander

and our nation.

We can't allow ourselves to get puffed up because of rank or position, or to let awards and accolades go to our heads.

We know that "we" is a much stronger word than "I." What "I" can accomplish is insignificant, but what "we" can accomplish is virtually without limit.

Sergeant Rhyner understands that well. We can learn much from his great courage and selfless sacrifice in the line of duty. We can learn much, too, from his humble ability to avoid the vertical pronoun, even as the cameras rolled.

"You make this sound like it was just, you know, another day at the office," Mr. Beck said in a Fox News interview. "But there are only — what is it? — 192 people who have ever received the Air Force Cross ... How do you put that together in your head? I mean, you are in a very elite group."

Sergeant Rhyner's response?

"Any other combat controller put in the same situation would have performed in the same, exact way" he said. "Credit that to the training we receive and the process that we go through to become a combat controller."

No other Airman would have been more justified in basking a little in the light of fame. Yet given the ultimate opportunity to make it "all about me," Sergeant Rhyner chose instead to make it all about "we."

That is a great, great lesson for all of us.

"It's all about me" sometimes seems to be the mantra of our time, but that attitude has no place in our Air Force. We are taught from the first day we don our uniforms to subordinate our personal ambitions and desires to the needs of our unit, our service

ACADEMY SPIRIT

To responsibly inform and educate the Academy community and the public about the Air Force Academy

Lt. Gen. Mike Gould — Academy Superintendent
Lt. Col. John Bryan — Director of Public Affairs
2nd Lt. Meredith Kirchoff — Chief of Internal Information
Staff Sgt. Don Branum — NCOIC, Internal Information
David Edwards — Staff Writer
Carol Lawrence — Graphic Designer

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The Academy Spirit also accepts story submissions by fax at 333-4094 or by email: pa.newspaper@usafa.af.mil.

Character Corner: Actions vs. Words

By Tech. Sgt. Michael Anderson
Center for Character and Leadership Development

I went to the movies the other night to see a highly anticipated film starring a major Hollywood actor. My favorite part of the movies was actually during the previews. One of the upcoming previews was one about the creation and drama behind the social networking site of Facebook.

As someone who has a Facebook profile, I am continuously amazed by the connections

and friendships it creates. I am also entertained by the issues people share about themselves, whether personal or not. But the funny thing is that folks are willing to put it out there for all to read. I have had several personal discussions about our culture becoming one of self adulation and promotion. Where did personal modesty go? When did we become a society that had to share everything about our personal lives or having to give up to the minute updates?

As much as I personally enjoy the connections, I wonder if we will ever go back to a

culture where people will do the right thing without advertising our actions. Can we do a good deed without posting it as our current Facebook status?

If you have a social networking profile, I would encourage you, the next time you step up and help out, to do so without seeking feedback from your online friends.



My Facebook status:

"Counting down the days (until the school year starts) ... :)"
Jordyn Curry,
CSU student



"Bazinga!" (A catchy phrase for "zing!" or "gotcha!")
Maj. Todd Yackley,
Headquarters Section commander



"It's not about religion. It's about a personal relationship with Jesus."
Cadet 3rd Class Matthew Mendez,
Cadet Squadron 16



"I really don't know what it is. It's not that important. I don't care for everybody to know what I'm doing all the time."
Cadet 3rd Class Natalie Jones,
CS 11



Retirees

From Page 1

Lamborn (R-Colorado Springs) as a guest speaker, and an estimated 400-500 people showed up.

Attendance at the event varies and

has been in the thousands before, organizers said. They're hoping a saturation-style ad campaign this year will lead to a higher level of participation.

"We expect to have much more than

that this year, with all the advertising we've done in the marketplace," said Chief Master Sgt. Stef Dunson, 10th ABW superintendent.

Kicking off the event will be intro-

ductory remarks by representatives of each of the three air bases. Then Academy Superintendent Lt. Gen. Mike Gould will step to the podium and deliver a brief speech.

Following the speakers, the essence of Retiree Appreciation Day will begin.

"There's a huge information piece to it," Chief Dunson said, referring to the information fair, which is scheduled to begin at 10:05 a.m. and last until 2 p.m.

Booths at the event will offer blood pressure checks, cholesterol checks and vehicle decals, among other things, and also help retirees better understand Tri-care.

Sergeant Castro said that despite the heavy Air Force presence, the event is open to retirees of any branch of the service.

In addition, there will be a POW-MIA ceremony, but in contrast to last year's event, there will be no awards presentation this year.

Chief Dunson said organizers want to work with all three air bases to make the event bigger and better each year.

"All of us will eventually reach retirement one day. That's a given; that's a fact," he said. "This is the Year of the Air Force family, and retirees are a huge part of the Air Force family."

For more information about Retiree Appreciation Day, call Sergeant Castro at 333-5621 or Master Sgt. James Gray at 5681. Doors will open at 8:30 a.m., and refreshments will be served.



J. RACHEL SPENCER

Retirees listen to a presentation by Rep. Doug Lamborn during the 2009 Retiree Appreciation Day at the Air Force Academy. Congressman Lamborn represents Colorado's 5th Congressional District. The 2010 Retiree Appreciation Day is scheduled for Saturday.



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Change in the air

KAFA anticipating increase in wattage, rise in listeners

By David Edwards
Academy Spirit Staff

Big things are in the works for the Air Force Academy radio station, KAFA 97.7 FM.

For one, a request for an increase in wattage is in the pipeline and appears likely to be approved. That would boost the station's power from 20 watts to 100 watts, which is what its current license allows.

"KAFA is currently looking at ways to increase our signal strength," adviser Dave West said. "The No. 1 request we get from listeners is, 'I wish your signal was stronger.' And we're working on that."

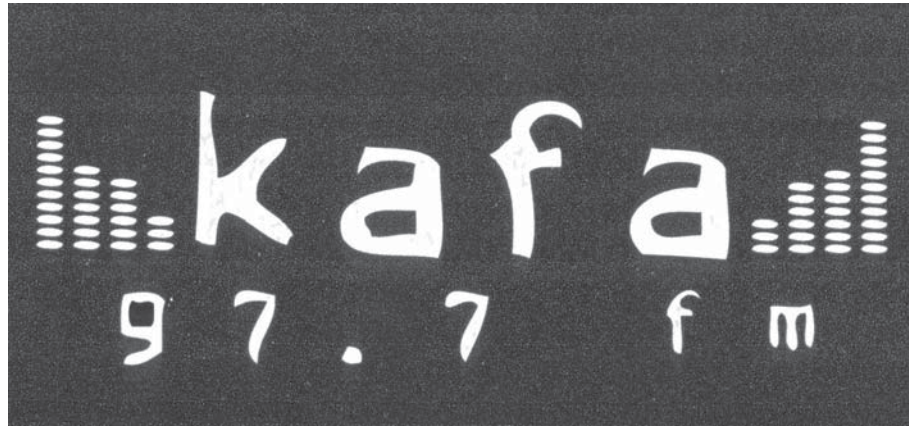
The station's current signal reaches from Monument Hill to Garden of the Gods Road and east past Powers Boulevard. According to Mr. West, the stronger signal would not expand coverage, but it would improve the sometimes-spotty reception in the current coverage area.

KAFA began broadcasting in the 1970s but then went off the air for several years. It returned in 1989 but managed to carve out only a very small niche with few listeners. Mr. West wanted to change that.

Although the number of listeners is still comparatively small, about 800 a week, it has doubled since KAFA's coverage of the arrival of the Class of 2014. Like all the station's programming, that broadcast was transmitted worldwide via the KAFA Internet stream, which is paid for by the Association of Graduates and is online at www.usafa.org/KAFA.aspx.

"We try to promote and tell the story of the Academy and what cadets are doing. A lot of parents cannot come with their kids (to inprocessing), so our goal is to give kind of an inside peek at what's going on," Mr. West said. "And that's what got General Gould's attention."

KAFA received a considerable amount of fan mail after its inprocessing broadcast. A listener in West Palm Beach, Fla., wrote: "You guys are great — I've been listening all morning. Thanks for making this morning a little easier on this '2014 cadet mom.'"



“ You guys are great — I've been listening all morning. Thanks for making this morning a little easier on this '2014 cadet mom.' ”

Listener in West Palm Beach, Fla.

Thanks for your tip about writing letters and to start now — I've just finished writing my first one (mostly about you guys and your broadcast)."

Another e-mail came from Michelle Hackett of Trabuco Canyon, Calif. She wrote: "Thanks so much for the broadcast this morning! My nephew is going through inprocessing today, and hearing your broadcast made me feel like I was there. Thanks again!"

Besides inprocessing, Mr. West said, the station has also aired a couple of interviews from Jacks Valley so that listeners can get a general idea of what goes on during basic training.

Once the Academy school year begins, KAFA will resume its normal programming schedule. That includes coverage of various sporting events, such as volleyball matches and baseball games, as well as the Falcon Sports Blitz program.

In addition, retired Chief Master Sgt. Bob Vásquez will return to host his weekly interview-style show, "Character Matters."

But the top draw will continue to be the music. According to the station's website, KAFA plays "today's best new modern rock, targeted to the cadet age group."

"Most people come to us for the variety of music that we play," Mr. West said. "A lot of commercial radio stations

are really safe in the songs they play. We're not as conservative with our playlist, and because of that we'll play a lot of songs that didn't make the charts.

"We try to be first with the best new music because we're not shy about taking a risk," Mr. West added.

That's an approach that Cadet 1st Class Barrett Schake with Cadet Squadron 32 knows well. After spending last year as the KAFA music director, he steps into the role of general manager this year.

Cadet Schake said the thing he likes most about the station, besides the music, is the opportunity it affords to share the Academy experience with outside listeners. He described his new job as "a little less music and a little more coordination."

He plans to have fewer DJs and more training, with an eye toward improving their on-air presence.

"In general, I think we want to be a little more professional, have a little more quality control," Cadet Schake said. "We want to sound as good as any other radio station in town."

The transition back to regular programming will likely begin in the days leading up to the Aug. 5 start of classes, he said.

Officers, enlisted Airmen and retirees who are interested in volunteering at KAFA should contact Mr. West at 333-KAFA.

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Airman's Attic celebrates re-opening

By Ann Patton

Special to the *Academy Spirit*

The Airman's Attic here is scheduled to celebrate its new home with a grand reopening at the new location in the Douglass Valley Housing Area July 27 at 11:30 a.m.

The event will include a performance by the Air Force Academy Band and refreshments made by children from the School Age Program's cooking club, said Lt. Col. Michael Jacobson, the 10th Force Support Squadron deputy director.

The Attic moved from its old location near the 10th Air Base Wing headquarters to 4701 East Ponderosa Drive and is now housed in two adjoining family quarters.

The Attic is open on Mondays from 9 a.m. to 1 p.m. and Tuesdays through Thursdays from 11 a.m. to 3 p.m. It is also open the first Saturday of the month from 9 a.m. to 1 p.m.

Eligible customers are active duty E-5s and below from all service branches. However, the Attic is open to all ranks the third Thursday of each month.

Attic volunteer manager Cassie Nordin said the new space is double that of the old, and merchandise has more than doubled as well, in good part from the generosity of the non-profit organization The Redistribution Center, based in Wheat Ridge, Colo. The organization collects slightly damaged or discontinued retail items and distributes them to needy causes.

"They are our best supplier and one of the reasons we can keep our doors open," she said.

The new location is much more convenient, especially for families with only one car, Mrs. Nordin said.

"Now our customers are able to walk to us, and we

can help people better," she said.

Much like a department store (except for the price, which is free), the Attic has designated areas and rooms for groups of similar items and its shelves stay well-stocked. The baby room contains toys, car seats, cribs, clothes, bassinets and more. The toddler room is similar but also has books. Another room holds clothes for junior to adult ages and uniform items.

In home décor shoppers can find candles, vases, curtains, pillows, bedding and lamps. Another home décor room contains large items such as rugs, chairs and exercise equipment. An electronics section offers such items as hard drives, monitors, televisions and printers.

Bathroom items are in the facility's bathroom. The kitchen room has "everything possible" for a kitchen, Mrs. Nordin said, including silverware, coffee pots, bread makers, microwaves, baking equipment, pots and pans, mini fridges, linens and trash cans.

Attic volunteers can retrieve and show furniture as requested from the furniture room. Outside are bikes, propane tanks and grills.

"People have things to make a house," Mrs. Nordin said. "We provide things to make a house a home."

Mrs. Nordin said those who wish to donate should do so only when the Attic is open. Volunteers do not accept undergarments or food. Donations should be clean and in working order. What the Attic needs most is furniture, especially baby furniture.

The Attic always needs volunteers, especially when deliveries from the Distribution Center arrive, and es-



ANN PATTON

Cassie Nordin is the Airman Attic's volunteer manager. The Attic, which recently relocated to Douglas Valley Housing, is scheduled to hold a grand re-opening Tuesday.

pecially a new Attic manager. Mrs. Nordin, who has been manager for more than four years, is leaving. She estimated she spends anywhere from 20-35 hours a week at the Attic.

"The new manager needs to be very, very dedicated," she said.

Volunteers can apply to receive free child care for children 1 year old and up by visiting the Airmen and Family Readiness Center. The Family Child Care program will accept vouchers if they have space available at the time.

Mrs. Nordin said the need for items is going up. Presently the Attic has between 500 and 600 active customers and is seeing between eight and 10 families a week sign up.

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Basic Cadet Courtney Bailey of Cary, N.C., navigates the AFA Assault Course in Jacks Valley July 14. Basic cadets traverse the assault course twice during the two-week second phase of Basic Cadet Training. Bailey is assigned to the Hellcats' B Flight.

PHOTO ILLUSTRATION
BY BILL EVANS



BILL EVANS

Basic Cadet Jessica Adams skirts the water while on a rope swing at an obstacle course in Jacks Valley.

'Beastly' workload for new basic cadets

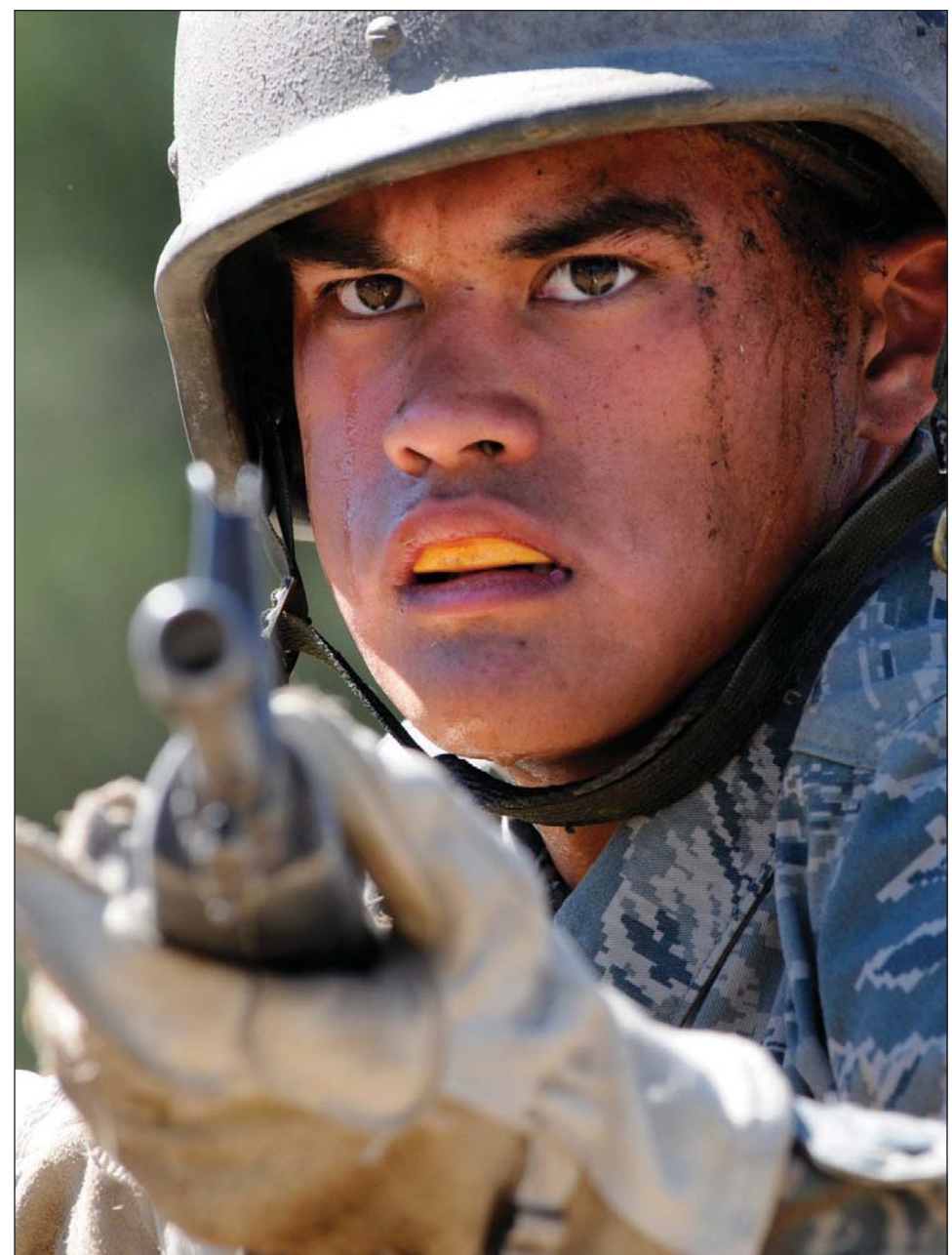
The Class of 2014 got down and dirty during the second phase of Basic Cadet Training.

Second BCT — better known as "Second Beast" — entails living in a tent city and spending approximately two weeks in dust, sweat, mud and smoke as basic cadets tackle the assault course, confidence course, leadership reaction course and learn self-aid buddy care, combat arms training and

honor lessons.

Second Beast wraps up Saturday with the Sweepstakes and Big Bad Basic competitions. The top basics from each of the 10 BCT squadrons will compete in the obstacle and assault courses, individual fitness events and a pugil stick tournament.

The basics will then pack up to march back to the cadet area at 1 p.m. for one more week of basic training.



J. RACHEL SPENCER

Basic Cadet Ryan Mavity focuses on an instructor while learning how to handle an M-16 rifle during the second phase of BCT.



J. RACHEL SPENCER

Basic Cadet Alexander Pecci III crawls through an obstacle at the Leadership Reaction Course in Jacks Valley during BCT.

10th SFS to offer firearm registration

By Capt. Doug Couch
10th Security Forces Squadron

The 10th Security Forces Squadron will sponsor a two-day registration for housing residents with privately owned weapons July 31 from 9 a.m. to 3 p.m. at the Academy's Housing Office, Building 6556 on West Columbine Drive.

In accordance with USAFA Plan 31-1, "Installation Security Plan," anyone residing on base must regis-

ter any firearm or privately owned weapon stored within their homes. Registration must be accomplished with both 10th SFS and the housing office. Those who fail to comply and are found to have weapons in their homes may be barred from the Academy by the installation commander.

To register your weapon, come to the Housing Office with an Air Force Form 1314, "Firearms Registration," coordinated through

your first sergeant and signed by your unit commander. You must also have a Department of Defense Form 2760, "Qualification to Possess Firearms or Ammunition," verifying that you understand and comply with the rules of the Lautenberg Amendment. Residents who are not affiliated with the Defense Department, such as retirees and contractors who do not have commanders or direc-

1314 through Forrest City Residential Management before processing with Security Forces.

These forms are available at http://usafaliving.com/communitynews_forms.asp. However, you may also register your privately owned weapons by bringing the Air Force Form 1314 and DD Form 2760 to the Pass and Registration Center outside the South Gate weekdays from 7:30 a.m. to 4:30 p.m.

Tampa MOAA establishes Joseph D. Helton award

The Tampa Chapter of the Military Officers Association of America has established an award named after a 2007 Academy graduate who was killed in Iraq Sept. 8, 2009, the MOAA announced July 8.

The Joseph D. Helton Jr. Award will honor individuals assigned to MacDill Air Force Base, Fla., who have rendered outstanding assistance to the MOAA Tampa

chapter, according to an MOAA press release.

"The award will be presented periodically to individuals who assist the chapter with the same outgiving spirit of professionalism, cooperation and innate efficiency that were the exceptional traits of Lieutenant Helton," retired Maj. John Massey of the Tampa MOAA chapter wrote.

The first award was pre-

sented to Lieutenant Helton posthumously during a ceremony July 8, according to the release.

Lieutenant Helton's mother, Jennifer Helton, and his two sisters, Jeanne McManus and Jessica Helton, accepted the award on behalf of the lieutenant's family.

Lieutenant Helton was assigned to MacDill AFB's 6th Security Forces Squad-

ron and later deployed to Iraq, where he served as commander for the 732nd Expeditionary Security Forces Squadron Det. 2. He died from wounds suffered during a roadside bomb explosion and enemy attack near Baghdad.

The Air Force posthumously awarded him with a Bronze Star Medal with Valor and a Purple Heart medal.



JOHNNY WILSON

Denver mayor visits Academy

Denver mayor John Hickenlooper, second from right, poses for a photo in front of the Air Force Academy Cadet Chapel with members of his staff Thursday. The mayor visited the Academy to learn more about the base.

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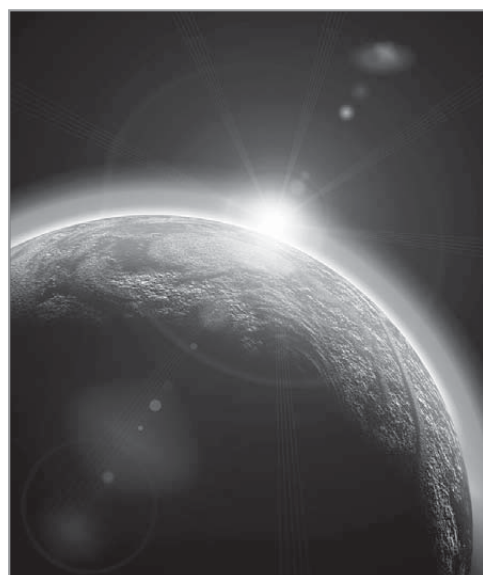
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AFPC announces retraining dates

By Jon Hanson

Air Force Personnel Center Public Affairs

RANDOLPH AIR FORCE BASE, Texas — Approximately 4,345 Airmen are eligible for retraining under the NCO Retraining Program, officials with the Air Force Personnel Center announced July 15.

The NCORP is a two-phase program designed to sustain the enlisted force by moving second-term and career Airmen from overage Air Force Specialty Codes to shortage AFSCs.

"The retraining program is

a vital tool in managing the force that allows leaders to meet evolving Air Force needs and requirements," said Col. William Foote, the director of personnel services at the Air Force Personnel Center. "The 2010 NCORP was highly successful in filling 96 percent of the shortfalls in Air Force specialties while streamlining the process to 120 days."

AFPC officials seek to achieve that same success with the fiscal year 2011 program.

Officials have selected 41 overage AFSCs with retraining-out requirements. This is an increase from 31 last year. In addition, 10 AFSCs were se-

lected with retraining-in requirements. All other Airmen identified for NCORP can volunteer during Phase I for specialties meeting AFSC and grade requirements.

Phase I began July 15 and will end Sept. 16. Phase II starts immediately following Phase I.

"A change this year allows Airmen who are disqualified from their AFSC and assigned a reporting identifier of 9A000 to apply for unrestricted fiscal year 2011 NCORP quotas,"



said Tech. Sgt. Keila Brown, NCO in charge of Air Force Personnel Center's retraining, policy and procedures. "This will enable them to better serve Air Force

needs and allow the Air Force to retain experienced Airmen."

Applications are processed on a first-come, first-served basis during Phase I. In Phase II, individuals are involuntarily placed in AFSCs based solely on the needs of the Air Force.

Airmen can find the master vulnerability list on the Vir-

tual Military Personnel Flight at <https://w20.afpc.randolph.af.mil/AFPCSecureNet20/CheckPortal.aspx>. Frequently asked questions concerning NCORP are available at <http://gum.afpc.randolph.af.mil/cgi-bin/askafpc.cfg/php/enduser/home.php> under the "Enlisted" button and then click on the "Retraining" tab.

For more information about the fiscal 2011 NCORP, visit the AFPC personnel services website at <https://gum.afpc.randolph.af.mil>, contact your local military personnel section or call the Total Force Service Center toll-free at 800-525-0102 or DSN 665-5000.



DeCA presents scholarships

Seven members of the Air Force Academy family received \$1,500 scholarships during a presentation ceremony at the Academy Commissary July 14. They are, from left: Kyle Bates, Kylie Marchant, Julie Micalizzi, Amber Rea, Joseph Putko, Keith Sasse and Amy McMahon. Also pictured are Col. Rick LoCastro, 10th Air Base Wing commander (far left), Kelly Wentling, the Academy Commissary director (second from right), and a representative from scholarship sponsor Del Monte Foods.

MIKE KAPLAN

MyCAA program to relaunch in October

By Elaine Wilson

American Forces Press Service

WASHINGTON (AFPS) — The Military Spouse Career Advancement Accounts program will resume Oct. 25 but with some significant changes to the popular spouse employment program, a defense official announced Tuesday.

Changes include a reduction in the amount of financial aid, a change in the population eligible to receive that aid from all military spouses to just spouses of junior servicemembers and more robust counseling services.

These changes bring the program, commonly known as MyCAA, back to its original intent of equipping military spouses of junior servicemembers with portable careers, such as in real estate or health care, said Clifford Stanley, the undersecretary of defense for

personnel and readiness. The program was launched in November 2007 for spouses of junior servicemembers, and was expanded to all pay grades and programs of study in March 2009.

"We're trying to empower (and) to give spouses in particular an opportunity to be immediately impactful as soon as they get into a community," Mr. Stanley said. "We want to make sure they have opportunities to work when they get to a new duty station."

Officials temporarily halted the program Feb. 16 pending a top-to-bottom review after an enrollment surge overwhelmed the system and caused the program to nearly reach its budget threshold. In March, with the review still under way, officials resumed the program for the more than 136,000 spouses who already had established an account.

The review took time, but officials wanted to ensure they could sustain the program for the long-term, particularly in light of fiscal realities the government is facing, Mr. Stanley said.

"We want to help people be employed, but at the same time we have to be cost conscious," he said.

The aim is to sustain the program, he said.

"We don't want to start it and stop it. This is something we want to continue because it's important to take care of our families and our spouses."

The previous program offered all spouses of active duty servicemembers a lifetime benefit of \$6,000 to be used for education purposes.

Under the new parameters, spouses of junior servicemembers can apply for a maximum financial benefit of \$4,000 for up to three years from the start

date of the first class, with a \$2,000 annual cap, Mr. Stanley explained. Spouses pursuing licenses or certifications requiring an up-front fee of greater than \$2,000 may apply for a waiver of the annual cap up to the maximum benefit of \$4,000, he added.

Financial aid will be limited to spouses of active duty servicemembers in pay grades E-1 to E-5, W1 to W-2 and O-1 to O-2, Mr. Stanley said, as well as the spouses of activated Guard and Reserve members within those ranks. Spouses of Guard and Reserve members must be able to start and complete their courses while their sponsor is on Title 10 orders, he added.

Those spouses eligible to receive aid can use the money to fund associate's degrees, licenses and certification programs, not higher degrees. The program wasn't intended to

support bachelor's and master's degrees, Mr. Stanley said. However, he added, spouses pursuing higher degrees can explore a plethora of other education opportunities — such as scholarships, federal grants and the G.I. Bill — with help from Military OneSource consultants.

"The counseling piece is probably the most important, and pivotal, part of this program," he said.

Spouses currently enrolled in the program can continue their participation through Oct. 21, when MyCAA will ramp down and prepare for the Oct. 25 relaunch. As of Oct. 25, those spouses who fall within the eligible pay grades can continue their program participation. Spouses who no longer are eligible for financial aid still can participate by accessing career and education counseling services, Mr. Stanley said.

Cadets learn character through immersion

By Staff Sgt. Don Branum
Air Force Academy Public Affairs

From the day basic cadets hear the words, "Get off my bus!" to the moment they toss their hats into the sky and become second lieutenants, they live in a culture that shapes their character and helps them develop the leadership skills they will need to succeed in the Air Force.

The Center for Character and Leadership Development helps create that culture and turn intangible properties into qualities that can be not only developed but assessed, said Col. Joseph Sanders, the center's permanent professor and director.

The center first activated as the Center for Character Development in the mid-1990s and organized programs such as the National Character and Leadership Symposium and the Falcon Heritage Forum, events that continue nearly 20 years later.

In October 2009, Academy

Superintendent Lt. Gen. Mike Gould announced that the Center for Character Development would become the Center for Character and Leadership Development, or CCLD. Along with the name change, the CCLD took on researching and assessing a core question:

How does the Air Force Academy turn high school graduates into leaders in the 21st century profession of arms?

"For me, character development occurs primarily in the culture, not the classroom," Colonel Sanders said.

Classroom learning is one-third of cadets' character development experience, which the colonel calls "head habits." The other two thirds, "heart habits" and "hand habits," entail cadets to feel and act in ways reflecting the Air Force core values: Integrity First, Service Before Self and Excellence in All We Do.

"Do you self-identify as a leader and a person of character? If you're concerned about

“ A leader of character is a person who knows, cares and acts in a way that elevates the moral character of oneself and others as well as elevating the effectiveness of oneself and others. ”

Col. Joseph Sanders, Center for Character and Leadership Development

it and doing it enough times, it becomes part of who you are," Colonel Sanders said. "A leader of character is a person who knows, cares and acts in a way that expands the moral capacity of oneself and others as well as elevating the effectiveness of oneself and others."

But it's not enough to develop cadets' character: the Academy must also do so in a way that is repeatable, deliberate and integrated into cadets' overall Academy experience, Colonel Sanders said.

"We have to have an enterprise solution," he said. "We don't want to do things in isolation. We're finding ways to integrate character and leadership development into other areas. I can tell you, from my background in athletics, you can develop character on the field."

To that end, the CCLD works with other mission

elements — Athletics and the Dean of Faculty — as well as with air officers commanding and Academy military training NCOs to create an environment of professionalism into which cadets are immersed during their four years here.

"If you just 'teach' the content of character and leadership, because it's intangible, you're going to miss something," Colonel Sanders said. "The class setting provides structure for interactions, but it's the culture that ultimately shapes the character. Character and leadership development occurs in a context."

But the center must also make sure its programs are effective. That's where the center's Scholarship Division comes into play, observing cadets' behavior and measuring it against Academy outcomes such as respect for human dignity, critical thinking, discipline and teamwork.

Observation starts almost as soon as basic cadets get their uniforms, said Cadet 1st Class Dirk Strykowski with Cadet Squadron 24.

"There are standout basics in every squadron — they're the people who try to help and motivate the other people in their units," Cadet Strykowski said.

Cadre identify those basics as leaders early on and give them greater responsibilities within their units, said Cadet 2nd Class Allison Laning, also with CS 24.

"We talk to the standouts about our expectations and have them share that with their flights," she said. "We have them lead one another and keep one another motivated."

In two years, some of today's basic cadets will be cadre. Two years after that, newly minted second lieutenants from the Class of 2014 will accept responsibility for Airmen's lives.

Through providing an environment rich with opportunities to develop cadets' character and leadership, the Academy makes sure tomorrow's leaders are ready for tomorrow's challenges.



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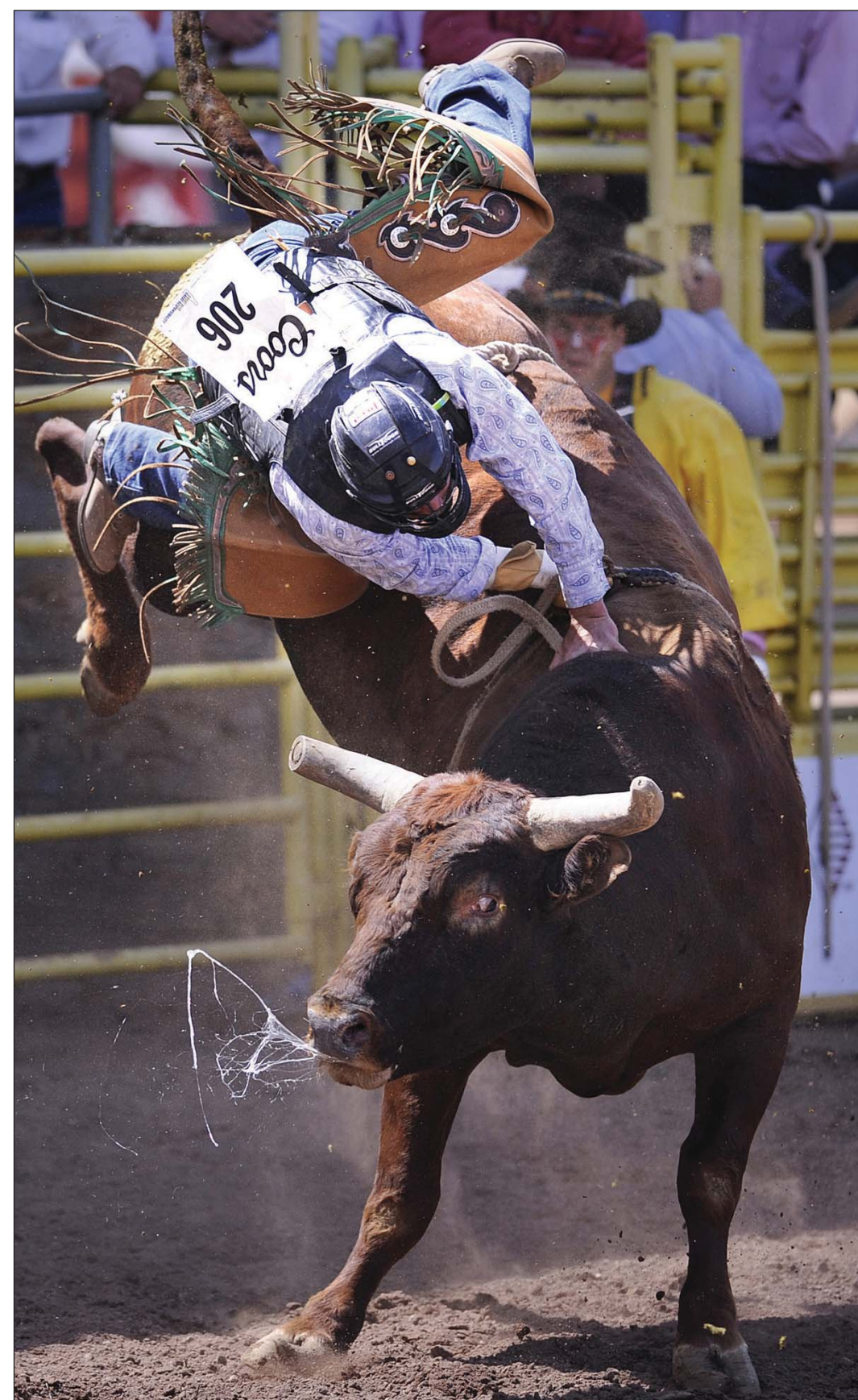
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Basic cadets wait in line to buy food at the Norris-Penrose Event Center Saturday at the rodeo. The Class of 2014 doolies got a day off from Basic Cadet Training.



Lonny Graham, from Ault, struggles to hold onto Really Red during the bull riding competition. Fifteen riders took part in the event.



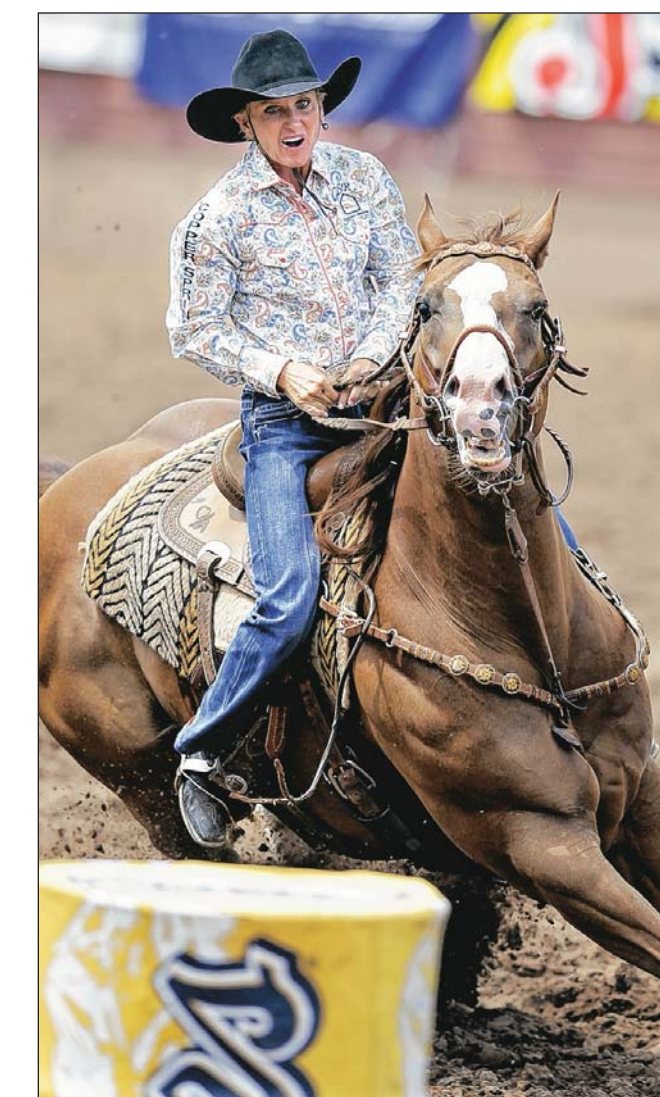
A bronco gets the better of a contestant during the saddle bronc event at the Pikes Peak or Bust Rodeo Saturday. Twelve riders took part on wild horses with names such as "Elvis," "Jumpin' Jack" and "Cactus Flower." PHOTOS BY MIKE KAPLAN



Members of the "1st Sgt Milk Men" team try to subdue a wild cow during a milking contest. On the team were Master Sgts. Sean Cope, Walt McClung, Greg Meinert and Jay Valoric.



Left to Right: Master Sgt. Sean Cope, Chief Master Sgt. Ed Maldonado and Staff Sgt. Noah McGinley congratulate one another at the end of the wild cow milking competition.



A rider and horse compete in the Girls' Barrel Race at the rodeo. Jill Moody from Letcher, S.D., won in 34.07 seconds.

Doolies enjoy down day at Rodeo

By David Edwards
Academy Spirit Staff

The Pikes Peak or Bust Rodeo and the Air Force Academy Class of 2014 are on opposite ends of the age spectrum.

In the working world, the 70-year-old rodeo would be a few years past retirement age. Nevertheless, the fresh-faced doolies and the wizened old Westerners made for an ideal pairing Saturday at the Norris-Penrose Event Center as the rodeo celebrated Air Force Academy/Family Day.

With the end of Basic Cadet Training in sight for the cadets, the bronc-bustin' action offered a welcome respite. Basics walked around wearing hydration packs and plain red caps, grateful for the chance to socialize in a leisurely atmosphere.

"I'm looking forward to the end of basic," said Basic Cadet Angela Silverbush of Shingle Springs, Calif., near Sacramento. "I got used to all the yelling and screaming. I'm really glad they let us go here. It's such a nice day to be outside."

For Cadet Silverbush, who is thinking about studying human behavioral science at the Academy, the best thing about

the rodeo was not in the pens or on the arena floor but at the concession stands.

"I haven't had ice cream in so long," she said. "I can't believe I've never been to a rodeo. I'm a country girl, so I think I'll definitely go to one again."

Her rave reviews about the food echoed a common refrain at the arena Saturday. One cadet proudly exclaimed "Real food!" as he held his tray of nachos aloft to show his prize to a group of friends.

Maj. Brian Wilkerson, the air officer commanding, for Cadet Squadron 30, said the cadets' rations during basic, though, have been nothing to complain about. But he understood their exuberance over the chance to savor turkey legs, barbecue fare, candy, ice cream, lemonade and other rodeo grub.

As one of the few non-newbies at the rodeo, Major Wilkerson was responsible for "keepin' the herd." He also reminded cadets to be on their best behavior.

"Accountability is the main thing," he said. "They're here representing the Academy and to have fun."

Major Wilkerson, a native of Anderson, Ind., said he'd previously attended one other rodeo, Frontier Days in Cheyenne, Wyo., and he considers himself a casual rodeo fan. He's always been impressed with riders' skill and moxie.

"Any time they come out of the chute, what they put their body through, it's just so amazing that a human can do that," he said. "Those are athletes."

Like Major Wilkerson, Basic Cadet Elizabeth Pacyna, of Bristol, Conn., also marveled at what she saw. She said she planned to walk around the arena and try to soak up as much as she could.

"I've never seen people who are so into horses and so into showing off," she said.

Basic Cadet Chris Miller, on the other hand, was not about to let a few hours of relaxation slip away. The Coppares Cove, Texas, native's terse assessment of the rodeo: "It's pretty tight." For him, the chance to take it easy put him in a good mood; the event itself was more of nice diversion.

Despite the cadets' varying level of interest in the action, the Pikes Peak or Bust Rodeo was glad to have them there. Col. Tamra Rank, vice superintendent of the Academy, delivered the opening remarks, and an honor guard from Fort Carson presented the colors.

The Pikes Peak or Bust Rodeo has nurtured ties with local military installations dating back to the Truman administration.

The logo for this year's run is inscribed with the words, "Supporting Local Military Charities Since 1946."



Airmen move Army choppers through Balad

By Staff Sgt. Stacy Fowler
332nd Air Expeditionary Wing Public Affairs

JOINT BASE BALAD, Iraq — Helicopters from bases in Northern Iraq have made their way here to be inspected, prepared and shipped to new operating locations with help from the 332nd Expeditionary Logistics Readiness Squadron Aerial Port team as American forces continue their drawdown in Iraq.

“We have about 70 helicopters coming through here in just two weeks,” said Senior Master Sgt. Mark Farrington, 332nd ELRS Aerial Port special handling superintendent, deployed from 42nd Aerial Port Squadron, Westover Air Reserve Base, Mass. “We have to make sure they are properly prepared for shipment even before they touch the ramp of the cargo planes transporting them.”

Airmen with the 332nd ELRS and their Army maintenance counterparts conduct inventory inspections together

to make sure each aircraft is “airworthy”: removing armament, securing the helicopter blades, fins and other maneuvering gear and ensuring all potentially hazardous materials like batteries, oils and fuel are at safe levels for shipment by air.

If one thing is going to make this movement work, it is teamwork.

“Communication and coordination between the Army and Air Force is what makes this whole thing work,” said Army Capt. Stephen Lee, 209th Aviation Support Battalion strategic air load officer in charge, deployed from the 25th Combat Aviation Brigade at Wheeler Army Airfield, Hawaii. “This is a no-fail mission. These aircraft are from U.S. areas in the north and will be funneled through Joint Base Balad on their way to locations of higher priority. This is a potentially complicated operation, made simpler through proper planning.”

Preparation for these movements began months ago, said Chief Master

Sgt. Bruce Westcott, 332nd ELRS Air Terminal manager, deployed from the 42nd Aerial Port Squadron at Westover Air Reserve Base, Mass.

“The Army says they have to move their aircraft, and they work with the Air Force to get it going,” Chief Westcott said. “The Army says, ‘We have this number of Blackhawks, Apaches, etc., that we have to get from point A to point B.’ To help connect the dots from start to finish, the Air Force comes back with, ‘We can allot you this number of C-17 (Globemaster III)s and C-5 (Galaxy)s.’ And for each aircraft, there is a specific load plan that tells the loadmaster they can load ‘this’ many helicopters of ‘this’ particular type onto a C-17 or C-5.”

It was this coordination that has made the transport relatively smooth, Captain Lee said.

“We knew what we needed to do in the first half of the planning, and that made implementation and action faster and smoother when the aircraft began

to move,” Captain Lee said.

The last time helicopters came through Joint Base Balad, it was on a much smaller scale. Even though the mission has vastly increased in scale, the 332nd ELRS continues to carry on strong, Sergeant Farrington said.

“This is what we do here — make it happen, whatever the mission is at the time,” he said. “We won’t say ‘it’s too hot’ when it’s 135-140 degrees on the flightline; that is when we work together the best. If there is one entity that has problems meeting the line, we all step up to make sure we all hit the line.”

Working side-by-side, Airmen and Soldiers continue to cooperate during drawdown and redeployment.

“Knowing what each of us had to bring to the flightline has paid off tenfold,” Captain Lee said. “From the beginning of planning months ago, through the inspection and transport today, I am very proud of my Soldiers and the Airmen here who have made this happen.”

Airmen move Soldiers through Sather AB



SENIOR AIRMAN PERRY ASTON

Members of Charlie Company, 67th Expeditionary Signal Battalion, out of Fort Gordon, Ga., board a C-17 Globemaster III from the 817th Expeditionary Airlift Squadron, Incirlik Air Base, Turkey, deployed from Charleston Air Force Base, S.C.

By Staff Sgt. Sanjay Allen
Air Component Coordination
Element-Iraq Public Affairs

SATHER AIR BASE, Iraq — Airmen from the air terminal operations center and aerial port here helped move more than 100 Soldiers from Charlie Company of the 67th Expeditionary Signal Battalion on to a C-17 Globemaster III for redeployment July 10 as part of the responsible drawdown of forces.

The responsible drawdown of forces is a continuous process that began in 2008 when U.S. forces numbered 165,000. At this stage of the drawdown, forces will be reduced to approximately 50,000 by the end of August, continuing with the withdrawal of all U.S. operational forces from Iraq by Dec. 31, 2011.

Moving the large number of Airmen, Soldiers, Sailors, Marines and Coast Guardsmen into, out of and through Iraq would not be possible without Air Force airlift and the Airmen who support that mission, said Lt. Gen. Philip Breedlove, deputy chief of staff for operations, plans and requirements.

Some of the Airmen who directly support this mission are the ATOC and aerial porters, assigned to the 447th Air Expe-

ditionary Group, who ensure everything moves smoothly for each troop and cargo movement through Iraq.

Staff Sgt. Sarai Goldsberry with 447th Expeditionary Logistics Readiness Squadron ATOC said she and her coworkers make sure everything gets loaded on the aircraft correctly from the passengers to the cargo so personnel and supplies get to where they’re needed on time.

“We’ll monitor the radio traffic, who’s gotten off the plane, who’s gotten on the plane, make sure all the baggage is getting on and any cargo that has to go with them,” the Dover, Del., native said.

The ATOC and aerial porters move an average of 19,000 to 20,000 passengers per month and 1,000 to 1,200 tons of cargo. Tech. Sgt. Valerie McFadden, a reservist deployed to the 447th ELRS from Dover Air Force Base, Del., says her team expects these numbers to gradually increase as the drawdown continues.

Sergeant Goldsberry said she is excited about being a part of the process that gets Soldiers home. Her latest customers, Soldiers from the 67th Expeditionary Signal Battalion, provided tactical communications throughout Iraq during their one-year deployment and are returning to Fort Gordon, Ga.



PHOTOS BY STAFF SGT. DON BRANUM

After an encore by Air Force Academy Band saxophonists, left, the audience gives the band a standing ovation at a concert Wednesday night in Castle Rock. Approximately 1,100 attended.

Academy Band brings ‘Music to the Meadows’

By Master Sgt. Steven Przyzcki
U.S. Air Force Academy Band

CASTLE ROCK — After a seasonal Colorado afternoon thunderstorm, menacing clouds yielded to a bright sun that brought droves of concert patrons out here to listen to The Air Force Academy Band perform a free concert.

Attracting approximately 1,100 people, the event kicked off Castle Rock’s 2010 “Music in the Meadows” concert series and dished up a wide variety of musical styles to offer something for everyone in the diverse audience.

The band’s patriotic program, “American Pageant,” saluted the men

and women in our armed forces, honored our veterans, and celebrated our country’s rich, cosmopolitan way of life through a diversity of musical selections.

“I really like the wide variety of musical selections,” said Tom Wulf of Castle Rock.

“It is great to have this band performing here tonight,” Castle Rock resident Joyce Havens added. “We all need to honor the men and women in our armed forces the way they do.”

Tech. Sgt. Crissy Saalborn had the crowd toe-tapping to the classic, swing favorite “Route 66,” and Tech. Sgt. Nancy Poffenbarger’s rendition of “Art

is Calling” from Victor Herbert’s comic opera “The Enchantress” displayed her vocal virtuosity and provided some diva-esque antics as well.

Master Sgt. Randy Ward’s singing of the always solemn “Shenandoah” provided a poignant moment and a beautiful accompaniment to the fast approaching, splendid Colorado sunset.

Tech. Sgt. Marcel Marchetti’s trumpet solo “Virgin de la Macarena” conjured up the spirit of a Spanish matador and had the exuberant crowd shouting, “¡Ole!”

The band also performed selections from treasured movie soundtracks such as John Williams’ “E.T.” and the Dis-

ney classic “Mary Poppins.”

The evening’s climax featured the talents of the audience in a patriotic sing-along, the playing of all the Armed Forces’ songs and a rousing performance of our national march, John Philip Sousa’s “Stars and Stripes Forever.”

Castle Rock resident Bill Yokley and his wife Bridget applauded enthusiastically.

“I think the image the band projects is great for the Air Force. The phenomenal quality of the music reflects the outstanding quality that can be found at the Air Force Academy,” Mr. Yokley said.

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Meet new men's track, fielders

By Valerie Perkin
Athletic Communications

Air Force track and field head coach Ralph Lindeman announced the members of the incoming freshman class. Last week, www.goairforcefalcons.com introduced the 15 additions to the women's team. This week, we introduce the 25 members of the men's newest class.

The Class of 2014 features 10 state champions, as well as two that finished second at their respective state meets and three that participated in, or qualified for, national competitions.

At the national level, Dan Bailey (Cream Ridge, N.J.) earned a top-10 finish in the 5000-meter run at the National Scholastic Indoor Championships, while Jalen Fooster (Marietta, Ga.) finished within the top 15 of the weight throw at that meet. In addition, William Kent (Marietta, Ga.) qualified to the USA Junior National Championships in the hammer throw, but did not compete as the meet fell during the first days of Basic Cadet Training.

Included among the list of state champions are several athletes who have claimed multiple titles at their respective state meet. Spencer Baldwin (Joseph City,

Ariz.) won back-to-back titles in both the shot put and discus throw at the Arizona 1A state championships, while Shawn Dubbs (Cripple Creek) claimed a pair of titles in the 1600-meter run at the Colorado 2A state meet, while winning the 3200-meter title in 2010. David Ptacek (Allegan, Mich.), a University of Michigan transfer, ran legs of the state championship 4x200-meter and 4x400-meter relay teams, while leading Hamilton High to the Michigan Division II title.

Other state champions include Elliott Beski (Denver), who was the Colorado 4A state champion in the pole vault and won the postseason Great Southwest Invitational. Isaiah Bragg (West Liberty, Ohio) claimed the Ohio Division III state championship in the 3200-meter run, while placing second in the 1600-meter run and at the Division III state cross country championships. Nate Bratka (West Liberty, Ohio), an all-district basketball selection, was the Ohio Division III discus champion as a junior.

Cory Engel (Northglenn, Colo.) won the 2008 Colorado 5A state title in the 110-meter hurdles. Tyler Jordan (Ramona, Calif.), named the San Diego Athlete of the Year for Boys' Track and

Field by the San Diego Union-Tribune, won the state title in the high jump. Kyle Frayling (Raytown, Mo.) ran a leg of the Missouri state champion 4x100-meter relay team, while Carson Fugel (Park City, Utah) was a member of the PCHS cross country team that won the state championship.

Matt Caldwell (Centennial), one of five Colorado natives on the men's freshmen roster, finished second in both the 800-meter and 1600-meter races at the state's 5A championship meet. Alex Lindsey (Rochester, Mich.) ran a leg of the 4x800-meter relay squad that placed second at the Michigan state championships.

Also joining the Falcons for the 2011 season are sprinter Michael Craig (Orville, Ohio), triple jumper Daniel Funk (Colorado Springs, Colo.), middle distance runner Jake Hawkins (Hampstead, N.H.), decathlete Mikey Lauritzen (Camas, Wash.), sprinter Josh Nielsen (Forest Lake, Minn.), sprinter Matt Nelson (Albuquerque, N.M.), middle distance runner Charles Perkins (Alameda, Calif.), javelin thrower Tim Urista (Roseburg, Ore.), sprinter Jared Weary (San Antonio, Texas) and distance runner Lance Wolfsmith (Morgan Hill, Calif.).

Cops KO dentists, clinch playoff berth

By Dave Castilla
Intramural Sports Director

Security Forces clinched the sixth and final spot in the double-elimination postseason tournament with a 10-7 win over the Dental Squadron last week.

The cops' second win over the dentists ensured their playoff berth.

The Dental Squadron took a fast start out of the gate, scoring three first-inning runs. Zack Mason walked, Matt Moberg hit a single, James Curtin singled to left for a run, and Eric Smith brought in a two-run single.

The cops scored no runs in the first inning but made up for it with five runs in the second. Matt Kelsey and Tony Carreno singled in the second, followed by a walk for Doug Couch to load the bases. Chris "Jak" Jakubin smoked a double to clear the bases, Noah McGinley singled to drive in Jakubin and

reached third base on a throwing error. Irwin Sealy hit a bloop single to bring in McGinley.

The dentists scored another run in the top of the third as Matt Moberg tripled off the centerfielder's glove, then came home on a throwing error. But the cops clinched the game in the bottom of the fourth. Jakubin doubled off the fence, McGinley drove him home with a single. Vincent Cannella walked, and Luis Dominguez brought him in on a single. Kyle Wilson tripled for two runs and scored on a throwing error for a 10-4 lead.

Kevin Robbins started the top of the sixth with a single for the dentists, and two errors loaded the bases. Zack Mason drove in one run, and Moberg brought in the other two with a single.

The dentists' last chance came in the top of the seventh, but the cops' defense held them to three straight outs.

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Winning ways follow '08 grad

By Wayne Amann
Air Force ISR Agency
Public Affairs

Everywhere Tim Anderson has laced up a pair of basketball sneakers, he's been a winner.

As a senior guard at Franklin High School in El Paso, Texas, he led his team to a 26-7 record while averaging 23 points per game, on his way to earning Most Valuable Player honors for the city and district of El Paso, plus a second-team all-state selection.

While team captain at the Air Force Academy Prep School, Anderson's 16 points per game average helped the Huskies post an eye-popping 31-3 mark.

During his career with Air Force, he was instrumental in the Falcons going a four-year best 84-42, reaching the NCAA Tournament in 2006 and the Postsea-

son National Invitation Tournament semi-finals in 2007. The soft-spoken Anderson's play spoke volumes as he finished second on the Academy's all-time steals list with 175, second in most career games played, 124, and was named the Mountain West Conference Defensive Player of the Year for the 2007-2008 season.

Fast forward to April 11, 2010, and the Chaparral Fitness Center at Lackland Air Force Base, Texas. Anderson, the Lackland Warhawk team captain, has a potential game-winning buzzer-beater shot fall short, in the title game of the inaugural National Military Men's Basketball Championship Tournament.

Keesler AFB, Miss., won the game, 73-72. Even in defeat, Anderson earned all-tournament honors averaging 12.2 points per game in six

outings.

"Games are often won by the team that's most resilient and hard working," Anderson said. "Even though our guys finished second in the national military tournament, it was all about having fun and building relationships."

Anderson's practical approach, planted during high school and cultivated at the Prep School and the Academy, is now a staple for the 6-foot-3 standout who tied the Falcons' record with seven steals in one game against San Diego State at the 2008 MWC Tournament.

"I love transferring the lessons learned on the court to the workplace," he said. "The winning combination in both places is hard work, build chemistry among your team and execute the game plan."

As the chief of Information Management

at Lackland's Wilford Hall Medical Center for a little more than a year, the former systems engineering management major couples information technology with information assurance to carry out the mission of the Air Force's largest military treatment facility. As a leader, he practices a people-centric philosophy.

"You have to invest time in those around you and appreciate that everyone has something to offer," Anderson explained. "And remember to give credit where it's due."

Anderson credits his Academy experience for honing a variety of skills.

"My time at the Academy was often rough and demanding," he admitted. "It taught me how to manage my time and develop quick and effective solutions to sticky situations."



ROBBIN CRESSWELL

AFA graduate and Lackland Warhawk team captain Tim Anderson drives the baseline against the combined Fort Lee/Fort Meade All-Stars during the inaugural National Military men's Basketball Championship Tournament.

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Reward for info

The 10th Security Forces has offered a reward for any information regarding damage to the Eisenhower Golf Course on or about June 28-29.

Anyone noticing possible related activity in the Academy Drive and Stadium Boulevard areas between 7 p.m. June 28 and 5:20 a.m. June 29 should call 10th SFS Investigations at 333-2203.

Clinic closures

The 10th Medical Group will offer limited appointment availability Aug. 6 due to a 10th Medical Operations Squadron change-of-command ceremony.

Clinics affected include audiology, acute care, allergy and immunizations, cardiopulmonary, dermatology, family practice, internal medicine, mental health, neurology, women's health, pediatrics and physical therapy and chiropractic.

Normal operations will resume at noon.

Volunteers needed

The 2010 Environmental, Safety and Occupational Health Compliance Assessment and Management Program needs volunteers for its inspection Sept. 13-17.

The audit team will brief its findings to the 10th Air Base Wing commander in the 10th Civil Engineer Squadron conference room, Building 8120, Sept. 20 at 1:30 p.m.

For more information or to volunteer as an audit team member, contact Jeanie Duncan at 333-0812.

In addition, Academy Honor Guard needs officer and enlisted volunteers who can support a minimum of two details per month for one year and who can attend training every other Wednesday from 1 to 4 p.m.

Benefits of base honor guard service include a windsuit and garment bag, a base honor guard vehicle decal and consideration for a decoration such as

an Achievement Medal at the end of your one-year contract.

The next new member meeting will be held Aug. 6-13 from noon to 4 p.m. To volunteer, contact Janet Edwards at 333-3323 or Staff Sgt. Hugo Reinor at 333-5621.

Sponsors needed

The Cadet Sponsor Office needs sponsors for the Class of 2014. Eligible to become sponsors are officers in pay grades O-3 and above or enlisted Airmen in pay grades E-6 and above who are at least 28 years old. Civil service employees GS-05 and above or the equivalent pay band are also eligible.

The first opportunity for Class of 2014 cadets to meet their sponsors is on Doolie Day Out Aug. 8, so please sign up today. To volunteer, contact the Cadet Sponsor Office at 333-2727 or e-mail cadet.sponsor@usafa.edu.

Evening Aerobics

The Community Center Sports and Fitness Center now offers evening aerobics classes at 5 p.m. Mondays, Wednesdays and Thursdays. To sign up or for more information, call 333-4522.

Voyage to Book Island

The Community Center Library's summer reading program, "Voyage to Book Island," runs now through Aug. 7. For more information, rules and age categories, call the library at 333-4665.

Fishing permits

Outdoor Recreation offers Academy fishing permits to fish Kettle Lakes, Ice Lakes, Dead Man's Lake or any of the lakes on Farish Recreation Area grounds. For more information, call 333-2940 or 687-9098.

School physicals

The 10th Medical Group will offer multiple appointment times for school physicals throughout the summer for students who wish to participate in school sports or camp programs and are enrolled in Tricare Prime.

If your child has had a physical completed within the last 12 months prior to the start of school or sports season, he is considered current, and you can contact the medical treatment clinic where the child is enrolled to obtain a copy of

the physical for school, sports or camp purposes.

To schedule your child's physical or learn more, call the Tricare Appointment Line at 719-457-2273.

Community Center events

The Academy will hold an open space picnic, kickball and family movie today from 5:30 to 8 p.m. in the open space at the Douglass Valley Housing Area, or at the Milazzo Center if weather is inclement. Popcorn will be provided, and soda will be on sale.

Attendees should bring their own blankets or lawn chairs and may bring other food and drinks.

Ballroom dance classes start at the Community Center Aug. 4, with beginners' classes at 5:30 p.m., intermediate classes at 6:45 p.m. and swing at 8 p.m. Each course is \$70 per couple or \$40 per individual.

Line dance classes are taught in the Community Center Ballroom in six-week increments, with classes scheduled for 5 and 6:15 p.m. Registration is \$35 per person. The next class starts Sept. 13.

A flea market is scheduled for Aug. 14 in the Base Exchange parking lot from 9 a.m. to 1 p.m. Cost is \$10 for a space, \$5 for a table or \$15 for those who sell from their privately owned vehicle.

To book the Milazzo Center or Community Center Ballroom for your event, call Community Activities at 333-2928.

A&FRC offerings

The Academy Airman and Family Readiness Center will host the following classes in July. Contact the A&FRC at 333-3444 or 333-3445 with questions or to sign up for a class. Class dates and times are subject to change.

Group Pre-Separation Counseling

Held Mondays (except during Transition Assistance week), 2 to 4 p.m.

Separating or retiring from the Air Force in a year or less? This mandatory briefing will help you identify benefits and services associated with your transition and beyond.

Red Carpet Base Tour

Today, 8:15 a.m. to 2:30 p.m.

This is an informative base tour that gives insight into the Academy's mission and reveals most of the events/activities to see and do while stationed here. Stops include the Academy Equestrian Center, Cadet Chapel, Arnold Hall, Arts and Crafts Center, Outdoor Recreation and more.

Transition Assistance Program

July 26-30, 7:30 a.m. to 4:30 p.m.

Separating in a year or retiring in two years or less? TAP workshop is designed to provide you with the knowledge and skills necessary for a successful transition into the civilian workforce after your military career is completed. Learn interviewing skills, résumé writing, networking, negotiations, dress for success, and much more. Call now to reserve your spot in the next available TAP class. These workshops fill very quickly so plan your attendance well in advance.

Disabled American Veterans Medical Records Review

July 30 and Aug. 9, 7:30 am to 4:30 pm

Individuals within 180 days of retirement or separation can have the DAV review their medical records in preparation of filing for Veterans Affairs Dis-

ability Compensation through the VA Form 21-526. Call for more information or an appointment.

Career Tracks

Aug. 3-4, 8:30 a.m. to 2:30 p.m.

This comprehensive two-day course helps military spouses assess and evaluate their skills, values and interests, build an effective toolkit through a career plan, education and volunteerism, conduct an efficient job search through research, networking and career fairs, and write a résumé. You must pre-register to attend.

Mock Interviewing

Aug. 5, 9 a.m. to 1 p.m.

This class will give attendees a chance to conduct mock interviews with human resources representatives.

Sponsor Training

Aug. 10, 8 to 9 a.m.

This class is mandatory for those who have been assigned to sponsor a newcomer to the Air Force Academy. Contact your unit sponsorship monitor for details and to sign up.

Smooth Move

Aug. 10, 3 to 4 p.m.

This mandatory class for individuals who are PCSing from the Air Force Academy teaches proven ways to decrease the stress of an upcoming move.



Renaissance Festival

The Colorado Renaissance Festival runs each weekend now through Aug. 1, rain or shine. Admission is \$18.95 for adults, \$8 for those 5-12 and free for anyone 4 or younger.

The fest is at Larkspur, near Interstate 25 between Colorado Springs and Castle Rock.

Free entry to museums

Museums across the nation have partnered with Blue Star Families to grant military members and up to five family members free admission to participating museums. This offer is good through Labor Day. Participating museums are listed at www.arts.gov/national/bluestarmuseums.

Free summer concerts

The First and Main Town Center on Powers Boulevard continues its 6th annual free summer concert series each Friday through July 30 from 5 to 7 p.m.

Upcoming acts are provided via the Pikes Peak Blues Community and include local artists such as Latigo, Parable Sons, Phat Daddy, Martini Shot, George Whitesell and His All Stars, Brickyard and Arch Hooks.

For more information, visit www.firststandmaintowncenter.com.

Rocky Mtn. State Games

The Rocky Mountain State Games will take place at the Air Force Academy and venues in Colorado Springs July 30 to Aug. 1.

Sports will include a 5k run/walk, archery, bowling, cycling, flag football, golf, gymnastics and more.

For more information on event locales and fees to register, visit the RMSG website at <http://bit.ly/9zx54T>.



CADET CHAPEL

Buddist

Sunday 10 a.m.

Native American

Sweatlodge Ceremony - Aug. 7, 4 p.m.
Fort Carson Turkey Creek Recreation Area

Protestant

Combined Worship Service
Sunday 10 a.m.

Roman Catholic

Mass
Sunday 10 a.m.

Sacrament of Penance

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COMMUNITY CENTER CHAPEL

Catholic Masses

Saturday

Reconciliation - 3:30 p.m.
Mass - 4 p.m.

Sunday

Mass - 9 a.m.
Religious formation - 10:15 a.m.

(September-May)

Tuesday-Friday

Mass 11:30 a.m.

Protestant Services

Wednesday

Wednesday Night Live - 6 p.m.
Dinner followed by Religious Education
(September-May)

Sunday

Evangelical - 10:15 a.m.
Gospel 11:30 a.m.

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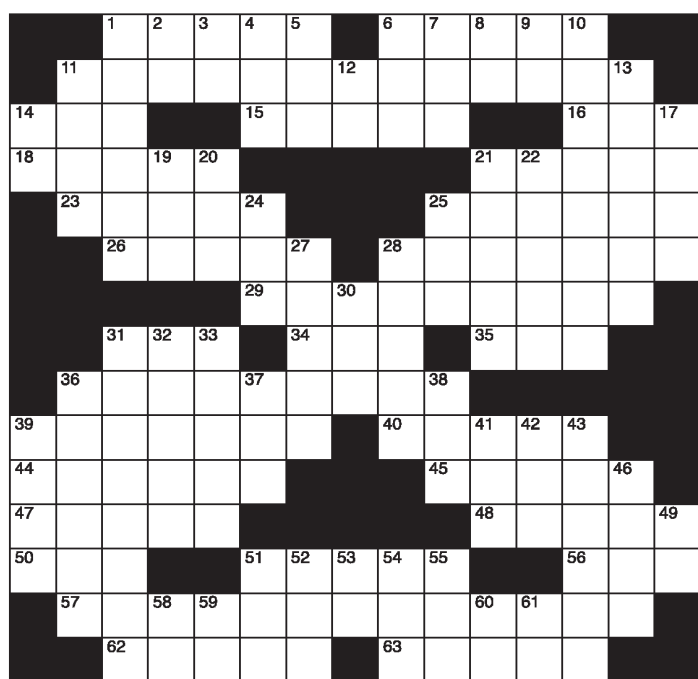
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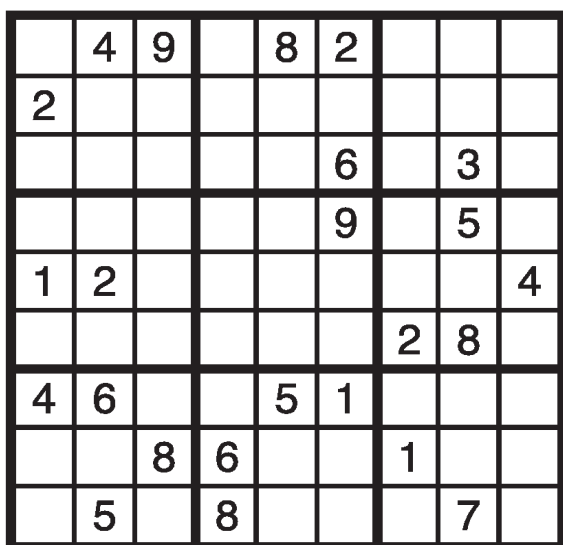
CLUES DOWN

1. Reddish browns
2. Aluminum (abbr.)
3. Exist
4. Indicates near
5. 17th Greek letter
6. Black Am. cuckoo
7. Pastureland
8. Atomic #89
9. Sodium
10. Driveled
11. Afrikaans
12. Not off
13. Roofed patios
14. Mister
17. Fishing poles
19. Senior officer
20. Records brain currents
21. Measure again
22. Speak
24. Cool
25. Adult male sheep
27. Footwear bottoms
28. Open skin lesions
30. Scientific research workplace

CLUES ACROSS

1. A fencing sword
6. Alda and Thicke
11. Phone connection
14. Navigational chart
15. 48846
16. Swiss river
18. Increase a bet
21. Rivne (Russ. sp.)
23. More inept
25. Read again
26. Heroic tales
28. African expeditions
29. NE Italian mountains
31. ___ de Janeiro
34. Household god (Roman)
35. CNN's founder ___ Turner
36. Robust hairy social bee
39. Where to apply deodorant
40. Not drunk
44. Made #11 across
45. Dover sole genus
47. English architect Lasdun
48. Mussel beard tufts
50. ___ Lanka
51. More scarce
56. Fiddler crabs
57. Span. surrealist painter
62. A gentle poke
63. Chicago film critic Roger

SUDOKU



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so shapren your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier to gets to solve the puzzle!

Level: Intermediate

Solution on page 15

7-23-10

Albertsons®

It means a great deal.™

celebrating 71 years of *savings*



Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Dreyer's Ice Cream
1.5 qt.
Select Varieties

1.88 ea.
With Coupon
Limit 2, Additional \$2.99 ea.

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

SunnyD
64 oz.
Select Varieties

77¢ ea.
With Coupon
Limit 2, Additional 10 for \$10

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Folgers
27.8-34.5 oz. or Dunkin' Donuts Coffee
12 oz.
Select Varieties

4.99 ea.
With Coupon
Limit 1 ea., Additional \$5.99 ea.

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Hamburger, Chicken, Tuna or Asian Helper
4.5-7.5 oz.
Select Varieties

88¢ ea.
With Coupon
Limit 2, Additional 10 for \$10

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Ken's Salad Dressing
16 oz.
Select Varieties

99¢ ea.
With Coupon
Limit 2, Additional 2 for \$3

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Pop-Secret Popcorn
3 pk.
Select Varieties

99¢ ea.
With Coupon
Limit 3, Additional 2 for \$3

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Kool-Aid Bursts
6 pk.
Select Varieties

69¢ ea.
With Coupon
Limit 4, Additional 10 for \$10

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Hansen's Soda
6 pk., 12 oz. Cans
Select Varieties

BUY ONE GET ONE FREE
With Coupon - Save \$1.99 on 2
Limit 1 Reward Per Transaction

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Simply Juice, Minute Maid or Gold Peak Tea
59 oz.
Select Varieties

1.49 ea.
With Coupon
Limit 2, Additional \$1.99 ea.

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Tony's Crispy Crust Pizza
9.73-10.42 oz.
Select Varieties

79¢ ea.
With Coupon
Limit 4, Additional 10 for \$10

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

OSCAR MAYER Deli Shaved Lunchmeat
7-9 oz.
Select Varieties

2.49 ea.
With Coupon
Limit 4, Additional \$2.99 ea.

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

French's Yellow Mustard or Honey Mustard Dipping Sauce
12-20 oz.
Select Varieties

99¢ ea.
With Coupon
Limit 6, Additional \$1.29 ea.

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

Purex 2x Ultra Liquid Detergent 50 oz. or Ultra Fabric Softener 44 oz.
Select Varieties

1.99 ea.
With Coupon
Limit 2 ea., Additional 2 for \$5

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

FRESH BAKED French Bread
16 oz.

99¢ ea.
With Coupon
Limit 4, Additional \$1.50 ea.

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

FRESHWATER Easy Peel Raw Shrimp
16-20 ct., Sold in 2 lb. bag \$9.98 ea.

4.99 lb.
With Coupon
Limit 1, Additional \$11.98 ea.

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

\$10 OFF your purchase of \$100 or more
FOR A LIMITED TIME ONLY!
Coupon effective 07/21/10-07/27/10
Coupon must be used on a single transaction.

Albertsons

LIMIT 1 COUPON PER CUSTOMER. This coupon cannot be used unless the purchase is \$100 or more after deducting all manufacturer coupons and store coupons, and without including money orders, lottery tickets, gift cards, alcohol, tobacco, prescriptions, stamps and other products prohibited at law. Cannot be doubled, tripled, quadrupled or exchanged for cash. Not valid toward previous purchase. Void if copied or transferred in the event of return, coupon savings may be deducted from refund. May not be used in combination with any other offer. One coupon per customer, per transaction.

Albertsons Weekly Coupon
Coupon Effective 7/21/10 - 7/27/10

M&M's/Mars Single Bars
1.1-2.13 oz.
Select Varieties

29¢ ea.
With Coupon
Limit 8, Additional 2 for \$1

Limit 1 coupon per customer per transaction. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Prices Effective 7/23/10-7/27/10

Visit www.albertsonsmarket.com

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