

Spotlight! on NLM Resources

Diabetes Resources



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986706 Nebraska Medical Center
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402-559-7076
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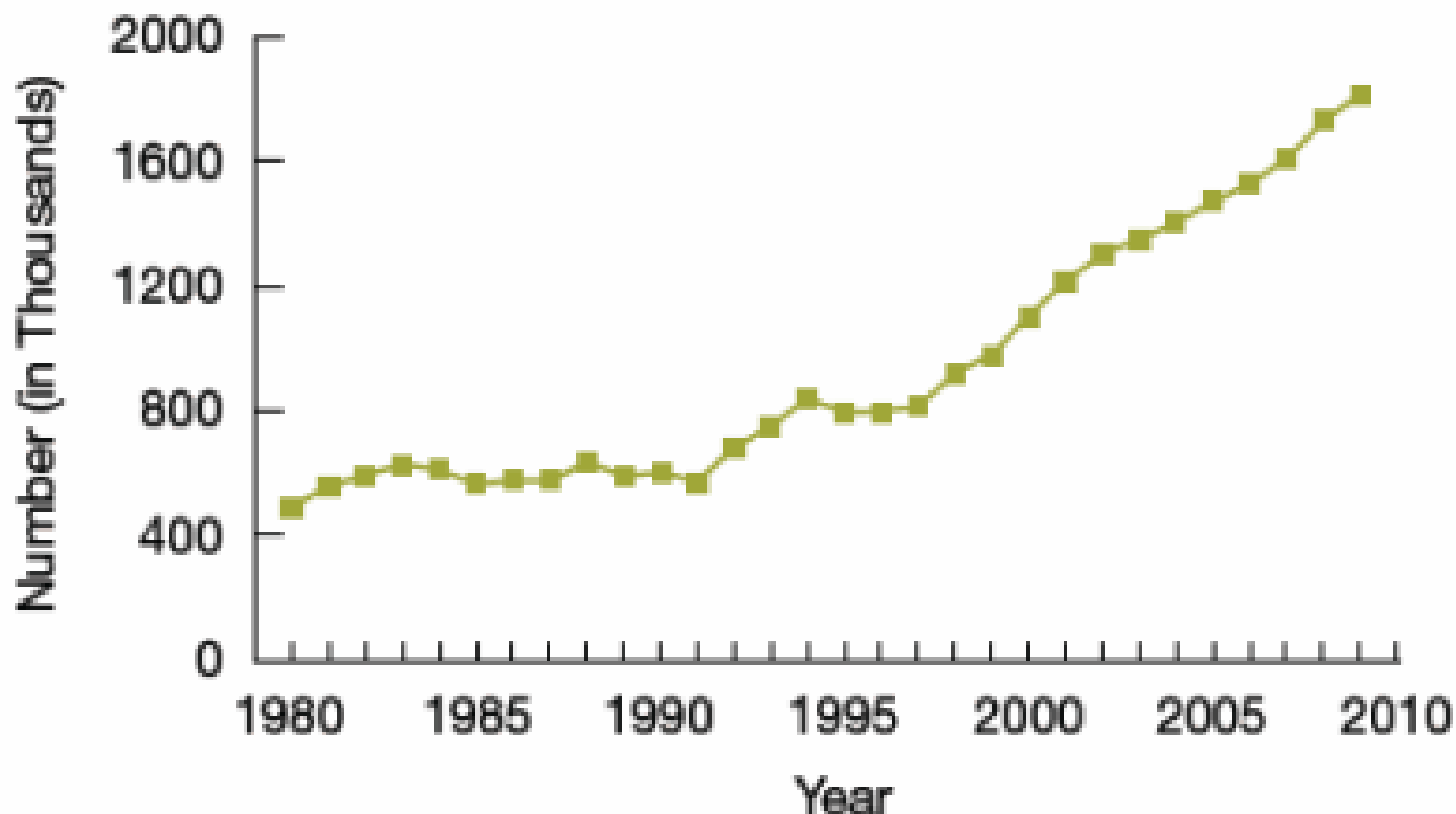
Objectives

- Why should we care?
- MedlinePlus.gov
- National Library of Medicine Resources
- Other U.S. Government Resources
- Other free diabetes resources

What are the odds?

- 25.8 million people (8.8% of U.S. population) have diabetes
- If current trend continues – by 2050, 1 in 3 U.S. adults will have diabetes
- Leading cause of blindness, kidney failure, and amputations of feet and legs not related to accidents or injury
- In 2007 – was the 7th leading cause of death
- Shorter life expectancies

New Cases of Diagnosed Diabetes Among U.S. Adults Aged 18–79 Years, 1980–2009



Source: <http://www.cdc.gov/diabetes/statistics/incidence/fig1.htm>.

What is the cost?

- In 2007 (Direct medical costs)- \$116 billion
- In 2007 –(Indirect costs – related to disability, work loss, premature death) - \$58 billion
- On average, medical expenses for a person diagnosed with diabetes are more than **twice** as much as the expenses of a person without diabetes.

Centers for Disease Control

CDC Home



Centers for Disease Control and Prevention

CDC 24/7: Saving Lives. Protecting People. Saving Money through Prevention.

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Diabetes Public Health Resource

CDC's Division of Diabetes Translation translates diabetes research into daily practice to understand the impact of the disease, influence health outcomes, and improve access to quality health care.

- [About Us](#)
- [National Diabetes Prevention Program](#)
- [Spanish Resources](#)



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Hispanic Heritage

Disasters

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Diabetes Topics



Diabetes & Me

Basic Information, Frequently Asked Questions, Prevent Diabetes...



Data & Trends

Statistics, Surveillance Data, National Diabetes Fact Sheet, Maps...



Education Resources

Partner Information, Community Intervention Tools, Education...



Publications

Fact Sheets, Reports, Prevention & Control Materials Brochures...



Projects & Programs

Special Projects, State Diabetes Prevention Control Programs, Initiatives...



News & Resources

News, Press Releases, Diabetes Issues, For the Media, Conferences...

Diabetes Spotlight

New Take Charge of Your Diabetes - Spanish/Nuevo - Controle su diabetes



New National Diabetes Fact Sheet (NDFS) - Spanish, 2011/Hoja informativa nacional sobre la diabetes, 2011

CDC.gov (cont.)

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Diabetes Public Health Resource

Diabetes & Me



Basics About Diabetes

What is Diabetes? What are the symptoms? What are the risk factors?



Eat Right

What healthy food choices should I make?



Prediabetes

What is prediabetes? Fast Facts, Prediabetes FAQs



Staying Healthy with Diabetes

What routine medical exams and tests are needed for people with diabetes?



Financial Coverage for Diabetes Expenses

Medicare, Medicaid, Health Insurance, Low-cost Services



Be Active

Why is it important for people with diabetes to be physically active?



Prevent Diabetes

How can I prevent diabetes?



Diabetes Health Concerns

Cardiovascular Health, Vision, Kidneys, Feet, Oral Health



Groups Especially Affected by Diabetes

Women, Gestational Diabetes, Older Adults, Racial and Ethnic Groups



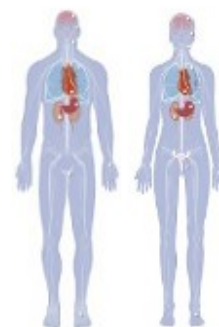
Diabetes Research and Statistics

How many people in the United States have diabetes?

Features



Diabetes Management Guide



How does diabetes affect the male body?

How does diabetes affect the female body?

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My Family Health History

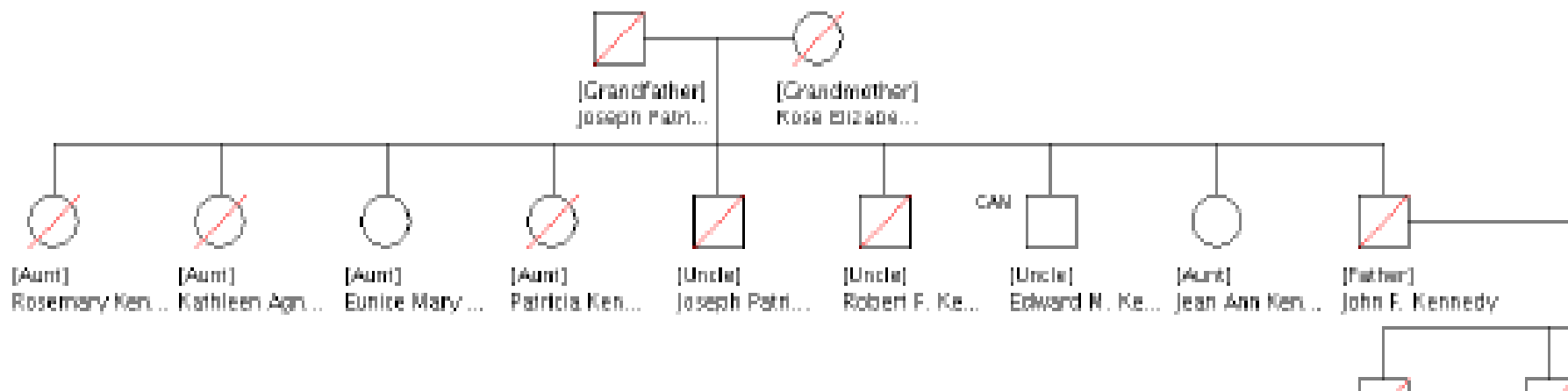
<https://familyhistory.hhs.gov/fhhweb/home.action>

Family Health Portrait - Diagram Report

Date of Report: Tuesday, March 24, 2009 3:29 PM

Chart Legend

<input type="checkbox"/> Male family member	<input type="checkbox"/> Female family member	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> Family members with a history of disease	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> Deceased family members
CAN = Other Cancer			



What is Diabetes?

Diabetes is a disease in which the body has a shortage of insulin, a decreased ability to use insulin, or both. Insulin is a hormone that allows glucose (sugar) to enter cells and be converted to energy. When diabetes is not controlled, glucose and fats remain in the blood and, over time, damage vital organs.

Forms of Diabetes

- **Type 1** – usually first diagnosed in children and young adults...accounts for 5% of diabetes cases
- **Type 2** – associated with older age, obesity, and physical inactivity – accounts for 90-95%
- **Gestational diabetes** – diagnosed during pregnancy – more often for American Americans, Hispanic/Latino and American Indian women
- **Other types** – surgery, medications, infections pancreatic disease – accounts for less than 5%

DHHS -Healthfinder.gov

U.S. Department of Health & Human Services www.hhs.gov

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 - > Español

 **E-cards**
Send to Friends and Family

 **2011**
National Health Observances

[Quick Guide To Healthy Living](#)

 **Protect Yourself from Seasonal Flu**
Everyone over age 6 months needs a flu shot every year. [▶](#)

1 2 3 4 5

[PAUSE](#) [||](#)

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Age: yrs **Sex:** Female Male

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What month is American Diabetes Month?

National Health Observances

National Health Observance Toolkit - November

American Diabetes Month

Sponsor: [American Diabetes Association](#)



American Diabetes Month is a time of awareness of diabetes prevention in the United States, 24 million people have diabetes and 57 million more are developing type 2 diabetes.

Over time, if it's not controlled, type 2 diabetes can cause serious health problems like heart disease and blindness. You may be at risk for type 2 diabetes if you

- Are overweight
- Exercise less than 3 times a week
- Are over 45 years old
- Have high blood pressure or high cholesterol
- Are African American, Latino, American Indian, Alaska Native, Asian American or Pacific Islander
- Have a parent, brother, or sister with diabetes

You can do a lot to lower your chances of getting type 2 diabetes:

- Eating healthy.
- Watching your weight.
- Being active.
- Controlling your blood pressure and cholesterol.

[Sample Announcement](#) | [Sample Tweets](#) | [E-cards](#) | [Web Badges](#)
| [Get Involved](#) | [Related Tools on healthfinder.gov](#) | [Resources](#)

Sample Media and/or Newsletter or Listserv Announcement

Cut and paste this text into your newsletter, listserv, or press release. Add local details and quotes from your organization.

Today, 24 million Americans are living with diabetes and 57 million more are at risk of developing type 2 diabetes. **[Enter local statistics]**. **[Enter organization]** is proud to participate in American Diabetes Month.



You can do a lot to prevent diabetes, such as eating healthy and getting active. Learn more: <http://1.usa.gov/jHA3ZH>.

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- 1
- 2
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- 4
- II



What do those new medical findings really mean?

Pick up some pointers on our Understanding Medical Research page.

→ Health Topics

→ Drugs & Supplements

→ Videos & Cool Tools



MEDICAL DICTIONARY

GO

POPULAR SEARCHES

- aspirin
- asthma
- athlete's foot
- cholelithiasis
- craniosynostosis
- diabetes
- gout
- hypertension
- lupus
- myelomeningocele
- myonecrosis

About Your Health

- General
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- [Weight Control](#)

- NIH SeniorHealth
- Clinical Trials



Health News

[Americans Spending More of Their Lives Struggling with Diabetes](#)

[Food For Thought: Can Fish Lower Your Stroke Risk?](#)

[NIH-Funded Study Connects Gene Variant to Response to Asthma Drugs](#)

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[September 28 is a Day to Learn How You Can Prevent and Control Rabies. Everyday.](#)

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Easy-to- Read

Diabetes

- [Diabetes](#) (Food and Drug Administration)
Also available in [Spanish](#)
- [Diabetes - Introduction](#) *Interactive Tutorial* (Patient Education Institute)
Also available in [Spanish](#)
- [Diabetes Dictionary](#) *NIH* (National Institute of Diabetes and Digestive and Kidney Diseases)
Also available in [Spanish](#)
- [Take Steps to Prevent Type 2 Diabetes](#) (Office of Disease Prevention and Health Promotion)
- [Tips for Kids: How to Lower Your Risk for Type 2 Diabetes](#) *NIH* (National Diabetes Education Program)
- [What I Need to Know about Physical Activity and Diabetes](#) *NIH* (National Institute of Diabetes and Digestive and Kidney Diseases)
Also available in [Spanish](#)
- [Your Guide to Diabetes: Type 1 and Type 2](#) *NIH* (National Institute of Diabetes and Digestive and Kidney Diseases)
Also available in [Spanish](#)

How many topics are listed under Diabetes and Pregnancy?

MedlinePlus.gov – Multiple Languages



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Diabetes - Multiple Languages

[Amharic](#) (amarunya)

[Arabic](#) (العربية)

[ASL](#) (American Sign Language)

[Bosnian](#) (Bosanski)

[Chamorro](#) (chamoru)

[Chinese - Simplified](#) (简体中文)

[Chinese - Traditional](#) (繁體中文)

[Chuukese](#) (Trukese)

[French](#) (français)

[Gujarathi](#) (ગુજરાતી)

[Hindi](#) (हिन्दी)

[Hmong](#) (Hmoob)

[Japanese](#) (日本語)

[Khmer](#) (Khmer)

[Korean](#) (한국어)

[Laotian](#) (Lao)

[Portuguese](#) (português)

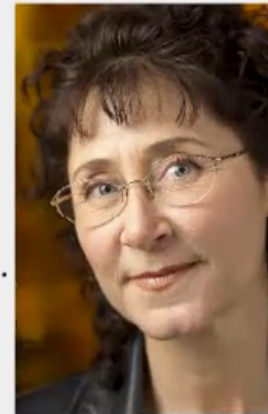
[Russian](#) (Русский)



English - Are You at Risk for Diabetes?

Risk Factors:

I am over 40 years old.



To Listen to the Audio or Read/Print/Save the Handout, Click on a Picture Below

Audio 

Handout 

To Download These Files, Right Click the Mouse and Choose "Save link as...."

Mobile Video 

Multimedia 

Audio 

4 min 0 sec 00:08 / 04:00

4 min 0 sec

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Refine by Type

- All Results (5,973)
- Health Topics** (179)
- External Health Links** (4,262)
- Drugs and Supplements** (475)
- Medical Encyclopedia** (530)
- Videos and Tutorials** (128)
- News** (162)
- MedlinePlus Magazine** (127)
- Other Resources** (76)
- Multiple Languages** (34)

Refine by Keyword

- All Results (5,973) remi
- Type 2 Diabetes** (34)
- Diabetes Information Clearinghouse** (31)
- Research | Grant Applications** (20)
- Type 1 Diabetes** (17)
- Page please turn Javascript** (16)
- Control** (13)
- Drugs** (12)

Diabetes

[Search Help](#)

Diabetes is a disease in which your blood glucose, or sugar, levels are too high. Glucose comes from the foods you eat. Insulin is a hormone that helps the glucose get into your cells to give them energy. With Type 1 diabetes, your body does not make insulin. With Type 2 diabetes, the more common type, your body does not make or use insulin well. Without enough insulin, the glucose stays in your blood.



Over time, having too much glucose in your blood can cause serious problems. It can damage your eyes, kidneys, and nerves. Diabetes can also cause heart disease, stroke and even the need to remove a limb. Pregnant women can also get diabetes, called gestational diabetes. ([Read more](#))

How many results are listed just under a search for diabetes?

- Diabetes** (National Library of Medicine)
Diabetes is a disease in which your blood glucose, or sugar, levels are too high. Glucose comes ... cells to give them energy. With Type 1 diabetes, your body does not make insulin. With Type ...
www.nlm.nih.gov/medlineplus/diabetes.html - Health Topics
- Diabetes Type 1** (National Library of Medicine)
Diabetes means your blood glucose, or blood sugar, is too high. With Type 1 diabetes, your pancreas does not make insulin. Insulin is ... kidneys, nerves, and gums and teeth. Type 1 diabetes happens most often in children and young adults ...
www.nlm.nih.gov/medlineplus/diabetestype1.html - Health Topics
- Diabetes and Pregnancy** (National Library of Medicine)

MedlinePlus – Encyclopedia

look for Images

[Diabetes - eye care](#)

[Diabetes - foot ulcers](#)

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[Diabetes - taking care of your feet](#)

[Diabetes - tests and checkups](#)

[Diabetes - what to ask your doctor - type 2](#)

[Diabetes - when you are sick](#)

[Diabetes and exercise](#)

[Diabetes complications](#)

[Diabetes diet - gestational](#)

[Diabetes diet - type 1](#)

[Diabetes diet - type 2](#)

[Diabetes education](#)

[Diabetes eye exams](#)

[Diabetes foot care](#)

[Diabetes insipidus](#)

[Diabetes insipidus - central](#)

[Diabetes insipidus - nephrogenic](#)

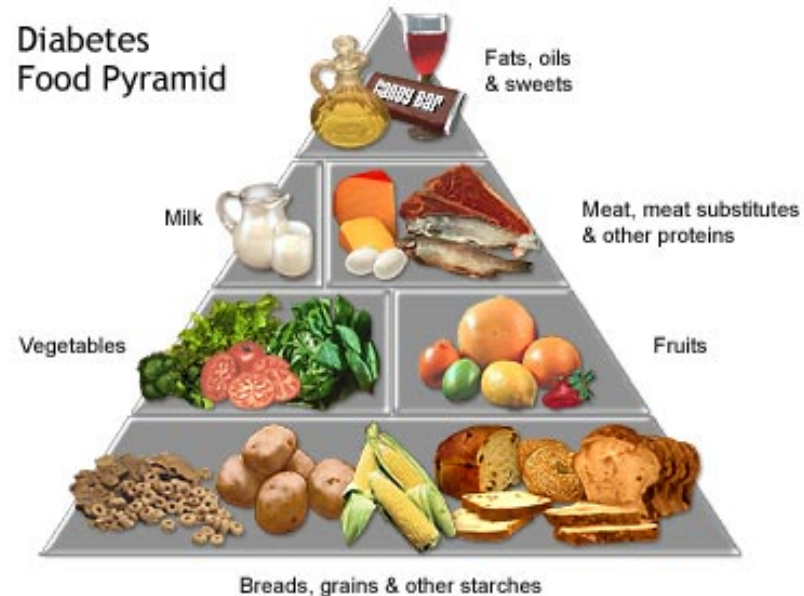
[Diabetic hyperglycemic hyperosmolar syndrome](#)

[Diabetic ketoacidosis](#)

[Diabetic nephropathy](#)

[Diabetic neuropathy](#)

Diabetes Food Pyramid



ADAM.

The Diabetes Food Pyramid divides food into six groups, which vary in size to show relative amounts of servings for each group.

This pyramid differs from the Food Guide Pyramid released by the USDA. In the Diabetes Food Pyramid, the groups are based on protein content and carbohydrates instead of their food classification.

MedlinePlus.gov — Drugs and Supplements



Drugs

Learn about your prescription drugs and over-the-counter medicines. Includes side effects, dosage, special precautions, and more.

Browse by generic or brand name

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z 0-9

For FDA approved labels included in drug packages, see [DailyMed](#).



Herbs and Supplements

Browse dietary supplements and herbal remedies to learn about their effectiveness, usual dosage, and drug interactions.

All herbs and supplements

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Related Topics

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Double Threat



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Understanding Medical Words

Diabetes – Interactive Tutorials

- [Diabetes - Eye Complications](#)
- [Diabetes - Foot Care](#)
- [Diabetes –Introduction](#)
- [Diabetes - Meal Planning](#)

The screenshot shows the interface of an interactive tutorial. At the top left is the 'X-Plain PATIENT EDUCATION' logo. At the top right is the 'MedlinePlus' logo with the tagline 'Trusted Health Information for You'. Below the logos, the title 'Diabetes - Introduction' is displayed, along with links for 'Help | Credits | Terms of Use'. On the left side, there is a vertical menu of blue buttons: 'Introduction' (highlighted), 'What is Diabetes', 'Signs & Symptoms', 'Treatment Options', 'Controlling Diabetes', 'Hyperglycemia', 'Complications', and 'Summary'. The main content area contains the text: 'Your doctor may have informed you that you have diabetes. Although there is no known cure for diabetes, there are several treatments which can control this disease.' Below the text is an illustration of a female doctor in a white coat and pink shirt talking to a male doctor in a white coat and blue tie, who is holding a clipboard. At the bottom of the interface, there is a progress bar showing 'Slide 3 of 110' and a control bar with buttons for 'Quit', 'Comments', 'Volume' (with a speaker icon), 'Repeat' (with a circular arrow icon), and navigation arrows (left and right).

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Introduction
What is Diabetes
Signs & Symptoms
Treatment Options
Controlling Diabetes
Hyperglycemia
Complications
Summary

Your doctor may have informed you that you have diabetes. Although there is no known cure for diabetes, there are several treatments which can control this disease.

Slide 3 of 110

Quit Comments Volume Repeat ← →

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MedlinePlus - News



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- News (146)
- MedlinePlus Magazine (127)
- Other Resources (75)
- Multiple Languages (34)

Results 1 - 10 of 146 for **diabetes**

[Search Help](#)

1. [Helping Your Child Manage **Diabetes** at School](#)

... Features Features by Date Helping Your Child Manage **Diabetes** at School Make a plan to help your ... here are a few key tips: Create a **diabetes** management plan with the school. Meet with staff ...

www.cdc.gov/Features/DiabetesInSchool - News

What is the topic of #5 – on Monday, Sept. 19 ?

3. [Americans Spending More of Their Lives Struggling with **Diabetes**](#)

... Americans Spending More of Their Lives Struggling With **Diabetes** For obese, new study estimates between 2 and ... 2011) Friday, September 23, 2011 Related MedlinePlus Pages **Diabetes** Health Statistics FRIDAY, Sept. 23 (HealthDay News) -- Americans ...

www.nlm.nih.gov/medlineplus/news/fullstory_116800.html - News

PHPartners.gov – Public Health Healthy People 2020 Structured Evidence Queries



Partners
in Information Access for
the Public Health Workforce

A collaboration of U.S. government agencies, public health organizations and health sciences libraries


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Diabetes

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Click the  button to run the search in PubMed.



[Download all Diabetes Objectives](#)



D-1 Reduce the annual number of new cases of diagnosed diabetes in the population ([Objective D-1](#))



D-2.1 Reduce the rate of all-cause mortality among the population with diabetes ([Objective D-2.1](#))



D-2.2 Reduce the rate of cardiovascular disease deaths in persons with diagnosed diabetes ([Objective D-2.2](#))



D-3 Reduce the diabetes death rate ([Objective D-3](#))



D-4 Reduce the rate of lower extremity amputation among persons with diagnosed diabetes ([Objective D-4](#))



D-5 Improve glycemic control among the population with diagnosed diabetes ([Objective D-5](#))



D-6 Improve lipid control among persons with diagnosed diabetes ([Objective D-6](#))

What is D-7?

PubMed – PubMed.gov

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PubMed.gov PubMed diabetes AND exercise Search

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Display Settings: Summary, 20 per page, Sorted by Recently Added Send to: Filter your results:

Results: 1 to 20 of 11561 << First < Prev Page 1 of 579 Next > Last >> All (11561) Free Full Text (2797) Review (2987) Manage Filters

Diet and Exercise in the Treatment of Fatty Liver. 1. Magkos F, Lavoie JM, Kantartzis K, Gastaldelli A. J Nutr Metab. 2012;2012:257671. Epub 2011 Sep 18. No abstract available. PMID: 21941637 [PubMed - as supplied by publisher] Related citations

Prolactin in men's health and disease. 2. Bolyakov A, Paduch DA. Curr Opin Urol. 2011 Sep 21. [Epub ahead of print] PMID: 21941183 [PubMed - as supplied by publisher] Related citations

Passive Exercise Using Whole-Body Periodic Acceleration Enhances Blood Supply to Ischemic Hindlimb. 3. Rokutanda T, Izumiya Y, Miura M, Fukuda S, Shimada K, Izumi Y, Nakamura Y, Araki S, Hanatani S, Matsubara J, Nakamura T, Kataoka K, Yasuda O, Kaikita K, Sugiyama S, Kim-Mitsuyama S, Yoshikawa J, Fujita M, Yoshiyama M, Ogawa H. Arterioscler Thromb Vasc Biol. 2011 Sep 22. [Epub ahead of print] PMID: 21940947 [PubMed - as supplied by publisher] Related citations

Gestational Diabetes: Caring for Women During and After Pregnancy

Titles with your search terms

A high-protein diet with resistance exercise training improves weight loss [Diabetes Care. 2010]

Metabolic changes following a 1-year diet and exercise intervention in patients with type 2 diabetes [Diabetes. 2010]

Exercise prescription and the patient with type 2 diabetes: a clinical [J Am Acad Nurse Pract. 2010]


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Heart Rate Dynamics after Exercise in Cardiac Patients with and without Type 2 Diabetes [Front Physiol. 2011]

Exercise increases insulin content and basal insulin secretion in pancreatic islets [Exp Diabetes Res. 2011]

Arctigenin efficiently enhanced sedentary mice



By looking at Search Details – name one of the MeSH terms

Mobile Apps

All iPhone Apps for "diabetes"



Glucose Buddy - Diabetes Helper...
Health & Fitness
Updated May 07, 2011

FREE ▾



Track3 - Diabetes Planner and Ca...
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Updated Mar 10, 2011

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Diabetes Buddy - Control Your Blo...
Medical
Updated Jan 07, 2011

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Diabetes Health Mobile
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Updated Jun 18, 2011

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Diabetes Buddy Lite - Control Yo...
Medical
Updated Jan 07, 2011

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Health & Fitness
Updated Jan 02, 2010

FREE ▾



Diabetes Pilot
Health & Fitness
Updated Nov 12, 2010

\$1.99 BUY ▾



Blood Sugar Diabetes Control
Health & Fitness
Updated Jul 16, 2009

\$0.99 BUY ▾



Diabetes Companion
Health & Fitness
Updated May 05, 2011

FREE ▾



Islet - Diabetes Assistant
Health & Fitness
Updated Sep 16, 2009

\$0.99 BUY ▾



Johns Hopkins Guides (ABX, HIV,...)
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Diabetes Health Mobile Plus
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3 Taking Control of Your Diabetes: Continuo...	Nutrition		28:51	██████████	FREE
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3 123 ND Can You Reverse Diabetes with Diet?	The Nutrition Diva's Quick and Dirty Tips for Ea...	1/18/11	7:31	██████████	FREE
4 Managing Diabetes, Part I: Controlling Blood Glucose	Diabetes and You	5/31/07	7:59	██████████	FREE
5 Diabetes	Foot and Ankle Podcasts	4/2/08	██████████	FREE	

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ClinicalTrials.gov is a registry and [results database](#) of federally and privately supported clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details. This information should be used in conjunction with advice from health care professionals. [Read more...](#)

▶ [Search for Clinical Trials](#)

Find trials for a specific medical condition or other

▶ [Investigator Instructions](#)

Get instructions for clinical trial investigators/sponsors and US Public Law 110-85 (FDAAA).

▶ [Background Information](#)

Learn about clinical trials and how to use ClinicalTrials.gov, or access other consumer health information from the US National Institutes of Health.

How many clinical trials are listed for diabetes?
How many in Nebraska?
That are seeking new volunteers?

Resources:

[Understanding Clinical Trials](#)

[What's New](#)

[Glossary](#)

Study Topics:

[List studies by Condition](#)

[List studies by Drug Intervention](#)

[List studies by Sponsor](#)

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This site complies with the [HONcode standard](#) for trustworthy health information: [verify here](#).

http://www.nlm.nih.gov/— Search for Diabetes



U.S. National Library of Medicine
National Institutes of Health

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diabetes

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- Complications (13)
- Diet (10)
- Clinical Questions (4)

Diabetes

Diabetes is a disease in which your blood glucose, or sugar, levels are too high. Glucose comes from the foods you eat. Insulin is a hormone that helps the glucose get into your cells to give them energy. With Type 1 diabetes, your body does not make insulin. With Type 2 diabetes, the more common type, your body does not make or use insulin well. Without enough insulin, the glucose stays in your blood.

Over time, having too much glucose in your blood can cause serious problems. It can damage your eyes, kidneys, and nerves. Diabetes can also cause heart disease, stroke and even the need to remove a limb. Pregnant women can also get diabetes, called gestational diabetes. ([Read more](#))



Results 1 - 10 of 3,456 for diabetes

1. [Diabetes](#)

Diabetes is a disease in which your blood glucose, or sugar, levels are too high. Glucose comes ... cells to give them energy. With Type 1 diabetes, your body does not make insulin. With Type ... www.nlm.nih.gov/medlineplus/diabetes.html - Health Information - MedlinePlus

2. [Diabetes Type 1](#)

Diabetes means your blood glucose, or blood sugar, is too high. With Type 1 diabetes, your pancreas does not make insulin. Insulin is ... kidneys, nerves, and gums and teeth. Type 1 diabetes happens most often in children and young adults ... www.nlm.nih.gov/medlineplus/diabetestype1.html - Health Information - MedlinePlus

3. [Diabetes and Pregnancy](#)

Diabetes is a disease in which your blood glucose, or sugar, levels are too high. When you ... United States, between three and eight get gestational diabetes. Gestational diabetes is diabetes that happens for the ... www.nlm.nih.gov/medlineplus/diabetesandpregnancy.html - Health Information - MedlinePlus

4. [Type 1 diabetes](#)

Insulin-dependent diabetes; Juvenile onset diabetes; Diabetes - type 1 ... Type 1 diabetes can occur at any age. However, it is most often diagnosed in children, adolescents, or young adults. Insulin ... www.nlm.nih.gov/medlineplus/ency/article/000305.htm - Health Information - MedlinePlus

5. [Type 2 diabetes](#)

NIDDK — National Institute of Diabetes and Digestive and Kidney Diseases

<http://www2.niddk.nih.gov/>



NATIONAL INSTITUTE OF
DIABETES AND DIGESTIVE
AND KIDNEY DISEASES

SEARCH [Advanced Search](#)

of the National Institutes of Health



The NIDDK seeks to **improve health** for all people through **medical research.**

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NIDDK Resources for the Scientific Community

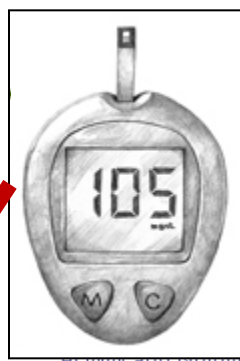
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The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) conducts and supports basic and clinical research on many of the most serious diseases affecting public health.

Health Information for the Public

Health & Disease Topics

- [Diabetes](#)
- [Digestive Diseases \(including liver diseases\)](#)
- [Kidney and Urologic Diseases](#)
- [Weight Control](#)
- [Endocrine and Metabolic Diseases](#)
- [Hematologic Diseases](#)
- [Nutrition](#)
- [Easy-to-read Information](#)
- [Spanish-language Information](#)
- [NIDDK Awareness and Prevention Series](#)
- [NIDDK Image Library](#)
- [Interactive Health Education Tools from NIH](#)



- [Weight Control](#)
- [Education Program](#)
- [Disease Education](#)
- [Information Network \(WIN\)](#)
- [Enhance Children's Activity and Nutrition](#)
- [Celiac Disease Awareness Campaign](#)

Clinical Trial Information

- [Clinical Trials \(for patients\)](#)

News Releases

[E-NEWS](#) [PODCASTS](#)

- NIH research model predicts weight with varying diet, exercise changes
- NIH findings in mice have potential to curb obesity and type 2 diabetes
- New videos, website offer important resources for people affected by diabetes
- [More Releases](#)

Highlights

- NIDDK Fiscal Year 2012 Budget Request – Director's Testimony
- FINAL Obesity Research Strategic Plan
- View the **Summer 2011 NIDDK Director's Update**
- FINAL Diabetes Research Strategic Plan

National Diabetes Information Clearinghouse - <http://www.diabetes.niddk.nih.gov/>

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

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National Diabetes Information Clearinghouse (NDIC)

A service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health (NIH)



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NDIC HOME | DIABETES INFO | STATISTICS | CLINICAL TRIALS | RESOURCES | ORDER | ABOUT US | ESPAÑOL |

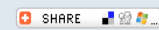
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National Diabetes Information Clearinghouse



- ▶ Publications
- ▶ Tools and Resources
- ▶ Newsletters

Subscribe to Diabetes Dateline
Enter email address



■ Diabetes

A to Z list of topics and titles

■ Introduction to Diabetes

Newly diagnosed or at risk?

Overview of diabetes, pre-diabetes, diagnosis information, pregnancy and diabetes, and a dictionary of diabetes terms

■ Treatments for Diabetes

Meal planning, physical activity (exercise), medicines, and checking blood glucose levels

■ Complications Diabetes

Diabetes-related problems of the heart, kidneys, eyes, feet and skin, nerves, and teeth and gums

■ Statistics

Diabetes in U.S. populations

■ Clinical Trials, Guidelines, and Research Reports

Studies recruiting patients, clinical practice guidelines

■ National Diabetes Education Program (NDEP)

A partnership of the National Institutes of Health, the Centers for Disease Control and Prevention, and more than 200 public and private organizations

■ Awareness and Prevention Series

Brief overviews of diabetes and pre-diabetes to raise awareness among people not yet diagnosed

■ Additional Resources

Links to diabetes-related topics, patient organizations, related databases, interactive health features and tools, and Government agencies

■ Order Publications

Order diabetes, digestive, kidney, and urologic publications online from the NIDDK Information Clearinghouses' Publications Catalog

■ About this Clearinghouse

Who we are and how we can help you

■ Información en Español

Enlaces a nuestra información disponible en español acerca de la diabetes

Health Information Services

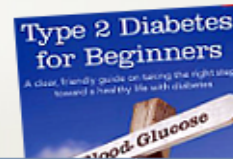
- National Diabetes Information Clearinghouse
- National Digestive Diseases Information Clearinghouse
- National Kidney and Urologic Diseases Information Clearinghouse
- National Endocrine and Metabolic Diseases Information Service
- National Hematologic Diseases Information Service
- Weight-control Information Network

Education Programs

- National Diabetes Education Program
- National Kidney Disease Education Program

Awareness Campaigns

- Let's Talk About Bowel Control
- Celiac Disease Awareness Campaign
- Bladder Control for Women
- We Can! Ways to Enhance Children's Activity & Nutrition



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Diabetes Basics

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Your Gift Could Be Matched, Doll

Give today and your generous donations can have twice as hard in the fight to Stop Diabetes!



Connect with Others

See what members of our online community are talking about on our [Message Boards](#).

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A Fresh Voice
'Idol' Crystal Bowersox On Her Music and Health

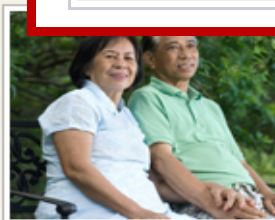
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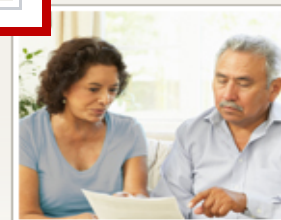
Better Breakfast

Everything you need to know about the vital morning meal



Recently Diagnosed?

Our program shows you how to live well with diabetes.



IN MY COMMUNITY ▶

Are You at Risk for Type 2?

Take a Risk Test. Nordstrom will donate \$5, up to \$75,000

What's New:

Save The Date! Philadelphia to host 72nd Scientific Sessions. [Learn More.](#)

Diabetes Basics — High Blood Glucose

- What are the numbers?

For FPG – Fasting Plasma Glucose

- Healthy Blood Glucose = ?
- Pre-diabetes = ?
- Diabetes = ?



Joslin Diabetes Center



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The world's preeminent diabetes research and clinical care organization. [Learn more...](#)



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Make a YOU-Turn on Weight Gain

Learn more about Joslin's new
weight management program
for patients with type 2
diabetes

[Click here](#)

[DIABETES CARE](#) | [DIABETES RESEARCH](#) | [DIABETES EDUCATION](#)

Take a Virtual Tour of Joslin



We invite you to take a virtual tour of Joslin Diabetes Center and **meet our leaders in basic research, clinical research and patient care** for both adults and children.

[Click here to begin.](#)

Living with Diabetes | The Joslin Blog

[Interval Training | high/low intensity produces](#)

HIGH HOPES GALA 2011 WORLD DIABETES DAY CELEBRATION

The High Hopes Gala promotes awareness and raises funds for vital diabetes clinical care programs and groundbreaking research initiatives at Joslin Diabetes Center. The High Hopes Gala is Joslin's largest annual fundraiser, drawing support from individuals, organizations and corporations across the diabetes spectrum.

Date: Saturday, November 19, 2011

Time: 6:00PM - Midnight

Location: The Westin Copley Place

[Click here for program, sponsorship and ticket information](#)



Get Joslin Diabetes Information & News



Top Searches

- [Weight Management Programs](#)
- [Find Diabetes Books](#)
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- [2010 Honor Roll of Joslin Donors](#)
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- [Joslin Diabetes Center News](#)

Diabetes Message Boards/Forum

Joslin has the only Message Boards on the web for people with diabetes that let you chat with the Joslin clinical staff, as well as people with diabetes and their families.

- [Visit the Joslin Diabetes Discussion Boards](#)

Links for later....

NNLMdiabetes by imageedeli



Resources from the National Network/Libraries of Medicine - Diabetes Resources

3 links

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1. [healthfinder.gov - Your Source for Reliable Health Information](http://healthfinder.gov)
http://healthfinder.gov/
2. [National Diabetes Information Clearinghouse](http://www.diabetes.niddk.nih.gov)
http://www.diabetes.niddk.nih.gov/
3. [Nat'l Inst. of Diabetes and Digestive and Kidney Diseases](http://www2.niddk.nih.gov)
http://www2.niddk.nih.gov/
4. [Partners in Information Access for the Public Health Workforce](http://phpartners.org)
http://phpartners.org/
5. [ClinicalTrials.gov](http://clinicaltrials.gov)
http://clinicaltrials.gov/
6. [National Library of Medicine - National Institutes of Health](http://www.nlm.nih.gov)
http://www.nlm.nih.gov/
7. [American Diabetes Association](http://www.diabetes.org)
http://www.diabetes.org/

<http://delicious.com/stacks/view/Tv4toh>

10. [MedlinePlus Health Information from the National Library of Medic...](http://www.nlm.nih.gov/medlineplus/)
http://www.nlm.nih.gov/medlineplus/

Contact Information

Marty Magee

National Network/Libraries of Medicine

Education and Nebraska Liaison

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mmagee@unmc.edu