

# **The National Suicide Prevention Resource Center**

## **Suicide Prevention: A National Imperative**

**Briefing for Defense Center of Excellence**

**Resilience & Prevention Directorate**

**Global VTC**

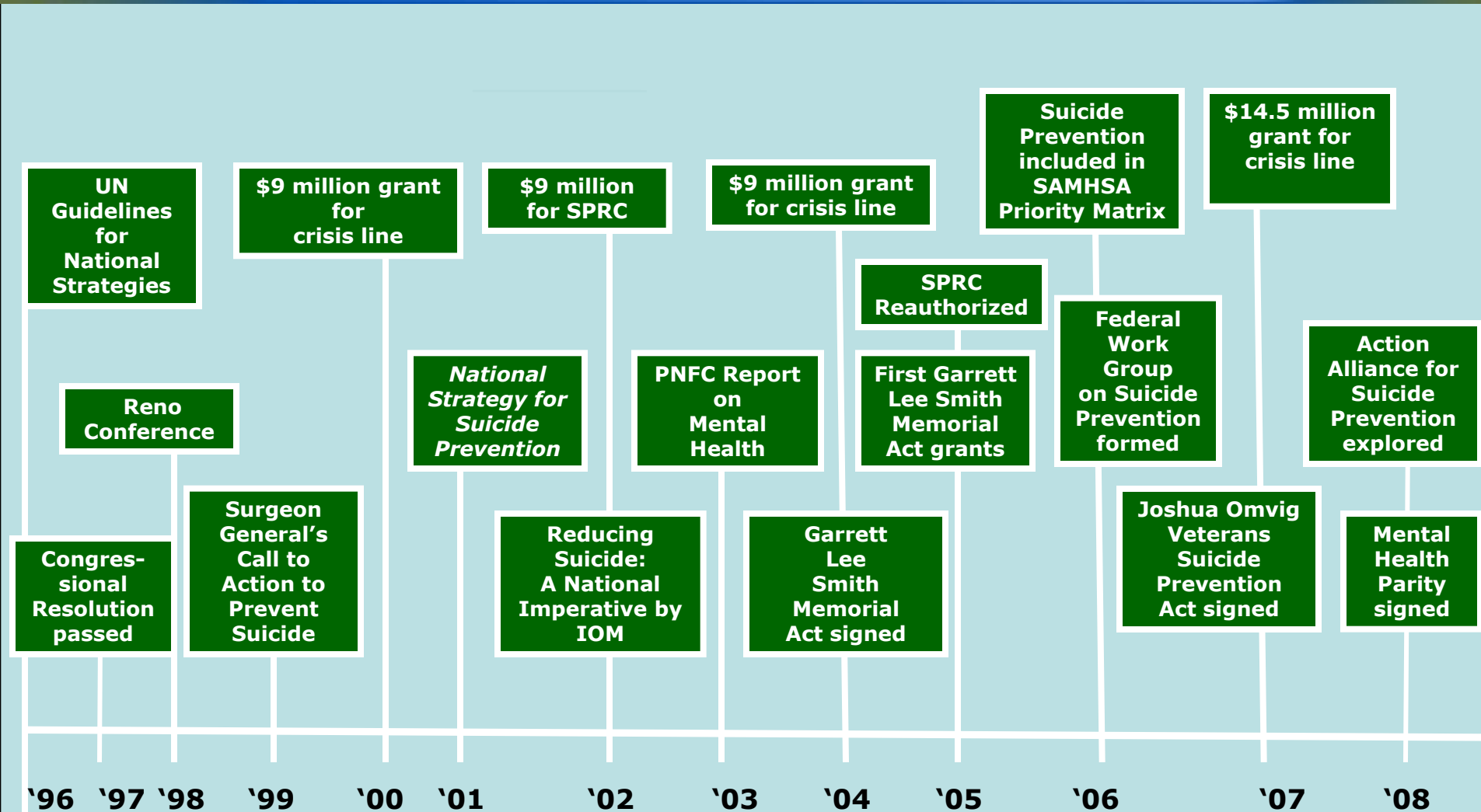
**September 30, 2009**

**Jerry Reed, Ph.D, M.S.W.**

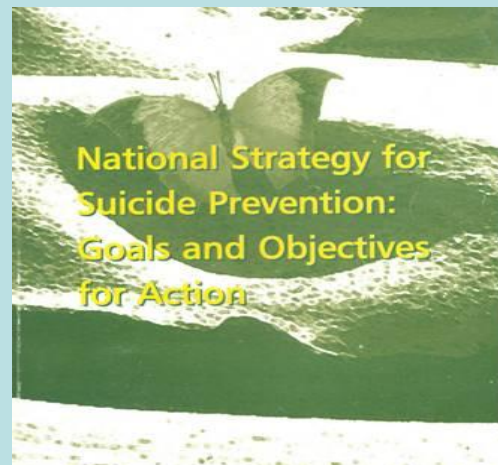
**Director**

**Suicide Prevention Resource Center**

## Where we've been!



- ❖ **Goal 4.8 of the *National Strategy for Suicide Prevention* called for “the development of a technical assistance and resource center to build capacity for states and communities to implement and evaluate suicide prevention programs.”**

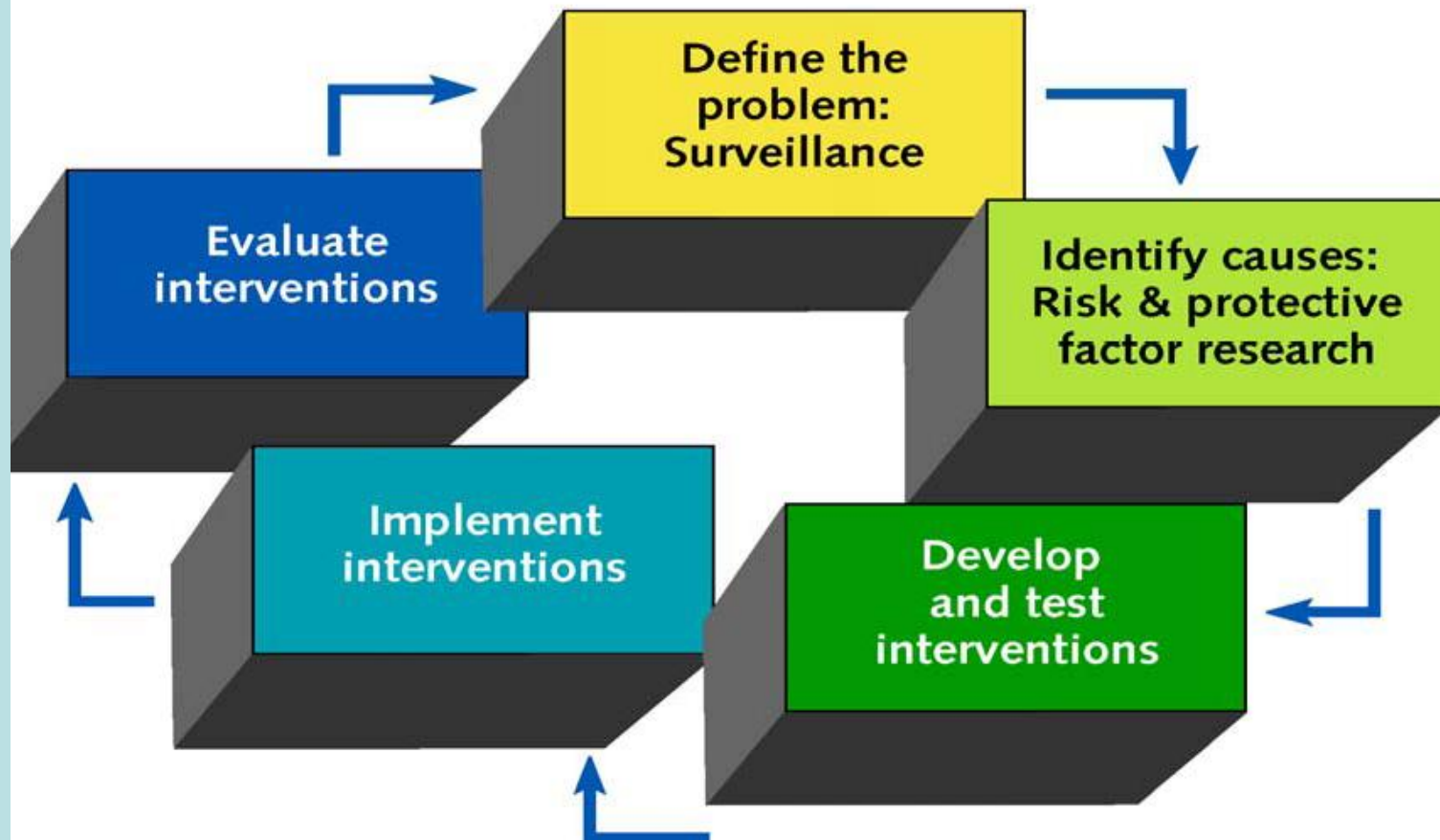


- ❖ **Funded through a cooperative agreement by the Substance Abuse and Mental Health Services Administration (SAMHSA)**
- ❖ **Based at Education Development Center, Inc., (EDC), Newton, MA [www.edc.org](http://www.edc.org) with offices in Washington, DC and remote staff in Seattle, WA, Holland, MI, Chicago, IL, Portland, OR, Flagstaff, AZ, and New Hampshire**
- ❖ **Launched in 2002**

**The Committee has included \$3,000,000 to establish a National Suicide Prevention Resource Center *to provide technical assistance in developing, implementing and evaluating effective suicide prevention programs.* The Resource Center *will provide training and field support and serve as a clearinghouse for all pertinent best practices information regarding suicide prevention.* The Center should *promote evaluation* of suicide prevention programs to ensure that effective techniques, strategies, and recommended best practices are made available to users.**

- ❖ **Goal 1. Enhance the size and capacity of the suicide prevention workforce**
- ❖ **Goal 2. Create a national network of communities of practice by connecting regional, state, and local networks, organizations, and practitioners engaged in suicide prevention**
- ❖ **Goal 3. Create and disseminate resources**
- ❖ **Goal 4. Support mechanisms for implementing the public health approach to suicide prevention**
- ❖ **Goal 5. Broaden participation in suicide prevention activities and integrate suicide prevention into existing activities and programs**

## The Public Health Approach to Prevention



- ❖ **Adhere to a public health approach to prevention**
- ❖ **Build collaborative, non-competitive partnerships**
- ❖ **Promote evidence-based practices and products**
- ❖ **Foster sensitivity to cultural context**
- ❖ **Advance seamless prevention services**



- ❖ **Resource Center**
- ❖ **Training Institute**
- ❖ **Influencer and leader of science, policy and practice**
- ❖ **Technical assistance (TA) center for grantees**

- ❖ **Multiple publications and other resources**
  - ◆ **Most downloaded (1000+ each month consistently) include document on risk and protective factors; College “white paper”; NSSP; After a suicide guide for memorial observances; rural youth suicide prevention recommendations; ED consumer guide in Spanish; SAFE-T pocket cards for mental health clinicians; NASHMPD paper on suicide prevention among those with serious mental illness**
- ❖ **Email newsletter, the *Weekly Spark***
  - ◆ **3126 subscribers (as of 9/14/09)**
- ❖ **Comprehensive website, updated several times a week**
  - ◆ **Average of 1456 visitors & 5346 page views each day**
- ❖ **SPRC Online Library**

❖ **We develop materials in response to:**

- ◆ **The NSSP**
- ◆ **Identified needs among grantees and in the field**
- ◆ **Identified needs through partnership**

***EXAMPLE:***

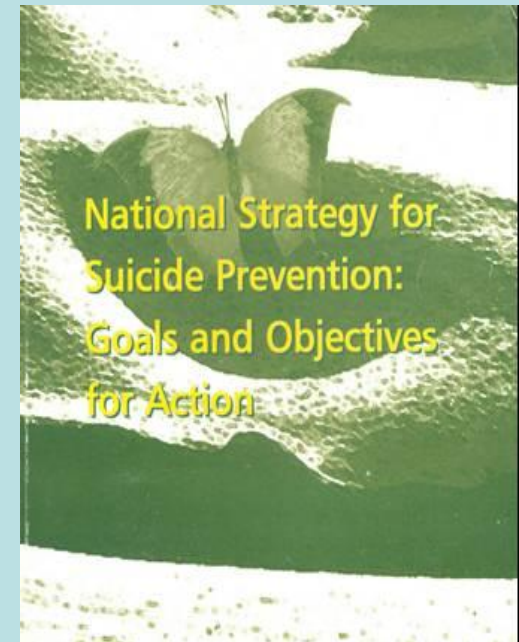
- ◆ **Recently released with our partner WICHE the Suicide Prevention Toolkit for Rural Primary Care**
- ◆ **Recently released an LGBT White Paper on Youth Suicide**
- ◆ **Recently released The role of faith communities in preventing suicide: A report of an Interfaith Suicide Prevention Dialogue**
- ◆ **Recently released Suicide and the Economy Talking Points**

- ❖ **Assessing and Managing Suicide Risk: Core Competencies for Mental Health Professionals**
  - ◆ More than 11,500 clinicians have been trained with AMSR
  - ◆ 40 trainings in 2009
- ❖ **Strategic Planning for Suicide Prevention**
  - ◆ Offered in partnership with SPAN USA – 10 in FY08
- ❖ **Four online training courses on youth suicide prevention with two more to come**
  - ◆ [Locating, Understanding, and Presenting Youth Suicide Data](#)
  - ◆ [Planning and Evaluation for Youth Suicide Prevention](#)
  - ◆ [Youth Suicide Prevention: An Introduction to Gatekeeping](#)
  - ◆ [The Research Evidence for Suicide as a Preventable Public Health Problem](#)
- ❖ **Research to Practice webinars offered to the field**

- ❖ **Since 2005, 42 states and one territory, 66 campuses and 18 American Indian or Alaska Native tribal organizations funded**
- ❖ **Build and maintain strong relationships that allow us to assess needs and deliver customized prevention support**
- ❖ **Our work is done proactively and reactively**
- ❖ **Prevention Specialists are assigned to Grantees**
- ❖ **Pro-actively deliver and promote evidence-based strategies and services**
- ❖ **Provide a continuum of services that create change and sustain programs**
- ❖ **Facilitate peer-to-peer networking and communication among Grantees**

The purpose of the BPR is to identify, review, and disseminate information about best practices that address specific objectives of the *National Strategy for Suicide Prevention (NSSP)*

“Practices” is defined broadly, including programs, policies, protocols, awareness materials, etc.





## **Best Practices Registry (BPR)**

**Section I: Evidence-Based Programs – 11 items**

**Section II: Expert and Consensus Statements – 10 items**

**Section III: Adherence to Standards – 28 items**

[http://www.sprc.org/featured\\_resources/bpr/index.asp](http://www.sprc.org/featured_resources/bpr/index.asp)

- ❖ Stay informed with the latest news headlines, research summaries, and funding opportunities by subscribing to the *Weekly Spark*
- ❖ Learn about your state's suicide prevention efforts
- ❖ Create effective suicide prevention programs
- ❖ Examine best practices that address specific objectives of the National Strategy for Suicide Prevention
- ❖ Explore services and resources available from SPRC
- ❖ Download SPRC publications
- ❖ Complete free online suicide prevention training courses
- ❖ Schedule an “Assessing and Managing Suicide Risk” one-day training for your community
- ❖ Discover over 400 information resources in the SPRC Online Library
- ❖ Keep up with national, regional, state, local and online suicide prevention events using the SPRC calendar





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❖ **Email: [info@sprc.org](mailto:info@sprc.org)**

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