



Parent-Teen Activity Series

Tip of the Month

Try planning for deployments by thinking of new, adult-like responsibilities which can be delegated to a teen when the parent is gone. Take time to write out a specific plan and then store the plan in a safe place for quick access when needed. This should not be looked upon as a list of chores for the teen but rather a mutual agreement based on the teen's input. Both parents and teens must be willing to compromise. The process of determining such a plan together can develop a newfound trust between parent and teen.



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