## Lifespan Respite Care Program

## **Project Summary**

**Grantee Organization:** Utah Department of Human Services

State: Utah

**Project Period:** September 1, 2010 to August 31, 2013

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## **Project Overview:**

The Utah Division of Aging and Adult Services, Utah Aging and Disability Resource Center (ADRC), Veteran's Administration, Developmental Disabilities Council, National Alliance on Mental Illness Utah, Alzheimer's Association and other agencies of the Utah Coalition for Caregiver Support (UCCS) will initiate a coordinated statewide lifespan respite care program; The **goal** of the project is to improve access to information and lifespan respite.

The following **objectives** will be achieved: 1) institute a comprehensive lifespan respite care program with a single point of entry for caregivers seeking information, support, and respite with a telephone line and supported by web-based access to information; 2) expand respite care services and respite funding to family caregivers and care partners, and develop private funding sources to sustain lifespan respite; 3) implement a new "UCare" caregiver training program statewide for lifespan caregiver audiences and added modules related to the ADRC services and support to growing numbers of non-service connected Utah caregivers of Veterans with dementia; and 4) facilitate training and job access for candidates entering the field of professional caregiving and provide volunteer training for those desiring to provide lifespan respite care.

## **Outcomes and Products:**

Anticipated measurable **outcomes** will include increased numbers of caregivers served and caregiver well-being measured by pre-and post-screenings, numbers and satisfaction levels of new caregiver professionals served, and a statewide, coordinated lifespan caregiver support system measured by statistical reports and agency feedback

**Products** include a final report, cost analysis, presentations and manual to support replication by other states, a web-based caregiver support center, statewide Access Utah Network telephone helpline, and a lifespan respite conference.