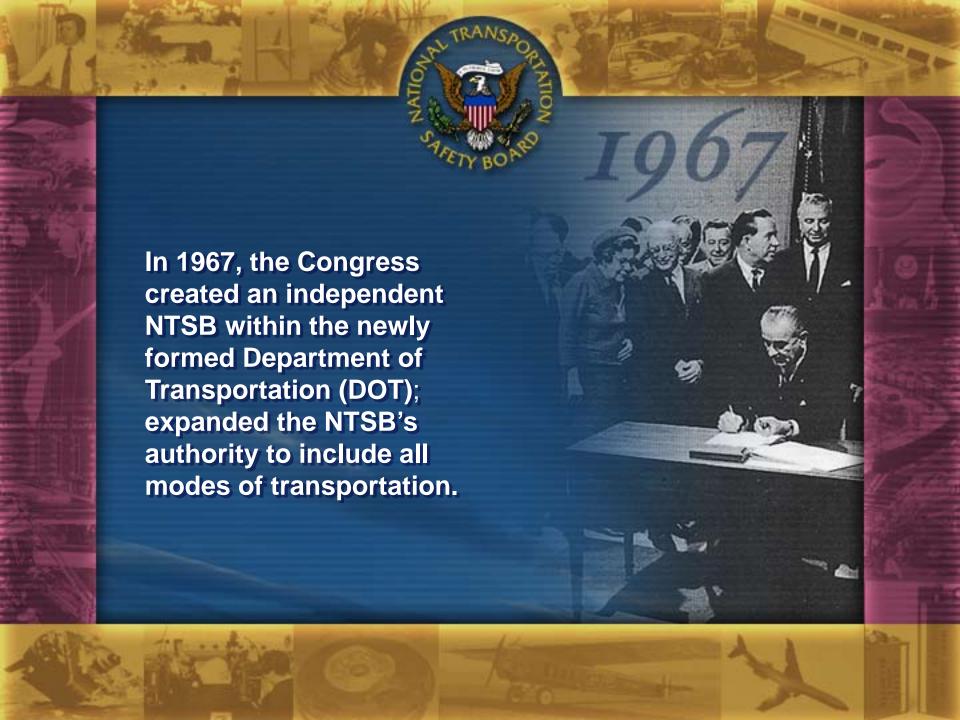


NTSB National Transportation Safety Board

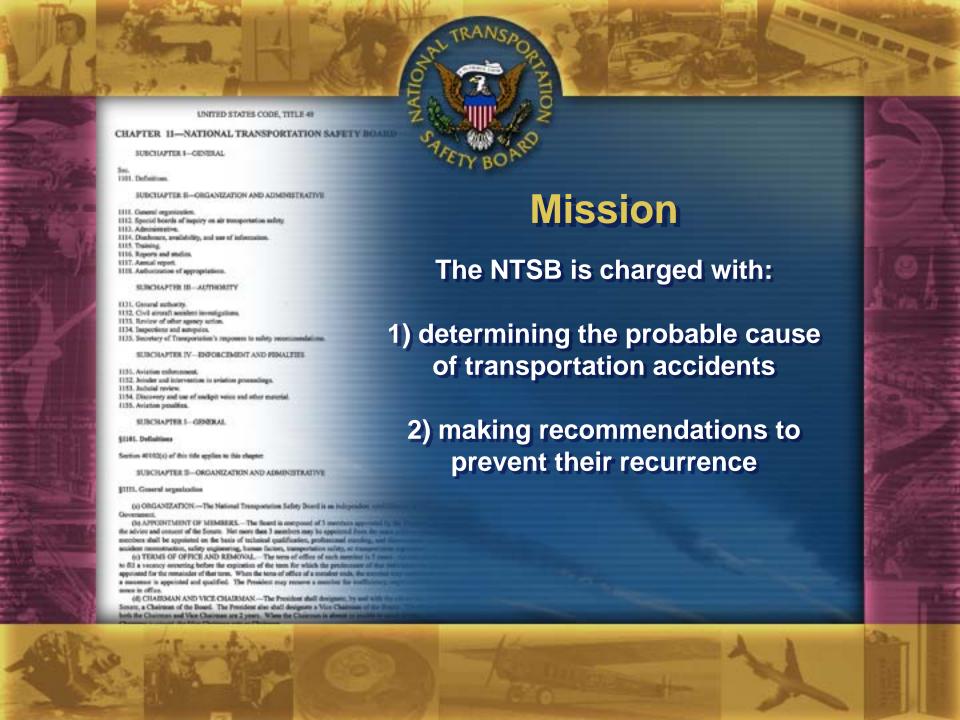
The Biggest Risk in Transportation Safety: Human Behavior

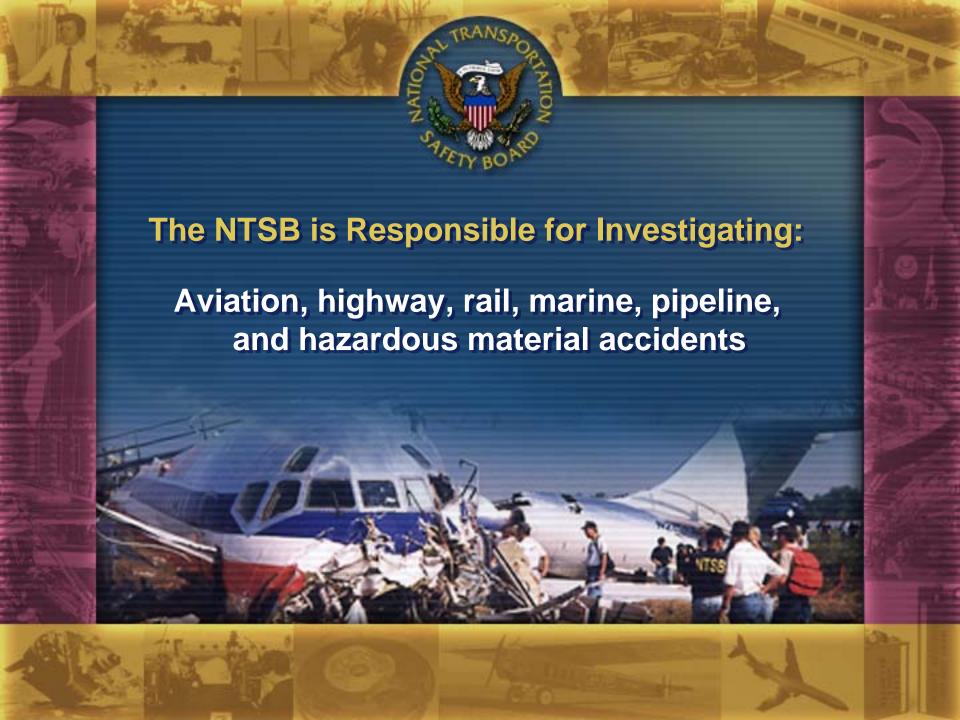
Mark R. Rosekind, Ph.D. Board Member

Alpert Medical School of Brown University
Department of Psychiatry and Human Behavior
Academic Grand Rounds
February 2, 2011













The Biggest Risk in Transportation Safety: Human Behavior

- Fatigue
- Medications
- Alcohol impaired driving
- Distractions



Go! Flight 1002



• early starts, multiple segment days, sleep apnea



Honorable John K. Lauber:

No Accident ≠
Safe Operation



Guantanamo Bay Cuba

First NTSB aviation accident to cite fatigue as probable cause



• acute sleep loss, sleep debt, circadian disruption



Continental Connection (Colgan Air) Buffalo NY (February 12, 2009)



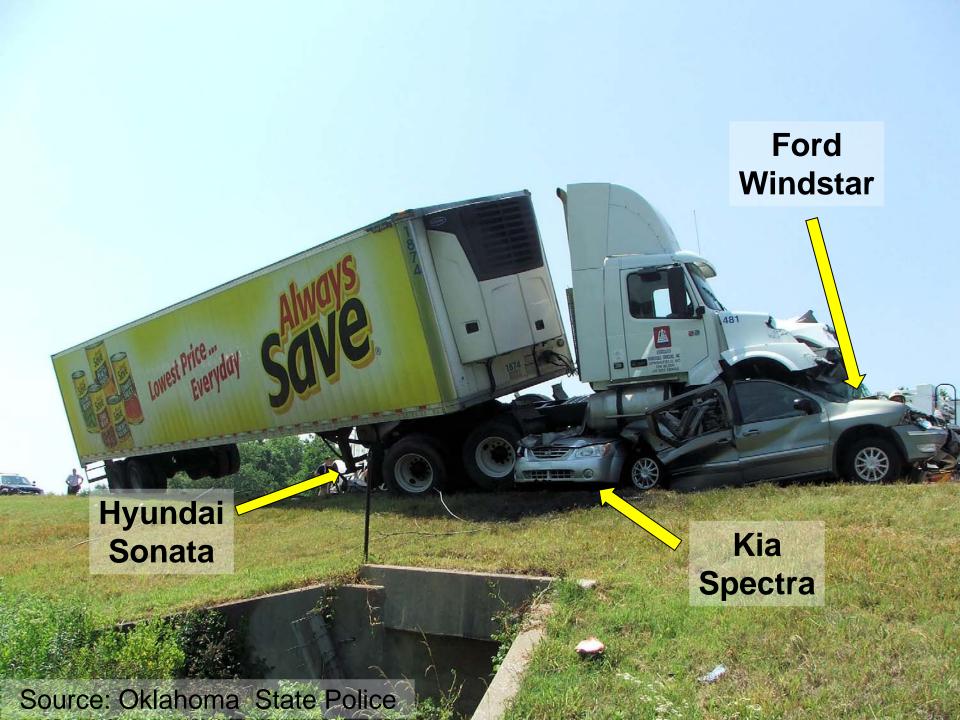
50 fatalities; commuting, acute sleep loss NTSB



Fatal Airline Accidents (fatigue cited)

- 8/97 Guam: 228 fatalities
- 6/99 Little Rock AK: 11 fatalities
- 10/04 Kirksville MO: 11 fatalities
- 8/06 Lexington KY: 49 fatalities
- 2/09 Buffalo NY: 49 fatalities



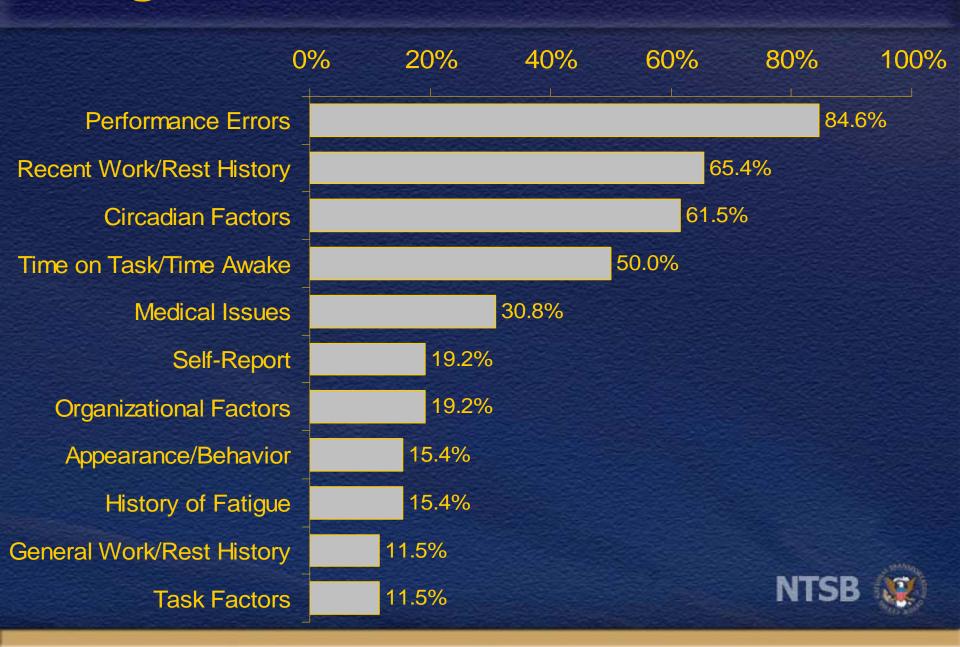


Probable Cause (fatigue)

"... driver's fatigue, caused by the combined effects of acute sleep loss, circadian disruption associated with his shift work schedule, and mild sleep apnea, which resulted in the driver's failure to react to slowing and stopped traffic ahead by applying the brakes or performing any evasive maneuver to avoid colliding with the traffic queue..."



Fatigue Indicators



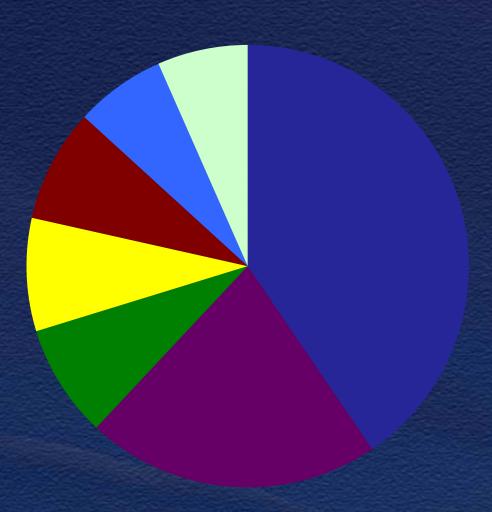
NTSB Fatigue Recommendations

MOST WANTED since 1990

150+ fatigue recommendations



Complex Issue: Requires Multiple Solutions



- Scheduling Policies and Practices
- Education
 - Organizational Strategies
- Raising Awareness
- Healthy Sleep
- Vehicle and Environmental Strategies
- Research and Evaluation



The Biggest Risk in Transportation Safety: Human Behavior

- Fatigue
- Medications
- Alcohol impaired driving
- Distractions



Cosco Busan (SF Bay, Nov. 2007)





Cosco Busan (SF Bay, Nov. 2007)

- Pilot over 25 years experience
- Misinterpreted electronic chart and radar displays
- Navigated vessel directly toward the Delta tower of the bridge

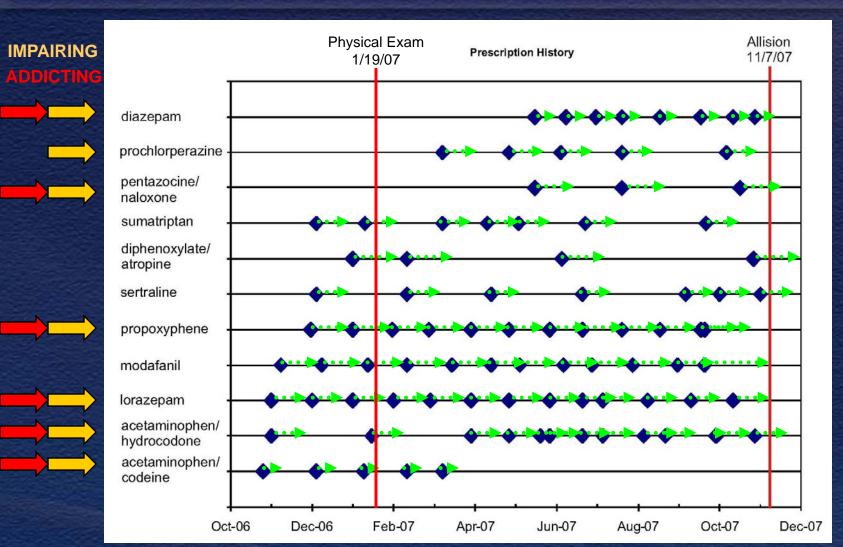


Pilot Medical History

- History included:
 - chronic esophagitis
 - sleep apnea
 - "occasional" abdominal pain
 - glaucoma
 - "occasional" medication "for sleep"
- No other medications noted
- No additional review; "competent"



Prescription History





Probable Cause/Contributors

 The failure to safely navigate the vessel in restricted visibility as a result of the pilot's degraded cognitive performance . . .



Des Plaines, Illinois (October, 2002)





Des Plaines, Illinois (October, 2002)





Probable Cause

. . . the train MPRSS-21 engineer's falling asleep at the controls of his locomotive and the unexplained inattentiveness and inaction of the conductor in the moments before the collision.

Contributing to the engineer's falling asleep was likely his use of prescription medications that may cause drowsiness, as well as his lack of sleep in the 22 hours preceding the accident.



The Biggest Risk in Transportation Safety: Human Behavior

- Fatigue
- Medications
- Alcohol impaired driving
- Distractions



Carrollton, KY (May, 1988)



67 passengers, 27 fatalities, 34 serious injuries; driver: .28 BAC



Alcohol Impaired Driving

- 10,839 fatalities in 2009
- > 4X total of all other modes
- Daily fatalities > 27 in deadliest crash



- Hard core:
 - 0.15 or > BAC or
 - repeat offender in past 10 yrs
- Hard core: 70% of fatalities
 - 7,607 fatalities (2009)
 - 22% of all highway fatalities



- NHTSA:
 - estimates 88 impaired trips
 before being arrested once
 - hard core repeat offender:
 176 trips before being caught!



- NTSB 2000 Recommendation:
 - establish comprehensive program designed to reduce the incidence of alcohol-related crashes, injuries, and fatalities caused by hard core drinking drivers
- States Most Wanted List since 2003



- Crime and punishment
- Technology innovations
- Behavioral/systems interventions:
 - DWI courts



Incline Village, NV – Feb 2007



urine ethanol: 0.279 percent; chest blood ethanol 0.155 percent NTSB



The Biggest Risk in Transportation Safety: Human Behavior

- Fatigue
- Medications
- Alcohol impaired driving
- **Distractions**





Survival Factors Factual Report - Photo 9 - Aerial view of accident area (Metrolink)

25 fatalities, 135 injuries; \$12M damage













25 fatalities, 135 injuries; \$12M damage



Probable cause:

failure of the Metrolink engineer to observe and appropriately respond to the red signal aspect at Control Point Topanga because he was engaged in prohibited use of a wireless device, specifically text messaging, that distracted him from his duties.



Manage Human Behavior = Enhance Safety

- Promote change: safety culture
- Get educated
- Acknowledge risk
- Act!





NTSB