Better Benefits, Better Health for Women

• Most young adults can stay on their parent's family plan until they turn 26. It doesn't matter whether you're married, living with your parents, in school, or financially independent. For more information on how to stay insured, call the customer service number for your or your parents' insurer and explain your situation. Or visit facebook.com/YoungAdultCoverage to learn more.

• Most health plans cannot deny coverage to children under age 19 because of pre-existing conditions.

• If you have been uninsured because of a pre-existing condition, like cancer or having been pregnant, you may be eligible to join the Pre-Existing Condition Insurance Plan. To find out about plans available in your State, please visit: www.pcip.gov.

• If you are in a new insurance plan, insurance companies cannot charge you a deductible or copays for recommended preventive services, like mammograms and flu shots. See a list of preventive services that will be covered without a deductible or copays. Speak with your doctor for more details.

• If you are in a new insurance plan, you can choose the primary care doctor or OB-GYN in your insurer's network without a referral. Go to your insurer's website or call the customer service number to find out which providers are in your network.

• Insurance companies are prohibited from capping the dollar amount of care you can receive in a lifetime, or dropping your coverage due to a mistake on your application when you get sick.

• Seniors who are in the Medicare prescription drug coverage gap known as the donut hole will receive a 50% discount on covered brand name prescription drugs and lower copays for generic drugs. You don't need to take any action to receive this benefit.

• Anyone can visit HealthCare.gov today and access a personalized list of private insurance plans, public programs, and community services that are available to you.

Learn more about these important benefits.
Ask your doctor or visit www.HealthCare.gov today.