DEPLOYMENT

In response to world events including war and terrorism, deployments have become longer, more frequent, and more often involve being in harm's way. These factors cause Service members and families additional stress, and have increased the challenges of deployment readiness, managing separations, and successful reunions.

<u>After Deployment.org</u>: a mental wellness resource for Service members, Veterans, and Military Families, created by DoD and the Veterans Administration.

Military OneSource - Search "Deployment"

<u>Coming Home - Military Families Cope</u>: a wellness resource for deploying/deployed Service members and their families.