



Better Benefits, Better Health for Young Adults

Thanks to the Affordable Care Act, the health care law passed by Congress and signed by President Obama, you may be eligible for important new benefits that will ensure you get the care you need and deserve for a lower cost.

- Most young adults can stay on their parent's family plan until they turn 26. It doesn't matter whether you're married, living with your parents, in school, or financially independent. For more information on how to stay insured, call the customer service number for your parents' insurer and explain your situation. Or visit [facebook.com/YoungAdultCoverage](https://www.facebook.com/YoungAdultCoverage) to learn more.
- Most health plans cannot deny coverage to [children under age 19 because of pre-existing conditions](#).
- If you have been uninsured because of a pre-existing condition, you may be eligible to join the Pre-Existing Condition Insurance Plan. To find out about plans available in your State, please visit: www.pcip.gov.
- If you are in a new insurance plan, insurance companies cannot charge you a deductible or copays for recommended preventive services, like flu shots and other immunizations. See a [list of preventive services](#) that will be covered without a deductible or copays. Speak with your doctor for more details.
- Insurance companies are prohibited from [capping the dollar amount of care](#) you can receive in a lifetime, or [dropping your coverage due to a mistake](#) on your application when you get sick.
- Anyone can visit HealthCare.gov today and access a personalized list of private insurance plans, public programs and community services that are available to you.



Learn more about these important benefits.
Ask your doctor or visit www.HealthCare.gov today.

