

Parent-Teen Activity Series **Tip of the Month**

Here are some tips for helping your family in the process of moving. Weed out everything that you don't need or won't have room for, especially if moving overseas. Organize before the movers arrive and make sure to set things aside that you will take in the car or suitcases. Make travel arrangements together. Be there for each other since moving can be an emotional experience. Spend quality time with those you will miss. By being well-prepared and working as a team, you can make your move more smooth.



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