



Indian Health Service 2012 NATIONAL BEHAVIORAL HEALTH CONFERENCE

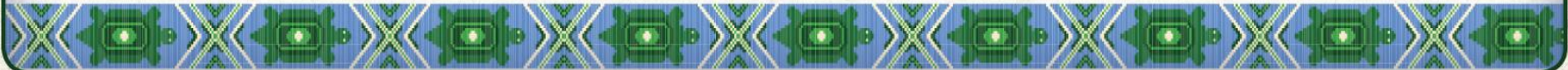
Welcome

Protecting Our LGBTQ Relatives

Orenda Hill, BSW



Mobilizing Partnerships to Promote Wellness





House Keeping

- Please be sure to sign in and out on the Sign In Sheets located near the entrance to this room.
- Please complete the evaluation at the end of this presentation.
- For more information on Continuing Education Units (CEUs), please visit the Registration Desk



Comfort Room

- To promote wellness and self-care, a Comfort Room is available in Atrium Room 8 for your use.
- If you need further assistance, please visit the Indian Health Service Division of Behavioral Health booth.



Partnerships

- AZ American Indian Sexual Health Taskforce
- Native American PFlag
- One Voice Community Center
- Native American Pflag
- OneNten
- Phoenix Indian Medical Center
- Phoenix Indian Center
- Native American Connections

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Contact Information

Orenda Hill, BSW

Victim Advocate

Native Health

4520 N. Central Avenue, Suite 620

Phoenix AZ 85012

p. 602-279-5262 exten. 3204

e. ohill@nachci.com

f. 602-279-5393

www.nativehealthphoenix.org





Crisis Hotline Numbers

Suicide Prevention Lifeline Number:

- 1-800-273-TALK (8255)

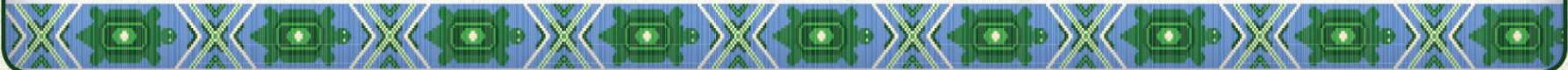
National Domestic Violence Hotline:

- 1-800-799-SAFE (7233) or TTY 1-800-787-3224

National Child Abuse Hotline:

- 1-800-4-A-CHILD

Sexual Assault Hotline:

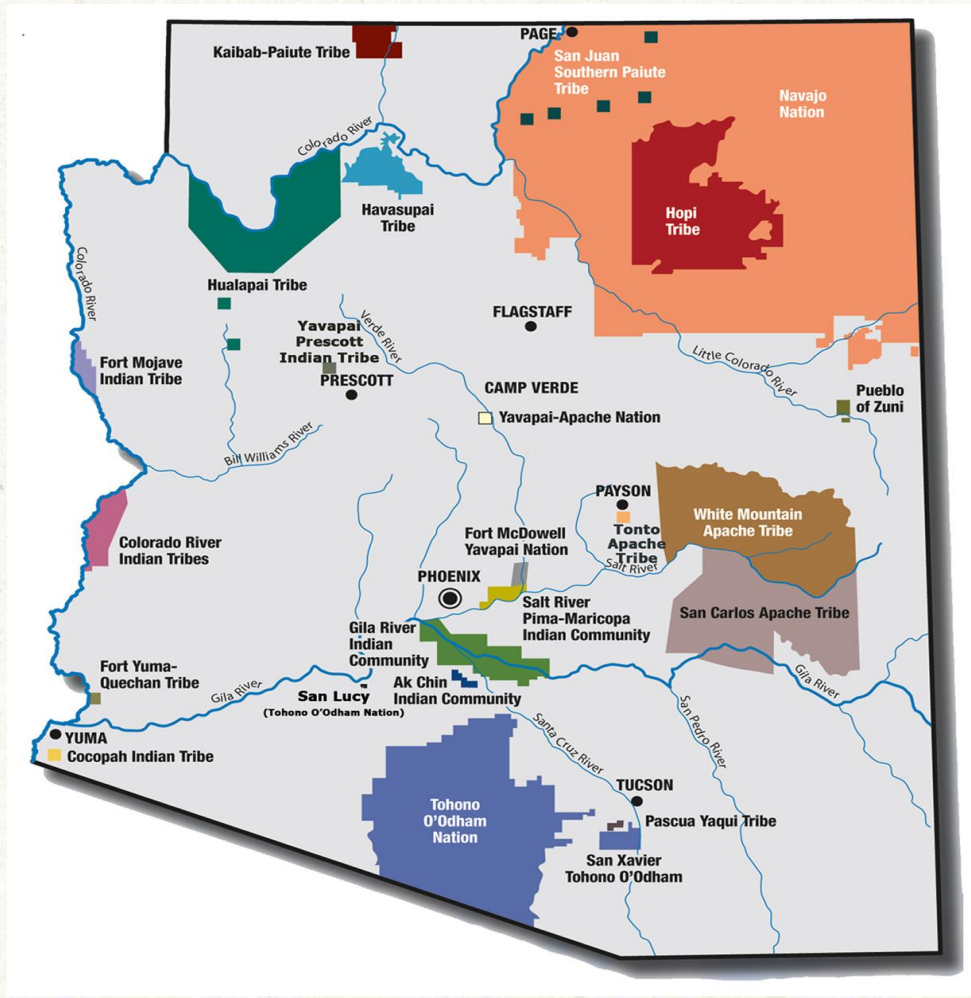
- 1-800-262-9800
- 

Orenda Hill



- Oneida Nation of Wisconsin
- Working with LGBTQ youth and Native American community in Phoenix.
- Identifying with cultural traditions provides passion for my work.

Arizona





Native Health

Located at:

4520 N. Central Ave.

Phoenix, AZ 85012

(3rd Floor- wheelchair accessible)

Light Rail Stop: Campbell and Central

(602) 279-5262

www.nativehealthphoenix.org



Native Health

- Mission Statement:
 - NATIVE HEALTH provides holistic, patient centered, culturally sensitive health and wellness services
- Vision:
 - Health people in healthy communities



Primary Medical and Dental

- Free Transportation for AHCCCS (non-emergency)
- Same day appointments; Monday-Friday, 7-11am and 2-3pm
- Walk-in and scheduled appointments (medical and dental)
- Onsite laboratory
- Referral services (intra-agency and outside referrals)



Dental Care

- Preventative and restorative care
- Cleanings
- Extractions
- Crown and bridge
- Root canal therapy
- Complete and partial dentures
- Pediatrics



Primary Medical

- Well women exams
- Well child exams
- Work and school physicals
- Routine check-ups
- Family planning
- HIV testing
- STI screening
- Immunizations
 - Childhood Vaccinations 0-18 yrs.
 - Adult vaccinations (TB, Tetanus, Flu)
- Diabetic Management
 - Blood sugar control
 - Glucose Machine education
 - Insulin management
 - Diabetic nutrition

Women, Infants and Children (WIC)

Special Supplemental Nutritional Program aims to improve the health of nutritionally at-risk women, infants, and children

- WIC provides
 - Nutrition Education
 - Food Vouchers
 - Peer Counseling
- WIC improves
 - Immunization Rates
 - Cognitive Development
 - Nutritional Status
 - Birth Outcomes
 - Health Care Costs

WIC Hours:

NATIVE HEALTH: Monday –
Friday, 8am-5pm

PIMC: Monday – Friday,
8:30am-5pm

NHW Community Health
Center: Thursdays, 8am-5pm



AHCCCS at Native Health

- Available for anyone; first time enrollment, maintaining eligibility, and redetermination for coverage
- What you need:
 - Photo Identification
 - Social Security Card
 - Proof of Citizenship
 - Tribal Enrollment Identification/Certificate of Indian Blood (CIB)
 - Proof of all Income/Expenses
 - Proof of Residency (Utility bill)
 - Proof of Pregnancy (if applicable)



AHCCCS Enrollment

For more information on how to enroll
as a patient at NATIVE HEALTH,
contact Letisha Ashley at

602-279-5262 x3440

lashley@nachci.com



Behavioral Health

- The behavioral health division at NATIVE HEALTH aims to help individuals and families maintain balances of lifestyle by providing professional, confidential, and culturally appropriate services and resources.
- NATIVE HEALTH Behavioral Health Division is Arizona Department of Health Services Licensed as an outpatient treatment center and for misdemeanor domestic violence offender treatment and DUI Screening, along with education and treatment



Mental Health Services

- Individual, family, and group counseling along with parent/youth counseling.
- Address depression, couple/marital issues, grief and loss, stress management, self-esteem enhancement, dating and domestic violence, sexual assault, referrals and counseling.
- Traditional Services
 - Talking Circles, cultural empowerment, traditional problem solving, blessing and smudging.

Alcohol and Substance Abuse Programs

Adult Intensive Outpatient Substance Abuse Program (IOP)

- State licensed program
- 8 week program (AHCCCS may cover the cost)
- Monday-Thursday, 6-8:30pm
- Contact Robert for more information
 - (602) 279-5262 x 3204
 - rholtsoi@nachci.com

Licensed DUI Program

- State licensed program
- DUI screening
- DUI education
- DUI treatment
- 16-20 hours of treatment (AHCCCS may cover the cost)



Domestic Violence Offender Treatment

- State licensed Misdemeanor Domestic Violence Offender Treatment Program
 - 26 week program for treatment services (AHCCCS may cover the cost)
 - Each person must complete an initial intake and screening
 - For more information or enrollment, contact Ana at (602) 279-5262 x3205
- 



Anger Management Treatment Group

- Learn to:
 - manage anger effectively
 - Stop violence or the threat of violence
 - Develop self-control over thoughts and actions
 - Receive support from others
- Designed to meet court ordered anger management classes
- 12 week program (AHCPCS may cover the cost)



Youth Programs

- **Youth Substance Abuse Program**
 - Structured treatment for youth ages 13-18
 - Encouraging personal wellness, family support, improved communication, and coping skills
 - Individual counseling for 12-14 weeks
 - Free to all Native American youth
- **Anger Controlled Teens (ACT)**
 - 12 week, group counseling
 - Building anger management skills and effective communication and problem solving
 - AHCCS may cover the cost
- **Youth Social Group**
 - Weekly social group activity for youth enrolled in substance abuse or anger management





Native Health West

NHW Community Health Center

2423 W. Dunlap, Suite 140

Phoenix, AZ 85021

(602) 297-5351

www.nativehealthphoenix.org





NHW Community Health Center

- Same day and scheduled appointments
 - Free transportation
 - Services open to all
- Primary care
 - Procedural services
 - Prenatal services
 - Laboratory services
 - Immunizations
 - Diabetes Management
- WIC Clinic
- Behavioral health services
- AHCCCS application assistance
- Referral services



Native Health and LGBTQ Community

- Our Medical Director and Family Practice Physician offers hormone therapy to Transgender patients.
- Behavioral Health Department strategic plan includes collaborations goals toward the LGBTQ community.



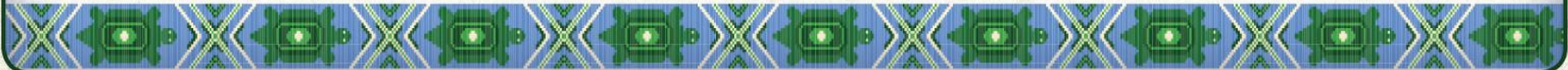
Native Health and LGBTQ Community Collaborations

- AZ American Indian Sexual Health Taskforce
- Native American Pflag
- One n Ten LGBTQ Youth Programs
- One Voice Community Center
- THIS is How Transgender Housing/Shelter





Gender Identity vs. Sexual Orientation

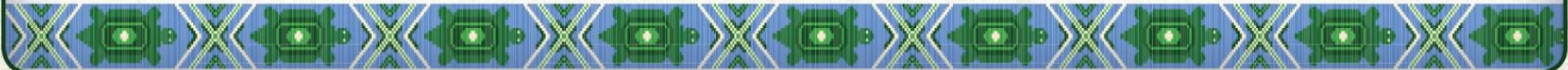
- **Gender Identity:** A person's internal sense of being male, female, or something else. Since gender identity is internal, one's gender identity is not necessarily visible to others.
 - **Gender Expression:** The manner in which a person represents or expresses their gender identity to others.
 - **Sexual Orientation:** A person's emotional, sexual, and/or relational attraction to others. Sexual orientation is usually classified as heterosexual, bisexual, and homosexual (i.e. lesbian and gay).
- 



Some LGBTQ Terms and Definitions

Bigender: A person whose gender identity encompasses both male and female genders. Some may feel that one identity is stronger, but both are present.

Transgender: A person whose gender identity and/or expression is different from that typically associated with their assigned sex at birth.

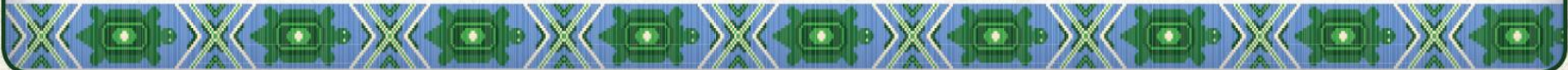




Some LGBTQ Terms...

Transgender Man:(FTM) is used to identify a person, who transitions from the assigned sex at birth female, but lives and identifies as being male.

Transgender Woman: (MTF) A person who transitions from male-to-female, meaning a person who was assigned the male sex at birth but identifies and lives as female.



LGBTQ Terms and Definitions continued...

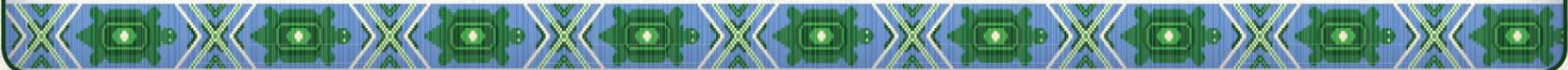
- **WSW:** An acronym used to identify women who have sex with women.
- **MSM:** An acronym used to identify men who have sex with men.
- **Bisexual-** A person who self-identifies as having an emotional, sexual, and/or relational attraction to men and women.

LGBTQ Terms and Definitions continued...

- **Cross-dresser-** A person who dresses in clothing typically worn by people of the opposite gender, but who generally has no intent to live full-time as the other gender.
- **Drag king-** A woman who dresses as a man for the purpose of entertaining others at bars, clubs, or other events
- **Drag queen** A man who dresses as a woman (often celebrity women) for the purpose of entertaining others at bars, clubs, or other events.

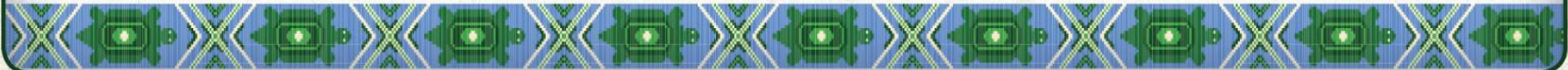


LGBTQ Terms and Definitions continued...

- **Transition-** A term used to describe the period during which a transgender person begins to express their gender identity.
 - **Passing-** A term used by transgender people to mean that they are seen as the gender with which they identify. For example, a transgender woman (assigned the male sex at birth) who people see as a female might say that she is passing as a woman.
 - **Outing-** The act of exposing information about a person's sexual orientation and/or gender identity without their consent.
- 



LGBTQ Terms and Definitions continued...

- **Queer-** A term usually used to refer to specific sexual orientations (e.g., lesbian, gay, bisexual).
 - **Coming out-** The process through which a person identifies, acknowledges, and decides to share information about their sexual orientation and/or gender identity with others.
 - **Gay-** A man who self-identifies as having an emotional, sexual, and/or relational attraction to other men.
 - **Lesbian-** A woman who self-identifies as having an emotional, sexual, and/or relational attraction to other women.
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Native American LGBTQ

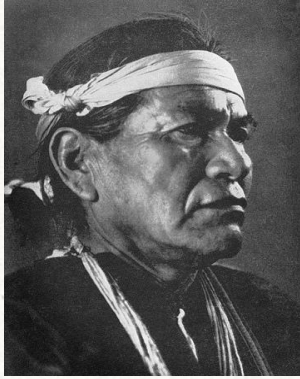
- Two-Spirit- Some Native/First Nations people who are lesbian, gay, bisexual, transgender, or gender non-conforming identify as Two-Spirit.
- Traditionally Native life is lived, not male or female, but with varying degrees of each, that makes a circle of individual identity.
- Regional Differences



In Our Own Language



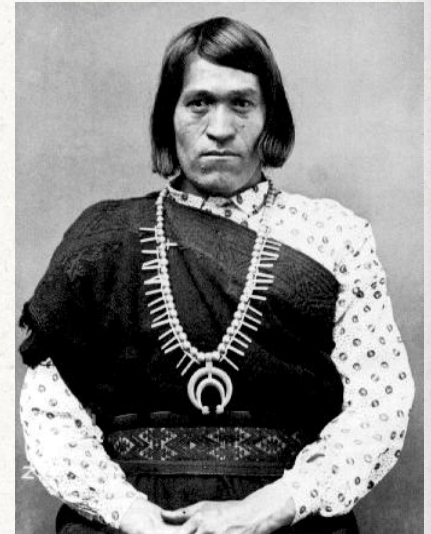
- Dine'- Nadleehe
- Lakota- Winkte
- Mohave-Alyha
- Zuni- Ihamana
- Omaha- mexoga
- Aleut and Kodiah-achnucek
- Zapotec- Ira'muxe
- Cheyenne- he man eh



Hastiin Clah
Navajo Medicine Man and Weaver

Native LGBTQ were honored and often times seen as medicine people or healers.

SPIRITUALITY IS LIFE



We-Wah, Zuni Leader

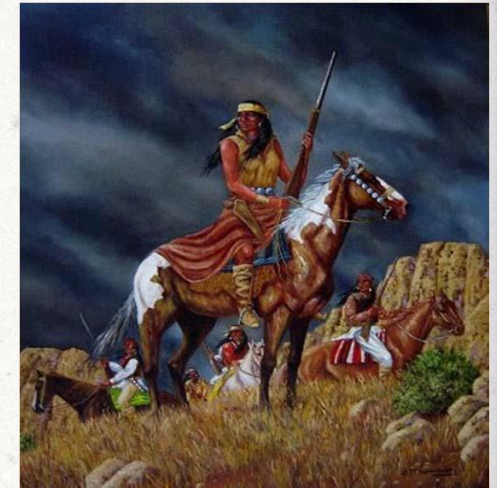
Native Women in History



Pine Leaf (Crow)
1800s
Dressed as female;
warrior, medicine
4 wives



Running Eagle (Piegan)
1800s
Warrior woman; men's
society; spiritual vision
forbid her marrying a
man; woman partner



Lozen- Apache 1850s-1889
Dressed as male, prophet;
healer, warrior; vision to
live as a man; could detect
movement of
enemies

Some Other Traditional Roles

- Entertainers
- Care takers
- Mediators
- Fulfillment of social roles within the tribal communities is more the defining feature than sexual preference or behaviors.



Elton Naswood, Red Circle Project

Attack on Our Traditions



- Impacts of Historical trauma influenced negative behavior and increase violence towards LGBTQ
- Homophobia was created and carried out in many Native Communities.

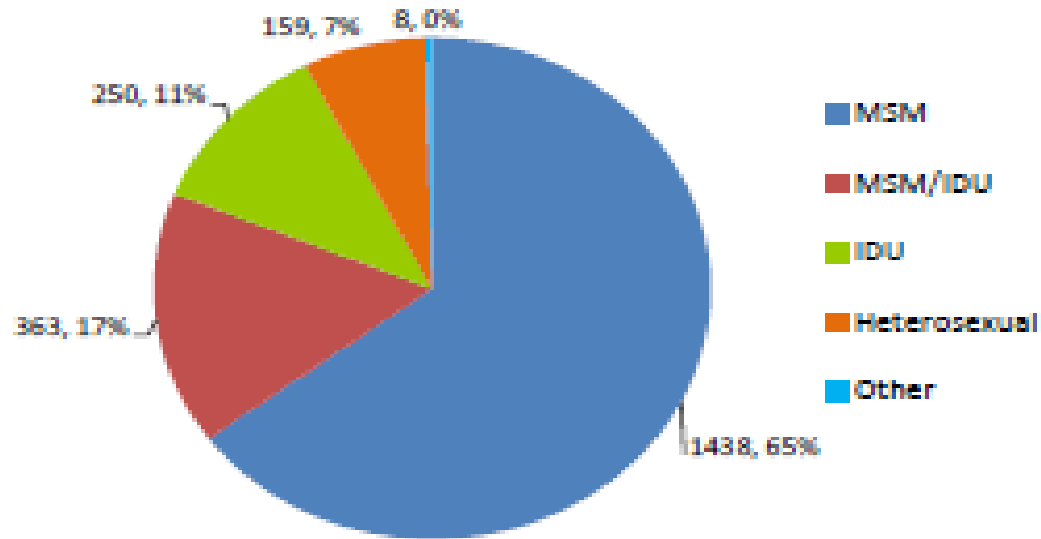
WSW/Lesbian Health Issues

- Heart Disease
- Cancer
- Obesity
- **Injury to violence**
- 17.5 % higher than general population
- 54% report intimate partner violence
- Depression
- Post Traumatic Stress
- Higher Suicide attempts and thoughts
- Higher levels of drinking alcohol and tobacco use

MSM/Gay Men Health Issues

- Heart Disease (all men)
- Cancers- colon, prostate, testicular, anal cancer, HPV
- Injury caused by violence
- Partner or criminal violence
- Anorexia and or bulimia
- Depression and anxiety
- Suicide attempts, especially in youth
- Higher levels of alcohol, tobacco and illegal drug use
- STI's, HIV, HPV, Hepatitis

Transmission Categories Among American Indian/Alaskan Native Males Living with HIV, 2009*



In 2010, 225 “new” HIV infections among American Indian/Alaskan Native.

119 were American Indian/Alaskan Native MSM.

Bisexual Health

- Similar to MSM and WSW
- Noted differences are binge drinking , especially for bisexual youth.



Transgender Health Issues

- Victimization to murder and violence
- HIV/AIDS and STI's
- Substance Abuse, including tobacco use
- Lack of Health Insurance
- Suicide Ideation
- Depression
- Widespread Injection silicon use, unsafe
- Discrimination from professionals
- Internalized discrimination
- Insensitivity and hostility towards transgender people.

Suggestions for Improvement of Services

- Safe and welcoming environment.
- Post Patient Bill of Rights
- Inclusive materials in the waiting room
- Inclusive health messages
- Uni-Sex bathrooms



Suggestions to Improve Services

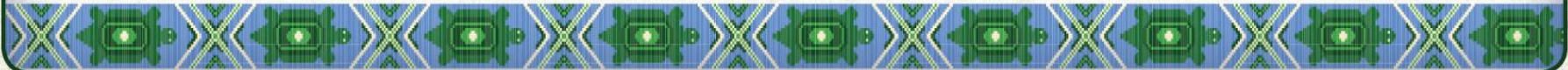
- Patient visitation rights include same sex couples (hospitals)
- Avoid assumptions
- Name preference
- Adding “MTF” or “FTM”
- Notes on chart
- Appropriate dialog between professionals
- Sexual partner options



Suggestions for Native American Community

“But gay people, being both male and female, were seen as both warriors and caregivers. Gay people could do anything. They were like Swiss Army knives! My grandmother had no use for all the gay bashing and homophobia in the world, especially among other Indians. "Jeez," she said, who cares if a man wants to marry another man? All I want to know is who's going to pick up all the dirty socks?” (155)

— Sherman Alexie, *The Absolutely True Diary of a Part-Time Indian*



Switch Dance



Taite Honadick
Mohave/Navajo

- Popular in the 1970's
- Humor
- Switch pow-wow regalia/outfitts
- Respect for other gender
- Not sexual or mock
- Begin to be misused

Switch Dance



Darrell Hill, Sr.
Oneida/Menominee
Women's Fancy Shawl Switch Dance



Darrell Hill, Sr.
Northern Men's Fancy
Dance Champion

When We Value our Traditions We Value
ALL of our People.

Migwetch

Pilamaya

Yaw ^Ko

Askwali

Pinagigi

Mahalo

Waewaenen

Ahe' hee

Thank You



Special thanks to Trudie Jackson!