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PHARMACOGENOMICS AND  
INDIVIDUALIZED THERAPY



## Pharmacogenomics: 2012

March, 2012

**Dr Howard L. McLeod**  
Eshelman Distinguished Professor and Director  
Institute for Pharmacogenomics and Individualized Therapy (IPIT)  
University of North Carolina – Chapel Hill, NC




JOHNS HOPKINS  
MEDICINE  
CONTINUING MEDICAL EDUCATION


## *Current Topics in Genome Analysis 2012*

*Howard McLeod*

*Gentris Corp: Consulting*  
*Myriad Genetics: Consulting*



NATIONAL HUMAN GENOME RESEARCH INSTITUTE  
Division of Intramural Research



**“A surgeon who uses the wrong side of the scalpel cuts her own fingers and not the patient;**

**if the same applied to drugs they would have been investigated very carefully a long time ago”**

***Rudolph Bucheim***  
***Beitrage zur Arzneimittellehre, 1849***

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### The clinical problem

- Multiple active regimens for the treatment of most diseases
- Variation in response to therapy
- Unpredictable toxicity

\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$

With choice comes decision

### Pharmacogenetics: what is your intent?

**Human genetic discovery**

**Drug Safety**

**Explain variation in phenotype**


**Clinical trial inclusion/exclusion**

**Clinical practice**

## Pharmacogenomic examples-2012

- *bcr/abl* or 9:22 translocation—imatinib mesylate\*
- *HER2-neu*—trastuzumab\*\*
- C-kit mutations—imatinib mesylate\*\*
- Epidermal growth factor receptor mutations—gefitinib
- Thiopurine S-methyltransferase—mercaptopurine and azathioprine\*
- UGT1A1-irinotecan\*\*
- CYP2C9/VKORC1-warfarin\*
- HLA-B\*5701-abacavir \*
- HLA-B\*1502-carbamazepine \*
- CYP2C19-clopidogrel
- IL28B-interferon
- Cytochrome P-450 (CYP) 2D6—5-HT3 receptor antagonists, antidepressants, ADHD drugs, and codeine derivatives, tamoxifen\*


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## Applications of pharmacogenetics

- Explanation for untoward event (DPYD, CYP2D6)
- Required for insurance coverage (KRAS, EGFR, ABL)
- Identify low utility (KRAS)
- Dose selection (CYP2C9, CYP2C19)
- Therapy selection (CYP2C19)
- Preemptive prediction (HLA-B\*5701)

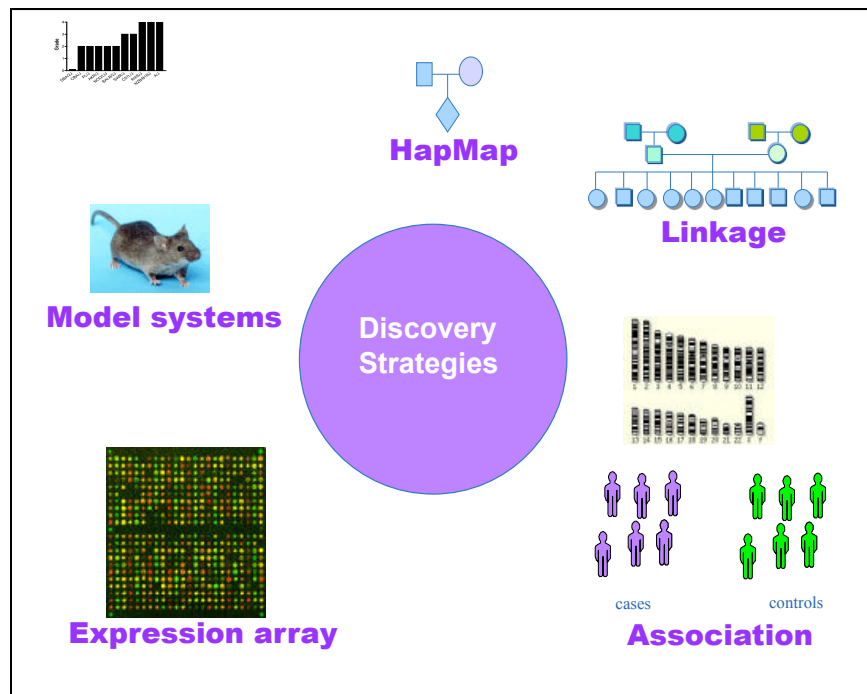
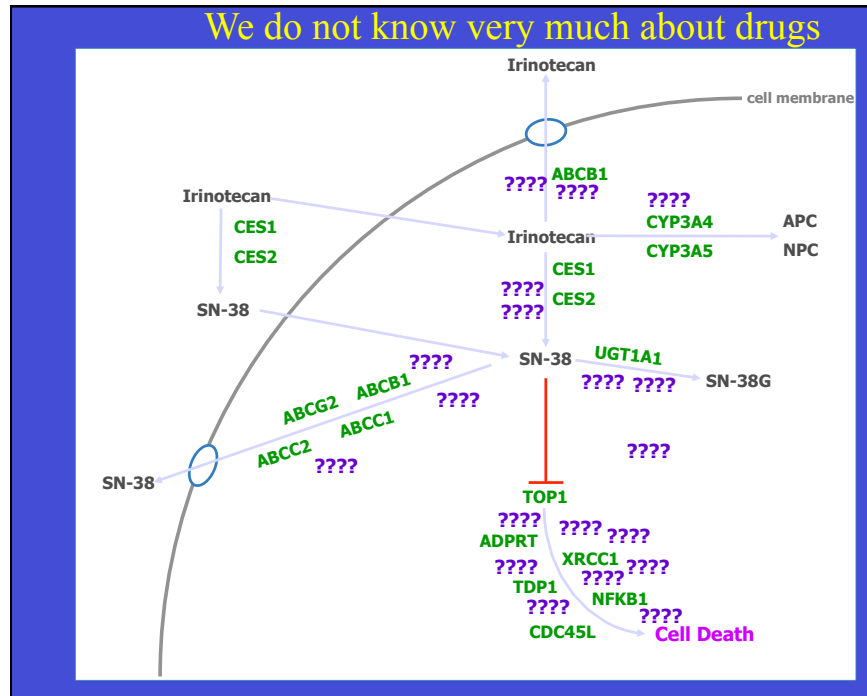
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## What needs to be done to determine hope vs hype?

- Find the 'right' biomarkers
- Validate in robust datasets
- Apply them!

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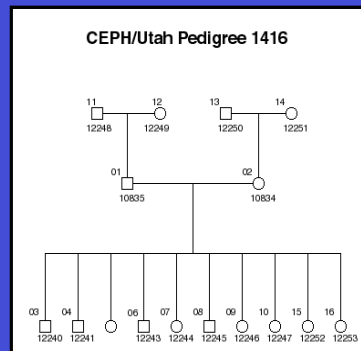
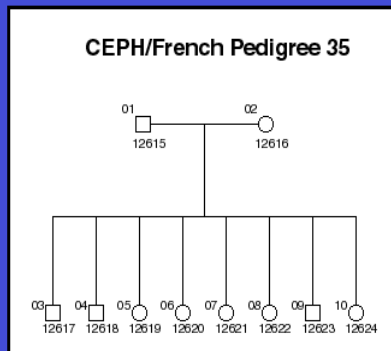
## We are only beginning to try!

- As of 3/10/12
  - Drug-related phenotypes represented  
50/1196 GWA studies (4.1%)
  
  - 10/50 had  $\geq 500$  'cases'
  
  - 15/50 (30%) found no significant 'hits'
  - 29/50 PGx studies had a replication cohort
  
  - 8 contributed to changes in FDA 'package insert'

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## Centre d' Etude du Polymorphisme Human (CEPH) Cell lines

- Large, multigeneration pedigrees widely studied
- Immortalized lymphoblastoid cell lines

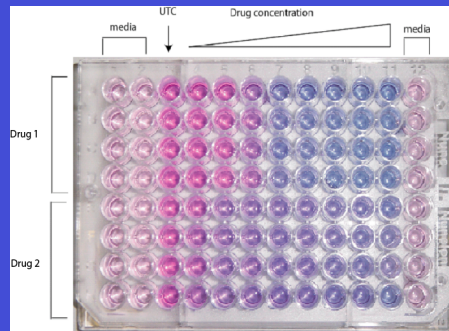


## Methodology

Cells counted, plated at  $1 \times 10^4$  / well

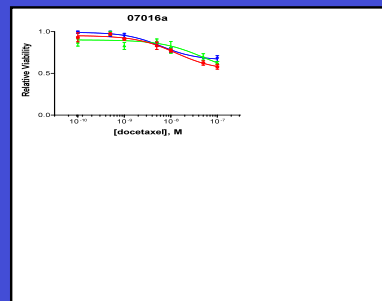
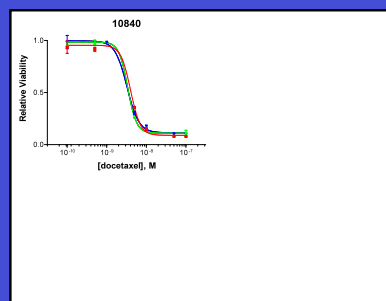
Cells incubated with increasing concentrations of drug

Alamar blue vital dye indicator added



Viability relative to untreated control calculated by spectrophotometry

## Significant Variation in Cellular Sensitivity to Docetaxel

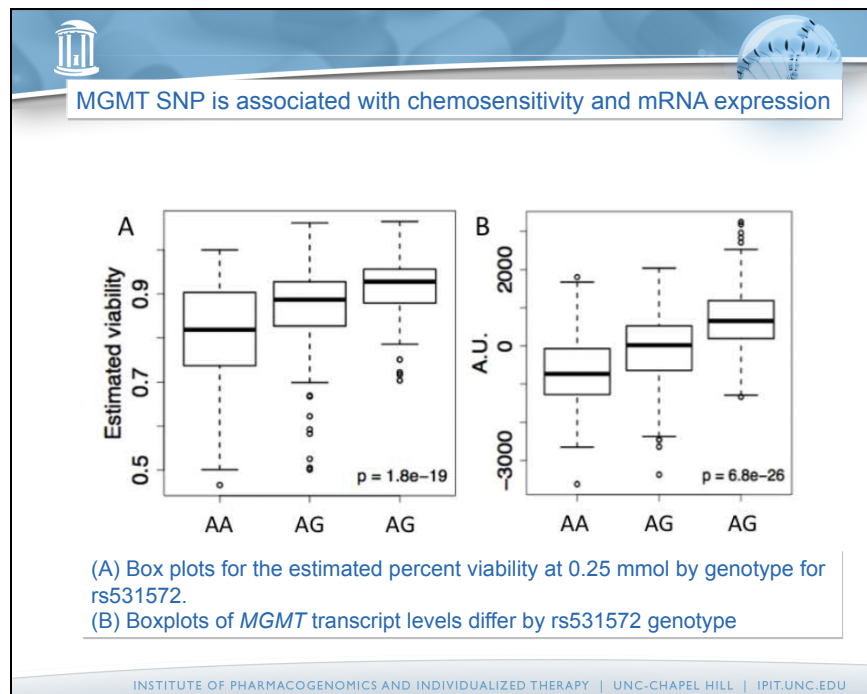
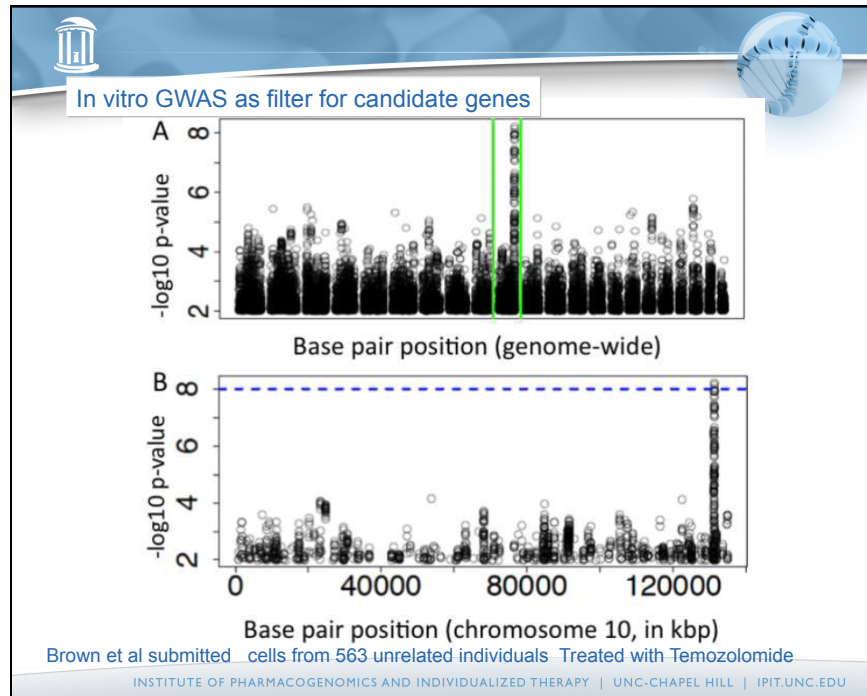



## 'CE-PH/F-DA' project

- 126 CEPH cell lines from 14 nuclear families
- All FDA approved cytotoxic drugs + new kinase inhibitors/MTOR/demethylation
- No antiestrogen or vitamin A analogues
- Evaluate degree of heritability, presence of QTL(s), and evidence for correlations between drug sensitivity patterns.





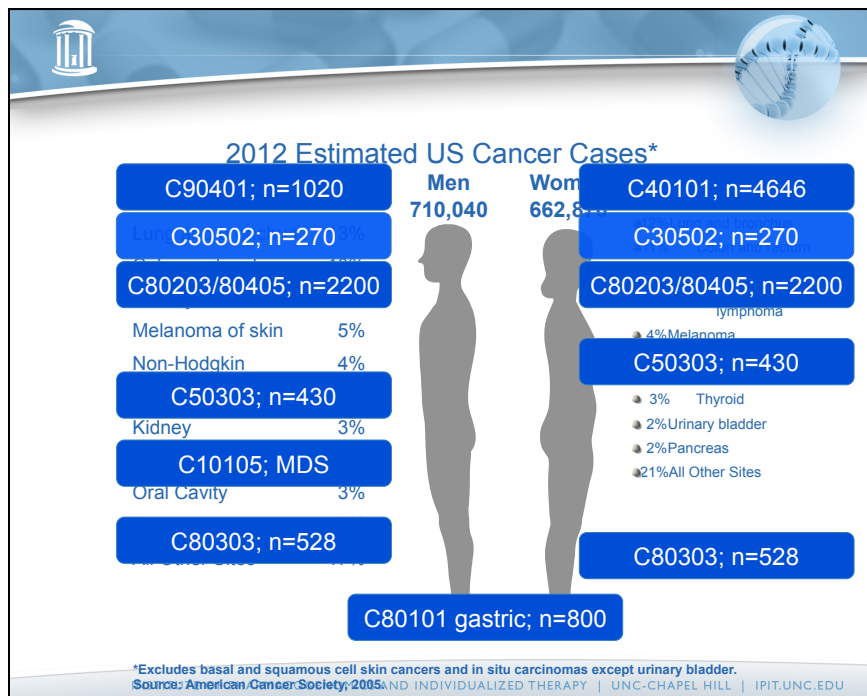


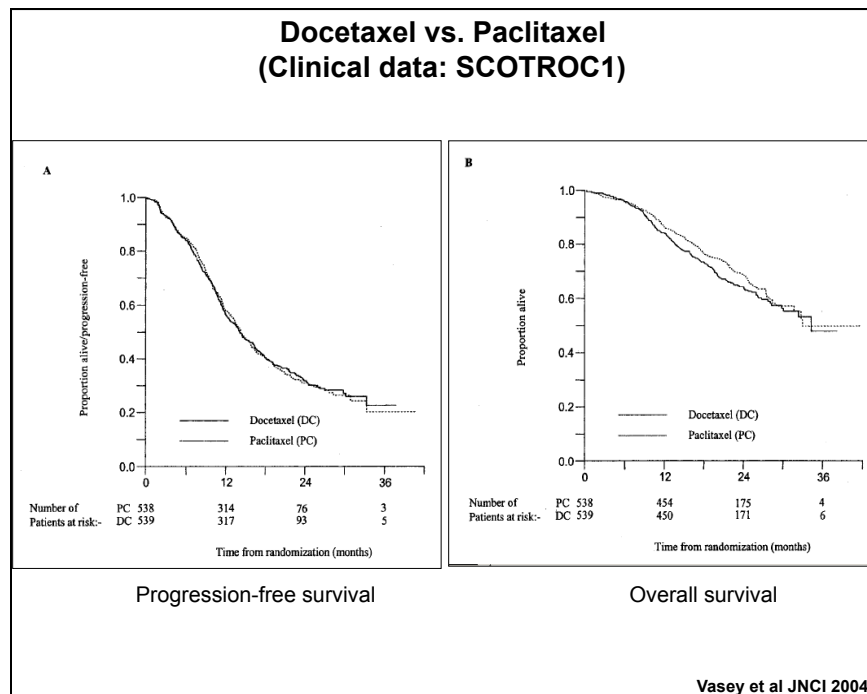
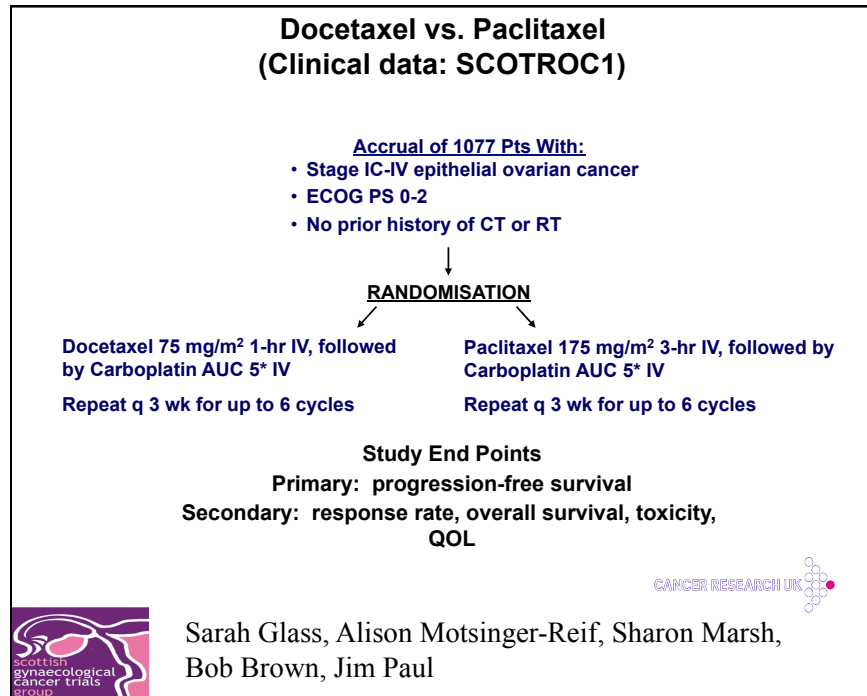


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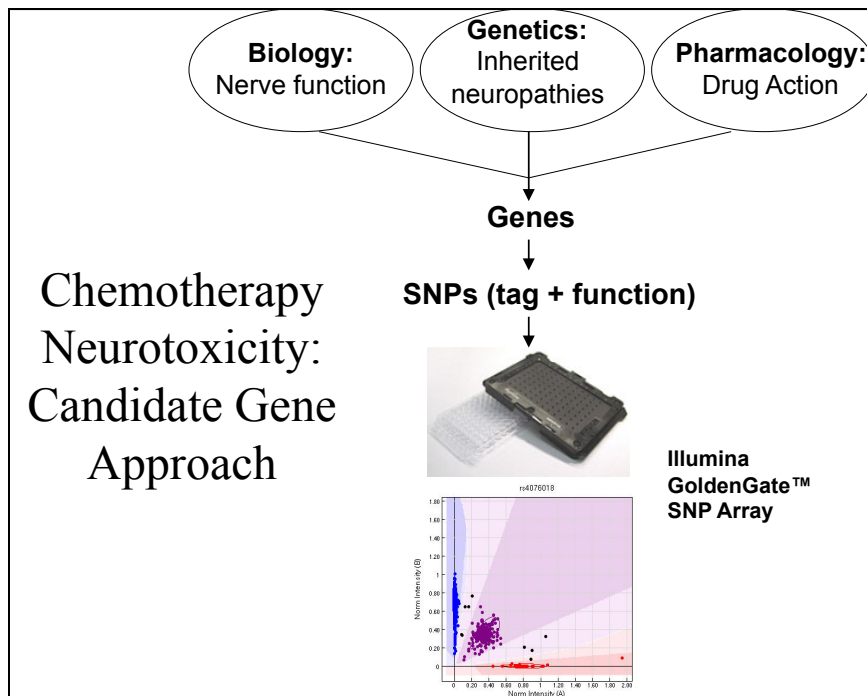
### Docetaxel vs. Paclitaxel (Clinical data: SCOTROC1)

Table 5. NCI-CTC neurotoxicity in the Scottish Randomised Trial in Ovarian Cancer 1\*

Grade	% of patients		P
	Docetaxel-carboplatin arm (n = 537)†	Paclitaxel-carboplatin arm (n = 532)‡	
<b>Sensory  </b>			
1	35	48	
2	9	22	
3	2	8	<.001
4	0	0	
Total	45	78	<.001¶
<b>Motor¶</b>			
1	6	9	
2	2	5	
3	1	2	.005
4	0	0	
Total	9	16	.001¶

\*NCI-CTC = National Cancer Institute-Common Toxicity Criteria.  
 †Not available for two patients who died after one cycle.  
 ‡Not available for one patient who died after one cycle.  
 §All statistical tests were two-sided. P value from Mann-Whitney U test.  
 ||Grades 1-4.  
 ¶Total.

Vasey et al JNCI 2004



## The filtering of Neuro-risk genotypes

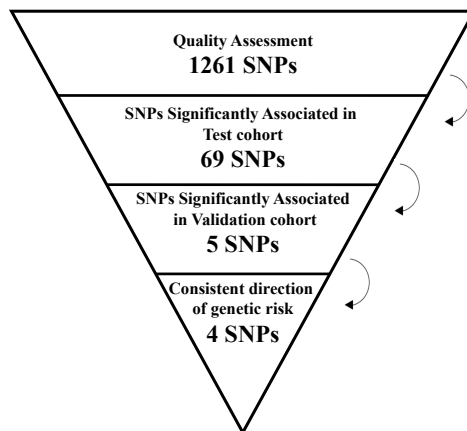


Figure 1: The workflow of the data analysis, represented by the narrowing number of SNPs at each stage of the analysis.

Table 1: SNPs significantly associated with severe neurotoxicity in the validation cohort

SNP	Gene	Base Change	Corrected P-value	Odds Ratio	95% CI	Risk Genotype
rs139887	SOX10	C->G	0.001	2.87	(1.4361, 5.7530)	CG
rs2849380	BCL2	A->G	0.013	4.08	(1.5254, 10.8975)	AA
rs544093	OPRM1	A->C	0.015	2.25	(1.2365, 4.0841)	AA
rs879207	TRPV1	A->G	0.002	2.31	(1.4467, 3.6767)	AG

Table 2: Percent PAR for each SNP and joint PAR

	rs139887	rs2849380	rs544093	rs879207	All SNPs
PAR (%)	45.8	9.1	50.2	38.4	84.9

### Cumulative impact of Neuro-risk genotypes

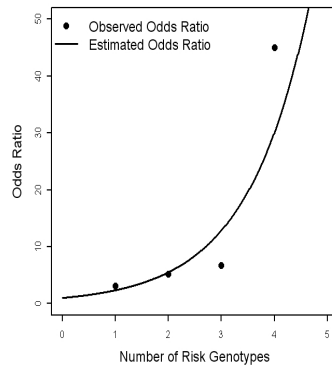


Figure 2: Number of Risk Genotypes by Predicted and Observed Odds Ratio

### Neuro-risk genotypes not associated with outcome

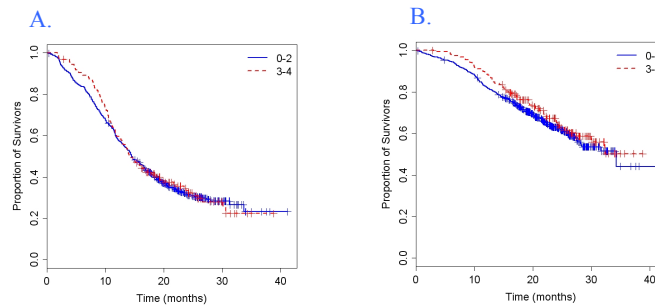
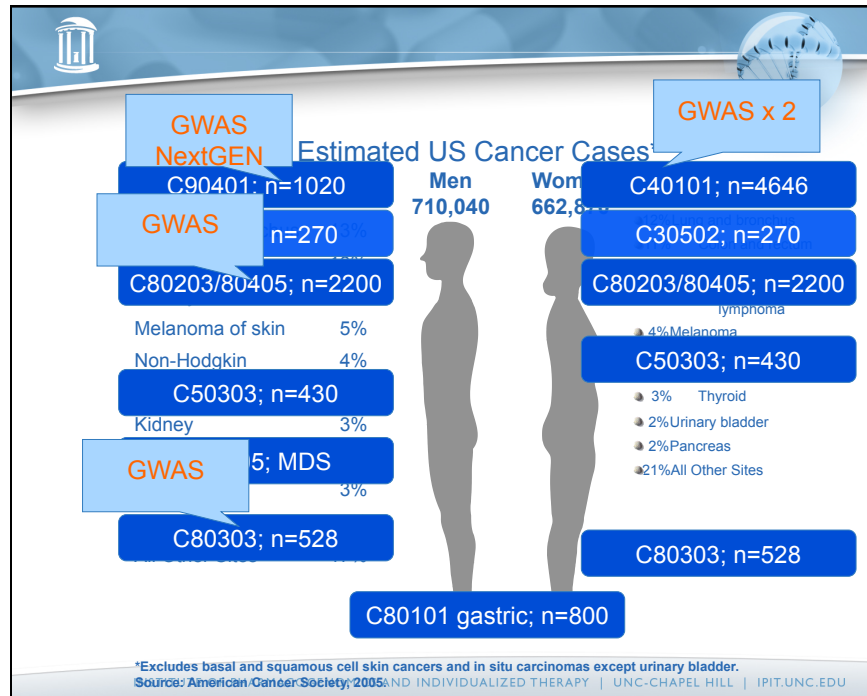
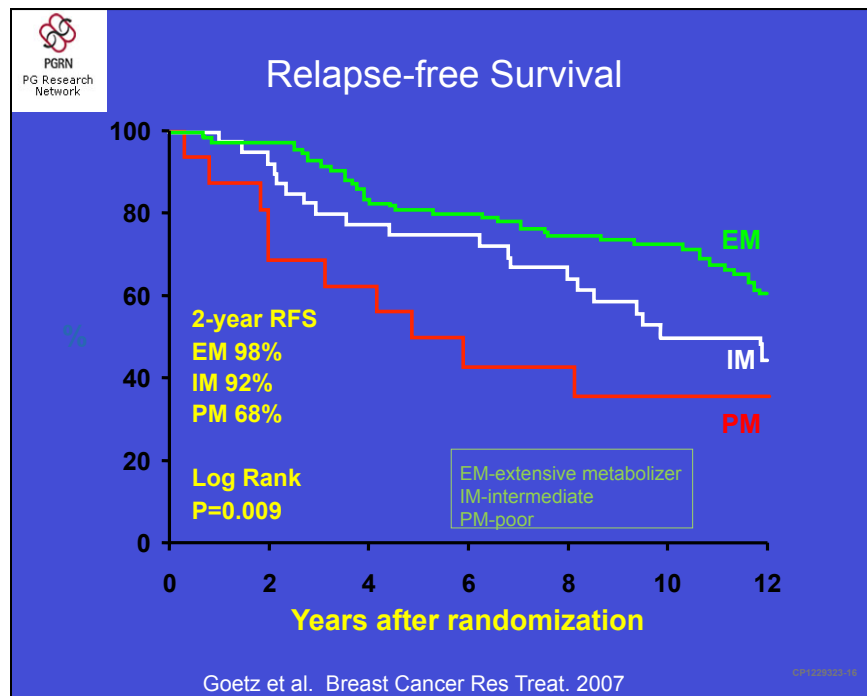
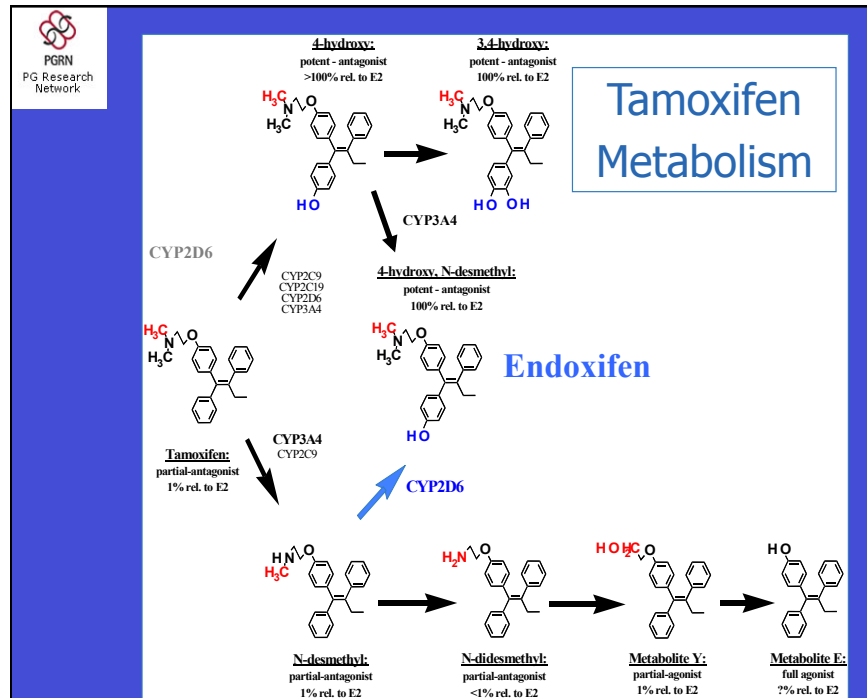


Figure 3: Relationship between genotype risk score (0-2 vs 3-4) and (A), progression free survival ( $p=0.75$ ) or (B) overall survival ( $p=0.54$ )



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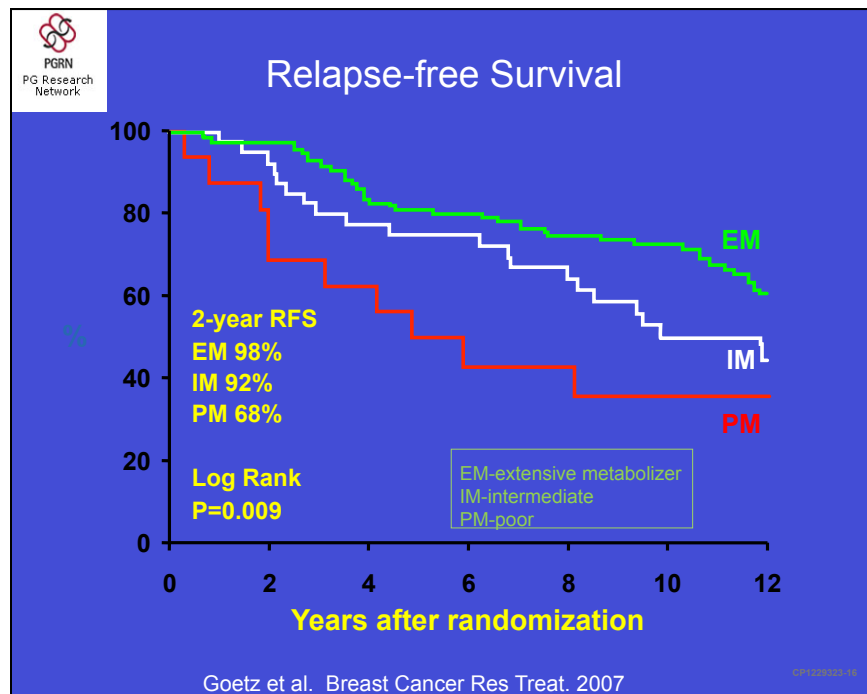




### Adjuvant Tamoxifen and CYP2D6

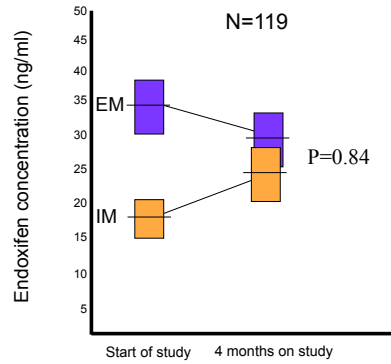
- **CYP2D6 associated with recurrence**
  - Goetz et al. 2005, 2007 (USA)
  - Schroth et al. 2007 (Germany)
  - Kiyotani et al. 2008 (Japan)
  - Newman et al. 2008 (UK)
  - Xu et al. 2008 (China)
  - Okishiro et al. 2009 (Japan)
  - Ramon et al. 2009 (Spain)
  - Bijl et al. 2009 (Netherlands)
  - Schroth et al. 2009, 2010 (Germany, USA)
  - Fugisata et al. 2010 (Japan)
  - Lammers et al. 2010 (Netherlands)
  - Kiyotani et al. 2010 (Japan)
  - Thompson et al 2010 (UK)
  - Kiyotani et al 2012 (Japan)
- **CYP2D6 not associated with recurrence**
  - Wegman et al. 2005, 2007 (Sweden)
  - Nowell et al. 2005 (USA)
  - Abraham et al. 2010 (UK)
  - Goetz et al 2011 (USA)
  - Rae et al 2012 (UK)
  - Regan et al 2012 (USA/Europe)

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**CYP2D6-guided tamoxifen dosing normalizes endoxifen levels in IM patients**

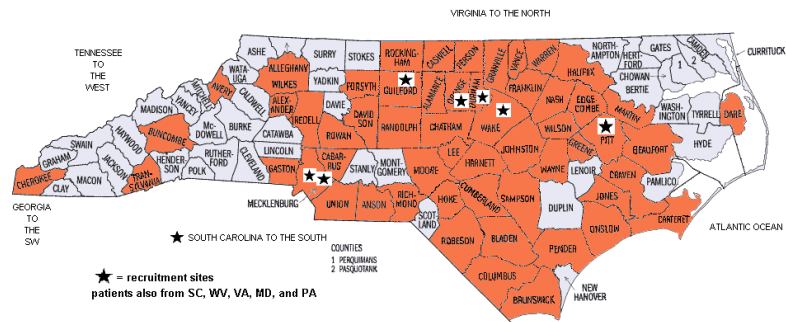
All patients on tamoxifen 20 mg/day for 4 months then  
 EM-20 mg  
 IM-change to 40 mg

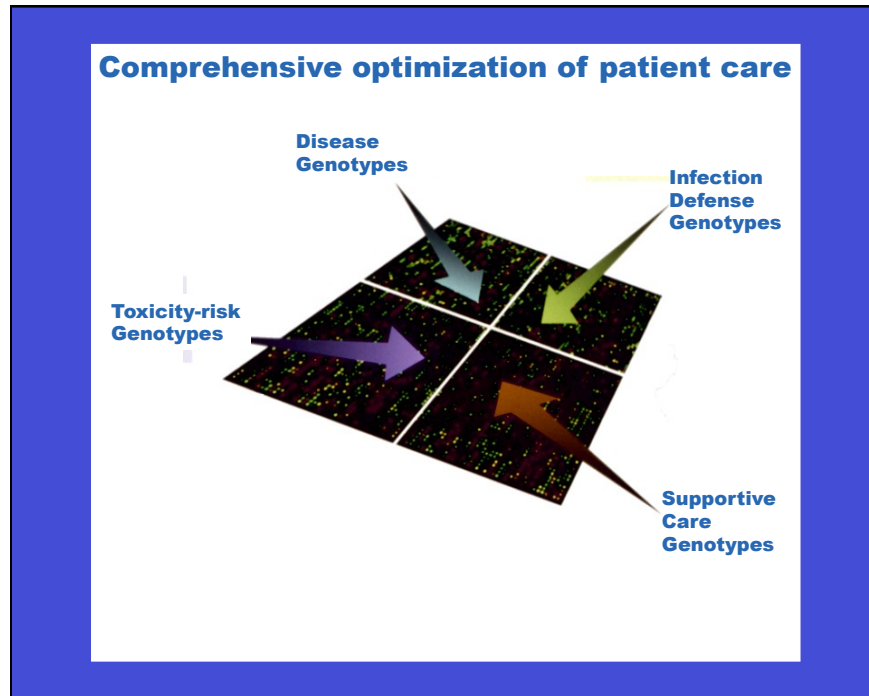


Irvin et al J Clin Oncol 2011

Study of 500 patients across NC is nearly completed, with  
 oversampling of African American and Hispanic patient

**Implementation Science can be conducted where  
 most patients are treated**





Does pharmacogenetics have  
relevance for public health?

Pharmacogenetics for Every Nation Initiative [pgeni.org](http://pgeni.org)

**PGENI**  Treating the Population.  
Impacting the World.



### Pharmacogenetics: what is your intent?

#### Human genetic discovery

#### Drug Safety

Public Policy

#### Explain variation in phenotype


#### Clinical trial inclusion/exclusion

#### Clinical practice


## PGENI


- Modern medical therapy is a key component of improved health
- Selection of medications for each indication is a combination of clinical consensus, access/cost of drugs, and familiarity
- Medicine prioritization is a high stakes undertaking
- We need to use all available data


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**PGENI** 


**Background: Source of data for patient therapy selection**

**Best option:** individual 

**Good:** relevant geographic/  
ethnic/racial population 

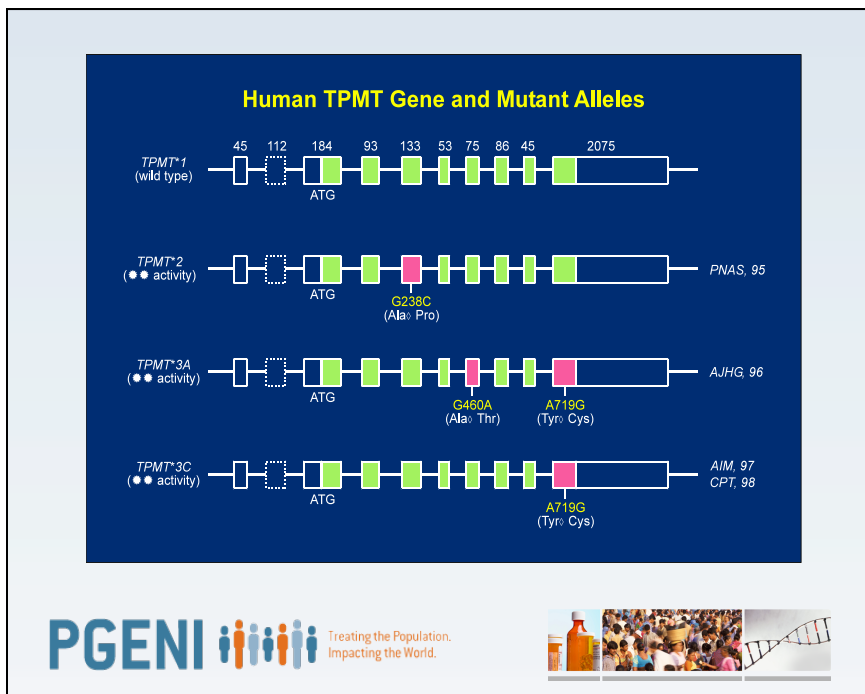
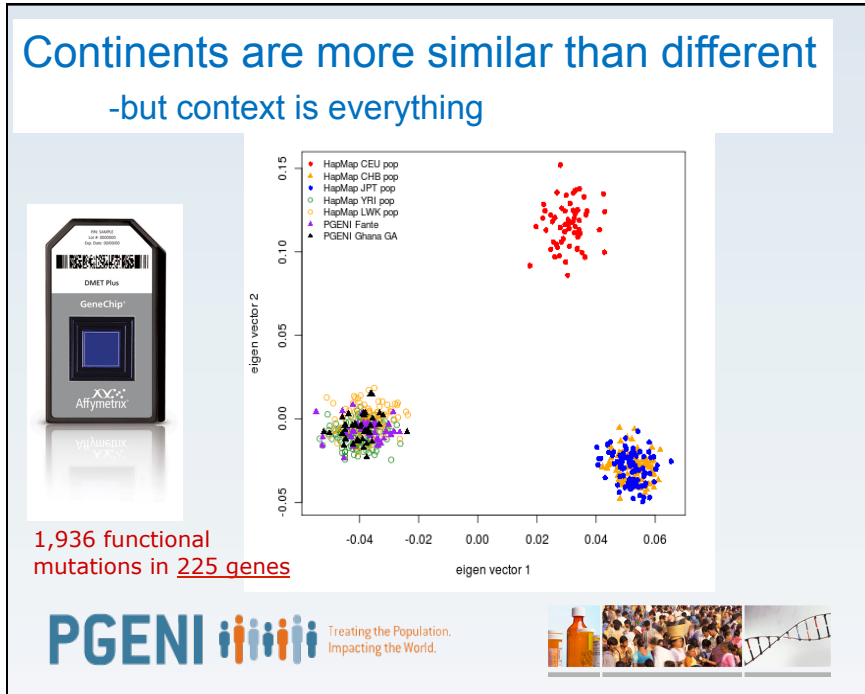
**Worst:** inferred world population 

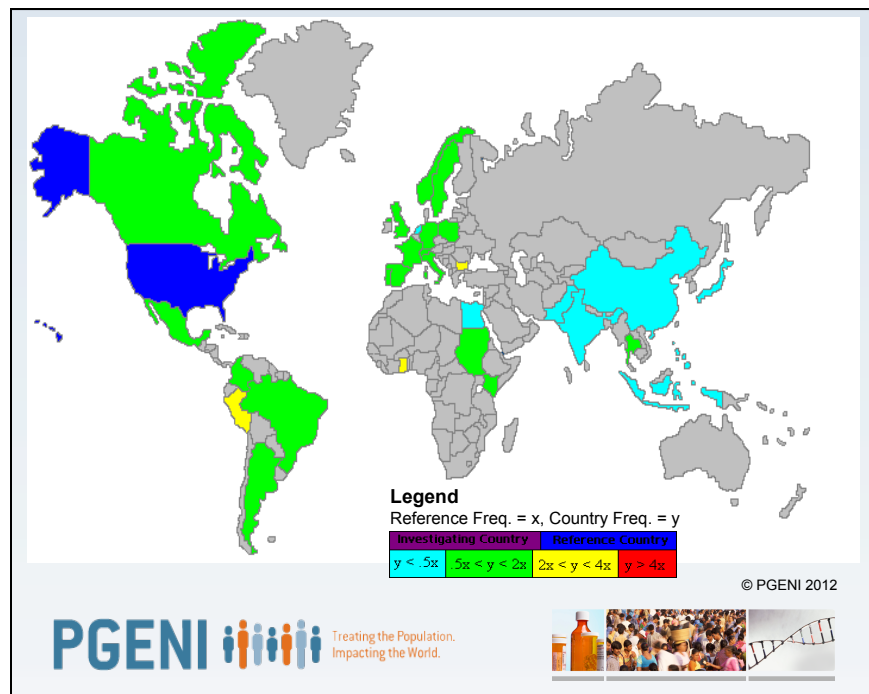
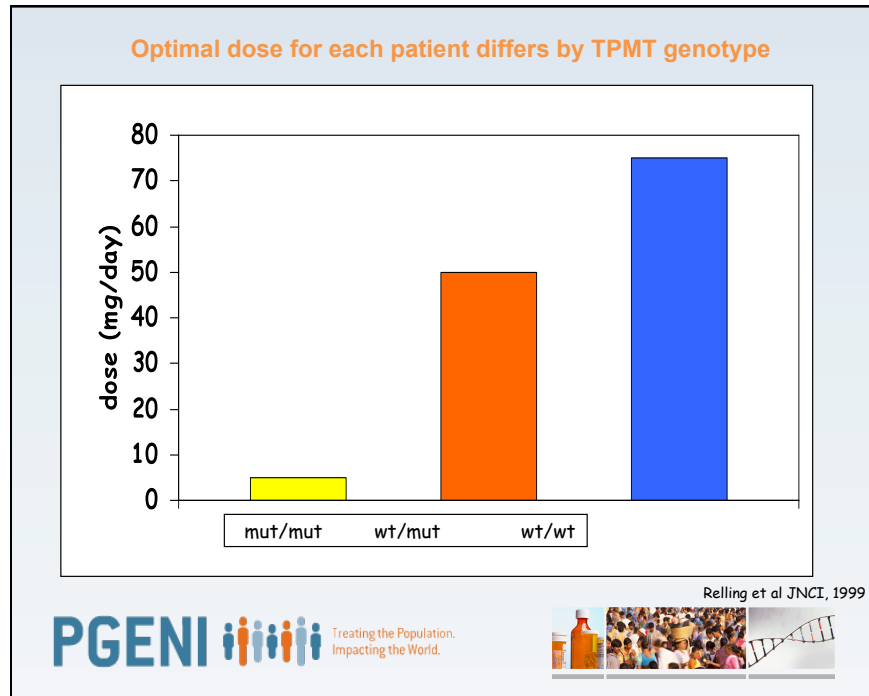
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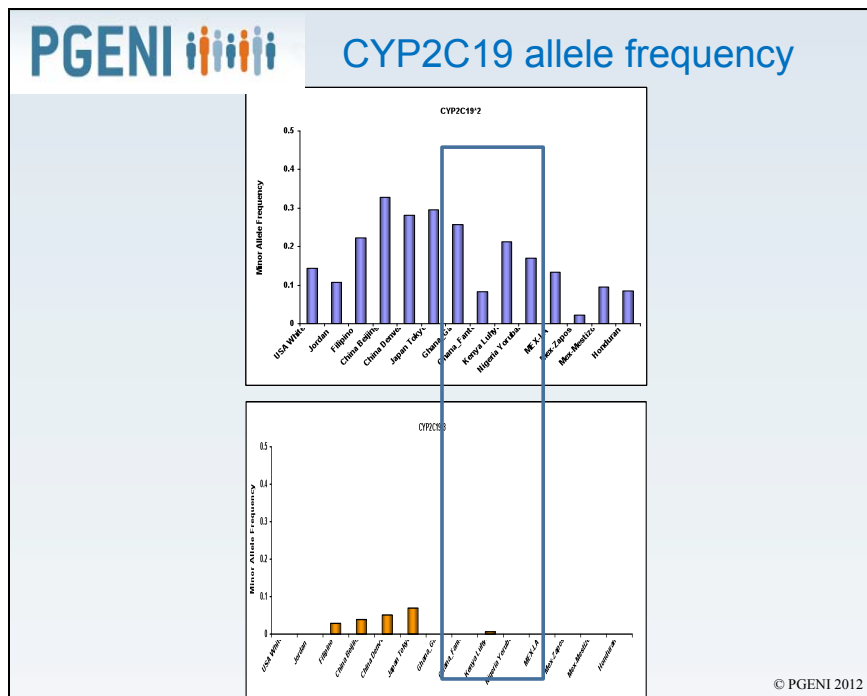
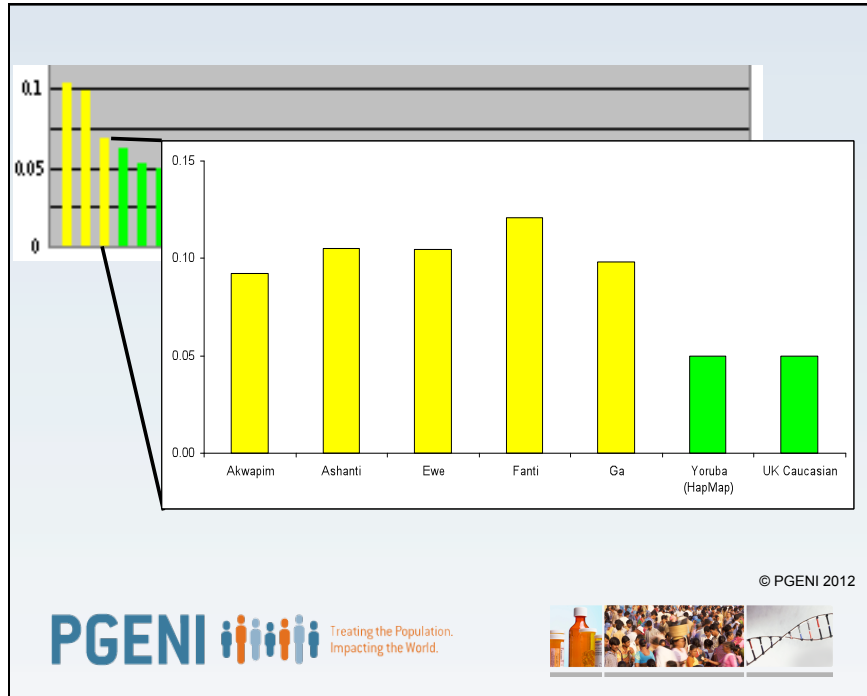
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Voltaire

- "The best is the enemy of good."









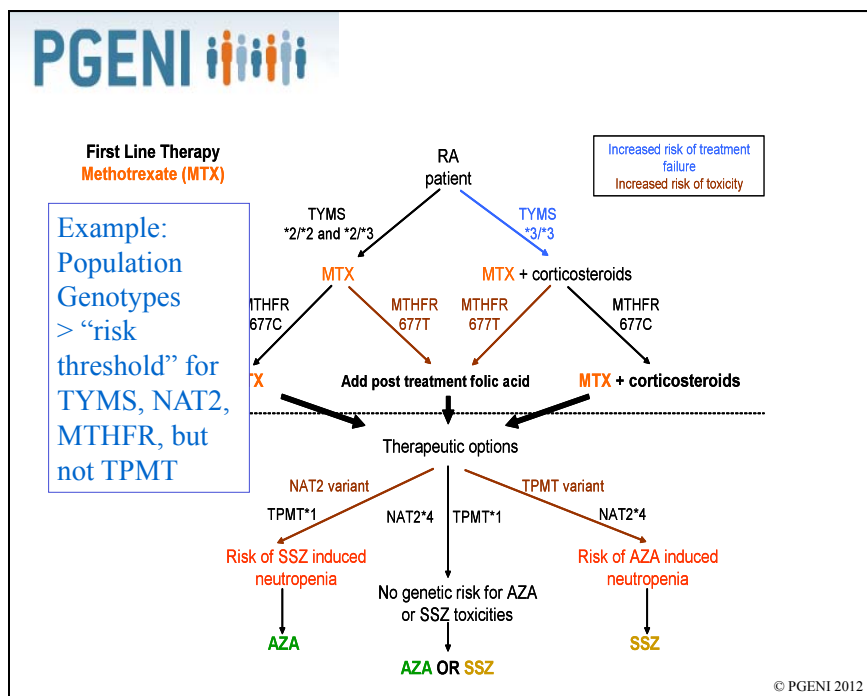
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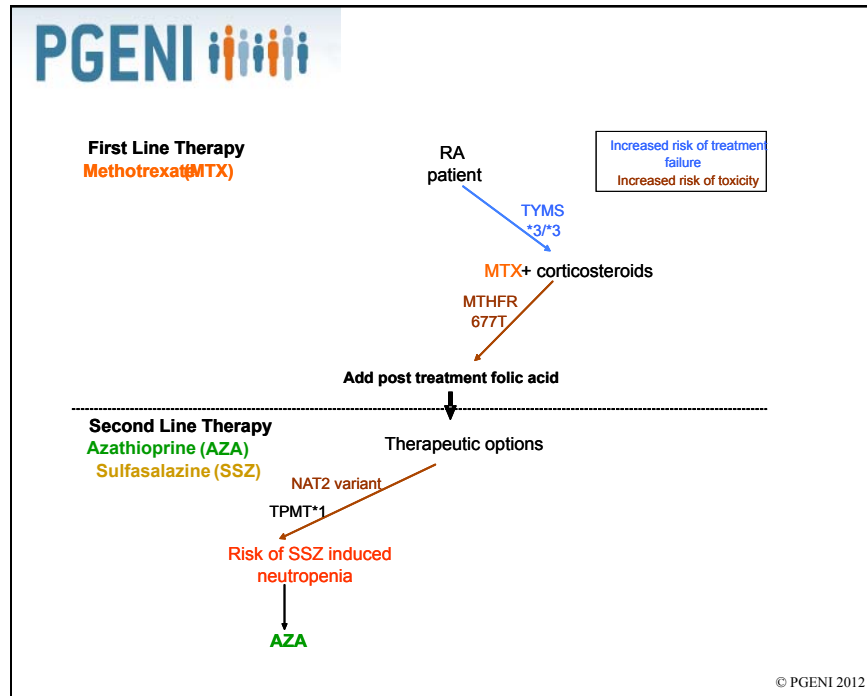
## Type of output

**Surveillance** - identifying population subgroups at higher risk of toxicity or treatment failure

**Prioritization** - assisting the treatment selection from among WHO recommended therapies

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**PGEnI**

Pharmacogenetics and Ethnicity Research Institute

**PGEnI Recommendation for China**

Country Information

Official Name: People's Republic of China

**Recommendation**

Using US Caucasian population frequency data as a reference, based on genetic variant frequency information, the following therapy strategy is suggested for China:

First Line: Methotrexate (MTX) with supplemental corticosteroid to improve efficacy  
 Second Line: Either azathioprine (AZA) or sulfasalazine (SSZ) would be suggested.

NOTE: Pharmacogenetic information is one of many factors influencing the choice of therapy and shouldn't be used as the sole basis for drug selection

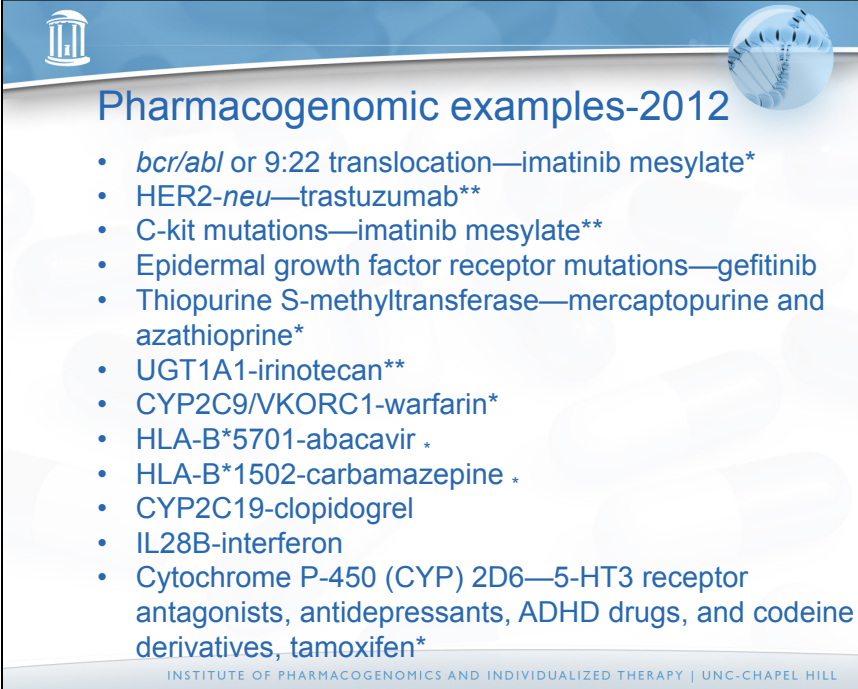
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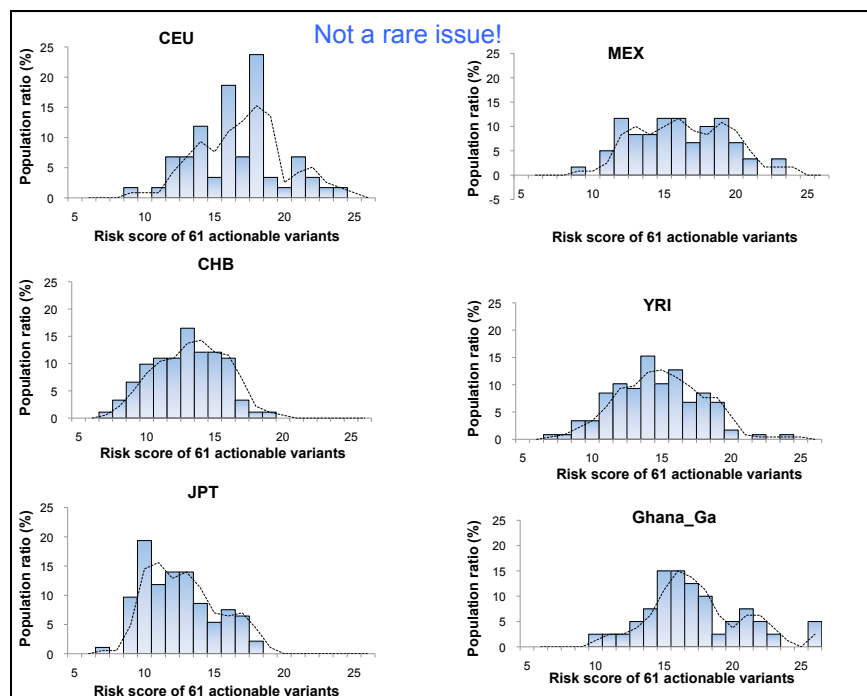
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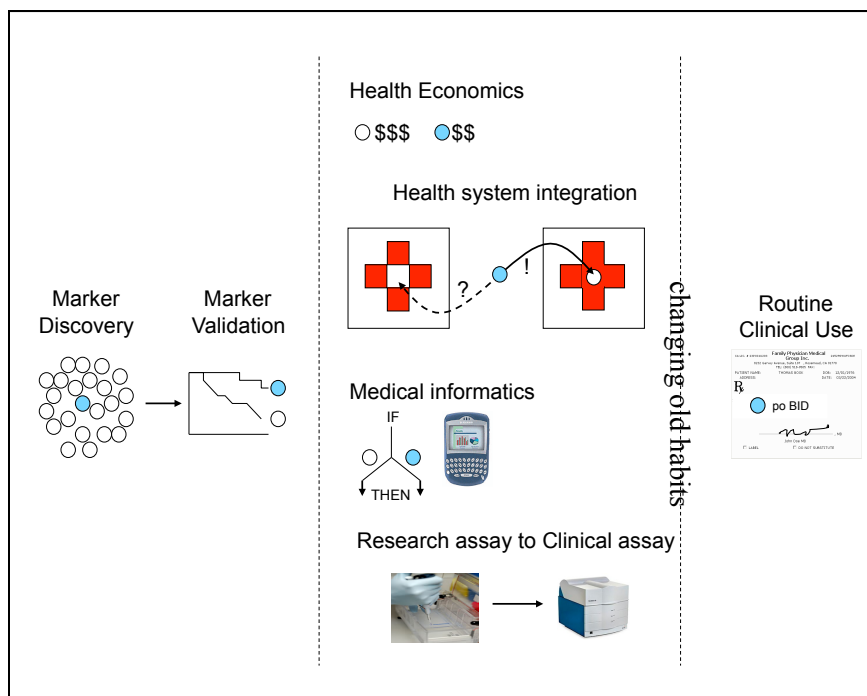
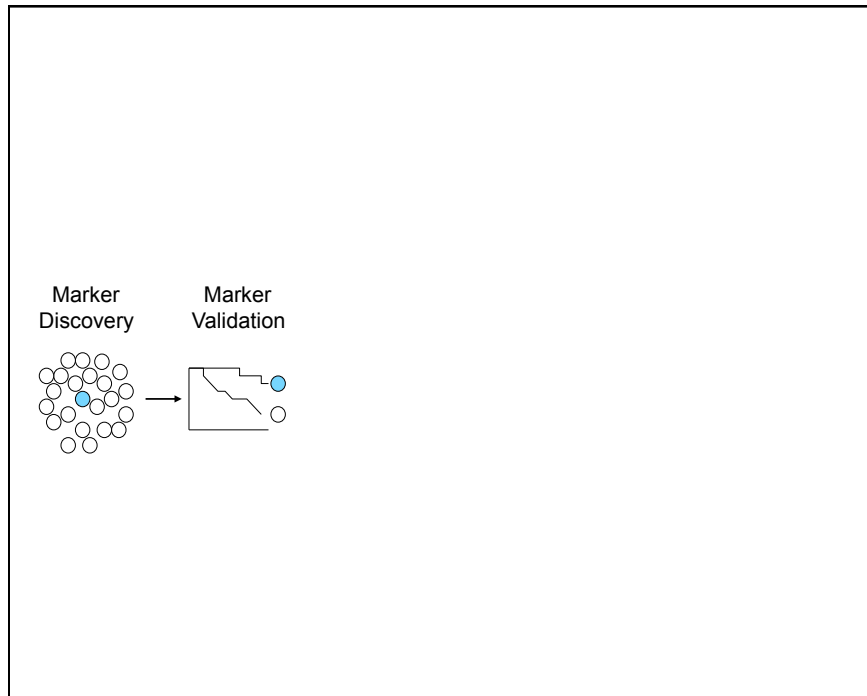



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- Dose selection (CYP2C9, CYP2C19)
- Therapy selection (CYP2C19)
- Preemptive prediction (HLA-B\*5701)
  
- Bundled care
- Patient safety
- 'bounce back' avoidance
- Pharmacy & Therapeutics committee
- National formulary
- Others.....

} Boring!

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## Warfarin Package Insert

Table 5: Range of Expected Therapeutic Warfarin Doses Based on CYP2C9 and VKORC1 Genotypes<sup>†</sup>

VKORC1	CYP2C9					
	*1/*1	*1/*2	*1/*3	*2/*2	*2/*3	*3/*3
GG	5-7 mg	5-7 mg	3-4 mg	3-4 mg	3-4 mg	0.5-2 mg
AG	5-7 mg	3-4 mg	3-4 mg	3-4 mg	0.5-2 mg	0.5-2 mg
AA	3-4 mg	3-4 mg	0.5-2 mg	0.5-2 mg	0.5-2 mg	0.5-2 mg

<sup>†</sup>Ranges are derived from multiple published clinical studies. Other clinical factors (e.g., age, race, body weight, sex, concomitant medications, and comorbidities) are generally accounted for along with genotype in the ranges expressed in the Table. VKORC1 -1639 G→A (rs9923231) variant is used in this table. Other co-inherited VKORC1 variants may also be important determinants of warfarin dose. Patients with CYP2C9 \*1/\*3, \*2/\*2, \*2/\*3 and \*3/\*3 may require more prolonged time (>2 to 4 weeks) to achieve maximum INR effect for a given dosage regimen.

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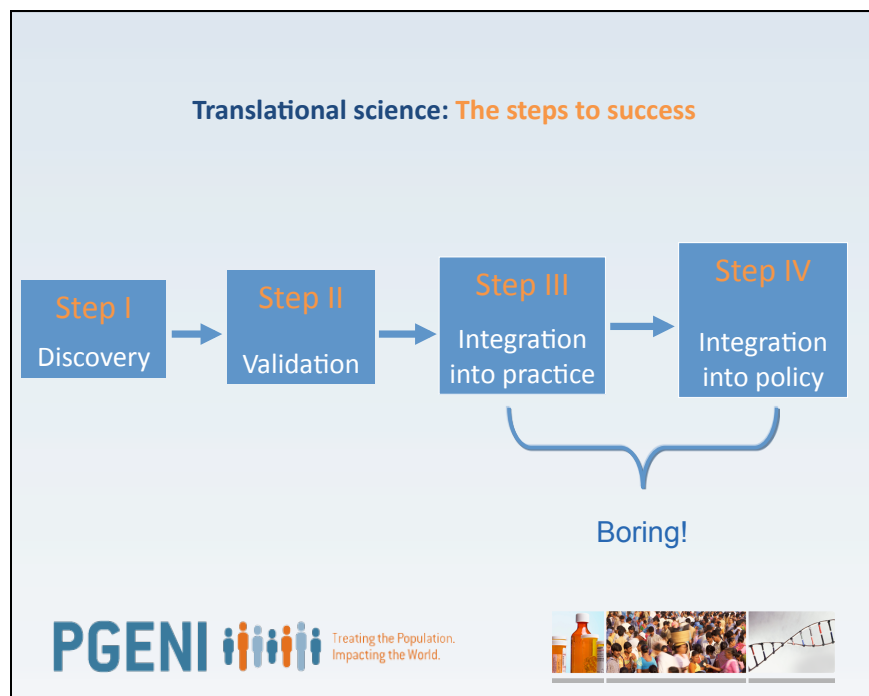


## Factors that Correlate w/ Warfarin Dose

- Age
- Body surface area (BSA) or weight
- Amiodarone dose
- Other drugs (e.g. HMG CoA Reductase inhibitors)
- Target INR
- Race
- Sex
- Plasma vitamin K level
- Decompensated CHF or post-operative state
- CYP2C9 and VKORC1 genotype

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The image displays the 'WARFARINDOSING' website interface and its mobile application, 'iWarfarin'. The website features a navigation menu on the left with links for Warfarin Dosing, Outcomes, Hemorrhage Risk, Patient Education, Contact Us, References, Glossary, and About Us. The main content area contains a form for estimating a warfarin dose, with fields for Age, Sex, Ethnicity, Race, Weight, Height, Smokes, Liver Disease, Indication, Baseline INR, Target INR, CYP2C9 Genotype, VKORC1-1639/3673 Genotype, Amiodarone/Cordarone Dose, Statin/HMG CoA Reductase Inhibitor, Any azole (eg. Fluconazole), and Sulfamethoxazole/Septtra/Bactrim/Cefrim/Sulfatrim. A red button at the bottom of the form reads '> ESTIMATE WARFARIN DOSE'. The mobile app, 'iWarfarin', shows a menu with options for 'Warfarin Dosing - IWPC Algorithm', 'Instructions', and 'Learn', along with unit selection buttons for 'ft/lbs' and 'cm/kg'.





## We now have new audiences

- Past
  - Ourselves
  - Editors/reviewers
  - Study section
- Now
  - Clinic administrators
  - Payers
  - Patients

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## We now have new (additional) endpoints

- Past
  - survival
  - Stent thrombosis
  - Severe neutropenia
- Now
  - Selection from amongst 'equal' therapies
  - Return on investment for medical home
  - Quality measures
  - Patient satisfaction

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## I have ears, but cannot hear

- 44 year old white male (CSO at local biotech)
- AV block 2<sup>o</sup> congenital heart disease
- Presents for placement of epicardial pacemaker
- Tells cardiologist, CT surgeon, anesthesiologist, and admitting team (cardiology fellow, resident, intern) that an executive physical revealed genetic data relevant to pain control and anticoagulation
- Adequate pain control (4/10) in recovery room on MS
- moved to CCU and switch to oxycodone during the night, waking up in severe pain (10/10), ignored x 24 hours
- Student and PharmD recognized CYP2D6 PM and patient was switched to hydromorphone (5/10)

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## Thank you to the PGENIUSES!

