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TIP:

Save Your Receipts

Saving the receipts from your pharmacy or doctor is **ALWAYS** a good idea.

You may need these receipts later to ask for reimbursement or file a claim.

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\$0 Tests & Screenings - New for 2011

If you have Original Medicare, you can get a yearly "Wellness" exam and many other [preventive tests and screenings](#) for free. Covered Medicare tests include screenings for cardiovascular disease, colorectal cancer, breast cancer, diabetes, HIV, glaucoma, and prostate cancer.

Talk to your doctor to find out what Medicare-covered tests might be right for you. You'll pay no deductible or coinsurance for most tests, but you may have to pay coinsurance for the office visit. If you're in a Medicare Advantage Plan, check with your plan.



You Can Drop Your MA Plan Until Feb 14

If you want to leave your Medicare Advantage (MA) Plan, you have until February 14, 2011 to drop your plan and switch to Original Medicare. If you do switch to Original Medicare and you had drug coverage through your MA plan, you have until February 14 to also join a Medicare Prescription Drug Plan.

The next Medicare open enrollment period when most people can make changes starts October 15, 2011. See "[Understanding Medicare Enrollment Periods](#)" for more details.

Tell us what YOU care about.
Email:
caregiver_comments@cms.hhs.gov



New to Medicare? 4 Things to Do NOW

1. Schedule a free "Welcome to Medicare" exam with your doctor.
2. Register at www.myMedicare.gov for easy access to your benefits and claims information.
3. Mark open enrollment on your calendar: Oct. 15 - Dec. 7, 2011
4. Visit www.medicare.gov to make sure you get the most out of your benefits.

Get a jump start on your healthy future with Medicare.



National Alzheimer's Project Act

Good news for Alzheimer's caregivers: the National Alzheimer's Project Act (NAPA) was passed by Congress in December. NAPA will help coordinate national efforts in Alzheimer's research, clinical care, institutional, and home- and community-based programs and their outcomes.

More than 5 million Americans are afflicted with Alzheimer's, and that number is likely to double in the coming years. Alzheimer's advocates and the [Alzheimer's Association](#) were instrumental in moving NAPA through Congress.

alzheimer's
association™



The Alzheimer's Association

If you're caring for someone with Alzheimer's, it may be difficult for you to manage alone. [The Alzheimer's Association](#)

[CareSource](#) has information on home care, assisted living and more.

The Alzheimer's Association is the leading health organization in Alzheimer's care, support and research. Their [online tools](#) can give you more care options and help you cope.

