



Parent-Teen Activity Series

Tip of the Month

Moving is stressful for everyone in the family. Special times need to be set aside for goodbyes. Be open and show understanding of one another's needs. Parents, don't dismiss your teens feelings by telling them they'll "get over it." Teens, don't be angry with your parent(s) about having to move – it isn't easy for them either. Collect current addresses, email addresses, and phone numbers to keep in touch with friends. The friendships you make where ever you are could be special friendships that last a lifetime!



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