



Parent-Teen Activity Series

Tip of the Month

When you want to know something about your teen or your parent, who better to go to than the source?! Have "seminars" where you learn about and discuss yourselves. The key is to really listen to one another and step outside of your role as a teen or a parent. Try not to get angry or offended if you differ on your opinions. Be constructive with feedback and respectful of the other person's feelings. Disclosing personal information is risky, so try real hard to be respectful and accepting of that risk.



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