



RESILIENCY SUPPORT TEAM
GULFPORT, MS

OMBUDSMAN

Ombudsmen are the daily manifestation of the Navy tradition

“Taking care of our own.”

To find the Ombudsman appointed to your command:

228-871-3000

Or

228-871-2555

Ombudsmen provide families the best opportunity to succeed. They are volunteers appointed by the Commanding Officer as trained referral sources. They are reliable providers of information pertaining to the Command, and offer a confidential and caring resource to help Navy families thrive.



OMBUDSMAN

FAMILIES OVERCOMING UNDER STRESS (FOCUS)

FOCUS is a prevention service designed to help families, children, and couples meet the challenges of deployment, combat stress, and physical injury. While attending **FOCUS**, skills are learned such as how to communicate and solve problems effectively and to successfully set goals together while creating a shared family story. **FOCUS** teaches and enhances practical resiliency skills to help families become stronger. The program includes the entire family as well as couples and is customized to suit the specific needs of each family. **FOCUS** is offered in several formats; consultations, family and couples level training, small group training, and workshops. This highly confidential program is based on 20 years of research. **FOCUS** builds strong connections with other military and civilian family providers to support a network of care for military families. Please call (228) 822-5736 to schedule an appointment, **FOCUS** offers family friendly hours. **FOCUS** is located near the Branch Medical Clinic. For more information go to www.focusproject.org.

FOCUS Team

Shelly Gomez, LCSW, Site Director
Eva Shinka, LCSW-C, Assistant Site Director
Ann Allen, LCSW, Resiliency Trainer

Donna Rice, LCSW, Resiliency Trainer
Kelly Moore, Resiliency Services Coordinator
Tracey Johnson, Resiliency Service Coordinator

FOCUS Gulfport
5501 Marvin Shields Blvd ., Bldg 295-T1
Gulfport, MS 39501
(228) 822-5736

Keesler AFB
817 Hercules St., Bldg 6903, Rm 108
Biloxi, MS 39534
(228) 822-5736



FLEET AND FAMILY SUPPORT CENTER

The Fleet and Family Support Center is your “go-to” when you don’t know who to go to! We provide a variety of programs and services to enhance a positive quality of life for military members, family members, retirees, and families of retirees. We also provide “Information and Referral” services for those questions that don’t fall into any of the categories below. Please call us at 228-871-3000 or 1-800-342-3525.

Welcome Aboard/Relocation/Loan Locker

Family Employment Readiness Program (FERP)

Exceptional Family Member Program (EFMP) Liaison

Transition Assistance Program (TAP) /Computer Library

Personal Financial Management Program

New Parent Support Program / Baby Boot Camp Classes

Family Advocacy Program / Domestic Violence Victim Advocate 24-hr # **228-669-1774**

Adult victims can make a “restricted,” confidential report to get assistance.

Short-Term Individual, Marital, and Group Counseling by licensed, certified clinicians

Sexual Assault Prevention & Response (SAPR) Program 24-hr Watch Bill # **228-596-0697**

Adult MILITARY MEMBERS can make a “restricted,” confidential report to get assistance.

Life Skills Education (including 15-minute FastTrack training on multiple topics)

Ombudsman Information/Training

Deployment/Return & Reunion Programs

Briefings, Presentations & GMT's

Individual Augmentee & Reservist Support

FFSC Command Representative Program



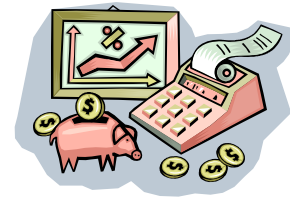
FLEET AND FAMILY SUPPORT CENTER

NAVY-MARINE CORPS RELIEF SOCIETY

Founded in 1904, the **Navy-Marine Corps Relief Society** is a private, non-profit charitable organization, funded entirely by donations, that serves active duty and retired Navy and Marine Corps service members, their eligible family members and survivors. The mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs.

The Navy-Marine Corps Relief Society assists with emergencies through interest free loans or grants for the following needs:

- Emergency Travel
- Food, Rent, and Utilities
- Medical/Dental Co-pays
- Personal and Large Scale Disasters
- Essential Vehicle Repairs
- Food, Rent/Mortgage, Utilities
- Funerals
- Other Needs As Outlined in the Society's Policy Guidelines



Other non-financial programs include:

- Developing a Personal Spending Plan (Budget)
- Budget for Baby Workshop and Free Junior Seabag
- Thrift Shop (NCBC Bldg 29)
- Visiting Nurse
- Educational Loans

Navy-Marine Corps Relief Society has numerous volunteer opportunities available. Volunteers are trained to provide services and programs and reimbursed for mileage and childcare.

- Client Service Assistants (Receptionist)
- Caseworkers
- Thrift Shop Volunteers
- Volunteer Leadership



NMCRS Gulfport office is located in Bldg 30, **228-871-2610**

Hours of operation: M/W/F 8:00am – 3:00pm, T/Th 8:00am – 2:00pm

The Thrift Shop is located in Bldg 29, **228-871-2070**

Hours of operation: T/W/F 9:00am – 1:00pm

Make Navy-Marine Corps Relief Society your first resource.

www.nmcrs.org



NAVY – MARINE CORPS RELIEF SOCIETY

JUDGE ADVOCATE GENERAL (JAG)

There are two legal offices on the installation. The Navy Legal Service Office (NLSO) located in Building 30 (FFSC) provides services such as notaries, powers of attorney, wills and estate planning as well as other basic legal services. Additionally, they provide attorney advice on a wide range of legal topics such as separation and divorce, landlord tenant disputes and contract. The NLSO attorney's cannot represent you in civilian court but are ready, willing and able to provide practical advice and help you understand your legal issues and questions. Lastly, the NLSO attorneys serve as defense counsel for the purpose of courts-martial and administrative separation boards. They provide pre and post mast defense advice.

The Region Legal Service Office is located in Building 1, the CBC Headquarters Building. The Staff Judge Advocate for the installation serves as an advisor to Commanding Officers and Commodores. While they do not perform legal assistance, they are available to help guide you and your family in legal emergencies or conflicts with the NLSO. Additionally, they are the point of contact for complaints and questions you may have about federal, local and state laws.

Let us help you with your legal resiliency!



Naval Legal Service Office and Business Hours

Building: 1, Room 144

Phone: (228) 871-2626/2627

Fax#: (228) 871-2975

Hours: 7:30 a.m. - 4:00 p.m



PUBLIC AFFAIRS OFFICE

Building: 1 Room 205

Public Affairs Officer

Rob Mims

Robert.c.mims@navy.mil

(228)-871-2699

Public Affairs Specialist/Seabee Courier Editor

Bonnie Lindley-McGerr

Bonnie.lindleymcgerr@navy.mil

Seabecourier@navy.mil

(228) 871-3662

Leading Petty Officer - (228) 871-3663

Staff – (228) 871-3664

Ncbc_gpt_pao@navy.mil

Public Affairs provides media advice and support to the Commanding Officer and executes the Center's internal information, public information and Community relations programs.

Public Affairs has media release authority and acts as spokesman for NCBC. Public Affairs shares timely and accurate communication about the command and its activities to service members, family members, retirees and the general public. All media requests should be approved by the NCBC Public Affairs Office.

Public Affairs attempts to cover all happenings and homecomings with photo and local media coverage when possible.

Public Affairs operates and maintains several avenues in which to gain information concerning the installation.

- **Facebook** (updated daily) at <http://www.facebook.com> – Search Naval Construction Battalion Center Gulfport
- **Twitter** (updated daily) at <http://twitter.com/#!/SeabeeCenter>
- **Base Website** (updated daily) - <https://www.cnbc.navy.mil/Gulfport/index.htm>
- **Inside the Gate** (2 page weekly happenings newsletter) – send requests to Bonnie.lindleymcgerr@navy.mil or ncbc_gpt_pao@navy.mil or view it at <https://www.cnbc.navy.mil/Gulfport/Newsroom/InsidetheGate/index.htm>
- **Seabee Courier base newspaper** (bi-weekly, hard copy and electronic) - <https://www.cnbc.navy.mil/Gulfport/Newsroom/SeabeeCourier/index.htm> If you wish to have an "E" version of the Seabee Courier e-mailed to you please send your request to: seabecourier@navy.mil
- **All Hands Email** (entire base populace, as needed) - send requests to Bonnie.lindleymcgerr@navy.mil or ncbc_gpt_pao@navy.mil
- **All Base Marquees** (as needed) - send requests to Bonnie.lindleymcgerr@navy.mil or ncbc_gpt_pao@navy.mil



MEDICAL

Think of Medical as a vast care giving network- supporting the diverse needs of service member and their families. Envision it as a ready global outreach organization- spreading goodwill and good health to people in need at home and abroad. Here at NCBC Branch Health Clinic we strive to meet your medical needs through the following offered services:

- Outpatient
- Behavioral health services including individual, marital, family counseling and substance abuse.
- Primary Care and Occupational Health services available.

We strive to make things **BETTER**. To **SAVE** lives and **HELP** those in need. To us, medicine isn't just a job. It's a **MISSION**. And here at NCBC Branch Health Clinic, we find it a privilege to serve **YOU!**

Hours of operation:

- Medical-0730-1530 M-Th and Friday 0730-1200
- Pharmacy is 0700-1730 M-Th and Friday 0700-1530

*We also provide Dental, Preventive Medicine, Physical Therapy, Laboratory and Radiology services.

For more information contact:

Navy Branch Health Clinic
(228)-822-5710



CHAPLAIN CORPS

NCBC

Command Chaplain LCDR Brown, Michael D.
Work email: michael.d.brown15@navy.mil
Office: 228-871-2454

NCBC

Chaplain LT Choi, Yoon J
Work email: yoon.j.choi@navy.mil
Office: 228-871-2454

NMCB 1

Command Chaplain LT Allison, Mark E.
Work email: mark.allison@navy.mil
Office number:

NMCB 7

Command Chaplain LT Martin, Russell D.
Work email: russell.d.martin@navy.mil
Office: 228-871-4201

NMCB 11

Command Chaplain LT Coker, Mark E.
Work email: mark.e.coker@navy.mil
Office number: 228-871-3504

NMCB 74

Command Chaplain LT Woodruff, Harold
Work email: harold.woodruff1@navy.mil
Office number:

NMCB 133

Command Chaplain LT Jones, Clayton D
Work email: clayton.d.jones@navy.mil
Office number:

NCTC

Command Chaplain LT Guilliams, Rob O.
Work email: rob.guilliams@navy.mil
Office number: 228-871-2611

25th Naval Construction Regiment
Command Chaplain LCDR Kelvington, Doran T.
Work email: doran.t.kelvignton@navy.mil
Office number:

22nd Naval Construction Regiment
20th Seabee Readiness Group
Command Chaplain CDR Holiman, Bill
Work email: william.holiman@navy.mil
Office: 228-871-4044

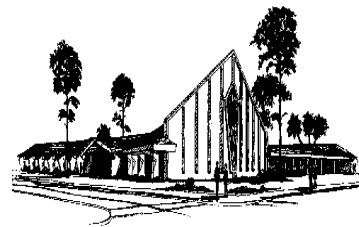
NMPS

Command Chaplain LCDR Hager, Tom
Work email: thomas.hager@navy.mil
Office: 228-871-3039

Seabee Memorial Chapel
2000 5th Street N14 Bldg 366
(228) 871-2454

Services Offered:

Personal/ Grief/ Career/ Religious/ Pastoral Counseling
etc...
Religious Services: Divine Worship Services, Weddings,
Funerals, Baptisms, etc...



“PROVIDE, FACILITATE, CARE, ADVISE....IT’S WHAT WE DO BEST!”



CHAPLAIN CORPS