



FOR IMMEDIATE RELEASE
October 12, 2012

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Forbes to Host Senior Information Sessions in Chesterfield and Chesapeake

Washington, D.C.— Congressman J. Randy Forbes (VA-04) announced today that he is hosting two free consumer awareness programs specifically designed for seniors. The meetings plan to provide tools for Seniors to make informed, long term healthcare decisions, give consumer information about identify theft and health care fraud and offer geriatric pharmacology suggestions. The events are to be held in Chesterfield on October 23, 2012 and Chesapeake on October 24, 2012. Both programs are free and open to all senior citizens and other interested residents of Virginia's Fourth Congressional District.

Chesterfield – October 23, 2012

WHO: **Congressman Randy Forbes,**
Emily Peron, Virginia Commonwealth
University Assistant Professor;
Gretchen Francis, Virginia Dep. of Aging's
Ombudsman to Capitol Connections;
Olivia Claud, Virginia State Corporation's
Bureau of Insurance Specialist

WHAT: Discussion about geriatric pharmacology,
making informed long-term care choices,
and health insurance fraud

WHEN: October 23, 2012
9:30 a.m. – Registration
10 a.m.-12 p.m. - Program

WHERE: Tyler's Retreat at Ironbridge
12005 Ironbridge Road
Chesterfield, Virginia 23832
(804) 706-1023

REGISTER: <http://forbeschesterfieldseniors.eventbrite.com>
Or Call 804-318-1363

Chesapeake – October 24, 2012

Congressman Randy Forbes;
Willie Alston, Virginia Commonwealth University
Associate Professor;
Kelechi Ogbonna, Virginia Department of Aging's
Ombudsman to Capitol Connections;
Olivia Claud, Virginia State Corporation's
Bureau of Insurance Specialist

Discussion about geriatric pharmacology,
making informed long-term care choices, and
health insurance fraud

October 24, 2012
9:30 a.m. – Registration
10 a.m.-12 p.m. - Program

Chesapeake City Council
First Floor, City Hall
306 Cedar Road
Chesapeake, Virginia 23322

<http://forbeschesapeakeseniors.eventbrite.com>
Or Call 757-382-0080

To ensure an adequate amount of resources are available for our participants, RSVPs are required for this event. Congressman Forbes and our panel of speakers look forward to your attendance.

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