

USAF ACADEMY, COLORADO ACADEMY SPIRIT

Vol. 50, No. 36

September 10, 2010

Parents visit Academy from near, far



Fourth-class cadets stand at attention during the Parents' Weekend parade at the Stillman Parade Field Sept. 3. Parents' Weekend draws several thousand family members to the Colorado Springs area each Labor Day weekend. **MORE PHOTOS ON PAGES 10-11.**

RACHEL BOETTCHER

Academy instructor receives **BRONZE STAR**

Staff Sgt. Raymond Hoy
Air Force Academy Public Affairs

An Academy instructor received a bronze star in a ceremony Aug. 23 in Fairchild Hall here.

Lt. Col. Patrick Donley, a military strategic studies instructor, was awarded the medal following his deployment to Kabul, Afghanistan.

Colonel Donley was assigned to the Afghan Minister of Rural Rehabilitation and Development.

"Primarily I was an adviser to the minister," Colonel Donley said. "I helped with everything from strategic planning to writing speeches to organizing trips to liaising with (the International Security Assistance Force). However, on the ISAF side they often

looked to me as the Afghan representative, because I was one of the only (military) people in the civilian Afghan ministry."

Colonel Donley's position within the ministry played a key role in many aspects of Afghan and coalition relations. Due to his relationship with the minister, he had a unique view of the

See BRONZE STAR Page 3



COURTESY PHOTO

Lt. Col. Patrick Donley, left, meets with an Afghan man during a recent deployment to Kabul, Afghanistan.

Weekend Weather

FRIDAY
High 74
Low 41



Partly cloudy

SATURDAY
High 75
Low 47



Partly cloudy

SUNDAY
High 76
Low 43



Partly cloudy

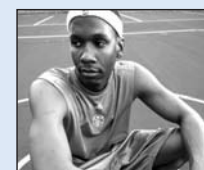
Inside

Meet Chaplain Zebulon Beck

The Mormon talks about how he got here. **Page 6**

Antoine Hood

2006 AFA grad turns heads in the NBA. **Page 12**



Air Force football

Falcons soar against Northwestern State Saturday. **Page 14**

Top 10 reasons to vote for The Bird

By Staff Sgt. Don Branum

Air Force Academy Public Affairs

The Bird is once again up for the Mascot of the Year award at www.capitalonebowl.com/vote/main.

Listed below are the Top 10 reasons, as determined by the Academy's Public Affairs office, to vote for The Bird. Drumroll, please!

10. He looks good in Air Force blue.

9. He's much cooler than the Western Kentucky mascot. Seriously, that guy looks like an overgrown Tickle-me-Elmo.



8. Great chance to give a credit card company "the bird."

7. Paydirt Pete (University of Texas-El Paso) probably doesn't get the same career opportunities after graduation.

6. Better skier than Smokey (Tennessee).

nessee).

5. By far the most photogenic mascot. Sebastian (Miami) just looks ready to punch someone.

4. He'd vote for you.

3. He'll guarantee a duck in every pot and an F-22 in every hangar. (Not really, but it sounds good.)

2. He helps the other mascots with their engineering and calculus homework.

And the number one reason to vote for The Bird:

1. He's the only mascot brave enough to jump out of a perfectly good airplane for each home football game.

Hitting the campaign trail? Think again

By Col. Ron Williams

Staff Judge Advocate

The 2010 election season is in full swing, and you're sitting at your desk thinking about forwarding that funny political cartoon, sending an office e-mail asking co-workers to support a candidate you like or asking people who work for you to make a campaign contribution.

Don't do it. It's against the law.

Military and civilian government employees are subject to rules regulating their involvement in political activities. Some other **prohibited activities** include:

- Conducting a political opinion survey under the auspices of a partisan political group
- Distributing partisan political literature
- Performing any duties for a partisan political committee during a campaign or on election day
- Marching or riding in a partisan political parade
- Displaying any political signs larger than a bumper sticker on the top or side of a private vehicle
- Participating in any organized effort to provide voters with transportation to the polls if the effort is organized by a partisan political party or candidate
- Actively promoting partisan political events as an official representative of the Armed Forces

- Using an official title in a political e-mail
- Engaging in conduct that in any way implies that the Air Force has taken an official position on or is otherwise involved in a local political campaign or issue

Permitted activities for DOD servicemembers and civilian employees include:

- Registering, voting and expressing opinions on candidates and issues (but not as a representative of the Armed Forces)
- Contributing money to a political organization
- Attending political meetings or rallies as a spectator when not in uniform
- Encouraging other servicemembers to exercise their voting rights if such action does not attempt to influence or interfere with the outcome of an election
- Signing a petition for specific legislative action or a petition to place a candidate's name on an official election ballot
- Displaying a political bumper sticker on a private vehicle
- Communicating with elected representatives

The Judge Advocate Office wants to make sure you understand the rules that apply to you. If you have any questions about permitted or prohibited political activities, contact JA at 333-3642.

ACADEMY SPIRIT

To responsibly inform and educate the Academy community and the public about the Air Force Academy

Lt. Gen. Mike Gould — Academy Superintendent
Lt. Col. John Bryan — Director of Public Affairs
2nd Lt. Meredith Kirchoff — Chief of Internal Information
Staff Sgt. Don Branum — NCOIC, Internal Information
David Edwards — Staff Writer
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The Academy Spirit is published by The Gazette, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the U.S. Air Force Academy. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Academy Spirit are not necessarily the official views of, or endorsed by, the Department of Defense or the Department of the Air Force.

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Editorial content is edited, prepared and provided by the U.S. Air Force Academy Directorate of Public Affairs. The editor reserves the right to edit articles to conform to Air Force policy and Associated Press style. All photos are U.S. Air Force photos unless otherwise indicated.

Submissions

Send submissions to: usafa.pai@usafa.af.mil. Deadline for free classified ads on a space-available basis is noon every Tuesday for that week's publication date. Paid classified publishing is accepted by the publisher at 719-444-7355. The number to call for display advertising is 636-0306.

Deadline for all stories is noon Friday, one week prior to the desired publication date. Refer questions to the Academy Spirit editor at 333-8823.

The Academy Spirit also accepts story submissions by fax at 333-4094 or by email: pa.newspaper@usafa.af.mil.

Character Corner: What is 'developing character'?

Dr. Arthur J. Schwartz

Center for Character and Leadership Development

The first time you heard or read the phrase developing leaders of character — what came to mind?

For me, I wanted to know what the Air Force meant by the term "character." Some of you might have focused on the word "leaders." But be honest — how many of us thought first about the term "developing"?

It's a fascinating concept. Is developing a leader of character like developing a muscle? Or is the process more complicated and complex? Amazingly, there is a science of development.

We're learning that the individual is vital to

the very process of development (along with our genes and our environment). It's no longer assumed that providing the right stimulus or reinforcement will result in the right response. Motivation makes a difference. In short, development is a bi-directional concept.

Second, there exists a zone of proximal development — a zone between what an individual can accomplish through individual effort alone and what he or she can accomplish only with guidance and instruction. Development occurs when the learner and mentor together find that sweet spot.

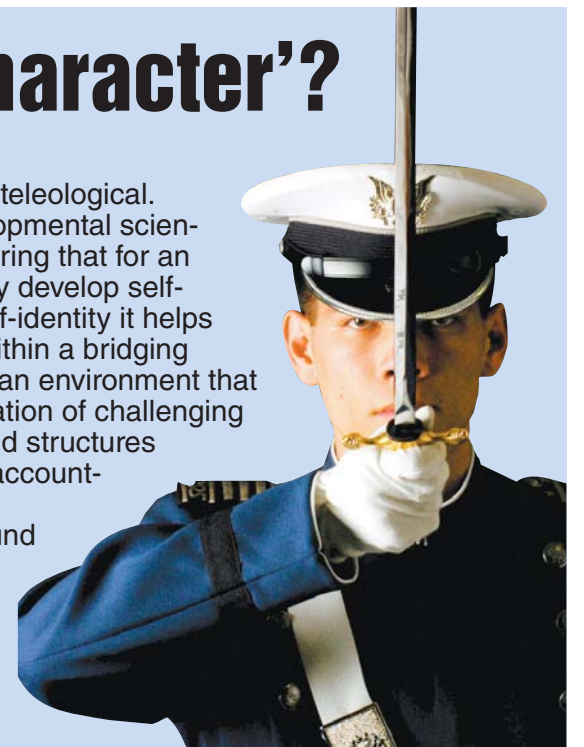
Third, the function of development is toward some endpoint (such as maturity or identity or post-formal mental operations).

Development is teleological.

Finally, developmental scientists are discovering that for an individual to truly develop self-mastery and self-identity it helps to be situated within a bridging environment — an environment that offers a combination of challenging opportunities and structures of support and accountability.

Does this sound like the Academy?

I welcome your thoughts.



How did you spend your Labor Day weekend?

"Just hanging out with friends in the area. It was pretty relaxing."
Cadet 2nd Class
Yunior Soto,
Cadet Squadron 26



"I stayed at home and watched some good old-fashioned movies and had barbecue ribs."
Ms. Mary McArtor



"I spent it with family, eating some good food. It was nice and relaxing, a good break from the Academy."
Cadet 4th Class
Jonathan Reasoner,
CS 36



"I just chilled out with some friends, played some video games and did some homework. It helped me recharge my batteries."
Cadet 2nd Class James
Hamilton, CS 30



Bronze Star

From Page 1

needs and views of the Afghans. The uniqueness of his position allowed Colonel Donley to see another side of Afghanistan than what a typical Airman would see. He also saw a different Afghan people than what is portrayed by the media.

"I was one of the few people to actually see Afghanistan and the Afghan people," he said. "My optimism for the Afghan future was dramatically different from others. Afghans are some of the hardest working people I've ever seen.

"One of ISAF's concerns is corruption," he added. "I was fortunate to work for an incorruptible minister. His heart was for the Afghan people, and that came across in everything he did. So I learned a lot about leadership from him."

However, as a former security forces commander, it took a little while to get used to a position requiring him to wear civilian clothes and drive "outside the wire" in an unarmored vehicle without a weapon.

"When I first got there, I kept driving around thinking, 'That's a soft target. That needs to change. This needs to be addressed,'" he explained. "It took a while for me to adjust and accept that force protection wasn't necessarily my role."

He also realized it was necessary to accept that non-threatening posture to truly be accepted within the ministry.

"That was a key to success in the idea behind the position," he explained. "Had the Afghan minister not trusted me as part of his staff and seen me as just an agent for ISAF, who was there to just listen in and watch what they did, he never would have trusted me. But because of our relationship, he knew I was working for him. If I had been wearing a uniform and been a constant reminder of the American military, I think my experience would have been different. I was truly thought of as a member of his staff, even representing the minister among other Afghans."

This gave Colonel Donley an inside look at Afghan

life. He could identify things needing to be addressed that hadn't been conveyed properly prior to his arrival. One of those things was the way money was allocated for Afghan farming.

The way money is budgeted fiscally in most countries doesn't correspond properly with the Afghan growing season. So the governments providing money were seeing money being allocated, but it wasn't being spent. That's because the money wasn't needed until later in the year.

"It wasn't until I was able to see this and hear it firsthand from the Afghan people that could fully explain it and get the funding problem fixed," Colonel Donley said.

Situations like this allowed Colonel Donley to realize how important his position was. And nearing the end of his deployment, Colonel Donley was asked by then ISAF Commander Army Gen. Stanley McChrystal for a favor.

"I was asked to extend another six months during my sixth month in country by the ISAF commander," he said. "And it wasn't until that point in my deployment that I felt I was actually fulfilling my role as an adviser. A new minister came in who didn't have the experience of the old minister, so I felt very comfortable in my advising capacity."

That still didn't ease the pain of having to stay an additional six months. But he later realized it was the



COURTESY PHOTO

Colonel Donley, pictured here with Afghan children, served as an adviser to Afghanistan's Minister of Rural Rehabilitation and Development. This deployed position allowed him to visit local villages, dress in local attire and grow a full beard.

right decision.

"It's difficult to find out on your sixth month that you will be staying another six months," Colonel Donley said. "However, I firmly believe that jobs like these are very important and I honestly believe they require a full year to be able to actually grasp the scope of what that job entails."

And being an Academy instructor gives Colonel Donley the opportunity to pass his unique experience on to cadets.

"As a military studies instructor, we discuss things like this all the time," he said. "This lets me give the cadets another view of Afghan relations. It doesn't always require a weapon to get things done in war."

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10th ABW recognizes outstanding guardians

The 10th Air Base Wing recognized outstanding antiterrorism and force protection performers during a ceremony at the 10th ABW headquarters building Wednesday.

Col. Rick LoCastro, the 10th ABW commander, congratulated each of the individuals for their awareness and vigilance during no-notice exercises designed to test the Academy's defense against terrorist attacks.

Recognized were:

Cadet 2nd Class Michael Shaw, Cadet Squadron 39
Wilton Kelly, 10th Logistics Readiness Squadron
Andrew Marquez, 10th Force Support Squadron
Airman Joanna Sharafinski, 10th Security Forces Squadron
Sam Martin, Academy Athletics Ofc.
Benjamin Nordyke, Chenega

Security
Cadet 2nd Class Nolan Sweeney, Cadet Squadron 15
Cadet 3rd Class Bryan Rivera, Cadet Squadron 15
Troy De LaRosa, Army-Air Force Exchange Service
Jennifer Gaumont, Army-Air Force Exchange Service
Eric Deylius, Doss Aviation
Staff Sgt. Brandon Linger, 10th Security Forces Squadron
Airman 1st Class Courtney McClellan, 10th Security Forces Squadron
Roger Lemesany, 10th Civil Engineer Squadron
Mary Handy, DOD Medical Examination Review Board
Senior Master Sgt. Michael Saltzman, DOD Medical Examination Review Board
Chris Clark, 10th Force Support Sq.



STAFF SGT. RAYMOND HOY

Lt. Col. Steven Nelson, an individual mobilization augmentee for the Academy Legal Office, donates for the annual Armed Services Blood Program blood drive Thursday in Arnold Hall. Sixty-three workers from six different Army and Air Force bases collected blood specifically for Department of Defense personnel. Last year the event gathered roughly 1,500 pints of blood. The drive continues today through 6 p.m.

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Mormon chaplain has name recognition

By David Edwards
Academy Spirit Staff Writer

Chaplain (Capt.) Zebulon Beck shares his first name with a Colorado legend, but he's making a name for himself at the Air Force Academy for different reasons thanks to his new job and the fact that he's something of a rarity.

Chaplain Beck is the second Mormon chaplain at the Academy, and he fills a void that has existed since the early 1990s, due in part to a small pool of Mormon chaplains: the Air Force only has nine on active duty.

Previously stationed at Kadena Air Base in Okinawa, Japan, Chaplain Beck has settled into his new assignment. He has been at the Academy for a little more than a month, and he has been a welcome addition for the Academy's more than 100 Mormon cadets.

As is the case with other Mormons of similar age, many cadets interrupt their studies for the mandatory two-year mission. Those who do so often come back changed people.

"What we find is that cadets who go on their mission and come back tend to do better than they did before," Chaplain Beck said. "Many of them work in places like Eastern Europe. They come back fluent in a second language and with enhanced ability for leadership. In addition, they're more spiritually in tune with their faith."

He knows that from firsthand personal experience. His Air Force career and his religion have combined to take him to a plethora of places across multiple continents.

Although his first name appears to be a nod to Colorado, he was named for his great-grandfather, not the discoverer of Pikes Peak. As a child, he lived on a ranch in southwestern Wyoming. His father

served in the Air Force and fought in the Korean War.

Chaplain Beck said he was taught from a young age to respect the United States and its military. That went hand in hand with his faith and its emphasis on family values. For his Mormon mission, he went to Lima, Peru.

He has also served in the Air Force for 14 years, with prior enlisted service as a nuclear weapons technician. While ministering to the Academy's cadets is the main reason he's here, there's more to it than that, he said.

"One of the other reasons that I'm here is that the Air Force places great value on religious diversity and making sure the cadets' religious needs are met," Chaplain Beck said. "The chapel staff is really a model of American religious freedom. For all the chaplains, it's a distinguished honor to be assigned to the Air Force Academy. This is a special ministry that is really a highlight to anyone's career."

That highlight is due to last three or four years. During that time the athletics schedule promises to throw some challenges to his loyalties at him. But Chaplain Beck said he isn't conflicted by the presence of Wyoming and Brigham Young University in the same conference as Air Force.

BYU head football coach Bronco Mendenhall is scheduled to lead a devotion at the Cadet Chapel the evening of Sept. 10, the day before the Cougars and Falcons knock heads on the gridiron. Chaplain Beck said the devotion is a token of Coach Mendenhall's great respect for the Air Force Academy. As for the newest chaplain, he won't be sitting on the fence — for the time being, anyway.

"While I'm here, I'm definitely a Falcon," he said. "I have family members who play for BYU. But again, I'll be wearing my Air Force blue."



STAFF SGT. DON BRANUM

Chaplain (Capt.) Zebulon Beck is the Air Force Academy's Mormon chaplain and a native of Utah.

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Air Force officials urge OPSEC vigilance online

By Tech. Sgt. Amaani Lyle
Secretary of the Air Force Public Affairs

WASHINGTON – According to the FBI, fraudsters continue to hijack accounts on social networking sites and spread malicious software. One technique entices users to download an application or view a video that appears to be sent from users' "friends", giving the perception of being legitimate. Once the user responds to the phishing site, downloads the application, or clicks on the video link, their computer becomes infected.

With the influx of social media, Web 2.0 platforms and subsequent ease in sharing of sensitive and personally identifying information, Airmen should consider the risks and vulnerabilities in both personal and official activities, Air Force officials recently said.

Airmen using non-classified systems must ensure they are not posting classified, restricted distribution, proprietary, or For Official Use Only information on public Web sites to include Fa-

cebook, Twitter, YouTube, blog sites, etc.

"We're starting to see a loss of sensitive information occurring at an alarming rate," said Ryan McCausland, Information Protection Directorate. "This information not only affects the user, but can impact millions of Americans through medical, payroll and military service records."

Mr. McCausland explained that release of personable identifiable information is also a concern. This includes any information about an individual maintained by an agency, including, but not limited to, education, financial transactions, medical history, and criminal or employment history.

It also includes information which can be used to distinguish or trace an individual's identity, such as their name, social security number, date and place of birth, mother's maiden name, biometric records, etc., including any other personal information which can be linked or linkable to an individual.

The release of personable

identifiable information also applies to information about active duty military, DOD civilians, military family members, contractors, National Guard and the Reserves. Among the restricted items are biographies, rosters, telephone directories, detailed organizational lists or charts that reflect personnel, and multiple names of individuals from different organizations or locations on the same document or web page.

Unclassified but sensitive information such as detailed mission statements, operations schedules, unit recall rosters, standing operating procedures, and policy memorandums require special handling and should also not be posted on public web sites, according to Mr. McCausland said.

"The care and discretion of every Airman is critical to ensuring operational security in today's information age," McCausland said. "We must all continually safeguard our personal information as well as the information we handle in the workplace."

Tricare encourages families to 'move' on childhood obesity

Tricare officials continue their strong commitment to the battle against childhood obesity throughout September.

By observing Childhood Obesity Awareness Month, Tricare representatives are active participants in the Let's Move! program for military kids.

The national Let's Move! Program at www.letsmove.gov works to combat the epidemic of childhood obesity through engaging every sector impacting a child's health. It provides schools, families and communities simple tools to help kids be more active, eat better and get healthy.

Tricare's web page at www.tricare.mil/getfit serves as the 'headquarters' for beneficiaries looking for resources on childhood obesity. The page highlights ongoing efforts to raise awareness of childhood obesity and encourages children to eat right and exercise. It has links to informational websites and games emphasizing good nutrition and fitness for kids.

In the past three decades, childhood obesity rates in America have tripled, and today, nearly one in three children in America is overweight or obese. One third of all children born in 2000 or later will suffer from diabetes at some point in their lives. Many others will face chronic obesity-related health problems like heart disease, high blood pressure, cancer and asthma.

For exercise and activities, check with schools for a list of programs. Also, military Morale, Welfare and Recreation centers offer activities from team sports like basketball and baseball, to music, dance, martial arts, gymnastics, swimming, ice skating and more. MWR youth services has something for everyone.

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Remembering Capt. David A. Wisniewski

The 3rd U.S. Infantry, traditionally known as "The Old Guard," carrying Capt. David A. Wisniewski is followed by the U.S. Air Force Honor Guard during an interment at Arlington National Cemetery in Arlington, Va., Aug. 23. Captain Wisniewski, a 31-year-old Iowa native and 2002 Air Force Academy graduate, served with the 66th Rescue Squadron at Nellis Air Force Base, Nev. He died July 2 of wounds sustained June 9 in a helicopter crash near Forward Operating Base Jackson, Afghanistan. He was on his seventh deployment. Wisniewski flew more than 1,500 hours — including 289 combat hours — during his eight-year career.

STAFF SGT. GINA CHIAVEROTTI-PAIGE



Efficiency in aircraft maintenance earns award

By Staff Sgt. Raymond Hoy
Air Force Academy Public Affairs

An Academy instructor was named the Air Force Senior Military Engineer of the Year Aug. 18 at Wright-Patterson Air Force Base, Ohio.

Lt. Col. Richard Buckley, the Academy's Department of Engineering Mechanics Applied Mechanics Lab director, was nominated for the award following his work on the High Velocity Maintenance Team at Tinker AFB, Okla.

The team was part of an Air Force Smart Operations for the 21st Century initiative to help the Air Force find ways to cut downtime for the B-1 Lancer during scheduled maintenance.

"In the Air Force, we spend a lot of time working on our jets," Colonel Buckley explained. "If we can find ways to do this more efficiently, our jets can spend more time flying and less time down for maintenance."

Colonel Buckley and his team focused on the maintenance-heavy B-1 Lancer and the processes involved in its scheduled maintenance.

"There's a requirement for every aircraft to achieve a certain level of availability," Colonel Buckley said. "The B-1 in particular has a hard time meeting that

threshold; it's always on (Air Combat Command's) radar—particularly because of the small size of the B-1 fleet."

The process of reducing aircraft downtime starts with the planning. Colonel Buckley and his team focused on changing how the Air Force does business when an aircraft is scheduled for maintenance.

"Often, we wait for an aircraft to get to the hangar before we figure out and plan everything that needs to be done," he explained. "The idea we were working with is to get advance knowledge of what needs to be done before the aircraft gets there and plan the work accordingly. So once the aircraft comes in, it's kind of like a NASCAR pit crew. Everybody knows exactly what their job is and they have everything they need to get that job done as quickly as possible."

"This is new territory for the Air Force. The civilian industry does this, but it is an entirely new thing for us."

Initial process improvement work was conducted at Tinker AFB. This is where the observations were made to decide how the planning process could be introduced. The first trial for this initiative will take place on the Tinker Program Depot Maintenance line at the end of this month.

"The team is not going to use this new process

for the entire aircraft yet," Colonel Buckley said. "They're going to take two tasks they know need to be accomplished and will conduct all the pre-planning necessary so they can demonstrate the affect and validate the process. The number of tasks will then be scaled up from there."

Colonel Buckley is proud of his work at Tinker and grateful for the award, but he reminds us that it isn't the individual that gets the job done.

"Even though this was an individual award, there are no individual efforts in the Air Force," he said. "The team was put together of some of the best people in their fields. I was just the lucky guy leading the team, receiving all these great ideas."

Not one to be happy with the status quo, Colonel Buckley has been using his experience with the AFOS21 program to improve things in the classroom.

"I'm bringing back some of the industry standards to the applied mechanics lab," he said. "We've set a vision for the lab to be the nation's best undergraduate engineering, education, research and fabrication laboratory. This gives the cadets an idea of how things are done out in the operational Air Force and what's expected of them. It enables them to be better second lieutenants, and that's what's most important."

Eagle Eyes: See something? Say something

From the Air Force Office of Special Investigations

Janet Napolitano, the United States secretary of Homeland Security, recently announced a nationwide vigilance drive similar to New York city's "See Something, Say Something" campaign. Both efforts rely heavily on the multitude of citizens who go about their daily lives and are in the best position to notice things which are out of place.

Each program bears striking resemblance to one which has been in place within the Air Force for several years; Eagle Eyes.

As a result of the Sept. 11, 2001, terrorist attacks, the Air Force implemented an antiterrorism program called "Eagle Eyes," which is run by the Air Force Office of Special Investigations. Much like a neighborhood watch program, the Eagle Eyes program is an aggressive Air Force-wide neighborhood watch program that educates people on observable activities and what to do if they see something suspicious. The motto for Eagle Eyes is Watch, Report and Protect.

Eagle Eyes enlists the help of everyone on base, whether active duty, reservist, family members, or civilian contractors.

The civilian community surrounding the base is also educated to remain vigilant and keep their eyes and ears open to any suspicious activities, said Special Agent Lee Chapoton, an agent assigned to the Air

Force Academy.

"There were precursor events which eventually led up to the (Sept. 11) attack. These terrorists conducted surveillance, planned their attacks and rehearsed their operation, most often in plain sight of bystanders who were not trained in what to look for," Agent Chapoton said.

It's the training in what to look for which requires the most work. Once someone is aware of what constitutes suspicious activity, the rest falls into place almost unconsciously.

"Getting the information into the hands of the people is the hard part," Agent Chapoton said.

To get the word out, officials with AFOSI, the 10th Security Forces Squadron, and the 10th Air Base Wing's Anti-Terrorism/Force Protection office handed out information during morning traffic coming onto the Academy. Each informational pamphlet described the intent of the Eagle Eyes program along with details on the seven steps preceding terrorist activity: surveillance, elicitation, tests of security, acquiring supplies, suspicious people out of place, dry run, and deploying



assets. Each step can be foiled if people know what to look for. If you see someone you don't in a restricted or sensitive area, ask to see their ID, or at the least, report it. This could be a test of security; just one small but vital step in the planning process of an individual or group looking to do harm.

A perfect example of how each person plays a part can be seen in the stories of Lance Orton and Duane Jackson, the two New York city street vendors who notified police of a suspicious vehicle parked in the middle of Times Square. The vehicle turned out to be a crudely made

bomb, which, luckily, did not explode.

"Imagine a world where terrorists know everyone is watching," Agent Chapoton said. "It makes it a lot harder to carry out plans to hurt, destroy, and kill."

Law enforcement officials, including OSI special agents, cannot be everywhere all the time. The Eagle Eyes program relies on you to remain vigilant. Only you know your neighborhood. Only you know your workplace. Please continue to remain cognizant and continue to watch, report and protect.

AF seeks nominees for Ph.D. program

By Erin Tindell
Air Force Personnel Center Public Affairs

RANDOLPH AIR FORCE BASE, Texas — Air Force officials are seeking to develop officers as strategic thinkers through a program that will allow them to obtain a doctorate in strategic studies.

The Air Force Chief of Staff Ph.D. program will allow officers to attend a top-tier university to complete their doctorate in studies such as history, political science, international relations, economics

and philosophy. Participating universities include Johns Hopkins, Georgetown, Princeton, Harvard and the Tufts University Fletcher School.

The program is geared toward the intellectual development of officers' critical-thinking skills relatively early in their careers.

Senior leaders said they hope the program will result in future Air Force and joint leaders who have the ability to communicate at a strategic level with civilian leadership across enterprises.

Eligible officers include active-

duty captains with seven to eight years of service. They must have completed a master's degree with at least a 3.6 grade point average and have graduate admission scores commensurate with university requirements.

Nomination packages are due to the Air Force Manpower and Personnel Learning Division no later than Oct. 8.

For more information on orders publication, visit the AFPC personnel services website at <http://bit.ly/bPg8vo> or call the Total Force Service Center at 800-525-0102.

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DE

Cadets and family members visit the Terrazzo at the Air Force Academy Sept. 3. Approximately 10,000 people traveled to Colorado Springs for Parents' Weekend, which takes place each year during the Labor Day weekend.



PHOTOS BY MIKE KAPLAN

Parents' Weekend 2010



A Navy midshipman jumps onto Stillman Parade Field carrying the Navy flag during the Parents' Day parade at the Air Force Academy Sept. 3. A number of cadets from other American and foreign service academies attend the Air Force Academy on exchange programs.



Cadet 2nd Class Jenny Flynn and Athena demonstrate the Air Force Academy's falconry program during the Parents' Day parade. Athena, the daughter of Aurora, is the newest of the program's demonstration birds. Cadet Flynn is a native of Trabuco Canyon, Calif.



Cadet 4th Class Steven Owens talks with his family members over lunch in Mitchell Hall at the Academy Sept. 3. Family members had a chance to tour the Academy's Terrazzo and dine with cadets during Parents' Weekend Sept. 3-6.



A cadet with the Air Force Academy's soaring airmanship program performs a demonstration over the Stillman Parade Field during the Parents' Weekend parade. Soaring is one of four airmanship programs available to first- through third-class cadets; the others are powered flight, parachuting and unmanned aerial systems.

'06 grad has shot to make NBA

By Samuel King Jr.
Academy Spirit Writer

DUKE FIELD, Fla. — For one Air Force Reservist, the dream of flight isn't pulling Gs in a fighter but leaping toward the basket over the hardwood court of an NBA arena.

So far, the dream has been barely out of reach for Capt. Antoine Hood, but he continues his pursuit of being a professional basketball player.

"I'm currently being pursued by a few organizations," said the 2006 Air Force Academy graduate, who is the current deputy commander of the 919th Mission Support Flight at Duke Field.

The captain's journey toward the NBA began in Texas, where he grew up shooting hoops with his brother. He was never seen without a basketball throughout elementary school in Dallas until he was diagnosed with lymphoma in 1995 at age 13.

"Laying in a hospital bed and seeing a new kid beside you every other day because they were dying really puts things in perspective," he said.

Chemotherapy, radiation and other tests rid the cancer from his body and ensured it hadn't spread. The captain's faith and prayer got him through the ordeal.

"It was by the grace of God, I was healed and am still here today," the captain said.

The eight months away from the game had slowed him down and noticeably affected his game.

"During a pickup game, a kid told me I'd lost all my skills," he said. "That lit a serious fire inside me to work even harder to be the best I could be and not squander my God-given talent."

Over the next four years, Captain Hood practiced hard and played on the junior and varsity high school teams. In his senior year, the hard work paid off. He was the starting point guard for one of the top 10 schools in Texas and ranked 72nd best player in the state. At an Amateur Athletic Union tournament, a scout from the Air Force Academy spotted him and offered him a full scholarship.

"The Academy offered everything my parents deemed important from academics to leadership," the second of three brothers said. Captain Hood became the first person in his family to join the Air Force and began his career in blue at the Academy preparatory school in 2001.

He traveled "up to the hill" the next year to join the Falcons, a perennial cellar-dweller in the Mountain West Conference.

"I was determined to come up there and make a mark on the program," he said.

That is exactly what he did. In only his second start, he scored 30 points against Colorado State University—the most ever by an Academy freshman during a conference game. The team only won four more games than the previous year, but it was the most wins the Academy had since 1960. After the vast improvement, the 2003-2004 season brought high expectations.

"From the first day I set foot on the Academy grounds, I said we'd make the NCAA tournament and win the conference," the captain said.

To everyone's surprise, the team did just that. The Falcons were undefeated at home, won 22 games, won the conference and played the University of North Carolina in the first round of the NCAA tournament. Captain Hood had a great season as well, breaking the record for shooting percentage in conference games with 55.9 percent and had 15 points and four rebounds during the UNC game.

"Antoine was a privilege to both play with and coach and I have seen very few people grow as much as he did in such a short time," said AJ Kuhle, Academy team military assistant from 2005-2007 and assistant coach at the University of Denver. "As a player, he always pushed himself and those around him to reach for the highest degree of excellence. He demanded and worked towards perfection each day on and off the court."

Captain Hood faced a difficult decision at the end of his sophomore season. Division One schools made offers, but the captain turned them down, choosing instead to finish his commitment at the Academy.

The captain continued with his team and received the coveted Bob Spear Award, the highest basketball honor at Air Force, in both his junior and senior year. In his senior year, the team captain averaged 14.9 points per game to become the eighth all-time leading scorer for the Academy.

As a senior, he achieved a leadership position as a cadet-colonel, and as the lone senior on the 2006 team, he felt added pressure to lead on the court as well. He would sneak back to the gym after lights-out to get in a few more jump shots to stay on his game.



MASTER SGT ROBERT W. VALENCA

Antoine Hood plays against UNLV during his junior year at the Academy.

"In my 35 years of coaching and 17 in the NBA, Antoine Hood ranks as one of the greatest competitors I've ever been around in the game," said Jeff Bzedlik, Academy head coach during the captain's senior year and current head coach for Wake Forest University. "His will to win takes a backseat to no one."

After his senior season, the captain was

ready to enter the NBA draft with rumors that he could go in the first round. In the past, a rule allowed Airmen with special talents to serve two years active duty and be released to complete their service commitment in the reserve.


However, the rule was no longer in place at the time of Captain Hood's draft opportunity. Without a reputable agent, he went undrafted.


After completing his commitment, he transitioned to the Reserves. Currently, he splits time as a traditional reservist at Duke Field and the chief of warfighter systems at Air Force Special Operations Command headquarters at Hurlburt Field.

"Now, being a reservist, I can pursue and be pursued by the NBA and overseas franchises," said the captain, who played in the Czech Republic for a month and a half last season.

The captain continues those NBA drills in preparation for the day when he may get to fly. That day could be soon, as the NBA season in only three months away.

"I'm a firm believer that everything happens for a reason," Captain Hood said. "I hope my journey inspires others to continue to reach for their dreams whether it's into to the air or wherever life leads."


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10th MDG Airman earns gold medal

Ex-Falcon Grant Parker helps All-Air Force team bring back the All-Armed Forces medal

Less than five months after completing what he thought would be the last season of varsity basketball in his career, 2nd Lt. Grant Parker got another chance to represent the Air Force with the All-Air Force Men's Basketball team in August.

Lieutenant Parker played basketball for the Falcons in the Mountain West Conference while he was a cadet. The Indiana native began playing basketball when he was 4.

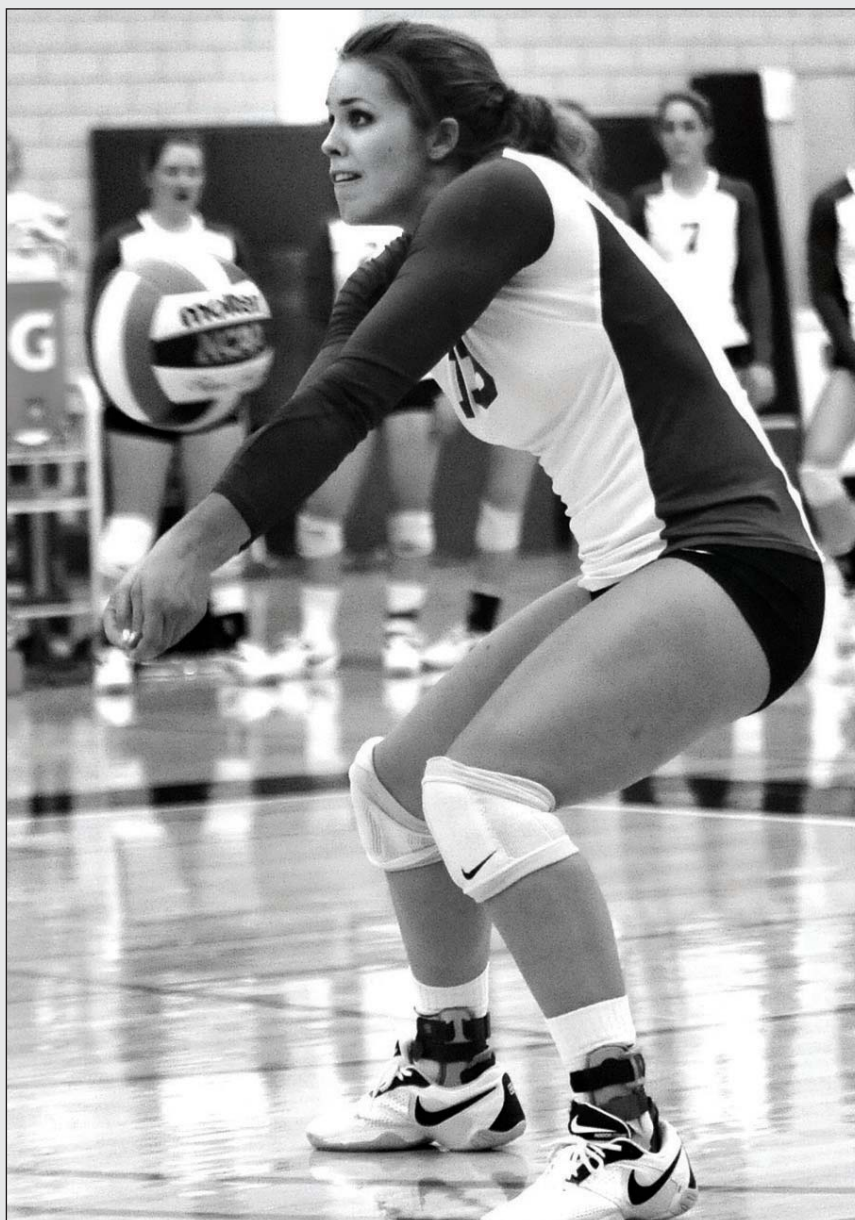
The All-Air Force Basketball Team is a group of Airmen from around the world who come together to represent the Air Force among the other Armed Forces and around the world, competing in various world championships against other country's militaries and professional teams.

Lieutenant Parker spent the first two weeks competing in the All-Air Force team trials at

Robins AFB, Ga., against other Airmen in hopes of making the final roster of 12 players. After he made the final roster, the team traveled to Fort Myer, Va., to battle the other services at the All-Armed Forces Basketball Tournament.

The team went 5-1, defeating all three other teams to bring back the All-Armed Forces Basketball gold medal. This year was particularly special because the medal marked the first time in tournament history that a service has won for five consecutive years.

"I'm very thankful I had the opportunity not only to represent the Air Force ... but to do what I set out to do when I left for training camp -- bring the gold medal back to the 10th Medical Group," Lieutenant Parker said. "It's an experience I will never forget."



Falcons fall to Boise State in home opener

Caroline Kurtz bumps a volley during the Air Force match versus Boise State University at the Cadet Gym Aug. 28. The Falcons lost to Boise State, 1-3, with set scores of 23-25, 18-25, 26-24 and 25-18. Kurtz, a Falcons' senior, recorded six kills for Air Force's first six points.

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Air Force survives 1st-half scare, overcomes Demons

By Staff Sgt. Don Barnum
Air Force Academy Public Affairs

FALCON STADIUM — If Air Force’s home opener was supposed to be an easy ride, Northwestern State missed the memo. The Falcons brought down a stubborn Demons team, but only after they overcame a few demons of their own.

Air Force rallied in the second half, outscoring Northwestern State 41-0 in the second half en route to a 65-21 rout of the Division I-AA Demons after struggling to maintain its lead in the first half.

“Give (NSU) some due — they came out and were ready to play, and they hit us in the nose in the first half,” Falcons head coach Troy Calhoun said. “In some ways, we were on our heels.”

Both teams suffered serious injuries, with Air Force’s Reggie Rembert and NSU’s Josh Cunningham both carried off the field on stretchers in the first half of the game. Both players had motion in their limbs, but medics x-rayed both players after carrying them from the field as a precaution.

The Falcons scored on their first drive after stopping a Demons’ drive that broke into Air Force territory. However, a costly fumble by Anthony Wright on a punt return gave the Demons possession of the ball at the Falcons’ 7, and Demons quarterback Paul Harris found Justin Aldredge in the end zone to tie the game.

Air Force struck back on its next drive, with receiver Mikel Hunter scoring his first career touchdown on a 24-yard reverse. Erik Soderberg nailed a chip shot from 29 yards on the successive drive to make it a 17-7 game.

But while Air Force didn’t relinquish its lead, the Demons fought like a team possessed. NSU quarterback Paul Harris landed on his feet after tumbling feet-over-head into the air to put NSU back within three.

A 50-yard kickoff return by Jonathan Warzeka set up a 37-yard scamper by Tim Jefferson on the keeper in the second quarter, but the Demons again fought back, with Tyler Wolfe marching NSU into the Air Force end zone on a two-minute drill that ended with 33 seconds in the half. Tim Jefferson connected with Kyle Halderman on the Falcons’ last possession of the half to get

within striking range, but a Hail Mary pass into the end zone fell incomplete.

NSU owned the first half, leading Air Force in time of possession by nine minutes; in total yards, 257-227, and in third-down conversions, 6-of-11 versus 1-of-5. Air Force led only on the scoreboard, 24-21.

However, halftime was the last time the score even looked close. The Falcons pulled away in the third quarter, scoring four touchdowns on rushes by Jon Warzeka, Asher Clark and Jefferson and a 29-yard pass from Jefferson to Kyle Halderman. Its first two touchdowns came within two minutes: one at 11:43 to play in the quarter and the other at the 10-minute mark.

At the end of the third quarter, Air Force held a 52-21 lead and never looked back. The Falcons owned the football in the second half, going 5-for-6 on third down and moving the ball nearly 300 yards. They also held the time of possession advantage in the second half with 17:22.

“I thought our team played really well for the first half,” said NSU head coach Bradley Dale Peveto. “But in the second half, we weren’t able to make first downs and move the ball.”

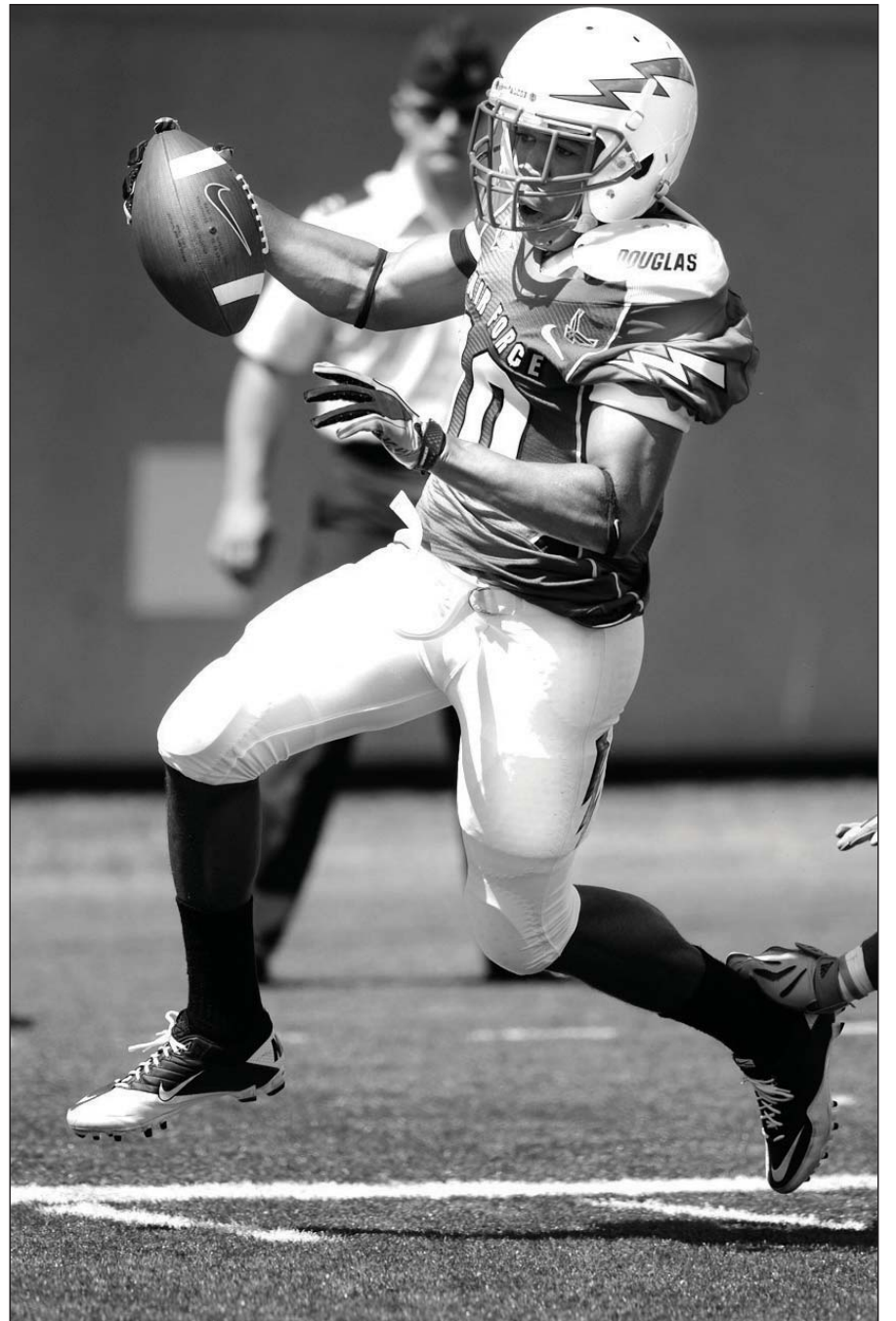
Calhoun acknowledged that the Falcons have a lot of work to do if they want to compete against the BYU Cougars on Sept. 11.

“Across the board, we’ll come in on Monday and make some improvements,” he said.

He noted three key differences in the team’s play between the first half and second half.

“Our attitude —not that it was bad in the first half, but it was better in the second,” he said. “Second, our coaches did a heck of a job making adjustments. And No. 3, we just played. We made some plays in the second half.”

Some highlights from the game include Jordain Waiwaiole’s first career sack and the most tackles of his career, with six total and one for loss. Linebacker Brady Amack had a career-high seven tackles, with two for loss, and 1½ sacks. Cornerback Josh Hall and defensive back Brian Lindsay each had a career-high five tackles. On offense, freshman RB Marquez Jones and WR Mikel Hunter each scored their first career TDs.



BILL EVANS

Sophomore wide receiver Mikel Hunter heads for the end zone and his first career TD during the Falcons’ season opener at Falcon Stadium Saturday. The Falcons beat the Northwestern State Demons 65-21. Hunter is a native of Conyers, Ga.



MIKE KAPLAN

Senior running back Jared Tew strongarms Northwestern State linebacker Yaser Elqutub. Tew, a native of Park City, Utah, had 13 rushes for 65 yards.



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BYU, Utah depart Mountain West

By John Van Winkle
Air Force Academy Public Affairs

Brigham Young University announced Aug. 31 that it will leave the Mountain West Conference effective June 30, 2011.

The Cougars' football program will become an independent, and the men's basketball team will join the West Coast Conference.

Following BYU's official announcement of its departure from the Mountain West Conference after the 2010-2011 academic year, the Mountain West Conference followed with its own announcement.

"Since its inception, the Mountain West Conference has worked strategically to grow and strengthen the league, in order to position itself at the highest

level of intercollegiate athletics," said MWC commissioner Craig Thompson. "Our Board of Directors' diligent exploration of options to advance the membership's objectives is ongoing. This includes conversations with our television partners to address issues of mutual importance, as well as determining the optimal configuration for the Conference and investigating the possibility of various collaborative alliances."

BYU is the second program to leave the Mountain West Conference this summer. The University of Utah announced its intended departure from the MWC June 17. Utah will begin playing in the Pac-10 in the 2011-2012 academic year, said Pac-10 commissioner Larry Scott.

Previously, the University of Utah

was one of the founding members of the Mountain West Conference, along with the Air Force Academy. Prior to this, both the Academy and Utah were members of the Western Athletic Conference. Utah was a founding member of the WAC in 1962 and the Academy joined the WAC ranks in 1990, prior to both programs leaving the WAC to form the MWC.

Even with the loss of both BYU and Utah's athletic programs after this season, the MWC will still grow next year. Boise State, California State University-Fresno and the University of Nevada-Reno have all accepted invitations to join the conference in June 2011.

"The Air Force Academy is pleased to hear that Fresno State and Nevada have accepted our invitation to join the Mountain West Conference," said

Lt. Gen. Mike Gould, superintendent of the Air Force Academy and chair of the MWC Board of Directors. "Both of these schools are great additions to the academic and athletic excellence of the Conference, and we look forward to working with them both on and off the field."


"The addition of Fresno State and Nevada further enhances the Mountain West Conference," Thompson said. "Our Board of Directors has continued to be diligent and aggressive in executing our strategy for positioning the MWC in the national landscape. We are excited to welcome these two institutions into the Mountain West. Both fit geographically and create new conference rivalries."

The Academy's last scheduled game against BYU is Saturday at 2 p.m.

Spirit Dining

AMERICAN

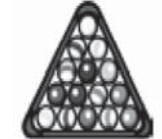
	<p>The Mason Jar (NOW 2 LOCATIONS) 2925 W Colorado Ave at 30th St 719-632-4820. 5905 Corporate Dr & 1-25 (exit 148, Nevada / Corporate). 719-260-6555</p>	<p>American comfort food served in a casual Colorado lodge atmosphere. Famous chicken fried steak, slow roasted prime rib, seafood, plus soup, salads, sandwiches, and homemade cobblers. Full service bar. Fireplaces for those cold winter days. A Colorado tradition since 1982. Serving lunch and dinner from 11am daily. Two Banquet Rooms and Patio dining available at Corporate Dr Location. Active Military Discount on Food and Beverage everyday.</p>
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	<p>City of Philly 4747 Flintridge Drive 265-5770 Open Mon-Sat 11am-8pm. Military Discount.</p>	<p>Join us for fresh made Cheese Steak Sandwiches - cooked to order. City of Philly also has hamburgers, along with a variety of hot and cold sandwiches, French Fries, onion rings, and dessert Tasty Kakes - all at reasonable prices! Deliveries are available within a three mile radius.</p>
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BAR & LOUNGE

	<p>Rhino's Sports & Spirits 719-578-0608 Powers & Barnes 4307 Integrity Center Point</p>	<p>Monday's: Karaoke, Tuesday's: Free Poker, Wednesday's: Beer Pong, Thursday's: Ladies Night, Friday's: DJ Jo-Jo & Shot Specials, Saturday & Sunday: 40 CENT WINGS! Plus, the NFL Ticket on our 11 Big Screens! UFC Fight Coverage, August, 28th. Rhino's Sports & Spirits - The Best Deals in Town!</p>
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BILLIARDS

	<p>Antique Billiard Museum 3628 Citadel Dr N Colorado Springs, CO 80909 / 719-597-9809 or Diamond Billiards 3780 E Boulder St Colorado Springs, CO 80909 / 719-596-9516</p>	<p>Two great Billiard Rooms. Best equipment, pricing and pro shop. Over 68 playing pool tables including regulation, snooker billiards and diamond bar tables, 50 cents.</p>
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FINE DINING

	<p>Walter's Bistro 719-630-0201 146 Cheyenne Mtn Blvd (In Country Club Corners). Lunch: Mon-Fri, 11am-2pm. Dinner: Mon-Sat, 5:30 to Close. Closed on Sunday.</p>	<p>Regional American/Continental Cuisine. Featuring: fish flown in from all over the world. We proudly support Colorado farmers and offer organic fruits and vegetables, as well as organically raised meats. Reservations suggested. Patio dining with beautiful mountain views. www.waltersbistro.com.</p>
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IRISH


	<p>Jack Quinn's 385-0766 21 S. Tejon Street Open for Lunch & Dinner daily; Sunday Brunch served 12 pm-3 pm; Happy Hour 3-6 pm; & late night Sunday.</p>	<p>Owned by 4 USAFA Grads! Serving traditional Irish fare & American cuisine for lunch & dinner. Happy Hour daily 3-6pm & late night Sun. 10 pm-1 am., 15 delicious drafts & the best selection of Irish Whiskeys. Live Irish Music Tues., Thurs., Sat. & Sun. with County El Paso, Brian Clancy, Big Paddy & the Irish Session Musicians! Reader's Choice Voted Best Bar 2007 & 2010. www.jackquinnspub.com</p>
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JAPANESE

	<p>Fujiyama 630-1167 22 S. Tejon Street Mon-Sat Lunch 11:00 - 2:30pm. Mon-Sun Dinner 5:00-10:00pm. 50% off Sushi & Rolls for lunch.</p>	<p>Special: 50% off Sushi & Rolls. Monday Madness Happy Hour Special 5-6pm everything half price. Tues, Thurs & Friday Happy Hour Special 5-6:30pm, 50% off Sake and Beer, 20% off Sushi and Rolls. Wednesday Night-5-6:30pm 20% off Sushi and Rolls, 2 for 1 drinks. ZUMBA every Thursday Night! Live Music every Friday Night! www.fujiyamasushi.com</p>
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MEXICAN

	<p>Qdoba Mexican Grill 7140 N. Academy Blvd 1605 Briargate Pkwy Briargate Shopping Center</p>	<p>Qdoba is an artisanal Mexican kitchen where anyone can go to enjoy a fast, handcrafted meal prepared with fresh ingredients and innovative flavors including signature sauces like our 3 Cheese Queso. Catering and Online Ordering is available www.Qdoba.com. Show your AFA or Military I.D. to receive a FREE DRINK with the purchase of a regular entrée.</p>
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	<p>Arceo's 1605 S. Nevada Ave. 442-2626 Open 10:00am-10:00pm Visit our new location: 1608 Rusina Road 719-266-0143.</p>	<p>Join us in our family owned and operated restaurant for authentic specialties from Mexico. Serving lunch and dinner, dine in our friendly atmosphere or order for take out. Winner of 2 "Best Of" awards from The Gazette and home of the unique and delicious "Huckleberry" Margarita. www.ardceos.biz.</p>
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	<p>Maria's Taco Shop 2812 E. Pikes Peak At the corner of N. Circle 719-471-4525 Open 7 days/week</p>	<p>Real Mexican food California Style. Serving breakfast all day. Taste our delicious Menuo Fri-Sun. Also, featuring tacos made of carne asada, adobada, buche, carnitas, chicken, chorizo, fish, & shrimp. Enjoy our raspberry mango cheesecake. Voted "Best Fish Taco" 2009 by The Gazette. Future liquor license. WIFI Available. \$3 off of \$10 purchase with this ad. Marias-Taco-Shop.com</p>
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MIDDLE EASTERN

	<p>Taste of Jerusalem Café 15E Bijou (Downtown) Colorado Springs CO 80903 719-477-1777 www.tasteofjerusalemcafe.com Buy any combo get the 2nd 50% off</p>	<p>We carry a full selection of authentic middle eastern food from appetizers to dessert. Healthy vegetarian, melt in your mouth Shawarma, falafel, hummus, babaganooj, tabouleh, variety of baklava, Hot middle eastern tea, Turkish coffee and many other delicious foods are available for take-out or to eat in. Come see our Belly Dancers Friday nights 6-8:30pm. Visit next door. Hookah King now open. Free downtown delivery. 15% discount with military I.D.</p>
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	<p>Arabica Café 12 S. Tejon St. 719-471-2444</p>	<p>BUY ANY SANDWICH OR PLATTER WITH MEDIUM DRINK, GET THE 2ND ONE 50% OFF. Excludes daily specials. Voted Best of The Springs by the Chamber. Authentic recipes, the only fresh, real Shwarma made from scratch in the area. Kebabs, Tandoori, Vegan options and much more in a relaxing atmosphere right on the Tejon strip. Check out the website for more information about us. www.cravearabica.com</p>
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STEAKHOUSE

	<p>SteakSmith 719-956-9300 3802 Maizeland Rd. 719-596-9300</p>	<p>BACK BY POPULAR DEMAND CHAMPAGNE DAY BRUNCH- Brunch every Sunday from 10-1PM, \$22 Adults, \$10 Children. Reservations for Dinner and Brunch HIGHLY RECOMMENDED. Available 24/7 at www.steaksmith.com "Best of Springs Winner"-2007, 2008, 2009, 2010. Happy Hour 7 days a week, 4-6:30PM. SEE SPECIAL COUPONS WEEKLY AT www.steaksmith.com. MILITARY DISCOUNTS SENIOR DISCOUNT, CADET SPECIALS. What locals have known for 29 years.</p>
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For advertising information call Sara at 719-636-0130



Ice Arena Open House

The Cadet Ice Arena will hold an open house featuring ice skating and door prizes Sunday from 1 to 3 p.m.

Admission is \$4, and skate rental is \$3. The event is open to military members and their families, retirees, and civilians and contractors assigned to the Air Force Academy. Call the Field House at 333-0389 for more information.

Post-9/11 GI Bill briefings

The Education Services Center will hold Post-9/11 GI Bill informational briefings Sept. 29, Oct. 27 and Nov. 24 at 10 a.m. and Oct. 13 and Nov. 10 at 1 p.m.

Space is limited, so call 333-3298 to reserve a slot.

10thABW golf tournament

Slots are still available for the 10th Air Base Wing golf tournament at the Eisenhower Golf Course here Sept. 17 at 1:30 p.m.

Admission is \$40 for Airmen in pay grades E-1 through E-4, \$50 for Airmen E-5 and above and \$60 for civilians.



CADET CHAPEL

Buddhist

Sundays, 10 a.m.
Wednesdays, 6:30 p.m.

Native American

Sweatlodge Ceremony - Sept. 4, 4 p.m.
Fort Carson Turkey Creek Recreation Area

Protestant Worship

Traditional: Sundays, 9 a.m.
Contemporary: Sundays, 11 a.m.

Catholic Worship

Mass: Sundays, 10-11 a.m.
Monday, Tuesdays and Thursdays,
6:40-7:10 a.m.
Confession and Adoration: Wednesdays,
5:30-6:30 p.m.

Holy Days of Obligation: 6 p.m.

Jewish Worship

Fridays, 7 p.m. (during academic year)

Open for tours

Mon.-Sat. 9 a.m.-5 p.m.
Sunday 1-5 p.m.
No tours during services

Service times are subject to change without notice due to mission requirements. Please call 719-333-2636/4515 for more information.

COMMUNITY CENTER CHAPEL

Catholic Masses

Saturdays

Reconciliation - 3:30 p.m.
Mass - 4 p.m.

Sundays

Mass - 9 a.m.
Religious formation - 10:15 a.m.
(September-May)

Tuesdays-Fridays

Mass 11:30 a.m.

Protestant Services

Wednesdays

Wednesday Night Live - 6 p.m.
Dinner followed by Religious Education
(September-May)

Sundays

Evangelical - 10:15 a.m.
Gospel 11:30 a.m.

For more information, contact the Eisenhower Golf Course at 333-2606.

Baseball youth clinic

The Falcons will hold a baseball youth clinic, featuring 2½ hours of instruction from Air Force players and coaches, at Falcon Field Sept. 18 from 9 to 11:30 a.m.

Admission is \$20. For more information, contact Coach Toby Bicknell at 333-7359.

Volksmarch at Farish

The Academy will hold its annual volksmarch Sept. 19 at 8 a.m. in the Farish Recreation Area.

Contact the 10th Force Support Squadron at 333-4356 for more information or to sign up.

Retroactive stop loss

Airmen, veterans and beneficiaries who were involuntarily extended under Stop Loss between Sept. 11, 2001 and Sept. 30, 2009, are eligible for Retroactive Stop Loss Special Pay.

The last day to file a claim for the special pay is Oct. 21. Go to the Air Force Personnel Center website at www.afpc.randolph.af.mil/stoploss for links to claim forms and instructions on how to file.

Friday fun runs

The Headquarters Commander's Support Staff will hold Friday fun runs beginning in the loop in front of Arnold Hall the second and fourth Friday of each month at 7:30 a.m.

Each run will be about 3 miles in length and will feature a variety of courses around the Academy grounds, beginning and ending at Harmon Hall.

Submit efficiency ideas

Secretary of Defense Robert Gates has asked all servicemembers and Department of Defense civilians for ideas on how to make the DOD more efficient and effective. Undersecretary of the Air Force Erin Conaton encourages people to submit ideas for consideration at www.defense.gov/invest.

People may submit ideas through Sept. 24. The DOD will announce the final 25 award winners Oct. 31. Winners will receive cash awards ranging from \$500 to \$1,000.

Construction at gates

Construction will continue on booths for security personnel working at the North and South gates.

The North Gate will close at 9 p.m. instead of 10 p.m. to accommodate construction, which will take place from 9 p.m. to 5 a.m. through the first part of 2011.

Volunteer call

Volunteers are needed for each of the following upcoming events.

- **Cadet Candidate Sponsors:** The Academy Preparatory School needs sponsors for Class of 2011 cadet candidates. For more information or to volunteer, contact Mark Winter at 333-3057.

- **Special Observances:** The Equal Opportunity Office seeks enthusiastic volunteers to plan and coordinate events for Hispanic Heritage Month (Wednesday to Oct. 15), National Disability Employment Awareness Month (October) and National American Indian Heritage Month (November). To volunteer, contact EO specialist Gina

Moore at 333-4258.

- **ESOH CAMP:** The 2010 Environmental, Safety and Occupational Health Compliance Assessment and Management Program needs volunteers to conduct an internal audit Tuesday through Sept. 17. The volunteers will present their findings to the 10th Air Base Wing commander in the 10th Civil Engineer Squadron conference room in Building 8120 Sept. 20 at 1:30 p.m. To volunteer as an audit team member, contact Jeanie Duncan at 333-0812.

- **Honor Guard:** The Academy Honor Guard needs officer and enlisted volunteers who can support two details per month for one year and who can attend training every other Wednesday from 1 to 4 p.m. To volunteer, contact Janet Edwards at 333-3323 or Staff Sgt. Hugo Reinor at 333-5621.

Front Range Stars

The Front Range Stars live singing competition will take place tonight at 7 p.m. in the auditorium at Peterson Air Force Base, Colo., featuring contestants from the Air Force Academy, Peterson and Schriever AFBs.

Tickets are \$7 in advance and \$10 at the door.

A news anchor from local TV station Fox-21 will emcee the event. Funds raised will go toward the Peterson AFB Junior Enlisted Association, with some proceeds being donated to the Autism Society of Colorado.

For tickets, contact Tech. Sgt. Angela Grannis at 333-2225 or Staff Sgt. Amber Davis or Senior Airman Anna Goslin at 333-5171.

Health Mgmt. Clinic

The 10th Medical Group's Health Management Clinic offers healthy heart classes the first Tuesday of each month from 1 to 3:45 p.m. on the second floor of the Academy Clinic for people with high blood pressure or cholesterol, as well as diabetes education the first and second Thursday of each month from 8 a.m. to noon in the Health and Wellness Center for those with new or existing diabetes or pre-diabetes.

To reserve a spot for either class, call the central appointment line at 457-2273 (CARE). No referral is needed.

Evening Aerobics

The Community Center Sports and Fitness Center now offers evening aerobics classes at 5 p.m. Mondays, Wednesdays and Thursdays. To sign up or for more information, call 333-4522.

A&FRC offerings

The Academy Airman and Family Readiness Center will host the following classes in August and September. Contact the A&FRC at 333-3444 or 333-3445 with questions or to sign up for a class. Class dates and times are subject to change.

Group Pre-Separation Counseling

Held Mondays (except during Transition Assistance week), 2 to 4 p.m.

Separating or retiring from the Air Force in a year or less? This mandatory briefing will help you identify benefits and services associated with your transition and beyond.

Heart Link

Today, 9 a.m. to 1 p.m.

If you've been married to a servicemember for less than five years, this class will better help you understand the military way of life, terminology,

chain of command and the services and benefits available to you.

Disabled American Veterans Medical Records Review

Monday, 7:30 a.m. to 4:30 p.m.

Individuals within 180 days of retirement or separation can have the DAV review their medical records. You must pre-register; call the A&FRC for an individual appointment.

Sponsor Training

Tuesday, 8-9 a.m.

This training is required for all sponsors of incoming Academy personnel.

Résumé Writing Workshop

Wednesday, 9 a.m. to noon

Learn to write an effective résumé that will open the door to your next career opportunity.

Newcomers' Orientation

Thursday, 9 a.m. to 4 p.m.

This briefing is mandatory for all newcomers and is held at the Milazzo Theater. It offers a variety of briefings from on- and off-base programs introducing newly arrived personnel and spouses to key personnel and resources.

Transition Assistance Program Seminar

Sept. 20-24, 7:30 a.m. to 4:30 p.m.

Active-duty servicemembers and Department of Defense civilians who are separating or retiring are encouraged to attend this five-day seminar. Spouses are also welcome to register and attend.

POW/MIA Events

The Falcon Top 3 will hold two events Thursday and Sept. 17 in honor of National POW/MIA Recognition Day.

A "You are Not Forgotten" roll call will be held Sept. 16 from 7:30 a.m. to 5 p.m. at the Academy Community Center.

A luncheon with a Mediterranean buffet is Sept. 17 from 11 a.m. to 1 p.m. Call 333-8983 for information.

Housing services

The 10th Civil Engineer Squadron offers government housing representation and is co-located with Forest City at 6556 West Columbine Drive.

The housing office offers information on local rentals and sales, lease review, schools, and the local area. We also provide conflict resolution for both on and off base housing. Call 333-2247 or 333-9269 for further information.

Community activities

For more information on activities at the Community Center, call 333-2928.

The flea market originally scheduled for Sept. 11 will now be held Sept. 18 in the Base Exchange parking lot from 9 a.m. to 1 p.m. Cost is \$10 for a space, \$15 for vendors selling out of their vehicles and \$5 for a table.



Race for the Cure

The Susan B. Komen Foundation will hold its "Race for the Cure" 5k walk Sept. 12 at Garden of the Gods Park.

Meet south of the main stage at 7:30 a.m. for the 5k walk, which begins at 8:15 a.m.

HEALTHCARE



PRN Crisis Evaluator
PRN openings for our Admissions department. Openings on various days and shifts, to include evenings and weekends. Requires CO licensure as a Therapist (LPC, LMFT, or LCSW) or Registered Nurse, two years of mental health experience with at least one year experience in crisis work and mental health evaluations.

Therapist
Full-time, opening for CO licensed therapists for child / adolescent residential programs. Requires Master's Degree in counseling, psychology or social work and applicable CO license. Ability to work weekends a must. Prefer experience with children and/or adolescents.

To apply, please fax your resume to 719-630-0118 or apply in person at 2135 Southgate Rd, C/S, 80906. EOE.

HEALTHCARE

SET Family Medical Clinics has opening for a

PT RN
to work the evening clinic, 20 hrs per wk + ben. Must be self starter, knowledge of child immunizations & enjoy clinic work. Sal neg. Email resume & cover letter to setofcsinfo@centura.org or fax to 776-8855 by 09/10/10.

HEALTHCARE

Springs Village Care Center is in need of: **Temporary Relief Driver** for a skilled nursing home. 35 hrs a week. Mon-Fri. Must be CNA certified good driving record. Experience a plus, but not a must.

Pre-Drug Screen EOE/No Agencies **Please fax resume to 719-475-1223 or apply within at 110 W. Van Buren St C.S.C 80907 NO CALLS PLEASE**

New Today!

PARALEGAL

We are seeking a Paralegal to be a quality member on our team at the best Family Law firm in Colorado Springs. To be eligible you must have a minimum of 5 years experience as a Paralegal in Family Law. Salary is commensurate with your experience and there are benefits beyond salary and job satisfaction if you work on our team. Please fax your resume & cover letter to 719-442-6847.

MAINTENANCE

Ft Carson Family Housing seeks the following position.

GENERAL MAINTENANCE WORKER

Full time, hourly. Must be willing to work the night/weekends/on-call shift. Min Req: 2 yrs exp residential and/or commercial repair work. Basic HVAC skills. All candidates must have valid DL.

Please fax your resume to 719-579-1864. Balfour Beatty Communities is an EO/AA/Drug Free Workplace Employer. www.balfourbeattycommunities.com

HEALTHCARE

DIRECTOR OF NURSING

Sharmar Village Seeking an RN with exp. in LTC, state regulations, exc. leadership & training skills w/ a passion of serving our elderly population. **E-mail resume to:** Jessica.holt@continuumhealth.com A Continuing Care Retirement Community EOE

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Make a difference. Open your home and provide nurturing, personal care for people with intellectual disabilities. Training available. Earn \$1,000 - \$4,800 mo. tax free. Call Colorado Solutions to learn more: 1-866-948-6685 or www.coloradosolutions.org A Division of Denver Options.

Real Estate & Rentals



NORTHEAST FSBO - Nice end unit, ranch style townhome. 2 bedrooms, 1 bath, 1 car. All kitchen appliances, central AC, new carpet. Great neighborhood. Located near shopping, bases and schools. \$105K. (719)640-1302 or (719)330-9155 after 6 p.m.

NORTHWEST 2br, 2.5ba, TH, D11 schls, 1car gar, NS, pet nego. low utils. \$850. +dep. Call 439-6680

NORTHEAST Former Model Home 3br, 2.5ba, 2.5gar, 2flpl, AC, upgrades galore, covered patio, D20 schools. Low Maint./trash incl. in Rent. \$1800 mo. Avail. 11/1 or sooner. 719-344-5242/719-322-8933

HIGH FOREST RANCH - 3.93 acre culdesac lot. Trees and views! Gated - w/community center. 719-955-8589 The Platinum Group LauriAnnMaloney.com

PEYTON - 40 acre lot w/well and ready to build! Full mtn views, trees and frnd. Close to bases! 719-955-8589 The Platinum Group LauriAnnMaloney.com

Transportation

Awesome CAVALIER LS 2002 Exc cond. AC pw, pd, CD, \$4,250 719-499-1518

New Today!

ACCORD 1999 EX, V-6, 67K, LOADED, 2nd owner, Michelins, immaculate, \$7,900. 719-488-1369

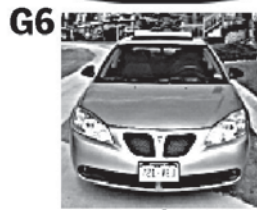
AZERA LIMITED 2007 \$13,950. 29,500 mi, sage green, very good cond. Monument 719-482-6755

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2006 \$8995
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LOOK

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SILVERADO LS
1999 Red, extended cab, 1/2 ton, 4x4, 5.3L V-8, 326ci, 130K miles, asking \$7000. Excellent condition!
630-3458 or 632-5135

HAPPY LABOR DAY!



3/4 ton Pickup 1990 with Service Body, 126K miles, runs good, \$1500. 719-499-9458

THIS OUT!

SILVERADO 2003 4X4 Ent. Cab, On Star, Tow Pkg, AC, cruise, tilt, am/fm CD. 499-1518

F-150 2000 X-Cab AT, less than 50K miles, like new, AC, theft protection, \$7995. 719-213-6749

MUST SEE!

4-RUNNER 1993 SR5, 3VZ auto, well maintained, 166K mi, \$4,800obo. 719-267-4027



FATBOY 2000 SHOWROOM Custom, Fat Whl, Sweet Ride, 5100 mi. Must See \$12,995 Active Duty Discount 719-332-3515

SPRINT ST with bags, like new, 6,400 miles. \$4,500. 719-481-3664 or 719-331-8959

Goodyear Wrangler Radial Tire, \$35. Never used P225/75R15 mounted on new wheel. Also, set of chains for same/similar size wheels: \$10. 375-8821.

FIND A JOB THAT REVOLVES AROUND YOUR LIFE.

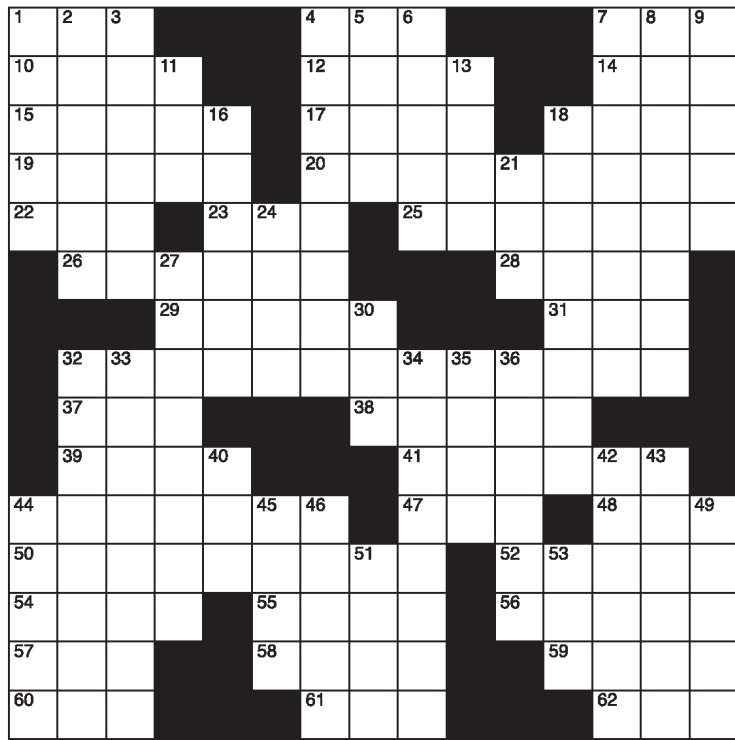
If you are looking for a shorter commute, better pay, or a job that lets you put family first, you can find it right here in Colorado Springs. *Your calling is calling,* find it at springsjobs.com/monster.

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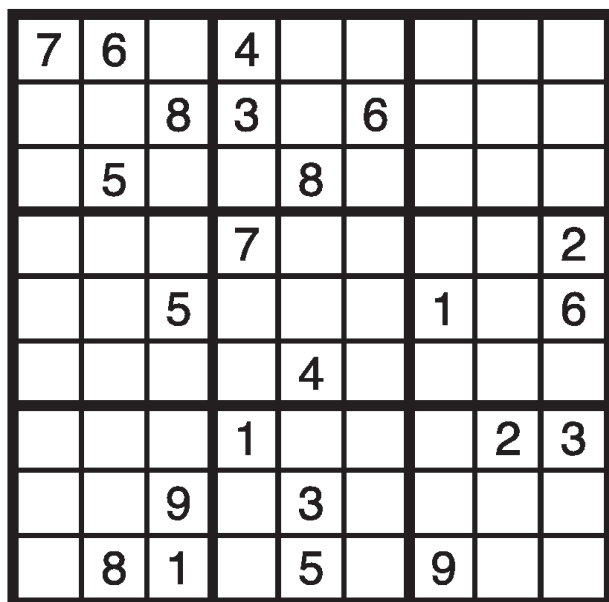
CLUES ACROSS

- 1. Bank machine
- 4. Prevent from speaking
- 7. Prints money
- 10. Lollygag
- 12. Light beige
- 14. City in India
- 15. Weak tweet
- 17. 40-day Jewish season
- 18. Coat a highway
- 19. Where nerves and blood cells attach to an organ
- 20. Destroyed
- 22. Smallest whole number
- 23. Point midway between NE and E
- 25. Egg-shaped wind instrument
- 26. Seemliness
- 28. Iranian language
- 29. 14th of Adar
- 31. Funnyman Knotts
- 32. Taking part in
- 37. Type of Cuckoo bird
- 38. Burkus and Bargatze
- 39. Scalp infecting insects
- 41. Corrects a clock
- 44. Do over, as of a house
- 47. Formicidae
- 48. Records brain waves
- 50. Body structures
- 52. The Muse of lyric poetry
- 54. Acquires
- 55. Peruvian monetary unit
- 56. Makes folds
- 57. Volcanic mountain in Japan
- 58. Unrestrained revelry
- 59. 2nd weekday (abbr.)
- 60. Soviet Socialist Republic (abbr.)
- 61. Point midway between N and NE
- 62. Before

CLUES DOWN

- 1. Even though
- 2. A way of pulling
- 3. One who sends letters
- 4. B. Fuller's dome
- 5. The culminating point
- 6. El _____, painter
- 7. Building at 175 5th Ave.
- 8. Vulturine
- 9. Charles II's home in exile
- 11. Italian monk's prefixed title
- 13. Type of acid
- 16. Sized before using or selling
- 18. A heavenly place
- 21. Angry
- 24. Filippo _____, Saint
- 27. Yellowish pinks
- 30. Unit of time (abbr.)
- 32. Deficiency in color
- 33. Pixar cartoonist
- 34. Tapeworm, for example
- 35. Egyptian Sun god
- 36. A bed canopy
- 40. Yeddo
- 42. Orange Pekoe container
- 43. English, Irish or Gordon
- 44. Traditional Hindu music
- 45. An independent ruler or chieftan
- 46. Connects cellular granules
- 49. 19th C. naturalist Philip Henry
- 51. British school
- 53. Road groove

SUDOKU



Level: Intermediate

Fun By The Numbers

Like puzzles?

Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so shapren your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier to gets to solve the puzzle!

Solution on page 13

9-10-10

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