



Indian Health Service 2012 NATIONAL BEHAVIORAL HEALTH CONFERENCE

Welcome

Building Collaborative Relationships
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and Kari Hearod



Mobilizing Partnerships to Promote Wellness



House Keeping

- Please be sure to sign in and out on the Sign In Sheets located near the entrance to this room.
- Please complete the evaluation at the end of this presentation.
- For more information on Continuing Education Units (CEUs), please visit the Registration Desk

Comfort Room

- To promote wellness and self-care, a Comfort Room is available in Room XXX for your use.
- If you need further assistance, please visit the Indian Health Service Division of Behavioral Health booth.



Our Beginnings:

- In August 2010, Choctaw Nation was awarded three grants from the Indian Health Service to address domestic violence and sexual assault within our nation. These grants are providing much needed resources to our most cherished citizens.

Choctaw Nation of Oklahoma

Voices for Survivors



seeks to decrease the incidence of domestic violence and sexual assault, and the trauma experienced by survivors

Services Provided

- ▶ Sexual Assault Nursing Exam (SANE) Unit
- ▶ Sexual Assault Response Team (SART)
- ▶ Victim Advocacy
- ▶ Forensic Interviewing (Child Advocacy Centers)
- ▶ Community Domestic Violence and Sexual Assault Prevention Education

Partnerships

- Development of a Sexual Assault Response Team consisting of agencies and professionals that contribute to services for our native men, women, children.
- Work to develop strategies to respond in an effective and cohesive manner to the needs of those served.
- Facilitate inter-agency training to improve coordination, communication and service provision for our native people.

**Building a relational network of relatives
who have relative understanding of the needs of our people**

Some of our “Relatives”

- Choctaw Nation Project Empower to Dream
- Choctaw Nation Victims Assistance
- Choctaw Nation Tribal Police
- Choctaw Nation Project SAFE
- Choctaw Nation Outreach Services
- Choctaw Nation Health Service Authority
- Oklahoma Child Advocacy Centers (state)
 - PCCARE, Kidz Kottage, Poteau Child Advocacy Center
- Little Dixie Service Agency Court Appointed Special Advocates, CASA (state)
- OK County Coalitions, Coordinated Response Teams, Multi-Disciplinary Teams

And the list goes on . . .

Sharing the work and building knowledge



Sustainability

- The building of relationships with a cross section of programs – SART members
- Sharing knowledge and work lightens the load for all
- Mentoring programs and individuals
- Layering the services with a transparency of communication

**Building from a shared dream
creates a reality beyond our individual hopes.**

Sustainability of the Collaborations

- Community sharing of resources and knowledge when necessary builds strength into all our programs
- Define team member responsibilities based on collaboration and be willing to evaluate as changes in programs occur.
- Be willing to cultivate “living” collaborations
If it is alive it changes, grows, blossoms . . .
Creating **Seeds of Change** for our communities.
- Cultivation of a sense of “control and ownership” among all team members

Collaboration Essentials

- Use of technology to aid in communication and collaboration
- Willingness to include new partners as collaboration efforts grow
- Developing a “Shared Language”



Sometimes we are just waiting for someone to lead the way.

Collaborative Essentials

- Early involvement and the availability of resources to effectively collaborate
- Effective collaboration requires building relationships and trust
- A culture that encourages teamwork, cooperation, communication and collaboration

“Make Collaboration Fun!”



Challenging our Comfort Zones



Building Collaborations

Building Trust

- Learning to Laugh with each other
- We process information differently
- We may see barriers when others don't
- Our comfort zones are different

Play with purpose

Am I Right

Group juggle

Wizards and Gelflings

Helium Stick

Trust leans

Wind in the Willow



Holitopa

Only when we are able to see within each individual the light of Holitopa that was placed within them by the creator

and we are able to hold ourselves accountable to ensuring the continuation and growth of that light,

Will we become a part of that which is sacred . . . Which is what we were meant to be.

Only then . . .

Will our cherished ones be safe.

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Contact Information

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Voices for Survivors

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Crisis Hotline Numbers

Suicide Prevention Lifeline Number:

- 1-800-273-TALK (8255)

National Domestic Violence Hotline:

- 1-800-799-SAFE (7233) or TTY 1-800-787-3224

National Child Abuse Hotline:

- 1-800-4-A-CHILD

Sexual Assault Hotline:

- 1-800-262-9800