

# Indian Health Service 2012 NATIONAL BEHAVIORAL HEALTH CONFERENCE

## Welcome

The Solution

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*Mobilizing Partnerships to Promote Wellness*



# House Keeping

- Please be sure to sign in and out on the Sign In Sheets located near the entrance to this room.
- Please complete the evaluation at the end of this presentation.
- For more information on Continuing Education Units (CEUs), please visit the Registration Desk



# Comfort Room

- To promote wellness and self-care, a Comfort Room is available in Atrium Room 8 for your use.
- If you need further assistance, please visit the Indian Health Service Division of Behavioral Health booth.



# Indian Health Service 2012 NATIONAL BEHAVIORAL HEALTH CONFERENCE

The Solution



South Dakota Urban Indian Health  
*Mobilizing Partnerships to Promote Wellness*



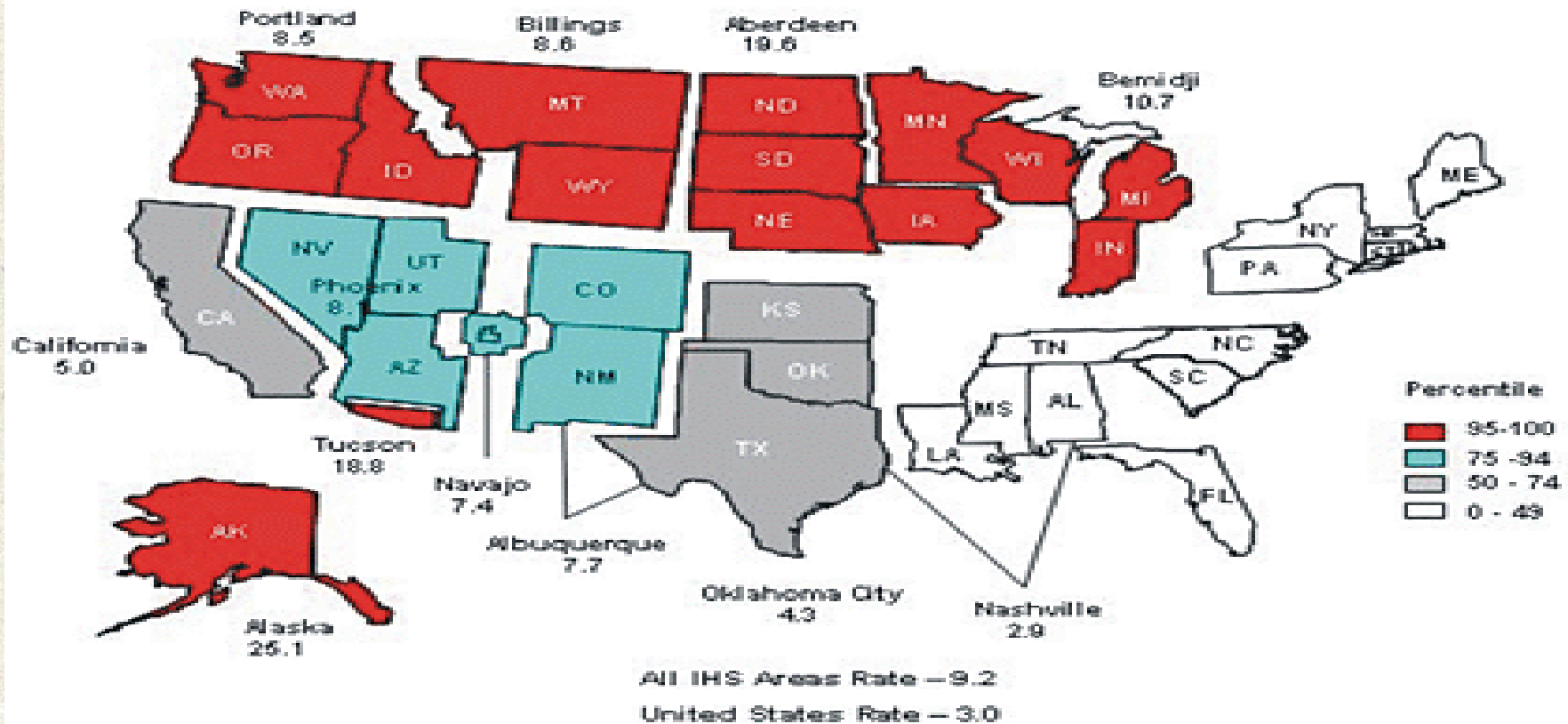


# Suicide Facts Quick Sheet

- The 11<sup>th</sup> leading cause of death among Americans.
- The 2<sup>nd</sup> leading cause of death for AI/AN ages 10-34.
- Adolescent AI/AN death rate twice the rate of Whites the same age.
- The highest suicide rates are among American Indians/Alaska Natives and Non-Hispanic Whites

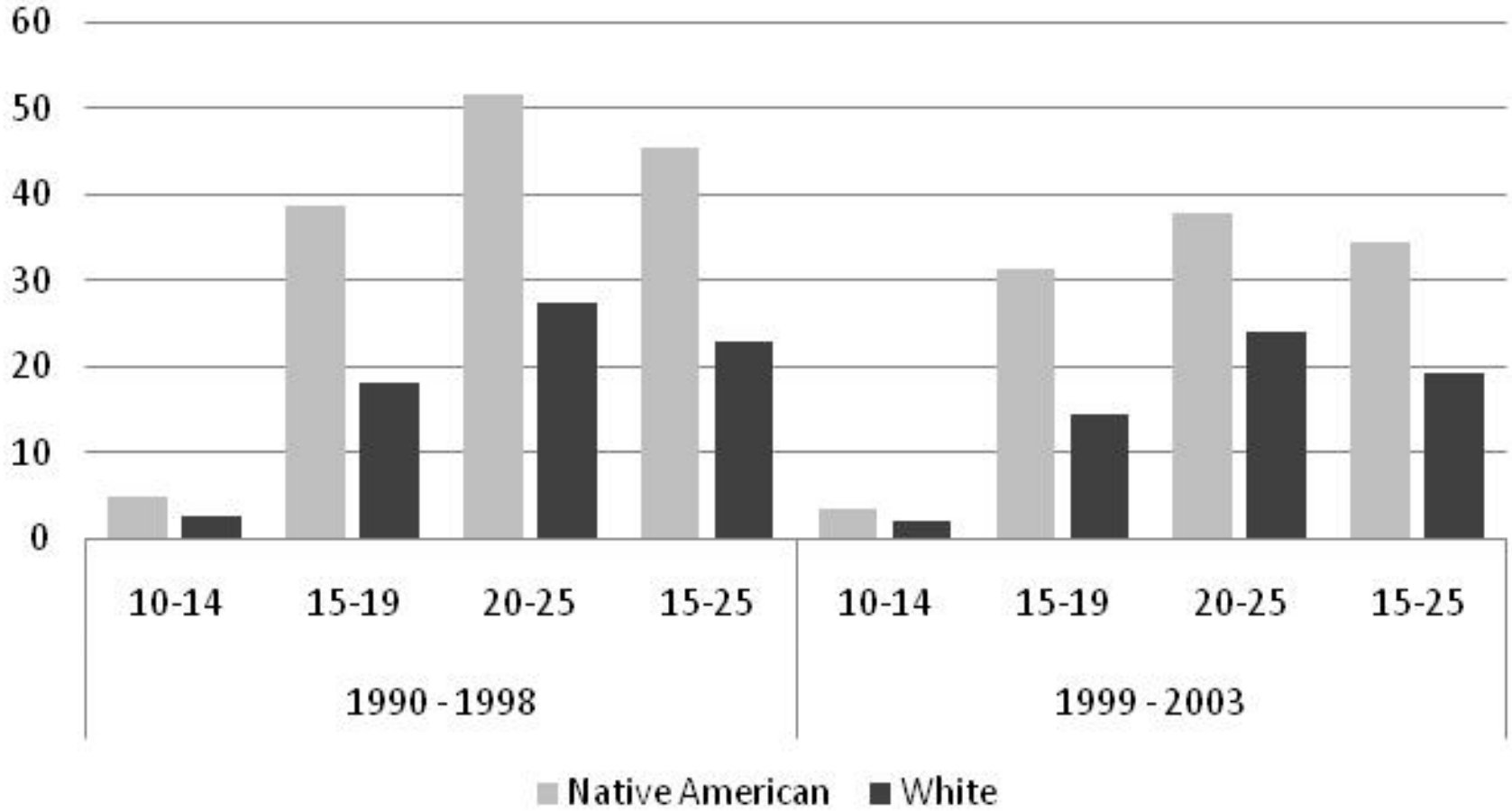
# Native American Suicides

**Native American Suicides per 100,000  
Ages 0-19  
IHS Areas, 1989-1998**

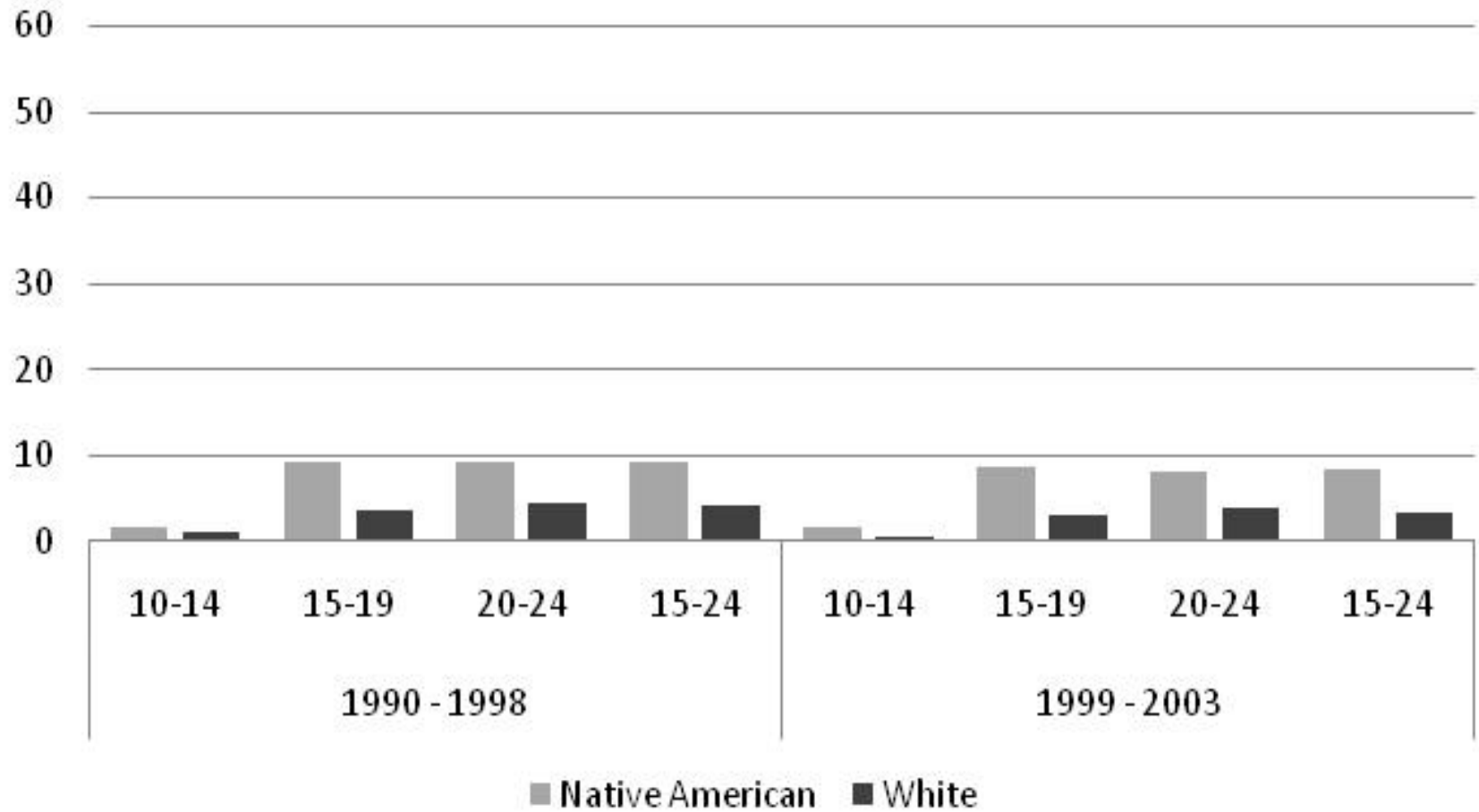




# Native American & White Male Suicide 1990-1998 & 1999-2003 by age



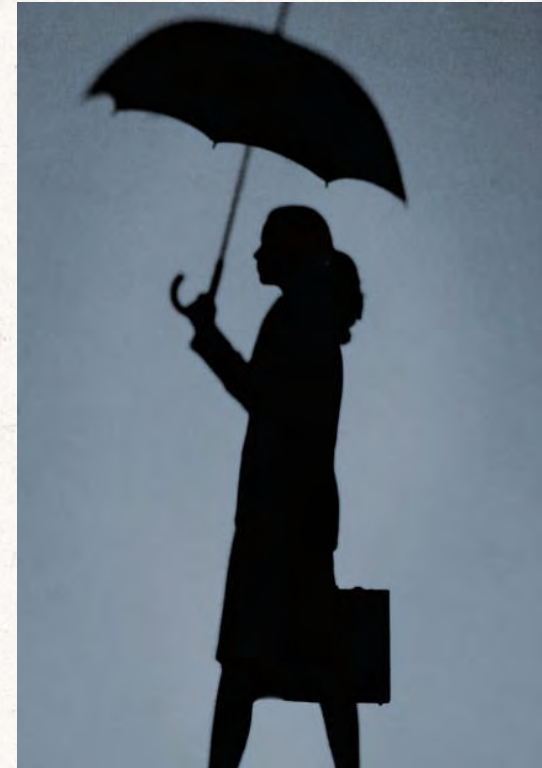
# Native American & White Female Suicide 1990-1998 & 1999-2003 by age





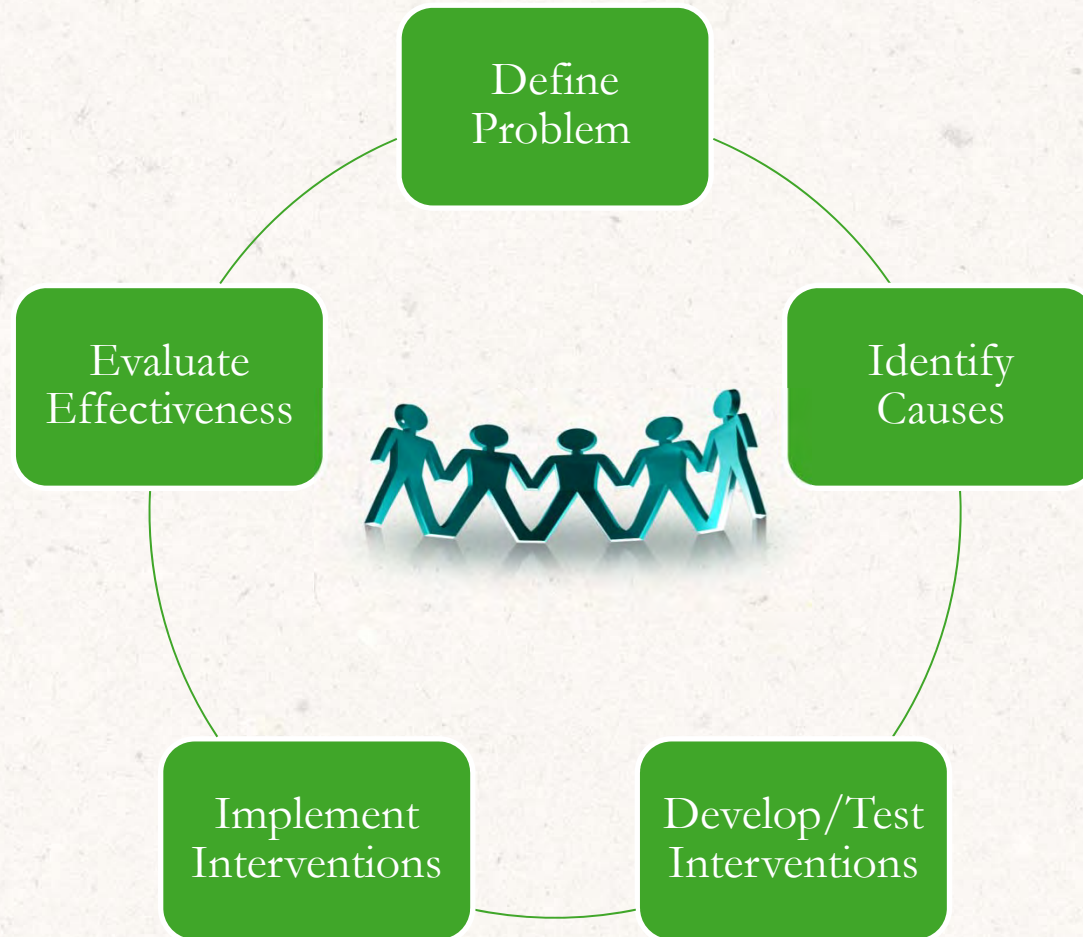
# Risk and Protective Factors

- Major risk factors
  - Prior attempts
  - Mood disorders
  - Substance abuse
  - Access to lethal means
- Major protective factors
  - Effective mental health care
  - Connectedness
  - Problem solving skills





# Public Health Approach





# Taking Action

- Learning the warning signs of suicide.
- Get involved in state and community efforts.
- Make changes within your profession or organization.






# Roles in Suicide Prevention

- Clergy
- Co-Workers
- Corrections Professionals
- Employers
- First Responders
- Foster Parents
- Law Enforcement
- School Health and Mental Health Providers
- Survivors of Suicide
- Teachers
- Teens
- Parents







**MSPI Outcomes and  
Sustainability  
South Dakota Urban Indian  
Health**

# SDUIH Intake Questionnaire

## Patient 1

**1) I am able to handle the challenges in my life:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly

**2) I am Experiencing Depression/Sadness:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly  
 Disagree

**3) I am experiencing thoughts of suicide:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly  
 Disagree

**4) I am experiencing anxiety/worry:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly  
 Disagree

**5) I drink Alcohol to cope with my emotions:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly  
 Disagree

**6) I am using other drugs (marijuana, etc) to cope with my emotions:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly  
 Disagree

**7) I am using other drugs (marijuana, etc) to cope with my emotions:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly  
 Disagree





# SDUIH Intake Questionnaire

## Patient 2

**1) I am able to handle the challenges in my life:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree

**3) I am experiencing depression/sadness**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree

**4) I am having thoughts of suicide:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree

**5) I am experiencing anxiety/worry:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Disagree                      Strongly Disagree

**6) I drink Alcohol to cope with my emotions:**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Disagree

**7) I am using (marijuana, etc) to cope with my emotions**

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Disagree                      Strongly Disagree



# SDUIH Intake Questionnaire

## Patient 3

1) I am able to handle the challenges in my life:

1                      2                      3                      4  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly

2) I am Experiencing Depression/Sadness:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Disagree                      Strongly

3) I am experiencing thoughts of suicide:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Disagree                      Strongly

4) I am experiencing anxiety/worry:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Disagree                      Strongly

5) I drink Alcohol to cope with my emotions:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Disagree                      Strongly

6) I am using other drugs (marijuana, etc) to cope with my emotions:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Disagree                      Strongly

7) I am using other drugs (marijuana, etc) to cope with my emotions:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Disagree                      Strongly





# SDUIH Intake Questionnaire

## Patient 4

1) I am able to handle the challenges in my life:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Disagree

2) I am Experiencing Stress:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree

3) I am experiencing depression/sadness

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree

4) I am having thoughts of suicide:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree

5) I am experiencing anxiety/worry:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree

6) I drink Alcohol to cope with my emotions:

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree

7) I am using other drugs (marijuana, etc) to cope with my emotions

1                      2                      3                      4                      5  
 Strongly Agree                      Agree                      Neutral                      Disagree                      Strongly Disagree

# SUSTAINABILITY

- Third Party Billing
- Grants
- Another Way of Thinking about \$\$\$\$\$\$\$
- The Solution



The Solution is...





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- [www.sprc.org](http://www.sprc.org) (Suicide Prevention Resource Center)



# Contact Information

Marilee and/or Justin can be reached by calling South Dakota Urban Indian Health Clinic, 711 North Lake, Sioux Falls, SD: (605)-339-0420 or by e-mail:

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[Justing.falon@sduih.org](mailto:Justing.falon@sduih.org)





# Crisis Hotline Numbers

Suicide Prevention Lifeline Number:

- 1-800-273-TALK (8255)

National Domestic Violence Hotline:

- 1-800-799-SAFE (7233) or TTY 1-800-787-3224

National Child Abuse Hotline:

- 1-800-4-A-CHILD

Sexual Assault Hotline:

- 1-800-262-9800
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