



# Indian Health Service 2012 NATIONAL BEHAVIORAL HEALTH CONFERENCE

## Welcome

Healing to Wellness Court Reclaiming  
Futures

Darren Dry



*Mobilizing Partnerships to Promote Wellness*

# House Keeping

- Please be sure to sign in and out on the Sign In Sheets located near the entrance to this room.
- Please complete the evaluation at the end of this presentation.
- For more information on Continuing Education Units (CEUs), please visit the Registration Desk

# Comfort Room

- To promote wellness and self-care, a Comfort Room is available in Atrium room 8 for your use.
- If you need further assistance, please visit the Indian Health Service Division of Behavioral Health booth.



# Cherokee Nation Jack Brown Treatment Center

Tahlequah, Oklahoma

# Counseling

- **Assessments**
- **CD Education**
- **Behavioral Health**
- **Family Counseling**
- **Individual Counseling**
- **Group Counseling**
- **Psychiatric Consults**

# Specific Interventions

- **Anger Management**
- **Stress Management**
- **Relaxation Skills**
- **Coping Skills**
- **Communication Skills**
- **Challenge Initiative Activities**
- **Referral appropriate level of care**
- **Moral Recognition Therapy**
- **Power Source**
- **Mandt**

# Specific Interventions

- **Life Skills**
- **Relapse Prevention Training**
- **Health Education**
- **White Bison**
- **Change Co. Journaling**
- **Matrix**
- **Pet Therapy**


# Outreach Services

- **Health Fairs**
- **School Presentations**
- **Job Fairs**
- **Red Ribbon Week**
- **Prevention Presentations**
- **Coalition with Healing to Wellness Court**



# Partnerships

- Partnership with Cherokee Nation Healing to Wellness Drug Court and Cherokee Nation Reclaiming Futures Program




**Cherokee Nation Healing to  
Wellness Court Program  
AND  
Cherokee Nation Reclaiming  
Futures**

**WE CARE DEEPLY FOR THE  
CHILDREN**





# Cherokee Nation Healing to Wellness Court Program

- A partnership of the Cherokee Nation District Court and Human Services
  - Offering an alternative from traditional courts
  - The Healing to Wellness Court Program provides judicial treatment for eligible youth and juveniles in need of supervision.
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# Advantages of the Court


- The client stays in the community.
- The whole family is involved
- If the client completes the treatment and aftercare, their court records are expunged
- Traditional Cherokee culture and values contribute to the healing approach of the court

# Advantages of the Court

- The client is in constant contact with the Court and Court Advocates
- Client and family are involved in the development of the treatment plan
- Clients receive incentives to encourage participant compliance with the program requirements
- Clients participate in cultural outings, including visiting historical Cherokee sites and learning/speaking with Cherokee elders




## Healing to Wellness Court Components

- Brings together community-healing resources with the tribal justice process, using a team approach to achieve the physical and spiritual healing of the participant and the well being of the community.
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# Healing to Wellness Court Components

- Provides access to holistic, structured and phased, substance abuse treatment and rehabilitation services that incorporate culture and tradition.
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## Healing to Wellness Court Components

- Participants are monitored through intensive supervision that includes frequent and random testing for alcohol and other substance use.
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## Healing to Wellness Court Components

- Progressive consequences (or sanctions) and rewards (or incentives) are used to encourage participant compliance with program requirements



# The Healing to Wellness Court Team

- **JUDGE**
  - **COURT ADVOCATES**
  - **SOCIAL SERVICES**
  - **SUBSTANCE ABUSE PROFESSIONALS**
  - **JUVENILE JUSTICE SERVICES**
  - **MENTAL HEALTH**
  - **CULTURAL ADVISORS**
  - **LAW ENFORCEMENT**
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## Requirements for the Program

- Participants enter the Healing to Wellness Court Program from district and municipal courts in the form of court referrals.



# Cherokee Nation Reclaiming Futures

**WE CARE DEEPLY FOR  
THE CHILDREN**



## **I. Reclaiming Futures**

- **Cherokee Nation is part of the Reclaiming Futures National Initiative to engage communities in helping teens overcome drugs, alcohol and crime.**

## II. Reclaiming Futures

- Cherokee Nation Reclaiming Futures will serve Native American youth who are exhibiting problem behaviors associated with alcohol and/or drug use.

### **III Reclaiming Futures**

- **Both of these programs help participants to deal with their substance and/or alcohol issues through counseling, accountability, and monitoring**

## IV Reclaiming Futures

- It also requires a commitment from the participants (youth and family members).
- This will not be easy; therefore for that reason, we are here to assist them in this process.



## **The program consists of:**

- **Alcohol/Drug Screening & Assessment**
- **Counseling**
- **Court Advocates Drug Testing**
- **Case Management**
- **Cultural Activities**

## Screening

- Each youth will be screened for eligibility and acceptance into the program will be determined on a case by case basis.

## Participants must be:

- Between the ages of 12-17 years,
- A member of a Federally Recognized Tribe, and
- Have a substance abuse problem (as determined by an interview and a reputable assessment tool) and must live in Adair, Cherokee, Delaware, or Sequoyah County

# Contact Information:

- Phone: 918-316-8258 or
- 918-316-5468
- Fax: 918-458-0499
  
- Email:
- [darren-dry@cherokee.org](mailto:darren-dry@cherokee.org)
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- [joe-ward@cherokee.org](mailto:joe-ward@cherokee.org)
  
- Mailing Address:
- P.O. Box 948
- Tahlequah, Oklahoma 74464

## References:

- Healing to Wellness Drug Court/Reclaiming Futures Program.
- Chestnut Healthcare Systems.

# Contact Information

- Darren Dry
- Director Jack Brown Adolescent Treatment Center  
Cherokee Nation
- P.O. Box 948
- Tahlequah, Oklahoma 74464
- 918-453-5519
- [darren-dry@cherokee.org](mailto:darren-dry@cherokee.org)
- *\*This is a program operated by Cherokee Nation Human Services and Cherokee Nation Jack Brown Center.*

# Crisis Hotline Numbers

Suicide Prevention Lifeline Number:

- 1-800-273-TALK (8255)

National Domestic Violence Hotline:

- 1-800-799-SAFE (7233) or TTY 1-800-787-3224

National Child Abuse Hotline:

- 1-800-4-A-CHILD

Sexual Assault Hotline:

- 1-800-262-9800