

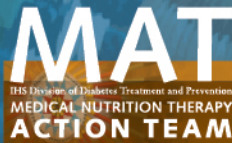
Getting Connected with Medical Nutrition Therapy (MNT) Providers in the Third-Party Revenue Cycle

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Medicare Benefits for MNT

- **MNT reimbursement became effective January 1, 2002.**
- **MNT reimbursement for individual MNT service via Telehealth became effective January 2006.**

What is Medical Nutrition Therapy?

The legislation and the regulations established by CMS defines MNT as “nutritional diagnostic, therapy and counseling services provided by a registered dietitian or nutrition professional for the purposes of managing disease.”

Source: Federal Register, 42 CFR, Part 405 et al, Vol 66, No. 212 , Nov 1, 2001

Medicare MNT Reimbursement

Provider Requirements:

“Registered Dietitian or Nutrition Professional”

Must meet all qualifications:

- **Bachelor’s degree or higher in nutrition or dietetics**
- **900 hrs or more of a supervised dietetic practice, e.g. internship or AP4**
- **Licensed or certified in state(s) services provided**

Medicare MNT Reimbursement

Provider Requirements (Continued):

- Dietitians or nutrition professionals licensed or certified (i.e.: LD, LN) as of 12/21/00 are “grandfathered” in
- “Registered Dietitian” with Commission on Dietetic Registration (CDR) meets education and experience requirements

MNT Qualifying Diagnoses

- **Diabetes: Type 1, Type 2, and Gestational Diabetes**
- **Chronic kidney disease: Stage 1, 2, 3, and 4**

Medicare MNT Reimbursement

Practice Settings:

- **Coverage**
 - Hospital Outpatient
 - Free Standing clinics
 - Home Health
 - Federally Qualified Health Centers (FQHC)
 - Rural Health Centers (RHC)**
- **No Coverage**
 - Inpatient hospital
 - Skilled nursing home

**Not separately billable

Medicare MNT Reimbursement

Freestanding clinics:

- **Medicare Part B (Carrier): Payment will be at 80% of the amount determined under the physician fee schedule (CMS-1500 form)**
- **Deductible and Coinsurance Applies**

Hospital Outpatient clinic or “grandfathered” clinics:

- **Medicare Part A (Fiscal Intermediary): Claims *must* be billed under All-Inclusive Rate and is *not* separately billable (UB-04 institutional claim form)**
- **Deductible and Coinsurance Applies**

Sample Billing Form

Medicare MNT Benefits

- **3 hours** of MNT in first calendar year
- **2 hours** of MNT follow-up in subsequent calendar years
- MNT hours cannot be carried over into next calendar year
- MNT services can be individual or group
- **Additional hours** have been allowed when physician changes diagnosis/plan of care
 - Need new referral from physician
 - No maximum amount of hours

Medicare MNT Benefit Limitations

- **Does not cover dialysis**
- **Hours of reimbursement are counted toward either diabetes or CKD (not individually)**
- **Only face-to-face time is reimbursed: includes telehealth services, which are documented by provider**
- **Cannot provide MNT reimbursement if DM management class is given on same day**

CPT and HCPCS Codes for MNT

MNT Code	Description	Units billed
97802	<i>Initial</i> , individual MNT visit Individual face to face visit	1 unit = 15 minutes
97803	<i>Follow-up</i> , individual MNT visit Subsequent visit	1 unit = 15 minutes
97804	<i>Group</i> MNT, 2 or more individuals	1 unit = 30 minutes
G0270	Individual MNT visit for changed medical diagnosis, <i>second</i> referral	1 unit = 15 minutes
G0271	Group MNT, 2 or more individuals for changed medical diagnosis, <i>second</i> referral	1 unit = 30 minutes

New : Telehealth Modifiers

- **GT: Via interactive audio and video telecommunications system**
- **GQ: Via asynchronous telecommunications system**

International Classification of Diseases, Ninth Revision (ICD-9) Codes for MNT

- **250.02: Series codes for diabetes**
- **585.00: Series codes for chronic kidney failure**
- **Obtain correct diagnosis from treating physician**

Other CPT Codes Used by RDs

Diabetes Self-Management Training

- **G0108**
- **G0109**

Education and Training

- **98960**
- **98961**
- **98962**

Continuous Glucose Monitoring

- **95250**

Sample MNT EHR Consult/Referral

Reason for Request: KYLE DIETARY

DIETARY CONSULT FORM

Diagnosis:

Type 1 Controlled Type 2 Controlled

Gestational Diabetes Controlled Type 1 Uncontrolled

Type 2 Uncontrolled Gestational Diabetes Uncontrolled

Clinical data and diabetes medications available in current IHS Health Summary

Medical Nutrition Therapy (MNT): (Check services being ordered and provided by a registered dietitian.)

Initial MNT

Annual MNT

Additional MNT services in same calendar year, per RD recommendations

Please specify change in diagnosis, medical condition or treatment regimen: _____

Your Goals for Patient: Improve A1C Improve Dyslipidemia

Weight Management Change in Medical Management Improve B/P

No previous MNT in past year Other: _____

Are there any physical limitations or contraindications to physical exercise?

YES

NO

* Indicates a Required Field

Preview OK Cancel

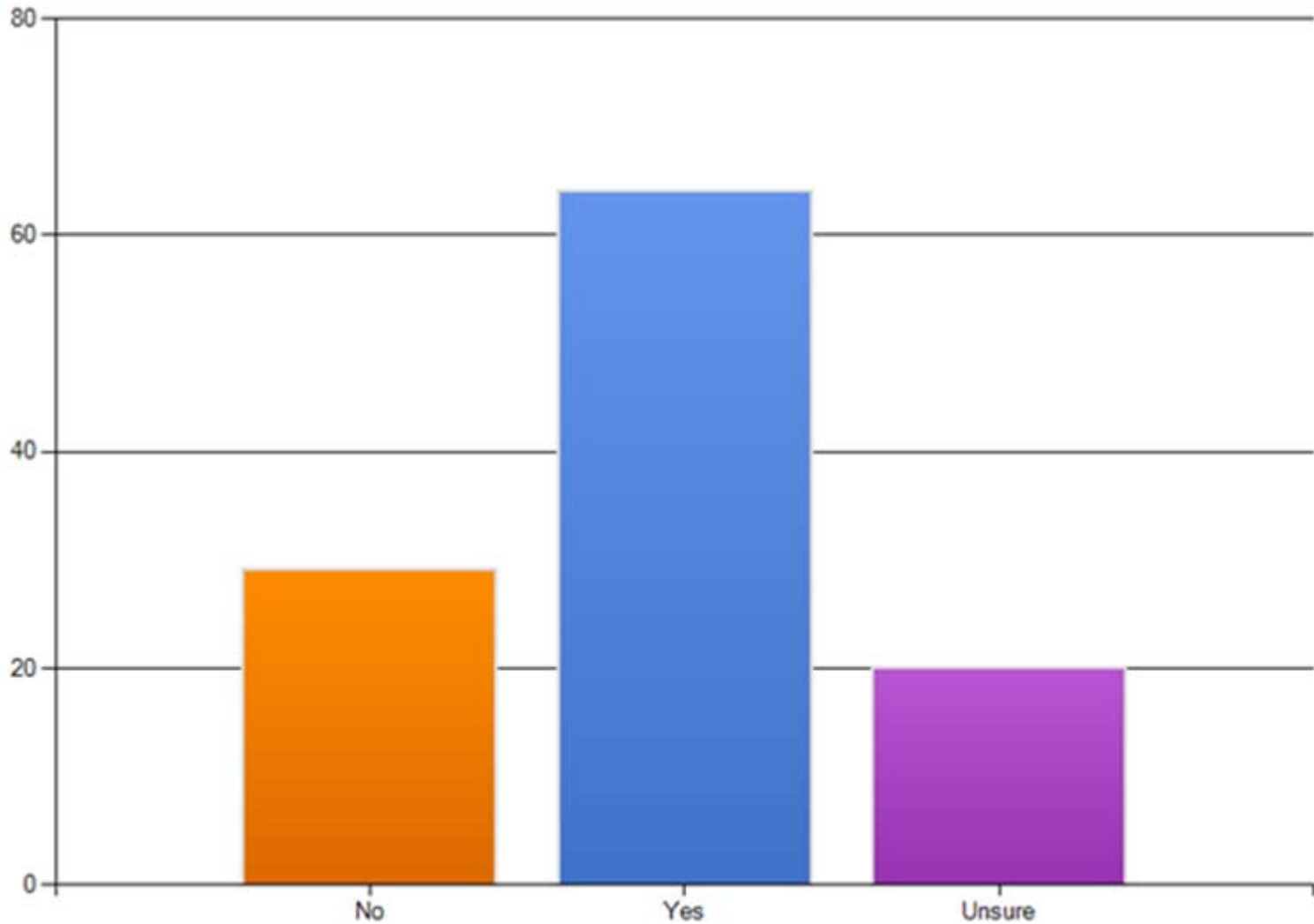
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National MNT Reimbursement Survey

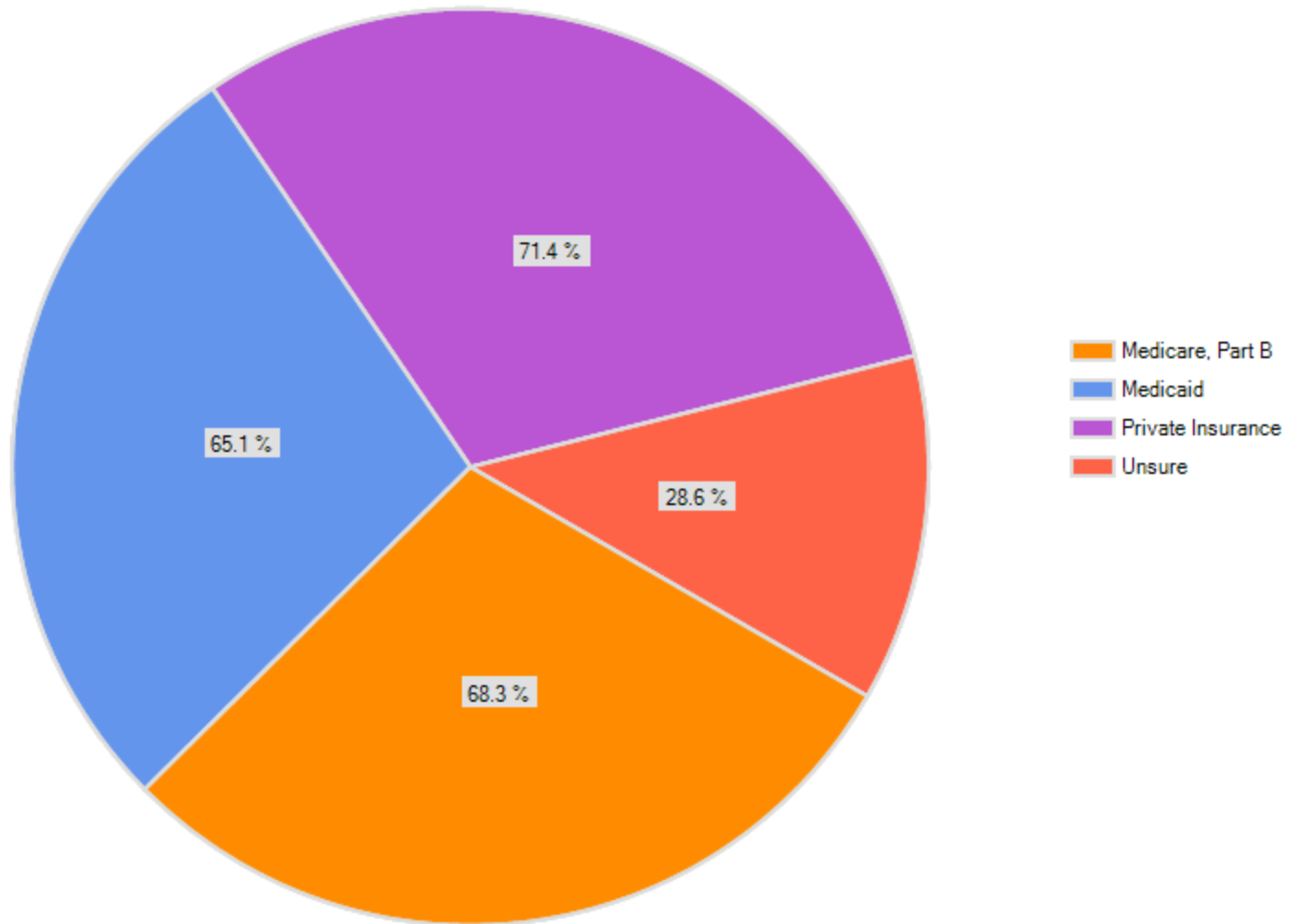
MNT Reimbursement Survey

- **Survey is conducted biannually to collect data on billing and collection trends across IHS/Tribal/Urban (I/T/U) facilities**
- **Uncovered collection successes and obstacles to nationally enhance revenue generation**
- **Participation by all 12 areas**
- **Over 100 RDs completed the survey**

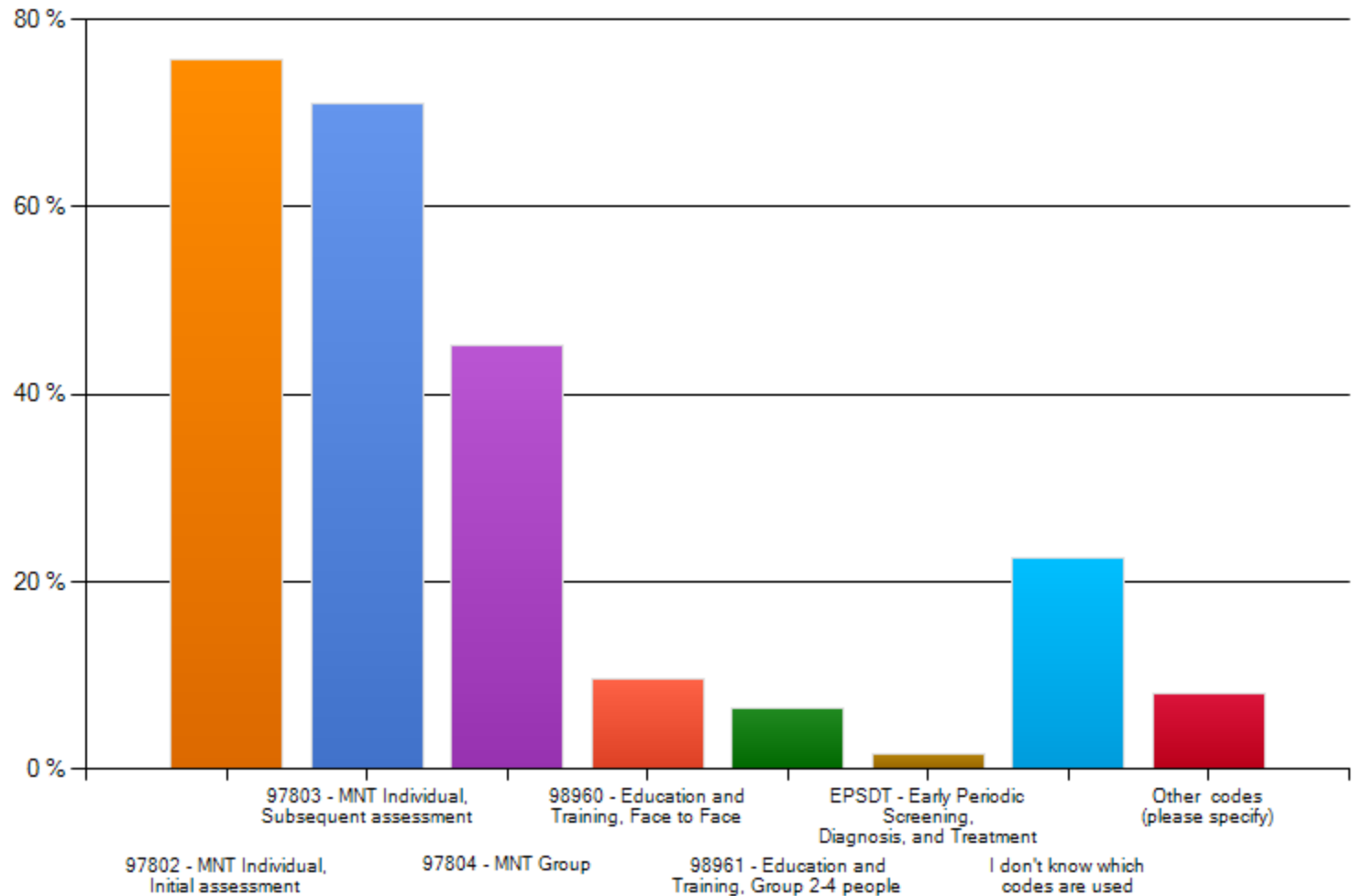
Is your facility billing for your Medical Nutrition Therapy (MNT) services?



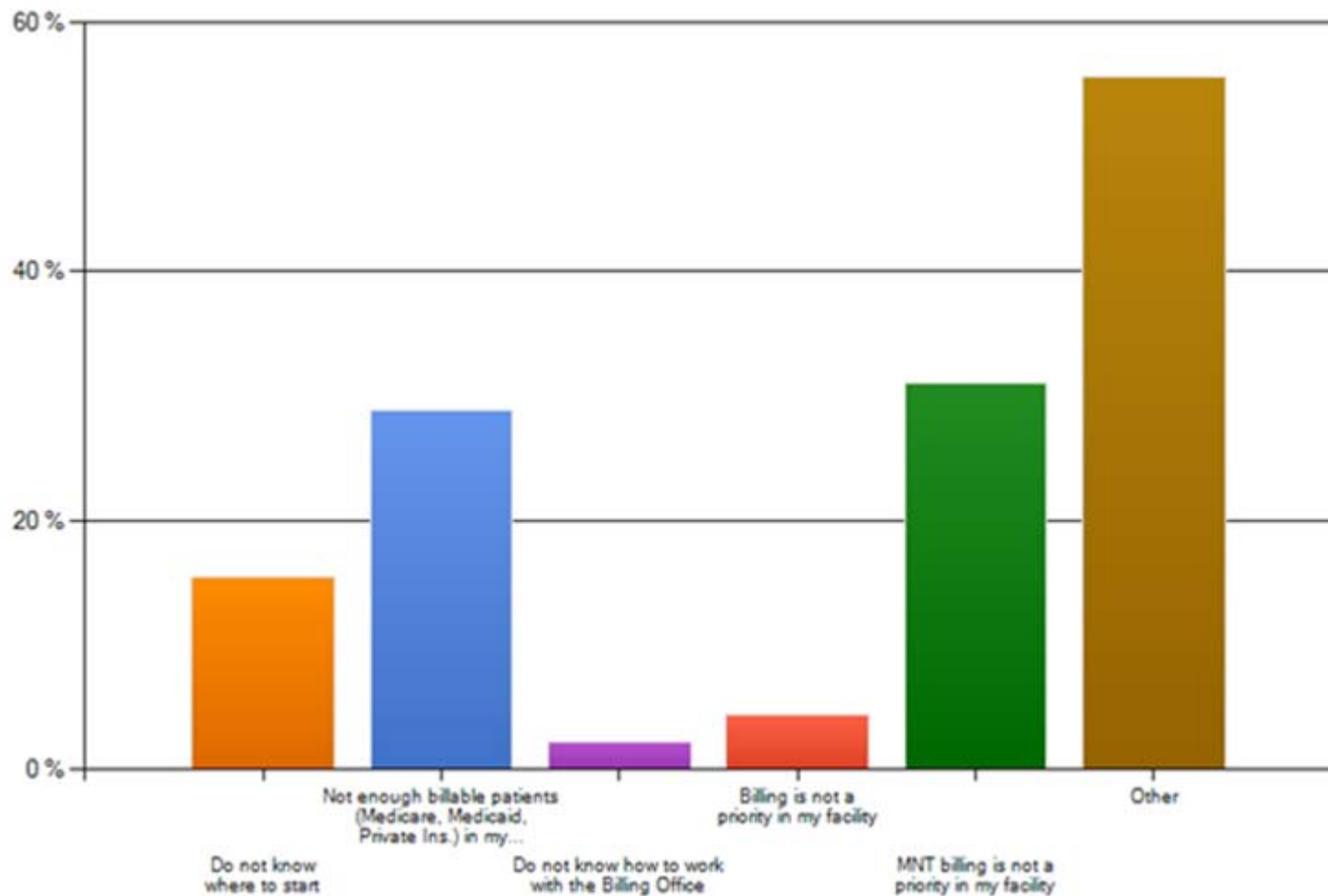
If you are billing for MNT services, are you billing for:(You may select more than one option)



When billing for MNT services, which CPT codes are you using? (You may select more than one option)



If you are unsure or are not billing for MNT services, what obstacles have prevented you from billing? (You may select more than one option)



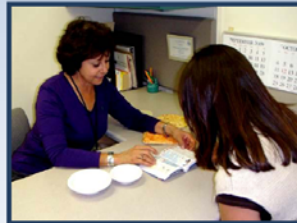
2010 Step-by-Step Guide to MNT Reimbursement

FY 09 MNT Collections

FY 09 MNT Collections By Payer

New 2010 MNT Reimbursement Guide

Step-by-Step Guide to Medicare Medical Nutrition Therapy (MNT) Reimbursement, 2nd Edition



March 2010
Indian Health Service
Division of Diabetes Treatment and Prevention
Albuquerque, New Mexico
www.diabetes.ihs.gov



Maximizing MNT Collections

- **We need your help!**
- **What can we as RDs do to increase collections?**
- **What are your MNT processes to increase third-party revenue?**
- **What are your suggestions to establish a better relationship with your MNT providers?**