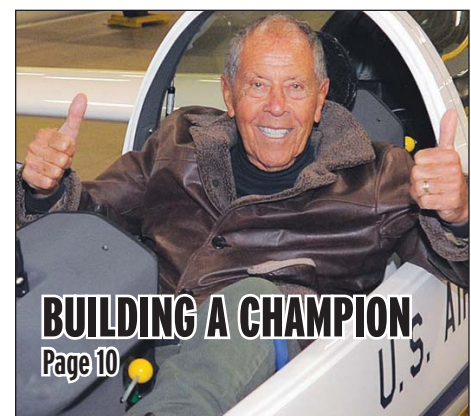


GIVING BACKAcademy kicks off AFAF campaign
Page 3**HELPING AIRMEN**ADAPT program provides alcohol, drug
abuse treatment options. Page 6**FINAL FOUR BOUND**Men's hockey to compete in AHA Final Four
competition. Page 12

ACADEMY SPIRIT



SARAH CHAMBERS

A final salute

Dennis Hall salutes the casket of his son, Capt. Ryan Hall, at the Air Force Academy Cemetery Monday. Capt. Hall died in the crash of a U-28 Aircraft on a surveillance and reconnaissance mission in Africa in February, in support of Operation Enduring Freedom. Dennis Hall is a 1970 Air Force Academy graduate. **See Pages 8-9 for complete coverage.**



The National Military Conservation Partner Award is given to a military installation for their accomplishments to promote conservation.

Academy receives conservation award

By Amber Baillie
Academy Spirit staff writer

The Air Force Academy's Natural Resources Office was selected as the winner of the 2011 National Military Conservation Partner Award March 1 by the U.S. Fish and Wildlife Service.

The award was presented twice in Atlanta, first at the National Military Fish and Wildlife Association's general session on March 13 and again at the National Fish and Wildlife Foundation and USFWS director's reception March 15.

The annual award was created by the Fisheries and Habitat Conservation program in 2004 to acknowledge a military installation for their outstanding accomplishments to promote conservation on military lands.

The award covers all aspects of conservation and natural resource management, said Brian Mihlbachler, the Fish and Wildlife Service's natural resources manager here. Highlights of the Academy's Natural Resources Office include its forest program, forestry management, mountain pine beetle control and Preble's Meadow jumping mouse conservation.

The Pueblo Chemical Depot, Umatilla Chemical Depot and natural resource programs at Fort Carson and the Academy are military installations administered from the Colorado Fish and Wildlife Conservation office in Denver. The office selects military partners to nominate for the award and chose the Academy.

"It's kind of unique that since 2004 there have been three programs that have won the award coming out of that office," Mihlbachler said. "At least eight (local offices) competed for this year's award, not to mention Kansas, Nebraska and North and South Dakota."

The Academy has been nominated for the regional award almost every year but has never received the national award. The Fish and Wildlife Service's Washington office and regional Sikes Act coordinators reviewed the 2011 installation nominees and selected the Academy.

"We're all about conserving and enhancing the natural resources here," Mihlbachler said. "We're trying to do that not only to meet (Defense Department) guidelines but also in basic support of the military mission."

See Conservation Page 5

Women's history reflected in 2012 poster

Defense Equal Opportunity Management Institute

PATRICK AIR FORCE BASE, Fla. — In observance of National Women's History Month, celebrated each year in March, the Defense Equal Opportunity Management Institute proudly announces the availability of original artwork available for download from DEOMI's public website, www.deomi.org.

A PowerPoint presentation and "Facts of the Day" document for use during observance programs will also soon be available on the site. To get to the download page, simply click the poster image on this news release.

National Women's History Month is an opportunity to honor and celebrate women's historic achievements. By 1986, 14 states had already declared March as Women's History Month. This momentum and state-by-state action was used as the rationale to lobby Congress to declare the entire month of March 1987 as National Women's History Month. In 1987, Congress declared March as National Women's History Month in perpetuity. A special presidential proclamation is issued every year to honor the extraordinary achievements of American women.

Each year, National Women's History Month employs a unifying theme and recognizes national honorees whose

"I'm not afraid of storms, for I'm learning how to sail my ship."

- Louisa May Alcott

work and lives testify to that theme. For 2012, the theme is "Women's Education – Women's Empowerment."

According to the National Women's History Project website, although women now outnumber men in American colleges nationwide, the reversal of the gender gap is a very recent phenomenon. The fight to learn was a valiant struggle waged by many tenacious women — across years and across cultures—in our country. After the American Revolution, the notion of education as a safeguard for democracy created opportunities for girls to gain a basic education, based largely on the premise that, as mothers, they would nurture not only the bodies but also the minds of (male) citizens and leaders. The concept that educating women meant educating mothers endured in America for many years, at all levels of education.

Pioneers of secondary education for young women faced arguments from physicians and other "experts" who claimed either that females were incapable of intellectual development equal to men, or that they would be harmed by striving for it. Women's supposed intellectual and moral weakness was also used to argue against coeducation, which would surely be an assault on purity and femininity.

"...To ignore the vital role that women's dreams and accomplishments play in our own lives would be a great mistake. We draw strength and inspiration from those who came before us - and those remarkable women working among us today. They are part of our story, and a truly balanced and inclusive history recognizes how important women have always been in American society."

- Virginia Woolf

Emma Willard, in her 1819 Plan for Improving Female Education, noted with derision the focus of women's "education" on fostering the display of youth and beauty, and asserted that women are "the companions, not the satellites of men" — "primary existences" whose education must prepare them to be full partners in life's journey.

While Harvard, the first college chartered in America, was founded in 1636, it would be almost two centuries before the founding of the first college to admit women: Oberlin, which was chartered in 1833. And even as coeducation grew, women's courses of study were often different from men's, and women's role models were few, as most faculty members were male.

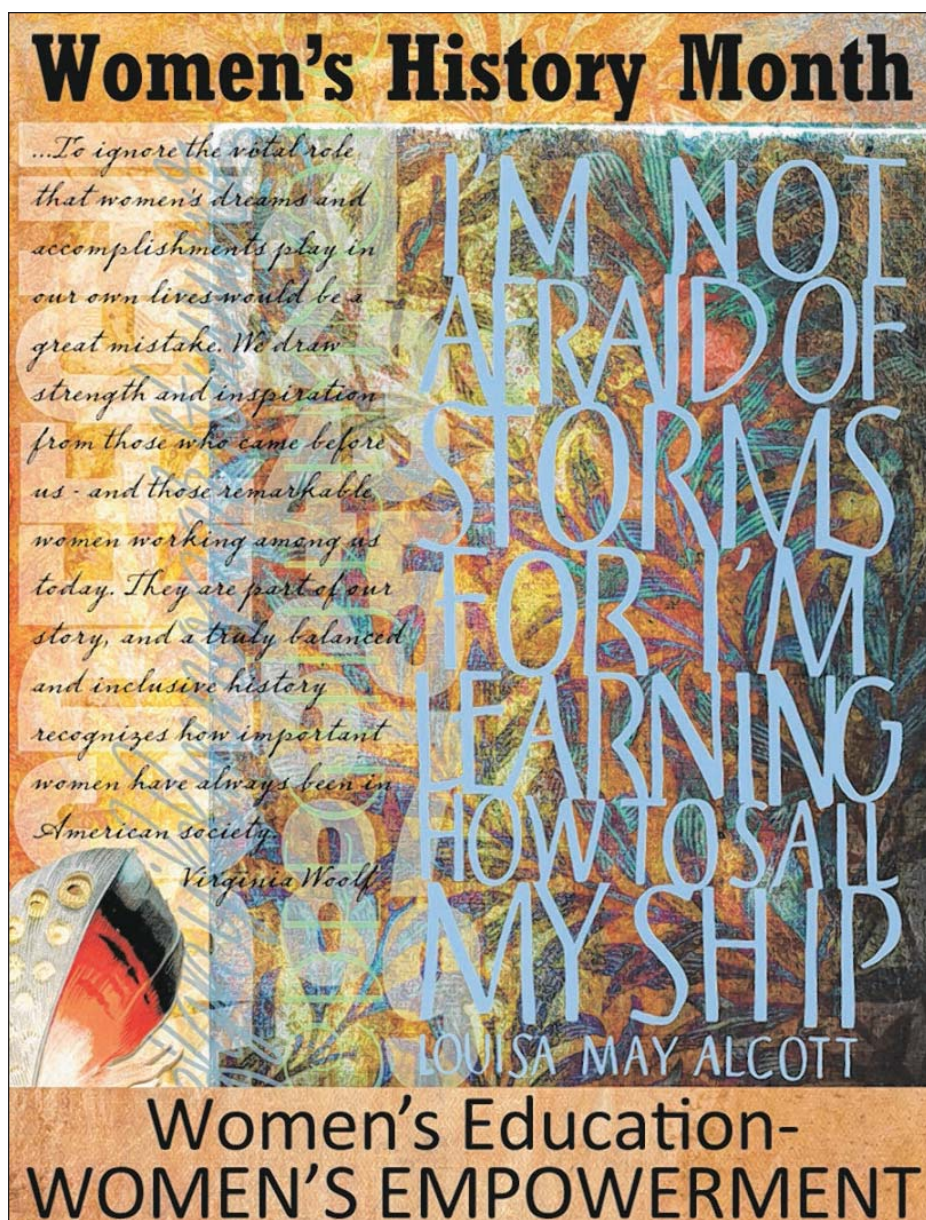
Harvard itself opened its "Annex" (Radcliffe) for women in 1879 rather than admit women to the men's college, and single-sex education remained the elite norm in the U.S. until the early 1970s. As coeducation took hold in the Ivy League, the number of women's colleges decreased steadily; those that remain still answer the need of young women to find their voices, and today's women's colleges enroll a far more diverse cross-section of the country than did the original Seven Sisters.

The equal opportunity to learn, taken for granted by most young women today, owes much to Title IX of the Education Codes of the Higher Education Act Amendments. This legislation, passed in 1972 and enacted in 1977, prohibited gender discrimination by federally funded institutions. It has become the primary tool for women's fuller participation in all aspects of education from scholarships, to facilities, to classes formerly closed to women. Indeed, it transformed the educational landscape of the United States within the span of a generation.

The graphic elements chosen for DEOMI's 2012 Women's History Month poster include quotes from Virginia Woolf reflecting women's worth in American society and from Louisa May Alcott on overcoming adversity, said Peter Hemmer, a DEOMI illustrator. The floral wallpaper and feather signify growth through education and limitless opportunity through empowerment.

While all DEOMI-published themes are representative of the Defense Department, this does not preclude an organization from creating their own theme or using previously published themes. All DEOMI observance month poster files are in the public domain unless otherwise indicated: simply credit the illustrator or the Defense Equal Opportunity Management Institute when using the artwork.

For more information about National Women's History Month, please visit The National Women's History Project at: <http://www.nwhp.org/whm/history.php>.



ACADEMY SPIRIT

To responsibly inform and educate the Academy community and the public about the Air Force Academy

Lt. Gen. Mike Gould — Academy Superintendent
Lt. Col. John Bryan — Director of Public Affairs
Gino Mattorano — Editor
Don Branum — Staff Writer
Amber Baillie — Staff Writer
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Send submissions to: usafa.pai@usafa.af.mil. Deadline for free classified ads on a space-available basis is noon every Tuesday for that week's publication date. Paid classified publishing is accepted by the publisher at 719-444-7355. The number to call for display advertising is 636-0306.

Deadline for all stories is noon Friday, one week prior to the desired publication date. Refer questions to the Academy Spirit editor at 333-8823.

The Academy Spirit also accepts story submissions by fax at 333-4094 or by email: pa.newspaper@usafa.af.mil.



Academy kicks off AFAF campaign

By Don Branum
Academy Spirit staff writer

Installation project officers, key workers and senior leaders met briefly on Wednesday to prepare for the Academy's 2012 Air Force Assistance Fund campaign.

The campaign's goal is to raise more than \$75,000 between Monday and May 4.

Brig. Gen. Cathy Chilton, the mobilization assistant to Academy Superintendent Lt. Gen. Mike Gould, spoke briefly about the campaign's importance to the Air Force family.

"As General Gould said in the staff meeting this morning, we only pass the hat twice a year. This is the time when you can really make a difference for the people sitting to your left and your right," Chilton said.

"Don't focus on the goal. Focus on the theme of commitment to caring. It goes back to what General Gould talked about during our resilience day in January: Make a difference to those around you, to Airmen and their families," Chilton continued.

The Air Force Assistance Fund raises money for



Brig. Gen. Cathy Chilton speaks to Air Force Assistance Fund volunteers during a meeting in Arnold Hall March 14. The Air Force Academy's AFAF drive seeks to raise more than \$75,000 between March 19 and May 4. Chilton is the mobilization assistant to the Academy superintendent.

DON BRANUM

four organizations: the Air Force Aid Society, the Air Force Village, the General and Mrs. Curtis E. LeMay Foundation and the Air Force Enlisted Village. Chief Master Sgt. David Staton, the 10th Air Base Wing command chief, said every one of the organizations is by Airmen, for Airmen.

"They're all great organizations," he said. "We're all Airmen -- taking care of other Airmen is what we do. It's almost our civic duty."

One of the unit key workers, Staff Sgt. David Cook, provided a testimonial on how the Air Force Aid Society helped him during a key moment in his life.

"Shortly after I came in, my father had a heart attack," said Cook, who was in the security forces career field at the time. "As an airman basic, I was sending money home, trying to help out, trying to help pay the rent."

Cook's father's condition grew worse, then terminal. The Air Force cross-trained him into a career field with a lower deployment tempo and gave him a humanitarian assignment to Scott Air Force

Base, Ill., near Chicago, where his father lived with his sisters, who were 18 and 17.

"I took on my 17-year-old sister as my dependent. I had to get a car, and I had to help my sister make it through high school."

He turned to AFAS for a loan to help pay for the expenses associated with his father's funeral.

"Later on, they turned a large, large loan into a grant," he said. "They do a very good job of taking care of Airmen."

Staton said Airmen need to hear about stories like Cook's when they receive donation forms from key workers.

"Give them some of the stories," he said. "The reason why Airmen are so great is because our hearts are bigger than our bodies. Let's make this successful and awesome."

Though the campaign is aimed primarily at active-duty, Reserve and retired Airmen, civilians may also contribute, said Capt. Jesse Lynn. Lynn and Senior Master Sgt. Kara Dubin are the Academy's installation project officers for the 2012 campaign.

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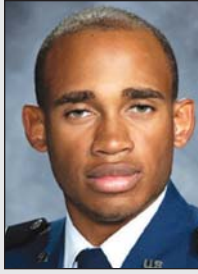
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Speed, distraction both factors in cadet's death

An investigation into the single-car accident that killed a cadet at the Academy last December was completed by the 10th Security Forces Squadron on Monday.



Cadet 2nd Class
Stephen Williams

Cadet 2nd Class Stephen Williams died of injuries Dec. 10 after he lost control of the car he was driving westbound on the installation's Academy Drive.

Williams died on impact after the car jumped the curb, vaulted off the ground, then flew through the air more than 60 feet, and landed in a ravine.

The Colorado State Patrol listed speed and driver distraction as factors in the accident. Alcohol was not a factor.

Williams was a manager for the Air Force Falcons football team and a systems engineering management major. He was from Philadelphia, where he is buried.

10th MDG nurse recognized

By Don Branum
Academy Spirit staff writer

The 10th Medical Group's Perioperative Services Flight commander was recognized as one of six luminaries for the Florence Nightingale Award for Leadership in Clinical Practice during a ceremony in Colorado Springs March 3.

Lt. Col. Lisa Cole and the other luminaries from the Colorado Springs Nightingale Committee will be considered for a Nightingale Award from the Colorado selection committee.

Recommending Cole for the award were 10th MDG Commander Col. Timothy Ballard and 10th MDG Chief Nurse Executive Col. Judy Gavin.

"I have had the pleasure of working with (Cole) for the past six months," Ballard wrote. "Cole's leadership and dedication to the profession of nursing is evident in outcomes of the projects she undertakes. Her actions are truly a testament to the quality of Air Force nursing."

Cole "exemplifies a nursing leader who is sought out for clinical expertise and business acumen," Gavin wrote in her letter of recommendation. Cole

was one of five nurses selected from a pool of 330 for the operating room board of directors.

Cole was also instrumental to the joint incentive project between the 10th MDG and the Department of Veterans Affairs, directing more than \$650,000 of equipment purchases as well as orientation and training for 15 staff members, Gavin wrote. She has supervised the VA group completing 465 cases in its first year of operations here.

In addition, Cole represents 12 hospitals as a voting member of the Air Force Medical Operations Agency, the Air Force Medical Support Agency and the U.S. Army Medical Information Technology Center for three Defense Department-level medical information systems.

Cole spearheaded the 10th MDG's installation of a surgical scheduling system and anesthesia recording and monitoring device to accurately and electronically document care, Gavin wrote in her recommendation. This, in addition to other improvements to minimize down time between cases, led to the Air Force surgeon general's comment that the 10th MDG's Ambu-



DON BRANUM

Lt. Col. Lisa Cole is a finalist for the Florence Nightingale Award.

latory Surgery Unit "is the Air Force's benchmark."

Cole is a native of Lansing, Mich., who joined the Air Force in 1991 after graduating from the University of Tennessee-Chattanooga. She said she was a little shocked to discover she'd been named as one of the local luminaries.

"It's an awesome award, and I'm excited," she said. "I just see it as doing my job."

The Nightingale Awards were founded in 1985 to honor nurses who best exemplify the philosophy and practice of Florence Nightingale, according to the Colorado Nurses Foundation's website, www.cnfound.org.

AF invests in robust 'spice' testing

By Tech. Sgt. Jess Harvey
Air Force Public Affairs

WASHINGTON (AFNS)— The Air Force is currently conducting urinalysis testing for spice chemicals through a civilian laboratory and will field an in-house urinalysis testing capability for spice and other designer drugs that carry synthetic cannabinoids in mid-March.

Synthetic cannabinoids are chemicals functionally and biologically similar to THC, the active ingredient in marijuana.

These chemicals are typically found in powder form or are dissolved in appropriate solvents, such as acetone, before being sprayed on plant material often contained in packages labeled as "herbal incense" and smoked by users.

The use of designer synthetic chemicals, such as spice, and other intoxicating substances, other than alcohol and tobacco, are strictly prohibited for Airmen according to Air Force Instruc-

tion 44-120, "Military Drug Demand Reduction Program," and AFI 44-121, "Alcohol and Drug Abuse Prevention and Treatment Program," but the Air Force and the rest of the Defense Department hasn't had a robust way to test for these synthetic chemicals, said Maj. Seth Deam, an Office of the Judge Advocate General special counsel.

"While the spice chemicals may mimic the effects of marijuana and have been termed a 'legal' high, a number of these chemicals have been banned by countries around the world, by the U.S. Drug Enforcement Agency, and by at least 40 states in the U.S.," Deam said.

Not only is the use of these synthetic-cannabinoids illegal for Airmen, it can also be extremely dangerous, said Dr. Aaron Jacobs, the program manager of Air Force Drug Testing.

Studies have shown that the concentration of chemicals varies, even within the same brand. And, Jacobs said, the side effects - including hallucinations,

rapid heart rate, paranoia, agitation and vomiting - may have long-term health consequences. That's why officials have focused efforts on deterring and enforcing the policies against using spice.

"Prior to us being able to conduct urinalysis testing to detect spice use, we relied on ordinary investigation methods such as interviews and searches," Deam said. "These methods led to a significant number of prosecutions, nonjudicial punishments (Articles 15) and adverse administrative actions - including administrative separation."

According to numbers released by the Air Force Legal Operations Agency, Military Justice Division, both spice prosecutions and non-judicial punishment actions increased last year. The Air Force had 108 spice courts-martial cases in 2011, more than twice as many as in 2010, according to the agency's report. Also, nearly one third of all Air Force drug courts-martial in 2011 included an offense involving spice.

The agency also said the Air Force administered 448 Articles 15 in 2011 that included the use of spice - more than

half of all Air Force Articles 15 given out for all types of drug abuse in 2011, and a 37 percent increase over 2010.

"To detect and deter the apparent rise in spice use among Airmen, Air Force officials provided funds to stand-up an organic spice testing capability," said Lt. Col. Michelle Ewy, the Air Force Drug Testing Laboratory commander.

The Air Force spent approximately \$480,000 to purchase two specialized instruments capable of detecting the unique metabolites in urine indicative of spice ingestion. The Air Force is also contracting for two forensic toxicologists and five laboratory technicians.

"Bottom line is this: Every Airman knows that the use and possession of intoxicating substances, other than alcohol and tobacco, is prohibited in the Air Force," said Col. Don Christensen, the Air Force's chief prosecutor. "This added capability will provide an important tool to deter use of these dangerous drugs and to identify those who put themselves and others at risk by abusing them. Every Airman is now potentially subject to urinalysis testing for spice."



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Conservation

From Page 1

Mihlbachler said that their work at the Academy is long-term management, so that cadets in the future can have the same land size and conditions available for training as cadets do today.

“Ultimately, the land base here is a resource for military training outside of educational training: for things like Jacks Valley training, orienteer-

ing, survival training or whatever else cadets are doing,” Mihlbachler said. “Our mission is to try and maintain some continuity in terms of the quality of environment out here, not only for the natural resource perspective but also the mission support perspective.”

The North American Wildlife and Natural Conference takes place in Atlanta March 12-17. Mihlbachler said the conference is a high-level meeting

with agency heads, program managers, budgeters and non-governmental organizations.

“It’s an opportunity for people to get together and talk at a higher level about policy and what’s going on with natural resources management,” he added.

Mihlbachler said it’s great to receive the award and input from active-duty personnel, retirees and residents on base who appreciate the environment

at the Academy.

“It’s kind of a unique opportunity where you’ve got the training resource, the university aspect of this area as well as open space that provides a lot of good habitat for wildlife, wildlife viewing opportunities and opportunities for outdoor recreation,” Mihlbachler said. “It’s gratifying to be recognized for being a part of maintaining an available resource on the Academy.”



The Air Force Academy’s Natural Resources Office, which manages forests and wildlife on the 18,500-acre installation, was selected as the winner of the U.S. Fish and Wildlife Service’s 2011 National Military Conservation Partner Award winner on March 1.

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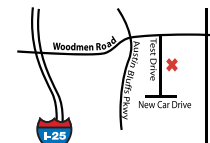
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Drug, alcohol program offers effective prevention, treatment tools

By Amber Baillie
Academy Spirit staff writer

The Alcohol and Drug Abuse Prevention and Treatment Program at the Academy provides education, outreach and treatment programs for Airmen with a substance issue and offers group-based and educational treatment to ensure an Airman with a drug or alcohol problem can return to active duty.

Maj. Lisa Mull, a clinical psychologist at the Academy's Mental Health Center who oversees ADAPT, said that there are a few different ways a patient can come to the program.

Airmen or cadets may refer themselves to ADAPT, or they may be referred by a medical provider, their commander or a positive urinalysis test from the Drug Demand Reduction Program, Mull said.

"Our program is different from other mental health programs because our technicians do most of the care whereas at most clinics, the providers provide most of the care," she added.

Counselors conduct a drug and alcohol assessment through the Substance Use Assessment Tool, a computer-based test that asks patients about their drinking and physiological history. If a patient meets the criteria for the diagnosis, he meets with his commander, counselor and primary care manager to discuss treatment options.

"Treatment depends on the diagnosis and level of care that they need,"



Mull said. "The highest level of care would be an impatient program, in which we usually refer patients to a 28-day program. A step down from that would be an intensive outpatient program in which we would

refer patients to a three-days-a-week, three-hours-a-day program. A step down from that would be a treatment within our program to do outpatient treatment once or twice a week."

Maj. Wendy Cole, a psychiatric nurse practitioner at the Mental Health Clinic, said the clinic conducts motivational interviews with patients to determine what factors will motivate toward healthier drinking habits.

"We want to look at genetic predisposition as well as their psychosocial situation and what's motivating them," Cole said. "We look to see if their current activities are conducive to achieve the goals"

Patients can be involved in the ADAPT program for six months to a year. Once they've completed an intensive program, patients participate in After Care at the clinic, to make sure they will integrate the lessons that they've learned in treatment, into their life and will make healthy choices in the future.

"We want to make sure that they'll

continue with those things in their life to support that resiliency and so they can be involved in important parts of their community, home and at work," Cole said.

Cole said that substance abuse treatment is not necessarily a career-ender.

"You'll talk to chiefs who had an incident; they got treatment. It's about resiliency," Cole said. "They learn from it and move on to achieve great things, but it gives them the opportunity to see a kinder, gentler face of the military in support of their progression."

One of the educational tools that ADAPT uses is a drunk cart, where students drive a cart with drunk goggles on to demonstrate the different levels of intoxication.

"The typical individuals who say 'I have no issue driving drunk' get together and witness how they in fact, do have issues because their depth perception is affected, their motoring skills are affected. It's a fun way to show a negative impact with alcohol," said Staff Sgt. Michael Barnette, a mental health technician at the clinic and NCO in charge of ADAPT. "A lot of people, especially those who under 21, will suddenly become sick, disoriented and notice that their equilibrium is affected. It's a good way for them to realize what they're facing if they start drinking."

Master Sgt. Theresa Coccoziello, the Mental Health Flight chief at the Mental Health Clinic, said that they

also conduct mock field-sobriety tests and heel-toe tests, as well as having students throw objects to a Velcro board to recognize that their depth perception is off.

"Because we're a military college, it's huge for (cadets) to not only understand that yes, you're a college kid but you're also a military college kid," Coccoziello said. "We want them to have an understanding that this is what the military expects from you and make sure that we provide them with a lot of intervention and education because they're going to be the officers of tomorrow."

Cole said that when the latest, greatest and newest drug of abuse surfaces, the staff tries to find as much research possible so they can provide solid, scientific information for the command.

"For example, we've tried to look at what things are in the spice drug to let people know that it's not 'just like weed' and that it has properties that are pretty significant and could be devastating," Cole said.

The clinic has received positive feedback from treatment centers about the program and has had few patients return to the clinic after they've received treatment.

"We haven't had much recidivism," Coccoziello said. "I've been here for long time, and I would say that I've seen maybe a handful of people come back after a six-year period of time. I think our program is well-organized to help sustain the tools that we've taught them."

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CLUES ACROSS

1. Duck cartoon character
6. Town in Guinea
11. Upright posture
12. Rest on your knees
13. Move upward
15. Disposed to take risks
18. Makes a sweater
19. Grooved surface of a tire
20. Identical in kind
21. Radiotelegraphic signal
24. "Picnic" author William
25. Bashkir Republic capital
26. Male highlanders
30. Doing several things at once
32. Title of respect
33. Old world, new
35. "Sophie's Choice" actress
43. Encloses completely
44. Decaliter
45. Makes angry
48. Commercial free network
49. Latvian capital
50. Tycho __, Danish astronomer
52. Leave slowly and hesitantly
53. Harm to property
55. Dining, pool and coffee
56. Remove all traces of
58. Yemen capital
59. Passover feast and ceremony
60. Trenches

CLUES DOWN

1. Proper fractions
2. Ridgeline
3. Marshland area of E. England
4. Flood Control District
5. Canadian province (abbr.)
6. Project Runway designer judge's initials
7. Along with
8. Orderly and clean
9. A short-barreled pocket pistol
10. Extraterrestrial being
13. Ancient capital of Ethiopia
14. Goof
16. Annoy constantly
17. Haitian monetary unit (abbr.)
21. Arrived extinct
22. Belonging to a thing
23. Toungue click
26. Fireman's signal
27. Connecticut
28. 3rd tone of the scale
29. Language spoken in Russia
31. Split occupancy
34. Diacritics for s's
36. Mobile camper
37. Affirmative (slang)
38. Bachelor of Laws
39. __ Angeles
40. State police
41. U.S. gold coin worth 10 dollars
42. Bets on
45. Million barrels per day (abbr.)
46. Macaws
47. Julie Andrews and Judi Dench
49. Capital of Morocco
51. Oh, God!
52. __ Carvey, comedian
54. Point midway between E and SE
55. Principle of Chinese philosophy
57. Trauma center
58. Atomic #62

SUDOKU

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9						5			
6			2		9		1		
		4							8
		6			8		4		3
						9	8		
		9	7	4					

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Solution on page 15 Level: Advanced

Connecting with community

Families attend deployment networking event

By Amber Baillie
Academy Spirit staff writer

Families ate, played games and mingled at the third Deployment Networking Summit March 8 at the Academy's Youth Center.

Twenty-one Airmen and family members attended the event to ask questions about deployment and connect with other military members and families before they deploy.

"They're supposed to wear the country that they're going to, look for somebody with a different colored name tag and say something like, 'They're going to (Southwest Asia); I just got back from (Southwest Asia). Let me go and tell them some stuff about it,'" said Master Sgt. Lisa Taylor, NCO in charge at the Airman and Family Readiness Center. "That's the purpose of the event and to build that networking for deployment."

The event consisted of information booths, a children's bouncy house, basketball and free sub sandwiches and dessert.

"It's nice because my kids can play and my wife can get information," Capt. Raymond Magallanez said. "It's a nice environment: They provide food and it offers good networking opportunities."

The theme for the summit was "Strengthening the Mission" and consisted of 15 leadership and ancillary agencies such as the Academy's Health

and Wellness Center, Mental Health and Family Advocacy, Chaplain's office, Finance Department and military life consultants.

Kristin Clark, a social worker, represented the Mental Health and Family Advocacy Program.

"We just want families to come out, get some information and have a good time," Clark said. "I think families go through so much during deployment, and there are so many resources available to help them."

Clark said they have programs that zone in on family issues in the midst of deployment.

"We have programs that deal with discipline, say if a child acts out when a parent is deployed," Clark said. "We have parenting classes, guidance counselors and stress management available."

Lt. Col. Michael Jacobson, who will deploy later this year, said he enjoyed the social opportunity. Jacobson is the Headquarters Section commander here.

"It's great to network and find out where folks are and where they've been," Jacobson said. "I was able to talk to a young lady whose husband is currently in Afghanistan which was interesting to hear."

Taylor created the event in hopes to support deployed families and get the word out about resources on base.

"Typically families will not come to us during a deployment because they don't know anybody or feel comfort-



Master Sgt. Lisa Taylor uncovers sandwiches at the deployment networking summit.

AMBER BAILLIE

able," Taylor said. "However, if we can build those foundational ties, in the beginning before the deployment, at the unit level, squadron level and group level, then we have those strong ties where families feel connected and comfortable."

Taylor said that it's important for families to connect with the Air Force community in case of a crisis.

"When we get emergencies, like if something happens and someone is home, a vehicle repair or health issue, they're not in that panic mode if they have that support prior," Taylor said. "That's what we're trying to prevent, to make sure that people feel connected and comfortable going to somebody for help versus feeling like they're alone."

Taylor helps take care of deployed families and gives them information about what's going on at the Academy.

"I give all the pre-deployment briefings and integration briefings as a service member but then connect with the family while their gone," Taylor said. "In addition to me, the key falcons and units are supposed to connect with the

families while they're gone."

Taylor said that if families don't connect with the community, they'll miss out on free, convenient resources.

"There's a lot of stuff out there that people are unaware of, for instance, free child care to give parents a break as well as free oil changes," Taylor said. "It's like a world wind when they're trying to leave for deployment and a lot of times, information is missed because they're overwhelmed and don't look at those resources."

The event was briefed last year at a family resilience conference hosted by the Defense and Agriculture departments and submitted for an Air Force best practice.

"The hope is that it'll be suggested for implementation at all military installations," Taylor said. "When it comes to all services branches and all who are stationed here, it's nice to do this event specifically to combine efforts and make a stronger community."

The next deployment networking summit is scheduled for Sept. 13 from 6-8 p.m. at the Falcon Trails Youth Center.

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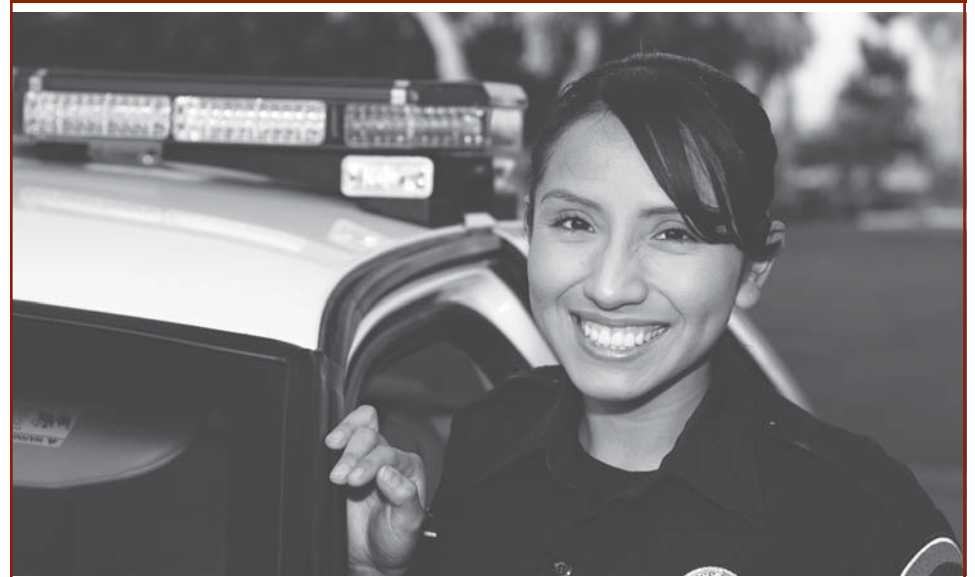


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A portrait of Capt. Ryan Hall, as well as a family photograph adorn the sanctuary at the Air Force Chapel, at his funeral service Monday.



SARAH CHAMBERS

Fallen pilot 'has come home'



ELIZABETH COPAN

An Air Force carry team transports the casket of Capt. Ryan Hall at Peterson Air Force Base, after arrival.

Capt. Ryan Hall's life remembered, celebrated

By Don Branum
Academy Spirit staff writer

The pilot of a U-28A Aircraft that crashed near Camp Lemonnier, Djibouti, on Feb. 18 was laid to rest at the Air Force Academy Cemetery March 12.

Capt. Ryan Hall, 30, was a native of Colorado Springs and the son of 1970 Academy Graduate Dennis Hall.

"By the size of the turnout, you can see Ryan touched the lives of everyone he met," the elder Hall said. "People here traveled from as far away as Guam and Afghanistan."

Hall thanked Lt. Gen. Mike Gould, the Academy superintendent, for approving the family's request to lay Ryan to rest in the Hall family plot at the cemetery. He also thanked Colorado Gov. John Hickenlooper for

directing all state agencies to fly their flags at half-staff in Ryan's honor.

"Ryan has come home," Hall said. "While there will be moments of sadness, today is a day of celebration, because we love him and we hope that we will see him again in Paradise."

Hall was assigned to the 319th Special Operations Squadron at Hurlburt Field, Fla. His deployment to Djibouti in support of Operation Enduring Freedom was his seventh since joining the Air Force in 2004.

"Hall's skill as a pilot, leadership as an officer and compassion as a friend left an indelible mark on all of us," said Lt. Col. Patrick Daley, the 319th SOS commander, during a memorial ceremony at Hurlburt Field Feb. 28. "A true quiet professional, Ryan's teaching groomed a whole generation of air commandos."

Hall "knew the risks of what he was doing, but he was not afraid of failure. That's what made him great," said Rev. Philip Erlander, who conducted the ceremony along with Chaplain (Capt.) Kyle Hundley, one of the Academy's chaplains.

He was also a devout Lutheran, Erlander said. The last text message he had sent to one of his brothers included a reference to Acts 20:24. His girlfriend, Marianne Vicente, found the same verse on a handwritten note between his bed and nightstand shortly after his death.

Hall is survived by his parents, Dennis and Kliffa Hall; his brothers, Brandon and Damon, and his grandmothers, Jean Hall and Nayda Nunn. He was one of four Airmen who died in the Feb. 18 U-28 accident: Also killed were Capt. Nicholas Whitlock, 1st Lt. Justin Wilkens and Senior Airman Julian Scholten. All four were assigned to Hurlburt Field's 1st Special Operations Wing.

Memorial Contributions

The family of Capt. Ryan Hall has asked that any memorial contributions be made to one of the following two organizations. Online donations or checks should be marked "Ryan Hall" in the subject or memo line.

- Lutheran World Relief
www.lwr.org
- USO Families of the Fallen
116 Purple Heart Drive
Dover Air Force Base, DE 19902



AIRMAN 1ST CLASS GUSTAVO CASTILLO

A display of tactical gear rests on a stage during a memorial ceremony inside Freedom Hangar at Hurlburt Field, Fla., Feb. 28. The ceremony was held to honor the service and contributions the four fallen Airmen made to their country, including Capt. Ryan Hall. Hall was assigned to the 319th Special Operations Squadron at Hurlburt Field.



SARAH CHAMBERS

Dennis and Kliffa Hall, parents of Capt. Ryan Hall, receive the flag from their son's casket at the Air Force Academy Cemetery Monday.

Nick Bollettieri flashes two thumbs up from the cockpit of a glider at the Air Force Academy Airfield Feb. 22. Bollettieri, who spoke at the Academy's 2012 National Character and Leadership Symposium, is a tennis coach who has developed such players as Andre Agassi and Monica Seles.

PHOTOS BY RAYMOND MCCOY

Bollettieri: on becoming a champion

Tennis legend shares secrets to success

By Amber Baillie
Academy Spirit staff writer

When Nick Bollettieri decided to coach former number one tennis champion, Boris Becker, he didn't pay much attention to the techniques of the game or how he had won Wimbledon at just 17 years old. Instead, Bollettieri looked at how Becker trained and his mental attitude.

You must be mentally strong to be a champion.

Bollettieri, world-renowned tennis coach and founder of IMG Academies, spoke to cadets at this year's National Character and Leadership Symposium on how to be a winner for life. Bollettieri shared stories on his childhood, family and career in professional tennis to outline what it takes to be a champion.

Bollettieri said that you can't build a champion.

"I don't believe that you can make a champion," Bollettieri said. "I believe people have to have certain things and if they're with the right support team, have to develop those certain things that can get them to higher degrees."

Bollettieri has worked with ten No. 1 tennis players in the world, including Andre Agassi, Maria Sharapova and Venus and Serena Williams. He said the first step to becoming a champion is to refuse to lose.

"No matter what the score is, it ain't over until it's over, baby," Bollettieri said. "It's how you deal with the unknown, adversity and also not showing the opponents any negativism."

Bollettieri's longtime friend and tennis coach, Brad Gilbert, used to play tennis so terrible that



Bollettieri would cringe when he would watch him on the court. Despite his atrocious form, Gilbert had the right mentality to win.

"I would watch him play and wear three pairs of sunglasses because his strokes were terrible," Bollettieri said. "But he knew how to get into your head, break you down and got to number four in the world."

Bollettieri said that the same concept applies to the military.

"If you give a negative vision, the other guy and lady can read you," Bollettieri said. "The biggest thing is that you're part of the team and when one member of the team has to worry about the other member of the team doing their job, you can't complete the mission."

Not every day can be perfect. Bollettieri said that people tend to dwell on their imperfections rather than dig in to the facts.

"Agassi said it brilliantly, you don't have to be perfect to be a winner; all you have to do is be a little better than that person that day," Bollettieri said. "It's about being strong mentally and learning how to play the big points."

Tennis came unexpectedly for Bollettieri. He wanted to be a star football player and when that didn't happen, he joined the tennis team his junior year of college.

When something unexpected happens in life, Bollettieri asked cadets, how will you respond?

"If it happens to you, are you going to throw up the white flag? Or are you going to find a solution?" Bollettieri said. "Whether in the military, out of the military, as a parent, or as an educator, you must be able to adjust each day to the facts that exist and

find a solution."

Failure is necessary. Bollettieri said that you have to fail in order to get better and that most people take failure as the end of the world.

"If you don't fail, you can't be a champion," Bollettieri said. "When you fail, you come back to do it a little differently, a little stronger mentally and a totally different approach."

After spending three days at the Academy, Bollettieri said that he thinks cadets have the right attitude.

"They're very sure of themselves but humble," Bollettieri said. "They're not sure in a way that they're cocky, but sort of set themselves almost equal, which I think is important especially if one team member is relying on another member of the team."

Bollettieri immediately sensed the team spirit, discipline and commitment at the Academy.

"Cadets are hungry for information and the coaches and teachers here live for this stuff," Bollettieri said. "It's not about me, it's about 'we' as a team here, and that's the difference."

Bollettieri said that the difference between a champion and a non-champion is that a champion takes action.

"The champions play the big points to win and the non-champions pray for the opponent to make an error," Bollettieri said. "Champions don't pray to win; they hit the ball to win."

Bollettieri said that the same idea applies in aerial warfare.

"When you're in the dogfight, you don't just go at the person that's there, play defense and go away," Bollettieri said. "You go right at it."



Air Force wins Mountain West 'Pack the House' challenge



MIKE KAPLAN

A crowd of 2,507 fans cheers on the Falcon women's basketball team in a game against TCU Jan. 25.

For the second-straight year, Air Force was one of 32 winners in the NCAA Division I "Pack the House" Challenge, earning the honor for the Mountain West. "Pack the House" is a national effort in which conferences and institutions compete to build women's basketball attendance.

Participating schools in the initiative selected a home game and designated that date as a "Pack the House" game with the goal of setting an attendance record. One winner from each conference and one from a group of independent institutions were named. Selections were based on marketing plan creativity and attendance criteria. The NCAA will award prizes and donate \$500 to the nonprofit organization of each winning institution's choice.

This year, 153 Division I institutions, participated in the effort, attracting more than 431,000 fans. Air Force hosted a season-high 2,507 fans during its game versus TCU on

Jan. 25, marking just the second time since the 2007-08 season that more than 2,000 fans have attended a women's basketball contest in Clune Arena.

Events at Army, Baylor, Canisius, Delaware, Georgia, Green Bay, Kansas State, Maryland Eastern Shore, Navy, Sacramento State and Stanford produced sell-out crowds, while 69 programs surpassed their single-game attendance highs from last year.

"In the fifth year of this initiative, we are pleased to see the continued increase in attendance, excitement and exposure for our women's basketball programs," said Greg Christopher, chair of the Division I Women's Basketball Committee and director of athletics at Bowling Green State University. "The year-in and year-out success of Pack the House is a direct tribute to the commitment level put forth by the personnel at each campus. These efforts continue to help grow the game."

Air Force football schedule released by conference

The 2012 Air Force football schedule features a 12-game schedule with six home and six away games and opens on Sept. 1 with Idaho State on Parent's Weekend at the Academy. Four teams that participated in bowl games in 2011 also highlight the schedule. Game times and television coverage, including possible non-Saturday games, will be determined and announced later this spring by the Mountain West Conference.

The Falcons open road play at Michigan in Ann Arbor at the "Big House" on Sept. 8 following the home opener.

The Falcons have an open week Sept. 15 before opening conference play at UNLV Sept. 22. In-state rival Colorado State visits Falcon Stadium Sept. 29. Air Force begins its quest for the Commander-in-Chief's Trophy the following week when Navy comes to Colorado Springs Oct. 6. The Navy game begins a four-game October stretch that has the Falcons in Falcon Stadium three times. Air Force is at Wyoming Oct. 13 before closing out the month vs. New Mexico Oct. 20 and Nevada Oct. 27.

Air Force's final non-conference tilt

kicks off November when the Falcons travel to West Point to take on Army Nov. 3. November features three road games, as the team travels to the other coast the following week to play at San Diego State Nov. 10. Hawai'i plays in Falcon Stadium Nov. 17 in the lone home game of the month before the team closes out the regular season at Fresno State Nov. 24.

The Mountain West Conference membership in the fall of 2012 includes Air Force, Boise State, who Air Force doesn't play in 2012, Colorado State, Fresno State, Hawai'i, Nevada, New Mexico, San Diego State, UNLV and Wyoming.

AIR FORCE TENTATIVE 2012 FOOTBALL SCHEDULE

Sept. 1 -- Idaho State
Sept. 8 -- at Michigan
Sept. 15 -- Open
Sept. 22 -- at UNLV*
Sept. 29 -- Colorado State*
Oct. 6 -- Navy
Oct. 13 -- at Wyoming*
Oct. 20 -- New Mexico*
Oct. 27 -- Nevada*
Nov. 3 -- at Army
Nov. 10 -- at San Diego State*
Nov. 17 -- Hawai'i*
Nov. 24 -- at Fresno State*
*MWC game

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Falcons enter AHA Final Four on 4-3 comeback win

Falcons face Niagara in Final Four tonight in Rochester, N.Y.

By Dave Toller
Athletic Communications

Air Force came from behind for a 4-3 victory over UConn in game three of the best-of-three Atlantic Hockey Association Quarterfinal Series at the Cadet Ice Arena here Sunday.

The Falcons will advance to the AHA Final Four in Rochester, N.Y., for the sixth-straight season, where they will face fourth-seeded Mercyhurst in the semifinals today at 4:05 p.m.

Air Force, 19-10-7, opened the scoring at the 9:13 mark on the power play. The Falcons were 0-for-7 on the power play in the first two games of the series. However, sophomore defenseman Adam McKenzie took a shot from the left point that was saved and Paul Weisgarber tipped the puck to the weak side. Freshman Scott Holm scored his third goal of the series and sixth of the season for a 1-0 lead.

Just after the Falcons' second power play ended, the Huskies tied the game. Alex Gerke found Cole Schneider in the neutral zone to start a 2-on-1 breakaway. Schneider scored his first of the game at the 15:44 mark.

Schneider's second of the game gave the Huskies a 2-1 lead at 7:53 of the second period. The junior winger forced a turnover at the Air Force blue line and skated all alone on Falcon goalie Stephen Caple. His wristed went high blocker side.

Air Force answered late in the period as senior Tim Kirby scored with a blast from the left point. Husky goalie Garrett Bartus had just made a point-blank save on Weisgarber. Casey Kleisinger sent the puck up to Scott Mathis who slid it across to



MIKE KAPLAN

Freshman Scott Holm, right, scored his third goal of the series and sixth of the season for a 1-0 lead early in the first period in Sunday's game against UConn at Clune Arena.

Kirby. His slap shot went through a screen by Weisgarber, rattled off the pads of Bartus and trickled across the goal line. Kirby's 12th of the season tied the game at 2-2 at 14:11.

Ninety seconds later, the Huskies regained the lead on the power play. Jacob Poe skated the puck the length of the ice and found Corey Jendras in the middle. Jendras' third of the season gave UConn a 3-2 lead at 15:40.

Air Force again answered: After winning a faceoff in the offensive zone, Jason Fabian put back a rebound of McKenzie's shot at 18:17.

Early in the third period, the Falcons took a 4-3 lead. Cole Gunner

made a pass from behind the net that bounced around in front. George Michalke picked it up in the slot and skated around the defenseman. The sophomore center stuffed it under the pads of the goaltender for the go-ahead goal at 3:21. UConn pulled its goaltender in the final 2:07 in favor of the extra attacker. Caple made five saves in the final 67 seconds to preserve the victory.

Air Force outshot UConn, 37-31, in the game. Each team was 1-for-3 on the power play. Bartus made 33 saves for the Huskies while Caple made 28 for the Falcons.

"You just can't put this one into

words," head coach Frank Serratore said. "Our guys just kept battling. At times it looked like this wasn't going to be our night, but the hockey gods were with us."

"We had to come from behind twice tonight. This was nothing but guts for us tonight. Give UConn a lot of credit. Nothing but guts from them as well. I am just so happy for our guys that they will be able to go back to Rochester," Serratore said.

RIT will face Niagara in the other semifinal game tonight. The winner of the Final Four receives an automatic berth to the NCAA tournament.

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After-hours dental care

The Air Force Academy Dental Clinic allows cadets or Active Duty at the Academy or Peterson to contact their clinic after duty hours for dental emergencies.

If you are active duty and a dental emergency occurs while you're away from your duty station, whether you're TDY or on leave, you may seek treatment from a civilian dentist. Although you may seek treatment

from any civilian dentist for dental emergency care, it is recommended that you use a United Concordia network dentist.

To reach a dentist after hours for an emergency call 337-262-4410. To find a dentist call the Active Duty Dental Program help line at 1-866-984-ADDP (2337) or visit www.addp-ucc.com.

Free tax preparation available

The Academy tax center currently offers free tax preparation by appointment to cadets, service members stationed here and their spouses.

Taxes will be done by appointment only. Appointments will be available 8 to 11 a.m. and 1 to 3 p.m. Mondays and Fridays.

The gross income limit for eligibility is \$60,000 for either an individual or joint tax return.

The tax center, located in Arnold Hall, will take appointments this month. For more info, call 333-3905.

Optometry Clinic

The Academy Optometry clinic is open to all Tricare Prime and Tricare for Life beneficiaries.

No referral is needed to make an appointment for a routine eye exam.

Services include Diabetic Eye Exams, "Red Eye" Evaluation and Cataract Evaluation.

For routine eye appointments, please call 524-CARE. For urgent care eye appointments please call 333-5144.

Indoor Triathlon

The Academy Fitness Center will hold an indoor triathlon March 5-7 featuring a 1/2-mile swim, a 3-mile run and a 5-mile bike ride.

The race will include five heats per day with three people per heat.

People interested in competing can sign up at the Fitness Center's front desk. For more information, contact Charlie Paul at 333-1988.

Air Force Paralegal

Enlisted members may be eligible to re-train as a paralegal for the Judge Advocate General's Department

Minimum qualifications include a typing speed of at least 25 words per minute, a passing PT score, a minimum AQE score of 51 and no derogatory information in your records.

If you are eligible and wish to re-train, submit a retraining application, and contact your local law office manager and staff judge advocate to arrange an in-person interview.

To submit retraining applications, contact the employment section of the MPF.

For more information about the paralegal career field, contact the law office manager, Senior Master Sgt. Sharon Gray at 719-333-3642.

Library expands selection

The Community Center Library has created a new collection of existing materials in addition to Exceptional Family Member Program items on a variety of subjects, including development, diversity, resilience and titles currently on the Air Force chief of staff's reading list.

Other subjects include autism, Tourette's syndrome, hearing and visual impairment, physical and mental

disabilities and others for both professionals and family members.

Materials will be available for check-out by patrons, and book lists will be on hand.

For more information, contact the library at 333-4665.

MyWingman app for Android

The 10th Mission Support Group's "MyWingman" app has phone numbers for emergency responders, first sergeants, sexual assault prevention and response and links to social media pages.

To download the app, navigate to the Android Market and search for "MyWingman."

An iPhone version of the app will be available soon.

Government housing services

The Academy has a government housing management office located inside the Forest City Residential Management building.

This office provides newcomer information, community housing listings, lease review, liaison for privatized housing and dispute resolution for service members both on and off base.

The office is located at 6556 West Columbine Drive in Pine Valley and can be reached at 333-2247.

Intramural soccer

An intramural soccer coaches meeting is at 3:30 p.m. March 19 at the Fitness Center. Pre-season soccer begins April 9, and regular-season matches begin April 16.

For more information call Dave Castilla at 333-4078.

Running for Rachael 5k

The annual Running for Rachael Brain Booster 5k will be held at the Cadet Field House on March 31, with registration and check-in at 9 a.m. and race start at 10 a.m.

Registration is \$25 through Saturday and \$30 from Sunday through March 31.

Proceeds from the event benefit pediatric brain tumor research at the Children's National Medical Center.

Runners should not bring backpacks, but hydration packs are allowed.

Visitors present a driver's license or other government-issued photo ID, vehicle registration and proof of insurance to get on base. To reach the event, take Interstate 25 to Exit 156B. Signs will point the way to the Cadet Field House.

To register online, go to <http://bit.ly/AffeMP>. For more information, visit the Rachael's Ribbons of Hope website at www.rachael'sribbonssofhope.org.

ATM at Visitor Center

The Visitor Center now has an ATM for visitors' convenience.

Walk 4 Life

The Fitness Center now offers "Walk 4 Life," a low-impact exercise program designed to improve cardiovascular endurance, flexibility and strength.

The walking sessions are approximately one hour, starting at the Fitness Center. Days and times vary.

To register or for more information visit the Health and Wellness Center or call 333-3733.



Cadet Chapel

BUDDHIST

Sundays, 10 a.m.

PROTESTANT WORSHIP

Combined Worship Service: Sundays, 9 a.m.

CATHOLIC WORSHIP

Mass: Sundays, 10 a.m.

JEWISH WORSHIP

Normal schedule

Fridays, 7 p.m.

Community Center Chapel

CATHOLIC WORSHIP

Mass: Saturdays, 4 p.m.; Sundays, 9 a.m.; Tuesdays-Fridays, 11:30 a.m.

Reconciliation: Saturdays, 3:30 p.m.

Formation Classes: For students in grades K-8. Sundays, 10:15-11:30 a.m.

PROTESTANT WORSHIP

Evangelical: Sunday, 10:15 a.m.

Gospel: Sunday, 11:30 a.m.

Wednesday Night Live: For ages 3 to adult. Begins with a meal. Wednesdays, 6-7:30 p.m.

LENT

Stations of the Cross and Lenten Suppers: March 16, 23, 30 at 5:30 p.m.

Lenten Communal Reconciliation Service: March 13 at 6:30 p.m.

HOLY WEEK

Catholic Vigil of Palm Sunday: March 31 at 4:00 p.m.

Palm Sunday Mass: April 1 at 8:45 a.m.

Protestant Worship Service: April 1 at 10:15 a.m. and 11:30 a.m.

Holy Thursday Mass and Adoration: April 5 at 6:00 p.m.

Catholic Good Friday Service: April 6 at 6:00 p.m.

Holy Saturday- Easter Vigil and Mass Reception: April 7 at 7:00 p.m.

Easter Sunday- Protestant Sunrise Service- Eisenhower Golf Course: April 8 at 6:30 a.m.

Catholic Mass: April 8 at 9:00 a.m.

Catholic Easter Brunch: April 8 at 10:30 a.m.

Combined Protestant Service: April 8 at 11:00 a.m.



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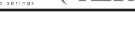
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