

## Parent-Teen Activity Series Tip of the Month

A family movie marathon is a great way for you and your teen(s) to share some quality time enjoying each other's company while you enjoy your favorite movies and snacks. Be sure to agree on some rules before pushing the play button. For instance, you can have an official intermission where the movie will be paused for refills and bathroom breaks and each person must serve someone else instead of getting his/her own drinks and snacks. Make it a team effort and a fun time for all.



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