

POST-TEST

NAHB – OSHA Fall Protection Training



Name:	
Date:	
Instructor:	
Location: (HBA, City, State)	

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Please complete the following 15 questions

1. There are many reasons why fall protection is important; what is the most important reason?

- a. OSHA requires fall protection for all employees.
- b. Falls result in serious injuries and fatal accidents.
- c. OSHA imposes fines for violating fall protection standards.
- d. Falls result in increased worker's compensation premiums.

2. The competent person is not responsible for:

- a. Conducting safety inspections.
- b. Developing a fall protection plan.
- c. Assessing workers use of fall protection systems.
- d. Establishing which fall protection system to use.

3. Which of these windows requires a guardrail?

- a. A window with a sill more than 39 in. from the floor.
- b. A window with a sill less than 39 in. from the floor.
- c. All upper floor windows with or without a sill.
- d. All upper floor windows with a sill.

4. Which of these stud walls requires a guardrail?

- a. A stud wall greater than 18 in. on center with a 6 ft. vertical drop.
- b. A stud wall less than 18 in. on center with a 6 ft. vertical drop.
- c. All stud walls on the upper level regardless of width.
- d. All stud walls with more than a 6ft. vertical drop.

5. The installation of floor joists/floor trusses can be safely done from:

- a. Ladders, scaffolding, or ground.
- b. Top plate or beam.
- c. Standing on unsecured floor joists/floor trusses.
- d. All of the above.

6. When should a PFAS be used to protect against hazards?

- a. When working more than 6 ft. above rebar or other impalement hazards.
- b. When working in an elevated aerial lift basket.
- c. During roofing operations on a fully sheathed roof.
- d. All of the above.

7. What is the best way to prevent a swing fall when you are using a PFAS?

- a. Make sure the anchor is not positioned near the side of a structure you might hit if you fall.
- b. Make sure the anchor is not attached to a single truss.
- c. Make sure you work under the anchor and manage the slack in the rope.
- d. Make sure you use more than one anchor.

8. What conventional fall protection methods or methods are used to reduce fall exposures to floor holes?

- a. Use hole covers or guardrails depending on the hole.
- b. Use hole covers and a CAZ depending on the hole.
- c. Use hole covers, guardrails, or a PFAS depending on the hole.
- d. Only use hole covers.

9. To provide fall protection when an open-sided stairway leads to an open-sided balcony, what specifications should you use for the guardrails?

- a. For the stairway use: 36 in. top rail, 18 in. mid rail, and 3 ½ in. toeboard (4 in. nominal). For the balcony use: 42 in. top rail, 21 in. mid rail, and 3 ½ in. toeboard (4 in. nominal).
- b. For the stairway use: 42 in. top rail, 21 in. mid rail, and 3 ½ in. toeboard (4 in. nominal). For the balcony use: 36 in. top rail, 18 in. mid rail, and 3 ½ in. toeboard (4 in. nominal).
- c. For both the stairway and balcony use: 42 in. top rail, 21 in. mid rail, and 3 ½ in. toeboard (4 in. nominal).
- d. For both the stairway and balcony use: 36 in. top rail, 18 in. mid rail, and 3 ½ in. toeboard (4 in. nominal).

10. When using a PFAS the anchor point must be capable of supporting at least:

- a. 4,500 lbs. and twice the intended load
- b. 5,000 lbs. or twice the intended load
- c. 10,000 lbs.
- d. All of the above

11. When using an exterior scaffold that is 15 ft. high, which of the following should be done?

- a. Ensure that the wall can hold two times the weight of the scaffold.
- b. Equip the scaffold with guardrails.
- c. Use a PFAS.
- d. Either (B) or (C)

12. When operating an aerial lift with a person in an elevated basket, when is it okay to move the lift?

- a. When the person in the basket gives the okay.
- b. When the competent person directs you to do so.
- c. When you are 10 ft. away from a power line.
- d. When the basket is no longer elevated.

13. Which of the following safe work practices should be used when climbing or descending a ladder?

- a. Face the ladder when climbing or descending and maintain three points of contact at all times.
- b. Keep your body centered on the ladder.
- c. Do not use metal or aluminum ladders near electrical lines.
- d. All of the above.

14. Which of the following is not a safe work practice?

- a. Using mushroom rebar caps to protect against impalement hazards.
- b. Using multiple ladders to access an attic.
- c. Painting a line 6 ft. from the edge of the deck.
- d. Locating materials close by when doing blockwork.

15. When is walking or working off of the exterior top plate wall permitted?

- a. It is always permitted.
- b. Permitted when installing roof trusses.
- c. Permitted while bracing roof trusses
- d. Never permitted.