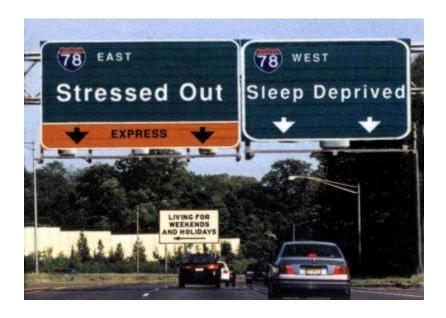
Battling Burnout: Stop Burning Your Candle at Both Ends



Join the Pentagon Employee Referral Service Program (PERS) for a workshop designed to:

Define Burnout
 Help identify your Burnout signs
 Teach methods to cope with Burnout

Thursday, June 14, 2012 from 9:30 am to 11:00 am

Upton Conference Room (#219), located in the DiLorenzo TriCare Health Clinic

Please call 703-692-8917 or email DTHC.PERS@health.mil to register