



EXCEPTIONAL FAMILY MEMBER PROGRAM
Systems Navigation Services

● **Where can I obtain more information?**

For more information about the EFMP and Systems Navigation, contact the closest installation EFMP manager in Army Community Service.

1 (877) 811-ARMY

www.armyonesource.com



EFMP is an Army Family Covenant Commitment:
 Keeping the Promise

What is EFMP?

The Exceptional Family Member Program (EFMP) is a comprehensive, coordinated, multi-agency program which provides community support as well as housing, medical, educational and personnel services to Families with special needs.

What is Systems Navigation?

Systems Navigation is a community support component of the EFMP that connects Families with special needs to the systems of care they need, both on and off the installation. Systems Navigation also supports the goals of the Army Family Covenant.

Who is eligible for Systems Navigation?

Active Duty Army, Reserve and Guard Families are eligible for Systems Navigation assistance regardless of their Exceptional Family Member's (EFM) medical and/or special education condition. All services are provided at no cost to Families.

Who is a Systems Navigator?

Systems Navigators are Army Community Service EFMP staff members located on the installation. They are trained and knowledgeable about the systems of care used by Families with special needs. The primary role of a Systems Navigator is to navigate Families through the available systems of care.

How can an EFMP Systems Navigator help your Family?

- Identify your EFM and Family strengths and needs.
- Help identify and prioritize your EFM and Family goals.
- Develop a Family Service Plan to reach your goals.
- Make referrals to required services.
- Provide information about disabilities or medical conditions of concern.
- Find transportation to appointments related to the Family Service Plan.
- Identify support groups and social activities.
- Strengthen your ability to advocate for your EFM.

Are EFMP Systems Navigation services offered at all installations?

Systems Navigation is currently offered at the installations listed below. The Army recognizes the importance of expanding the EFMP and looks forward to offering the program at additional installations in the future.

CONUS

West Region

Bliss, 2
Carson, 2
Hood, 2
Leavenworth, 2
Leonard Wood, 1
Lewis, 4
Sill, 1

Southeast Region

Bragg, 3
Benning, 1
Campbell, 4
Polk, 1
Stewart, 1

Northeast Region

Belvoir, 2
Drum, 2
Meade, 1

OCONUS

Europe

Baumholder, 1
Grafenwoehr, 2
Heidelberg, 1
Kaiserslautern, 2
Mannheim, 1
Schweinfurt, 1

Pacific Region

Schofield, 2
Shafter, 1
Wainwright, 1

Korea

Daegu, 1
Humphreys, 1

