



# **9<sup>TH</sup> CONGRESSIONAL DISTRICT SENIOR RESOURCE GUIDE**

Compiled by:

*The Office of  
Congressman Gary C. Peters*

## **SENIOR SERVICE ORGANIZATIONS AND AGENCIES**

### **The Area Agency on Aging 1-B (AAA Region 1-B)**

Certified resource specialists are available to provide information and assistance on thousands of services and resources available for older adults (60+), persons with disabilities and family caregivers.

Areas of Assistance include: housing options, eligibility and availability of Government funded long term care programs, transportation, personal care, respite care and legal services.

Service Areas: Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw counties.

29100 Northwestern Highway Suite 400

Southfield, MI 48034

Phone: 248-357-2255 or 800-852-7795 (in-state only)

Fax: 248-948-9691

Website: <http://www.aaa1b.org>

### **MMAP, Inc.**

MMAP, Inc. works through the Area Agency on Aging to provide high quality health benefit information and counseling, supported by a statewide network of unpaid and paid skilled professionals.

6105 West St. Joseph Suite 204

Lansing, MI 48917-4850

Phone: 1-800-803-7174

Website: <http://www.mmapinc.org>

## **Oakland Livingston Human Services Agency (OLHSA)**

The Oakland Livingston Human Services Agency (OLHSA) is a community action agency with programs that enable the low-income, elderly and disabled residents of Oakland and Livingston Counties to gain the knowledge and skills to become self-sufficient.

OLHSA Oakland, Central Office  
196 Cesar E. Chavez Avenue  
PO Box 430598  
Pontiac, MI 48343-0598  
Phone: 248-209-2600

OLHSA Oakland, South Office  
345 E. Nine Mile Road  
Ferndale, MI 48220  
Phone: 248-542-5860

OLHSA Livingston  
2300 E. Grand River Avenue  
Suite 107  
Howell, MI 48843  
Phone: 517-546-8500

Website: <http://www.olhsa.org>

### ***Senior Services Provided by OLHSA***

OLHSA's Senior Citizen Department offers a variety of comprehensive services for seniors, 60 years of age or older, to assist them in maintaining or improving their quality of life.

OLHSA has published a comprehensive directory of services that may be obtained upon request.

#### Services Include:

- Advocacy
- Bi-lingual and translation services
- Chore and family support services
- Commodity foods
- Community information and referral
- Focus: HOPE

- Multi-Purpose senior centers
- Weatherization
- Grandparents raising grandchildren
- Home safety equipment

## **AARP**

Founded in 1958, AARP is a non-profit, non-partisan membership organization that helps people 50 and over to improve the quality of their lives.

Michigan Office  
309 N. Washington Square  
Suite 110  
Lansing, MI 48933  
Phone: 1-866-227-7448 (toll-free)  
TTY: 1-877-434-7598  
Website: [www.aarp.org/states/mi](http://www.aarp.org/states/mi)

## **Jewish Family Services**

At Jewish Family Service, older adults are empowered to gain control of their lives and, at the same time, maintain their independence. JFS offers a variety of services aimed at increasing the quality of life, and maintaining independence, dignity, and self-esteem.

25900 Greenfield Rd Ste 405  
Oak Park, MI 48237  
Phone: 248-592-2300  
Website: [www.jfsdetroit.org](http://www.jfsdetroit.org)

## FEDERAL, STATE & LOCAL GOVERNMENT RESOURCES

### **Social Security Administration**

Phone: 1-800-772-1213

TTY: 1-800-325-0778

Social Security  
23580 Orchard Lake Road  
Farmington Hills, MI 48336  
Phone: 1800-772-1213  
TTY: 1-800-325-0778

Social Security  
1515 E. 11 Mile Road  
Royal Oak, MI 48067  
Phone: 1800-772-1213  
TTY: 1-800-325-0778

Social Security  
1280 Pontiac Road  
Pontiac, MI 48340  
Phone: 1800-772-1213  
TTY: 1-800-325-0778

Website: [www.ssa.gov](http://www.ssa.gov)

### *Retirement Benefits:*

- You must be at least 61 years and 9 months old to apply for retirement benefits
- You should apply for benefits no more than four (4) months before the date you want your benefits to start
- If you are not getting Social Security and you are not ready to retire, you should still sign up for Medicare four (4) months before your 65<sup>th</sup> birthday

### *Supplemental Security Income (SSI):*

- SSI program pays benefits to disabled adults and children who have limited income and resources
- SSI benefits are also payable to people 65 and older without disabilities who meet the financial limits

### *Social Security Disability (SSDI):*

- SSDI pays benefits to you and certain family members if you worked long enough and paid Social Security taxes
- Your adult child may also qualify for benefits on your earnings record if he or she has a disability that started before the age of 22.

*Survivor Benefits:*

- Social Security Survivor's benefits can be paid to:
  - A widow or widower – full benefits at full retirement age, or reduced benefits as early as age 60
  - A disabled widow or widower – as early as age 50
  - A widow or widower at any age if he or she takes care of the deceased's child who is under age 16 or disabled and receiving Social Security benefits
  - Unmarried children under 18 or up to age 19 if they are attending high school full time. Under certain circumstances, benefits can be paid to stepchildren, grandchildren or adopted children
  - Children at any age who were disabled before the age of 22 and remain disabled
  - Dependent parents age 62 or older
  - If you are divorced, you may still qualify for survivors benefits

**Social Security Fraud Hotline**

PO Box 17768

Baltimore, Maryland 21235

Hours of Operation: 10:00 a.m. to 4:00 p.m. EST

Phone: 1-800-269-0271

TTY: 1-866-501-2101

Fax: 410-597-0118

**Having trouble with your social security benefits or have questions about social security? Call my office, 248.273.4227 and ask for my social security caseworker. We are pleased to be of service –**  
*Congressman Gary Peters*

## **Michigan Office of Services to the Aging**

The Michigan Office of Services to the Aging is your state resource for information on aging in Michigan. If you're an older adult, family member or caregiver, here you can easily find and be referred to community programs available in your local area.

PO Box 30676

Lansing, MI 48909-8176

Phone: 517-373-8230

Fax: 517-373-4092

Website: [www.michigan.gov/miseniors](http://www.michigan.gov/miseniors)

## **Department of Human Services, Oakland County**

Oakland County DHS –

Baldwin Road District

1685 Baldwin Road

Pontiac, MI 48340

Phone: 248-975-5400

Fax: 248-451-1794

TDD: 517-241-0795

Oakland County Central

Administration

Oakland Towne Center

28 N. Saginaw Street

Suite 1200

Pontiac, MI 48342

Phone: 248-975-5200

Fax: 248-975-5395

TDD: 248-975-4875

Oakland County DHS –

Madison Heights District

30755 Montpelier

Madison Heights, MI 48071

Phone: 248-583-8700

Fax: 248-583-8841

TDD: 248-975-4875

Oakland County DHS – Walled

Lake District

195 Ladd Road

Walled Lake, MI 48390

Phone: 248-669-7600

Fax: 248-669-7672

TDD: 248-975-4875

*Services:*

- **Aged, Blind, Disabled** Medicaid is available to persons who are aged, blind, or disabled. There are income and asset limits. If the income is over the income limit, persons may incur medical expenses that equal or exceed income and still qualify for the program. Contact the local DHS in your area to apply for this program
- **Medicare Savings Program (MSP)** pays for certain Medicare costs. There is an asset limit. The income amount determines what is covered. The Michigan Department of Community Health (MDCH) may help pay for the following, depending on income:
  - Medicare premiums
  - Medicare coinsurance
  - Medicare deductible

*For the following programs contact the DHS numbers listed above*

**LIHEAP** is federal money given to each state to assist low-income families with energy costs. In Michigan, the LIHEAP block grant is used for the following programs:

- Home Heating Credit
- State Emergency Relief (SER)
- Weatherization Assistance Program (WAP)

For more information on LIHEAP, call the toll-free DHS Energy Hotline at 1-800-292-5650 between 8:00 a.m. and 4:45 p.m. Monday through Friday.

**The Home Heating Credit** is available to all low-income households. The Michigan Department of Treasury determines eligibility and makes the payments. You do not need to file a state income tax return to receive the Home Heating Credit. You may apply for the Home Heating Credit only. Eligibility is based on income, number of exemptions and household heating costs.



Application forms are available from the Department of the Treasury, local Department of Human Services offices and anywhere Michigan tax return forms are available. Forms are automatically mailed to households who received a credit last year. Applications are available from mid to late January and may be made through September 30 of each year.

Request a Home Heating Credit Claim Form (MI-1040CR-7) from the list of forms on the Michigan Department of Treasury website (<http://www.michigan.gov/treasury/>) or for more information go to the Energy Assistance Programs.

**The State Emergency Relief (SER)** program provides immediate help to individuals and families facing conditions of extreme hardship or for emergencies that threaten health and safety. Through a combination of direct financial assistance and contracts with a network of non-profit organizations such as the Salvation Army and local Community Action Organizations, SER helps low-income households meet emergency needs such as:

- Heat & Utilities
- Home Repairs
- Relocation Assistance
- Home Ownership Services
- Burial

The SER program is primarily designed to maintain low-income households who are normally able to meet their needs but occasionally need help when unexpected emergency situations arise. The SER program is not an appropriate solution to ongoing or chronic financial difficulties.

**Michigan's Weatherization Assistance Program (WAP)** is a federally funded, low-income residential energy conservation program. The program provides free home energy conservation services to low-income Michigan homeowners and renters. These services reduce energy use and lower utility bills, thus creating

more self-sufficient households. Services are typically administered by local Community Action Agencies and include:

- Wall Insulation
- Attic Insulation and Ventilation
- Foundation Insulation
- Air Leakage Reduction
- Smoke Detectors
- Dryer Venting

**The Food Assistance Program** supplements the food purchasing power of low-income individuals and families. The Department of Human Services determines eligibility for food assistance. *Please see the information below to apply.*

**Michigan's Coordinated Access to Food for the Elderly** (MiCAFE) assists adults 60 and older to make ends meet by applying for help to pay their bills. The MiCAFE program gets older people of modest means the things they need most – money to buy food, money to cover medical expenses, and money to pay bills. The Bridge Card, the Medicare Savings Program, Utility Assistance and In-Home Services are key services to aid older adults in covering their basic needs and living independently at home. MiCAFE and its team of volunteers will help you, or someone you care about, apply for services in a comfortable, senior-friendly setting near your home.

MiCAFE offers help applying for the following:

- The Bridge Card (\$16-200 per month)
- Medicare Savings (\$96.40 per month)
- In-Home Services
- Utility Shutoff Protection
- Low Cost food
- Dining programs
- Medicaid

Phone: 1-877-664-2233

Website: [elderlawofmi.org/micafe/micafe\\_locations.html](http://elderlawofmi.org/micafe/micafe_locations.html)

## **Oakland County Veterans' Services**

The Veteran's Services Division provides technical assistance to Oakland County Veterans and/or their dependents to obtain federal, state and local-legislated veterans' benefits. Veteran's Services also administer the financial relief and burial benefits for the Soldiers Relief Commission

North Office Building 26  
East  
1200 North Telegraph Road  
Pontiac, MI 48341-0468

Southeast Oakland Office  
1151 Crooks Road  
Troy, MI 48084  
Phone: 248-655-1250

Phone: 248-858-0785  
888-350-0900 ext. 80785

West Oakland Office  
1010 E. Maple Road  
Walled Lake, MI 48390-  
3588  
Phone: 248-926-3368

Website:  
<http://www.oakgov.com/veterans/>

## **Veterans**

Provides assistance in filing claims for the US Department of Veteran Affairs (VA) benefits, including:

- Appeals
- Education
- Home Loans
- Hospitalization/Medical Treatment
- Insurance
- Non-Service connected disability pension
- Service connected compensation
- Vocational rehabilitation

## **State and County Benefits**

Assistance is provided in filing claims for state and county benefits including:

- Michigan Veterans Homes
- Recording discharges
- Soldiers Relief
- County burial allowance
- County marker setting allowance

## **Transportation**

Veterans' Services provides transportation to medical institutions for treatment purposes. Barrier-free transportation is provided to the US Department of Veterans Affairs Medical Centers in Detroit and Ann Arbor for veterans seeking treatment.

Please contact the Veteran's Services Division at 248-858-0785 for additional details.

## **Survivors/Dependents**

The Veterans Services Division will assist in preparing and filing the necessary claims.

A number of benefits may be available to survivors/dependents of veterans including:

- Burial allowances
- Death pensions
- Dependency and indemnity compensation
- Education for widows and/or children
- Grave markers
- Plot allowances
- Presidential memorial certificates
- US Flags

### **Referrals/Other Services**

Veterans Services provides assistance in securing employment. The Division will also conduct home visits in certain cases and will provide referral services to other agencies. The Veterans Services Division will also provide assistance in filing claims for ChampUS/ChampVA, discharge review/corrections, employment referrals, military records, medals, and military retirement inquiries.

**Having trouble with your Veterans' Administration benefits or have questions about Veterans' Administration? Call my office, 248.273.4227 and ask for my veterans' caseworker. We are pleased to be of service –**  
*Congressman Gary Peters*

## **LEGAL ASSISTANCE**

### **Adult Protective Services**

Report allegations of abuse, neglect or exploitation and provide protection to vulnerable adults. Policy requires that investigations will begin within 24 hours after the complaint is received.

Phone: 1-800-996-6228

Website: <http://www.michigan.gov/dhs>

### **Office of Civil Rights**

If you think you were discriminated against or if your health information privacy rights were violated, please call:

Phone: 1-800-368-1019

TTY: 1-800-537-7697

### **Guardianship/Conservatorship**

Oakland County Probate Court

1200 North Telegraph Road

Pontiac, MI 48341-0457

Phone: 248-858-0260

Website: <http://www.oakgov.com/courts>

### **Grandparents Rights Organization**

100 W. Long Lake Road

Suite 250

Bloomfield Hills, MI 48304

Phone: 248-646-7177

Website: <http://www.grandparentsrights.org>

### **Long Term Care (LTC) Ombudsman Program**

Provides services to the elderly and their families to ensure that resident rights and federal guidelines are being followed.

4750 Woodward Avenue

Suite 410

Detroit, MI 48201-1308  
Phone: 313-832-6387  
Fax: 313-832-7407  
Web Site: <http://cbcmi.org>

**Elder Law of Michigan, Inc., a non-profit organization**  
655 W. Maple Road  
West Bloomfield, MI 48322  
Phone: 248-592-2240

**Legal Hotline for Michigan Seniors**

Phone service connects older adults, their families and other interested parties to information and referrals for older adult services.

Phone: 1-800-347-5297

## HEALTH SERVICES AND ORGANIZATIONS

### **Medicare**

To obtain general Medicare information and other important telephone numbers

Phone: 1-800-MEDICARE (1-800-633-4227)

TTY: 1-877-325-0778

Website: <http://www.medicare.gov>

To replace a lost Medicare card, change your address or name, get information about Part A and/or Part B eligibility, entitlement, enrollment, apply for Extra Help with Medicare prescription drug costs, ask questions about premiums, or report a death.

Phone: 1-800-772-1213

TTY: 1-800-325-0778

### Important Medicare Dates to Remember

#### **October**

- Watch your mail for notices from Medicare, Social Security, health and drug plans with information about changes in 2010
- Compare your coverage to others to see if there's a better choice for you. Compare plans online at <http://www.medicare.org> starting October 15
- Find out if you are in the Doughnut Hole at <http://www.medicaredoughnuthole.org>

#### **November**

- "Medicare & You" 2010 arrives in your mail
- Open enrollment starts November 15

#### **December**

- Open enrollment ends December 31

#### **January**

- Coverage and Costs Begin



- New coverage begins if you switched. New costs and coverage changes also being if you stay with your current coverage

### **Extra Help (from “Medicare & You” 2010)**

Extra Help Paying for Medicare Prescription Drug Coverage (Part D). You may qualify for Extra Help, also called the low-income subsidy (LIS) from Medicare to pay prescription drug costs if your yearly income and resources are below the following limits in 2009:

- Single Person – income less than \$16,245 and resources less than \$12, 510
- Married person living with a spouse and no other dependents – income less than \$21, 855 and resources less than \$25, 010

You automatically qualify for Extra help if you have Medicare and meet one of the following conditions:

- You have full Medicaid coverage
- You get help from your state Medicare program paying your Part B premiums (belong to a Medicare Savings Program)
- You get Supplemental Security Income (SSI) benefits

Medicare will mail you a purple letter (keep this letter for your records) to let you know that you automatically qualify for Extra Help.

If you did not automatically qualify for Extra Help, you can apply by:

- Calling Social Security at 1-800-772-1213 to apply by telephone or to receive a paper application. TTY users should call 1-800-325-0778
- Visiting <http://www.socialsecurity.gov> to apply online

- Applying at your State Medical Assistance (Medicaid) office. Call 1-800-MEDICARE and say “Medicaid” to receive the correct telephone number or visit <http://www.medicare.gov>

### **Office of Inspector General**

Report Medicare Fraud and Abuse

Phone: 1-800-447-8477

TTY: 1-800-377-4950

### **Coordination of Benefits Contractor**

To receive information on whether Medicare or your other insurance pays first and to report changes to your insurance information.

Phone: 1-800-999-1118

TTY: 1-800-318-8782

### **TRICARE for Life (Veterans)**

Phone: 1-866-773-0404

TTY: 1-866-773-0405

### **MPRO**

To ensure that you receive the care you deserve, Medicare partners with Quality Improvement Organizations (QIOs) throughout the United States. In Michigan, MPRO serves as the federally designated QIO.

- Appeals related to Discharge (Fast Appeal)
- Quality of Care Complaints
- Alternative Dispute Resolution

Phone: 1-800-365-5899 (24/7 hotline)

TTY: 711-800-365-5899

Website: <http://www.mpro.org>

**Having trouble with your Medicare benefits or have questions about Medicare? Call my office, 248.273.4227 and ask for my Medicare caseworker. We are pleased to be of service –**

*Congressman Gary Peters*

## **Oakland County Health Division**

The Oakland County Health Division provides public health nursing services to older adults and includes:

- Telephone and home visits for functional and safety assessments
- Talks and counseling to senior centers, community groups and housing sites
- Outreach flu clinics in the fall

### *Services:*

- General dentistry
- Hearing tests
- Vision screening
- Nutrition Services and Counseling
- Tuberculosis Control
- General Clinic
- Adult immunizations, HIV/AIDS counseling and testing, and treatment for sexually transmitted diseases

Phone: 248-858-0213

Nurse On Call: 1-800-848-5533

Pontiac  
County Service Center  
1200 N. Telegraph Road  
Building 36 East  
Pontiac, MI 48341  
Phone: 248-858-1280

North Oakland Health Center  
Health Administration  
1200 N. Telegraph Road  
Building 34 East  
Pontiac, MI 48341  
Phone: 248-858-1280

Southfield  
27725 Greenfield Road  
Southfield, MI 48076  
Phone: 248-424-7000

Walled Lake  
1010 E. West Maple  
Walled Lake, MI 48390  
Phone: 248-926-3300

## **Associations and Support Groups:**

### **American Diabetes Association**

Phone: 248-433-3830

Website: [www.diabetes.org](http://www.diabetes.org)

### **American Lung Association of Michigan**

Phone: 1-800-543-5864

Website:

[www.lungusa.org/associations/states/michigan/index.html](http://www.lungusa.org/associations/states/michigan/index.html)

### **National Alzheimer's Association, Greater Michigan Chapter**

20300 Civic Center Drive

Suite 100

Southfield, MI 48076

Phone: 248-351-0280

Website: [www.alz.org/gmc](http://www.alz.org/gmc)

### **American Heart Association**

Phone: 1-800-968-1793

Website:

[www.americanheart.org](http://www.americanheart.org)

### **Arthritis Foundation, Michigan Chapter**

Phone: 1-800-968-3030

Website:

[www.arthritis.org/chapters/michigan](http://www.arthritis.org/chapters/michigan)

### **Michigan Parkinson's Foundation**

30400 Telegraph Road, Suite 150

Bingham Farms, MI 48025

Phone: (248) 433-1011

Website:

[www.parkinsonsmi.org](http://www.parkinsonsmi.org)

## **Dental Care:**

### **Tri-County Dental Health Services**

29350 Southfield Rd #35

Southfield, MI 48076-2020

Phone: 248-559-7767

Website:

[www.dentalhealthcouncil.org](http://www.dentalhealthcouncil.org)

### **Oakland County Dental Discount Plan**

Phone: 1-866-498-7914

Website:

[www.oakgov.com/discountdental](http://www.oakgov.com/discountdental)

## **Cancer Resources:**

### **American Cancer Society**

20450 Civic Center Drive  
Southfield, MI 48076

Phone: (248)663-3400

Website: [www.cancer.org](http://www.cancer.org)

### **Karmanos Cancer Institute**

4100 John R, Detroit,  
Michigan 48201

Phone: 1-800-527-6266

Website: [www.karmanos.org](http://www.karmanos.org)

## **Emergency Signal Devices:**

### **Critical Signal Technologies**

22600 Haggerty Road  
Farmington Hills, MI 48335

Phone: 1-888-557-4462

Website:

[www.criticalsignaltechnologies.com](http://www.criticalsignaltechnologies.com)

### **Lifeline**

Phone: 1-800-543-3546

Website: [www.lifelinesys.com](http://www.lifelinesys.com)

### **Guardian Medical Monitoring**

18000 West 8 Mile Road  
Southfield, MI 48075

Phone: 1-888-349-2400

Website:

[www.guardianmedicalmonitoring.com](http://www.guardianmedicalmonitoring.com)

## **Hospice:**

### **Mercy Hospice, Oakland**

281 Enterprise Court, Suite 200  
Bloomfield Hills, MI 48302  
Phone: (248) 452-5300

### **Odyssey Healthcare Riverside Center**

25925 Telegraph Rd.  
Suite. 102  
Southfield, MI 48034  
Phone: 248-356-5070  
<http://www.odshealth.com>

### **Beaumont Hospice**

Phone: 248-743-9400  
Website:  
[www.beaumont hospitals.com/hospice](http://www.beaumont hospitals.com/hospice)

### **Hospice of Michigan**

26957 Northwestern #120  
Southfield, MI 48033  
Phone: 248-253-2580  
Website: [www.hom.org](http://www.hom.org)

### **Visiting Nurse Association of Southeast Michigan**

25900 Greenfield Road,  
Suite 600  
Oak Park, MI 48237  
Phone: 248-967-8365  
Website: [www.vna.org](http://www.vna.org)

## **Mental Health Counseling and Crisis Intervention:**

### **Catholic Social Services**

Phone: 248-333-3700

Website: [www.cssoc.org](http://www.cssoc.org)

### **Oakland County Mental Health Authority**

2011 Executive Hills Blvd.

Auburn Hills, MI 48326

Phone: 1-800-810-3772

Website: [www.occmha.org](http://www.occmha.org)

### **Common Ground Sanctuary**

1410 South Telegraph

Bloomfield Hills MI 48302

Phone: 248-456-8150

Phone: 1-800-231-1127

Website:

[www.commongroundhelps.org](http://www.commongroundhelps.org)

### **Southfield/Lathrup Counseling Center**

26080 Berg Road,

Southfield, MI 48033

Phone: 248-796-4534

Website:

[www.cityofsouthfield.com](http://www.cityofsouthfield.com)

### **Jewish Family Services**

25900 Greenfield Rd Ste 405

Oak Park, MI 48237

Phone: 248-592-2300

Website: [www.jfsdetroit.org](http://www.jfsdetroit.org)

### **Oakland Family Services Central Administration**

114 Orchard Lake Road

Pontiac, MI 48341

Phone: (248) 858-7766

Website:

[www.oaklandfamilyservices.org](http://www.oaklandfamilyservices.org)

### **Women's Survival Center**

43097 Woodward Ave., Ste

102

Bloomfield Hills, MI 48302

Phone: 248-335-1520

### **HAVEN Crisis Intervention**

30400 Telegraph Road

Bingham Farms, MI 48025

Phone: 248-334-1274

Website: [www.haven-oakland.org](http://www.haven-oakland.org)

### **Easter Seals**

Phone: 248-451-2900

Website: [www.easterseals.com](http://www.easterseals.com)

### **Oakland County Office of Substance Abuse Services**

Phone: 248-858-0001

### **Low Vision Solution**

- Magnifiers, Devices and Aids

27520 W. 7 Mile Road

Livonia, MI 48152

Phone: 248-777-1100

Website: [www.lvsontheweb.com](http://www.lvsontheweb.com)

### **Assistive Technology of Michigan**

- Magnifiers, Devices and Aids

43000 West Nine Mile Rd. Suite 113

Novi, Michigan 48375

Phone: 248-348-7161

Fax: 248-348-7131

<http://myisminctest.com>

### **Detroit Institute of Ophthalmology**

- Low-vision aids, Braille items, large print and talking books

15415 East Jefferson

Grosse Pointe Park, MI 48230

Phone: 313-824-4710

Website: [www.eyeson.org](http://www.eyeson.org)

### **Oakland Audiology**

- Comprehensive hearing testing and hearing aids
- Magnifiers, Devices and Aids

4202 Pontiac Lake Road

Waterford, MI 48328

Phone: 248-673-8000

Website: [www.oaklandaudiology.com](http://www.oaklandaudiology.com)



### **Library for the Visually and Physically Impaired**

- Large print books, audio books & magazines, Braille print materials, descriptive videos
- Assistive Technology Computer Lab
- Closed circuit television for magnification purposes available on loan to seniors
- Low Vision Information and References

1200 N. Telegraph Road

Pontiac, MI 48341

Phones: 248-858-5050

Website: [www.oakgov.com/lvpi](http://www.oakgov.com/lvpi)

### **Visually Impaired Information Center**

- Publishes “The Directory of Visually Impaired Services”
- Low Vision Education & Rehabilitation Services

28129 S. Clements Circle

Livonia, MI 48151

Phone: 734-421-6599

Website: [www.vi-info-center.org](http://www.vi-info-center.org)

### **Greater Detroit Agency for the Blind & Visually Impaired**

- No fees, donations requested
- Provides in-home rehabilitation services
- Lending library
- Speakers Bureau

16625 Grand River

Detroit, MI 48227

Phone: 313-272-3900

Website: [www.gdabvi.org](http://www.gdabvi.org)

## **Michigan Commission for the Blind**

- No fees
- In-home:
  - Rehab training
  - Counseling
  - Employment Training
  - Teaching
  - Personal Skill and adjustment
- Eligibility, you must be:
  - Legally Blind
  - Resident of Oakland, Wayne or Macomb Counties

3038 W. Grand Blvd.  
Suite 4-450  
Detroit, MI 48202  
Phone: 313-456-1646

## **Visual Rehab & Research Center of Southeast Michigan**

- Rehab program
- Fees; accepts Medicare
- Includes Support Groups and Educational Workshops

15401 East Jefferson  
Grosse Pointe Park, MI 48230  
Phone: 313-824-2401

29200 Schoolcraft  
Livonia, MI 48150  
Phone: 734-523-1070

## **William Beaumont Eye Institute Low Vision Clinic**

- Testing, visual aids, and onsite occupational therapy
- Driver training program specifically designed for low vision drivers so you can continue with your day to day activities.

3601 W. 13 Mile Road  
Suite 555  
Royal Oak, MI 48073  
Phone: 248-551-2020

**Physical and Psychological Evaluations:**

**Botsford General Hospital  
Geropsychiatric Service**

28050 Grand River  
Farmington Hills, MI 48336  
Phone: 248-471-8723

**Botsford Senior Assessment  
Center**

21450 Archwood Circle  
Farmington Hills, MI 48336  
Phone: 248-477-7400

**William Beaumont Hospital  
Geriatric Evaluation Clinic**

3535 W. 13 Mile Road  
Royal Oak, MI 48073  
Phone: 248-551-1756

**Huron Valley-Sinai Hospital  
Krieger Geriatric Center**

1 William Carls Drive  
Commerce, MI 48382  
Phone: 284-937-4211

**Crittenton Geropsychiatric  
Program**

1101 W. University Drive  
Rochester, MI 48307  
Phone: 248-652-5797

**Turner Geriatric Clinic**

1500 E. Medical Center Drive  
Ann Arbor, MI 48109  
Phone: 734-764-6831  
24 Hour Care Line:  
810-762-4550

## **NUTRITION AND MEALS**

Homebound older adults can receive meals delivered to their home. A nutritious lunch is delivered on weekdays, in some areas a second cold meal is available based on need, and weekend delivery. Congregate meals are served at group sites such as senior centers, community centers, schools, churches, or senior housing complexes

*Meals are available to anyone age 60 and older without regard to income.*

### **Emerald Food Services**

Phone: 248-689-0001

*Serves:* Berkley, Beverly Hills, Bingham Farms, Birmingham, Clawson\*, Ferndale, Franklin, Hazel Park, Huntington Woods, Lathrup Village, Madison Heights, Oak Park, Pleasant Ridge, Royal Oak, Royal Oak Township, Southfield and Troy.

- *Congregate and Home Delivered*
- *\* Home Delivery Only*

### **Pontiac Meals on Wheels**

Phone: 248-738-9088

*Serves:* Pontiac, Keego Harbor and Sylvan Lake

- *Congregate and Home Delivered*

### **Community Outreach Food Services**

Phone: 1-888-886-8971

*Serves:* Groveland, Highland, Holly, South Lyon, Lyon Township, Milford, Novi, Rose, White Lake, Wixom, Northville, Springfield, Commerce and Walled Lake

- *Congregate*
- *Home Delivered*
- *Liquid Nutrition*

### **Bloomfield Township Senior Services**

Phone: 248-341-6450

*Serves:* West Bloomfield, Bloomfield Township, Bloomfield Hills and Orchard Lake

- *Home Delivered*

**Older Persons' Commission**

Phone: 248-656-1403

*Serves:* Addison Township, Auburn Hills, Brandon, Clarkston, Independence, Lake Angelus, Lake Orion, Leonard, Oakland Township, Orion Township, Oxford, Rochester and Rochester Hills

- *Congregate and Home delivered*

**Waterford Senior Center**

Phone: 248-682-9450

*Serves:* Waterford Township

- *Congregate and Home Delivered*

**Jewish Family Services –  
Kosher Mobile Wheels**

Phone: 248-592-2311

Serves all of Oakland County

- *Kosher Home Delivered*

**Focus: HOPE**

Gleaners Community Food

Bank of Oakland

Phone: 248-332-1473

**Emergency Food Services:**

**Oakland Livingston Human  
Service Agency (OLHSA)**

Phone: 248-542-5860

**Yad Ezra (Kosher)**

Phone: 248-548-3663

**Lighthouse of Oakland  
County**

- Pontiac  
Phone: 248-920-6000

- Clarkston

Phone: 248-620-6116

**Troy People Concerned**

Phone: 248-589-9199

**Open Door**

Phone: 248-360-2930

*Serves:* Commerce, Walled Lake, Waterford, Wixom, West Bloomfield, White Lake

## **VOLUNTEER OPPORTUNITIES**

### **American Red Cross**

Phone: 248322-2500

### **Foster Grandparent Program**

Phone: 248-559-1147 ext. 3422

Provides volunteer opportunities county-wide through Catholic Social Services for low-income adults (60 and over) to work with troubled and needy children (in exchange for a small stipend and other benefits).

### **George W. Romney Volunteer Center**

Phone: 313-226-9430

Volunteer opportunities and short-term volunteer options.

### **Jewish Family Services**

Phone: 248-592-2300

Volunteer as a mentor or provide outreach support. Located in Southfield

### **Judson Center**

Phone: 248-549-4339

Volunteer as a mentor, academic tutor, plus many other opportunities available. Located in Royal Oak

### **Mercy Volunteers**

Phone: 248-858-3035

Volunteer at St. Joseph Mercy-Oakland Hospital in Pontiac.

### **Oakland Literacy Council Adult Tutoring Program**

Phone: 248-232-4664

### **Oakland Livingston Human Services Agency (OLHSA)**

Phone: 248-209-2623

Website: <http://www.olhsa.org>

Numerous volunteer opportunities for seniors including delivering meals, helping the needy, mentoring and special projects.

### **RSVP Program (Retired Senior Volunteer Program)**

Phone: 248-559-1147 ext. 3424

Coordinates the volunteer efforts of older adults in public and non-public agencies county-wide.

### **Rebuilding Together Oakland County**

Phone: 248-889-5450

Preserves affordable housing by bringing volunteers and communities together to rehabilitate the homes of low-income homeowners.

### **Senior Companion Program**

Phone: 248-559-1147 ext. 3437

Offers volunteer opportunities county-wide to low-income older adults (60 and older) to work with adults with special needs in both residential and institutional settings (in exchange for a small stipend and other benefits.)

### **Senior Corps**

Website: <http://www.seniorcorps.org>

### **United Way for Southeastern Michigan**

Phone: 1-866-335-3929

## **TRANSPORTATION AND DRIVING**

### **SMART**

Buhl Building  
535 Griswold Street Suite 600  
Detroit, MI 48226  
Phone: 1-800-624-3455  
Website: [www.smartbus.org](http://www.smartbus.org)

For other local or Medical Transportation Programs, call the

### **Area Agency on Aging 1-B**

29100 Northwestern Highway Suite 400  
Southfield, MI 48034  
Website: <http://www.aaa1b.org>  
Phone: 248-357-2255 or 800-852-7795 (in-state only)

### **Seniors Driving Course**

University of Michigan Health System  
Phone: 734-998-7911  
Assesses seniors driving ability through clinical evaluation.  
Participation in this program requires physical referral.

### **Traffic Improvement Association**

Phone: 248-334-4971  
Website: <http://www.tiami.org>

### **AARP Driving Safety Program**

Phone: 1-888-227-7669  
Website: <http://www.aarp.org>  
In-class driving improvement course for motorists' age 50 and older.

### **AAA Foundation for Traffic Safety**

Phone: 1-800-305-SAFE  
Tools to help seniors keep driving skills sharp.



## SENIOR CENTERS IN YOUR AREA

### **Addison/Leonard Senior Center**

1440 Rochester Road  
Leonard, MI 48367  
Phone: 248-628-3388

### **Auburn Hills Senior Center**

1827 N. Squirrel Road  
Auburn Hills, MI 48326  
Phone: 248-370-9353

### **Berkley Senior Center**

2400 Robina  
Berkley, MI 48072  
Phone: 248-546-2450

### **Birmingham/BASCC**

2121 Midvale  
Birmingham, MI 48009  
Phone: 248-642-1040

### **Bloomfield Township Senior Center**

7273 Wing Lake Road  
Bloomfield Hills, MI 48301  
Phone: 248-341-6450

### **Bowen Center: Golden Opportunity Club**

52 Bagley Street  
Pontiac, MI 48341  
Phone: 248-857-5723

### **Carriage Circle Senior Center**

255 Carriage Circle Drive  
Pontiac, MI 48342  
Phone: 248-745-6050

### **Clarkston Senior Center**

6000 Clarkston  
Clarkston, MI 48348  
Phone: 248-625-8231

### **Clawson Senior Center**

509 Fisher Court  
Clawson, MI 48017  
Phone: 248-583-6700

### **Commerce: Richardson Senior Center**

1485 Oakley Park Drive  
Walled Lake, MI 48390  
Phone: 248-926-0063

### **Dublin Center**

685 Union Lake Road  
White Lake, MI 48386  
Phone: 248-698-3994

### **Ewalt Senior Center**

1460 N. Perry Street  
Pontiac, MI 48340  
Phone: 248-373-7722

**Farmington Senior Center**  
28600 Eleven Mile Road  
Farmington Hills, MI 48336  
Phone: 248-473-1822

**Hazel Park Senior Center**  
620 W. Woodward Heights  
Blvd.  
Hazel Park, MI 48030  
Phone: 248-546-4093

**Holly Hock Senior Center**  
111 College Street  
Holly, MI 48442  
Phone: 248-634-7571

**Huntington Woods Senior  
Center**  
26325 Scotia  
Huntington Woods, MI 48070  
Phone: 248-541-3030

**La Amistad Latino Senior  
Center**  
990 Joslyn  
Pontiac, MI 48340  
Phone: 248-858-2307

**Madison Heights Senior  
Center**  
29448 John R  
Madison Heights, MI 48071  
Phone: 248-545-3464

**Ferndale Senior Center:  
White Heather**  
1201 Livernois  
Ferndale, MI 48220  
Phone: 248-544-6767

**Highland Senior Center**  
209 N. John Street  
PO Box 249  
Highland, MI 48357  
Phone: 248-887-1707

**Howard Dell Senior Center**  
345 Edison Street  
Pontiac, MI 48342  
Phone: 248-332-5977

**Keego Harbor Senior Center**  
2881 Orchard Lake Road  
Keego Harbor, MI 48320  
Phone: 248-681-6172

**Lake Orion Senior Center**  
21 East Church Street  
Lake Orion, MI 48362  
Phone: 248-693-2066

**Milford Senior Center**  
1050 Atlantic Street  
Milford, MI 48381  
Phone: 248-685-9008

**North Hill Farms Senior Center**

26 Lantern Lane  
Pontiac, MI 48340  
Phone: 248-334-7500

**Oak Park Senior Center**

14300 Oak Park Blvd.  
Oak Park, MI 48237  
Phone: 248-691-7577

**Oxford Township Veterans Memorial Center**

28 N. Washington Street  
Oxford, MI 48371  
Phone: 248-628-9056

**Rochester OPC**

650 Letica Drive  
Rochester, MI 48307  
Phone: 248-656-1403

**South Lyon Senior Center**

1000 Lafayette  
South Lyon, MI 48178  
Phone: 248-573-8175

**Troy Senior Center**

3179 Livernois  
Troy, MI 48083  
Phone: 248-524-3484

**Novi Senior Center**

25075 Meadowbrook Road  
Novi, MI 48375  
Phone: 248-347-0414

**Ortonville Senior Center**

345 Ball Street  
PO Box 929  
Ortonville, MI 48462  
Phone: 248-627-6447

**Pearl Wright Senior Center**

21075 Wyoming  
Ferndale, MI 48220  
Phone: 248-542-6752

**Royal Oak Senior Center**

3500 Marais  
Royal Oak, MI 48067  
Phone: 248-246-3900

**Southfield Senior Adult Center**

23450 Civic Center Drive  
Southfield, MI 48034  
Phone: 248-827-0700

**Walled Lake Villa Senior Center**

1035 Walled Lake Villa Drive  
Walled Lake, MI 48390  
Phone: 248-669-4590

**Waterford Senior Citizens  
Center**

6455 Harper  
Waterford, MI 48329  
Phone: 248-623-6500

**West Bloomfield Senior  
Center**

4640 Walnut Lake Road  
West Bloomfield, MI 48323  
Phone: 248-738-2500

**Wixom Senior Citizens  
Center**

49045 Pontiac Trail  
Wixom, MI 48393  
Phone: 248-624-2850

**Woodland Heights Senior  
Center**

120 North Edith  
Pontiac, MI 48342  
Phone: 248-334-3505

**OAKLAND COUNTY ADULT DAY  
SERVICE CENTERS**

Activities include:

- Care and supervision
- Meals and snacks
- Socialization
- Exercise
- Recreational activities
- Educational activities
- Limited transportation may be available
- Group discussions
- Memory stimulation
- Personal services
- Intergenerational activities
- Caregiver support and referral

**Alzheimer's Association  
Detroit Area Chapter**  
20300 Civic Center Drive  
Southfield, MI 48076  
Phone: 248-351-0280 ext. 268

**Bloomfield Township Senior  
Adult Day Services**  
4200 Telegraph Road  
P.O. Box 489  
Bloomfield Hills, MI 48303  
Phone: 248-341-6450

**Botsford Commons and  
Continuing Health Center**  
21450 Archwood Circle  
Farmington Hills, MI 48336  
Phone: 248-477-7400

**Brown Center: Jewish  
Vocational Service**  
29699 Southfield Road  
Southfield, MI 48076  
Phone: 248-559-5000

**Brown Center: Dorothy &  
Peter Brown Adult Day Care**  
6720 W. Maple Road  
West Bloomfield, MI 48322  
Phone: 248-661-2999

**City of Farmington Hills  
Senex Program**  
28600 Eleven Mile  
Farmington Hills, MI 48336  
Phone: 248-473-1826

**Dennis White (OPC) Adult  
Day Care**  
650 Letica  
Rochester, MI 48307  
Phone: 248-656-1403

**Providence Southfield Adult  
Health Center**  
24440 Civic Center Drive  
Southfield, MI 48034  
Phone: 248-353-6280

**Quality of Life Center**  
3100 Cross Creek Parkway  
Suite 160  
Auburn Hills, MI 48326  
Phone: 248-364-4064

**Sheltering Arms – South**  
18310 W. 12 Mile  
Southfield, MI 48076  
Phone: 248-559-1147

**Sheltering Arms – North**  
3300 S. Adams Road  
Auburn Hills, MI 48326  
Phone: 248-537-3300

**Waterford Senior Center**  
3621 Pontiac Lake Road  
Waterford, MI 48328  
Phone: 248-682-9450