

AIA/MIA Scoring Tables

Part One will be scored using the following scoring tables:

PUSH-UP TEST	
Reps in 60 Seconds	Score
0-11	0
12-13	4
14-16	5
17-19	6
20-21	7
22-24	8
25-26	9
27-29	10
30-31	11
32-34	12
35-37	13
38-39	14
40-42	15
43-44	16
45-47	17
48-49	18
50-52	19
53-55	20
56-57	21
58-59	22
60-62	23
63-65	24
66-67	25
68-70	26
71-72	27
73-75	28
76-78	29
79-80	30
81-83	31
84-85	32
86-88	33
89-90	34
91-93	35
94+	36

SIT-UP TEST	
Reps in 60 Seconds	Score
0-19	0
20-21	7
22-23	8
24-25	9
26-27	18
28-29	11
30-31	12
32-33	13
34-35	14
36-37	15
38-39	16
40	17
41-42	18
43-44	19
45-46	20
47-48	21
49-50	22
51-52	23
53-54	24
55-56	25
57-58	26
59-60	27
61-62	28
63-64	29
65-66	30
67-68	31
69-70	32
71-72	33
73-74	34
75-76	35
77+	36

SIDE STEP TEST	
Line touches/crosses in 10 seconds	Score
0-8	0
9	8
10	10
11	13
12	15
13	18
14	20
15	23
16	25
17	28
18	30
19	33
20+	36

Part Two is scored pass/fail. If the applicant is able to successfully complete the Step Test the applicant passes Part 2.

Reminder: *The applicant must earn a cumulative score of at least 27 points on Part One (with no zeros) and successfully pass Part Two to pass the AIA/MIA PFT.*