

# POST-TRAUMATIC STRESS DISORDER AND THE MILITARY

## A Selected Bibliography



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June 2011

## PREFACE

Post-Traumatic Stress Disorder (PTSD) began to receive significant attention in the United States following the Vietnam War when experts reported that approximately 30% of Vietnam veterans were afflicted. Recent estimates for Soldiers returning from combat in Iraq and Afghanistan with PTSD symptoms run even higher. While the country continues efforts to find solutions and treatments for PTSD, a problem of utmost importance directly affecting our nation's security, the body of literature continues to grow.

This revised and updated bibliography cites selected books, documents, articles, multimedia, and web sites for PTSD related topics such as diagnosis, prevention, training, treatment, reintegration, and family issues. A separate section also focuses on traumatic brain injury, the other signature injury experienced by military personnel serving in Iraq and Afghanistan.

With a few notable exceptions, the materials in this bibliography are dated 2008 to the present. For earlier information, please refer to the previous editions of *Post-Traumatic Stress Disorder and the Military: A Selected Bibliography*, compiled by Lori Sekela in November 2005 and March 2008.

All items are available through the USAWC Library. For your convenience, at the end of the entries, we have added library call numbers, Internet addresses, or database links. Web sites were accessed during June 2011.

This bibliography and others, compiled by our research librarians, are available online through the Library's home page at <http://www.carlisle.army.mil/library/bibliographies.htm>.

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Jenny Silkett, compiler

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U.S. Department of Defense. Deputy Assistant Secretary of Defense. Force Health Protection & Readiness. Responsible for deployment medicine, force health protection, medical readiness, international healthy agreements, deployment related health policy, theater information systems, humanitarian and health missions, and national disaster support. <http://www.fhpr.osd.mil>

## **DIAGNOSIS, PREVENTION, TRAINING, AND TREATMENT**

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<http://www.nationalresourcedirectory.gov/>

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FamilyofaVet.com. Offers online resources for families of military personnel who suffer from posttraumatic stress disorder and traumatic brain injury. As of June 15, 2011, a section devoted to Military Transition was still under construction. <http://www.familyofavet.com>

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VetsFirst. A web-based service for veterans to get assistance with benefits-related inquiries. Questions about any aspect of Veterans Benefits may be submitted online to a staff of training National Service Officers and paralegals, who will supply additional information and helpful resources. <http://www.vetsfirst.org>

## TRAUMATIC BRAIN INJURY

### Books, Documents, and Online Resources

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## Web Sites and Multimedia

Brain Trauma Foundation. Supports research on traumatic brain injury. <http://www.braintrauma.org>

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