



FLW & Community Events Information

"WOODWORKS"

January/February 2012

The "Woodworks" link can be found on the Garrison Page and/or the Community Page for One-Stop access to events newsletter, calendar and archived data <u>http://www.wood.army.mil/wood_cms/2258.shtml</u>

Information contained in this handout is for informational purposes only. References to private organizations and their activities do not imply endorsement by the U.S. Government, Department of Army or Fort Leonard Wood.

Woodworks Mission: To serve as a forum for installation and community information sharing with attendance by community members, family, retirees, civilians and military. Everyone is welcomed.

Agenda:

- Woodworks Information Forum, 25 January 2012
- Guest Speaker/Topic: MWR Frame Shop
- Location: Pershing Community Center
- Time: 10 11:00 am

Upcoming Woodworks: Attendance at last Woodworks (278)

Date	Location	FOCUS	Submission Deadline
29 Feb	Pershing Community Center	The ARK	24 Feb
28 Mar	Pershing Community Center	TBD	23 Mar

POC for submissions to the "*Woodworks*" Newsletter is Robin Knight, Garrison Command Administrative Officer, 563-5788. Information submissions are preferred by E-mail to <u>robin.knight@us.army.mil</u>.



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1 Feb	Monthly Siren/Giant Voice Alert Test, 12:30 pm
4 Feb	MWR Dueling Pianos, Pershing Community Center, 8-10 pm
5 Feb	MWR SUPER BOWL Party, Nutter Field House, 2-5 pm
9 Feb	African American/Black History Month Observance, Pershing Community Center, 11:30-1 pm
10 Feb	3 rd Chemical BDE Change of Responsibility, Shea Gym, 9-10 am
10 Feb	MWR Polar Plunge, Training Area 250, 12-2 pm
13-16 Feb	CDR/1SG Orientation, ACS
18 Feb	Father/Daughter Ball, Nutter Field House, 6-10 pm
20 Feb	PRESIDENT'S DAY HOLIDAY
21 Feb	Newcomers Orientation, Pershing Community Center, 8:30-11:30 am
25 Feb	MWR/ICW Wrestling, Nutter Field House, 6-8 pm
29 Feb	Woodworks Meeting, Pershing Community Center, 10-11 am



1 Mar	MWR Taste of the Arts, Pershing Community Center, 6-8 pm
6 Mar	MWR Bunco, Pershing Community Center, 6-9 pm
7 Mar	Monthly Siren/Giant Voice Alert Test, 12:30 pm
7 Mar	Warriors in Town Community Dinner, Ts Steakhouse, Lebanon, Time: TBD
8 Mar	Bimonthly Retirement Ceremony, Lincoln Hall Auditorium, 3-5 pm
16 Mar	USA MEDDAC Change of Responsibility, Engineer Regimental Room-Museum, 9-10 am
20 Mar	Newcomers Orientation, Pershing Community Center, 8:30-11:30 am
24 Mar 28 Mar	MWR Easter Egg Hunt, Colyer Park, 10-11 am Woodworks Meeting, Pershing Community Center, 10-11 am



ARMY CAREER AND ALUMNI PROGRAM MAKING YOUR TRANSITION A SUCCESS

Open to the public ACAP briefings and classes are in high demand and we want to maintain the highest quality of service to you, our valued customer. In order to ensure there is a seat saved for you, please always call ACAP at 573-596-0175 or go online to www.acapexpress.army.mil and register for the class or briefing you would like to attend.

Otherwise all of the seats are quickly reserved and walk-ins cannot be easily accommodated. **** NOTE: room numbers subject to change due to availability. Contact the ACAP Center, 573-596-0175 to verify room numbers.** Please help us serve you best by reserving your seat. Spouses are warmly welcome. We look forward to working with you!

See Master Calendar on back for events

CHAPELS POC: CH (COL) JAMES WATSON, 596-2127

FATHER-DAUGHTER BANQUET The Father-Daughter Banquet is February 18, 2012 at 6 p.m. at the Nutter Field House. Doors will open at 5 p.m. for Fathers and Daughters to take pictures together before the event starts. The guest speaker is Pastor Mark Morrison, Youth Pastor at Westside Baptist Church in Waynesville. The 399th Army Band will provide live music for dancing. Gary Hackney will provide DJ music for the first dance set with a series of fun dance games for the Fathers and Daughters. Tickets go on sale through the ITR office for \$10 each on January 6th and seating is reserved and limited. <u>Tickets are SOLD OUT.</u> Thank you to all for your support. POC: CH (MAJ-P) Michael King, 596-0131, ext. 6-6225

A.T.E.A.S.E. (Attending To Every Armed-Forces Spouse Exclusively) **Who**: Armed Forces Spouses of enlisted and officers. **What**: To support the Home front, our Front line champions, the Unsung heroes who work in the shadows, the Armed Forces Spouse and their family members. Food, friendship, fun and games and so much more. **When**: The last Friday of the Month from 6:00-8:00 P.M. The 2012 restart will be on Friday, 27 January. **Where**: Main Post Chapel. POC: Stacey Garee at (309)824-5608, or on face book; ATEASE Fort Leonard Wood.

ASH WEDNESDAY is February 22nd. Mass will be held at the Hospital Chapel at 11:35 a.m. and at Soldier Memorial Chapel at 6 p.m.

FAT TUESDAY PANCAKE SUPPER / LENTEN FESTIVAL will be February 21st beginning at 5 p.m. in the Main Post Chapel. Call Cindy Dack with any questions at 596-0089.

WORLDWIDE MARRIAGE ENCOUNTER The next Worldwide Marriage Encounter Weekend is in St. Louis, MO. Feb. 3-5, 2012. The weekends are open to many denominations and provide an atmosphere that allows the couple time to focus on their relationship and communication. Even if your marriage is great or just needs a little spice, this weekend is for all. The weekend does not provide Marriage counseling. For more information on Marriage Encounter you can visit this link: <u>http://www.wwme.org/</u>For more information and to sign up for a weekend, please contact Mike Johnson (1-573-528-3913) and or Pat Johnson (1-573-528-3912).

CATHOLIC MENS GROUP Who: Men (Catholic & non-Catholic) who are interested in learning and growing in faith. What: Learn about our Catholic faith, learn how to live our Catholic faith, and come to understand why knowing and living our Catholic faith is so important. When: Sundays, 1100 - 1220 hours (same calendar/schedule as CCD); first meeting will be 16 October. Where: Main Post Chapel POC: Paul Kelly 774-2797, email:pwks15@aol.com.

PRE-CANA The Catholic Church requirements for marriage stem from the belief that it is a very serious, holy, and permanent event - a sacrament. It is not only the union of two bodies, minds and hearts, but also two souls. This is a requirement for Catholic Marriage. POC: Pat Johnson, Parish Coordinator, 596-3913.

ANTICIPATED SUNDAY MASS is held at Soldier Memorial Chapel on Saturday at 6 p.m.

SUNDAY NIGHT LIVE (SNL) Sunday Night Live every Sunday evening at the Main Post Chapel. We have classes for all ages from Kindergarten through 99! The fellowship meal begins at 6 p.m., and then the classes begin. Child care is provided for infants through 5 years.

Adult classes offered: "Creation to Christ", "Financial Peace University", "The Community Bible Experience" (read the Bible in a new and fresh way in a group setting), "A woman in a strange land: The Book of Ruth", "The 5 Love Languages", "24 Hours that Changed the World" and "That the World May Know".

David McKay leads the youth study time and the children will have the opportunity to participate in a protestant Sunday school program. Classes finish by 7:45 p.m. Call Cindy Dack with any questions at 596-0089.

FINANCIAL PEACE UNIVERSITY Dave Ramsey's Financial Peace University for the military meets Sunday, 5 p.m. at the Main Post Chapel. **A new class starts on 5 February.** Dinner and child care is provided, but please call to register so that we have enough materials. Call Cindy Dack at 596-0089.

<u>CATHOLIC BIBLE STUDY</u> meets Thursdays from 6 - 7 p.m. in Bldg 590 with a journey through Salvation History. Has anyone asked you why you pray to Mary? Why do you confess your sins to a Priest? Where is that in the Bible? This overview of God's plan of

salvation, including the key people, places, and events of the Bible, will give you the answers. Discover which 14 books of the Bible tell the story and how the other 59 books fit in. POC: Pat Johnson, Parish Coordinator, 596-3913.

CATHOLIC CONFRATERNITY OF CHRISTIAN DOCTRINE (CCD) Classes meet from 11:00 – 12:30 p.m. at the Main Post Chapel. POC: Cindy Dack, Director of Religious Education, 596-0089.

<u>CATHOLIC RCIA and RCIC</u> meets Sundays at 11:00 a.m., Main Post Chapel, for all those interested in learning more about Catholic Christianity. POC: Pat Johnson, Parish Coordinator, 596-3913.

SACRED HEART WOMEN OF FAITH (MCCW) MCCW meets on Monday's from 9 - 11 a.m. and Sunday's from 11 – 12:30 p.m. in the Main Post Chapel. Free Watch Care is available on site. Visit our site for more information: https://sites.google.com/site/fortleonardwoodmccw . Any questions please contact the POC: Becky Needham, 215-206-8679, or email at <u>flwmccw@gmail.com</u> or Pat Johnson, Parish Coordinator, 596-3913.

NATURAL FAMILY PLANNING - Instruction offered by Trevor and Becky Needham, certified Natural Family Planning Instructors, for couples seeking the safest, most natural, low-cost means of family planning. Effective for both achieving and avoiding pregnancy. Please contact Becky for more information: 215-206-8679 or needhamsnfp@gmail.com.

HOSPITAL CATHOLIC MASS is held weekdays at 11:35 a.m. in the Hospital Chapel. POC: Pat Johnson, Parish Coordinator, 596-3913.

KNIGHTS OF COLUMBUS (KofC) A Catholic men's organization that meets the second Tuesday of the month at Bldg 590 at 7 p.m. KofC offers Catholic Christian fellowship and opportunities to be of service to others in the FLW/ St Robert / Waynesville area. POC: Mike Johnson (573) 528-3913.

PRE-MARITAL CLASS is held the first Friday of each month and is a prerequisite for wedding ceremonies held in our chapels; the next post-wide class will be Feb 3rd at 8:30 a.m. at Main Post Chapel in Room 148. For more information and to sign-up, call SGT Owens-Spicer, Family Life Chaplain's Office at 596-0088.

PROTESTANT WOMEN OF THE CHAPEL (PWOC) PWOC meets on Tuesday mornings from 9:00 a.m. – 12 p.m. and Tuesday evenings from 6:00 - 8:00p.m at the Main Post Chapel. PWOC offers ladies' Bible studies and fellowship time for women seeking to grow in their walk with the Lord. Free Watch Care is available on site on Tuesdays mornings. For more information, contact April at 573-855-7734 or email LeonardWood@PWOC.org or CH (MAJ-P) Michael King, 596-0131, ext. 6-6225.

PROTESTANT YOUTH OF THE CHAPEL (PYOC) meet on Wednesdays from 6:00 - 8:30 p.m. for Sr. High School Students (9-12th grade). Jr. High School Students (6-8th grade) meet Tuesdays from 4:30 - 6:30 p.m. Both meet at Pershing Elementary School on Indiana Ave across from Lieber Heights Chapel. POC: David McKay, 596-2126 or CH (MAJ-P) Michael King, 596-0131, ext. 6-6225.

CATHOLIC YOUTH OF THE CHAPEL meet every Sunday from 4:30 - 6:00 p.m. at ICO Building/Pershing School (#6501 Indiana Ave). Open to Confirmation-aged teens (13 yrs old and up). Contact POC: Amy Migliara, Catholic Youth Group Director, 573-855-8272 or <u>amy.migliara@us.army.mil</u> for more information.

PROTESTANT MEN OF THE CHAPEL (PMOC) meets every Wednesday at Bldg 590 at 11:30 a.m. Lunch is provided. We are studying "The Book of Colossians". POC: CH (MAJ-P) Greg Thogmartin, 563-8191.

OFFICER CHRISTIAN FELLOWSHIP (OCF) Bible Studies are conducted off post and, occasionally, within specific courses, based on student interest. Current off-post studies are:

Sundays, 6:00 pm, 210 Lafayette Circle, Waynesville (contact Mark & Desiree Prugh, <u>Prughlaw@aol.com</u>, 573-774-6290.

OCF is also seeking a permanent party active duty officer assigned to Ft. Leonard Wood to assist in leadership activities. For information regarding this, other studies, or questions on OCF at Ft. Leonard Wood, please call COL (Ret) Jerry Meyer, 1-845-596-8723, <u>meyerj@ctc.com</u>. POC: CH (MAJ-P) Michael King, 596-0131, ext. 6-6225.



BRUCE C. CLARKE LIBRARY POC: JOYCE A. WAYBRIGHT, 563-4113

Regular Hours

<u>Library Hours – 1st Floor Community Services</u> 573-563-4113 Monday – Thursday 7:15 am – 6:00 pm Saturday – Sunday 10:00 am – 5:00 pm Friday & Holidays Closed

Library Hours – 2nd Floor Academic Services (enter from Lincoln Hall on Fridays)Monday – Thursday 7:15 am – 6:00 pm573-563-4109Fridays 7:15 am – 5:00 pmSat, Sun & Holidays ClosedClosed 11 Nov, 24 & 25 Nov

Training Holidays 8:00 am - 4:00 pm

FAMILY & MORALE, WELFARE, AND RECREATION (MWR) POC: WAYNE BARDELL, 596-0118

FAMILY & MWR FEBRUARY/MARCH 2012 INFORMATION

Fun at your Fingertips <u>www.fortleonardwoodmwr.com</u>

ARMY COMMUNITY SERVICE AUTO CRAFT SHOP BLACKJACK BAR & GRILL CATERING (573) 596-0212 (573) 596-0243 (573) 329-6500 (573) 329-2455



CHILD, YOUTH and SCHOOL SERVICES	(573) 596-0200
DAUGHERTY BOWLING CENTER	(573) 596-1498
DAVIDSON FITNESS CENTER	(573) 596-4359
FRAME SHOP	(573) 596-0242
INFORMATION, TICKETING and REGISTRATION (ITR)	(573) 329-TKTS
LAKE OF THE OZARKS RECREATION AREA (LORA)	(573) 346-5640
MORELLI HEIGHTS BAR & GRILL	(573) 596-6005
OUTDOOR ADVENTURE CENTER	(573) 596-4223
PERSHING COMMUNITY CENTER	(573) 329-2455
PINEY VALLEY GOLF COURSE	(573) 329-4770
PIPPIN YOUTH CENTER/TEEN LOUNGE	(573) 596-0209
REC PLEX	(573) 596-0843
SKIES Unlimited	(573) 596-0200
SPECIAL EVENTS	(573) 596-6913
SPECKER GYM	(573) 596-7377
YOUTH SPORTS	(573) 596-0209

CYS SERVICE SPECIAL OPENING - RESPITE CARE

Deployment Respite Care is available for children registered with CYS Services whose parent/sponsor is deployed, on TCS, PCS or TDY (90-179 days) orders or a Service Member of the deployed unit. Sixteen free hours of care is available per month, per child, during the deployment. A copy of the Service Member's orders must be provided. The CDC opens twice a month for this service. The normal cost of hourly care is \$4 per hour will apply; payment must be made in advance. This service may be utilized by other patrons whose children are registered for hourly care. Reservations are required and may be made up to two weeks in advance. Care is available for children 6 weeks - 5th grade. Due to space limitations, paid reservations may be bumped to make room for deployed Service Member's reservations. If this should occur, advance payments will be refunded. For more information and hours call 573 596-0197.

<u>Dates:</u>

February 5 – 12:00 pm – 4:00 pm	February 17 – 6:00 pm – 10:00 pm
March 4 – 12:00 pm – 4:00 pm	March 23 – 6:00 pm – 10:00 pm

CYS SERVICES - FRG CHILDCARE

Family Readiness Group (FRG) childcare is a partnering event between CYS Services and Army Community Service (ACS). There is FREE childcare service two nights per month for any FRG member who would like to utilize the service to attend an FRG meeting. To utilize the service your child must be registered with CYS Services and reservations must be made no later than 12:00 pm the week before the date of the opening. For more information call 596-0200.

<u>Dates:</u>

February 2 & 21 – 6:00 pm – 8:30 pm March 1 & 20 – 6:00 pm – 8:30 pm

CYS SERVICES- THE "I'mAlone" PROGRAM

CYS Services offers I'mAlone, a FREE program to help prepare youth to stay home alone. Youth will learn to increase personal safety skills, demonstrate responsibility and other positive character traits, recognize and handle emergencies, identify a Family &

Friend Support System, prepare nutritious snacks, and practice good decision making. Call Parent & Outreach Services for workshop dates and times 596-0238.

Now – February 5 NFL SUNDAY TICKET

Are you ready for some football? Blackjack Bar & Grill is hosting the NFL Sunday Ticket now through Super Bowl Sunday. Blackjack Bar & Grill opens at 11:30 am. Relax with friends and watch your favorite team on six 50" televisions. Blackjack Bar & Grill is located inside the Pershing Community Center in Bldg. 4109 Piney Hills Drive. Blackjack – is the place to be! For more information call 596-2455.

Now – February 10 BOSS CANDY GRAMS

Melt you Valentines Heart with a Candy Gram from Fort Leonard Wood BOSS and Support the Single Service Member program. BOSS will be selling candy grams, two different items to choose from with prices at \$5 and \$10. Cash or check only due same day as placement of order. Candy Grams will be delivered on post only, Valentine's Day February 14. To place an order, call your Unit BOSS Rep or the BOSS office at (573) 596-6912. BOSS will be selling the Candy Grams at the following locations for your convenience.

Time and locations:

February 1 – 3 GLWACH (lobby) 10:00 am – 1:00 pm February 4 Commissary 10:00 am – 2:00 pm

Now – February 11 YOUTH BASKETBALL

CYS Services Youth Sports & Fitness Youth Basketball is in session. Team practices twice a week and games will be held once a week at the Pippin Youth Center. Basketball is for youth in grades Kindergarten thru 8th. Youth must be registered with CYS Services prior to registering. Youth must have current shot records and valid sports physical turned in at the time of registering.

For more information call 596-0209.

Now – February 11 YOUTH CHEERLEADING

CYS Services Youth Sports & Fitness Youth Cheerleading is in session. Practice is held twice a week at the Pippin Youth Center. Youth cheerleading is open to grades Kinder thru 6th. Youth must be registered with CYS Services prior to registering. Youth must have current shot records and valid sports physical turned in at the time of registering. For more information call 596-0209.

Now - February 14 MINI SOCCER

CYS Services Youth Sports & Fitness Mini Soccer season begins. Games will take place every Tuesdays (3 year olds) and Thursdays (4-5 year olds) from 5:30 pm – 6:30 pm at the Pippin Youth Center. No physical is required. Parent participation is required. Children must be registered with CYS Services prior to play. For more information call 596-0209.

Now - March 9 APRIL HIRED! APPRENTICESHIP PROGRAM: REGISTRATION

The Pippin Youth Center is registering for April HIRED! Apprenticeship program offered through CYS Services that is designed to meet the workforce-preparation and secondary education needs of eligible youth. HIRED! is FREE and open to registered youth in grades 9-12. Must be able to work 15 hours per week to earn \$500 and registered by March 9. The Pippin Youth Center is located in Bldg. 9625 Young Street. For more information call 596-0209

Now - April 1 HIRED! APPRENTICESHIP PROGRAM

The Pippin Youth Center's HIRED! Apprenticeship Program is in session. The HIRED! Program is an apprenticeship program offered through the CYS Services that is designed to meet the workforce-preparation and secondary education needs of eligible youth. HIRED! is FREE and open to registered youth in grades 9-12. Must be able to work 15 hours per week to earn \$500 and registered by December 7. The Pippin Youth Center is located in Bldg. 9625 Young Street. For more information call 596-0209.

February

EDGE! FEBRUARY (Grades 1-5)

CYS Services EDGE February is in session. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 1-5. For more information call 596-0200.

- Fit EDGE! Bowling. EDGE and the Daugherty Bowling Center will be offering part 2 of instructional bowling. This 2 week package is not for beginners. Youth will meet Monday thru Friday from 4:00 pm – 5:30 pm. No class February 20.
- Art EDGE! Pottery Painting. Youth will learn the basics pottery painting. Youth meet Tuesdays (10, 17, 24, 31) from 4:00 pm 5:30 pm at School Age Services.

February

EDGE! FEBRUARY (Grades 6-12)

CYS Services EDGE February is in session. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 6-12. For more information call 596-0200.

- Life EDGE! Renewable Energy. Youth will have the opportunity to learn about renewable energy. Youth in grades 9-12 meet every Monday from 3:00 pm 4:30 pm at the Waynesville High School. No class February 20.
- Fit EDGE! Bowling. Part 2 of Instructional bowling. This 2 week package is not for beginners. Youth meets Monday thru Friday from 4:00 pm – 5:30 pm. No class February 20.
- Art EDGE! Comic Drawing. Youth will be introduced to comic strip and cartoon drawing. Youth will meet Wednesdays (1, 8, and 15) from 4:00 pm 6:00 pm at the Arts & Crafts Frame Shop.
- Life EDGE! Life Inc. The ultimate career guide for young people. Unsure of what it is you want to be; This package will assist you. Youth meets every Thursday from 4:00 pm – 5:30 pm at the Rec Plex.
- Art EDGE! EDGE Newsletter. Create the EDGE's newsletter containing articles about upcoming packages, pictures, comic strips and more. Youth will meet Fridays from 4:00 pm – 5:30 pm at the Pippin Youth Center.

February ANGER DANGER – SESSION 2

The Army Community Service is hosting session 2 of Anger Danger. Anger Danger will teach you the methods of dealing with anger before it gets out of control, the definition of anger, the causes and effects, techniques to manage anger, the power of forgiveness, and how relationships are affected by anger. Classes will be held at Army Community Service located in Bldg. 486 Replacement Ave, from 11:30 am - 1:00 pm. Class is FREE and open to authorized patrons who must register a week prior to session. For more information call 596-0212.

Class Schedule:

Session 2 – Feb 1, 8, 15, 22, 29 Session 3 – April 4, 11, 18, 25 / May 1, 8 Session 4 – July 11, 18, 25 / August 1, 8

February ARMY FAMILY TEAM BUILDING

Do you want a better understanding of the Army life? The Army Family Team Building (AFTB) classes will help you to not just cope with, but also understand, military life. With AFTB you will gain the knowledge and self-confidence to take responsibility for yourself and your family while your sponsor is away. It's training for a way of life that prepares you in America's Army to function at the highest level. Many of these courses can be applied toward college credits, resume /career building, and self-development. Classes are FREE and open to the public. Classes consist of three levels and you are encouraged to take all three. Child care is available through CYS Services, child must be registered, must make reservations 8 days prior to class. For more information call the Army Community Service at 596-1481 or 596-0212.

- 2011 AFTB Schedule:
 - Level I:

February 7 – 8:30 am-4:30 pm, Army Community Service March 6 – 8:30 am-4:30 pm, Army Community Service

• Level II:

February 14-16 – 8:30 am-3:00 pm, Truman Ed Center

• Level III:

March 12-15 – 5:30 pm- 9:30 pm, Army Community Service

Please call and reserve your spot today! Childcare is available through CYSS if your child is registered, you make arrangements and a voucher will be provided at the end of training. For childcare, reservations must be made 8 days prior to the class. Call today 596-1481/0212.

February PARENTING FROM THE HEART - SESSION 2

Army Community Services is hosting session 2 of Parenting from the Heart every Monday from 11:30 am-1:00 pm. Parenting from the Heart is a 6 week parenting class that covers topics such as positive guidance techniques, discipline, communication, sibling rivalry, and parenting styles. Army Community Services is located in Bldg. 486 Replacement Avenue. You must register prior to attending. Classes are FREE and open to authorized patrons. Lunch will NOT be provided; patrons are encouraged to bring their own. For more information call 596-0212.

Class Schedule:

Session 2 – February 6, 13, 27 / March 5 Session 3 – April 2, 9, 16, 23, 30 / May 7 Session 4 – July 2, 9, 16, 23, 30 / August 6

February BUNDLES OF JOY - SESSION 2

Army Community Services will be hosting session 2 of Bundles of Joy. A 6 week class for new & expecting parents that will cover topics such as bonding with your baby, swaddling and comforting, child safety, Shaken Baby Syndrome, budgeting for your baby, and more. Class is open to authorized patrons. Class will be held at Army Community Service located in Bldg. 486 on Replacement Avenue every Monday from 1:30 pm – 2:30 pm in room A. For more information call 596-0212.

Class Schedule:

Session 2 – Feb 6, 13, 27 / Mar 5, 2012 Session 3 – April 2, 9, 16, 23, 30 / May 7, 2012 Session 4 – July 9, 16, 23, 30 / August 6, 13, 2012

February 1-24 YOUTH SPRING TRACK REGISTRATION

Enroll your youth for Spring Track! Spring Track is open to children in grades 1 - 6. Cost is \$40 per child. Practice will begin the week of March 5 and games will begin March 22. Teams will practice Mondays and Thursdays 5:30 pm – 7:30 pm with games occurring on Saturdays and some week days. Youth must be registered with Parent Central Services in building 470 rm. 1126. For more information call 596-0209.

February 1 - 24 YOUTH SPRING SOCCER REGISTRATION

Enroll your youth for Spring Soccer. Youth soccer is open to youth ages 4-15. Cost is \$40 per child. Practice will begin the week of March 5 and games will begin March 22. Teams will practice Mondays and Thursdays 5:30 pm – 7:30 pm with games occurring on Saturdays and some week days. Youth must be registered with Parent Central Services in building 470 rm. 1126. For more information call 596-0209.

February 1 - 24 EDGE! MARCH REGISTRATION (Grades 1-5)

Enroll your child for CYS Services EDGE March. The CYS Services has partnered up with other Family & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Program begins March. Registration deadline is February 24. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 1-5. For more information call 596-0200.

- Adventure EDGE! Archery 101. Youth will learn the basics of archery including safety and technique Wednesdays from 4:00 pm – 5:30 pm at Outdoor Adventure Center. Cost is \$30. No class March 14.
- Adventure EDGE! Robotics. Youth will learn the basics of building and programming robots. Youth meet Fridays from 4:00 pm – 5:30 pm at School Age Services. Cost is \$37.50. No class March 16.

February 1 - 24 EDGE! MARCH REGISTRATION (Grades 6-12)

Enroll your child for CYS Services EDGE March. The CYS Services has partnered up with other Family & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Program begins March. Registration deadline is February 24. Participants must be registered with CYS Services prior to signing up. The EDGE program is free to registered youth in grades 6-12; unless otherwise specified. For more information call 596-0200.

- Adventure EDGE! Trapshooting. Youth will learn the basics of trapshooting including safety and technique Mondays from 4:00 pm – 5:30 pm at the Outdoor Adventure Center. No class March 12.
- Life EDGE! Couponing 101. Youth will have the opportunity to learn about saving money by couponing Tuesdays from 4:00 pm – 5:30 pm at the Rec Plex. No class March 13.
- Art EDGE! Woodworking 101. Youth will be introduced to the basics of woodworking. Youth will meet Thursdays from 4:00 pm – 5:30 pm at School Age Services. No class March 15.

February 1 - 24 SPRING BREAK EDGE! REGISTRATION (Grades 1-5)

Enroll your child for CYS Services Spring Break EDGE March. The CYS Services has partnered up with other Family & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Program begins March 12. Registration deadline is February 24. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 1 - 5. For more information call 596-0200.

 Life EDGE! – International cooking. Youth grades 2-5 will learn the basics of cooking international foods Tuesday and Thursday from 1:30 pm – 4:30 pm at the Audie Murphy's Community Center. Cost is \$30. Program begins in March. Participants must be registered with CYS Services. For more information call 596-0200.

February 1 - 24 SPRING BREAK EDGE! REGISTRATION (Grades 6-12)

Enroll your child for CYS Services Spring Break EDGE March. The CYS Services has partnered up with other Family & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Program begins March 12. Registration deadline is February 24. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 6-12. For more information call 596-0200.

- Life EDGE! International cooking. Youth will learn to cook international foods Monday, Wednesday and Friday from 1:30 pm – 4:30 pm at Audie Murphy's Community Center.
- Fit EDGE! Get Fit Week. EDGE! and Davidson Fitness Center will host get fit week Monday thru Friday from 2:00 pm – 5:00 pm at Davidson Fitness Center and Pippin Youth Center.
- Life EDGE! Auto maintenance. Youth will learn the basics of auto maintenance from 2:30 pm 4:30 pm at the Auto Crafts Shop.

*Spring Break EDGE! Packages meet Monday – Friday unless otherwise specified.

February 2NOONTIME LEAGUE

"Strike" up some friendly competition at Daugherty Bowling Center's Noon Time League held on Thursdays starting at 11:30 am. League consists of 2 person teams bowling 2 games per bowler during lunch time, with trophies awarded at the end of the season. League is open to Military and civilian employees. The Strike Zone Snack Bar has a variety of items from burgers to salads to feed your appetite. Daugherty Bowling Center is located in Bldg 1609 South Dakota Avenue. For more information call 596-1498/329-2477.

February 2 ART CLASS-MOLDING CLAY

The Arts and Craft Frame Shop is hosting Molding Something, Play in Clay, at the Audie Murphy's Community Center beginning at 6:00 pm. Class is open to the public, 16 yrs. and older. Interested customers must register in advance at the Arts and Craft Frame Shop, located inside the PX Mini Mall. Cost is \$7.50 per person. For more information call 596-0242.

 February 3
 BOW BASICS AND MAINTENANCE CLASS

The Outdoor Adventure Center is hosting the bow basics and maintenance class from 4:00 pm – 5:00 pm. This class is for all bow users and will teach the basic setup of bows and how to properly care for and store them for the winter as well as proper care of bow accessories. The Outdoor Adventure Center is located in Bldg. 2290 off FLW K Road. Class is \$5 per person and open to the public. Must be registered by February 3. For more information call 596-4223.

February 4 DUELING PIANOS

Back by popular demand! Join us for Dueling Pianos, a night of music and laughter at this all request interactive show. Show will take place at the Pershing Community Center. Doors open at 7:00 pm / Show begins 8:00 pm. \$5 cover charge. Show is open to the public 18 yrs. and older. No reserved seating. Pershing Community Center is located in Bldg. 4109, Piney Hills Drive. For more information call 596-6913.

February 4 & 18 SCHOOL AGE SERVICES OPEN RECREATION

Children in 1st through 5th grades as well as home school children that are registered with CYS Services are eligible to attend School Age Services open recreation. Open recreation offers a variety of directed and self-directed youth activities from 12:00 pm - 3:00 pm on selected dates. School Age Services is located in Bldg. 616 Replacement Avenue. For more information call 596-0238.

Additional dates:

March 3 & 17 / April 14 & 28 / May 5 & 19 June 2 & 16 / July 14 & 28 / August 4 & 18 / September 8 & 22

February 4 & 18 SNOW SKIING GETAWAY

Outdoor Adventure Center wants you to enjoy the winter season with a fun filled skiing adventure to Hidden Valley Ski Resort near Six Flags from 8:00 am – 5:00 pm. Free ski and snowboard lessons are available. Interested customers must register 2 days prior to each trip. Interested patrons must register 2 days prior to each trip at the Outdoor Adventure Center located in Bldg. 2290 FLW K Road. Open to the public. For more information call 596-4223.

Cost:

Bus fare: \$10 per person

Active Duty: Lift - \$5 per person / Ticket & rental - \$10 per person Adult: Lift - \$43 per person / Ticket & rental - \$72 per person Children ages 7-12: Lift - \$26 per person / Ticket & rental - \$55 per person Children ages 6 yrs & under: Lift – FREE / Ticket & rental - \$29 per person.

February 5SUPER BOWL XLVI PARTY - GIANTS VS. PATRIOTS

Grab your friends and head over to the Blackjack Bar & Grill for Super Bowl XLVI Party. View the game from any of the six 50" TVs and enjoy great beer pitcher specials as well as a \$10 all you can eat Super Bowl Buffet. Party begins at 5:00 pm - midnight. No cover charge. Event is open to the public. For more information call 329-2455.

February 6, 13 & 27 BUNDLES OF JOY - SESSION 2

Army Community Services will be hosting session 2 of Bundles of Joy. A 6 week class for new & expecting parents that will cover topics such as bonding with your baby, swaddling and comforting, child safety, Shaken Baby Syndrome, budgeting for your baby, and more. Class is open to authorized patrons. Class will be held at Army Community Service located in Bldg. 486 on Replacement Avenue every Monday from 1:30 pm – 2:30 pm in room A. For more information call 596-0212.

Class Schedule:

Session 2 –Mar 5, 2012 Session 3 – April 2, 9, 16, 23, 30 / May 7, 2012 Session 4 – July 9, 16, 23, 30 / August 6, 13, 2012

February 6 - March 2 REGISTRATION FOR MINI T-BALL

CYS Services Youth Sports and Fitness is registering for the Mini T-ball program. Program is for children ages 3-5 yrs. Cost is \$20 per child, includes a t-shirt and a medal. Children age 3 meet every Tuesday beginning March 6 and children ages 4-5 meet every Thursday beginning March 8 at the Pippin Youth Center from 5:30 pm – 6:30 pm. This is a parent participation program. No physical needed. A parent meeting will be held on March 5, 5:30 pm at the Pippin Youth Center. Registration takes place at the Parent Central Services located in Bldg. 470, Rm. 1126. For more information call 596-0238.

February 7 & 14 COUPLES IN ARMS – SESSION 2

In partnership with Operation U.S., the Army Community Services is hosting session 2 of Couples in Arms workshop from 6:00 pm – 8:00 pm in classroom A. The Couples in Arms is a FREE workshop where couples learn to talk without fighting, supporting each other, build a relationship that lasts, and more. Free childcare is available, must contact ACS prior to attending workshop. Refreshments will be provided. Workshop is open to authorized patrons only. For more information call 596-0212. *Class Dates:*

Session 3: April 3, 10, 17, 24, May 7 Session 4: July 10, 17, 24, 31, August 7

February 10BOSS FREEZIN' FOR A REASON!

Fort Leonard Wood is freezing for a reason. Take the Polar Plunge at TA250 and support the Fort Leonard Wood Better Opportunity for Single Service Members (BOSS) program. Cost: advance - \$5 per person, \$15 per team (up to 5 members) / day of event: \$10 per person, \$25 per team (up to 5 members). Prizes will be awarded for best team theme, best couples theme, best individual costume, youngest plunger, the old salt award, and individual with the most overall moxy. Event is open to the public. Youth 18 and under must provide a written consent from parent or guardian on day of event. Dress appropriately. Register by February 9 online at <u>www.fortleonardwoodmwr.com</u> and at the ITR office located in the PX Mini Mall. For more information call 596-6913.

February 10 ART CLASS – DRAWING MARATHON

The Arts and Craft Frame Shop is hosting a Drawing Marathon at the Pershing Community Center at 6:00 pm. Marathon is open to the public, 16 yrs. and older. Interested customers must register in advance at the Arts and Craft Frame Shop, located inside the PX Mini Mall. Cost is \$7.50 per person. For more information call 596-0242.

February 11 BBQ & COURSE CLEAN UP

Piney Valley Golf Course is hosting a course clean up and BBQ. Interested patrons can come out and help clean up the course and enjoy a BBQ lunch. Course Clean up starts at 10:00 am followed by a FREE BBQ from 12:00 pm – 2:00 pm. Gather information about becoming an Annual Green Fee Patron and talk to golf course staff and professionals. Open to the public. The Piney Valley Golf Course is located on FLW 20 (off Water Intake Road). For more information call 329-4770.

February 11 ZUMBA PARTY FOR A HEALTHY HEART

February is American Heart Month! Get your heart pumping at the Davidson Fitness Center Zumba Party for a Healthy Heart from 10:00 am – 12:00 pm! Cost is only \$6 per person; bring your family and friends. Davidson Fitness Center is located in Bldg 1300 South Dakota Avenue. For more information call 596-4359.

February 13-16 FREE GOLF FOR ANNUAL GREEN FEE PATRONS

Piney Valley Golf course would like to thank our Annual Green Fee Patrons by offering free play February 13 – 16 from 10:00 am – 5:00 pm. Come out and be the first to play the course this spring! Piney Vally Golf Course reopens to all golfers on February 17. The Piney Valley Golf Course is located on FLW 20 (off Water Intake Road). For more information call 329-4770.

February 13 & 14 VALENTINES DAY SPECIAL

Sneak away to the Lake of the Ozarks Recreation (LORA) Area with that special someone and indulge in a romantic getaway package. LORA is hosting a Valentine's Day Special for a romantic getaway. With each LORA cabin rental receive flowers, chocolates, apple cider or champagne. For more information and to make reservations call 573-346-5640.

February 14 HOUSE NEXT DOOR: PREPARE AND SHARE: CHOCOLATE

Get great Valentines ideas from the House Next Door's Prepare and Share class. Make anything with chocolate! Need we say more? Bring in your favorite chocolate dish, along with the recipe, to share with the group. Class is from 9:00 am – 12:00 pm open and FREE to all Military ID cardholders. House Next Door is located on 53 Young Street. For more information and to register for classes call 596-0212 or 329-4616.

February 14 SWEETHEART BOWL

Daugherty Bowling Center gives new meaning to "Lovers Lane". From 6:00 pm -10:00 pm couples can bowl 2 games while enjoying a large one topping pizza and 2 medium drinks for only \$20. Shoe rental is included. For more information call 596-1498/329-2477.

February 18-19 3RD ANNUAL GREAT MIDWESTERN SHOOTOUT

Got game? Show off your basketball skills at the Davidson Fitness Center's 3rd Annual Great Midwestern Shootout. Registration fee is \$275 per team and can be made in person or over the phone to Davidson Fitness Center. Prizes include team and individual trophies. Must preregister by close of business February16. Davidson Fitness Center is located in Bldg 1300 South Dakota Avenue. For more information call Danny Howell at 528-7645/ 596-4359.

February 19 CONCEALED CARRY WEAPONS CLASS

The Outdoor Adventure Center is hosting Concealed Carry Weapons Class; the first step in acquiring a Missouri CCW endorsement including weapons qualification on the range. Class is from 8:00 am – 5:00 pm. Cost is \$15 to register, \$65 day of class. Each student must bring a photo id, eye and hearing protection, semi-automatic handgun and a revolver (plus min of 50 round each), and lunch or money for food. All handguns must be in good working condition. Guns and ammos will NOT be allowed in the building during class. Class is open to the public 21 yrs. and older. Interested patrons must be

registered the day prior to each class at the Outdoor Adventure Center located in Bldg. 2290 FLW K Road. For more information call 596-4223. *Additional Dates:*

March 11/ April 15/ May 11/ July 8/ August 5/ September 9

- Individuals who reside off post and who bring a privately owned weapon onto the installation for authorized activities such as hunting, dog training activities or marksmanship events, are also required to register weapons. Privately owned weapons can be registered between the hours of 8 a.m. and 4 p.m., Monday through Friday, at the Main Gate Visitor's Center, Building 100.
- For more information, call the Physical Security Section of the Provost Marshal's Office at573.596.0131 ext. 6-0597
- Concealed Carry Permits (CCP), regardless of state of issuance, are not authorized or recognized on Fort Leonard Wood. See FLW Reg 190-6 for transportation requirements and authorized purposes.

February 19-29 WINTER BLUES SPECIAL

Embrace the season and take advantage of the Lake of the Ozarks Recreation Area Winter Blues Special. Rent a cabin for one night and get the second night FREE. For more information and to make reservations call 573-346-5640.

February 21 NEWCOMER'S ORIENTATION

Are you new in town? Or just want to know more about what Fort Leonard Wood and the surrounding community have to offer? Join us at the Pershing Community Center for the Newcomer's Orientation from 8:30 am-11:30 am. Enjoy FREE refreshments, drawings for prizes and get great information about Fort Leonard Wood and the surrounding community. Pershing Community Center is located in Bldg 4109 Piney Hills Dr. FREE Child Care is offered for Newcomers Orientation at the Child Development Center (CDC) but space is limited so make your reservations early. Child Care reservations may be made up to 30 days in advance of the scheduled orientation by calling the Child Development Center (CDC) at 596-0197/0210...For more information call 596-0212.

February 21 MARDI GRAS SPECIAL

Come and have some good times at Daugherty Bowling Center as we celebrate Mardi Gras from 11:00 am – 10:00 pm! Bowl with colored pins and spin the wheel to win prizes, free food and beads. Regular rates apply. Laissez les bon temps rouler! For more information call 596-1498/329-2477.

February 23 HOUSE NEXT DOOR: BOOK CLUB – AUTHOR: DIANA PALMER

The House Next Door's Book Club will be reading books by author Diana Palmer. Book club meets once a month at the House Next Door from 9:00 am – 12:00 pm. The House Next Door is FREE and open to Military ID cardholder. The House Next Door is located in 53 Young Street. For more information and to register call 596-0212 or 329-4616.

February 24 DEADLINE TO ENTER THE "TASTE OF THE ARTS" ART SHOW

Showcase your talent at Fort Leonard Wood's "Taste of the Arts" gallery and competition, March 1st at the Pershing Community Center. Art work must be original and entries will be judged in the following categories drawing, painting, photography and sculpture. Entries accepted from artists ages 5 and up and must be registered at the Arts and Crafts Frame Shop in the PX Mini Mall. There is a \$5 artist registration fee for persons 18 yrs and older, 17 yrs of age and under are free. Entries will be judged prior to

the public showing. Pershing Community Center is located on Bldg. 4109 Piney Hills Drive. For more information call 596-0242.

February 25 ICW WRESTLING

Mark your calendar! Family & MWR brings "ICW Wrestling" to Fort Leonard Wood. International Championship Wrestling presents: Homecoming Havoc! Come out and see Chris Masters, Val Venis, Raven, Scotty Too Hotty, Shawn Daivari, Doink the Clown and many more battle it out. The event will also feature a Tag Team and Ladies Match. Hosted at Nutter Field House, doors open at 5:00 pm, event starts at 6:00 pm. Advance tickets will be available at the ITR Office, Bldg 490 or online at <u>www.fortleonardwoodmwr.com</u>. Advance - Ringside: \$15/ General Admission: \$10/ Day of show - Ringside: \$20 / General Admission: \$15. Event is open to the public. For more information call 596-6913.

February 25 KID'S TROUT DERBY

It's fishing time...kid style! The Kid's Fishing Derby will be hosted by the Outdoor Adventure Center and Department of Natural Resources on Saturday, February 25. Registration starts at 9:00 am and fishing from 11:00 am – 1:30 pm. Derby is FREE and open to kids ages 15 years and under (must be accompanied by an adult). The trout derby will be held at Stone Mills Spring located on FLW 20 Road off Water Intake Road. Prizes will be awarded. Limited fishing poles will be available; you are encouraged to bring your own. Open to the public. Licenses and fees are waived. For more information call 596-4223.

February 25 CABIN FEVER-WINTER TOUR

Piney Valley Golf Course is hosting their annual winter tour starting with a shot-gun start at 10:00 am. Play and register for a chance to win a "Free Annual Range Pass" for 2012 valued at \$275. Cost is \$30 for Annual Green Fee Patrons (AGFP) and \$35 for non AGFPs. Open to the public. The Piney Valley Golf Course is located on FLW 20 (off Water Intake Road). For more information call 329-4770. *Additional Dates:*

March 10

February 27 HOUSE NEXT DOOR: QUILT BLOCK OF THE MONTH

The House Next Door will be working on the February quilt block! Learn quilt block and get great design ideas. Class is from 9:00 am – 12:00 pm. Must know basic hand and machine sewing. The House Next Door is FREE and open to Military ID cardholder. The House Next Door is located in 53 Young Street. For more information and to register call 596-0212 or 329-4616.

March

EDGE! MARCH (Grades 1-5)

CYS Services EDGE March is in session. The CYS Services has partnered up with other MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 1-5. For more information call 596-0200.

 Adventure EDGE! - Archery 101. Youth will learn the basics of archery including safety and technique Wednesdays from 4:00 pm – 5:30 pm at Outdoor Adventure Center. Cost is \$30.00. No class March 14. Adventure EDGE! – Robotics. Youth will learn the basics of building and programming robots. Youth meet Fridays from 4:00 pm – 5:30 pm at School Age Services. Cost is \$37.50. No class March 16.

March EDGE! MARCH (Grades 6-12)

CYS Services EDGE March is in session. The CYS Services has partnered up with other MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Participants must be registered with CYS Services prior to signing up. The EDGE program is free to registered youth in grades 6-12; unless otherwise specified. For more information call 596-0200.

- Adventure EDGE! Trapshooting. Youth will learn the basics of trapshooting including safety and technique Mondays from 4:00 pm – 5:30 pm at the Outdoor Adventure Center. No class March 12.
- Life EDGE! Couponing 101. Youth will have the opportunity to learn about saving money by couponing Tuesdays from 4:00 pm – 5:30 pm at the Rec Plex. No class March 13.
- Art EDGE! Woodworking 101. Youth will be introduced to the basics of woodworking. Youth will meet Thursdays from 4:00 pm – 5:30 pm at School Age Services. No class March 15.

March

SUMMER CAMP REGISTRATION

School Age Service (SAS) is taking registrations for Summer Camp beginning April 1st. Camps are open to children registered with CYS Services in 1st thru 5th grades. Cost is based on total family income. School Age Services is located in Bldg. 616 Replacement Avenue.

For more information call 596-0238.

March 1 - 24 EDGE! APRIL REGISTRATION (Grades 1-5)

Enroll your child for CYS Services EDGE April. The CYS Services has partnered up with other Family & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Program begins April. Registration deadline is March 24. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 1-5. For more information call 596-0200.

- Life EDGE! Top Chef Jr. Youth in grades 1 5 will learn the basics of cooking Tuesdays from 4:00 pm – 6:00 pm at Audie Murphy's Community Center. Cost is \$80.
- Adventure EDGE! Intro to Golf. Youth in grades 1 5 will learn the basics of golf Fridays from 4:30 pm – 6:00 pm at the Piney Valley Golf Course. Cost is \$30.

March 1 - 24 EDGE! APRIL REGISTRATION (Grades 6-12)

Enroll your child for CYS Services EDGE April. The CYS Services has partnered up with other Family & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Program begins April. Registration deadline is March 24. Participants must be registered with CYS Services prior to signing up. The EDGE program is free to registered youth in grades 6-12; unless otherwise specified. For more information call 596-0200.

- Adventure EDGE! Paintball Time. Youth in grades 7 12 will have paint ball time Mondays from 3:30 pm 5:00 pm at Outdoor Adventure Center.
- Life EDGE! Auto Care 101. Youth in grades 6 12 will have the opportunity to learn the basics of Auto Care Wednesdays from 4:30 pm – 6:00 pm at the Auto Craft Shop.
- Life EDGE! Top Chef Jr. Youth in grades 7 12 will learn the basics of cooking in the Top Chef Jr. class Thursdays from 3:45 pm – 5:30 pm at Audie Murphy's Community Center.

March 1 - April 20
REGISTRATIONGREAT SPRING CLEANING FMWR YARD SALE

Need to get rid of some items, sell them at Fort Leonard Wood's Great Spring Cleaning Yard Sale on April 21 from 8:00 am – 12:00 pm at the Baker Theater auxiliary parking lot. Cost is \$5 advance / \$10 day of, includes a parking spot. Yard sale is open to the public. Tables are available for \$5 each and must be reserved in advance. Spaces must be reserved by April 20. The following items cannot be sold: weapons, food items, retail items (Avon, Tupperware, Scentsy etc). Fort Leonard Wood Thrift Shop will be on site to collect donations until 12:00 pm. Rain date will be April 22.

For more information and to register call the FMWR Special Events office at 596-6913.

March 1 HOUSE NEXT DOOR: GRANDMOTHER'S GARDEN BLOCK

The House Next Door will be hosting a new hand piecing quilt making class called "Grandmother's Garden Block"! Class is from 9:00 am – 12:00 pm March 1. The House Next Door is FREE and open to Military ID cardholder. The House Next Door is located in 53 Young Street. For more information and to register call 596-0212 or 329-4616. *Additional Dates:*

March 19; Prepare and share crock pot recipes.

March 21; How to make tutu's for a favorite little girl.

March 22; Advanced crochet hairpin lace stitch.

March 28; Quilt block of the month.

March 1 TASTE OF THE ARTS

Join us for Fort Leonard Wood's "Taste of the Arts" gallery and competition at the Pershing Community Center from 6:00 pm-8:00 pm showcasing original works of art from local artists ages 5 and up. \$5 artist registration fee for persons 18 yrs and older, 17 yrs of age and under are free. Event will include wine and cheese tasting as well as entertainment by the 399th Army Band Jazz Ensemble. Taste of the Arts show is FREE and open to the public. Pershing Community Center is located on Bldg. 4109 Piney Hills Drive. Deadline to enter artwork is February 24 at the Arts and Crafts Frame Shop in the PX Mini Mall. For more information call 596-0242.

March 3 & 13 HIRED! APPRENTICESHIP PREREQUISITE TRAINING

The Pippin Youth Center's HIRED! Apprenticeship prerequisite training program is in session from 9:00 am – 2:00 pm. The HIRED! Prerequisite training program will train youth in resume building, job application, and professional image, interviewing for the job, ethics, basic business etiquette, and money matters. HIRED! is FREE and open to youth in grades 9-12 ages 15-18. Youth must be registered with CYS Services. The Pippin Youth Center is located in Bldg. 9625 Young Street. For more information call 596-0209.

Additional dates:

June 1 & 5 August 1 & 11

March 3 & 17 SCHOOL AGE SERVICES OPEN RECREATION

Children in 1st through 5th grades as well as home school children that are registered with CYS Services are eligible to attend School Age Services open recreation. Open recreation offers a variety of directed and self-directed youth activities from 12:00 pm - 3:00 pm on selected dates. School Age Services is located in Bldg. 616 Replacement Avenue. For more information call 596-0238.

Additional dates:

April 14 & 28 / May 5 & 19 / June 2 & 16 / July 14 & 28 / August 4 & 18 / September 8 & 22

March 5 PARENTING FROM THE HEART - SESSION 2

Army Community Services is hosting session 2 of Parenting from the Heart every Monday from 11:30 am-1:00 pm. Parenting from the heart is a 6 week class that covers topics such as positive guidance techniques, discipline, communication, sibling rivalry, and parenting styles. Army Community Services is located in Bldg. 486 Replacement Avenue. You must register prior to attending. Classes are FREE and open to authorized patrons. Lunch will NOT be provided; patrons are encouraged to bring their own. For more information call 596-0212.

Class Schedule:

Session 3 – April 2, 9, 16, 23, 30 / May 7 Session 4 – July 2, 9, 16, 23, 30 / August 6

March 5 BUNDLES OF JOY - SESSION 2

Army Community Services will be hosting session 2 of Bundles of Joy. A 6 week class for new & expecting parents that will cover topics such as bonding with your baby, swaddling and comforting, child safety, Shaken Baby Syndrome, budgeting for your baby, and more. Class is open to authorized patrons. Class will be held at Army Community Service located in Bldg. 486 on Replacement Avenue every Monday from 1:30 pm – 2:30 pm in room A. For more information call 596-0212. *Class Schedule:*

Session 3 – April 2, 9, 16, 23, 30 / May 7 Session 4 – July 9, 16, 23, 30 / August 6, 13

March 6 – April 19 MINI T-BALL

CYS Services Youth Sports and Fitness for the Mini T-ball program is in session thru April 19. Program is for children ages 3-5 yrs. Cost is \$20 per child, includes a t-shirt and a medal. Children age 3yrs meet every Tuesday beginning March 6 and children ages 4-5yrs meet every Thursday beginning March 8 at the Pippin Youth Center from 5:30 pm – 6:30 pm. This is a parent participation program. No physical needed. A parent meeting will be held on March 5, 5:30 pm at the Pippin Youth Center. Registration takes place at the Parent Central Services located in Bldg. 470, Rm. 1126. For more information call 596-0238.

March 6 MARDI GRAS BUNCO

Family & MWR will be hosting Bunco beginning at 6:00 pm at Pershing Community Center. Join in on this fun dice game and win great prizes. Prizes will be awarded for the most wins and most losses. Random drawings will also be held between rounds for prizes. Early registration drawing will be held, registration begins online at <u>www.fortleonardwood.com</u> February 1 and at the door on the night of the event. Additional prizes may be added or substituted at the discretion of the sponsors. There are no cash substitutions for prizes awarded. Event is FREE and open to authorized personnel. Must be 18 yrs. and older to play. For more information call 596-6913. *Additional Dates:*

April 3 – Pajama Party May 1 – Uno De Mayo

March 7 WORLD HEALTH DAY

Davidson Fitness Center is celebrating "World Health Day" by offering you NO COST fitness classes on March 7! Check the aerobics schedule online for a list of available classes. Davidson Fitness Center is located in Bldg 1300 South Dakota Avenue. For more information call 596-5862.

March 10 FISHING 101

The Outdoor Adventure Center is hosting Fishing 101. This program offers an introduction into the world of fishing. The class will cover the basics and teach you how to pick the right rod, reel and lure to assist you in landing the big one on the lakes, rivers and ponds of Missouri. Class is held at the Outdoor Adventure Center, 2290 FLW K from 3:00 pm to 400 pm and is only \$5 per person. NO fishing license is required to take the class. All ages and abilities are welcome. For more information call (573) 596-4223.

March 10 CABIN FEVER-WINTER TOUR

Piney Valley Golf Course is hosting their annual Winter Tour starting with a shot-gun start at 10:00 am. Play and register for a chance to win a "Free Annual Range Pass" for 2012 valued at \$275. Cost is \$30 for Annual Green Fee Patrons (AGFP) and \$35 for non AGFPs. Open to the public. The Piney Valley Golf Course is located on FLW 20 (off Water Intake Road). For more information call 329-4770.

March 11 CONCEALED CARRY WEAPONS CLASS

The Outdoor Adventure Center is hosting Concealed Carry Weapons Class; the first step in acquiring a Missouri CCW endorsement including weapons qualification on the range. Class is from 8:00 am -5:00 pm. Cost is \$15 to register, \$65 day of class. Each student must bring a photo id, eye and hearing protection, semi-automatic handgun and a revolver (plus min of 50 round each), and lunch or money for

food. All handguns must be in good working condition. Guns and ammos will NOT be allowed in the building during class. Class is open to the public 21 yrs. and older. Interested patrons must be registered the day prior to each class at the Outdoor Adventure Center located in Bldg. 2290 FLW K Road. For more information call 596-4223.

Additional Dates:

April 15/ May 11/ July 8/ August 5/ September 9

- Individuals who reside off post and who bring a privately owned weapon onto the installation for authorized activities such as hunting, dog training activities or marksmanship events, are also required to register weapons. Privately owned weapons can be registered between the hours of 8 a.m. and 4 p.m., Monday through Friday, at the Main Gate Visitor's Center, Building 100.
- For more information, call the Physical Security Section of the Provost Marshal's Office at573.596.0131 ext. 6-0597

• Concealed Carry Permits (CCP), regardless of state of issuance, are not authorized or recognized on Fort Leonard Wood. See FLW Reg 190-6 for transportation requirements and authorized purposes.

March 12 – 4 May TRAIN YOUR WAY TO A 5K

You can train your way to a 5K in just 8 weeks! Davidson Fitness Center is hosting "Train your way to a 5k" Mondays, Wednesdays and Fridays from 6:00 pm – 7:00 pm. Build your strength and endurance; and get on your way to running a 5K. Join us three times a week for a program that will start with the basics of running and walking and will progress until participants can run an entire 5K. The program will culminate with the 5K Cinco K Mayo. Cost is \$120 and an informational meeting will take place March 5 at 6:00 pm. For more information and to register call Davidson Fitness Center located in Bldg 1300 South Dakota Avenue at 596-5862.

March 12 – 16 SPRING BREAK EDGE! (Grades 1-5)

CYS Services Spring Break EDGE March is in session. The CYS Services has partnered up with other Family & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 1 - 5. For more information call 596-0200.

 Life EDGE! – International cooking. Youth will learn the basics of cooking international foods Tuesday and Thursday from 1:30 pm – 4:30 pm at the Audie Murphy's Community Center. Cost is \$30. Program begins in March. Participants must be registered with CYS Services. For more information call 596-0200.

March 12 – 16 SPRING BREAK EDGE! (Grades 6-12)

CYS Services Spring Break EDGE March is in session. The CYS Services has partnered up with other Family & MWR facilities to bring the youth of the Fort Leonard Wood community the EDGE Program, a monthly program offers after school opportunities for youth to Experience, Develop, Grow, and Excel by participating in cutting-edge activities. Participants must be registered with CYS Services prior to signing up. Open to registered youth in grades 6-12. For more information call 596-0200.

- Life EDGE! International cooking. Youth will learn to cook international foods Monday, Wednesday and Friday from 1:30 pm – 4:30 pm at Audie Murphy's Community Center.
- Fit EDGE! Get Fit Week. EDGE! and Davidson Fitness Center will host get fit week Monday thru Friday from 2:00 pm – 5:00 pm at Davidson Fitness Center and Pippin Youth Center.

*Spring Break EDGE! Packages meet Monday – Friday unless otherwise specified.

March 17 BASS TOURNAMENT

The Lake of the Ozarks Recreation Area (LORA) will be hosting their annual Bass Tournament. Tournament starts at 7 am (or first safelight), weigh-in is at 3 pm. Entry fee per boat is \$40 and a \$10 fee for Big Bass (optional). Stop by the Outdoor Adventure Center or LORA for entry forms/rules. Open to the public. LORA is located 50 miles NW of Fort Leonard Wood on McCubbins Drive off a Route A. For more information call 573-346-5673.

Tournament Dates:

April 14 – 7:00 am / Weigh-in: 3pm

May 12 - 7:00 am / Weigh-in: 3pm June 15 - 7:30 pm / Weigh-in: 1 am July 13 - 7:30 pm / Weigh-in: 1 am August 10 - 7:30 pm / Weigh-in: 1 am September 15 - 7:00 am / Weigh-in: 3pm October 20 - 7:00 am / Weigh-in: 3pm

March 17 ST. PATICK'S DAY GOLF TOURNAMENT

Test your luck on the Greens! Piney Valley Golf Course (PVGC) is hosting a St Patrick's Day Golf Tournament, a chance for you to win some green! Cost is \$30 for members and \$35 for non members; includes 18 holes, cart and Reuben sandwich lunch. Open to the public. The Piney Valley Golf Course is located on FLW 20 (off Water Intake Road). For more information call 329-4770.

March 17 ST. PATRICK'S DAY BOWLING

Celebrate St. Patrick's Day Bowling: strike on a color head pin or spin the prize wheel and win a prize. Daugherty Bowling Center is open regular hours, 11:00 am-10:00 pm. Regular rates apply. Open to the public. Daugherty Bowling Center is located in Bldg 1609 South Dakota Avenue. For more information call 596-1498.

March 17 PHOTOGRAPHY CLASS – LIGHTROOM3

Would you like to learn more about editing your photos? The Arts and Crafts Frame Shop is hosting Light Room 3. This is a great class, will introduce you to the editing software Lightroom3 taught by photographer Mike Curtis. Participants receive a 10% discount on framing on a selected photo from class. Seating is limited. For cost and details stop by the Arts & Craft Frame Shop located in the PX Mini Mall or call 596-0242. *Additional dates and classes:*

April 7 – Point & Shoot Camera 101 April 21- Spring Landscapes May 19 - High Dynamic Range June 2 - Outdoor Portraits

October 20 - Fall Landscapes

HOUSE NEXT DOOR: PREPARE AND SHARE (CROCK POT

March 19 RECIPES)

Try your hands at Crock Pot Cooking from House Next Door's Prepare and Share class. Bring in your favorite prepared dish and a copy of the recipe to share with the class. Class is from 9:00 am – 12:00 pm. Class is FREE and open to all Military ID cardholders. House Next Door is located on 53 Young Street. For more information and to register for classes call 596-0212 or 329-4616.

Additional Dates:

March 21; How to make tutu's for a favorite little girl.

March 22; Advanced crochet hairpin lace stitch.

March 28; Quilt block of the month.

March 20

NEWCOMER'S ORIENTATION

Are you new in town? Or just want to know more about what Fort Leonard Wood and the surrounding community have to offer? Join us at the Pershing Community Center for the Newcomer's Orientation from 8:30 am-11:30 am. Enjoy FREE refreshments, drawings for prizes and get great information about Fort Leonard Wood and the surrounding community. Pershing Community Center is located in Bldg 4109 Piney Hills Dr. FREE

Child Care is offered for Newcomers Orientation at the Child Development Center (CDC) but space is limited so make your reservations early. Child Care reservations may be made up to 30 days in advance of the scheduled orientation by calling the Child Development Center (CDC) at 596-0197/0210..For more information call 596-0212.

March 20 ART CLASS-EASTER EGG DECORATING

The Arts and Craft Frame Shop is hosting an Easter Egg Decorating Class, at the Audie Murphy's Community Center beginning at 6:00 pm. Get ready to blow and decorate eggs! Class is open to the public, 16 yrs. and older. Interested customers must register in advance at the Arts and Craft Frame Shop, located inside the PX Mini Mall. Cost is \$7.50 per person. For more information call 596-0242.

March 21 HOUSE NEXT DOOR: TUTU MAKING CLASS

The House Next Door will host their Tutu Making Class from 9:00 am – 12:00 pm. The House Next Door will teach you how to make a tutu for that favorite little girl. The House Next Door is located on 53 Young Street. All House Next Door classes are FREE and open to Military ID cardholders. For more information and to register call 596-0212 or 329-4616.

Additional Dates:

March 22; Advanced crochet hairpin lace stitch. March 28; Quilt block of the month.

March 22 HOUSE NEXT DOOR: ADVANCED CROCHET CLASS

The House Next Door will host their Advanced Crochet Class from 9:00 am – 12:00 pm. The House Next Door will teach you how to crochet the hairpin lace stitch. The House Next Door is located on 53 Young Street. All House Next Door classes are FREE and open to Military ID cardholders. For more information and to register call 596-0212 or 329-4616.

Additional Dates:

March 28; Quilt block of the month.

March 23 AIT, PLT & DRILL SERGEANT (SGT) SPOUSE SEMINAR

Join other spouses for a day of fun, friendship, and understanding at the AIT, PLT & Drill Sergeant Spouse Seminar. Enter basic training - a hands-on interactive walk through a day in the life of a trainee. Child care will be available (contact Army Community Service at 596-1481. Child must be registered with Child, Youth & School Services). Seminar will be held at ACS, Bldg 486 Replacement Ave from 8:30 am - 3:00 pm. Seminar is FREE and open to all Military ID card holders and must register by March 21. For more information call 596-1481/0212.

Additional Dates:

June 22, 8:30 AM – 3:00 PM, ACS. Reserve by June 20. September 21, 8:30 AM – 3:00 PM, ACS. Reserve by September 19. December 7, 8:30 AM – 3:00 PM, ACS. Reserve by December 5.

March 24 5 ON 5 PAINTBALL COMPETITION

The game is Speed Ball, the challenge is winning! The Outdoor Adventure Center is hosting a 5 on 5 Paintball Competition, bring your team of 5 and compete for supremacy on the field. Registration starts at 10:00 am and cost is \$20/5 person team. Do you and your team have what it takes?

For more information call (573) 596-4223. *Additional Dates:*

April 28 / May 19 / July 7

March 24 NIGHT GOLF

The most fun you can have on the course after dark! Piney Valley Golf Course hosts Night Golf, enjoy golfing at night with glow in the dark golf balls and chemical lights beginning at beginning at 3:00 pm. Cost is \$30 per person for Annual Green Fee Patrons (AGFP) / \$35 per person, non AGFPs, meal included. Each team will play 9 holes in daylight and then 8 holes after dark. Enjoy a chicken fried steak dinner at the turn. Prizes will be awarded for 1st-3rd place and for most "off-the-wall" dressed team. Night golf is open to the public. Piney Valley Golf Course is located on FLW 20 off Water Intake Rd. Night golf is limited to 64 people and rental clubs are available, so sign up early! For more information call 329-4770.

March 25 ROPE COURSE

Grow at both team and individual levels, explore risk, leadership, communication, and problem-solving. If you have never done a full rope course you are missing out on the challenge and excitement that only a rope course can provide. Cost is \$75 per person and is open to ages 6yrs and up, all abilities are welcome. Registration is required and you must be registered by March 23 at the Outdoor Adventure Center, 2290 FLW K. A minimum of 12 participants are required for the class to take place. For more information call (573) 596-4223.

Additional Date: May 5, 2012

March 28 HOUSE NEXT DOOR: QUILT BLOCK OF THE MONTH

The House Next Door will be working on the March quilt block! Learn quilt block and get great design ideas. Class is from 9:00 am – 12:00 pm. Must know basic hand and machine sewing. The House Next Door is FREE and open to Military ID cardholders. The House Next Door is located in 53 Young Street. For more information and to register call 596-0212 or 329-4616.

April 2 – 27 YOUTH BASEBALL/SOFTBALL & T-BALL REGISTRATION

CYS Services Youth Sports and Fitness will be offering a Youth Baseball/Softball and Tball program beginning May 7. Cost is \$45 per participant, includes uniform and trophy (15% discount for second child for eligible families). Youth must have a current physical, good through the end of the season, turned in with registration. Child must be registered with the CYS Services. Registration will take place at the Parent Central Services office located inside Bldg. 470, Rm. 1126, office hours are 7:30 am – 4:30 pm. Practice begins May 7 / Season runs from May 7 – June 30. For more information call 596-0238. Baseball/T-ball categories:

T-ball – Ages 4-5 yrs practice Monday – Thursday 5:30 pm – 7:30 pm. *Coach Pitch* – Ages 6-8 yrs practice Monday – Thursday 5:30 pm – 7:30 pm. *Softball* – Grades 3rd – 8th practice Monday – Thursday 5:30 pm – 8:00 pm. *Games are on Saturdays and some week nights.*

April 2 – 27 YOUTH BASEBALL/SOFTBALL CLINIC REGISTRATION

CYS Services Youth Sports & Fitness program will host a Youth Baseball/Softball Clinic May 1 & 2 from 6:00 pm – 7:00 pm. Cost is \$20 per child, includes t-shirt (15% discount will apply for second child, if eligible).Youth will have the opportunity to brush up and get ready for baseball/softball season. Clinic will take place at Hill Topper Field. Clinic is open to registered youth ages 4-13. Youth must have a current physical good through season, turned in with registration. Registration will take place at the Parent Central Services located in Bldg. 470, Rm. 1126. For more information call 596-0209.

April 7 PHOTOGRAPHY CLASS – POINT & SHOOT 101

Get the most out of your point and shoot camera. The Arts and Crafts Frame Shop is hosting Point & Shoot 101. This is a great class, will teach you what all the icon and menu items of your point & shoot camera can do to enhance your photography taught by photographer Mike Curtis. Participants receive a 10% discount on framing on a selected photo from class. Seating is limited. For cost and details stop by the Arts & Craft Frame Shop located in the PX Mini Mall or call 596-0242.

Additional dates and classes:

April 21- Spring Landscapes May 19 - High Dynamic Range June 2 - Outdoor Portraits October 20 - Fall Landscapes

April 7 2012 CHAMPION OF THE HILL 10K

Davidson Fitness Center would like to challenge you in this tough uphill finish "2012 Champion of the Hill 10k" race. Check in starts at 8:00 am and the race begins at 9:00 am. The route will be down and up car wash hill. Awards for overall female and male as well as age groups for both will be given. The first fifty registrations will receive a t-shirt. Registration deadline is April 5. For more information call 596-7444.

April 11 PT IN THE WOODS

Celebrate the Month of the Military Child the healthy way with a 30-minute aerobic workout for Service Members and their families at the Gerlach Track from 6:30 am-7:30 am. First 100 children receive a FREE t-shirt and all active duty parents that participate will receive a voucher that can be used for 1 FREE day of PT (with Commander's approval). Event is open to the public and all Military branches. For more information call 596-0209.

April 21 GREAT SPRING CLEANING FMWR YARD SALE

Looking for a bargain or need to get rid of some items? Find them or sell them at Fort Leonard Wood's Great Spring Cleaning Yard Sale from 8:00 am – 12:00 pm at the Baker Theater auxiliary parking lot. Cost is \$5 advance / \$10 day of, includes a parking spot. Yard sale is open to the public. Tables are available for \$5 each and must be reserved in advance. Fort Leonard Wood Thrift Shop will be on site to collect donations until 12:00 pm. The following items cannot be sold: weapons, food items, retail items (Avon, Tupperware, Scentsy etc.) Rain date will be April 22.For more information and to register call the FMWR Special Events office at 596-6913.

April 21 PHOTOGRAPHY CLASS – SPRING LANDSCAPE

The Arts and Crafts Frame Shop is hosting a Spring Landscape Photography Class. This is a great class, taught by photographer Mike Curtis, will teach you the techniques to capture the perfect landscape picture. Put what you learned in practice as this class includes outdoor instruction and will be held rain or shine (dress appropriately). Participants receive a 10% discount on framing on a selected photo from class. Seating is limited. For cost and details stop by the Arts & Craft Frame Shop located in the PX Mini Mall or call 596-0242.

Additional dates and classes: May 19 - High Dynamic Range June 2 - Outdoor Portraits October 20 - Fall Landscapes

April 24 ART CLASS-LANDSCAPE ART WORK

The Arts and Craft Frame Shop is hosting Landscape Art Work, at the Audie Murphy's Community Center beginning at 6:00 pm. Learn the art of capturing landscapes, class is open to the public, 16 yrs. and older. Interested customers must register in advance at the Arts and Craft Frame Shop, located inside the PX Mini Mall. Cost is \$7.50 per person. For more information call 596-0242.

April 26 – 27 <u>COMMAND (FIRST SGTS / LIEUTENANTS / CAPTAINS) SPOUSE</u> <u>SEMINAR</u>

Join other spouses on this two day seminar of fun, friends, and learning at the Command Spouse Seminar! Learn and understand the roles of a Command team and your role as an effective leader.

There will be panel discussion with senior leaders and their spouses. Seminar will be held at USO Bldg. located in Bldg. 805 on Iowa Avenue from 9:00 am - 3:00 pm. Child care will be available, you must reserve care at 596-1481 and child(ren) must be registered with CYS Services by January 17. For more information call 596-0212.

Additional dates:

July 19-20, USO October 11-12, USO

April 28

5 ON 5 PAINTBALL COMPETITION

The game is Speed Ball, the challenge is winning! The Outdoor Adventure Center is hosting a 5 on 5 Paintball Competition, bring your team of 5 and compete for supremacy on the field. Registration starts at 10:00 am and cost is \$20/5 person team. Do you and your team have what it takes? For more information call (573) 596-4223. *Additional Dates:*

May 19 / July 7

May 5

CINCO K MAYO

Come join the fiesta! Run this 5K to celebrate Cinco de Mayo. It doesn't matter if you walk, run or jog as long as you join the party "Cinco K Mayo" is open to all age groups! Cost is \$10 per person and includes a commemorative T-shirt for all pre-registered participants. Prizes will be awarded to the top finishers. For more information or to register call Davidson Fitness Center located in Bldg 1300 South Dakota Avenue at 596-5862.

ONGOING:

MARTIAL ARTS REGISTRATION

The SKIES American Taekwondo Association Martial Arts Program is accepting registration. Classes are held every Monday and Wednesday, and are available to youth 4-18 years. Students may participate in one class per week for \$35.00 a month or two classes per week for \$65.00. Child, Youth & School Services will only collect monthly fees associated with enrollment in the program. Starter kit, which includes instructional video, uniform, belts and patches, must be purchased from the instructor for \$75.00. Tee shirts are available for \$15.00 one or \$25.00 for two. Testing occurs every eight weeks, and costs \$60.00 each for up to two children and \$5.00 for each additional family member. If your child wants to participate in a tournament, there is a \$35.00 fee for one

child, \$60.00 for two, and \$5.00 for each additional family member payable to the instructor. The exciting workouts offer training in weapons, sparring, alternative martial arts skills, and self defense. A one-time fee of \$669.00 includes gear, uniform, weapons, and the first black belt. Classes will be held at the Audie Murphy's Community Center. Family discounts available. Child must be registered with CY&SS. Register at Parent Central Services office in Bldg. 470, Rm. 1126. For more information call 596-0238.

GYMNASTICS & YOGA

The SKIES Program is now offering gymnastics for youth. Gymnastic classes give children a safe and positive learning environment while experiencing the joy of physical movement. Children have an opportunity to socialize, play and explore while developing balance, coordination and self esteem. Our goal is to ensure every child reaches their full potential. That's why our programs emphasize fun, discipline, use of the imagination, cooperation, team work, and the achievement of individual goals. SKIES Gymnastics provides a safe and enjoyable experience for participants. Sessions are matched to be suitable and challenging. Gymnastics are open to children ages 18 months thru 18 yrs. and cost \$42 per child/per month / \$58 per child per month for advance classes. Yoga is open to kids 9-18 yrs. old and cost \$28 per child/per month. Class dates follow school year. Class times will be determined. For more information call 596-0200 or 596-0238.

SKIESUNLIMITED INSTRUCTORS NEEDED

The CYS Services SKIESUnlimited program is seeking a public or private firm(s) interested in conducting instruction in the following areas: Tae Kwon Do, Kung Fu San Soo, baby signing, academic tutoring, cooking, driver's education, dance and tennis. If you are interested in exploring this opportunity, please contact Ms. Sheryl Johnson, Family and Morale, Welfare and Recreation Command, at (703) 696-7055.

YOUTH SPORTS COACH

Make a difference in the life of a child and be a youth sports coach for the following sports:

Spring Soccer – March to May E Flag Football – Aug to Oct I Basketball – Nov to Feb C Feb

Baseball/Softball – May to July Fall Soccer – Aug to Oct Cheerleading – Aug to Oct / Nov to

Track & Field – March to May For more information call the CYS Services Youth Sports and Fitness office 596-0209.

HIGH SCHOOL LOUNGE

596-0209 Grades 9-12 Open: Mon-Thurs. - 2:30-7:00 pm

PIPPIN YOUTH CENTER

596-0209 Grades 6-8 Open: Mon-Fri - 2:30-7:00

pm

Sat - 12:00-10:00 pm

Fri - 2:30-9:00 pm/Sat-Noon-10:00 pm Sat – 12:0 Computer Lab – Open Non school weekdays open at noon except holidays.

OPEN REC

Computer/Homework Lab

YOUTH TECHNOLOGY LAB

The Youth Technology Lab is available for children grades 1 – 12 to utilize for homework, computer access, technology based programming. The lab is available and FREE to all children registered with Fort Leonard Wood Child, Youth & School Services,

to utilize before and after school and during open recreation hours. For more information call 596-7494.

AUTO CRAFT SHOP

596-0243 Wed & Fri 11:00 am-7:00 pm Sat & Sun 10:00 am-6:00 pm

Avoid the high cost of car repairs and have your vehicle serviced at the on-post FMWR Auto Crafts Shop. Fort Leonard Wood Auto Crafts has a do-it-yourself hobby shop that provides patrons the opportunity to work on their own vehicle to avoid costly repair bills and offers professional repair services for those individuals who would rather receive professional assistance.

The Auto Craft Shop offers: 4 flat car bays, 5 lift car bays, 1 motorcycle bay, 1 flat motorcycle bay, designated for specific automotive repairs and maintenance related activities. The Auto Craft Shop also has a computerized and manual information center, safety equipment (including eye and ear protection, OSHA eye wash areas), basic car care classes, on site car repair and Missouri state inspections. Technicians are available to answer questions and make repairs with full service appointments. The Auto Shop is also home to a Resale Lot with 24h hour access, a vehicle storage lot, and a coin operated car wash.

MWR FRAME SHOP

596-0242 / Custom and self help framing/engraving Mon-Fri 10:00 am-6:00 pm / Sat & Sun – CLOSED

FRAME CLASS

The Frame Shop offers a one-on-one class. Learn to mat, mount, and secure your artwork in a frame. Students are introduced to frame shop equipment and safety procedures. You will also learn to choose the right mat color, determine margins, cover frame joinery, mounting techniques, and frame closures. Cost for class is \$20 plus supplies, includes safety gear and frame shop card that allows you to access the self-help area. Must be 18 yrs. and older to participate. Must bring in your project you wish to frame on your appointment. Class is open to the public. Frame shop is located in Bldg. 490 Mini Mall.

For more information call 596-0242.

ENGRAVING

The Frame Shop now offers engraving. Let the Frame Shop capture your memories and expressions. You can engrave on wood, plastic, glass, acrylic, mat board, pens, metals, and more. This is great for gifts, awards, promotion, birthdays, and weddings! For more information call 596-0242

SILENT AUCTION

The Arts & Crafts Frame Shop will be hosting a silent auction every month. View our art on facebook or stop by the Arts & Crafts Frame Shop. Submit your silent bid to win one of the wonderful pieces of artwork! For more information call 596-0242.

REC PLEX

Rec Plex offers an 18-hole Miniature Golf Course, an outdoor pool complete with slide and a spray park, and go kart. The pool house also offers party rooms for your birthday, Organizational, and Unit parties. For more information call 596-0843.

MINI GOLF/GO KART Fall Season hours: CLOSED for the winter season

LEIBER & WALLACE POOLS

CLOSED for the winter season.

INFORMATION TICKETING AND REGISTRATION (ITR)

Monday - Friday 8:00 am–5:00 pm Local & National Discount Tickets / Cruises / Book Flights PX Mini Mall Bldg. 490, (573) 329-TKTS Buy tickets online at <u>www.mwrtickets.com</u>

The Information, Ticketing and Registration Office (ITR) sells discounted tickets for local and national attractions. Authorized users include active and retired military and their families, Reserves/National Guard, civilian employees and contractor personnel working on Fort Leonard Wood. Hours of operations are Monday-Friday 8:30 am-5:00 pm. Buy tickets online at <u>www.mwrtickets.com</u>.

For more information call 329-TKTS (8587).

ITR OFFICE OFFERS B&B THEATER GIFT CARDS

B & B Theatre Gift Cards only \$25 (\$30 value). These Gift Cards make great gift and are good for any show, any time, even "NO PASS" Special Engagements, 3D and Concessions. NO EXPIRATION DATE!

FREE FAMILY MOVIE NIGHTS

Family and MWR offers *FREE family movie night - Fridays at 6:00 pm / Saturday at 11:30 am – Abrams Theater. *FREE movie nights are open to the Fort Leonard Wood community. For more information or schedule call 596-1267.

*The FREE movie program is in keeping with the Army Family Covenant's promise of taking care of Soldiers and Families. FREE movie are paid for with Recycle Dollars.

Movies can be found online at <u>www.shopmyexchange.com/ReelTimeTheatres/Movies-</u> <u>FtLeonardWood.htm</u>

DAVIDSON FITNESS CENTER

FITNESS CLASSES

Davidson Fitness Center and/or Specker Gym offers a variety of aerobic classes monthly at various times at to fit your fitness level and your busy schedule. Classes are open to authorized patrons and are \$2/class or Aerobic Punch Passes are available, cost \$15-10 punch, \$25-20 punch, and \$30-30 punch. Class schedule is available online at <u>www.fortleonardwoodmwr.com</u>.

ZUMBA

Davidson Fitness Center now offers Zumba 7 days a week! Get your groove on and dance your way to a healthy lifestyle with Zumba. Check out <u>www.fortleonardwoodmwr.com</u> for other class schedules. Cost is \$2.00 per person. For more information call 596-4359.

YOGA

Calling all Yogis! Yoga is back! Come out and practice with our new instructor Claire! Learn to control your breathing while maximizing your body's flexibility and strength. All skill levels are welcome. Classes are Tuesdays and Thursdays at Davidson Fitness Center at 9:00 am and Sundays at Specker Gym at 1:30 pm. For more information contact Davidson Fitness Center 596-4359/ Specker gym 596-7377

FREE CHILD CARE AT DFC

Family & MWR knows your family comes first and that shouldn't mean your fitness has to come last. Davidson Fitness Center is offering a place for your child (ren) can play while you achieve your fitness goals. An "Insight Child Care Area" is available Mon-Fri 8am-11am. An enclosed a play area will entertain your child while you exercise - no attendant is on hand - child MUST be in the parent/guardian's line of sight at all times.

EQUIPMENT ORIENTATION

Make the most of your workouts; learn how to properly use the cardio and strength equipment. Free 30-minute equipment orientations will be held at the Davidson Fitness Center and Speaker Cym Mendau at 0:00 am and Thursday at 6:00 pm. For more information as

Specker Gym Monday at 9:00 am and Thursday at 6:00 pm. For more information call 596-4359.

Davidson Fitness Center Indoor Lap Swimming Military Training Pool: Monday - Friday - 6:30 a.m. -7:30 a.m. / 11:30 a.m.-12:30 p.m. / 4:30 p.m. - 8:00 p.m.

SWIM LESSONS

Swim lessons are being offered at Davidson Fitness Center for children ages 6 months through adult. Children must be registered with CYS Services. For more information on levels and schedule call 596-2810.

INDOOR LESSONS Feb- May 2012

<u>Level</u>	<u>Dates</u>	<u>Time</u>	Location
Level 1 Parent/Child	Jan 24-27 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 2	Jan 24- Feb 3 (T- F)	7:00-8:00 pm	DFC Indoor Pool
Level 2	Jan 31- Feb 10 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 1 Parent/Child	Feb 7-10 (T-F)	7:00-8:00 pm	DFC Indoor Pool
Level 2	Feb 14-24 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 3	Feb 14-24 (T-F)	7:00-8:00 pm	DFC Indoor Pool

Level 1 Parent/Child	Feb 28- 2 Mar (T- F)	6:00-7:00 pm	DFC Indoor Pool
	Feb 28- 9 Mar (T-		
Level 2	F)	7:00-8:00 pm	DFC Indoor Pool
Level 1 Parent/Child	Mar 6-9 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 2	Mar 13-23 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 2	Mar 13-23 (T-F)	7:00-8:00 pm	DFC Indoor Pool
Level 1 Parent/Child	Mar 27-30 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 2	Mar 27- Apr 6 (T- F)	7:00-8:00 pm	DFC Indoor Pool
Level 1 Parent/Child	Apr 3-6 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 2	Apr 10-20 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 3	Apr 10-20 (T-F)	7:00-8:00 pm	DFC Indoor Pool
Level 2	Apr 24- May 4 (T- F)	6:00-7:00 pm	DFC Indoor Pool
Level 2	Apr 24- May 4 (T- F)	7:00-8:00 pm	DFC Indoor Pool
Level 1 Parent/Child	May 8-11 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 1 Parent/Child	May 8-11 (T-F)	7:00-8:00 pm	DFC Indoor Pool
Level 2	May 15-25 (T-F)	6:00-7:00 pm	DFC Indoor Pool
Level 2	May 15-25 (T-F)	7:00-8:00 pm	DFC Indoor Pool

*Classes may change according to enrollment.

Level 1: Parent/child class: Water exploration roles for helping child learn and practice skills. Scooping, blowing bubbles, and bobbing. Combined skills in prone position, and water entry will be covered.

Ages 6 months thru 4 yrs.

<u>Level 2</u>: Participants must be 5 yrs old by start of lesson and independent from parents. Skills taught include floating, supported on front and back; bubble blowing, supported kick on front and back; basic water safety rules.

<u>Level 3</u>: Skills that will be taught include retrieve objects (chest deep), deep water orientation

unsupported prone float; unsupported back float; flutter kick on front and back, back crawl arm action and water safety rules.

BONANZA BINGO (24 number bingo)

Single Player Hand Held Device can be played at the Daugherty Bowling Center and Blackjack Bar & Grill. Payouts under \$500 paid out directly to customer. Ask Staff for details!

BLACKJACK BAR & GRILL

Blackjack Bar and Grill Hours of Operation:

Tuesday and Wednesday 4:30 pm-10:00 pm

Thursday 4:30 pm-11:30 pm / Friday 4:30 pm-1:00 am / Saturday 6:00 pm-10:00 pm

BLACKJACK HAPPY HOUR Tuesday-Friday 5:00 pm-7:00pm and Saturday 6:00 pm-8:00 pm

\$1.25 draft domestic beer, \$5 Pitcher. Also receive 25% off nightly food special (prices reflect discount).

<u>Karaoke Wednesdays</u> with Mid Missouri Entertainment from 7:00 pm-11:00 pm. FREE admission will be offered TO all authorized patrons. For more information call 329-2455. MORALE CALL – *the 1st Thursday of every month*

Blackjack Bar & Grill opens at 5:00 pm. Happy hours from 5:00 pm-7:00 pm. FREE appetizers!

BLACKJACK LUNCH - Monday-Friday from 11:00 am-1:00 pm.

Serving Monday-Friday from 11:00 am-1:00 pm. Enjoy a relaxing lunch in an enjoyable environment. Open to the public.

Daily Specials*:

<u>Monday:</u> Shrimp Po' Boy, served with an Asian inspired sweet & sour sauce with a side of slaw - \$7.50 <u>Tuesday:</u> BJ Signature Fried Chicken, served with mashed potatoes, gravy, veggie & hot biscuit - \$6.75 <u>Wednesday:</u> Steak Sandwich with regular fries or seasoned fries - \$7.50 <u>Thursday:</u> Rack 'em up Ribs, served with fries, slaw, cornbread - \$9.75 <u>Friday</u>: Pub style Fish & Chips, served with steak-cut fries - \$7.50

Soup Du Jour* - cup - \$2.00 / Bowl - \$4.00 / Bread Bowls - \$6.00

<u>Monday</u> – Loaded Baked Potato <u>Tuesday</u> – Hearty Ham & Bean <u>Wednesday</u> – Erica's Goulash <u>Thursday</u> – Chicken Bowtie <u>Friday</u> – Creamy Clam Chowder

We also have other selections available in our menu*. *Menu & prices are subject to change without notice.

MORELLI HEIGHTS BAR & GRILL

Happy Hour Tues.-Thurs. 5:00 pm-7:00 pm / Fri.-Sat. 5:00 pm-10:00 pm \$1.25 draft domestic beer, \$5 pitcher. Also receive 25% off nightly food special (prices reflect discount).

PINEY VALLEY GOLF COURSE

The Piney Valley Golf Course offers an 18 hold, par 72 golf course that runs through a beautiful valley along the Big Piney River. It also features a driving range, putting green, chipping area, pro shop, snack bar and golf lessons. Piney Valley also offers daily specials. Course is CLOSED from December 1 through President's Day. Piney Valley Golf Course is located on FLW 26, off Water Intake Rd. For more information or tee time call 329-4770.

Winter Closure - Key Dates

February 11thSatCourse Clean-up and BBQFebruary 13-16Mon-ThuLimited Play – No ServicesFebruary 17FriFull Service – Normal Play*Piney Valley Golf Course will be CLOSED for the season December 1 thru February17.



February 2012 Family & MWR Calendar

www.fortleonardwoodmwr.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3			1	2 Marale Call BJBG 1700 Noontime League Starts 1130 DBC EDGE Life Inc. CYSS Art Class – Clay - FS	3 Baw Maintenance 101 OAC	4 Dueling Planos PCC Open Rec 1200 SAS Hidden Volley Ski Trip OA
5 Super Bowl Porty BJBG CDC Special Opening 1200- 1600	6 CC Raquetball Doubles Tourney DFC	7 EDGEI Pattery Painting CYSS	8 EDGE! Comic Drawing CYSS	9 EDGE lLife Inc. CYSS	10 Art Closs FS FLW Polar Plunge Location 1200 TA250	11 Zumba far a Healthy Heart DFC PVGC Clean Up BBQ PVGC
12	13 EDGE(Bowling CYSS / DBC	14 Volentine's Day Sweetheart Bowi DBC Valentine's Special Auto Valentine's Day Special LORA Candy Grams BOSS EDGE! Pattery Painting CYSS	15 EDGE! Comic Drawing CYSS	16 EDGE Life Inc. CYSS	17 Training Haliday Waynesville Schools CLOSED PVGC OPENS for Season PVGC CDC Special Opening 1800- 2200	18 Fother Daughter Donce Great Midwest Shootout DFC Open Rec 1200 S Hidden Valley Ski Trip OAC
19 Concepted Carry Course OAC Great Midwestern Shoataut DFC	20 President's Day CC Basketball Tourney DFC CYSS CLOSED	21 PVGC Opens ACS-Newcomers Orientation 0830 PCC Mardi Gras Bowl DBC	22	23 EDGE ILife Inc. CYSS	24	25 Kids Traut Derby, 0900 OAC ICW Wrestling 1800 NFH National Ga Bawling Day DBC CC Swimming Taurney DFC Cabin Fever Taur PVGC
25	27	28 EDGEI Pottery Pointing CYSS	29 Wadowarks 3D Drawing Frame Shop Youth Spring Soccer Clinic Gerlach Field	Feb4-24 6 Feb-2 Mar 19-29 Feb 7-10 Feb 14-24 Feb 28 Feb-2 Mar 28 Feb-9 Mar	YouthSoccer & Track FS Register for Mini T-Ball Winter Blues Rental 1 Night, Level 1 Swim Lesson DFC Level 2 & 3 Swim Lesson DFC Level 1 Swim Lesson DFC Level 2 Swim Lesson DFC	



March 2012 Family & MWR Calendar

www.fortleonardwoodmwr.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
6 Mar-19 Apr Mi 6-9 & 27-30 Mar Le 13-23 Mar Le	vel 1/Adult Swim Lessons DFC ini T-ball YS vel 1 Swim Lessons DFC vel 2 Swim Lessons DFC vel 2 Swim Lessons DFC			1 Taste of the Arts 1800 PCC State Trout Season Opens OAC Morale Call BJBG 1700	2 Dock opensfor the Summer LORA	3 Op <mark>en Rec 1200 SAS</mark> HIREDI App Trng 0900 CYSS
4 CDC Special Opening 1200- 1600	5 Hunter's Ed OAC EDGEI Trap CYSS/OAC	6 BUNCO 1800 PCC Hunter's Ed OAC	7 World Health Day DFC	8	9	10 Cabin Fever Taur PVGC Fishing 101 OAC
11 Concealed Carry Course OAC	12 CC Bawling Tourney DBC Cabin Fever Tour PVGC Train for a 5k—STARTS DPC EDGE! Cooking CYSS/AMCC EDGE! Get Fit CYSS/PYC	13 HIRED! App Trng 0900 CYSS EDGE! Cooking CYSS /AMCC EDGE! Get Fit CYSS/PYC	14 EDGEI Cooking CYSS/AMCC EDGEI Get Fit CYSS/PYC	15 Team Building Events Rec Plex EDGEI Cooking CYSS/AMCC EDGEI Get Fit CYSS/PYC	16 Filling Station 1200 Auto EDGEI Cooking CYSS /AMCC EDGEI Get Fit CYSS /PYC	17 St. Patrick's Day St. Patrick's Day Bawing DBC Paintball Challenge OAC St. Patrick's Day Toumey PVGC' Bass Taurney 0700 LORA Open Rec 1200 SAS Photography Class Lightroom3 FS
18	19 Intra Volleyball begins DFC EDGEI Trap CYSS/OAC	20 CC Over 30 Basketball Tourney DFC ACS-Newcomers Orientation 0830 PCC Egg Decorating FS	21	22 Spring Soccer/Track & Field Opening Ceremony CYS	23 Movie Night DFC CC 5K Cross Country Tourney DDS Seminar ACS CDC Special Opening 1800- 2200	24 Youth Spring Soccer/Track & Field Begins YS Night Golf PVGC
25 Ropes Course Meramec OAC	26 Minr T-boll begins YS EDGEI Trap CYSS /OAC	27	28 <mark>(Voodulorka</mark> National Hat Dag Day Strike Zane	29	30	31 FLW Easter Egg Hunt Colyer Park 18th Annual Fun Fair 1100 CYS

ARMY COMMUNITY SERVICE (ACS) POC: LYNN MORGAN, 596-0212



The Fort Leonard Wood ACS is fully accredited and provides numerous supportive, informational, educational, and networking opportunities. All activities are held at Building 486, the ACS Center unless otherwise indicated. ACS will reimburse childcare expenses incurred for class participation. Parents are responsible for making reservations and ensuring their children are registered at Child, Youth and School Services (CYSS) 596-0238.

FAMILY ADVOCACY PROGRAM

For more information or to register for the below mentioned Family Advocacy Classes please call Debra at 596-0212 or e-mail <u>Debbie.l.ward@us.army.mil</u>

PARENTING FROM THE HEART: This is a six-week parenting class held **Mondays** at ACS beginning **23 January 2012**. Explore different parenting styles; learn age appropriate discipline strategies and effective communication techniques. **Participation still open**.

BUNDLES OF JOY: A six-week class for new and expecting parents. Topics include; Bonding, Swaddling, Child Proofing, and Budgeting for the New Addition. The next session starts **23 January 2012, 1330-1530.** Participation still open.

ANGER DANGER: This is a six week class that focuses on understanding the dynamics of anger while learning anger management techniques. The next session starts **25 January 2012, 1130-1300**. **Participation still open.**

FAMILY VIOLENCE PREVENTION CLASSES are available for Family Readiness Groups. Topics include: *Identifying and Reporting Suspected Abuse, Preventing and Responding to Family Abuse (spouse, intimate partner, child), and Stress and Anger Management.*

PLAY MORNING: Held **every Monday** morning except holidays from **1000-1100** in the gym at **Pippin Youth Center on Young Street**. Children between the ages of newborn and five years are eligible. Parents and children interact with each other as well as other children and their parents.

BRIGHT START (PLAY GROUP): Every **Tuesday and Thursday** morning from **1000-1100 at Army Community Service, Bldg 486**. Children between the ages of newborn and three years are eligible. The children will enjoy hands on activities and interaction with other children.

EXCEPTIONAL FAMILY MEMBER PROGRAM

For more information or to register for the following Exceptional Family Member Program Groups or Classes please call 596-0212 or e-mail cinda.holloway@us.army.mil or jane.bruns1@us.army.mil

Autism Support Group: This is a great support network for Families with members who have autism. Please call for more details.

Music Group for Children with Autism: This is a weekly event for children/parents to learn social and communication skills through music. Occurs **every Thursday, 1730 at BLDG 486**.

EFMP RECREATIONAL THERAPY: In partnership with Child Youth and School Services, two special needs gymnastics/yoga classes and twice-monthly community recreation opportunities are offered for the whole Family of an identified EFM. Please call for details.

RELOCATION READINESS PROGRAM (CAROL PATTON 596-0212)

NEWCOMER'S ORIENTATION: Newcomer's provides information about the post and surrounding area on the **3rd Tuesday of every month**, **January-November**. Join us on **21 February** for Newcomer's Orientation at Pershing Community Center, **0830-1230**. Spouses are highly encouraged to attend. Free childcare is available. Please call 596-0212 for childcare information and further details.

COUNTRY SPECIFIC OVERSEAS ORIENTATIONS: Going overseas? ACS now offers weekly Country Specific Orientations for Alaska, Germany, Korea, and Hawaii. Please call for further details.

TOUR DE FORT: Provides an informational tour of Fort Leonard Wood. Reservations can be made by calling the Relocation Readiness Office.

INDIVIDUAL PCS PLANNING: One-on-one consultation for anyone needing assistance planning their move. Receive information on housing, budgeting, jobs, finance, moving with children, general moving preparation, and many other moving related topics.

FOREIGN BORN SPOUSE SUPPORT: Whether your question concerns immigration and naturalization or learning the English language, the Relocation Readiness Office provides assistance.

SPONSORSHIP TRAINING: Sponsorship training is offered to units upon request. A good sponsor can make the difference between smooth transitions and bad experiences.

Hearts Apart Program: Offers support for waiting Families by linking Family members and children with other Families who are left behind due to the sponsor's mission requirements. Spouses have the opportunity to informally meet others in the same situation, share information and fun activities with each other, learn from experts on a wide range of topics how to more easily manage the time apart and cope with stress.

Overseas Orientation: Mandatory for AIT Service Members prior to clearing Fort Leonard Wood for Permanent Change of Station overseas. Speakers provide beneficial knowledge on necessary topics to decrease difficulties in adjusting to the overseas relocation. Upon completion of orientation all AIT Service Members are provided an AG Overseas Orientation Clearance form, FLW Form 1493. Service Members are required to have this form prior to clearing Fort Leonard Wood for Permanent Change of Station overseas. Overseas Orientations are every Thursday and can be scheduled by contacting the Relocation Readiness Office, 596-0212. AIT units should schedule an orientation no later than three weeks prior to graduation to preclude scheduling conflicts. **WELCOME PACKETS:** We provide packets for any installation requested. Welcome Packets provide information about the installation along with important contact numbers. **LOAN CLOSET**: For Soldiers with Family Members on PCS orders, basic household items are available to borrow while you are in transition. Typical items include pots and pans, dishes, silverware, irons, ironing boards, sleeping pads, port-a-cribs, high chairs, and infant/toddler car seats.

EMPLOYMENT READINESS PROGRAM (KAREN HALL 596-0212)

EMPLOYMENT READINESS CLASSES are offered to Family Members of active duty, retired military and Family Members of DOD civilian employees. If you are new to the area, and looking for something to pass your time, or seeking employment to bring in a second income; why not get a head start by attending a special workshop just for you?

For more information on classes being offered, please email or call Karen Hall to reserve your seat at karen.hall3@us.army.mil or phone 573-596-0212.

ARMY COMMUNITY SERVICE MILITARY SPOUSE JOB FAIR will be on held on Thursday 22 March 2012 from 10:00-12:30 at the National Guard Armory Building 986 Iowa Avenue. Contact ACS for more information. The following classes will assist you in the preparation for this job fair.

RESUME WRITING: Participants will have the opportunity to learn how to create a simple resume in the correct format and to identify the important key skills that will help them get into the job market. The next class will be on **Thursday 9 Feb 2012 from 0900-1100, Bldg 486**.

INTERVIEWING SKILLS & DRESS FOR SUCCESS: This is a combined class and it will instruct participants on how to dress for the initial interview in order to get the job they want and the 'do' and 'don'ts" on dressing properly in the work place.: This session offers participants the opportunity to experience an interview, strengths and weaknesses will be discussed and how the participants can get the most out of the interview. This session will be held on **Thursday 23 Feb 2012 from 0900-1200, Bldg 486.**

DRESS FOR SUCCESS: This class will instruct participants on how to dress for the initial interview in order to get the job they want and the 'do' and 'don'ts" on dressing properly in the work place. This class will be held on **Thursday 8 Mar 2012 from 0900 – 1100, Bldg 486.**

RESUME WRITING: Participants will have the opportunity to learn how to create a simple resume in the correct format and to identify the important key skills that will help them get into the job market. The next class will be on **Thursday 15 Mar 2012 from 0900-1200, Bldg 486**; in preparation for the Job Fair on 22 March 2012.

INTERVIEWING TECHNIQUES: This session offers participants the opportunity to experience an interview in a "mock" setting to discuss interview strengths and weaknesses with each participant following the interview session; this session will be held on Monday 19 Mar 0900-1100, Bldg 486. This class will help participants with the Job Fair 22 March 2012.

FINANCIAL READINESS PROGRAM

Please call 596-0212 to register for the following classes, to schedule an appointment with a financial counselor, or if you would like more information please ask for Jerry Patton or e-mail jerry.lee.patton@us.army.mil.

BUDGET AND BANK ACCOUNT MANAGEMENT: Designed for those interested in managing their finances in a more proactive way. Learn how to prepare and follow a monthly budget, develop a spending plan, manage a checking or debit card account, see how to handle basic debt and credit considerations, and participate in hands-on practices and scenarios. All classes are **1130-1330 in Bldg 486**. The next classes will be held on **7 February 2012 and 6 March 2012**.

MONEY & THE MOVE: Learn ways to plan and prepare to be financially ready for your PCS move. Information on developing spending plans, entitlements, travel costs, weight allowances, movers, etc. are all included in this presentation. All classes are held from **0830-0930**, **Bldg 486**. The next classes will be held on **1 February 2012 and 7 March 2012**.

FIRST TERMER'S FINANCIAL READINESS COURSE: An experiential presentation about all aspects of money management including spending plans, credit/debt management, online banking, basic investing, and many other financial topics. First Termer's is a mandatory class for E-1 through E-4 upon entry into the Armed Services IAW AR 600-20 and AR 608-1. All classes are **0730-1600, Bldg 486**. The next classes will be held on **14 February 2011 and 13 March 2012**.

CREDIT AND DEBT MANAGEMENT/ CONSUMER AFFAIRS: Everything you want and need to know about credit management, debt reduction, credit reports, credit scores, and how to use credit. Consumer Affairs update is provided. All classes are **1130-1230, Bldg 486**. The next class will be held **21 February 2012 and 20 March 2012.**

SAVING AND INVESTING: Designed for those interested in consistent saving and ways to invest their finances. Discussions about TSP's, IRA's, saving plans and other methods. The next classes will be held **1130-1300**, **Bldg 486**, **28 February 2012 and 27 March 2012**.

CAR BUYING: A class for those who are planning to buy a car, used or new. What to look for in price comparisons, CARFAX, negotiating, paying sales tax in Missouri, warranties, etc. The next class will be held at **1400-1500**, **Bldg 486**, **14 February 2012** and **13 March 2012**.

HOME BUYING ISSUES: For those thinking about buying a home, what to look for and ask for from prices, market trends, negotiations, inspections, warranties, foreclosures and bank properties, to moving day and beyond. Contact ACS at 596-0212 for reservations or information.

SOLDIER FAMILY ASSISTANCE CENTER:

The SFAC of the Warrior Transition Unit is temporarily located in building 312. The SFAC sponsors mutual support, a welcoming environment, and healing for Warriors in Transition (WTs) and their Families by providing the spectrum of social services

including, but not limited to, social, financial, human resources, educational, personal, legal, recreational, and pastoral services. Efforts are aimed at fostering dignity and independence, enabling the WTs in their transition back to duty or to service as a vital member of the community.

For information, please contact: Jan Harris Chief, Soldier & Family Assistance Center (SFAC) p.jan.harris@us.army.mil (e-mail is best). Phone: 573-563-6072 Room 209, Bldg 312

COMMUNITY READINESS OFFICE:

ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM: Level I courses provide training on basic military concepts, introduction into Family Readiness Groups, financial readiness, problem solving, and much more! Level II expands on the skills developed from Level I training to include how to manage deployment stress, communicate effectively, and develop personal skills that will make you an asset to any organization. Level III focuses on professional growth, identifying strengths and weaknesses, and building on the positive attributes that will make you an effective leader. The ACS/AFTB ITC course is the first pathway of professional development offered by ACS. Command Spouse and Drill Sergeant Spouse Seminars are designed to assist Army Spouses with the challenging role of an Army Spouse.

Level I Day - 7 Feb 12, 0830-1630, ACS, Bldg 486 Level I Day - 6 Mar 12, 0830-1630, ACS, Bldg 486

Level II Day - 14-16 Feb 12, 0830-1500, Truman Ed Ctr

Level III Evening - 13-15 Mar 12, 1730-2130, ACS, Bldg 486

Drill Sergeant Spouse - 23 Mar 12, 0900-1500, ACS Bldg 486

Recruiter Spouse Seminar - 27 Mar 12, 0900-1500, ACS

AFTB/ACS ITC - 21-22 & 24 Feb 12, 0900-1500, ACS

Ask about our "Lunch and Learn" series; call 573-596-1481 today! February:

13 Feb 12: Expectations - "Stop This Ride I Wanna Get Off." 1130-1300, ACS

27 Feb 12: Protocol - "Have You Been Sipping the Grog?" 1130-1300, ACS

March: FRG Trilogy – Introduction to FRG's. 12 Mar 12: Episode I, 1130-1300, ACS 19 Mar 12: Episode II, 1130-1300, ACS

26 Mar 12: Episode III, 1130-1300, ACS

16 Apr 12: RSVP..."Not Just Another Acronymn"! 1130-1300, ACS

ARMY FAMILY ACTION PLAN (AFAP): Is a process which allows Service members, Retirees, Civilians, and Family members to say what's working and what is not. AFAP is

your opportunity to improve the well being of the local and global military community. Watch for the next AFAP conference in October 2012. Issues are accepted all year long through <u>www.myARMYONESOURCE.com</u>. Issue forms are also available at the AFAP office or email <u>debra.a.griffin@us.army.mil</u>. How can you be involved? Call 596-1481 to find out!

MOBILIZATION AND DEPLOYMENT SUPPORT: Offers support and assistance to Service members, Civilians, and their Families throughout the deployment cycle.

• FAMILY READINESS GROUP LEADER TRAINING: Family Readiness Group Leader training will be conducted at the Melvin Carnahan Army Community Service Center on the dates listed below. The training will cover FRG basics as well as regulations, communication, key callers, managing funds, volunteers, etc. If you are a new FRG Leader or feel as if you need a refresher course, please call 596-0212 to sign-up.

13 Feb 2012, 0900-1500, ACS Bldg 486 13 Mar 2012, 0900-1500, ACS Bldg 486

• **RESILIENCY TRAINING:** Course is designed to develop critical thinking, knowledge, and skills to overcome challenges, mature, and bounce back from adversity. Develop the ability to see that: Challenges are temporary – not permanent; Challenges are local - not global; Challenges can be changed by your own effort - you're not a helpless victim. The next Resiliency Training will be held at Army Community Service, Bldg 486 on the dates listed below.

27-29 Feb 2012,	0830-1530, ACS, Bldg 486
28-30 Mar 2012,	0830-1530, ACS, Bldg 486

- CARE TEAM TRAINING: Care Team training will be conducted on 24 April 2012, 0900-1200. The training will cover Care Team roles and responsibilities and understanding grief.
- **REAR DETACHMENT COMMANDER TRAINING:** This training focuses on Family readiness, specifically the leadership role and issues involved in taking care of Families in different circumstances. The next training will be held at ACS on **10 April 2012, 0900-1200.**

ARMY VOLUNTEER CORPS PROGRAM: The Army Volunteer Corps promotes and strengthens volunteerism by uniting community volunteer efforts and supporting professional management. It is an umbrella that encompasses a multitude of organizations that support our military community. Volunteers share the purpose of improving the quality of life for our Service members, Families, and Civilians. For more information please contact Rhonda Hutsell at <u>rhonda.hutsell@conus.army.mil</u>.

SURVIVOR OUTREACH SERVICE PROGRAM: The intent of this comprehensive program is to ensure continued support as needed and desired by eligible Family members for the duration of their immediate and long term care requirements in the following areas: Army benefits, financial counseling, grief counseling and support services, estate planning, will preparation, probate planning, assistance in the

preparation of estate related tax documents, and life skills education. We continuously strive to provide the highest quality of services to our Surviving Family members of fallen Warriors. As such, we want to provide information on the SOS program in your area. We stand ready to serve you and answer your questions. Please contact Jodeen Carmack or Mark Dunlop at jodeen.carmack@us.army.mil or mark.dunlop1@us.army.mil.

MILITARY & FAMILY LIFE CONSULTANT (MFLC) PROGRAM: This is a DOD program offering immediate support and short term situational problem solving counseling. Consultants address deployment/ mobilization and reintegration issues that affect Service members and their Families. They also address any other issues that include stress management, coping skills, relationship problems, parent/child concerns, conflict resolution, communication, and loss and grief. Consultations are free and confidential. No records are kept. After-hour and weekend appointments are available and group, on or off-site meetings can be arranged. Psycho-educational presentations are available. A list of these presentations is available upon request. Email: wmflc@gmail.com, Phone numbers: 573-212-0739, 573-855-3283, 573-855-3269 or call ACS at 573-596-0212. Fort Leonard Wood has an embedded MFLC position in the 4th MEB. The phone number is 573-979-7838.

ARMY COMMUNITY SERVICE OUTREACH: The purpose of ACS Outreach is to enhance readiness and retention by helping Soldiers and Families develop a stronger sense of self-reliance and belonging in the military community. Outreach targets those Families who have the greatest level of need, but are least likely to seek out and take advantage of services until they have reached a state of crisis. Once individuals and their issues/needs are identified, they can then be referred to the appropriate public sector/private sector agency for assistance. Outreach seeks to accomplish this by participating in on post/off post Family community events, on post organizational day functions, providing Family day briefings to Soldiers and Family members, setting up information tables during basic training graduations, conducting information briefings for permanent party, AIT students, and FRGs, and by manning information tables at various locations in communities around Fort Leonard Wood. Other activities ACS Outreach is responsible for include:

- THE HOUSE NEXT DOOR (HND): The House Next Door is a place where spouses and Family members of Active Duty military, military Reserve Units, National Guard units, and military retirees can meet to learn new skills and make new friends. There are several services and classes available to participate in and enjoy. Classes include cooking, sewing, ceramics, embroidery, etc. Classes are FREE of charge and children are welcome. (*) Star classes require registration one week prior to the beginning of class. All classes are held at 53 Young Street, unless otherwise specified. To register please contact the House Next Door at (573) 329-4616, or Dan Danzo at (573) 596-0212. E-mail: daniel.danzo@us.army.ml.
- FREE YARD SALE: (Tuesday 7 February & 6 March 2012) A variety of clothes, dishes, pots, pans, shoes, toys etc. are offered FREE to any and all military ID card holders and their Family members. Look for the advertised day to take advantage of the free items. Donations are accepted Monday through Thursday at 53 Young Street, 0900-1100 or at ACS, Bldg 486, FLW, 0730 to

1630. Large items such as tables, desks, dressers, beds, sofas, chairs, washers, dryers, refrigerators, etc. will not be accepted.

 GOWNS GALORE: Ball gowns and dresses of various styles and sizes are available for loan free of charge. Don't miss out on attending a function just because you think you don't have something to wear. Donations of gowns and dresses are always welcome. Call 329-4616 or 596-0212 for more information. February 2012 Classes

<u>Crafty Bingo, Wednesday, 1 February 2012:</u> Come join the fun of Crafty Bingo. Please bring any craft items for grab bags. Call for more information

<u>Chemo Caps (Knit/Crochet), Thursday, 2 February 2012</u>: The group is making knitted/crocheted hat for patients going through chemotherapy. Please call to register and for a supply list.

Loom Knitting, Monday, 6 February & Wednesday, 22 February 2012: We have looms here to practice with. Come join us and learn something new!

<u>Crochet, Wednesday, 8 February 2012</u>: Learn a new skill or challenge your mind with a new pattern or type of yarn. No prior registration required. Teaching supplies are provided for in-house usage only.

Coffee & Crafts, Thursday, 9 February 2012: We'll provide the coffee and you provide the crafts. Come join us for this enjoyable session!

<u>Plastic Canvas, Monday, 13 February 2012:</u> This session is for the beginner crafter; how to take a piece of plastic canvas and make something useful for yourself and your home. No prior registration required.

<u>Prepare and Share (Chocolate), Tuesday, 14 February 2012:</u> It's Valentine's Day! Make "<u>anything</u>" with "<u>chocolate</u>!" Need we say more? Bring in your favorite chocolate dish, along with the recipe, to share with the group! Please call to register for this sweet class!

<u>Crafty Wednesday, Wednesday, 15 February 2012</u>: Meets every other Wednesday from 0900-1100. Leave each class with a completed craft for yourself or as a gift. Learn new skills that can be applied to other crafts. No prior registration required. Supplies will be furnished.

<u>Embroidery, Thursday, 16 February 2012</u>: If needlework is something you have always wanted to try, then try our Embroidery Class! You'll learn how to take something simple and make it a work of art. No prior registration required.

<u>Cross Stitch, Tuesday, 21 February 2012:</u> Did you ever want to learn how to make some beautiful cross stitch designs? Please come and learn along with us

Book Club (Author: Diana Palmer), Thursday, 23 February 2012: We'll be discussing any book by the author. Please come join us and share your thoughts!

Quilt Block of the Month, Monday, 27 February 2012: We'll be working on our February block. Come join us to learn quilt block designs. Must know basic hand stitching/machine sewing. Please call for additional information and to register for this informative class!

<u>Unfinished Project/Potluck, Tuesday, 28 February 2012</u>: If you have a project that never seems to get finished or you're not sure how to complete it, today is a day for you. The HND instructors will be on hand to offer advice and answer questions. No prior registration required.

March 2012 Classes

*Hand Piercing (Grandmother's Gardenblock), Thursday, 1 March 2012: We're starting a new class! Come learn how to start "Grandmother's Gardenblock"! Please call for more information and to register for this fun activity!

Game Day, Monday, 5 March 2012: Come join us for some fun board game activities. We will have Scrabble, Scene It, Guesstures, etc.

<u>Crafty Wednesday, Wednesday, 7 March 2012</u>: Meets every other Wednesday from 0900-1100. Leave each class with a completed craft for yourself or as a gift. Learn new skills that can be applied to other crafts. No prior registration required. Supplies will be furnished.

Loom Knitting, Thursday, 8 March 2012: We have looms here to practice with. Come join us and learn something new!

12 March through 18 March the House Next Door is CLOSED for Spring Break. Will return on Monday, 19 March 2012:

*Prepare and Share (Crock Pot Recipes), Monday, 19 March 2012: Bring your favorite crock pot dish with the recipe and share with the group! Please contact us for more information and register for this delicious time!

<u>Embroidery, Tuesday, 20 March 2012</u>: If needlework is something you have always wanted to try, and then try our Embroidery Class! You'll learn how to take something simple and make it a work of art. No prior registration required

*<u>Tutu's, Wednesday, 21 March 2012</u>: Want to learn how to make a tutu for a favorite little girl? Please join us for this fun activity!

*Advanced Crochet, Thursday, 22 March 2012: If you want to learn how to crochet the "Hairpin Lace Stitch," please contact us to sign up for this interesting class!

<u>Chemo Caps (Knit/Crochet), Monday, 26 March 2012:</u> The group is making knitted/crocheted hat for patients going through chemotherapy. Please call to register and for a supply list.

Coffee & Crafts, Tuesday, 27 March 2012: We'll provide the coffee and you provide the crafts. Come join us for this enjoyable session

*Quilt Block of the Month, Wednesday, 28 March 2012: This is the third in a series of twelve classes. We will provide instruction in how to measure, cut, and create a quilt block. Please call to register and to obtain a copy of a supply list.

<u>Unfinished Project/Potluck, Thursday, 29 March 2012</u>: If you have a project that never seems to get finished or you're not sure how to complete it, today is a day for you. The HND instructors will be on hand to offer advice and answer questions. No prior registration required.

CHILD, YOUTH & SCHOOL (CYS) SERVICES POC: NANCY B. STARNES, 596-0200



Children utilizing the Child Development Center (CDC) must be registered with CYS Services. The CDC is open Monday-Friday and is closed weekends and federal holidays. The full day program currently operates from

is closed weekends and federal holidays. The full day program currently operates from 0530-1730 Monday thru Friday. The hourly care program operates from 0800-1700 Monday thru Friday. The part day preschool three-day program operates Monday, Wednesday, and Friday from 1230-1530 and Strong Beginnings operates Monday thru Friday from 0830-1130.

Children participating in Family Child Care (FCC) activities must be enrolled at a certified FCC provider's home.

Children participating in School Age Services (SAS) activities must be enrolled at SAS with the exception of Open Recreation that is offered two Saturdays per month. Children wishing to participate in Open Recreation must be registered with CYS Services, but are not required to be enrolled at SAS. Open Recreation is open to children from 1st thru 5th grade. Open Recreation is a free program. The phone number for the center is 596-0239.

Youth participating in Pippin Youth Center (PYC) activities must be registered with CYS Services. These activities are open to preteens and teens from 6th thru 12th grade. Youth interested in participating in any of these clubs or activities may contact the center for more information to find out about the wide variety of activities that are available and the procedures for signing up for any of the programs that they may be interested in. **The phone number for the center is 596-0209.**

Through our participation in the United States Department of Agriculture (USDA) Child and Adult Care Food Program (CACFP), the CDC offers Parent's Choice Infant Formula with Lipids and Iron; available for infants through 11 months old if parents choose to participate. The CDC also offers commercially prepared infant food or ground food prepared by our kitchen staff to all children who are not yet eating table food. Infant Feeding Plans are available at the CDC to be completed to inform the staff of the food your child has been introduced to. As always, children over the age of one year will also be supplied with all of their nutritional needs while they are at the center. For more information on these programs, please contact the center.

Deployment Discounts/Services: Deployment Respite Care is available for children registered with CYS Services whose parent/sponsor is deployed, on TCS, PCS or TDY (90-179 days) orders or a Service Member of the deployed unit. Sixteen free hours of care is available per month, per child, during the deployment. A copy of the Service Member's orders must be provided. The **CDC opens twice a month for this service.** For the month of February the center will be open on the 5th from 1200-1600 and the 17th from 1800-2200. The normal cost of hourly care is \$4.00 per hour will apply; payment must be made in advance. A snack will be provided for the children. This service may be utilized by other patrons whose children are registered for hourly care. Reservations are required and may be made up to two weeks in advance. Care is available for children 6 weeks through the 5th grade. Due to space limitations, paid reservations. If this should occur, advance payments will be refunded.

Family Readiness Group (FRG) childcare is a partnering event between CYS Services and Army Community Service (ACS). There is free childcare service two nights per month for any FRG member who would like to utilize the service to attend an FRG meeting. To utilize the service your child must be registered with CYS Services and reservations must be made no later than 1200 the week before the date of the opening. The **FRG childcare dates for February will be the 2nd and the 21st from 1800-2030.**

CYS Services are also giving deployment fee discounts to children registered with CYS Services whose parent/sponsor is deployed or a Service Member of the deployed unit. Offsets to fees may be given as follows:

- 1) Waiver of CYS Services registration fee
- 2) 15% discount reduction for regularly scheduled full/part day fees
- 3) \$2.00 per hour rate beyond the free respite care hours
- 4) \$100 for team or individual sports
- 5) \$300 for SKIES Instructional Programs

To receive the discount, deployment orders must be presented to Parent Central Services upon registration, or if your child or children are already registered, you must make an appointment to rewrite your present contract and present the deployment orders at this time; however, rewriting the contract does not extend the date of your contract (it will still expire on the original date). Call 573-596-0238/0421 to inquire about eligibility for benefits.

Parent Participation Points (PPP): For parents with children enrolled in the CDC, SAS, or an FCC home, there are a variety of ways to earn PPP. These points can add up to a monthly 10% discount on your childcare fees. Check with your program or provider for more information on this program.

The Skate Park is open at PYC. The hours of operation are the same as the center, but the Skate Park closes at dusk, or 1900, whichever comes sooner. The park is open to youth 1st thru 12th grade. 1st thru 5th graders must be accompanied by a parent. All youth using the park must be registered with CYS Services and must sign in at PYC prior to using the park. Safety equipment, i.e. helmet and kneepads, is required. Some safety equipment is available at the center.

PYC will open at 1430 on weekdays. On non-school days and Saturday, the center will open at 1200. Regular hours for the center when school is in session are Monday through Friday from 1430-1900, and on Saturday 1200-1900 for Open Recreation. The High School Lounge is open Monday thru Thursday from 1430-1900, Friday from 1430-2100, and Saturday from 1200-2200.

Information from the School Liaison Officer (SLO): POC: AnnMarie Loredo

Waynesville School District Information: WAYNESVILLE SCHOOL DISTRICT KEY DATES:

17 Feb 12 No Classes due to Staff In-Service20 Feb 12 No Classes in observance of President's Day

PARENT WORKSHOPS:

26 Jan 12 "Love Languages" 6-8 pm at Stonegate Community Center

31 Jan 12 "Love & Logic: School Age" Session #4 12-1:30 pm at Waynesville School District Administration Building

1 Feb 12 "Love & Logic: School Age" Session #4 6-8 pm at Stonegate Community Center

2 Feb 12 "Love & Logic: Early Childhood" Session #1 5-7 pm at Williams Early Childhood Center

3 Feb 12 "Preparing for the Journey" 11:30am-12:30pm at Bldg. 470, Room 1118.

6 Feb 12 "True Colors" 6-8 pm at Stonegate Community Center

7 Feb 12 "Love & Logic: School Age" Session #5 12-1:30pm at Waynesville School District Administration Building
8 Feb 12 "Love & Logic: School Age" Session #5 6-8 pm at Stonegate Community Center

9 Feb 12 "Preparing for the Journey" 9:15am-10:15 am at Stonegate Community Center

9 Feb 12 "Love & Logic: Early Childhood" Session #2 5-7 pm at Williams Early Childhood Center

13 Feb 12 "Love Languages for Teens" 6-8 pm at Stonegate Community Center

14 Feb 12 "Love & Logic: Early Childhood" Session #3 5-7 pm at Williams Early Childhood Center

21 Feb 12 "Love Languages" 6-8 pm at Stonegate Community Center

Love Languages: This workshop looks at the primary way you and others express and interpret your "love language". There are five key categories, or five love languages, proved to be universal and comprehensive. Everyone has a love language, and we all primarily identify with one: words of affirmation, quality time, receiving gifts, acts of service and physical touch.

Love Languages for Teens: Helping your relationship with your teen at a pivotal time is the focus of this class. Discover the joys of understanding your teen once you figure out what their primary "love language" is and the primary way of expressing and interpreting it.

Love & Logic: Parents want to enjoy their kids, have fun with them, and enjoy a less stressful family life. Discover new techniques for parenting, managing behavior, and communicating with your child in this series of classes. Must attend all six sessions.

True Colors: This is a model of personality identification that is easy to understand, remember and apply. With the colors of Blue, Gold, Green and Orange –True Colors elaborates concepts of personality into user friendly, practical ways to foster healthy relationships.

Preparing for the Journey: This workshop is a resource primarily to help parents but is also for grandparents, teachers, counselors, and others who care about the education of highly mobile children. One of the main goals of Preparing for the Journey is helping military-connected or other highly mobile students achieve a successful start to their educational careers. Early childhood is an exciting time! It is also a particularly important time period in the education of children since it sets the foundation for future learning. This workshop provides an overview of the most important issues for parents to consider, as well as practical, inexpensive ideas families can use to help spark their children's natural desire to learn. The goal is to help parents raise confident and happy children who are excited about education and learning.

Please call the Waynesville School District VISTA office at 573-433-2043 with any questions or for more information on Parent Workshops.

SCHOLARSHIP INFORMATION:

IMAGINE AMERICA SCHOLARSHIP

The scholarship is for high school seniors or recent graduates planning to attend a career college participating in the Imagine America scholarship program. Apply anytime online beginning January 1, 2012 at www.imagine-america.org.To qualify applicants must graduate in 2012 with a GPA of 2.5 or above and enroll in a participating career college. Applicants may also be requested to demonstrate commitment to community service and /or financial need.

MISSOURI BANKERS FOUNDATION SCHOLARSHIP--Deadline March 16, 2012

Applicants must be high school seniors who have exhibited academic achievement and/or economic need. Students should be planning to enroll in a full-time course of study leading to a major in a field related to banking. The application form must be signed by an officer of a Missouri Bankers Association member bank. You may obtain an application at http://www.mobankers.com/content.aspx?id=8814

MISSOURI WOMEN'S GOLF ASSOCIATION SCHOLARSHIP--Deadline April 2, 2012

Applicant must be a U. S. Citizen and a female in the state of Missouri or in Johnson County, KS. You may pick up an application in the WHS guidance office.

WAYNESVILLE-ST. ROBERT AREA CHAMBER OF COMMERCE COMMUNITY MINDED ABASSADORIAL SCHOLARSHIP—Deadline April 2, 2012

Applicant shall be a Waynesville High School or Maranatha Baptist Academy Senior. Student must be enrolled in college for the fall semester following graduation. Applications are available in the WHS guidance office.

WAYNESVILLE-ST. ROBERT AREA CHAMBER OF COMMERCE-THE RIGHT CHOICE SCHOLARSHIP—Deadline April 2, 2012

Applicant shall be a Waynesville High School or Maranatha Baptist Academy Senior. Student must be enrolled in college for the fall semester following graduation. Applications are available in the guidance office.

MOCA HEAD START SCHOLARSHIP—Deadline April 6, 2012

Applicants must live in one of the following counties: Camden, Crawford, Laclede, Gasconade, Maries, Miller, Phelps, or Pulaski County. Be a 2012 high school graduate, and have been enrolled in a Head Start program, not necessarily a MOCA Head Start program. Access this application online at www.moca-caa.org

DOGWOOD HILLS ASSOCIATION OF EDUCATIONAL OFFICE PROFESSIONALS (DHAEOP)—Deadline April 6, 2012

To qualify, applicant must be: U.S. citizen, graduating high school senior who has applied for admission to a post-high school program in Missouri, and plans to enter the business or education profession. Applicant must have taken two or more business courses.

EAST ELEMENTARY SCHOLARSHIP—Deadline April 13, 2012

Applicant must be a graduating senior who attended East Elementary School and is planning to attend college.

THE AMERICN LEGION DEPARTMENT OF MISSOURI—WILLIAM C. ANDERSON, JR., MEMORIAL POST 331—Deadline March 23, 2012

Applicants must be a U.S. Citizen and be a current year graduating senior of either Waynesville High School or Laquey High School or a certified home-school program. The applicant must not be a recipient of a four-year scholarship, ROTC scholarship or appointment to a service academy. The award must be used at an accredited college, university, trade, technical or vocational school by a full-time student during 2012-2013 school year.

DAVIDSON FELLOWS SCHOLARSHIPS—Deadline February 1, 2012

To be eligible you must be 18 or younger as of Oct 4. You must be a U.S. citizen residing in the United States, or a Permanent Resident of the United States residing in the United States. Applications can be found by going to http://www.studentscholarships.org/scholarship.php.

MISSOURI STATE SOCIETY DAUGHTERS OF THE DAUGHTERS OF THE AMERICAN REVOLUTION (MSSDAR) JROTC SCHOLARSHIP—Deadline February 1, 2012

The applicant shall be a student in the senior class of an accredited high school in Missouri who is participating in JROTC, has a grade point average of 3.0 or higher and has demonstrated the qualities of patriotism, leadership, and love of country; A citizen of the United States of America and a resident of Missouri; Recommended by the JROTC Unit Commander; Applicant must plan to attend an accredited Missouri college or university.

JAMES L. & NELLIE M. WESTLAKE SCHOLARSHIP PROGRAM—Deadline February 1, 2012

Applicants must be Missouri residents; graduating high school seniors from a public or private high school in Missouri planning to enroll in a four-year college or university or student completing one or two full years at a Missouri community college and transferring to a four year college or university at the sophomore or junior level; maintain a 2.5 GPA or higher on a 4.0 scale; family adjusted gross income of \$50,000 or less. For additional information and a link to the application, visit http://sms.scholarshipamerica.org/westlake/application.html.

KFC COLONEL'S SCHOLARS PROGRAM-Deadline February 8, 2012

To qualify, a student must be graduating from high school this academic year, earn a minimum high school cumulative GPA of 2.75 or higher; enrolling in a public, in-state college or university; pursuing a bachelor's degree; be a U.S. citizen or permanent resident; and demonstrate financial need. <u>The 2012 application process opens on</u> December 1, 2011. Visit www.kfcscholars.org to apply.

LUKE E. HART MEMORIAL SCHOLARSHIPS—Deadline February 15, 2012

The recipients MUST attend one of the branches of the University of Missouri – Columbia, St. Louis, Rolla, or Kansas City. If fewer than four qualified applicants apply, then these scholarship may be awarded as specified for Missouri State Scholarships. To be eligible for this scholarship, the applicant MUST be a member of the Knights of Columbus; OR the son, daughter, or wife of a member of the Knights of Columbus; OR the son, daughter, or wife of a deceased member of the Knights of Columbus; OR a Squire or Columbus Girl in good standing, attested to by the Chief Counselor and GK; OR a minor child whose LEGAL GUARDIAN is a member of the Knights of Columbus. You can pick up an application in the guidance office or at MOKOFC web page <u>http://www.mokofc.org/index.php?option=com_content&view=article&id=226&Itemid=68</u> <u>8</u>.

MISSOURI STATE SCHOLARSHIPS—Deadline February 15, 2012

The recipient may attend any accredited University, College, or Technical school; beyond high school level. To be eligible for this scholarship, the applicant MUST be a member of the Knights of Columbus; OR the son, daughter, or wife of a member of the Knights of Columbus; OR the son, daughter, or wife of a deceased member of the Knights of Columbus; OR a Squire or Columbus Girl in good standing, attested to by the Chief Counselor and GK; OR a minor child whose LEGAL GUARDIAN is a member of the Knights of Columbus. Access application at

http://www.mokofc.org/index.php?option=com_content&view=article&id=226&Itemid=68 8.

CARDINAL BERNARD F. LAW SCHOLARSHIP—February 15, 2012

The recipient may attend any accredited seminary of their choice studying for a vocation to the religious life. Applicants must be approved by one of the Missouri Dioceses or by a religious order located in Missouri. Access application at http://www.mokofc.org/index.php?option=com_content&view=article&id=226&Itemid=68 8.

VOCATION SCHOLARSHIP—Deadline February 15, 2012

The recipients may attend any accredited seminary or college of their choice to study for a vocation to the religious life. If no applications are received from applicants desiring to study for a vocation to the priesthood or to serve in a religious community, then these scholarships may be awarded to other applicants with preference given to those attending Catholic institutions. Applicants must be approved by one of the Missouri Dioceses or by a religious order located in Missouri. The membership requirements do NOT apply.

You can pick up an application in the guidance office or at MOKOFC web page <u>http://www.mokofc.org/index.php?option=com_content&view=article&id=226&Itemid=68</u> <u>8</u>.

LADIES AUXILIARY SCHOLARSHIP—Deadline February 15, 2012

Applicant for this scholarship must be a member in good standing of a Ladies Auxiliary of a Council or Assembly within Missouri as attested to by the President and Treasurer of the local Auxiliary. Application available at MOKOFC web page: <u>http://www.mokofc.org/index.php?option=com_content&view=article&id=226&Itemid=68</u> 8.

LACLEDE ELECTRIC TRUST, INC. OPERATION ROUND UP® SCHOLARSHIP--Deadline February 27, 2012

Attend a high school or a private school in the service area of Laclede Electric Cooperative, (Camdenton, Conway, Hartville, Laquey, Lebanon, Richland, Stoutland, and Waynesville); be home schooled; or live in the service area of Laclede Electric Cooperative and attend a high school out of the service area. Be a graduating senior who is enrolled or plans to enroll in an accredited college, university or technical training school for the 2012-2013 school year. You can pick up an application in the guidance office or at www.lacledeelectric.com.

NATIONAL DEFENSE TRANSPORTATION ASSOCIATION (NDTA) SCOTT/ST LOUIS CHAPTER 2012 SCHOLASTIC AWARD Deadline March 1, 2012

High school applicants must reside in Illinois or Missouri. College students must be enrolled as a full-time student at an accredited institution in a state within the NDTA's Central Region. Applicants must be high school seniors graduating in the spring of 2012, or full-time college students. College students may be enrolled in any field of study, but priority will be given to those in a degree program related to business, transportation logistics, or physical distribution. Applications are available in the guidance office or online at <u>http://www.ndtascottstlouis.org</u>.

THE GRAND SCHOLARSHIP—Deadline March 1, 2012

Participants are judged based on their initial application, on-site debates and participation during the week. Multiple students receive scholarships in the first round and the total number of students selected dictates how much each student will receive. Applications can be found by going to

http://www.studentscholarships.org/scholarship.php.

FT. WOOD COMMUNITY SPOUSES' CLUB HIGH SCHOOL SENIOR SCHOLARSHIP—Deadline March 2, 2012

The applicant's current Grade Point Average (GPA) must be 2.5 or better. Applicant must be dependent family member of Armed Forces personnel (active duty, Reserves, National Guard, retired military, and active or retired DA civilians) working at or affiliated with Ft. Leonard Wood (<u>must be a valid Dependent/DOD ID card holder</u>!). Applicant must be accepted in and working toward an associate, undergraduate or graduate degree. A minimum of a 12 credit hour course load is required. Scholarship committee members, judges, and their family members are <u>NOT</u> eligible for scholarships during their term of appointment. Applications are available in the WHS guidance office.

MARION DALE SUMMERFORD MEMORIAL SCHOLARSHIP - Deadline March 16,

2012 Applicant must be a Mid-Missouri Credit Union F.Y.I. (Future Young Investors) Club member graduating from high school in 2012. The Marion Dale Summerford Memorial Scholarship is open to eligible high school seniors who plan to and continue their education at a university, college or technical school. Mid Missouri Credit Union employees, officials and their immediate family members are not eligible for the scholarship.

STUDENTS FOR LIFE HIGH SCHOOL SCHOLARSHIP-Deadline March 23, 2012

High school seniors involved in the organization of their high school blood drive are eligible to apply for the scholarships. Applications will be accepted between January 1, 2012 and March 23, 2012. Students can pick up an application in the guidance office.

Lanford Family Highway Worker Memorial Scholarship – Due March 23, 2012

The American Road & Transportation Builders Association (ARTBA-TDF) is now accepting applications for the "Lanford Family Highway Worker Memorial Scholarship Program" for the 2012-13 academic year. The program awards scholarships of up to \$5,000 per year to assist the children of highway construction workers killed or permanently disabled in the line of duty pursue post-high school education. The application deadline is March 23, 2012. Visit the Awards and Scholarships page at <u>www.artbatdf.org</u> for more details or click here to download the brochure: 2012 Scholarship Application. If you know of a student that is interested in this scholarship or may be eligible, please contact Holly Bolton at 202.289.4434 or hbolton@artba.org.

ODENZA MARKETING SCHOLARSHIP—Deadline March 30, 2012

To be considered eligible you must be between the ages of 16 and 25 on March 30, 2012. Submit answers to the essay questions, which can be found on the application page. Applications can be found by going to http://www.studentscholarships.org/scholarship.php.

Charter Communications is offering \$1,000 Charter Student Scholarship – March

<u>30, 2012</u> To be considered, the student must be a graduating high school senior, a resident of Missouri within Charter's Service Area and plan to major in a field with relevance to Charter, i.e. accounting, business administration, business management, communications, computer technology, engineering, marketing or a related field at an accredited college or university. A completed Application Form and supporting documents must be postmarked no later than March 30, 2012. The website with the scholarship application is www.chartertv.com. You may also contact Jessica Myers, Sr. Manager, Communications at jessica.myers@chartercom.com.

U.S. BANK SCHOLARSHIP—Deadline March 31, 2012

The Scholarship Program is available to high school seniors (graduating in the 2011-2012 school year) planning to enroll or a current college freshmen, sophomore or junior at an eligible four-year college or university participating in the U.S. Bank No Student Loan Program; enrolled by September 2012; a United States citizen or permanent resident alien. To apply go to: <u>http://www.usbank.com/scholarship</u>.

Ava's Grace Scholarship – Due April 15, 2012

The Ava's Grace Scholarship Foundation is a one-of-a-kind non-profit organization with a vision of higher education and work force development for children of incarcerated parents. AGSF's mission is to stop the cycle of incarceration through the gift of higher education. Beginning in 2012, Ava's Grace Scholarship Foundation will award ten \$5,000 scholarships to children in the state of Missouri who have been impacted by incarceration. Our scholars will be chosen based on financial need, academic potential and strength of character. You can find more information as well as sign up for our newsletter on our website: www.avasgrace.org. For questions, please email: info@avasgrace.org.

PULASKI COUNTY KOREAN ASSOCIATION SCHOLARSHIP - Deadline April 17, 2012

This scholarship is available to any graduating high school senior who has applied to an accredited college. Pick up the application in the guidance office. Students do not have to be Korean to apply.

SIGEP BALANCED MAN SCHOLARSHIP—Deadline May 1, 2012

To qualify for the Balanced Man Scholarship you must attend Missouri S&T in the 2012-2013 school year and submit the application by May 1, 2012.

VANCOUVER RESTAURANT SCHOLARSHIP—Deadline May 30, 2012

To be eligible you must be between the ages of 15-21, as of the May 30, 2012 deadline. Be a full time student in 2012 in either High School or College/University. Answer the essay question found on the application page. Applications can be found by going to http://www.studentscholarships.org/scholarship.php.

HEALTHY LIFESTYLES SCHOLARSHIP—Deadline May 30, 2012

To be eligible you must as of May 30, 2012 deadline, be under 25 years of age. Be currently a senior in high school or in your first year of university or college. Applications can be found by going to <u>http://www.studentscholarships.org/scholarship.php</u>.

BIG DIG SCHOLARSHIP—Deadline June 1, 2012

To be eligible you must be currently in grade 12 and entering into your first year of college/university in 2012 or be currently in your first or second year. Submit an essay that is under 1000 words by the stated deadline. Applications can be found by going to http://www.studentscholarships.org/scholarship.php

MAN MAC AUTOMATIC SCHOLARSHIP—Deadline June 15, 2012

To be considered eligible student must be enrolled or expect to be enrolled in an undergraduate program by the fall of 2012. The school you attend must be located within Canada or the United States. Applications can be found by going to http://www.studentscholarships.org/scholarship.php.

TEACH Grant Program

The Teacher Education Assistance for College and Higher Education (TEACH) Grant Program provides grants of up to \$4,000 per year to students who agree to teach for four years at an elementary school, secondary school, or educational service agency that serves students from low-income families and to meet other requirements. To download a fact sheet with more information regarding the TEACH Grant Program go to www.studentaid.ed.gov/pubs.

ACT & SAT TEST INFORMATION:

ACT registration for the April 14th test date is March 9th. To register go to <u>www.act.org</u>. When entering code #s, Waynesville High School code is 263545. Students can take the ACT at Waynesville High School. Testing center code is 198230.

SAT registration for the March 10, 2012 test date is February 10, 2012. To register go to <u>www.collegeboard.com</u>. The closest testing site is Rolla.

SAT and ACT Preparation Kits: Children and relatives of service members can get free SAT and ACT preparation kits compliments of several professional athletes and the testing company eKnowledge. Service members, Defense Department employees and civilians performing military support qualify for the program. Eligible relatives and dependents of service members also qualify.

The SAT and ACT PowerPrep Program, which retails for \$300, is available free upon request. It consists of 11 hours of video instruction, 3,000 files of supplemental test prep material, sample questions and practice tests. Shipping costs are not included and average about \$30 per order.

The sponsorship is entering its sixth year and has donated 167,000 programs valued at over \$37 million.

For more information visit: www.eknowledge.com/MilNews

FREE Online Tutoring for ALL Military Families: Access <u>www.tutor.com/military</u> <<u>http://www.tutor.com/military</u>> for help with all subjects and levels. Professional tutors are available 24 hours a day 7 days a week; one-to-one sessions in a secure online classroom to ensure material is really understood. Visit the website today!

The Edge!

The EDGE program offers out-of-school enrichment opportunities for children and youth (grades 1-12) to experience, develop, grow, and excel by participating in cutting-edge art, fitness, life skills and adventure activities, known as Art EDGE!, Fit EDGE!, Life EDGE! and Adventure EDGE!

- Art EDGE! Promotes learning-by-doing and focuses on the development of lifetime skills through exposure to the arts. Art EDGE! Activities increase creative development while building self-esteem.
- Fit EDGE! Educates and encourage children and youth to incorporate a healthier lifestyle through physical activity and nutritional awareness programs.
- Life EDGE! Imparts upon children and youth the skills needed for lifelong growth as well as the exploration of future career fields.
- Adventure EDGE! Encourages children and youth to embrace the outdoors and nature while being exposed to activities that stimulate relaxation.

The EDGE! Framework provides the Army's Child, Youth & School (CYS) Services extracurricular enrichment options in Family and Morale, Welfare & Recreation (FMWR) program settings for youth of military and DOD civilians.

Children/Youth that wish to participate in any package must be a registered member of CYS Services. To enroll your child/youth please stop by the Parent Central Services Office in building 470 Room 1126.

Packages offered February 2012 (deadline to enroll is 30 Jan 12):

13-24 Feb 12 (no Edge! 20 Feb) Edge! and the Daugherty Bowling Center will be offering part II of Instructional Bowling. This 2 week package is NOT for beginners. Time: 1600-1730, Place: Daugherty Bowling Center, Grades 1-5 \$67.50, Grades 6-12 FREE.

Monday's (no Edge! 20 Feb) 1500-1630 Renewable Energy. Grades: 9-12. Place: Waynesville High School

Tuesday's in February 1600-1730 Pottery Painting. Grades: 1-5 Cost: \$30. Place: School Age Services.

Wednesday's in February (1, 8, 15) Intro to Comic Strip and Cartoon Drawing. Grades: 6-12 Place: Arts and Crafts Frame Shop, Time: 1600-1800.

Thursday's in February 1600-1730 Life Inc. The Ultimate Career Guide for Young People. Unsure of what it is you want to be? This package will assist you. Grades: 6-12, Place: Rec Plex.

Friday's in February 1600-1730 Create the Edge!'s own Newsletter. The newsletter will have articles about upcoming packages, pictures, comic strips and more. Grades 6-12, Place: Pippin Youth Center.

Packages offered March 2012 (deadline to enroll is 24 Feb 12):

Monday's (Except Mar 12th) Time: 1600-1730 Trapshooting Grades: 6-12, the Outdoor Adventure Center

Tuesday's (except Mar 13th) Couponing 101 Grades: 6-12 Time: 1600-1730, The Rec Plex

Wednesday's (except Mar 14th) Archery 101 Grades: 1-5 Time: 1600-1730, The Outdoor Adventure Center Cost: \$30

Thursday's (except Mar 15th) Woodworking 101 Grades: 6-12 Time: 1600-1730, School Age Services.

Friday's (except Mar 16th) SAS Robotics Grades 1-5, Time: 1600-1730, School Age Services Cost: \$37.50

Spring Break Edge! Packages. Will meet Monday- Friday unless otherwise specified. International Cooking: Grades 2-5 will meet Tuesday and Thursday. Time: 1330-1630 Cost: \$30, Audie Murphy's Community Center.

International Cooking for grades 6-12 will meet Monday/Wednesday/ Friday. Time: 1330-1630, Audie Murphy's Community Center

Edge! GET FIT Week! A partnership with Davidson Fitness Center and the Youth Sports and Fitness staff. Time 1400-1700. Grades 6-12. Place: Davidson Fitness Center and Pippin Youth Center.

Auto Maintenance 101 grades 6-12 Time: 1430-1630, Auto Crafts Shop.

Follow Us on Facebook page:

www.facebook.com/pages/Fort-Leonard-Wood-Edge/321587863799 <http://www.facebook.com/pages/Fort-Leonard-Wood-Edge/321587863799> SKIESUnlimited

- Swimming winter and spring swimming lessons will begin 24 Jan 12 May 12 for levels 1, 2 & 3. Lessons are from Tuesday Friday for one hour, and are one to two weeks in duration. One week classes are \$15; two week classes are \$30. Call Parent Central Services at 596-0238/0421 for more information.
- Music and Movement 6 Mar 24 Apr 12, \$35.00 "Shake Your Tail feathers" for ages 3-5 Tuesdays 1-2 p.m. at Audie Murphy's Community Center. Creative movement, finger plays, and hands on activities with child sized instruments. Parent participation required. Call Parent Central Services at 596-0238/0421 for more information.
- Piano & Guitar 30 Minute Private Lessons \$55, Hour Long Group Lessons \$43. Some time slots are still available. Contact Parent Central Services for dates and times at 596-0238/0421.
- Martial Arts Meets Monday and Wednesday evenings at Audie Murphy's Community Center. Classes offered are one time a week for \$35 per month or

two times a week for \$65 per month. Start-up fee is now \$75 (regular price, \$159). Call Parent Central Services at 596-0238/0421 for more information.

- Gymnastics 45 minute gymnastics class once a week for 18 months and older. Lessons are \$42/month. 1 ½ hour advanced class is \$58/month Contact Parent Central Services at 596-0238/0421 for days and times.
- Dance Classes are currently in session for ages Pre-K and up on Thursdays between 1600 – 1900. Lessons are \$35.00 per month with a \$15.00 enrollment fee. Call Parent Central Services at 596-0238/0421 for days and times.

SKIESUnlimited program is recruiting community members like you! Share your knowledge and skills and earn extra money in your spare time. Expand the horizons of children and youth in the Fort Leonard Wood community. SKIESUnlimited is currently recruiting individuals with experience in academic tutoring, SAT/ACT prep, arts & crafts, drawing & painting, auto skills, robotics, engineering, scrap booking, cooking, foreign language instruction, baby massage, and baby sign language. Please contact Nancy Maddy at 573-596-2050/563-3006 if you are interested in working as an independent contractor with the SKIESUnlimited program.

Like us on Facebook for all the latest news:

https://www.facebook.com/SKIESUnlimitedFortLeonardWood

Parent and Outreach Services/Special Events:

PWIM Workshop "Preparing for the Journey Birth to 3 Years Old", 3 Feb 12, Building 470, Room 1118, 1130-1230.

PWIM Workshop "Savings & Investments", 24 Feb 12, Building 470, Room 1118, 1130-1230.

PUBLIC AFFAIRS OFFICE POC: MIKE WARREN, 563-4145



Feb. 4

Missouri S&T Military Appreciation Day

Fort Leonard Wood Soldiers to be honored guests for a basketball military appreciation day. Women's basketball game tip off at 1300 and men's game tip off at 1500 at the Gale-Bullman Multi-purpose Building, 705 W. 10th Street, Rolla, MO. There will be two halftime events honoring the Soldiers and a between game bleachers meal.

Feb. 9

Community Forum

The Waynesville-St. Robert Chamber of Commerce 20th Waynesville-St. Robert Chamber of Commerce Community Forum was postponed to 9 Feb due to the snow. The forum is scheduled to take place at 1800 at the Waynesville High School Auditorium. Speakers are requested to arrive no later than 1730. Current status: Garrison Commander - COL Williams will be the CG's representative for the forum.

Feb. 16

St. Louis Blues Military Appreciation Day

The STL Blues have locked in 16 February 2012 for a Military Appreciation Day. The STL Blues would like to host a hospitality reception prior to the game to meet and greet Service Members from FLW and Scott AFB (in a Building adjacent to the Arena). Tickets for the game will be reduced to \$16 for Service Members. Support requested: Joint Service Color Guard, a Soldier to sing the National Anthem and Purple Heart Service Members. The game starts at 7 p.m. at the Scottrade Center located at 1401 Clark Avenue, St Louis, MO.

INSTALLATION CUSTOMER RELATIONSHIP MANAGEMENT OFFICER POC: BECKY GRIMM, 563-5114

"Voice of the Customer"

THE EXCHANGE POC: ROBERT RICE, GENERAL MANAGER, 596-1501



COMMISSARY POC: WANDA DOTSON, 596-0689, ext 3020

February 20th President's Day - OPEN 0900-1700

Don't forget to pick up a college education on your next trip to the commissary!

The Scholarships for Military Children Program can help with a \$1,500 scholarship!



For information, contact your local commissary, school guidance counselor, or visit the program website at www.militaryscholar.org or www.commissaries.com.

Applications available Dec. 1, 2011 Application deadline: Feb. 24, 2012

Store Director: Wanda Dotson 596 0689

GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL (GLWACH) POC: MERRY ROSS, 596-0131, ext 6-9146

Pharmacy News—

 The Main Outpatient Pharmacy moved to the first floor on January 17th.



• They are open Saturdays from 1:00 p.m. to 5:00 p.m. All services to include new, refill, and faxed prescriptions will be available. Patients wanting to pick up

refills on Saturdays *MUST* select the Main Hospital location when requesting refills via our automated refill service. Beginning November 21st, the Main Outpatient Pharmacy hours were extended to better serve our patients. The new hours are 0700 to 1900 Monday, Tuesday, Wednesday and Friday. Thursday hours are 0830 to 1900. Please call (573) 596-0514 if you have questions.

- Walgreens Pharmacies no longer participates in the TRICARE pharmacy benefit program administered by Express Scripts. Beneficiaries may transfer their Walgreens prescriptions to our main or PX pharmacy by taking current prescription bottles to one of these pharmacies. Our staff will call Walgreens and have the prescription transferred.
- To verify medications are available at GLWACH, please call 573.596.0514 or go to http://glwach.amedd.army.mil/patient_care/pharmacy/pharmacy_home.htm and click on formulary. There is no charge for prescriptions filled at GLWACH, and the cost to the government is reduced by 60% for most prescriptions. Please allow 1 business day to have prescriptions transferred from Walgreens.
- The GLWACH pharmacies strive to provide our patients the best service possible and look forward to building a partnership with you, for your good health. Please call 573.596.0515 with any questions.

Boot s on the Ground, Combat Stress Group--Meetings are held each Tuesday morning, 0800-1000, in GLWACH Behavioral Health Department (Room 63). The group is for active duty Soldiers who have been deployed and are currently finding it difficult to be back in a garrison environment. Mrs. Welch, Academy of Certified Social Workers, Licensed Clinical Social Worker, has 30 years of experience in the treatment of trauma and is the facilitator of the group. More importantly, this group is about Soldiers supporting Soldiers with shared information of what helps and what only makes things worse. Soldiers address questions such as, "How do I go to my child's school carnival without doing a combat roll down the hall" or "How do I get a better night's sleep?" For more information about the group and how to register, call 573.596.0522 or walk-in Behavioral Health Department and let the front desk personnel know you would like more information about the group.

Expanded Behavioral Health Services--Our Behavioral Health Department now offers evaluations of children and adolescents and provides treatment such as individual child therapy, family therapy, and behavior therapy. Children who may need medical management of their behavioral health problems may also be seen by a qualified prescribing behavioral health professional. Parents may call the Behavioral Health Department at 573.596.0522 for an initial appointment for their child/adolescent.

Our Treasury Office is Now Accepting Credit Cards Payments—Payments for civilian emergencies, retiree and family member inpatient stays, interagency charges, and foreign nationals can now be made via credit card. They can also provide estimates for and accept the required prepayment for elective cosmetic procedures.

GLWACH's Healthcare Consortium—The next meeting is February 14th.

GLWACH Reduces Operations for President's Day—GLWACH clinics, pharmacies, Consolidated Troop Medical Clinic, and Ozark Family Centered Medical Home will be closed for patient visits on Monday, February 20th. We will also reduce operations on February 17th for mandatory training. The emergency room will be fully operational.

GLWACH Community Health Resource Center—February Class Schedule is attached.

Sun February is Heart	Mon	Tue	call 573-596-0491 Wed	491 Thu	Sun Mon Tue Wed Thu Fri Sat February is Heart 1 solfcare 1 solfcare
February is Heart Health Month			1 Selfcare 1300-1500 Room 111	2 Informed Childbirth Class #1 1730-1930 Room 111 Infant CPR 1000-1100/Room 111	Sirth
	6 Tobacco Cess #1 1100-1230 Room 111	7 PPPT 0730-0830 Room 111 Tobacco Cess #1 1100-1230 Room 111	8 Infant Care 0900-1130 Room 111 Self-care 1300-1500 Room 111	9 Informed Cividbieth Class #2 1730-1930 Room 111	Ibirth
12	13 Tobacco Cess #2/ #3 1130-1230 Recom 111	14 PPPT 0730-0830 Room 111 Tobacco Cess #2 1130-1230 Room 111	15 Breastfeeding 0900-1100 Room 111 Self-Care 1300-1500/Room 111	16 Informed Childbirth Class #3 1730-1930 Room 111	dbirth
19	20 President's Duy (Holiday)	21 FPPT 0730-0839 Room 111 Tobacco Cess #3 1130-1230 Room 111	22 Breast Pumping Techniques class 0900-1130 Self-care 1300-1500 Room 111	23 Informed Childbirth Class #4 1730-1930 Room 111	lidbirth
26 For Car Seat Safety Inspection call: 573-323-0491 for an appointment	27 Tobacco Cess #4 1130-1230 Room 111	28 PPFT 0730-0830 Reom 111 Tobacco Cets #4 1130-1230 Reom 111	29 Early Pregnancy and Pet Lecture 1415-1615 Self-Care 1300-1500/room 111	Revised 12/6/11	-

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AMERICAN RED CROSS POC: DENNIS MORAN, 596-0300

February 6, 2012 and 13 February 2012 - New Volunteer Orientation,10:00 am, Building 496(corner of Constitution & Replacement). Call 573-596-0300 to register.

Vacant Positions: For the Advisory Council Chairs: Hospital Chair Youth Chair

Blood Services:

(Chapter) Information:

CPR/First Aid/AED training are held Every Second Saturday at Building 496 (corner of Constitution & Replacement). To Register for Classes go to <u>www.recross.org</u>, website or 1800-REDCROSS PRESS-#3.



POC: KELLY BROWNFIELD FACILITY MANAGER, <u>329-2039, kbrownfield@usomi</u>ssouri.org

Hours of Operation: Thurs.: 1200-2000, Fri.: 1200-2000, Sat.: 1200-2100, Sun.: 1200-1800 **Open Every Holiday**

UPCOMING EVENT:

January's USO Family Game Night is being sponsored by the:

Command Sergeant Majors Association

Dinner Menu: Lasagna Salad Rolls Various snacks

Dessert: Pie and Ice Cream

(Dinner will be served until 6:30pm, with dessert shortly to follow, the adult raffle occurs at 7:30pm)

Join us for Family Game Night! Friday, January 27th 5 pm - 8 pm Fort Leonard Wood USO Mare and decest provided Inner and decest provided Inner the provided Inner the provided

The USO will be filled with lots of games, along with multiple craft corners, including face painting. Every child leaves with 1 new gift of their choice.

VOLUNTEER SHIFTS AVAILABLE FOR INDIVIDUALS/GROUPS

There are multiple shifts available that either individuals and/or community groups can sign up for. If you have any interest in volunteering, or seeing what on-going shifts are available, please contact Kelly.

BALFOUR BEATTY COMMUNITIES POC: ANGIE ASKINS, 573-329-1009 aaskins@bbcgrp.com

***Mommy and Me Cardio Class has now added Fridays (beginning January 27th) to their schedule! Every class is held at the Stonegate Community Center at 9:30am. Kids are welcome!

February 2-9th - Enter for your chance to win a gift card for a sweetheart's dinner! Entry forms can be filled out at your nearest community center. Winners will be chosen and contacted February 10th!

February 11th - Parents Night Out- Just in time for Valentine's Day! Bring the kids to the Stonegate Community Center from 5-8pm. Please sign children up at 573-329-1009.

February 13th- Kids Valentine's Day Crafts at the Stonegate Community Center from 3:30-4:30pm. Snacks will also be served.

February 17th- Valentine's Scrappin' at the Piney Hills Community Center at 10am. All supplies are provided at no cost to our military families!

February 23rd- Make n take pizza party at the Stonegate Community Center from 3:30-4:30pm. Personal pan pizza making supplies will be provided at no cost!

February 29th- Leap Year Party- Only happens once every 4 years! Party will be held at the Stonegate Community Center from 3:30-4:30pm.

ARMED SERVICES YMCA OF MISSOURI (ASYMCA) POC: LINDA BRIGHT, EXECUTIVE DIRECTOR, 329-4513, ymca@cablemo.net; www.asymcaMO.com



NEW WEBSITE: www.asymcaMO.com

See us on Facebook: http://www.facebook.com/#!/pages/Armed-Services-YMCA-Ft-Leonard-Wood-MO/125033027516941

Weekly Activities:

Mondays	10:00
Tuesdays,	10:30
Wednesdays	12:30
Wednesdays	3:30
Thursdays	9:30

Playgroup with New Parent Support Group Story Hour at Clarke Library Story Hour at Clarke Library After School Adventures at Woodlands Mom & Me Craft Class at Woodlands Neighborhood Center

C.A.R.E.S: Session 2 begins February 15. Contact Y to sign up (ages birth-pre-school)

Operation Hero: Pilot at Partridge Elementary School - Thursdays at 3:30

Kid Comfort quilts: Photo quilts for children with a deployed parent. Application available by emailing y office at <u>ymca@cablemo.net</u>

Bus Trips: Saturday, February 11: "Finding Nemo"

Call ASYMCA to register: 573-329-4513 Includes transportation, movie, lunch, craft - FREE

SPOUSES CLUB (FWCSC) <u>POC: GABY GALLAGHER (President),</u> <u>fwcscpresident@yahoo.com</u>



Please visit us on our Facebook Page <u>http://www.facebook.com/pages/Fort-Wood-</u> Community-Spouses-Club-FWCSC/176096545760937

FWCSC February Luncheon:

"Animal Instincts" is scheduled for Thursday, February 16, 2012 at the Pershing Community Center, FLW. Our Sharing is Caring project this month will be the Animal Shelter on FLW. We will be collecting monetary donations on their behalf.

Please RSVP by 12 PM on February 10, 2012 if you would like to attend, bring a guest, and/or would like to become a member, to Christy McGill <u>fwcscreservations@yahoo.com</u>

<b

Please note: a guest may attend one luncheon per club year. All our luncheons are for adults only (infants 6 months and under are permitted).

FWCSC Scholarships:

Scholarships are for High School Seniors and Spouses/Dependents of active duty Military, retired Military and DA/DOD contected with Ft. Leonard Wood. Applications are now available for download and due March 2, 2012 (postmarked). For more information please visit our Facebook page. Questions? Please e-mail Diana Webster at <u>fwcscscholarship@yahoo.com</u>

CHAMBER OF COMMERCE POC: CECILIA MURRAY, 336-5121



Ultimate Uno Challenge – January 27th from 7:00 p.m. to 8:00 p.m. Calling all teens! \$5 Registration Fee which includes a meal. Music, games & more. Pool, ping pong & more. My Father's Business Ministries and Services Community Outreach Center aka "Da Building" 743 Missouri Avenue, Ste 2 in St. Robert, MO.

Blast the Fat Aerobethon – January 28th from 9:00 a.m. to 1:30 p.m. Come out and get your sweat on and jumpstart your New Years weight loss plan while you sample the classes we offer. Each class is 20 min long with a 10 min break between. We will also

have our massage therapist on site to help loosen up those muscles and get you ready for more! \$15 per person and all the proceeds go to Loving Paws Adoption Center. For more information contact St. Robert Fitness at 530 Marshall Dr, Ste A, Saint Robert.

AUSA Annual Dinner – January 30th from 6:00 p.m. to 8:30 p.m. AUSA Annual Dinner: The next Big Event for our Chapter is the Annual Dinner which will occur on Monday, 30 January, 2012 at the Pershing Community Club. Protect your Calendars now. This Annual event will accomplish a number of things: We will recognize the newest COL Ed Owsley award Recipients; We will highlight our accomplishments for 2011; We will hear some great remarks from our 12th Sergeant Major of the Army, SMA (R) Jack Tilley; and have a chance to catch up with your Membership Friends from all over Mid-Missouri. For more information contact Rick Morris by emailing <u>rick@fortwoodhotels.com</u> or visit <u>http://www.ausaflw.org/chapter.htm</u>.

Pro Arte Quartet at Leach Theatre - January 30th at 7:30 p.m. Adults \$30 / Youth \$20, S&T students with ID first 75 S&T students free; additional S&T students - \$10. For tickets visit Leachtheatre.mst.edu or call 573-341-4219. Sponsored in part by Brewer Science and Public Radio KMST Funded in part by the James and Vera Olson Fund.

500 Added 9 Ball Tournament – February 4th at 10:00 a.m. at 982 Old Route 66, St. Robert, Mo. 65584 Call (573)336-8808 for more information. Doors open at 10am Saturday and Sunday! ATM and we accept all major debit and Credit cards! Full service Bar and Grill! \$500 Added Guaranteed Super Bowl Weekend 9-Ball Pool Tournament \$750 Added with 64 Players or More \$25 Entry and split quarters Double Elimination played on 10 Valley Coin Operated Tables Race to 9 Men Race to 7 Women Players Meeting Saturday February 4th, 2012 at Noon Saturday evening play will stop at money positions! Money rounds resume after second players meeting Sunday February 5th, 2012 at Noon or earlier if deemed necessary. For more information contact O.B.'s Billiards at 573-336-8808.

The Color Purple at Leach Theatre - February 6th at 7:30 p.m. Adults \$40 / Youth \$30 For tickets visit Leachtheatre.mst.edu or call 573-341-4219.

Community Forum & High School Debate – February 9th at 6:00 p.m. The Chamber will host the annual community forum in conjunction with a high school debate on January 12th in the auditorium of the Waynesville High School. The debate will begin at 6:00 p.m. with the panel discussion to follow. The community is invited to attend the forum and will have the opportunity to ask questions. Speakers for the evening will include representatives from Ft. Leonard Wood, St. Robert, Waynesville, Waynesville R-VI School District, and Pulaski County. Economic and community development is important to the residents of Pulaski County. This forum will help inform the community with regards to current development issues.

Sweetheart Dance and Dinner – February 11th from 7:00 p.m. to 11:00 p.m. Dinner will be spaghetti, bread, salad, dessert, and refreshments. The South 63 Rebel Moon Band will be the entertainment. Tickets can be purchased Tuesday, Wednesday, and Friday 6-9pm and Saturday 11-2pm at the American Legion. \$5 per person and \$8 at the door.

Community Leadership Awards Banquet - February 17th, Banquet will be held at the St. Robert Community Center with Benton Square Catering the event. Social will begin

at 5:30 p.m. with dinner and awards following at 6 p.m. For more information please call the Chamber office at 573-336-5121.

Music in the Barn – February 18th from 6:00 p.m. to 11:00 p.m. The Barn presents Nashville Country Star T Graham Brown. If your coming from Saint Robert The Barn is located on Hwy 28 1 mile past D Hwy it's the first driveway on the left after crossing the small bridge at the bottom of the hill. Coming from Dixon The Barn is located 3/4 of a mile past O Hwy going towards Saint Robert. It's the driveway on the right just before crossing the small bridge at the bottom of the hill. Adults \$30 kids under 10 are Free. For more information call The Baker Band at 573-433-9370.

Outdoor Sportsman Show – February 24th and 25th from 5:00 p.m. to 8:00 p.m. Come visit great vendors including area outfitters and guides, resorts & campgrounds, motorized water sports, trucks, RVs, ATVs, taxidermist, associations & clubs, local artists, with free door prizes & much more! Concessions available for purchase. For more information contact St. Robert at 573-451-3317.

PFAA Production of The Odd Couple (Female version) – February 24th and 25th and March 2nd, 3rd, 4th, 9th, and 10th Performance of The Odd Couple (the female version) will be held at the PFAA theater on the square in downtown Waynesville. These are tentative dates and times, more information will be posted when available. You may also visit <u>pfaa-tots.webs.com</u> for more information.

American Legion Riders Chapter 331 6th Annual Indoor Poker Run – February 25th from 6:00 p.m. to 11:00 p.m. \$5 all you can eat spaghetti or chili. First hand is \$10 and extra hands are \$5. Prizes for Best and Worst Hand. A Mossberg 500 Combo 12 GA pump Shotgun will be raffled. Proceeds of this annual event support the American Legion Riders Chapter 331, and help to support programs of the American Legion. For more information contact Any ALR member or Don (G Man) 573-512-1419

Entrepreneur Club Meeting – February 28th from 5:00 p.m. to 7:00 p.m. Held in the lower level of the Pulaski County Visitors Center, located at 137 St. Robert Blvd, St. Robert. No admission cost. This is a club to assist persons interested in starting a new business. For more information contact Wayne Morgan (573) 336-2123 <u>director@pulaskicountymo.com</u> or visit <u>www.pulaskicountymo.com</u>

In Concert! Vickie Winans – March 3rd at 6:00 p.m. at The Ark Community and Sports Center in Waynesville. Presented by Still Useable Ministries. Proceeds from this concert will go towards the Annual Feed the Children/Back to School Event hosted every year in August. Tickets are on sale, \$25 per person. For more information contact Still Useable Ministries at <u>stilluseableministries@yahoo.com</u>.

8th **Annual Music in the Barn with Ham & Beans** – March 10th Coming from Dixon The Barn is located 3/4 of a mile past O Hwy going towards Saint Robert. It's the driveway on the right just before crossing the small bridge at the bottom of the hill. If your coming from Saint Robert The Barn is located on Hwy 28 1 mile past D Hwy it's the first driveway on the left after crossing the small bridge at the bottom of the hill. For more information contact The Baker Band at 573-433-9370.

Route 66 Fest on the Square – St. Patrick's Day – March 17th from 2:00 p.m. to 6:00 p.m. Formerly known as 3rd Thursdays, Route 66 Fest has been reorganized to create

three grand events a year in March, June & October. Come downtown and enjoy live music, contests, children's activities, great specials at all participating businesses, vendors to browse... and much, much more! The goal of Route 66 Fest is to revitalize downtown Waynesville, while providing the community a fun, family friendly event to look forward to three times a year. VENDORS: We will start accepting applications February 1, 2012. Looking to become a vendor? The fee is only \$20! AND if you have a non-profit organization such as a church or FRG it is only \$5! Use this as an opportunity to get the word out about your cause, or raise funds by providing children's activities such as face painting, bake sales, etc. For more information contact Lone Oak Printing or Seda's Gift Shoppe at 573-774-3001 or 573-774-6910.

Annual Taste of Pulaski County & Basket Auction - March 31st from 11:00 a.m. -4:00 p.m. at the St. Robert Community Center. Restaurants will be handing out fine samples of all their favorite menu items during this event. A variety of specialty baskets from area businesses will also be up for bid. Among baskets filled with chocolates, themed baskets, or baskets with great consumer value, early shopping for that special gift basket will be a cinch. A silent auction and door prizes are also included in this fun filled event. Doors open 11:00 a.m. with the Auction beginning at 12:30 p.m. come early to browse the wonderful items for bid and start sampling the delicious food offered by area restaurants. Tickets are \$10 for adults, \$5 for children 12-5 years old and children 4 and under are free. Pre-event tickets are available at the Chamber office. For more information, visit www.waynesville-strobertchamber.com or call 573-336-5121.

St. Robert Easter Egg Hunt – March 31st from 1:00 p.m. to 3:00 p.m. Easter Egg Hunt will be on the East Ridge field, behind the Aquatic Center and Fishing Pond in St. Robert. We had a great turn out for the 2011 Easter Egg Hunt. Even though it was windy and cold, 260 residents came out to the ball field to gather up 8000 goodie-filled eggs. There were 16 newborn to two year old hunters, 37 three to five year olds, 35 six to eight year olds, and 16 nine to twelve year olds totaling to 104 egg hunt participants. The three children from each age group that collected the most eggs received one of these great prizes: filled Easter baskets, bubble guns, toys and candy, or a Wal-Mart gift card. All prizes were donations from Wal-Mart St. Robert, the Wal-Mart Foundation, Jackson Hewitt, and Sonic. The Easter Bunny was also there for pictures and to help kids hunt for his eggs. For more information contact Betheny Martin at <u>bmartin@saintrobert.com</u> or 573-451-2625.

ROLLA AREA CHAMBER OF COMMERCE POC: AIMEE CAMPBELL, (573)364-3577, visitrolla.com

February Dates to Know

Barley, Bacchus, & Bites

February 2nd @ 6pm Experience wonderful ways to pair wine or beer with delicious dishes Location: Public House Brewing Company, Rolla Contact: Josh Goodridge 573-426-2337

Ducks Unlimited/Rolla Membership Drive

February 4TH @ 6pm Admission: \$25 single, \$40 Couple, \$15 Greenwing member (17 yrs. Or younger) at the door \$35 single, \$50 couple \$15 Greenwing Location: Matt's Steakhouse - 12200 Dillon Outer Rd., Rolla For more information contact: Mark Jackson@ 417-549-9875 Email: mjackson@ducks.org

Acrylic Creations

February 4th from 10am-12pm Bring your friends, family, or co-workers to be instructed step-by-step through the recreating the featured painting of the day. You will go home with a painting you can call "Uniquely Yours". Location: 717 N. Pine, Rolla Admission: \$35.00 For more information contact: andflew@andflew.com

<u>Apres Ski</u>

February 4th @ 6:30pm Productions will be presenting their newest show: "THEY CALL ME MR. BUNKER" Archie becomes a victim of Identity Theft Location: Ozark Actors Theatre - Cedar Street Playhouse on Cedar St., Rolla Admission: \$45.00 For more information: 573-364-9523

65th Annual Kiwanis Pancake Day

February 4th @ 6am Hosted at the Rolla High School Cafeteria Location: 900 Bulldog Run, Rolla High School Admission: Advance-\$5.00 Sales at the door-\$6.00 (SO BUY EARLY!!) Children under 6 FREE For more information: 573-364-1167

The Color Purple

February 6th @ 7:30pm It is the unforgettable and inspiring story of a woman named Celie, who finds the strength to triumph over adversity, and discovers her unique voice in the world. Location: Leach Theatre, 103 Castleman Hall, Rolla For more information: 573-341-4219

Cancer Gala

February 11th @ 6pm The theme for this event is "Hooray for Hollywood" Black Tie Event Location: Havener Center, 1346 N. Bishop, Rolla Admission: \$50.00 For more information: 573-364-4352 <u>So You Think You Can Dance-Rolla Edition</u> February 18th @ 7pm Location: Ozark Actors Theatre - Cedar Street Playhouse on Cedar St., Rolla Admission: \$10.00 For more information: 573-364-4352

Soup and a Movie

February 21st @ 11:30am Enjoy a hot lunch on a cold day as we watch an uplifting true story about the U.S Ice hockey team that united a nation with a new sense of hope and made all who watched believe in miracles. Location: Phelps County Bank basement boardroom, downtown Rolla For more information: 573-426-4982

The Importance of Being Earnest

February 29th @ 7:30pm Overflow with humor, elegance and romantic comedy. Location: Leach Theatre, 103 Castleman Hall, Rolla Admission: Adults \$38/Youth \$28, First 75 S&T students with ID Free, additional students \$10 For more information: 573-341-4219

AREA CHAMBER OF COMMERCE POC: DEBBIE WIKOWSKY, (417)588-3256,

www.lebanonmissouri.com

INTERNATIONAL FRIENDSHIP PROGRAM POC: DEBBIE TRIGG, 563-8015

Mark your calendars for the 7th Annual Friendship Golf Scramble on 20 April 2012, 0900-1500.

FORT LEONARD WOOD LIONS CLUB POC: LISA CLINTON, C: 573-465-0977 lisa.wcclinton@embargmail.com: Clinton@r



lisa.wcclinton@embarqmail.com; Clinton@rollanet.org or stnicksflw@embarqmail.com



The FLW Lions Club would like to express our sincere appreciation to you for supporting the St. Nick's Benefit program. The assistance provided to 1036 children this year would not have been possible without your generous assistance. The amount of children helped this year is slightly more than last year. Your sponsorship of a child, financial contributions, and/or your volunteer time is greatly appreciated. We know that without all of these

connecting factors, the St. Nick Benefit program could not have been successful and rewarding.

Just to let you know, we are starting to plan for the 2012 St. Nick's Benefit.

The after action meeting was held on 18 January 2012 at Building 312 from 11:30am to 12:30pm. The next meeting will be held on 11 April 2012 and you are sincerely welcome and we hope that your will be able to attend as many of these meetings as possible. Since the meetings will be conducted over the lunch hour, please feel free to bring and eat your lunch during the meeting.

Along with the St. Nick Benefit, the FLW Lions Club is involved in several other programs for the community. Here is a list of some of these additional programs:

- Purchasing eyeglasses for military family members who have been referred by the School Nurses. During the last calendar year we purchased eyeglasses for many children.
- Hosted the Missouri Lions All State Band Camp in July of 2011 here at FLW. The band camp for the All State Band takes place for two weeks. The first week is for their practice and then they tour and give concerts. This year after their week of practice the All State Band traveled to Seattle, Washington to the Lions Club International Convention, where they marched in the International parade. They competed with other All State Bands from other states and received third place. On 22 July they came together too played at the All State All Star Football Game in Warrensburg, MO. This year the Band will again do the band camp here at FLW.
- We held A Peace Poster Contest for three local schools. This past year's Peace Poster theme was "Children Know Peace." The winner for each contest receives a \$100 savings bond and progresses to the district contest level before proceeding to the state contest level. The final contest level is conducted during the Lions International Board Meetings. The International contest winner and their parents or guardians receive a trip to the United Nations in New York City and awarded a Grand Prize of \$2,500. Twenty three Merit Winners receive \$500 and a certificate of achievement. Winners will be notified on or about February 1, 2011. The "Image Peace" has been selected as a Peace Poster theme for school year 2012-2013.
- Locally, the club helps families with emergencies (for example: burn outs and tornado damages).

We donate to various organizations that help with sight and hearing problems. The following organizations are a few organizations We Serve:

- Leader Dogs for the Blind in Rochester Michigan, is a guide dog program that helps those visually impaired at no charge to the recipient. It is totally funded by Lions and private donations.
- Lions World Services for the Blind in Little Rock Arkansas is a program that helps visually impaired to have a productive life through career training.
- Mid-South Lions Sight & Hearing Service in Memphis Tennessee is a program that does surgeries to correct sight and hearing problems. We have a satellite clinic in Rolla.
- Missouri Lions Eye Research Foundation in Columbia Missouri, is a program does the Amblyopia screening program, Glaucoma screening, Eye tissue donations for cornea transplants.
- Missouri Lions Hearing Conservation is a program that does hearing screening all over the state in mobile hearing vans or with portable audiometers. The club than helps with the purchase of a hearing aid for those that qualify.

We rely on donations to support all of these programs. As a non-profit organization, the amounts of funds we raise from the community are used mainly in Pulaski County.

The FLW Lions Club was chartered in January of 1966 and has been an integral part of the world's largest service organization.

For additional information, please feel free to contact me or one of our FLW Lions Club members.

The current officers of the club are:

President – Dawn Arden; 1st Vice President – Dan Arden; 2nd Vice President - Harold Burleson; Secretary- Wendy Williams; Treasurer - Bruce Simpson; Lion Tamer - Franklin Herbert ; Tail-Twister- Julia Erskine; Directors - Casey Morris, Jr., Dewell Reeves, John Morten, Jr. and Louise Bibbs.

Immediate Past President: Lisa Clinton.

BOY SCOUTS/CUB SCOUTS BOY SCOUTS POC: BRAD, 573-855-6624 CUB SCOUTS POC: GLEN, 573-205-7650 www.troop149-flw.org



PARENTS AS TEACHERS POC: TAMMIE HUFFSTUTLER or SHEILA LAYMAN at 452-2002

Parents As Teachers is a developmentally based program for families with young children (prenatal up to 35 months) or up to kindergarten entry if you met criteria.

Each month a Certified Parent Educator visits families providing engaging activities for your child, information on developmental milestones, and tips on common parenting issues, annual developmental screenings, and parent support.

P.A.T. offers playgroups during the school year and group meetings on topics such as Family Nutrition, Infant/Child CPR, Play and Family Celebrations, and Literacy.

Play and Learn Group for Parents As Teachers are currently Fridays from 10-11 or an alternate time from 1-2 p.m. at the Williams School on Pulaski Ave.

For more information on Parents As Teachers program please contact 452-2002

BETTER OPPORTUNITY FOR SINGLE SOLDIERS (BOSS) POC: SPC RONDA TUBERVILLE or WARREN BRITTON, 596-6912



Mission: To continually progress and improve the quality of life for single service members (bonafide bachelors, geographical bachelors and single parents) on

Fort Leonard Wood. To provide and participate in social, recreational, and educational events, to participate in community service projects, to voice concerns and issues on quality of life, and to be involved with leadership developing activities.

Meetings: Single Service Members are encouraged to voice their concerns to their unit BOSS representative who will in turn express the issues at the bi-monthly BOSS meetings.

MEETINGS ARE EVERY 1ST AND 3RD WEDNESDAY OF THE MONTH AT 1530 IN THE CLARK LIBRARY; SEE YOUR BOSS REP FOR MORE INFO

Facebook: <u>http://www.facebook.com/flwboss</u> Twitter: <u>http://twitter.com/FLWBOSS</u>

January 2012:

- Main Standy Grams
 - POC Gillian Hartley & Amanda Marion
 - When & Where:
 - 13 25 January at 1000-1300 : Bldg 470 (lobby)
 - 28 January at 1000-1400 : PX Entrance (inside)
 - 13 January to 14 February at 0730 1530 : BOSS Office BLDG 1000
 - What: Deliveries will be made <u>ON POST ONLY</u>, 14 Feb from 0800 until complete. Two items/prices will be offered for sale: \$5 and \$10. BOSS members will also be selling in the units and around post.

Marketball Example 2 CSMs vs. BOSS Basketball

- POC: Ronda Tuberville
- When: 27 January
- Where: Davidson Fitness center
- What: a friendly game of basketball between CSMs and BOSS members of FLW.

February 2012:

Ereezin' for a Reason Polar Plunge

- POC: Gillian Hartley
- When: 10 February at 1200.
- Where: TA250.
- What: a way to raise income and awareness for the BOSS program.
- BOSS members will be needed to volunteer to assist with set up, and taking care of the plungers. If you are interested with plunging, that is great as well.
- Main Standy Grams
 - POC Gillian Hartley & Amanda Marion
 - When & Where:

- 1 3 February at 1000-1300 : GLWACH (lobby)
- 4 February at 1000-1400 : Commissary (front)
- What: Deliveries will be made <u>ON POST ONLY</u>, 14 Feb from 0800 until complete. Two items/prices will be offered for sale: \$5 and \$10 BOSS members will also be selling in the units, and around post.

🌌 Ski Trip

- POC Gillian Hartley
- When: 18 February at 0745 register with BOSS office by February 15th
- Where: meeting at the outdoor rec center
- What: Great way to relax, have fun, get away, and meet new people.



MSCoE SAFETY POC: ROBBIN JOHNSON, 596-2961

Child Car Seat Safety

Motor vehicle crashes remain the leading cause of death to children ages 3-14 in the United States. Over 80% of child safety seats are installed or used incorrectly. Call the MSCoE Safety Office at (573) 596-3449 to have your child's passenger safety seat check by a certified child safety seat installer. Overview of **Missouri Law (RSMo 307.182)** – Know the law!

Less than 40 lbs, regardless of age, shall be secured in a child passenger restraint system appropriate for that child.

Less than 8 years old, at least 40 lbs but less than 80 lbs and under 4'9" shall be secured in a child passenger restraint system or booster seat appropriate for that child.

At least 8 years old, greater than 80 pounds or taller than 4'9" shall be secured by a vehicle safety belt or booster seat appropriate for the child.

Research has shown the effective use of child safety seats to reduce injuries for infants 71 %, toddlers 1- 4 54% and children 2-6 28 % .When booster seats are installed properly, save lives.

Most states have child restraint laws that require approved devices and seat belts

When children ride in a rear vehicle seats they reduce their injury risk by 64%.

Seatbelts Save Lives!

Every hour someone dies in a vehicle accident because they were not wearing a safety belt. Safety belts are the most effective means of reducing fatalities and serious injuries, and sadly, many adults and children are not using them. Most motorists are 30 times more likely to be killed in a vehicle accident not wearing a seat belt. Average 73% of occupants who

were ejected from the vehicle during a crash were killed. Seat belts reduce serious crash-related injuries and deaths by about 50%.

Proper wear of the lap and shoulder belt can decrease your chances of hitting the steering wheel, wind shield or dash. Seatbelt devices should fit correctly and should be adjusted as need for other users in your vehicle.

The use of seat belts should be a primary concern for motorist operating on roadways and highways. Always buckle up during long or short trips may greatly increase your chance of walking away from a vehicle accident. Always ensure everyone in your vehicle is wearing a seatbelt before the vehicle proceeds, even those in rear seats!

Many argue that a seatbelt could prevent them from exiting a vehicle quickly or false.

THE ARK COMMUNITY & SPORTS CENTER POC: FRONT DESK, 573-337-9128

The ARK Community & Sports Center is a nonprofit ministry of Grace Covenant Christian Center. The ARK has a mission of helping the young and the young at heart by promoting health and rejuvenation of the spirit, soul and body. Not only are we About Raising Kids, but also we are about the entire family (married or single). Family-oriented activities are available on a regular basis including the following activities:

Community & Sports Center

Graceful Movement Dance Program

8 week sessions Class fee: \$32 per 8 week session (9-10 a.m.) for ages 3-5, (5-6 p.m.) for ages 4-6, and (6-7 p.m.) for ages 7 and up

<u>Norma's Notes</u>

Band instruction (woodwind/brass), beginning piano, & vocal performance Lessons are available Friday (6-8:30 p.m.) & Saturday (9 a.m.-noon)/(1-5 p.m.)

Homeschool Activities

Physical education, art, and socialization. Thursdays, (1-3 p.m.) All ages are welcome.

Soccer Academy

Professional Soccer Training Program November 7 – March 22 For boys & girls Monday's: 5:30-8:30pm Ages 7-16 Each session focuses on technical & tactical aspects of the game. Children will learn the concept of organizational play and strategy.





The Olive Branch Café

No time to bake for your holiday parties? The Olive Branch Café is taking holiday bakery orders. Gift boxes and mugs are also available and make great gifts for teachers, co-workers, neighbors, or anyone else on your shopping list!

OTHER INFORMATION

Woodworks comment/question/suggestion box — Fill out an ICE comment card with your comments, questions, or suggestions and place in the box on the handout table. The question, comment, or suggestion will be printed in the next Woodworks newsletter along with a response from the appropriate staff agency.

Or click on the below link. ICE welcomes your constructive feedback! Visit http://ice.disa.mil/index.cfm?fa=card&service_provider_id=111542&site_id=447

February 2012 Woodworks Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9	i Low Vielon Awareness Month Health Heart Month National Cancer Month	2 - FPG - CDC 6 kly 615, 1800- 2080	3 - The A.R.K. Ballroom dancing \$39-8:00 child care available (Clarver start 27 Jan 12) - P.W.M. Workshop "Preparing for the Journey Birth to 3 years Ckd" Bidg 470, Room 1 118, 1139-1230.	
5 -CDC Special Opening, 1209-1600 -USO Super Bowl Party with the Troops, Time: Kick-off fill the end of the gamel FREE FOOD Where: USO National Burn Awareness Week	6 - THE A.R.K-Tae I won Do 5:30-6:00 ages 5-6 5:15-7:15 7 and up	Ϋ́	8 -How to Win Government Contracts, TEC 1330-1680	9	10	11 - ASYMCA Bus Trip to Leach Theater "Anding Nemo", Call to sign up 325-4513
12	B	H Glentin is	15	16.	17 -CDC Special Opening, 1800 - 2200	18 - The A.R.K-Hert wars 8:00- 10:00pm, \$5
19	20 President's Day ALL CYS Service+ Program + CLOSED -Commissary OPEII 9 -5 pm	21 - FRG - CDC Eldg 6 15, 1800-2030	22 -Starting a Small Eusiness TEC, 0900-1200	23 - ACA P & ROO Mini Job Fair 1100-1400, INGA	24 -PWIM Workshop "savings a Investments", Building 470, Room 1116,1130-123 - USO Family Game Hight Time: (200-2009 Where: 865 low a Ave (USO) -0.	25 - The ARK-United We Dence Dumba Party 5- 11, \$6
26 Worliplace Bje Wellness Week Cancer Awareness	2	28	29 - Woodworks; PCC, 10-11 am		16	6

March 2012 Woodworks Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	-	- ⁶	5	1 - FRG CDC El dg \$15, 1800-2030	2	9 - The ARKVIeld Wayans Concert
4 -CEC Special Opening, 1200-1600	5 -Ce I Ku/Rethee TAP WS; TEC, 0800-1630	6 -Se Kou Retiree TAP WS, TEC, 0800-1630	7 -CentouRettiee TAP WS, TEC, 0000- 1630	8	9	10
11	12	13	14 -How to Win Government Contracts TEC: 1339-1630	15	16	17 - The & RK-Hert Viàrs 8-10pm \$5
National Policon Prevention Week 18	19	20 -FRG - CDC Eldg 615, 1800-2030	21	22 -Federal Resume Cem har, TEC, 1300- 1530	23 - CDC Special Opening, 1800 2200 - USO Family Come Maint	24 - The ARN-Kids Fest 10-4pm
					- USO Pamily Game Hight When: 1700-2000 Where: 805 Iblas A ve (USO) World Tuberculo 41s Day	14
25	26	27	28 - Woodworks, PCC, 10-11 am	29	30	31
	ñ	4	4	«	4	