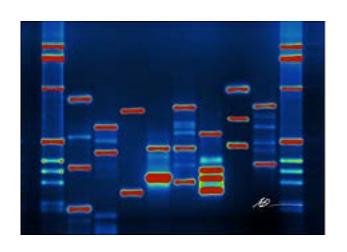
## Spotlight! On Genetics



**Genetics Resources** Presented October 26, 2011

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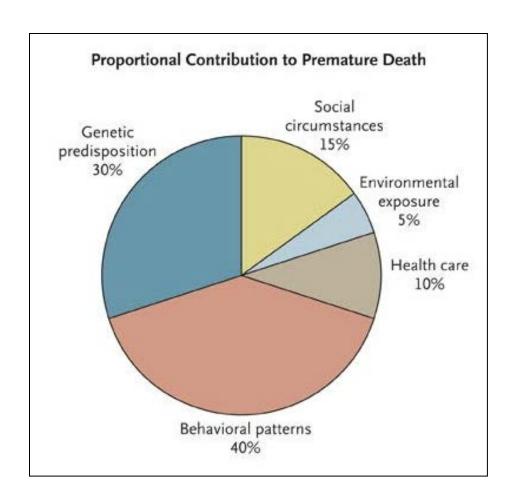


# Objectives

- Learn about genetic resources for consumers, students, healthcare providers, and researchers
- Be familiar with resources for understanding genetic testing and counseling
- Know resources to explore the ethical, legal and social issues of human genetics
- Learn about resources to document family health history
  - All links @ <a href="http://delicious.com/dabbey1/genetics">http://delicious.com/dabbey1/genetics</a>



## Good News



McGinnis JM, Williams-Russo P, Knickman JR. The case for more active policy attention to health promotion. Health Aff (Millwood) 2002;21:78-93

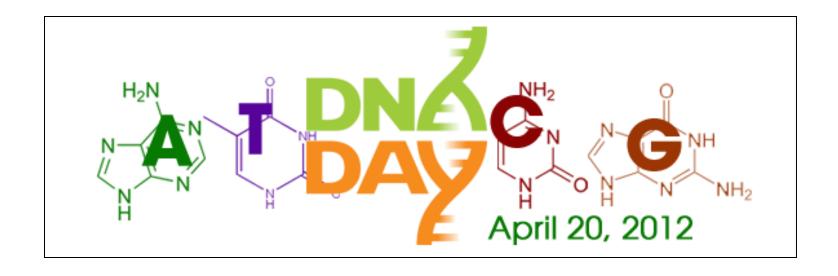


#### Genetics in the News

- DNA sequenced of a woman who lived to 115 revealed rare genetic changes
- Prenatal blood test that can detect Down syndrome in a fetus in early pregnancy is now available to doctors in 20 U.S. cities
- OXTR gene variants (2 copies of the guanine allele) might contribute to increased optimism, mastery and self esteem
- Study finds pregnant women with a particular gene variation at higher risk of having child with autism – offers possibility of genetic test
- Breast cancer study of Bahamian women finds genetic mutation in 25% of relatives – raising lifetime risk 70 to 80% of developing breast cancer
- Prisoner exonerated after serving 25 years when DNA links killing to another man



# National DNA Day





#### Genetics Home Reference

- Target Audience: consumers, students, teachers
- Starting point to learn about human genetics and inherited disorders
- Conditions are chosen based on whether they have a known genetic basis – gene mutations or chromosomal changes
- Entries come from MedlinePlus
- Help Me Understand Genetics basic genetics information in clear language
- Links to relevant articles from the biomedical literature
- http://ghr.nlm.nih.gov/

#### MedlinePlus

- Target audience: consumers, caregivers, healthcare providers, students, teachers
- Patient handouts in English and Spanish
- Interactive tutorials from the Dorlan DNA Learning Center (Cold Spring Harbor Laboratory)— the nation's first science center dedicated to DNA education
- Preformulated PubMed searches for patient education handouts
- Newborn screening information
- Clinical Trials
- www.medlineplus.gov



#### PubMed Health

- Target audience: consumers, researchers, healthcare providers
- Specializes in the review of clinical effectiveness research, running search simultaneously in PubMed
- Easy-to-read summaries (529) and full technical reports
- Resources to understand research results
- Medical encyclopedia (A.D.A.M.) with links to MedlinePlus
- http://www.ncbi.nlm.nih.gov/pubmedhealth/



#### National Human Genome Research Institute

- Target audience: consumers, students, educators, health professionals
- Patient information on diseases, treatments, and research
- English and Spanish talking glossary of genetic terms
- Competency resources for health professionals
- Policy and ethics issues
- Genetic Testing Registry
  - Data from 770 labs, over 9,000 genetic tests
  - Indications for use, validity data, and evidence of the test's usefulness
  - Launch in early 2012
- http://www.genome.gov/



## ClinicalTrials.gov

- Target Audience: consumers, researchers, health care providers
- Currently contains 115,026 trials, with 65,000 daily visitors from around the world
- Locate studies by condition, drug intervention, topic, location
- FDA drug and device information
- Animated tutorials
- http://clinicaltrials.gov/



### researchMatch

- Target Audience : consumers, researchers
- Non-profit match site for people trying to find research studies and researchers looking for participants
- Matches created based on non-identifying data provided by volunteer
- Links to MedlinePlus and ClinicalTrials.gov
- Register to create profile
- https://www.researchmatch.org/

# NCBI Bookshelf: Genes and Diseases

#### **Target Audience: consumers, students**

- Organized by the parts of the body that genetic disorders affect
- Over 80 genetic disorder summaries
- Images and interesting facts
- PDF downloads of chapters
- Links to related research literature and pertinent websites
- http://www.ncbi.nlm.nih.gov/books/NBK22183/

## NIH: Office of Rare Diseases Research

- Target Audience: consumers, researchers, health care providers, educators, students
- 25-30 million people in the U.S. have a rare disease (disease or condition affecting fewer than 200,0000)
- 6,800 known rare diseases
- Site serves as a portal to information in the rare diseases community, including genetic diseases
- Resources available in Spanish
- http://rarediseases.info.nih.gov/

#### Genetic Alliance

- Target audience: consumers, advocates, health professionals, government agencies, think tanks
- Network of over 1,000 disease-specific advocacy organizations
- Integrates individual, family and community perspectives
- InfoSearch locates organizations, research and links to NLM resources
- Resource repository locates documents, links, audio and video files
- http://www.geneticalliance.org/



#### OMIM – Online Mendelian Inheritance in Man

- Target audience: physicians, genetic disorder professionals, genetic researchers, advanced students in science/medicine
- Clinical features, diagnosis, mapping, molecular genetics, history
- All know hereditary disorders and over 12,000 genes
- Updated daily "copious" links to genetic resources
- http://www.ncbi.nlm.nih.gov/omim



### GenETHX

- Target audience: consumers, students, educators, anyone involved in genetics research/counseling
- Bioethics Research Library Georgetown University
- Ethic issues on counseling, testing, gene therapy, behavioral genetics, sociobiology, genome mapping, eugenics, human ancestry
- Scans bibliographic resources, portals and databases
- Scholarly and popular resources
- http://bioethics.georgetown.edu/index.html



## CDC Public Health Genomics

- Target audience: consumers, public health workforce, policy makers
- Genomic news and publications relevant to public health
- Information in English and Spanish
- Genomics translation bench to bedside
- Autism, breast/ovarian cancer, heart disease, hemochromatosis/iron overload, mental health, obesity, sickle cell disease, stroke
- http://www.cdc.gov/genomics/



## Genetic Testing

#### Clinical testing

- Follow-up with healthcare provider and/or genetic counselor
- Cost ranges from under a \$100 to more than \$2,000 (pre-natal \$15-60)

#### Direct-to-consumer testing

- Health related, Nutrigenetic, Non-Medical
- Cost ranges from several \$100 to over a \$1,000
- Often no follow-up guidance for treatment/prevention

#### Resources

- http://rarediseases.info.nih.gov/Resources/Genetics Information
  n Services.aspx
- http://bioethics.od.nih.gov/genetictesting.html
- http://ghr.nlm.nih.gov/handbook/testing
- http://vsearch.nlm.nih.gov/vivisimo/cgi-bin/querymeta?v%3Aproject=medlineplus&query=genetic+testing&x=0& y=0
- http://www.cdc.gov/genomics/gtesting/index.htm



## Genetic Counseling

- There are only about 2,500 trained genetic counselors and 1,100 clinical geneticists in North America
  - National Society of Genetic Counselors @ <a href="http://www.nsgc.org/FindaGeneticCounselor/tabid/6">http://www.nsgc.org/FindaGeneticCounselor/tabid/6</a> <a href="http://www.nsgc.org/FindaGeneticCounselor/tabid/6">http://www.nsgc.org/FindaGeneticCounselor/tabid/6</a> <a href="http://www.nsgc.org/FindaGeneticCounselor/tabid/6">http://www.nsgc.org/FindaGeneticCounselor/tabid/6</a>
  - National Cancer Institute @ <u>http://www.cancer.gov/cancertopics/genetics/directo</u> <u>ry</u>
  - NCBI Genetic Testing Clinic Directory @
    <a href="http://www.ncbi.nlm.nih.gov/sites/GeneTests/clinic?d">http://www.ncbi.nlm.nih.gov/sites/GeneTests/clinic?d</a>
    b=GeneTests



## Family History

- A comprehensive family health history is the best "genetic test"
  - Learn if you are at risk for future health problems
  - Learn if there are ways to reduce risk
- Example: Heart disease and stroke
- Tools
  - My Family Health Portrait -<a href="https://familyhistory.hhs.gov/fhh-web/home.action">https://familyhistory.hhs.gov/fhh-web/home.action</a>
  - Family Health History guides in English/Spanish http://www.geneticalliance.org/fhh



#### Resources for Parents

- Prenatal diagnostic testing and newborn screening
- State Newborn Screening Programs - <u>http://www.cdc.gov/genomics/resources/a.ht</u> <u>m#newborn</u>
- National Newborn Screening Status Report - <u>http://genes-r-</u> <u>us.uthscsa.edu/nbsdisorders.pdf</u>

### Questions/Comments

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