

Postal Premium Rates for the Federal Employees Health Benefits Program

Fee-for-Service Plans (FFS)		2012 Total Biweekly Premium	2013 Biweekly Postal Premium Rates Category 1				2012 Total Biweekly Premium	2013 Biweekly Postal Premium Rates Category 2				
			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment		Total Premium	Govt Pays	Empl. Pays	Change in empl. payment	
Plan - Option - Enrollment Code												
APWU Health Plan												
	High Self	471	235.60	245.02	204.59	40.43	1.56	235.60	245.02	199.08	45.94	7.07
	High Family	472	532.72	554.03	462.62	91.41	3.51	532.72	554.03	450.15	103.88	15.98
	CDHP Self	474	164.73	174.61	145.80	28.81	1.63	164.73	174.61	141.87	32.74	5.56
	CDHP Family	475	370.57	392.81	328.00	64.81	3.67	370.57	392.81	319.16	73.65	12.51
Blue Cross and Blue Shield Service Benefit Plan												
	Standard Self	104	271.33	276.75	212.04	64.71	-.24	271.33	276.75	206.74	70.01	5.06
	Standard Family	105	612.83	625.09	472.17	152.92	.48	612.83	625.09	460.36	164.73	12.29
Blue Cross and Blue Shield Service Benefit Plan												
	Basic Self	111	225.02	236.30	197.31	38.99	1.86	225.02	236.30	191.99	44.31	7.18
	Basic Family	112	526.94	553.30	462.01	91.29	4.34	526.94	553.30	449.56	103.74	16.79
Compass Rose Health Plan												
	High Self	421	245.03	262.18	212.04	50.14	9.71	245.03	262.18	206.74	55.44	15.01
	High Family	422	563.31	602.73	472.17	130.56	27.64	563.31	602.73	460.36	142.37	39.45
Foreign Service Benefit Plan												
	High Self	401	227.98	229.12	191.32	37.80	.18	227.98	229.12	186.16	42.96	5.34
	High Family	402	556.20	564.54	471.39	93.15	-2.66	556.20	564.54	458.69	105.85	10.04
GEHA Benefit Plan												
	High Self	311	271.15	282.00	212.04	69.96	5.19	271.15	282.00	206.74	75.26	10.49
	High Family	312	616.68	641.35	472.17	169.18	12.89	616.68	641.35	460.36	180.99	24.70
	Standard Self	314	171.18	179.74	150.08	29.66	1.42	171.18	179.74	146.04	33.70	5.46
	Standard Family	315	389.29	408.76	341.31	67.45	3.22	389.29	408.76	332.12	76.64	12.41
GEHA High Deductible Health Plan												
	HDHP Self	341	184.55	193.77	161.80	31.97	1.52	184.55	193.77	157.44	36.33	5.88
	HDHP Family	342	421.51	442.59	369.56	73.03	3.48	421.51	442.59	359.60	82.99	13.44
MHBP - Consumer Option												
	HDHP Self	481	213.36	248.13	207.19	40.94	5.74	213.36	248.13	201.61	46.52	11.32
	HDHP Family	482	483.44	562.24	469.47	92.77	13.00	483.44	562.24	456.82	105.42	25.65
MHBP - Std												
	Standard Self	454	282.09	287.45	212.04	75.41	-.30	282.09	287.45	206.74	80.71	5.00
	Standard Family	455	645.58	657.84	472.17	185.67	.48	645.58	657.84	460.36	197.48	12.29
MHBP - Value Plan												
	Standard Self	414	158.35	172.44	143.99	28.45	2.32	158.35	172.44	140.11	32.33	6.20
	Standard Family	415	377.52	411.12	343.29	67.83	5.54	377.52	411.12	334.04	77.08	14.79
NALC												
	High Self	321	260.42	264.99	212.04	52.95	-1.09	260.42	264.99	206.74	58.25	4.21
	High Family	322	565.55	575.43	472.17	103.26	-1.90	565.55	575.43	460.36	115.07	9.91
Panama Canal Area Benefit Plan												
	High Self	431	194.55	206.22	172.19	34.03	1.93	194.55	206.22	167.55	38.67	6.57
	High Family	432	406.08	430.45	359.43	71.02	4.02	406.08	430.45	349.74	80.71	13.71
Rural Carrier Benefit Plan												
	High Self	381	270.30	278.41	212.04	66.37	2.45	270.30	278.41	206.74	71.67	7.75
	High Family	382	552.10	568.66	472.17	96.49	4.78	552.10	568.66	460.36	108.30	16.59
SAMBA												
	High Self	441	305.39	305.39	212.04	93.35	-5.66	305.39	305.39	206.74	98.65	-.36
	High Family	442	719.19	719.19	472.17	247.02	-11.78	719.19	719.19	460.36	258.83	.03
	Standard Self	444	243.16	243.16	203.04	40.12	.00	243.16	243.16	197.57	45.59	5.47
	Standard Family	445	555.35	555.35	463.72	91.63	-3.33	555.35	555.35	451.22	104.13	9.17