Indian Health Service 2012 NATIONAL BEHAVIORAL HEALTH CONFERENCE

Welcome

Healing to Wellness Court Reclaiming
Futures

Darren Dry







Mobilizing Partnerships to Promote Wellness

House Keeping

- Please be sure to <u>sign in and out</u> on the Sign In Sheets located near the entrance to this room.
- Please complete the evaluation at the end of this presentation.
- For more information on Continuing Education Units (CEUs), please visit the Registration Desk

Comfort Room

- To promote wellness and self-care, a Comfort Room is available in Atrium room 8 for your use.
- If you need further assistance, please visit the Indian Health Service Division of Behavioral Health booth.

Cherokee Nation Jack Brown Treatment Center

Tahlequah, Oklahoma

Counseling

- **Assessments**
- **▶ CD Education**
- > Behavioral Health
- Family Counseling
- > Individual Counseling
- **→ Group Counseling**
- > Psychiatric Consults

Specific Interventions

- > Anger Management
- > Stress Management
- > Relaxation Skills
- Coping Skills
- Communication Skills
- > Challenge Initiative Activities
- > Referral appropriate level of care
- Moral Recognition Therapy
- > Power Source
- > Mandt



- > Life Skills
- > Relapse Prevention Training
- > Health Education
- > White Bison
- > Change Co. Journaling
- > Matrix
- > Pet Therapy



- > Health Fairs
- > School Presentations
- > Job Fairs
- > Red Ribbon Week
- > Prevention Presentations
- Coalition with Healing to Wellness Court



 Partnership with Cherokee Nation Healing to Wellness Drug Court and Cherokee Nation Reclaiming Futures Program

Cherokee Nation Healing to Wellness Court Program AND Cherokee Nation Reclaiming Futures

WE CARE DEEPLY FOR THE CHILDREN



 A partnership of the Cherokee Nation District Court and Human Services

• Offering an alternative from traditional courts

• The Healing to Wellness Court Program provides judicial treatment for eligible youth and juveniles in need of supervision.



- The client stays in the community.
- The whole family is involved
- If the client completes the treatment and aftercare, their court records are expunged
- Traditional Cherokee culture and values contribute to the healing approach of the court

Advantages of the Court

- The client is in constant contact with the Court and Court Advocates
- Client and family are involved in the development of the treatment plan
- Clients receive incentives to encourage participant compliance with the program requirements
- Clients participate in cultural outings, including visiting historical Cherokee sites and learning/speaking with Cherokee elders

• Brings together community-healing resources with the tribal justice process, using a team approach to achieve the physical and spiritual healing of the participant and the well being of the community.

• Provides access to holistic, structured and phased, substance abuse treatment and rehabilitation services that incorporate culture and tradition.

• Participants are monitored through intensive supervision that includes frequent and random testing for alcohol and other substance use.

 Progressive consequences (or sanctions) and rewards (or incentives) are used to encourage participant compliance with program requirements



- JUDGE
- COURT ADVOCATES
- SOCIAL SERVICES
- SUBSTANCE ABUSE PROFESSIONALS
- JUVENILE JUSTICE SERVICES
- MENTAL HEALTH
- CULTURAL ADVISORS
- LAW ENFORCEMENT

Requirements for the Program

 Participants enter the Healing to Wellness Court Program from district and municipal courts in the form of court referrals.

Cherokee Nation Reclaiming Futures

WE CARE DEEPLY FOR THE CHILDREN

I. Reclaiming Futures

• Cherokee Nation is part of the Reclaiming Futures National Initiative to engage communities in helping teens overcome drugs, alcohol and crime.

II. Reclaiming Futures

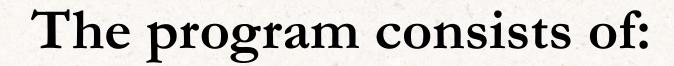
 Cherokee Nation Reclaiming Futures will serve Native American youth who are exhibiting problem behaviors associated with alcohol and/or drug use.

III Rclaiming Futures

 Both of these programs help participants to deal with their substance and/or alcohol issues through counseling, accountability, and monitoring

IV Reclaiming Futures

- It also requires a commitment from the participants (youth and family members).
- This will not be easy; therefore for that reason, we are here to assist them in this process.



- Alcohol/Drug Screening & Assessment
- Counseling
- Court Advocates Drug Testing
- Case Management
- Cultural Activities

Screening

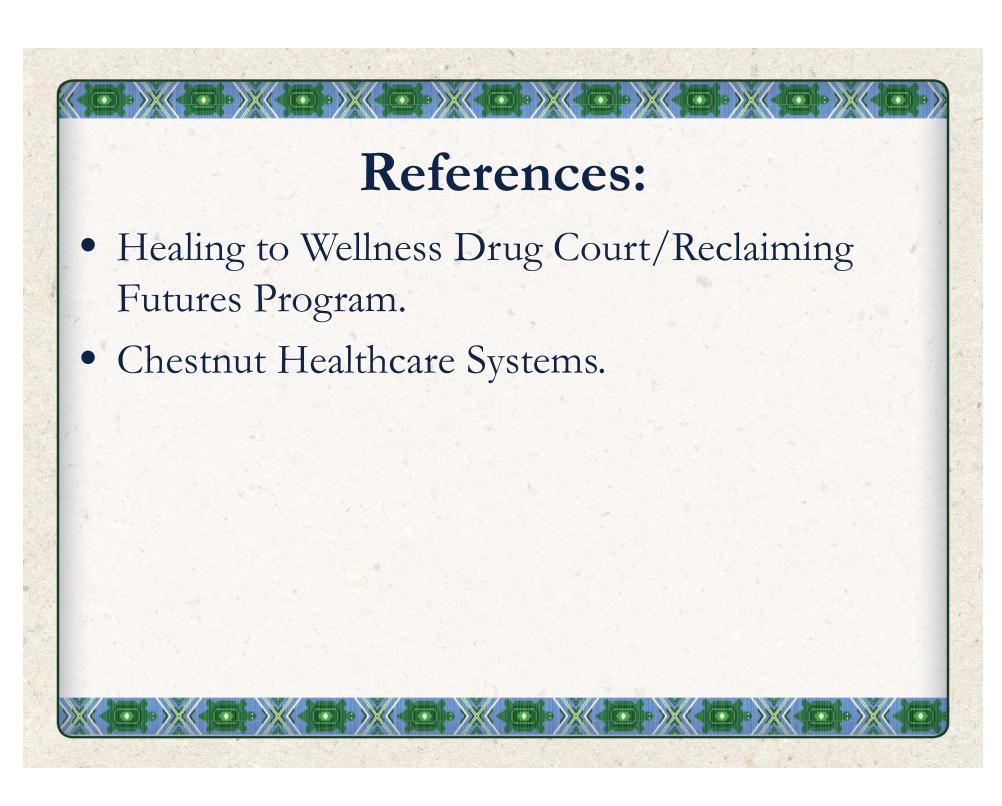
• Each youth will be screened for eligibility and acceptance into the program will be determined on a case by case basis.



- Between the ages of 12-17 years,
- A member of a Federally Recognized Tribe, and
- Have a substance abuse problem (as determined by an interview and a reputable assessment tool) and must live in Adair, Cherokee, Delaware, or Sequoyah County



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Contact Information

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- *This is a program operated by Cherokee Nation Human Services and Cherokee Nation Jack Brown Center.

Crisis Hotline Numbers

Suicide Prevention Lifeline Number:

• 1-800-273-TALK (8255)

National Domestic Violence Hotline:

• 1-800-799-SAFE (7233) or TTY 1-800-787-3224

National Child Abuse Hotline:

• 1-800-4-A-CHILD

Sexual Assault Hotline:

• 1-800-262-9800