



Parent-Teen Activity Series

Tip of the Month

Most installations have a youth center that can offer fun activities for teens, as well as for parents. Start by exploring the facilities and see what they have to offer. Be sure to ask if there are programs you might not automatically notice. Get involved at the center as much as possible. Volunteer your time and energy in helping the center become the best it can be. If the center doesn't offer something you're interested in, see if you can help them start doing so. This is a way for the family to work together as they play together.



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