

# *Navy Chaplain Corps Suicide Prevention*

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Deputy Director of Operations (N0973A)

Navy Chief of Chaplains Office

30 Sep 09



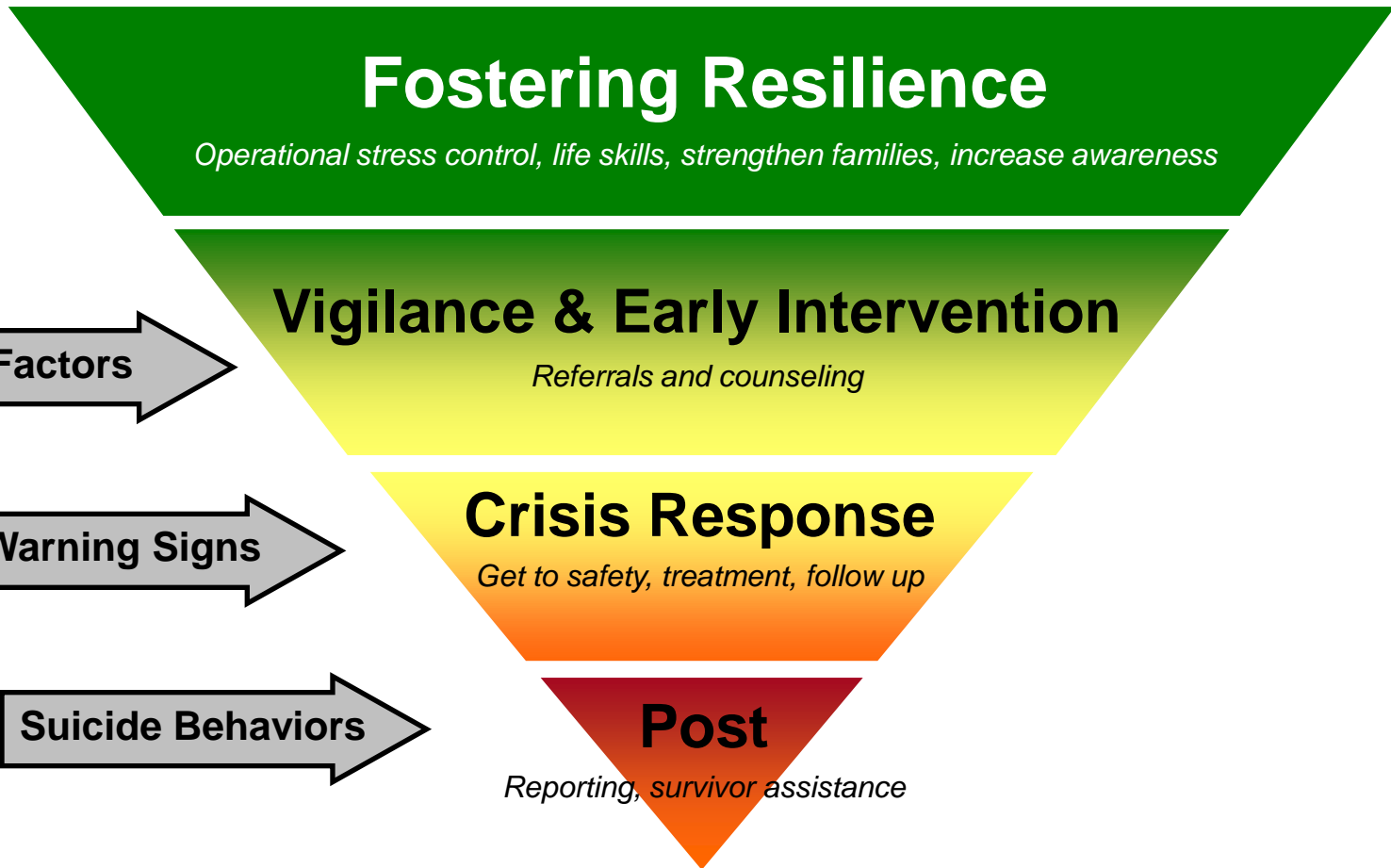
# ***Chaplains & RP's In Suicide Prevention***

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- Chaplains & RP's are visible, available, and accessible.
- Chaplains & RP's offer full continuum care.
- Chaplains & RP's care for the “whole” person and the whole command.
- Chaplains and RP's provide collaborative care.
- Chaplains offer confidential counseling.
- Chaplains are involved in almost every facet of suicide prevention.



# Navy's Suicide Prevention Approach



**Comprehensive prevention and family support**



# *Prevention Program Summary*

## **Fostering Resilience**

- Physical readiness
- Alcohol and drug abuse prevention
- Personal financial management
- Family support programs
- Suicide prevention training
- Operational stress control

## **Vigilance & Early Intervention**

- Front line supervisors training
- Personal readiness summits
- Fleet suicide prevention summits
- Specialty & local provider training
- Fleet and family services
- Chaplains & substance abuse rehab

## **Crisis Response**

- Command crisis response plans
- First responder seminars
- Local and specialty training and procedures for command Suicide Prevention Coordinators (SPC), medical, chaplains, FFSC, dispatch, security, EMS
- Mental health services

## **Post**

- Personnel casualty reports and OPREP/SITREP
- DoD Suicide Event Report
- Casualty Assistance Calls Officer
- Special psych. rapid intervention teams
- Chaplains and FFSC command visits
- Data analysis and reports to leadership



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# *Chaplain Corps Program Overview*

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- Operational Stress Control/Combat OSC
- Chaplain Annual Professional Development Training Conferences
- CREDO
- Chaplain Care Web Page
- Chaplain Corps Human Care Initiative



# *Commonly Used Tools*

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- ACT
- AID LIFE
- ASIST
- F.R.I.E.N.D.S
- ACE
- SafeTALK



# ***Best Practices***

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- Pocket cards w/names.
- Inter-disciplinary meeting w/Mental Health.
- Safety checks on high risk personnel.
- Pre & Post-Mast interviews and care.
- Personal testimonials.
- Small unit leaders' workshop.
- Suicide Awareness Symposium.
- Beating The Blues Fair





# *Comments From The Fleet*

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- De-stigmatization
- Reporting
- Isolation
- Transient populations
- Staff shortages



# Conclusion

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- *“Suicide prevention is a small unit leadership issue. It is individual Sailors, no matter their rank or position, keeping an eye on what is going on in the lives of the people around them. It’s what I call "Human Situational Awareness". If we keep an eye on the people around us ...we may be able to intervene and prevent a suicide.”*

*- A Navy Chaplain*

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