



FLW & Community Events Information

“WOODWORKS”

AUGUST 2012

The “Woodworks” link can be found on the Garrison Page and/or the Community Page for One-Stop access to events newsletter, calendar and archived data

http://www.wood.army.mil/wood_cms/2258.shtml

Information contained in this handout is for informational purposes only. References to private organizations and their activities do not imply endorsement by the U.S. Government, Department of Army or Fort Leonard Wood.

Woodworks Mission: To serve as a forum for installation and community information sharing with attendance by community members, family, retirees, civilians and military. Everyone is welcomed.

Agenda:

- Woodworks Information Forum, 29 AUGUST 2012
- Guest Speaker/Topic: Rick Morris-AUSA
- Location: Pershing Community Center
- Time: 10 – 11:00 am

Upcoming Woodworks: Attendance at last Woodworks (56)

| Date | Location | FOCUS | Submission Deadline |
|----------------|----------------------------------|---------------------------|----------------------------|
| 26 Sept | Pershing Community Center | AFTB-Debra Griffin | 19 Sept |
| 31 Oct | Pershing Community Center | TBD | 24 Oct |

POC for submissions to the “Woodworks” Newsletter is Shena Suskin, Garrison Command Human Resources Assistant, 563-5967. Information submissions are preferred by E-mail to shena.l.suskin.civ@mail.mil

Woodworks comment/question/suggestion box — Fill out an ICE comment card with your comments, questions, or suggestions and place in the box on the handout table. The question, comment, or suggestion will be printed in the next Woodworks newsletter along with a response from the appropriate staff agency.

Or ICE welcomes your constructive feedback! Visit

http://ice.disa.mil/index.cfm?fa=card&service_provider_id=111542&site_id=447

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MILITARY PERSONNEL OFFICE/DIRECTORATE OF HUMAN RESOURCES (MILPO/DHR)

POC: CINDI MCGUIRE, 596-0175



Open to the public ACAP briefings and classes are in high demand and we want to maintain the highest quality of service to you, our valued customer. In order to ensure there is a seat saved for you, please always call ACAP at 573-596-0175 or go online to www.acapexpress.army.mil and register for the class or briefing you would like to attend. Otherwise all of the seats are quickly reserved and walk-ins cannot be easily accommodated. **** NOTE: room numbers subject to change due to availability. Contact the ACAP Center, 573-596-0175 to verify room numbers.** Please help us serve you best by reserving your seat. Spouses are warmly welcome. We look forward to working with you!



CHAPELS

POC: CH (COL) GARY BROWN 596-2127

FAMILY FUN FEST Everyone interested in the religious education classes that are offered here on Fort Leonard Wood is welcome to come register, play and eat with us at the Rec Plex on Constitution Ave. On Saturday, September 8 from noon to 2 p.m. Come, be our guest! You can come and find out what classes are being offered and register for them all at the same time. Too Easy! If you are already registered for CCD, come and play with us anyway, we can't wait to see you! Call Cindy Dack with any questions at 596-0089.

SHELTER FROM THE STORM A survivor of sexual abuse support group will be starting again in October. The meetings are at the Main Post Chapel. Time and date TBA. If you have any questions, please call Cindy Dack at 596-0089.

KIDSZONE meets Tuesdays from 4:30 – 6:30 p.m. at Pershing Elementary School on Indiana Ave across from Lieber Heights Chapel. To sign-up (to attend or volunteer) contact Evangeline McKay at 573-433-9152. POC: Cindy Dack 596-0089 or CH (LTC) Michael King, 596-0131, ext. 6-6225.

A.T.E.A.S.E. (Attending To Every Armed-Forces Spouse Exclusively) **Who:** Armed Forces Spouses of enlisted and officers. **What:** To support the Home front, our Front line champions, the Unsung heroes who work in the shadows, the Armed Forces Spouse and their family members. Food, friendship, fun and games and so much more. **When:** Saturday, Sep 22nd which is our one year anniversary, from 6:00-8:00 p.m. **Where:** Main Post Chapel. POC: Stacey Garee at (309) 824-5608, or CH (MAJ) David Cerutti, 596-2695 or find us on face book; ATEASE Fort Leonard Wood.

WORLDWIDE MARRIAGE ENCOUNTER The next Worldwide Marriage Encounter Weekend is in St. Louis, MO. **Sep. 28-30, 2012.** The weekends are open to many denominations and provide an atmosphere that allows the couple time to focus on their relationship and communication. Even if your marriage is great or just needs a little spice, this weekend is for all. The weekend does not provide Marriage counseling. For

more information on Marriage Encounter you can visit this link: <http://www.wwme.org/> For more information and to sign up for a weekend, please contact Mike Johnson (1-573-528-3913) and or Pat Johnson (1-573-528-3912).

CATHOLIC MENS GROUP **Who:** Men (Catholic & non-Catholic) who are interested in learning and growing in faith. **What:** Learn about our Catholic faith, learn how to live our Catholic faith, and come to understand why knowing and living our Catholic faith is so important. **When:** Sundays, 1100 - 1220 hours (same calendar/schedule as CCD) **Where:** Main Post Chapel. POC: Paul Kelly 774-2797, email:pwks15@aol.com.

PRE-CANA The Catholic Church requirements for marriage stem from the belief that it is a very serious, holy, and permanent event - a sacrament. It is not only the union of two bodies, minds and hearts, but also two souls. This is a requirement for Catholic Marriage. POC: Pat Johnson, Catholic Director, 596-3913.

ANTICIPATED SUNDAY MASS is held at Soldier Memorial Chapel on Saturday at 6 p.m.

SUNDAY NIGHT LIVE (SNL) Sunday Night Live meets at the Main Post Chapel from 5:00-7:00 p.m. Sunday evenings. Childcare is provided and there are classes for everyone from kindergarten through adult. Financial Peace University is offered as well as other topical and Biblical studies. An informal, light meal is shared by everyone beginning at 5 and then everyone goes to class. David McKay leads the youth group in their own study time. Chaplain King, Chaplain Cerutti and Chaplain Kreider will be course teachers. Chaplain Jeff Smith and his wife, Carolyn, teach the children's curriculum. Call Cindy Dack, DRE with any questions at 596-0089. **SNL resumes September 9th!**

CATHOLIC CONFRATERNITY OF CHRISTIAN DOCTRINE (CCD) Classes meet Sundays from 11:00 – 12:30 p.m. at the Main Post Chapel. Classes are for those going into Kindergarten through Confirmation class (the child must be 13 years of age or in the 8th grade). POC: Patricia Johnson, Catholic Director, 596-3913. **Classes resume September 9th.**

CATHOLIC Rite of Christian Initiation for Adults (RCIA) meets Sundays, 11:00 am, at the Main Post Chapel; RCIA is a program for adults interested in learning more about the Catholic Faith and/or preparing to receive the Sacraments of Initiation (Baptism, Holy Communion, or Confirmation). Contact: Pat Johnson, Catholic Director, 596-3913. **Classes resume September 9th.**

CATHOLIC Rite of Christian Initiation for Children (RCIC) meets Sundays, 11:00 am, at the Main Post Chapel; RCIA is a program for children (ages 12-17) who have yet to receive the Sacraments of Initiation (Baptism and/or Holy Communion). Contact: Pat Johnson, Catholic Director, 596-3913. **Classes resume September 9th.**

SACRED HEART WOMEN OF FAITH (MCCW) will be hosting a Thursday night study group and morning playgroups through the summer. Please visit our website or email us for more information at <https://sites.google.com/site/fortleonardwoodmccw> , or flwmccw@gmail.com .

NATURAL FAMILY PLANNING Instruction offered by Trevor and Becky Needham, certified Natural Family Planning Instructors, for couples seeking the safest, most natural, low-cost means of family planning. Effective for both achieving and avoiding pregnancy. For more information please visit our website: <https://sites.google.com/site/needhamfp> Please contact Becky for more information: 215-206-8679 or needhamsnfp@gmail.com.

HOSPITAL CATHOLIC MASS is held weekdays at 11:35 a.m. in the Hospital Chapel. POC: Pat Johnson, Catholic Director, 596-3913.

KNIGHTS OF COLUMBUS (KofC) A Catholic men's organization that meets the second Tuesday of the month at Bldg 590 at 7 p.m. KofC offers Catholic Christian fellowship and opportunities to be of service to others in the FLW/ St Robert / Waynesville area. POC: Mike Johnson (573) 528-3913 or tazmaniandevil03@gmail.com.

KofC will be conducting a Soccer challenge for boys and girls ages 10-14 on 29 Sep 2012- LOC and time TBD- Open to all. Contact Mike Johnson above.

PRE-MARITAL CLASS is held the first Friday of each month and is a prerequisite for wedding ceremonies held in our chapels; the next post-wide class will be Sep 7th at 8:30 a.m. at Main Post Chapel in Room 148. For more information and to sign-up, call PFC Kaitlyn Holloway, Family Life Chaplain's Office at 596-6033.

PROTESTANT WOMEN OF THE CHAPEL (PWOC) PWOC meets on Tuesday mornings from 9:00 – 11:45 a.m., and evenings from 6:30 - 8:30 p.m. at the Main Post Chapel. PWOC offers ladies' Bible studies and fellowship time for women seeking to grow in their walk with the Lord. Free Watch Care is available on site on Tuesdays mornings. For more information, contact Michelle Helton at 315-405-5390 or email LeonardWood@PWOC.org or CH (LTC) Michael King, 596-0131, ext. 6-6225.

Fall Kick-Off is Sept. 4th, 9 – 11:45 a.m., Main Post Chapel and Evening Class from 6:30 - 8:30 p.m.

PWOC International Conference will be in Nashville, TN from 1-4 Nov.

PROTESTANT YOUTH OF THE CHAPEL (PYOC) meet on Wednesdays from 6:00 - 8:30 p.m. for Sr. High School Students (9-12th grade). Jr. High School Students (6-8th grade) meet Tuesdays from 4:30 - 6:30 p.m. Both meet at Pershing Elementary School on Indiana Ave across from Lieber Heights Chapel. POC: David McKay, 596-7400 or CH (LTC) Michael King, 596-0131, ext. 6-6225.

CATHOLIC YOUTH OF THE CHAPEL (CYOC) beginning 9 Sep will meet every Sunday from 1 - 3:00 p.m. at Pershing Elementary School on Indiana Ave across from Lieber Heights Chapel. Open to Confirmation-aged teens and up (8-12th grade). Contact POC: Amy Migliara, Catholic Youth Group Director, 573-855-8272 or amy.migliara@us.army.mil for more information. Please visit the website for more information at: <https://sites.google.com/site/flwsacredheartyyouthgroup/>

PROTESTANT MEN OF THE CHAPEL (PMOC) meets every Wednesday at Bldg 590 at 11:30 a.m. Lunch is provided. We are studying "1 Timothy". POC: CH (LTC) Michael King, 596-0131, ext. 6-6225.

OFFICER CHRISTIAN FELLOWSHIP (OCF) Bible Studies are conducted off post and, occasionally, within specific courses, based on student interest. Current off-post studies are:

Sundays, 6:00 pm, 210 Lafayette Circle, Waynesville (contact Mark & Desiree Prugh, Prughlaw@aol.com, 573-774-6290. **Currently not meeting, may start up in the fall.**

OCF is also seeking a permanent party active duty officer assigned to Ft. Leonard Wood to assist in leadership activities. For information regarding this, other studies, or questions on OCF at Ft. Leonard Wood, please call COL (Ret) Jerry Meyer, 1-845-596-8723, meyerj@ctc.com. POC: CH (LTC) Michael King, 596-0131, ext. 6-6225.



BRUCE C. CLARKE LIBRARY
POC: JOYCE A. WAYBRIGHT, 563-4113

Regular Hours

Library Hours – 1st Floor Community Services 573-563-4113

Monday – Thursday 10:00 am – 6:00 pm

Saturday – Sunday 10:00 am – 5:00 pm

Friday & Holidays Closed

Library Hours – 2nd Floor Academic Services (enter from Lincoln Hall on Fridays)

Monday – Thursday 7:15 am – 6:00 pm

573-563-4109

Fridays 7:15 am – 5:00 pm

Sat, Sun & Holidays Closed

Training Holidays 8:00 am - 4:00 pm

Children's Library Hours: (temporary until vacancies are filled)

Monday-Thursday 10:00 AM – 1:00 PM and 3:00 PM-5:00 PM

Saturday-Sunday 12:00 Noon- 4:00 PM

Media Zone Hours: (temporary until vacancies are filled)

Monday-Thursday 12:00-2:00 PM and 4:00 PM-5:45 PM

Saturday-Sunday 12:00 Noon-4:00 PM

The Library is located in the MSCoE (MANSCEN) Complex in Building 3202 (the East wing) — just off Nebraska AVE & 1ST Street.

RECURRING LIBRARY PROGRAMS/EVENTS:

- ✚ **Toddler Story Time** Tuesdays 10:30 am, Ages @ 18 months-3 years.
Stories and simple crafts by ASYMCA. Children's Library 563-5857
- ✚ **Preschool Story Time** Wednesdays 12:30 pm, Ages @ 2-6 years.
Stories and crafts provided by ASYMCA. Children's Library 563-5857

LIBRARY website: www.wood.army.mil/library

You may access our Library Catalog directly www-library.wood.army.mil (to view your own account to place holds or renew books you must know your user name/alternate ID and PIN/password)

Remember the Clarke Library does provide access to many 24/7 Virtual services. Research/reference databases that provide access to thousands of journals, newspapers and digital reference materials. We also have access to a number of ebook and eaudio services that you can either use on your computer or download to a variety of media devices.

These services are paid for by DoD, DA and the Clarke Library for the use of authorized patrons. Some of these services are also available on MilitaryOneSource (www.militaryonesource.com) , ArmyOneSource, and service portals such as AKO (www.us.army.mil) .

You have to register for FREE accounts for these services. In some cases you must also create a FREE account within the database or ebook service, such as Petersons, Ebsco, and Tutor.com for military families.

FREE e Audio Books



Listen and read-along for kids

www.tumblebooklibrary.com

Username: army password: libra



eAudio eBooks for 12 +

www.tumblereadables.com

Username: army password: login



eAudio for teens & adults

www.tumbletalkingbooks.com IS NOW

www.audiobookcloud.com

Username: army password: login

FREE live personal tutors in Math, Science, English, Social studies and more. K-12, College and adult learners. Plus online links to tests, worksheets and other study tools. **Sign-up for your account at** www.tutor.com/military

It's never too early to plan for college or careers, so try the Peterson's database. To take the tests you need to register and create a free personal account.

[Peterson's DoD MWR Education Resource Center](http://www.petersons.com/DOD) (www.petersons.com/DOD)



Test prep and FREE practice tests for the ACT, SAT, CLEP, ASVAB, GED, LSAT, GRE, GMAT, Nursing and Teaching certification. Education/college/scholarship searches and eBooks.

Please register and create your own account.

Take Peterson's practice tests anytime, even when you don't have internet access. It's easy:

1. Download the player.
2. Download the test you want to take.



Build your math and verbal skills to excel in your job, pass your exam, advance your career, or continue your education. Please register to create your own account at this resource.



FAMILY & MORALE, WELFARE, AND RECREATION (MWR) **POC: WAYNE BARDELL, 596-0118**

CYS SERVICE SPECIAL OPENING - RESPITE CARE Deployment Respite Care is available for children registered with CYS Services whose parent/sponsor is deployed, on TCS, PCS or TDY (90-179 days) orders or a Service Member of the deployed unit. Sixteen free hours of care is available per month, per child, during the deployment. A copy of the Service Member's orders must be provided. The CDC opens twice a month for this service. The normal cost of hourly care is \$4 per hour will apply; payment must be made in advance. This service may be utilized by other patrons whose children are registered for hourly care. Reservations are required and may be made up to two weeks in advance. Care is available for children 6 weeks - 5th grade. Due to space limitations, paid reservations may be bumped to make room for deployed Service Member's reservations. If this should occur, advance payments will be refunded. For more information and hours call 573 596-0197. **Dates:** September 9 – 12:00 pm – 4:00 pm, September 21 – 6:00 pm – 10:00 pm, October 7 – 12:00 pm – 4:00 pm, October 19 – 6:00 pm – 10:00 pm

CYS SERVICES - FRG CHILDCARE Family Readiness Group (FRG) childcare is a partnering event between CYS Services and Army Community Service (ACS). There is FREE childcare service two nights per month for any FRG member who would like to utilize the service to attend an FRG meeting. To utilize the service your child must be registered with CYS Services and reservations must be made no later than 12:00 pm the week before the date of the opening. For more information call 596-0200.

Dates: September 6 & 18 – 6:00 pm – 8:30 pm, October 4 & 16 – 6:00 pm – 8:30 pm

ARMY FAMILY TEAM BUILDING Do you want a better understanding of the Army life? The Army Family Team Building (AFTB) classes will help you to not just cope with, but also understand, military life. With AFTB you will gain the knowledge and self-confidence to take responsibility for yourself and your family while your sponsor is away. It's training for a way of life that prepares you in America's Army to function at the highest level. Many of these courses can be applied toward college credits, resume/career building, and self-development. Classes are FREE and open to the public. Classes consist of three levels and you are encouraged to take all three. Child care is available through CYS Services. For more information call the Army Community Service at 596-1481 or 596-0212.

2012 AFTB Schedule:

LEVEL I September 4, October 2; 8:30 am – 4:30 pm, Army Community Service

LEVEL II November 13 - 15; 8:30 am – 3:00 pm, Truman Education Center

LEVEL III November 27 - 29; 8:30 am – 3:30 pm, Truman Education Center

[AIT Platoon Sergeant & Drill Sergeant Spouse Seminar Schedule](#)

September 21; 8:30 am – 3:00 pm, Army Community Service, Deadline for reservations September 19.

[Command Spouse Seminar](#)

October 11 – 12; 9:00 am – 3:00 pm, USO, Deadline for reservation October 9.

[Recruiter Spouse Seminar Schedule](#)

September 25; 8:30 am – 3:00 pm, Army Community Service, Deadline for reservations September 23.

[Instructor Training Course Schedule](#)

September 25 - 28; 9:00 am – 3:00 pm, Army Community Service, Deadline for reservations September 23.

Please call and reserve your spot today! Childcare is available through CYSS if your child is registered, you make arrangements and a voucher will be provided at the end of training. For childcare, reservations must be made 8 days prior to the class. Call today 596-1481/0212

Now – September 11 [USBC SANCTIONED LEAGUE SIGN-UPS](#)

Daugherty Bowling Center will continue to recruit for the USBC Sanctioned bowling leagues during regular operating hours. Youth, men, women, mixed, and fun leagues are welcome. Win cash prizes. Daugherty Bowling Center is located at Bldg. 1609 on South Dakota Ave.

For more information call 329-2477/596-1498.

[Sanction League Schedule \(Meet/Start Date\):](#)

September 5 – 6:30 pm; American League begins

September 7 – 7:00 pm; Sundowner's League begins

September 8 – 10:00 am; USBC Youth begins

(Please contact the Youth Sports and Fitness Office 573-596-0209 to register for Youth League.)

September 11 – 12:00 pm; Tuesday Afternoon Ladies League (TALL) begins

Date TBD – 6:30 pm; Tuesday Dexim/Mixed League

Registration will remain open throughout the season.

Now – Sept 25 [REGISTRATION FOR TASTE OF THE ARTS GALLERY](#)

Family & MWR is seeking original works of art in categories from drawing, painting, photography, and sculpture. Art work will be show cased at the Fort Leonard Wood's Taste of the Arts Gallery on October 4 at the Piney Valley Golf Course from 6:00 pm-8:00 pm. Cost to register is \$5 per artwork for adults / FREE for children ages 5 & up. Prizes will be awarded for the top 3 artists in each age category. Age categories are 18 yrs. & older, children in grades Kindergarten-2nd, 3rd-5th, 6th-8th, and 9th-12th. Judging will take place prior to the event. All wall mounted art work must be wired and ready to hang. No special installations and no ceiling mounted works. Registration for artwork is open to the public. Register your artwork at the Frame Shop located in Bldg. 490, Mini Mall. For more information call 596-0242.

September 1 [5 ON 5 PAINTBALL COMPETITION](#)

The game is Speed Ball, the challenge is winning! The Outdoor Adventure Center is hosting a 5 on 5 Paintball Competition, bring your team of 5 and compete for supremacy on the field. Registration starts at 10:00 am and cost is \$20/5 person team. The Outdoor Adventure Center located in Bldg. 2290 FLW K Road. For more information call 596-4223. **Additional Dates:** October 20 & November 24

September 2 [WATER SKIING SUNDAYS](#)

The Outdoor Adventure Center will be hosting "Water Skiing Sundays" from 9:00 am – 3:00 pm. Grab your swim suit, pack your lunch and enjoy a day on the lake, skiing, tubing, wakeboarding and swimming. We provide transportation, boat, driver and a great time, you provide the willingness to have fun! Cost is \$50 per

person for 4 hours of water recreation and instruction. Check in by 8:30 am at the Outdoor Adventure Center. Water skiing Sundays is open to the public and you must know how to swim. Interested participants must preregister two days prior to the event at the Outdoor Adventure Center located in Bldg. 2290 FLW K Rd. For more information call 596-4223. **Additional Dates:** September 23

September 3 & 4 **HUNTER'S EDUCATION**

The Outdoor Adventure Center in partnership with the Missouri Department of Conservation will host a Hunter's Education class from 5:00 pm – 10:00 pm. Course will allow you to comply with Missouri hunter education law and make students more knowledgeable and safer hunters. Students must be at least 11 yrs. old to participate. Pre-registration is required. Class is limited to 40 students per class. Sign up today on line at www.mdc.mo.gov. Class is FREE and open to the public. For more information call 596-4223.

Hunter's Education Dates: October 8 & 9; 22 & 23

September 4 & 18 **SENIOR GOLF TOUR**

The Piney Valley Golf Course is hosting the Senior Tour, with a shot gun start beginning at 9am. Cost is \$25 for Annual Green Fees Patron members and \$30 per non-AGFP includes cart and breakfast. Tour is open to the public ages 50 yrs. and older. Register at the Piney Valley Golf Course located on FLW 20, off Water Intake Rd. For more information call 329-4770. **Tour Dates:** October 2 & 16

September 4 – 28 **MINI BASKETBALL: REGISTRATION**

CYS Service's Youth Sports & Fitness is hosting a Mini Basketball program at the Pippin Youth Center October 2 thru November 8 from 5:30 pm – 6:30 pm. Cost is \$20 per child, includes t-shirt and medal. Children ages 3 yrs. meet on Tuesdays. Children ages 4-5 meet on Thursdays. No physical is required. A parent meeting will be held October 1 at 5:30 pm at the Pippin Youth Center. All mini sports require parent participation. Children must be registered with CYS Services prior to signing up. Register your child today at the Parent Central Services located in Bldg. 470, Rm. 1126. For more information call 596-0209.

September 4 – 28 **CYS SERVICES FAMILY FUN RUN: REGISTRATION**

Come out to Pippin Youth Center and enjoy some quality time with the Family! Youth Sports and Fitness will have a 5K Run and a child/youth mile at 9:00 am October 6. Cost is \$35 for a family of 4/ \$5 each additional member/ \$15 for a single entry. All participants who preregister will receive a T-shirt. Participants who register the day of the event will receive a T-shirt but size cannot be guaranteed. There will be snacks and inflatable's on site! Pippin Youth Center is located in Bldg. 9625 Young Street. For more information call 596-0209/2611.

September 4 **OPERATION RISING STAR**

Come out and VOTE for Fort Leonard Wood's next Operation Rising Star! Competition is held at the Pershing Community Center starting at 6:30pm. Enjoy great entertainment and friendly competition. Your vote can make the difference & help your Unit or FRG win \$300! 1st place-\$500 and a chance to advance to the semi-finals live round, 2nd place-\$250, 3rd place-\$100, and Spirit Award-\$300 for the Units/FRG. Contestants must be Active Duty, National Guard or Reserve from any branch of Service, or a family member eighteen years or older with valid military ID card. For more information call 596-6913 or register online at www.fortleonardwoodmwr.com . **Additional Dates:** September 11

September 5 **BOAT TOURS**

Take a historical guided boat tour around the Lake of the Ozarks Recreation Area (LORA). Tour will start at 1:00 pm and cost \$3 per person. Reservations must be made one week prior to the tour dates. For more information call 573-346-5640.

September 5 & 12 **PARENTING WITH LOVE AND LOGIC**

Family Advocacy Program (FAP) is hosting Parenting With Love and Logic, a 5 week class, Wednesdays, from 1:00 pm - 3:00 pm covering topics such as learning to stay COOL in a HOT situation. Free child care. Children must be registered with CYS Services. Army Community Services is located in Bldg. 486 Replacement Avenue. You must register prior to attending. Classes are FREE and open to authorized patrons. For more information call 596-0212.

September 7 **ALL NIGHT SOFTBALL TOURNAMENT**

Family & MWR Sports and Fitness will be hosting an All Night Softball Tournament at 6:00 pm. Located at Softball Complex B on the corner of Nebraska and Minnesota Avenue. Cost is \$125 per team. You must be 18 and older. Registration deadline is 2 days prior to each tournament. For more information call 596-7444.

September 8 **3D ARCHERY TOURNAMENT**

The Outdoor Adventure Center is hosting their annual Archery Tournament from 10:30 am – 4:00 pm. Tournament will be a normal 3D shoot, a great opportunity to test your capabilities in judging yardage and shot placement. Dare to show off your archery skills? Registration will begin at 10:00 am. Cost is \$10 adults / \$5 youth, enter to win a free bow! Outdoor Adventure Center is located in Bldg. 2290 FLW K. For more information call 596-4223. **Additional Dates:** September 22

September 8 & 22 **SCHOOL AGE SERVICES OPEN RECREATION**

Children in 1st through 5th grades as well as home school children that are registered with CYS Services are eligible to attend School Age Services open recreation. Open recreation offers a variety of directed and self-directed youth activities from 12:00 pm - 3:00 pm on selected dates. School Age Services is located in Bldg. 616 Replacement Avenue. For more information call 596-0238.

September 9 **CONCEALED CARRY WEAPONS CLASS**

The Outdoor Adventure Center is hosting Concealed Carry Weapons Class; the first step in acquiring a Missouri CCW endorsement including weapons qualification on the range. Class is from 8:00 am – 5:00 pm. Cost is \$15 to register, \$65 day of class. Each student must bring a photo id, eye and hearing protection, semi-automatic handgun and a revolver (plus min of 50 round each), and lunch or money for food. All handguns must be in good working condition. Guns and ammos will NOT be allowed in the building during class. Class is open to the public 21 yrs. and older. Interested patrons must be registered the day prior to each class at the Outdoor Adventure Center located in Bldg. 2290 FLW K Road. For more information call 596-4223.

Individuals bringing a privately owned weapon onto the installation for authorized activities such as hunting, dog training activities or marksmanship events, are required to register weapons. Privately owned weapons can be registered between the hours of 8 a.m. and 4 p.m., Monday through Friday, at the Main Gate Visitor's Center, Building 100. Registration form is available online at www.wood.army.mil/LEC/SOB/Privately%20Owned%20Weapons.html

For more information, call the Physical Security Section of the Provost Marshal's Office at 573.596.0131 ext. 6-0597 Concealed Carry Permits (CCP), regardless of state of issuance, are not authorized or recognized on Fort Leonard Wood. See FLW Regulation 190-6 for transportation requirements and authorized purposes.

September 11 **OPERATION RISING STAR FINALE**

Come out and VOTE for Fort Leonard Wood's next Operation Rising Star! Competition is held at the Pershing Community Center starting at 6:30pm. Enjoy great entertainment and friendly competition. Your vote can make the difference & help your Unit or FRG win \$300! 1st place-\$500 and a chance to advance to the semi-finals live round, 2nd place-\$250, 3rd place-\$100, and Spirit Award-\$300 for the Units/FRG.

Contestants must be Active Duty, National Guard or Reserve from any branch of Service, or a family member eighteen years or older with valid military ID card. For more information call 596-6913 or register online at www.fortleonardwoodmwr.com.

September 14 **COMMANDER'S GOLF SCRAMBLE**

The Commander's Golf Scramble will be hosted by the Piney Valley Golf Course with a 12:00 pm shot gun start. Scramble consists of a 4 person team; cost is \$35 for non AGFP's or \$30 for Annual Green Fee Patrons (AGFP) includes greens fees and cart. Bring your friends, co-workers or battle buddies for a great afternoon of golfing. Food and beverages are provided at each event. For more information call 329-4770.
Dates: October 12

September 15 **BASS TOURNAMENT**

The Lake of the Ozarks Recreation Area (LORA) will be hosting their annual Bass Tournament starting at 7:00 am; weigh-in is at 3:00 pm. Entry fee per boat is \$40 and an optional \$10 fee for Big Bass. Stop by the Outdoor Adventure Center or LORA for entry forms/rules. Open to the public. LORA is located 50 miles NW of Fort Leonard Wood on McCubbins Drive off a Route A. For more information call 573-346-5673.

Tournament Dates: October 20 - 7:00 am / Weigh-in: 3:00 pm

September 15 **ZUMBA PARTY IN PINK**

Join the Davidson Fitness Center "Zumba Party in Pink" for 2 hours of exhilarating, calorie-burning, high-intensity, hip-shaking Zumba while supporting Breast Cancer Research and the Susan G. Komen Foundation! Cost is \$8 per person. Must be 8 years of age or older. Open to the public. For more information call 596-7444. **** Multi-passes are not accepted for this event ****

September 15 **SCENARIO PAINTBALL**

Come out to play multiple objective based, timed woods-ball events. If you have never played Scenario Paintball before, this is your chance. Teams will be divided, briefed, and sent to conquer. We will be playing on the Outdoor Adventure Center grounds. Sign up will start at 10:00 am and the game will begin at 11:00 am. Cost is \$5 per person. Must be 12 years of age or older. Outdoor Adventure Center is located in Bldg. 2290 FLW K. For more information call 596-4223/ 6-0974.

September 15 **BGCA Day for kids!**

Join the FREE celebration from 1:00 pm – 4:00 pm at Pippin Youth Center! Boys & Girls Clubs of America celebrate "Day for Kids" in a huge way across the country and on military installations overseas. From Rota, Spain to Sierra Vista, CA. PYC and the BGCA are hosting indoor/outdoor festivals and picnics, free food, inflatables, games, arts & crafts, archery, and door prizes! For more information call 596-0209.

September 15 **ROCKY HORROR PICTURE SHOW**

Time warp through Family & MWR's Rocky Horror Picture Show! Bring in your sense of humor to this rock-musical send up of an old science fiction and horror film, where people yell back lines during the extended pauses between dialogues, dressed up in costumes and act out the film and throw props various times during the film. Event begins at 8:00 pm at the Blackjack Bar & Grill Patio. Event is FREE and open to the public 18 yrs and older. Blackjack Bar & Grill is located in the Pershing Community Center Bldg. 4109 Piney Hills Drive. For more information call 596-6913.

September 16 **BOAT OWNERS EDUCATION CLASS**

Lake of the Ozarks Recreation Area (LORA) will be hosting a FREE class on boat ownership education. Class will start at 1:00 pm and provide boat and personal watercraft owner's familiarization, safety and problem solving as well as light maintenance on their boats and /or Personal Water Craft (PWC). Reservations must be made one week prior to class dates. For more information call 573-346-5640.

Additional dates: October 21

September 18 **SENIOR GOLF TOUR**

The Piney Valley Golf Course is hosting the Senior Tour, with a shot gun start beginning at 9am. Cost is \$25 for Annual Green Fees Patron members and \$30 per non-AGFP includes cart and breakfast. Tour is open to the public ages 50 yrs. and older. Register at the Piney Valley Golf Course located on FLW 20, off Water Intake Rd. For more information call 329-4770. **Tour Dates:** October 2 & 16

September 18 **NATURES CALLING FOR COLLAGE**

The Arts & Crafts Frame Shop will be hosting Natures Calling for Collage! Class is from 6:00 pm – 8:00 pm and cost \$7.50 per artist. First a trip to Happy Hollow to collect nature creations and then back to Arts & Crafts Frame Shop to create a nature collage, preserving the pieces of the season's color, holding them as a reminder of the beauty autumn brings and honoring the changing of the seasons. Arts and Crafts Frame Shop is located in Bldg 490 Mini Mall. For more information call 596-0242.

September 21 **AIT, PLT & DRILL SERGEANT (SGT) SPOUSE SEMINAR**

Join other spouses for a day of fun, friendship, and understanding at the AIT, PLT & Drill Sergeant Spouse Seminar. Enter basic training - a hands-on interactive walk through a day in the life of a trainee. Child care will be available (contact Army Community Service at 596-1481. Child must be registered with Child, Youth & School Services). Seminar will be held at ACS, Bldg 486 Replacement Ave from 8:30 am - 3:00 pm. Seminar is FREE and open to all Military ID card holders and must register by September 19. For more information call 596-1481/0212. **Additional Dates:** December 7, 8:30 AM – 3:00 PM, ACS. Reserve by December 5.

September 22 **NATIONAL HUNTING & FISHING DAY**

Join the Outdoor Adventure Center in celebrating National Hunting & Fishing Day and help build public support for the outdoor lifestyles. There will be live trap & archery tournaments and seminars to include: Fly fishing & tying, Archery, Black Powder & ATV safety, and food. Event is from 10:00 am – 3:00 pm. So come out and enjoy a day of fun with friends and family at the Outdoor Adventure Center Complex, located in Bldg. 2290. Event is FREE and open to the public. For more information call 596-0974/4223.

September 23 **WATER SKIING SUNDAYS**

The Outdoor Adventure Center will be hosting "Water Skiing Sundays" from 9:00 am – 3:00 pm. Grab your swim suit, pack your lunch and enjoy a day on the lake, skiing, tubing, wakeboarding and swimming. We provide transportation, boat and driver and a great time, you provide the willingness to have fun! Cost is \$50 per person for 4 hours of water recreation and instruction. Check in by 8:30 am at the Outdoor Adventure Center. Water skiing Sundays is open to the public and you must know how to swim. Interested participants must preregister two days prior to the event at the Outdoor Adventure Center located in Bldg. 2290 FLW K Rd. For more information call 596-4223.

Additional Dates:

October 7

September 29 **OKTOBERFEST**

Family & MWR will host the annual Fort Leonard Wood Oktoberfest family fun celebration from 6:00 pm-11:00 pm at the Pershing Community Center, patio side. Event is FREE and open to the public. Celebration will feature traditional Oktoberfest food, music, and bounce house, games to include barrel toss, barrel relay, straight arm stein holding contest and more and biergarten! Feiern sie freunde an Oktoberfest-Prost! For more information call 596-6913.

OCTOBER MARK YOUR CALENDAR!!

More info available online at www.fortleonardwoodmwr.com

| | |
|-----------------|---|
| October 1 – 26 | Youth Basketball/Cheerleading |
| October 4 | Taste of the Arts / Art @ PVGC |
| October 5 | IMCOM Organizational Day / Watch for MWR closures |
| October 6 | CYS Services Family Fun Run |
| October 6 | BOSS Hudson Car Show |
| October 12 & 13 | LORA'S 5 th Annual Haunted Hayride |
| October 13 | Great MWR Spring Community Yard Sale |
| October 20 | Bass Tournament @ LORA |
| October 27 | Pumpkinfest @ Rec Plex |
| October 31 | Spooktacular Bowl-a-thon |

ONGOING:

CYS SERVICES- THE "I'mAlone" PROGRAM CYS Services offers *I'mAlone*, a FREE program to help prepare youth to stay home alone. Youth will learn to increase personal safety skills, demonstrate responsibility and other positive character traits, recognize and handle emergencies, identify a Family & Friend Support System, prepare nutritious snacks, and practice good decision making. Workshop is held every 3rd Saturday at School Age Services, for youth ages 11 to 18yrs and parents. A \$20 deposit is required and will be fully refunded upon completion of the program. Call Parent & Outreach Services for workshop dates and times 596-0238.

MARTIAL ARTS REGISTRATION The SKIES American Taekwondo Association Martial Arts Program is accepting registration. Classes are held every Monday and Wednesday, and are available to youth 4-18 years. Students may participate in one class per week for \$35 a month or two classes per week for \$65. Child, Youth & School Services will only collect monthly fees associated with enrollment in the program. Starter kit, which includes instructional video, uniform, belts and patches, must be purchased from the instructor for \$75. Tee shirts are available for \$15 one or \$25 for two. Testing occurs every eight weeks, and costs \$60 each for up to two children and \$5 for each additional family member. If your child wants to participate in a tournament, there is a \$35 fee for one child, \$60 for two, and \$5 for each additional family member payable to the instructor. The exciting workouts offer training in weapons, sparring, alternative martial arts skills, and self defense. A one-time fee of \$669 includes gear, uniform, weapons, and the first black belt. Classes will be held at the *Audie Murphy's Community Center*. Family discounts available. Child must be registered with CY&SS. Register at Parent Central Services office in Bldg. 470, Rm. 1126. For more information call 596-0238.

GYMNASTICS The SKIES Program is now offering gymnastics for youth. Gymnastic classes give children a safe and positive learning environment while experiencing the joy of physical movement. Children have an opportunity to socialize, play and explore while developing balance, coordination and self esteem. Our goal is to ensure every child reaches their full potential. That's why our programs emphasize fun, discipline, use of the imagination, cooperation, team work, and the achievement of individual goals. SKIES Gymnastics provides a safe and enjoyable experience for participants. Sessions are matched to be suitable and challenging. Gymnastics are open to children ages 18 months thru 18 yrs. and cost \$42 per child/per month / \$58 per child per month for advance classes. Class dates follow school year. Class times will be determined. For more information call 596-0200 or 596-0238.

SKIESUNLIMITED INSTRUCTORS NEEDED The CYS Services SKIESUnlimited program is seeking a public or private firm(s) interested in conducting instruction in the following areas: Tae Kwon Do, Kung Fu San Soo, baby signing, academic tutoring, cooking, driver's education, dance and tennis. If you are interested in exploring this opportunity, please contact Ms. Sheryl Johnson, Family and Morale, Welfare and Recreation Command, at (703) 696-7055.

YOUTH SPORTS COACH

Make a difference in the life of a child and be a youth sports coach for the following sports:

Spring Soccer – March to May **Baseball/Softball** – May to July
Flag Football – Aug to Oct **Fall Soccer** – Aug to Oct
Basketball – Nov to Feb **Cheerleading** – Aug to Oct / Nov to Feb
Track & Field – March to May

For more information call the CYS Services Youth Sports and Fitness office 596-0209.

HIGH SCHOOL LOUNGE

596-0209

Grades 9-12

Open: Mon-Thurs. - 2:30 pm-7:00 pm

Fri - 2:30 pm-9:00 pm / Sat - Noon-10:00 pm

Computer Lab – Open

Non school weekdays open at noon except holidays. Computer/Homework Lab

PIPPIN YOUTH CENTER

596-0209

Grades 6-8

Open: Mon-Fri - 2:30 pm-7:00 pm

Sat – 12:00 pm-10:00 pm

OPEN REC

YOUTH TECHNOLOGY LAB The Youth Technology Lab is available for children grades 1 – 12 to utilize for homework, computer access, technology based programming. The lab is available and FREE to all children registered with Fort Leonard Wood Child, Youth & School Services, to utilize before and after school and during open recreation hours. For more information call 596-7494.

AUTO CRAFT SHOP

596-0243

Mon, Wed, Thur & Fri 11:00 am-7:00 pm

Sat & Sun 10:00 am-6:00 pm

CLOSED Tuesday

Avoid the high cost of car repairs and have your vehicle serviced at the on-post FMWR Auto Crafts Shop. Fort Leonard Wood Auto Crafts has a do-it-yourself hobby shop that provides patrons the opportunity to work on their own vehicle to avoid costly repair bills and offers professional repair services for those individuals who would rather receive professional assistance. The Auto Craft Shop offers: 4 flat car bays, 5 lift car bays, 1 motorcycle bay, 1 flat motorcycle bay, designated for specific automotive repairs and maintenance related activities. The Auto Craft Shop also has a computerized and manual information center, safety equipment (including eye and ear protection, OSHA eye wash areas), basic car care classes, on site car repair and Missouri state inspections. Technicians are available to answer questions and make repairs with full service appointments. The Auto Shop is also home to a Resale Lot with 24h hour access, a vehicle storage lot, and a coin operated car wash.

MWR FRAME SHOP

596-0242 / Custom and self help framing/engraving

Mon-Fri 10:00 am-6:00 pm / Sat & Sun – CLOSED

FRAME CLASS The Frame Shop offers a one-on-one class. Learn to mat, mount, and secure your artwork in a frame. Students are introduced to frame shop equipment and safety procedures. You will also learn to choose the right mat color, determine margins, cover frame joinery, mounting techniques, and frame

closures. Cost for class is \$20 plus supplies, includes safety gear and frame shop card that allows you to access the self-help area. Must be 18 yrs. and older to participate. Must bring in your project you wish to frame on your appointment. Class is open to the public. Frame shop is located in Bldg. 490 Mini Mall. For more information call 596-0242.

ENGRAVING

The Frame Shop now offers engraving. Let the Frame Shop capture your memories and expressions. You can engrave on wood, plastic, glass, acrylic, mat board, pens, metals, and more. This is great for gifts, awards, promotion, birthdays, and weddings! For more information call 596-0242

SILENT AUCTION The Arts & Crafts Frame Shop will be hosting a silent auction every month. View our art on facebook or stop by the Arts & Crafts Frame Shop. Submit your silent bid to win one of the wonderful pieces of artwork! For more information call 596-0242.

REC PLEX

Rec Plex offers an 18-hole Miniature Golf Course, an outdoor pool complete with slide and a spray park, and go kart. The pool house also offers party rooms for your birthday, Organizational, and Unit parties. For more information call 596-0843.

MINI GOLF/GO KART

Spring (Apr 14-Memorial Day 30)

Thur-Fri 4pm-7pm
7pm

Sat-Sun 12pm-7pm
7pm

Summer

Sun-Thur - 12pm-7pm

Fri-Sat 12pm-9pm

Late Fall (Sep 4-

Thur-Fri 4pm-

Sat-Sun 12pm-

LIEBER HEIGHTS POOL - CLOSED for the Season

WALLACE POOL - OPEN Daily through Labor Day Weekend.

INFORMATION TICKETING AND REGISTRATION (ITR)

Monday - Friday 8:00 am-5:00 pm

Local & National Discount Tickets / Cruises / Book Flights

PX Mini Mall Bldg. 490, (573) 329-TKTS

Buy tickets online at www.mwrtickets.com

The Information, Ticketing and Registration Office (ITR) sells discounted tickets for local and national attractions. Authorized users include active and retired military and their families, Reserves/National Guard, civilian employees and contractor personnel working on Fort Leonard Wood. Hours of operations are Monday-Friday 8:30 am-5:00 pm. Buy tickets online at www.mwrtickets.com. For more information call 329-TKTS (8587).

ITR OFFICE OFFERS B&B THEATER GIFT CARDS B & B Theatre Gift Cards only \$25 (\$30 value). These Gift Cards make great gift and are good for any show, any time, even "NO PASS" Special Engagements, 3D and Concessions. NO EXPIRATION DATE!

FREE FAMILY MOVIE NIGHTS

Family and MWR offers *FREE family movie night - Fridays at 6:00 pm / Saturday at 11:30 am - Abrams Theater. *FREE movie nights are open to the Fort Leonard Wood community. For more information or schedule call 596-1267.

*The FREE movie program is in keeping with the Army Family Covenant's promise of taking care of Soldiers and Families. FREE movie are paid for with Recycle Dollars.

Movies can be found online at www.shopmyexchange.com/ReelTimeTheatres/Movies-FtLeonardWood.htm

DAVIDSON FITNESS CENTER

FITNESS CLASSES Davidson Fitness Center and/or Specker Gym offer a variety of aerobic classes monthly at various times at to fit your fitness level and your busy schedule. Classes include but not limited to Zumba, Step, Body Blast, Yoga and more. Classes are open to authorized patrons and are \$2/class or Aerobic Punch Passes are available, cost \$15-10 punch, \$25-20 punch, and \$30-30 punch. Class schedule is available online at www.fortleonardwoodmwr.com. Class schedule subject to change.

FREE CHILD CARE AT DFC Family & MWR knows your family comes first and that shouldn't mean your fitness has to come last. Davidson Fitness Center is offering a place for your child (ren) can play while you achieve your fitness goals. An "Insight Child Care Area" is available Mon-Fri 8am-11am. An enclosed a play area will entertain your child while you exercise - no attendant is on hand - child MUST be in the parent/guardian's line of sight at all times.

EQUIPMENT ORIENTATION Make the most of your workouts; learn how to properly use the cardio and strength equipment. Free 30-minute equipment orientations will be held at the Davidson Fitness Center and Specker Gym Monday at 9:00 am and Thursday at 6:00 pm. For more information call 596-4359.
Davidson Fitness Center Indoor Lap Swimming Military Training Pool:
Monday - Friday - 6:30 am – 7:30 am / 11:30 am – 12:30 pm / 4:30 pm – 8:00 pm

SWIM LESSONS Swim lessons are being offered at Davidson Fitness Center for children ages 6 months through adult. Children must be registered with CYS Services. For more information on levels and schedule call 596-2810.

Level 1: Parent/child class: Water exploration roles for helping child learn and practice skills. Scooping, blowing bubbles, and bobbing. Combined skills in prone position, and water entry will be covered.
Ages 6 months thru 4 yrs.

Level 2: Participants must be 5 yrs old by start of lesson and independent from parents. Skills taught include floating, supported on front and back; bubble blowing, supported kick on front and back; basic water safety rules.

Level 3: Skills that will be taught include retrieve objects (chest deep), deep water orientation unsupported prone float; unsupported back float; flutter kick on front and back, back crawl arm action and water safety rules.

BLACKJACK BAR & GRILL

Tuesday 5:00 pm – 10:00 pm

Wednesday 5:00 pm – 11:00 pm

Thursday 5:00 pm – 10:00 pm

Friday/ Saturday 5:00 pm-1:00 am

NFL SUNDAY TICKET Watch the games on six 50" televisions from the best seats in the house Sundays now through Super Bowl! Open at 12:00 pm.

BLACKJACK HAPPY HOUR Tuesday-Friday 5:00 pm - 7:00 pm and Saturday 6:00 pm - 8:00 pm
\$1.25 draft domestic beer, \$5 Pitcher. Also receive 25% off nightly food special (prices reflect discount).

KARAOKE WEDNESDAYS Mid Missouri Entertainment from 7:00 pm-11:00 pm. FREE admission will be offered to all authorized patrons.

DOMINOES & CARDS Blackjack Bar & Grill and Morelli Heights have dominoes & cards available for you at the bar. Just ask your server or bartender for them, enjoy your game and return when done.

CIGAR BAR Beginning in April Blackjack Bar & Grill will be selling premium quality cigars at the lounge to be enjoyed on our comfortable patio bar area. Every Friday Black Jack Lounge will feature "Cigar of the Month "chosen by management, which will include one shot of brandy for \$10. (Must be 21 & older to drink and 18 & older to smoke)

MORALE CALL 1st Thursday of every month Blackjack Bar & Grill opens at 5:00 pm. Happy hours from 5:00 pm-7:00 pm. FREE appetizers!

BLACKJACK LUNCH Serving Monday-Friday from 11:00 am-1:00 pm. Enjoy a relaxing lunch in an enjoyable environment. Open to the public.

Daily Specials*:

Monday: Shrimp Po' Boy, served with an Asian inspired sweet & sour sauce with a side of slaw - \$7.50
Tuesday: BJ Signature Fried Chicken, served with mashed potatoes, gravy, veggie & hot biscuit - \$6.75
Wednesday: Steak Sandwich with regular fries or seasoned fries - \$7.50
Thursday: Rack 'em up Ribs, served with fries, slaw, combread - \$9.75
Friday: Pub style Fish & Chips, served with steak-cut fries - \$7.50

Soup Du Jour* – cup - \$2.00 / Bowl - \$4.00 / Bread Bowls - \$6.00

Monday – Loaded Baked Potato
Tuesday – Hearty Ham & Bean
Wednesday – Erica's Goulash
Thursday – Chicken Bowtie
Friday – Creamy Clam Chowder

We also have other selections available in our menu*. **Menu & prices are subject to change without notice.*

MORELLI HEIGHTS BAR & GRILL Happy Hour Tues.-Thurs. 5:00 pm-7:00 pm / Fri.-Sat. 5:00 pm-10:00 pm \$1.25 draft domestic beer, \$5 pitcher. Also receive 25% off nightly food special (prices reflect discount). For more information call 329-2455.

PINEY VALLEY GOLF COURSE The Piney Valley Golf Course offers a par 72 - 18 holes course that runs through a beautiful valley along the Big Piney River. It also features a driving range, putting green, chipping area, pro shop, snack bar and golf lessons. Piney Valley also offers daily specials. Piney Valley Golf Course is located on FLW 26, off Water Intake Rd. For more information or tee time call 329-4770.

Hours of operation: Piney Valley Golf Course season is Presidents Day (Mid February) thru November 30. Course is CLOSED from December 1 – February 17.

PVGC Greens:

Monday 10:00 am – Dusk /Tuesday – Sunday 7:00 am – Dusk

PVGC Pro Shop:

Monday: 10:00 am – Dusk / Tuesday – Sunday: 8:00 am – 6:00 pm

PVGC Sandwedge Eatery:

Monday 10:00 am – 3:00 pm /Tuesday – Sunday 8:00 am – 3:00 pm

***Limited menu after 3:00 pm**

DAUGHERTY BOWLING CENTER

Sunday – Thursday 10:30 am – 9:00 pm.

Friday – Saturday 10:30 am - Midnight

The Daugherty Bowling Center offers a 40 lane AMF Certified state of the art bowling experience. It features a game room, Family Entertainment Area (Coming Soon), proshop and the Strike Zone Restaurant. USBC Sanctioned as well as Fun Leagues are also offered. Daugherty Bowling Center is located at 1609 South Dakota Ave. 329-2477/ 596-1498.

XTREME BOWLING “*Bowling like you’ve never seen before*”! Glow in the dark pins. Laser light show with crankin music! Friday and Saturday nights 10-Midnight \$10 per person (2HR SESSION) Includes all you can bowl and shoe rental. 5 person maximum limit per lane.

BIRTHDAY PARTIES

PACKAGE 1: Hourly Bowling Party. \$15 Per lane/hour. (Maximum of 5 children per lane, 16 and under).

PACKAGE 2: 2 Games, jumbo hotdog or 1 slice of pizza with small soda. \$8 per child (Maximum of 5 children per lane, 16 and under).

PACKAGE 3: \$12 per child. 2 Games. Shoes. Jumbo hotdog or 1 slice of pizza with small fountain drink, birthday party supplies, and a balloon center piece.

****ASK ABOUT OUR OPTIONAL BOWLING PIN OFFER!***

GAME ROOM Featuring pool tables, video games, internet access, music and more!

ELECTRONIC BINGO Win up to \$4000! Must be 18 or older. Portable terminals play anywhere in the building. Payouts of \$499.95 paid out immediately. Payouts \$500 or more will be paid via check in 7 to 10 business days.

OPEN BOWLING \$2 JR/SR GAME/ \$3 REGULAR GAME/ \$2 SHOE RENTAL

BUMPER BOWLING Available for beginner bowlers 8 years and younger. This is ideal if you have younger bowlers as bumpers prevent gutter balls that can often discourage younger bowlers!



ARMY COMMUNITY SERVICE (ACS)
POC: LYNN MORGAN, 596-0212

The Fort Leonard Wood ACS is fully accredited and provides numerous supportive, informational, educational, and networking opportunities. All activities are held at Building 486, the ACS Center unless otherwise indicated. ACS will reimburse childcare expenses incurred for class participation. Parents are responsible for making reservations and ensuring their children are registered at Child, Youth and School Services (CYSS) 596-0238.

FAMILY ADVOCACY PROGRAM For more information or to register for the below mentioned Family Advocacy Classes please call Debra at 596-0212 or e-mail debra.l.ward14.civ@mail.mil

PARENTING FROM THE HEART: This is a six-week parenting class held Mondays at ACS began 2 July 2012. Explore different parenting styles; learn age appropriate discipline strategies and effective communication techniques. Please call for information on the next class schedule.

BUNDLES OF JOY: A six-week class for new and expecting parents. Topics include; Bonding, Swaddling, Child Proofing, and Budgeting for the New Addition. Please call for new class schedule.

ANGER MANAGEMENT: This is a six week class that focuses on understanding the dynamics of anger while learning anger management techniques. Please call for new class schedule.

COUPLES IN ARMS: ACS is offering a five-week couples workshop. Topics include: *Talk Without Fighting, Support Your Relationship, and Build a Relationship That Lasts.* Childcare is available. Please call for information on new class schedule.

FAMILY VIOLENCE PREVENTION CLASSES are available for Family Readiness Groups. Topics include: *Identifying and Reporting Suspected Abuse, Preventing and Responding to Family Abuse (spouse, intimate partner, child), and Stress and Anger Management.* Please call for new class schedule.

THE 7 HABITS OF A 24/7 DAD: Available upon request. What kind of dad do you want to be? Identify the role you want to play in the lives of your children. Please call for more information.

PLAY MORNING: Held every Monday morning except holidays from 1000-1100 in the gym at Pippin Youth Center on Young Street. Children between the ages of newborn and five years are eligible. Parents and children interact with each other as well as other children and their parents.

BRIGHT START (PLAY GROUP): Every Tuesday and Thursday morning from 1000-1100. Children between the ages of newborn and three years are eligible. The children will enjoy hands on activities and interaction with other children.

EXCEPTIONAL FAMILY MEMBER PROGRAM For more information or to register for the following Exceptional Family Member Program Groups or Classes please call 596-0212 or e-mail cynthia.k.holloway.civ@mail.mil .

EFMP OPEN RECREATION - For Families with a child enrolled in EFMP to come and enjoy different recreation activities in a non-traditional environment - 1st Saturday of the month, 1000-1200.

MUSIC GROUP FOR CHILDREN WITH AUTISM - weekly event for children/parents to learn social and communication skills through music. Occurs every Thursday at 1730.

DOWN SYNDROME SUPPORT RECREATION GROUP - For Families with a member who have Down Syndrome - 2nd Saturday of the month, 1000-1200, BLDG 486

EFMP RECREATIONAL THERAPY - 2 classes of special needs gymnastics/yoga and twice-monthly community recreation opportunities for the whole Family of an identified EFM.

EMPLOYMENT READINESS PROGRAM For more information on classes being offered, please email or call Karen Hall to reserve your seat at karen.s.hall2.civ@mail.mil or phone 573-596-0212.

DRESS FOR SUCCESS: This class will instruct participants on how to dress for the initial interview in order to get the job they want and the 'do' and 'don'ts' on dressing properly in the work place. This class will be held on Thursday 6 Sep 12 from 0900 – 1100, Bldg 486.

USA JOBS: Participants will have the opportunity to learn how to create a Resume in the correct format and how to navigate usajobs.gov. This is the second class given in preparation for the new procedures on how to submit a Federal Resume. **If you missed the last class now is your chance to catch up! This class will be open to Military Spouses and Family Members only. Class will be held on Thursday Sep 13, 12 from 0900-1200, Bldg 486.**

RESUME WRITING: (Civilian style) Participants will have the opportunity to learn how to create a simple resume in the correct format and to identify the important key skills that will help them get into the job market. The next class will be on **Monday 17 Sep 12 from 0900-1100, Bldg 486. (This is the last resume class before the Job Fair on 20 Sep 12)**

INTERVIEWING TECHNIQUES: This session offers participants the opportunity to discuss interview strengths and weaknesses with the instructor and learn what to expect during an interview session; this class will be held on **Tuesday 18 Sep 12 from 0900-1100, Bldg 486 (This is the last class preparing for the Job Fair on 20 Sep 12)**

APPLICATIONS & COVER LETTERS: This class will teach the correct way to put a job application together and how to format a cover letter that will catch the attention of an employer. This class will be offered on **Thursday Oct 4, 12 from 0900-1100, Bldg 486.**

NETWORKING/CAREER EXPLORATION: (Family Members) The Career Exploration class allows participants the opportunity to engage in discussion to better understand the process of developing a career plan by assessing career goals, skills and abilities to make an ordinary job into a satisfying career and networking to get the job you want. Come and explore your career options on **Thursday 18 Oct 12 from 0900 - 1100, Bldg 486.**

USA JOBS: Participants will have the opportunity to learn how to create a Resume in the correct format and how to navigate usajobs.gov. This is the second class given in preparation for the new procedures on how to submit a Federal Resume. **If you missed the last class now is your chance to catch up! This class will be open to Military Spouses and Family Members only. Class will be held on Thursday Oct 25, 12 from 0900-1200, Bldg 486.**

RELOCATION READINESS PROGRAM Please contact Carol Patton at 596-0212 or carol.a.patton4.civ@mail.mil for more information.

NEWCOMER'S ORIENTATION: Newcomer's provides information about the post and surrounding area on the **3rd Tuesday of every month**, January-November. Join us on 18 September for Newcomer's Orientation at Pershing Community Center, 0830-1230. Spouses are highly encouraged to attend. Free childcare is available. Please call 596-0212 for childcare information and further details.

COUNTRY SPECIFIC OVERSEAS ORIENTATIONS: Going overseas? ACS now offers weekly Country Specific Orientations for Alaska, Germany, Korea, and Hawaii. Please call for further details.

TOUR DE FORT: Provides an informational tour of Fort Leonard Wood. Reservations can be made by calling the Relocation Readiness Office.

INDIVIDUAL PCS PLANNING: One-on-one consultation for anyone needing assistance planning their move. Receive information on housing, budgeting, jobs, finance, moving with children, general moving preparation, and many other moving related topics.

FOREIGN BORN SPOUSE SUPPORT: Whether your question concerns immigration and naturalization or learning the English language, the Relocation Readiness Office provides assistance.

SPONSORSHIP TRAINING: Sponsorship training is offered to units upon request or online, <https://apps.mhf.dod.mil/esat>. A good sponsor can make the difference between smooth transitions and bad experiences.

HEARTS APART PROGRAM: Offers support for waiting Families by linking Family members and children with other Families who are left behind due to the sponsor's mission requirements. Spouses have the opportunity to informally meet others in the same situation, share information and fun activities with each other, learn from experts on a wide range of topics how to more easily manage the time apart and cope with stress.

OVERSEAS ORIENTATION: Mandatory for AIT Service Members prior to clearing Fort Leonard Wood for Permanent Change of Station overseas. Speakers provide beneficial knowledge on necessary topics to decrease difficulties in adjusting to the overseas relocation. Upon completion of orientation all AIT Service Members are provided an AG Overseas Orientation Clearance form, FLW Form 1493. Service Members are required to have this form prior to clearing Fort Leonard Wood for Permanent Change of Station overseas. Overseas Orientations are every Thursday and can be scheduled by contacting the Relocation Readiness Office, 596-0212. AIT units should schedule an orientation no later than three weeks prior to graduation to preclude scheduling conflicts.

WELCOME PACKETS: We provide packets for any installation requested. Welcome Packets provide information about the installation along with important contact numbers.

LOAN CLOSET: For Soldiers with Family Members on PCS orders, basic household items are available to borrow while you are in transition. Typical items include pots and pans, dishes, silverware, irons, ironing boards, sleeping pads, port-a-cribs, high chairs, and infant/toddler car seats.

FINANCIAL READINESS PROGRAM Please call 596-0212 to register for the following classes, to schedule an appointment with a financial counselor, or if you would like more information please ask for Jerry Patton or e-mail jerry.l.patton6.civ@mail.mil.

BUDGET AND BANK ACCOUNT MANAGEMENT: Designed for those interested in managing their finances in a more proactive way. Learn how to prepare and follow a monthly budget, develop a spending plan, manage a checking or debit card account, see how to handle basic debt and credit considerations, and participate in hands-on practices and scenarios. The next class will be held on **4 Sep 12**, classes are **1130-1330**.

MONEY & THE MOVE: Learn ways to plan and prepare to be financially ready for your PCS move. Information on developing spending plans, entitlements, travel costs, weight allowances, movers, etc. are all included in this presentation. The next class will be held on **5 Sep 12**, classes are held from **0830-0930**.

FIRST TERMER'S FINANCIAL READINESS COURSE: An experiential presentation about all aspects of money management including spending plans, credit/debt management, online banking, basic investing, and many other financial topics. First Termer's is a mandatory class for E-1 through E-4 upon entry into the Armed Services IAW AR 600-20 and AR 608-1. The next class will be held on **11 Sep 12**, classes are **0730-1600**.

CREDIT AND DEBT MANAGEMENT/ CONSUMER AFFAIRS: Everything you want and need to know about credit management, debt reduction, credit reports, credit scores, and how to use credit. Consumer Affairs update is provided. The next class will be held **18 Sep 12**, classes are 1130-1230.

SAVING AND INVESTING: Designed for those interested in consistent saving and ways to invest their finances. Discussions about TSP, IRA's, saving plans, and other methods. The next class will be held **1130-1300, Bldg 486, 25 Sep 12.**

CAR BUYING: A class for those who are planning to buy a car, used or new. What to look for in price comparisons, CARFAX, negotiating, paying sales tax in Missouri, warranties, etc. The next class will be held at **1400-1500, Bldg 486, 11 Sep 12.**

HOME BUYING ISSUES: For those thinking about buying a home, what to look for and ask for from prices, market trends, negotiations, inspections, warranties, foreclosures and bank properties, to moving day and beyond. Contact ACS at 596-0212 for reservations or information.

COMMUNITY READINESS OFFICE

ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM: Level I courses provide training on basic military concepts, introduction into Family Readiness Groups, financial readiness, problem solving, and much more! Level II expands on the skills developed from Level I training to include how to manage deployment stress, communicate effectively, and develop personal skills that will make you an asset to any organization. Level III focuses on professional growth, identifying strengths and weaknesses, and building on the positive attributes that will make you an effective leader. Command Spouse and Drill Sergeant Spouse Seminars are designed to assist Army Spouses with the challenging role of an Army Spouse.

| | |
|--------------------------------------|-------------------------------------|
| LEVEL I TRAINING | 4 SEP 12, 0830-1630, ACS |
| DRILL SERGEANT SPOUSE SEMINAR | 21 SEP 12, 0900-1500, ACS |
| INSTRUCTOR TRAINING COURSE | 25-28 SEP 12, 0900-1500, ACS |
| RECRUITER SPOUSE SEMINAR | 25 SEP 12, 0900-1500, ACS |

ARMY FAMILY ACTION PLAN (AFAP): Is a process which allows Service members, Retirees, Civilians, and Family members to say what's working and what is not and how to fix it. AFAP is your opportunity to improve the well being of the local and global military community. Watch for the next AFAP conference **17-19 Oct 12**. Issues are accepted all year long through www.MyArmyOneSource.com. Issue forms are also available at the AFAP office or email debra.a.griffin.civ@mail.mil. How can you be involved? Call 596-1481 to find out!

| | |
|---|-------------------------------------|
| Community First Focus Group for Military Spouses | 6 SEP 12, 0830-1130, ACS |
| AFAP Non-Governing Council Meeting | 26 SEP 12, 1300-1430, ACS |
| AFAP FLW Conference | 17-19 OCT 12, 0830-1630, ACS |

MOBILIZATION AND DEPLOYMENT SUPPORT: Offers support and assistance to Service members, Civilians, and their Families throughout the deployment cycle.

FAMILY READINESS GROUP LEADER TRAINING: Family Readiness Group Leader training will be conducted at the Melvin Carnahan Army Community Service Center on the dates listed below. The training will cover FRG basics as well as regulations, communication, key callers, managing funds, volunteers, etc. If you are a new FRG Leader or feel as if you need a refresher course, please call 596-0212 to sign-up.

18 Sep 2012, 0900-1500, ACS Bldg 486
16 Oct 2012, 900-1500, ACS Bldg 486

RESILIENCY TRAINING: Course is designed to develop critical thinking, knowledge, and skills to overcome challenges, mature, and bounce back from adversity. Develop the ability to see that: Challenges are temporary – not permanent; Challenges are local - not global; Challenges can be changed by your own effort - you're not a helpless victim. The next Resiliency Training will be held at Army Community Service, Bldg 486 on the dates listed below.

27-29 Aug 2012, 0900-1530, ACS Bldg 486

24-26 Sept 2012, 0900-1530, ACS Bldg 486

03-05 Oct 2012, 0900-1530, ACS Bldg 486

CARE TEAM TRAINING: Care Team training will be conducted on 23 Oct 2012, 0900-1200. The training will cover Care Team roles and responsibilities and understanding grief.

REAR DETACHMENT COMMANDER TRAINING: This training focuses on Family readiness, specifically the leadership role and issues involved in taking care of Families in different circumstances. The next training will be held on 09 Oct 2012, 0900-1200 at ACS.

ARMY VOLUNTEER CORPS (AVC) PROGRAM: The Army Volunteer Corps promotes and strengthens volunteerism by uniting community volunteer efforts and supporting professional management. It is an umbrella that encompasses a multitude of organizations that support our military community. Volunteers share the purpose of improving the quality of life for our Service members, Families, and Civilians. For more information please contact Rhonda Hutsell at rhonda.l.hutsell.civ@mail.mil. Volunteer Information Management System (VMIS) training is conducted on the first Thursday of each month at the Clarke Library, from 0800 to 0930. Volunteers and volunteer supervisors will learn how to be an active user, how the VMIS system works, understand the volunteer's responsibility, know what to do when applying for positions and know how to manage and track volunteer activities.

MILITARY & FAMILY LIFE CONSULTANT (MFLC) PROGRAM: This is a DOD program offering immediate support and short term situational problem solving counseling. Consultants address deployment/mobilization and reintegration issues that affect Service members and their Families. They also address any other issues that include stress management, coping skills, relationship problems, parent/child concerns, conflict resolution, communication, and loss and grief. Consultations are free and confidential. No records are kept. After-hour and weekend appointments are available and group, on or off-site meetings can be arranged. Psycho-educational presentations are available. A list of these presentations is available upon request. Email: lwmflc@gmail.com. Phone numbers: 573-212-0739, 573-855-3283, 573-855-3269 or call ACS at 573-596-0212. Fort Leonard Wood has an embedded MFLC position in the 4th MEB. The phone number is 573-979-7838.

SURVIVOR OUTREACH SERVICE PROGRAM: The intent of this comprehensive program is to ensure continued support as needed and desired by eligible Family members for the duration of their immediate and long term care requirements in the following areas: Army benefits, financial counseling, grief counseling and support services, estate planning, will preparation, probate planning, assistance in the preparation of estate related tax documents, and life skills education. We continuously strive to provide the highest quality of services to our Surviving Family members of fallen Warriors. We stand ready to serve you and answer your questions. Please contact Jodeen Carmack or Mark Dunlop at 596-0212 or jodeen.l.carmack.civ@mail.mil or mark.i.dunlop2.civ@mail.mil.

SOLDIER AND FAMILY ASSISTANCE CENTER: The Soldier And Family Assistance Center (SFAC) sponsors mutual support, a welcoming environment, and healing for Warriors in Transition (WTs) and their Families by providing the best social, financial, educational, personal, and pastoral services available. Their efforts are aimed at fostering dignity and independence, enabling the WTs in their transition back to duty or

to service as a vital member of the community. In-Processing for the SFAC is held on Monday from 1000-1030 in the conference room of BLDG 312 located on the first floor. Please note that the following classes are for Warrior's in Transition ONLY. Thank you!

* **ART CLASSES** are offered every Tuesday 1300-1445 at the new WTU Barracks BLDG 330, this is just for the WT's.

* **LEATHER WORK SKILLS**, every Wednesday, 1245-1445 located in the common area in the new WTU Barracks BLDG 330.

* **WOOD WORKING**, every Thursday, 1300-1445 in the new WTU Barracks BLDG 330.
INFORMATION BRIEFS 1500-1630, Bldg. 312 Rm 316.

Tuesday SFAC Orientation Class Includes briefings from SFA, VA, SFAC Education Counselor, and REALifelines about the services they offer.

Thursday SFAC Orientation Class Explains the SFAC service structure and individual service assessments for each new WTU Soldier. Includes briefings from Financial Readiness Office, and briefings about the services ACAP, and ACS provide.

ARMY COMMUNITY SERVICE OUTREACH: The purpose of ACS Outreach is to enhance readiness and retention by helping Soldiers and Families develop a stronger sense of self-reliance and belonging in the military community. Outreach targets those Families who have the greatest level of need, but are least likely to seek out and take advantage of services until they have reached a state of crisis. Outreach seeks to accomplish this by participating in on post/off post Family community events, on post organizational day functions, providing Family day briefings to Soldiers and Family members, setting up information tables during basic training graduations, conducting information briefings for permanent party, AIT students, and FRGs, and by manning information tables at various locations in communities around Fort Leonard Wood.

THE HOUSE NEXT DOOR (HND), Bldg. 486, Room 133: The House Next Door is a place where spouses and Family members of Active Duty military, military Reserve Units, National Guard units, and military retirees can meet to learn new skills and make new friends. There are several services and classes available to participate in and enjoy. Classes include cooking, sewing, ceramics, embroidery, etc. Classes are FREE of charge and children are welcome. Classes marked with an asterisk (*) require registration one week prior to the beginning of class. All classes are held at ACS, Bldg. 486, Room 133, unless otherwise specified. To register please contact the ACS Front Desk at (573) 596-0212.

September 2012 ClassesAll classes are held 0900 - 1200

Loom Knitting, Tuesday, 4 September 2012: We have looms here to practice with. Come join us and learn something new!

Cross Stitch, Wednesday, 5 September 2012: Ever wanted to learn how to make some beautiful cross stitch designs? Please come and learn along with us.

Crafty Bingo, Thursday, 6 September 2012: Come join in the fun of Crafty Bingo! Leave each class with a completed craft for yourself or as a gift. Learn new skills that can be applied to other crafts. No prior registration required. Supplies will be furnished.

Embroidery, Tuesday, 11 September 2012: If needlework is something you have always wanted to try, then try our Embroidery Class! You'll learn how to take something simple and make it a work of art. No prior registration required.

Christmas in September, Wednesday, 12 September 2012: We're continuing to start our Christmas season early. We'll be concentrating on place settings (name cards, décor, silverware holders, etc.). Please call us for more info and register for this enjoyable class!

Coffee & Crafts, Thursday, 13 September 2012: We'll provide the coffee and you provide the crafts. Come join us for this enjoyable session.

Pillow Cases, Tuesday, 18 September 2012: Want to learn how to make a decorative pillow case? We have basic patterns and will gradually progress to more detailed patterns. (We have fabric available for pillow cases that upon completion will be donated to the Children's Hospital in St. Louis). Please call to sign up for this interesting class and to obtain a supply list.

Taste & Trade (Appetizers, Soups & Salads), Wednesday, 19 September: Please bring a prepared dish along with the recipe to share with the group. Call to register for this delicious culinary activity!

Plastic Canvas, Thursday, 20 September 2012: This session is for the beginner crafter; how to take a piece of plastic canvas and make something useful for yourself and your home. No prior registration required. Teaching supplies are provided for in-house use only.

Quilt Block of the Month, Tuesday, 25 September 2012: We will be working on our block for September which will be the 9th out of a series of 12. Please call to register for this enjoyable class and for a supply list

Crochet, Wednesday, 26 September 2012: Learn a new skill or challenge your mind with a new pattern or type of yarn. No prior registration required. Teaching supplies are provided for in-house usage only.

Unfinished Project/Potluck, Thursday, 27 September 2012: If you have a project that never seems to get finished or you're not sure how to complete it, today is a day for you. The HND instructors will be on hand to offer advice and answer questions. No prior registration required



U.S. Army Child, Youth
& School Services

CHILD, YOUTH & SCHOOL (CYS) SERVICES
POC: NANCY B. STARNES, 596-0200

Children utilizing the Child Development Center (CDC) must be registered with CYS Services. The CDC is open Monday-Friday and is closed weekends and federal holidays. The full day program currently operates from 0530-1730 Monday thru Friday. The hourly care program operates from 0800-1700 Monday thru Friday. The part day preschool three-day program operates during the school year on Monday, Wednesday and Friday from 1230-1530 and Strong Beginnings operates during the school year on Monday thru Friday from 0830-1130.

Children participating in Family Child Care (FCC) activities must be enrolled at a certified FCC provider's home.

Children participating in School Age Services (SAS) activities must be enrolled at SAS with the exception of Open Recreation that is offered two Saturdays per month. Children wishing to participate in Open Recreation must be registered with CYS Services, but are not required to be enrolled at SAS. Open Recreation is open to children from 1st thru 5th grade. Open Recreation is a free program. **The phone number for the center is 596-0239.**

Youth participating in Pippin Youth Center (PYC) activities must be registered with CYS Services. These activities are open to preteens and teens from 6th thru 12th grade. Youth interested in participating in any of these clubs or activities may contact the center for more information to find out about the wide variety of activities that are available and the procedures for signing up for any of the programs that they may be interested in. **The phone number for the center is 596-0209.**

Through our participation in the United States Department of Agriculture (USDA) Child and Adult Care Food Program (CACFP), the CDC offers Parent's Choice Infant Formula with Lipids and Iron; available for infants through 11 months old if parents choose to participate. The CDC also offers commercially prepared infant food or ground food prepared by our kitchen staff to all children who are not yet eating table food. Infant Feeding Plans are available at the CDC to be completed to inform the staff of the food your child has been introduced to. As always, children over the age of one year will also be supplied with all of their nutritional needs while they are at the center. For more information on these programs, please contact the center.

Deployment Discounts/Services: Deployment Respite Care is available for children registered with CYS Services whose parent/sponsor is deployed, on TCS, PCS or TDY (90-179 days) orders or a Service Member of the deployed unit. Sixteen free hours of care is available per month, per child, during the deployment. A copy of the Service Member's orders must be provided. **The CDC opens twice a month for this service. For the month of September the center will be open on the 9th from 1200-1600 and the 21st from 1800-2200.** The normal cost of hourly care is \$4.00 per hour will apply; payment must be made in advance. A snack will be provided for the children. This service may be utilized by other patrons whose children are registered for hourly care. Reservations are required and may be made up to two weeks in advance. Care is available for children 6 weeks through the 5th grade. Due to space limitations, paid reservations may be bumped to make room for deployed Service Member's reservations. If this should occur, advance payments will be refunded.

Family Readiness Group (FRG) childcare is a partnering event between CYS Services and Army Community Service (ACS). There is free childcare service two nights per month for any FRG member who would like to utilize the service to attend an FRG meeting. To utilize the service your child must be registered with CYS Services and reservations must be made no later than 1200 the week before the date of the opening. **The FRG childcare dates for September will be the 6th and the 18th from 1800-2030.**

CYS Services are also giving deployment fee discounts to children registered with CYS Services whose parent/sponsor is deployed or a Service Member of the deployed unit. Offsets to fees may be given as follows:

- 1) Waiver of CYS Services registration fee
- 2) 20% discount reduction for regularly scheduled full/part day fees
- 3) \$2.00 per hour rate beyond the free respite care hours
- 4) \$100 for team or individual sports
- 5) \$300 for SKIES Instructional Programs

To receive the discount, deployment orders must be presented to Parent Central Services upon registration, or if your child or children are already registered, you must make an appointment to rewrite your present contract and present the deployment orders at this time; however, rewriting the contract does not extend the date of your contract (it will still expire on the original date). Call 573-596-0238/0421 to inquire about eligibility for benefits.

Parent Participation Points (PPP): For parents with children enrolled in the CDC, SAS, or an FCC home, there are a variety of ways to earn PPP. These points can add up to a monthly 10% discount on your childcare fees. Check with your program or provider for more information on this program.

The Skate Park is open at PYC. The hours of operation are the same as the center, but the Skate Park closes at dusk, or 1900, whichever comes sooner. The park is open to youth 1st thru 12th grade. 1st thru 5th graders must be accompanied by a parent. All youth using the park must be registered with CYS Services and must sign in at PYC prior to using the park. Safety equipment, i.e. helmet and kneepads, is required. Some safety equipment is available at the center.

PYC will open at 1430 on weekdays. On non-school days and Saturday, the center will open at 1200. Regular hours for the center when school is in session are Monday through Friday from 1430-1900, and on Saturday 1200-1900 for Open Recreation. The High School Lounge is open Monday thru Thursday from 1430-1900, Friday from 1430-2100, and Saturday from 1200-2200.

Information from the School Liaison Officer (SLO): Waynesville School District (WSD) Information:

Enrollment Information and School Calendar for the WSD can be found at:
<http://waynesville.k12.mo.us>

P.A.C.E. Preschool is now accepting appointments for their screenings. This is a free part day preschool offered through the Waynesville School District. It is open to all children in the Waynesville School District. The only requirement is that children must be 3 years old by AUGUST 1, 2012 and be potty trained. P.A.C.E. preschool is located on Fort Leonard Wood at Williams Elementary. To schedule an appointment or for more information please call (573) 452-2900.

WAYNESVILLE SCHOOL DISTRICT KEY DATES: First day of school will be Tuesday, 4 Sep 12

Half-day of school on 28 Sep 12

SKIESUnlimited Ongoing

Gymnastics Summer schedule: 55 minute gymnastics class once a week for two years and older; 45 minute classes for 18 months to two years. Lessons are \$42 per month. 1 ½ hour advanced class is \$58 per month. A one hour class held twice weekly is available for \$70 per month. Classes are available Monday –Thursday afternoons and Wednesday and Thursday mornings.

Children and youth may be eligible for free gymnastics instruction if they are enrolled in the Exceptional Family Member Program.

Academic Support SKIESUnlimited now offers academic tutoring for students 6-18 years in reading, writing, math, test prep, SAT, ACT and GED prep. Please call the SKIES office at 596-0200 for details.

Piano, Guitar, Violin & Voice 30 Minute Private Lessons \$55, Hour Long Group Lessons \$43. Some time slots are still available. Contact Parent Central Services for dates and times at 596-0238/0421.

Martial Arts Tae Kwon Do meets Monday and Wednesday evenings at Audie Murphy's Community Center. Classes offered are one time a week for \$35 per month or two times a week for \$65 per month. Start-up fee is now \$75 (regular price, \$159). Call Parent Central Services at 596-0238/0421 for more information.

Dance Classes through the School of Performing Arts are held on Thursdays between 1600 – 1900 for ages Pre-K and up. Cost is \$35.00 per month. Starlighters School of Dance offers instruction on Fridays in preschool ballet, tap, and jazz, junior hip hop, and hip hop for school age children and youth. Cost is \$40 per month.

Swimming Learn to swim this summer! Swimming lessons for ages six months to 18 years will be offered at Lieber Heights Pool and Davidson Fitness Center indoor pool. Cost is \$15 for Level I instruction (six months to five years); \$30 for Levels II (five years and older) and up.

SKIESUnlimited is recruiting community members like you! Share your knowledge and skills and earn extra money in your spare time. Expand the horizons of children and youth in the Fort Leonard Wood community. SKIESUnlimited is currently recruiting individuals with experience in academic tutoring, arts & crafts, drawing & painting, auto skills, robotics, engineering, scrap booking, foreign language instruction, and baby sign language. Please contact Nancy Maddy at 573-596-2050/563-3006 if you are interested in working as an independent contractor for SKIESUnlimited.

Like us on Facebook <https://www.facebook.com/SKIESUnlimitedFortLeonardWood>

Parent and Outreach Services/Special Events:

PWIM Workshop "A guide for helping Children Manage Anger", 14 Sep 12, 1130-1230, building 470, room 1118.

imAlone class is scheduled for 15 Sep 12, 0800-1200, SAS. Call Parent Central Services at 573-596-0238/0421 to sign up.



PUBLIC AFFAIRS OFFICE
POC: Tiffany Wood, 563-4145

Sept. 7-8 Annual Retiree Appreciation Days is set for Sept. 7 and 8 on the installation to provide retirees and their families with information, services, and assistance concerning their personal affairs, benefits, privileges, rights, and entitlements. Hosted by Retirement Services, Military Personnel Division.

Sept. 8 St. Louis Cardinals Military Appreciation Day The Saint Louis Cardinals are set to take on the Milwaukee Brewers on Sept. 8 during the Military Appreciation Day at Busch Stadium. The event is to kick off with a free tailgate party at 3 p.m. located in the south east corner of the stadium parking lot. Game time is scheduled for 6:15 p.m. Tickets are \$20.00 per person and available at the ITR office.

Sept. 15 Dixon Cow Days The city of Dixon is slated to kick off their Cow Days Fall Festival parade at 2p.m., Sept. 15. The parade is to take place on 2nd Street, Dixon, Mo.

Sept. 15-16 Midwest Air Show Scott Air Force Base opens its gates to the public for its 2012 Airpower Over the Midwest air show featuring the Air Force Thunderbirds. The air show is Sept. 15-16 and gates will be open from 9 a.m. to 5 p.m. The free event also features performances by the U.S. Special Operation Para-Commandos and will feature aircraft displays, historical reenactments and plane simulators. Find out more at <http://www.scott.af.mil/airshow2012.asp>.

Sept. 17-22 MP Regimental Week The 71st Anniversary of the United States Army Military Police Corps Regiment is scheduled to take place Sept. 17-22.

- The MP Warfighter Competition takes place Sept. 15 to 18.
- MP Memorial Tribute 7:45 a.m., Sept. 17 at the MP Memorial Grove.
- MP Regimental Run is scheduled for 5 a.m., Sept. 18 on Gammon Field.
- A range dedication is planned for 1 p.m., Sept. 20 at Range 13.

- Hall of Fame Induction luncheon starts at 11 a.m., Sept. 21 at Pershing Community Center, with a Hall of Fame photo hanging immediately following at the John B. MaHaffey Museum Complex.
- MP Anniversary events conclude with the MP Regimental Ball at 6 p.m., Sept. 22 at Nutter Field House.

Sept. 22 Missouri S&T Military Appreciation Day The Missouri School of Science and Technology is scheduled to take on Kentucky Wesleyan College during their Military Appreciation Day at the Allgood-Bailey Stadium located at 705 W. 10th Street, Rolla, Mo. Admission is free to military personnel, retirees, dependants, and DOD civilians. Admission is \$8.00 for everyone else. Kickoff is scheduled for 6:30 p.m. and the game should end around 9:30 p.m.

Oct. 6 Combined College Graduation The Fort Leonard Wood Truman Education Center annual Combined College Graduation is scheduled to take place at 1 p.m., Oct. 6 at Nutter Field House. The graduation ceremony will be held for college graduates of Central Texas College, Columbia College, Drury University, Park University, and Webster University and their families.



INSTALLATION CUSTOMER RELATIONSHIP MANAGEMENT OFFICER
POC: BECKY GRIMM, 563-5114
"Voice of the Customer"

The following are 3rd QTR FY12 updates for the Community FIRST active issues:

1) Single Soldier Housing Concerns (Living Condition). **Scope:** Soldiers currently living in older housing (such as Immel, Bouquet, and Indiana Streets) face many challenges with their living quarters. Many of the older homes have issues with ants and continuous air conditioning and other appliance malfunctions. Work orders are submitted, but problems recur constantly. **Recommendations:** Get feedback from Soldiers currently living in older homes in order to make newer homes better accommodating; and correct maintenance problems when reported. **Progress / Update (DPW):** Preventative maintenance conducted bi-monthly. Roof replacements, handrails painted, pavilions, fire extinguishers, CO2 detectors, mailboxes, bulletin boards, dumpsters and screens installed; streets and parking areas resurfaced. New LR / BR furniture in place. Project to repair kitchens and bathrooms, install bathroom exhaust fans, refinish floors, replace doors is ongoing. 14 Buildings are completed; 9 buildings remaining with estimated completion date September 2012. Issue is to remain active (tracking), pending FY13 construction of new single Soldier quarters.

2) Childcare at Davidson Fitness Center. **Scope:** Although we have the CDC, many times the slots are full because there are so many children here, so spouses don't have a feasible opportunity to go to the gym. If there was a room dedicated to childcare at DFC more spouses and families would utilize the facility and live healthier, happier lives. People would prefer to have their children in the same facility, especially stay at home moms. **Recommendation:** dedicate one room for children inside DFC. **Progress/Update (DFMWR):** Construction is ongoing on the Family Fitness Area. Estimated completion date August 2012. In the interim, DFC has dedicated one room for parents to exercise with Line of Sight supervision of their children, Mon-Fri (0800-1600). Issue is to remain active, pending completion of construction.



COMMISSARY

POC: WANDA DOTSON, 596-0689, ext 3020

Open Labor Day: September 3rd, 0900-1700 hrs

CASE LOT SALE : September 14 and 15, 0900-1800 hrs.



GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL (GLWACH), MARKETING SPECIALIST

POC: JOHN BROOKS, 596-0131, ext 6-9632

Continual skills training helps ensure enrollees get the best care at GLWACH



Cpt. Gregory Hare, officer in charge of the Inpatient Supply Pharmacy, discusses home medications with Sgt. Alexander Kensell, a Licensed Practical Nurse from GLWACH's Intensive Care Unit. A short quiz followed, testing Kensell's knowledge. A wide variety of other skills, from National Patient Safety Goal knowledge to urinary catheter insertion steps, are taught and tested several times each year when GLWACH conducts its Nursing Skills Fairs.

Flu shots this year

Flu shots are slated to be available by Sept 15th at the GLWACH Allergy/Immunization Clinic, room 107, and at the Ozark Family Centered Medical Home satellite clinic, located in the Saint Robert Municipal Center. Flu shots will be available on a walk-in basis from 8:00 a.m. to 4:00 p.m. on Monday, Tuesday, Wednesday and Friday. Flu shots will be available for six-month-old children and older. For children 8 years and younger, if this is their first year getting the flu shot, they will get two, 30 days apart. Questions? Please call Terri Mulvihill at 596-1768.

Pharmacy hours during Labor Day weekend

The GLWACH Pharmacy and the Post Exchange Pharmacy are scheduled to be open from 8 a.m. to 5 p.m. on Friday, Aug. 31, and closed Saturday, Sept. 1, through Monday, Sept. 3, for Labor Day weekend. The pharmacies will be open during normal business hours on Tuesday, Sept. 4.

THIRTY-THIRD ANNUAL RETIREE APPRECIATION DAYS

Sept 7:

- Health Promotion/Pharmacy Self Care classes
- Dermatology skin C/A screening (Tri-Care for Life –must make appointment)
- Immunization Clinic is open for vaccinations: Pneumococcal and Shingles
- For more information, please call Terri Mulvihill at 596-1768.

Sept 8:

Activities at Nutter Field House start at 1000. GLWACH will be providing Information on health issues, physical fitness, medication reconciliation, blood pressure checks, diabetes management, and much, much more. There will also be a Drug Take Back area. Defense Finance and Accounting Service, Veterans Administration, Staff Judge Advocate, Army and Air Force Exchange Service (AAFES), Commissary, Bruce C. Clarke Library, MWR, and many other local service organizations will be providing information and assistance to the Retirees and their spouses at Nutter Field House. Doors will open at 10:00 a.m. on Saturday, upon completion of activities at Abrams Theater. Please call Phyllis Jones at 596-0491 for more information.

The Victory Clinic and POR Clinics have moved

- The GLWACH Victory Clinic has moved to the northwest corner of GLWACH's Consolidated Troop Medical Clinic. Please use the door at that corner of the building, facing Alabama Street, to visit the new Victory Clinic at GLWACH's CTMC.
- The Preparation for Overseas Reassignments Clinic, also known as The POR Clinic has moved to building 470, room 108.

The clinics have moved to consolidate treatment for troops in training and those on Temporary Duty status at Fort Leonard Wood. Victory Clinic: 573-596-1760. POR Clinic: 573-596-9139.

**Please use the GLWACH main entrance on Saturdays.
GLWACH's north Primary Care Clinic (PCC) entrance is closed on Saturdays.**



AMERICAN RED CROSS POC: DENNIS MORAN, 596-0300

* **September 3rd and 17, 2012** are New Volunteer Orientation, 1000hrs, Building 496(corner of Constitution & Replacement). Call 573-596-0300 to register.

Blood Services: Please contact Bill Mathews at MatthewWi@usa.redcross.org or villasanama@usa.redcross.org, phone: 417-224-2901,

Health and Safety Information: CPR/First Aid/AED training are held Every Second Saturday at Building 496(corner of Constitution & Replacement) To Register for Classes go to www.redcross.org, website

It's That time again Dental Assistant Training Applications:

It's that time again for another American Red Cross Dental Assistant Training Program beginning in January 2013. The purpose of this program is to serve the Fort Leonard Wood community while supporting the Dental Activity (DENTAC).

This is a valuable training opportunity where the dental trainees MUST be willing to commit to the seven (7) month period required for completion with a minimum of 1015 hours required. The duty day will be from 0715-1630 Monday – Friday. It is mandatory that each trainee attend the entire program and complete every rotation. Students are allowed to take up to 5 sick and 4 vacation days without affecting their course completion date, with prior approval of the Program Coordinator.

All Dental Assistant Trainees must be military ID card holders over the age of 18. There is no cost for trainees in this program. Child care WILL NOT be provided. Candidates will be chosen on the basis of application, essay and individual interviews.

Applications are available at the American Red Cross, starting November 05, 2012. Monday – Friday 0800 – 1600, in BLDG 496, and the deadline to turn in applications will be November 26, 2012. Interviews will begin November 27-29, 2012. Program will start on January 3, 2013.



**POC: KELLY BROWNFIELD
FACILITY MANAGER,
329-2039, kbrownfield@usomissouri.org**

NO SUBMISSION FOR AUGUST.



**CHAMBER OF COMMERCE
POC: CECILIA MURRAY, 336-5121**

Waynesville/St. Robert Night with the Cards - Thursday, August 30, at a 7:08 p.m. starting time. The first 2500 fans to enter Hammons Field will receive a Budweiser World Series Beer Stein. That night is also Johnsonville "Buck a... Brat" night. Along with the Cities, the Waynesville/St. Robert Chamber of Commerce and the Pulaski County Tourism Bureau are sponsoring a commemorative t-shirt, along with the price of your ticket. Please mark your calendars and help us show off our community pride. GO TIGERS! Tickets are on sale for \$12 each and are available for purchase at the Pulaski County Visitor's Center, the St. Robert Municipal Center, and Waynesville City Hall.

Restless Heart at The Barn – August 31st at 7:00 p.m. Restless Heart continues to thrill audiences nightly with their award-winning talent, showmanship and flawless harmonies on hits including "I'll Still Be Loving You," "Bluest Eyes in Texas," "When She Cries," "Dancy's Dream" and many more. Doors open at 7pm and the show starts at 8pm. The Barn is located 2 miles South of Dixon on Hwy 28. Food Available! No alcohol or smoking! Tickets \$30 in advance or \$35 at the door! For more information contact The Baker Band at 573-433-6138 or 573-433-9370 or visit www.thebakerband.com.

Railroad Days in Crocker – September 1st at 9:00 a.m. Railroad Days Festivities will begin around 9am in Downtown Crocker on 10th Street. The streets will be filled with vendors, food, family and kid activities, with live gospel entertainment! The parade starts at 2pm followed by live music and a street dance from 8-11pm! Free admission! For more information contact Justin Smith at 573-528-0940.

Chamber Office Closed - September 3rd in observance of Labor Day

Tiger Typhoon Outdoor Pool closes for the season - September 3rd at 7:00 p.m. For more information contact St. Robert Parks and Rec at 573-451-2625 or visit <http://saintrobert.com/residents/Departments/Park/pool.html>.

Dog Swim at Tiger Typhoon – September 6th from 5:00 p.m. to 7:00 p.m. Dog Swim at Tiger Typhoon. Tiger Typhoon Aquatic is located across from the St. Robert Municipal Park on J.H. Williamson Drive in St. Robert. For more information contact St. Robert Parks and Rec at 573-451-2625.

Saint to Saint Relay Run – September 8th at 6:00 a.m. This is the inaugural Saint to Saint, September 8, 2012. Registration at OneStopRace.com Benefiting: Diabetes Education Fund This is a 41 mile relay run from St. Robert, MO to St. James, MO. Runners will begin at the Epic Adventure Outpost in St. Robert and will end at the 2012 St. James Grape and Fall Festival. Race Divisions are: Corporate, Female, Male, Masters, Military, and Open. Maximum of 250 teams. Each team consists of 4 people and 1 alternate. For more information or to register visit: OneStopRace.com.

Movie Night in the Park – September 14th Shady Dell Park in Richland. Free admission. For more information contact the City of Richland at 573-765-4421.

71st Military Police Regimental Golf Tournament – September 14th at 10:00 a.m. Sponsored by the MPRA Shotgun Start 1000 Piney Valley Golf Course Fort Leonard Wood, MO \$50 per person includes: Green fees, cart, dinner, driving range. For more information contact Piney Valley Golf Course at 573-329-4770 or email george.a.trotter.naf@mail.mil.

Electronics & Appliance Collection – September 15th from 9:00 a.m. to 1:00 p.m. at the St. Robert Community Center. Fee for TVs and Computer monitors is \$5 each. No fee for refrigerant appliances. Free: Stoves, washers, dryers, microwaves, and other appliances as well as computer CPUs, keyboards, printers, VCRs, cell phones and other electronics. Household items only, no materials from businesses, please. You must unload items yourself. For more information contact MRPC at 573-265-2993.

Lost in the Woods Women's Expo – September 15th from 9:00 a.m. to 3:00 p.m. There will be over 30 vendors in attendance with some amazing back to school deals for you! Each vendor will be holding a raffle and/or donating part of their day's proceeds to Westside Christian Academy as well. How can you help? Besides coming out to support your local home-based businesses (many of whom are a part of the Westside Baptist family), the school is seeking donations of the following items. We will have a representative from the school there all day to take the supply donations, monetary donations, and answer any questions you may have about the school. The supplies needed are: Glue Sticks, Gallon, Quart and

Sandwich size Zip top bags, Markers, Dry Erase Markers (thick or thin), Stickers-Any kind, Wet Wipes (baby wipes), Sanitizing Wipes (Clorox or Lysol-type), Yellow #2 Pencils, Brown or White plain lunch-size paper sacks, Hand Sanitizer, 4oz Elmer's Glue, Play-Doh, Clear hair gel, Barbasol Original Men's Shaving Cream, and Reams of 8.5" x 11" Copy Paper. For more information contact Westside Christian Academy.

Extreme Cowboy Race – September 15th at 11:00 a.m. Buckle Series Timed Event 50% Payback \$20 Entry Fee plus one time \$20 Buckle Fee Sign up at 11am, Event starts at 12pm Late entries will be accepted up to completion of your division 4 Divisions: 12 & under, 13-18, women's, men's. No dogs allowed. For rules, directions, and more information, go to www.kensercreekranch.com. For more information contact Kenser Creek Ranch at 573-286-1416 or 573-286-4719.

Big Piney Chapter Ducks Unlimited Sponsor Dinner – September 20th Please join us at the 75th Anniversary Big Piney Chapter Ducks Unlimited Sponsor Dinner sponsored by Citizen's Mortgage Company on September 20th, 2012 at the Pershing Community Center on Ft. Leonard Wood, MO. Doors open 6:00 PM. Please come join us for our annual Sponsor appreciation banquet where we say "thanks" to our current Sponsor members for supporting Ducks Unlimited throughout the year. Along with saying thank you to our current sponsors we continue to recruit new sponsors knowing that every \$250 worth of sponsorship saves one acre of wetlands. We are planning a sit-down catered meal, cash bar, fun games for tickets for great drawing prizes, "Last Duck Standing" game to determine who wins 2013 State Grand Giveaway entry, silent and live auction of great items including authentic Ducks Unlimited collector merchandise all to benefit DU's mission to conserve the wetland areas for our future generations. All sponsors attending event will have a chance of winning a 12 gage Remington pump shotgun being given away as the main door prize. Additionally, we will be drawing from our list of chapter sponsor members for another shotgun for every 5 new sponsors recruited or sponsorships renewed. To purchase your tickets online please go to <http://www.ducks.org/missouri/events/28473/75th-anniversary-big-piney-sponsor-dinner> or contact one of the individuals below. Also contact individuals below for more information on volunteering to help with the event, helping the Chapter get underwriters/sponsors or conservation efforts. Hope to see you there. Contact the following for RSVP or tickets: Adam Brill, 573-586-7704, abrill62@gmail.com or Mike Mette, 573-337-0226, mjmette@windstream.net. Ticket Prices: 2012-2013 Big Piney Sponsor and 1 guest - FREE (just need RSVP), 2012-2013 general member and 1 guest - \$215, Non-member and 1 guest - \$250.

5K Fun Run or 11K Challenge – September 22nd at 7:00 a.m. at Crocker High School, 601 N Commercial All proceeds go to the Crocker High School Athletic Department. Register online at www.crockerrun.com/ For more information contact Rebecca Posten at 573-736-3083.

Trot for Tots - September 22nd at 7:30 p.m. Pre-register by September 14th. Race Day registration will begin at 6:30 a.m. Benefits go to the annual Marine Corps Toys for Tots toy drive to support local children. Entry fees are \$15.00 for those who pre-register by September 14th and \$20.00 after. Pre-registration for kids 12 and under is \$5 and race day registration is \$10. A t-shirt is guaranteed to all entrants pre-registered on or before September 14th. All other entrants will receive a t-shirt on a first come, first serve basis while supplies last. The Young Marines of Pulaski County will provide a Pancake Breakfast for \$5.00 at the St. Robert Community Center. For more information contact Al Fagan at cwo5al@cablemo.net or call 573-528-5116.

ATV Rodeo & Swap Meet - September 22nd from 8:00 AM - 8:00 PM ATV Rodeo Gates open at 12pm Starts at 2pm Shady Dell Park Swap Meet 8am-8pm Shady Dell Park. For more information contact the City of Richland at 573-765-4421.

VFW Post 3168 Poker Run – September 22nd at 12:00 p.m. Poker Run Benefitting Toys for Tots and Coats for Kids. Bikes, Jeeps, or Cars. Registration at VFW Post 3168 at 11 a.m. 1 gently used coat or \$10 per person. 1st out at noon - last in at 5:30 p.m. Guaranteed cash payout High/Low hand, extra card \$3 BBQ, Drink Specials, and DJ from Mid Mo Entertainment following. Open to the public, 100% of the proceeds to Benefit Coats for Kids and Toys for Tots. For more information contact VFW Post 3168 at 573-765-3168.

Chamber Community Pride Night - September 28th at 6:00 p.m. Join the Chamber at a tailgate party before the Homecoming Football Game of the Waynesville High School Tigers. Free hot dogs and soda handed out during the event. For more information contact our office at 573-336-5121.

3rd Annual Walk/Run for Life – September 29th from 9:00 a.m. to 12:00 p.m. As part of our annual fundraising activities, the Free Women's Center will host its 3rd Annual Walk/Run for Life on Saturday, 29 September 2012, in the Waynesville City Park. We will set up a registration area next to Gazebo #3. We will have a large activity area for the children attending which will include a large bounce house, clown station, free balloons, and face painting, we will have coffee and donuts. Registration begins at 9am with our walk (two round trips to the Roubidoux Spring and back) starting by 10:15am. The run is 5K around the City Park and Sporting Complex, starts at 10:30am. Registration costs \$20. All Walkers receive a free T-shirt, Runners receive T-shirts and medals, with trophies to the top three finishers (male and female). All participants will receive free food and drinks following the event at 11:15am. Both walkers and runners can solicit Walk/Run pledges and receive prizes for different levels. For more information contact Free Women's Center at 573-291-0093 or visit www.supportmyfwc.com.

Frog Races - October 6th the 5th Annual Frog Races will be held by the Waynesville-St. Robert Chamber of Commerce in conjunction with Frogtober Fest at the Waynesville City Park. "Adopt" a frog for \$5 or a team of 3 for \$10. Frogs will race down the Roubidoux and the first heat will begin at 1 p.m. For more information please contact the Chamber office at 573-336-5121 or chamber@wsrchamber.com.



ROLLA AREA CHAMBER OF COMMERCE
POC: AIMEE CAMPBELL, (573)364-3577, visitrolla.com

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LEBANON AREA CHAMBER OF COMMERCE
POC: JUDY FORTNER, 417-532-4642

Follow us on Facebook for events and happenings in Lebanon
<http://www.facebook.com/cityoflebanonmo>

- Kickin' Asphalt Show, plus "HIGH BANKS 100" ASA Super Late Model Showdown, Modified & Sportsman Special and "Budweiser Pre-Race Party" at the Lebanon I-44 Speedway. Visit www.i44speedway.net for details.
- Saturday night dirt track racing at the Lebanon Midway Speedway. Visit www.Lebanonmidwayspeedway.com.
- **August 31 to September 2nd** we welcome back the Missouri Horseshoe Championships at the Exhibition Hall. For information call 573-372-3650. Spectators are welcome throughout the weekend. Admission is free. The morning groups start at 9 AM and the afternoon groups will start at 1PM and will be over around 5 PM.
- Saturday, September 1 is the Trash to Treasure Swap Meet at the Laclede County Fairgrounds Ag Building, 8am-3pm, Rain or Shine. Free admission to the public. Call 417-588-5118 for details.
- September 8th is the XVIII Case Knives Celebration at Shepherd Hills Factory Outlet. 9am to 4 pm. Free admission; lunch provided, live music and hourly drawings. Visit <http://www.CaseXX.com> for details.
- September 13-15 is the Starvy Creek Bluegrass Festival in Conway
- 2nd Annual Business Expo, Saturday September 15th at the Cowan Civic Center from 9 am to 2 pm. Contact the Lebanon Chamber of Commerce for details. www.lebanonmissouri.com or 417-588-3256.
- Tuesday, September 18th is Ladies Night Out at the Mills Center from 4pm to 8pm. Sponsored by Bays Chiropractic. Free Admission and door prizes. There will be hair salons, travel, home décor, fitness, jewelry and purses to name a few vendors you can find here. Call 417-532-6251 for more information



ASSOCIATION of the UNITED STATES of AMERICA

Donna Barkefelt at donnabarkefelt@gmail.com; 573-451-3202
Mike Gillen at Michael.Gillen@Mercy.Net;
Rick Morris at rickmorris101@gmail.com

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Better Opportunities
for Single Soldiers

BETTER OPPORTUNITY FOR SINGLE SOLDIERS (BOSS)

POC: SPC RONDA TUBERVILLE or WARREN BRITTON, 596-6912

Facebook: <http://www.facebook.com/flwboss>

Twitter: <http://twitter.com/FLWBOSS>

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ARMED SERVICES YMCA OF MISSOURI (ASYMCA)

POC: LINDA BRIGHT, EXECUTIVE DIRECTOR, 329-4513,

ymca@cablemo.net; www.asymcaMO.com

Weekly Activities:

| | | |
|------------|-------|---|
| Mondays | 10:00 | Playgroup with New Parent Support Group |
| Tuesdays, | 10:30 | Story Hour at Clarke Library |
| Wednesdays | 12:30 | Story Hour at Clarke Library |
| Thursdays | 9:30 | Mom & Me Craft Class at Woodlands Neighborhood Center |

ASYMCA C.A.R.E.S: New session starts August 21 for six weeks. Call to sign up

Kid Comfort quilts: Photo quilts for children with a deployed parent. Application available by emailing y office at ymca@cablemo.net



**Armed Services YMCA
4th Annual Family Friendly
3K Fun Run/Walk &
Trunk 'N Treat Event**

Date: Saturday, October 20, 2012

Time: 10:00AM 3K Fun Run (9:30AM check in)
11:00 AM Trunk 'N Treat

Where: Iowa Ave. , FLW

Cost: \$10.00 per adult, \$5.00 per child (ages 5-15), and \$25.00 for a family of 3 or more. Children under 5 FREE.

Registration: Begins September 1, 2012 to October 18, 2012

Information: First 100 paid participants receive a t-shirt. This is a **Halloween themed event** so come dressed in your best costume. Prizes will be given out for 1st place, 2nd place finishers, Best Dressed Costume, and 1st and 2nd place Best Decorated Trunk 'N Treat Vehicle. Only participants of the fun run may participate in the trunk 'n treat event. All participants must fill out the registration and liability form. Contact ASYMCA at 329-4513 or ymca@cablemo.net to sign up.



*"Hail to Heroes-
Serving Country, Serving Others"*



*Friday, Oct. 26, 2012
Pershing Community Center, FLW
Open to the Public- Reservations Required*

Guest speaker: Astronaut Rick Searfoss

- Piloted two Space Shuttle missions and commanded a third
- Space flight in 1993 set record for the longest duration space shuttle mission
- Piloted Atlantis to Russian Space Station. Mir
- Distinguished graduate USAF Fighter Weapons (Topgun) School
- Speaks on space travel. achievement. leadership and teamwork

Time: 5:00-6:00 PM Meet and Greet (separate ticket)
6:00-6:30 Social with St. James Winery
6:30-9 PM Dinner/Awards/Speaker

Ticket prices:
General Admission: \$30 per person
Preferred Tickets: \$50 per person, includes
Meet and Greet with COL Searfoss

Dress: Civilians- Coat and tie
Military- ASU

Sponsorships available

Contact Linda Bright, 329-4513 or ymca@cablemo.net

Family Camping Weekend Returns!!!!

November 2-4, 2012

The Armed Services YMCA of Missouri is again providing a camping weekend for military families. We have room for **100 people**, so we have to initiate the following selection process:

All interested families (active duty only) may sign up beginning Sept. 4, 2012.

No deposits will be taken at this time.

Selection will take place Oct. 1st and all families will be notified of their status.

We will prioritize our selection process in the following way:

- We will divide applications into two groups: first time families and returning families
- New families will have first priority based on the following:
 - Families recently deployed or returning from deployment
 - Families in the WTU
 - Junior enlisted families
 - All other first time families
- If spots remain, we will use a lottery system to choose from the returning families until we reach our maximum.

Deposits will be due by October 15th to remain on the list. After Oct. 15, we will move down the list of those waiting to attend until we reach our maximum.

After the families are notified, there will be a non-refundable fee to attend.

\$25.00 per family for E-1 to E-4

\$35.00 per family for E-5, E-6

\$50.00 per family for E-7 and above

Activities and meals are included for the weekend.

Where: Camp Lakewood, YMCA of the Ozarks, Potosi, MO.
Located 75 miles south of St. Louis between Potosi and Steelville, MO.

www.ymcaoftheozarks.org/camplakewood

Date: Friday, Nov. 2- Sunday, Nov. 4

Time: Check-in: 3:30-5:00 PM on Friday- (Dinner is at 6:00)
Check out: After lunch Sunday

Who: At least one parent must be attendance the entire weekend.

Accommodations: Bunk beds in cabins- Families accommodated together

Ages: All ages permitted, but certain activities may be age specific

Meals provided: Dinner Friday
Breakfast, lunch, dinner on Saturday
Breakfast, lunch on Sunday

Transportation: Provided by parents to and from camp

Activities: Likely activities to include:
Archery, geocaching, nature hikes, zip lines, riflery, horseback riding, pony rides, climbing, group games, camp fires, singing, arts and crafts, fishing clinic

Special note: This is a family camping experience. Parents will be expected to chaperone their children and participate in all camping experiences where applicable. At least one parent/chaperone must remain with their children at camp the entire weekend. Activities will be scheduled and everyone will have an opportunity to participate in several different activities. No alcohol or smoking permitted on Camp Lakewood property.



MSCoE SAFETY
POC: ROBBIN JOHNSON, 596-2961

Back to School Safety: As summer draws to a close, back-to-school season is in full effect. Safety should be a priority for every family as children return to the classrooms this season.

- ❖ Many children sustain injuries on the way to and from school each day. Drivers should be careful and follow posted speed limits to safeguard kids within school zones.
- ❖ Always stay alert as kids exit buses and enter cross walks, potential for an accident waiting to happen.
- ❖ Drive slowly while approaching children riding bicycles and walking near the roadway. Limit your texting and talking on your cell, distractions that could present a number of dangers to kids.
- ❖ Expect school buses starting and stopping and traveling slowly each morning and afternoon. Stop when a bus has its red warning lights flashing and stop sign extended.
- ❖ Parents remind your children to never take risks. Walk on the sidewalk wherever possible. If there is no sidewalk, children should walk on the edge of the roadway facing traffic.
- ❖ Children should always be extremely careful crossing the street. Use designated crosswalk and never run into the street, watch the traffic.
- ❖ Accidents can also be prevented if parents warn children about potential hazards associated with the walk to and from school or the bus stop. Walk the route with your child a few times before school starts each year.

Flash Flooding Safety Tips: Flash flooding, or the rapid rise of water, is one of the most dangerous types of severe weather, killing more Americans annually than any other natural disaster. Events occur with little warning, excessive speeds high enough to create mud slides, move vehicles, trees and other property.

- ❖ Move valuables to second floor areas within your home.
- ❖ Secure all patio equipment, furniture and outdoor landscaping.
- ❖ In severe flooding conditions place sandbags around your house as an additional precaution.
- ❖ Never attempt to cross a flooded areas in a vehicle.
- ❖ Stay clear of flooded areas, streams, creeks and rivers beds can collapse causing objects and people to fall into rushing waters.
- ❖ Always protect your children and pets do not allow them to play near storm drains, ditches and open unguarded pits.
- ❖ Stay tuned to local radio and TV stations for latest updates on flood conditions.



SPOUSES CLUB (FWCSC)
POC: LISA VEREEN (President),
fwcscpresident@yahoo.com

*Thursday September 6th is the annual membership drive for the Spouses' Club. It will be held at #1 Essayons (Lisa Yenter's home) from 11:00am-2:00pm.

*The first Spouses' Club luncheon will be held on Thursday, September 30th from 11:00-1:00.

SEPTEMBER 2012 Woodworks Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------------|---|---|--|---|---|----------|
| 2 | 3 - HOLIDAY Library Closed | 4 - National Child Safety Month - 10:30 Toddler Story time Clarke Library | 5 - Bacteria and Mold Awareness Month - 12:30 Pre-K Story time, Clarke Library | 6 - FRG Special Opening, CDC 1800-2030 | 7 - National Nutrition Awareness Month | 8 |
| 9 - CDC Special Opening 1200-1600 | 10 - National Child Passenger Safety Month | 11 - 10:30 Toddler Story time Clarke Library | 12 - 12:30 Pre-K Story time, Clarke Library | 13 - Mid Missouri Charity Golf Tournament benefits ASYMCA Call 329-3151 to sign up - Suicide Prevention Month | 14 | 15 |
| 16 | 17 | 18 - FRG Special Opening, CDC 1800-2030 - 10:30 Toddler Story time Clarke Library | 19 - National Cholesterol Education Awareness Month - 12:30 Pre-K Story time, Clarke Library | 20 | 21 - National Skin Care Awareness Month - CDC Special Opening 1200-1600 | 22 |
| 23 / 30 | 24 | 25 - 10:30 Toddler Story time Clarke Library | 26 - National Women Health and Fitness Day - 12:30 Pre-K Story time, Clarke Library | 27 | 28 | 29 |