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1994 School Health Policies and Programs Study (SHPPS)

# School Health Education

## Lead Teacher Interview

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1. You've been identified as your school's "lead" teacher for health education. How would you describe your primary position here in terms of health education? **CHECK THE ONE BEST ANSWER (1-7). RECORD (8) OTHER. THEN ASK:** So I could characterize your position as . . . ? **READ BACK ANSWER TO GET RESPONDENT'S AGREEMENT. REVISE, IF NEEDED.**

- 1  Chair of school's health education department
- 2  School's lead health education teacher, though not necessarily department chair
- 3  One of several health education teachers
- 4  School's only health education teacher
- 5  A teacher of another subject besides health education
- 6  A school nurse
- 7  A coordinator who does not teach
- 8  Other (**SPECIFY**):

## **I. REQUIRED HEALTH EDUCATION**

I'd like to begin by asking about your school's health education requirements. Let me define some terms first so that we'll be talking about the same things. When I use the term "course," I mean an entire set of classes that a group of students attends throughout a school term. When I use the term "class section," I mean one group of students that meets for a particular course. Do you have any questions about how I'll be using these terms? **IF NEEDED, REVIEW DEFINITIONS.**

2. **HANDCARD #1.** Look at Handcard #1. Is any instruction on health education topics such as these required in any courses for students in your school? **CHECK THE ONE BEST ANSWER.**

- 1  No--**SKIP TO Q.10**
- 2  Yes

3. How much health education are students required to take while attending this school? Please count all of a student's health education requirements. **CHECK THE TYPE OF UNIT (1-6), OR RECORD (7) OTHER. RECORD NUMBER OF UNITS REQUIRED. SAY:** So, your school requires (**READ NUMBER AND UNITS GIVEN**) of health education. Is that correct? **REVISE, IF NEEDED.**

Number of units required

- 1  Years \_\_\_\_\_
- 2  Semesters \_\_\_\_\_
- 3  Trimesters \_\_\_\_\_
- 4  Quarters \_\_\_\_\_
- 5  Weeks \_\_\_\_\_
- 6  Carnegie units \_\_\_\_\_
- 7  Other (**SPECIFY UNIT**): \_\_\_\_\_

4. Now I want to ask about required courses composed mainly of health education topics. It's my understanding that your school (**SAY "DOES" OR "DOES NOT"**) teach one or more required health education courses. Is this correct? **CHECK THE ONE BEST ANSWER.**

- 1  Does not teach required health education courses--**SKIP TO Q.10**
- 2  Does teach required health education courses

5. I've made a list of the required health education courses we were told are taught in your school. **SHOW LIST IN GRID TO RESPONDENT.** Please check to see if I've listed all the courses, and tell me what grade of students usually take each course. **REVISE LIST, IF NEEDED. FOR EACH COURSE, CHECK GRADES THAT USUALLY TAKE COURSE.**

**GRADE**

<b>REQUIRED HEALTH EDUCATION COURSE TITLES</b>	<b>No usual grade</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>

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6. Are students sometimes allowed to choose the content of their required health education courses?  
**CHECK THE ONE BEST ANSWER.**

- 1  No
- 2  Yes

7. How many students are usually scheduled into a class section of a required health education course?  
**RECORD NUMBER OF STUDENTS.**

Number of students per class section: \_\_\_\_\_

8. During required health education courses, how many days per week do students attend class? **DO NOT READ LIST. CHECK THE ONE BEST ANSWER (1-7). IF BOXES 1-6 ARE CHECKED, SKIP TO Q.10. IF BOX 7 IS CHECKED, GO ON TO NEXT QUESTION.**

- 1  One day\*\* **IF BOXES 1-6 ARE**
- 2  Two days\***CHECKED, SKIP TO Q.10**
- 3  Two days one week/three days the next (alternating)\*
- 4  Three days\*
- 5  Four days\*
- 6  Five days\*
- 7  Differs by grade--**GO ON TO NEXT QUESTION**

9. How many days per week do students attend required health education courses by grade in your school? **CHECK BOX (1-7), AND RECORD NUMBER OF DAYS FOR EACH GRADE THAT TAKES REQUIRED HEALTH EDUCATION.**

Days per week

- 1  6th grade \_\_\_\_\_
- 2  7th \_\_\_\_\_
- 3  8th \_\_\_\_\_
- 4  9th \_\_\_\_\_
- 5  10th \_\_\_\_\_
- 6  11th \_\_\_\_\_
- 7  12th \_\_\_\_\_

\*10. **NOTE: IF YOU SKIPPED FROM QUESTION 2, ASK THIS QUESTION TO BE SURE YOU'VE COVERED OTHER REQUIRED SUBJECT COURSES.** Are there other required subject courses in your school that include planned lessons on health education topics each time they are taught? **CHECK THE ONE BEST ANSWER (1-3).**

- 1  No--**SKIP TO Q.18 (Section II) UNLESS COURSES ALREADY ARE LISTED IN Q.11. ASK ABOUT COURSES LISTED.**
- 2  Yes
- 3  Don't know--**SKIP TO Q.18 (Section II) UNLESS COURSES ALREADY ARE LISTED IN**

**Q.11. ASK ABOUT COURSES LISTED.**



\*11. What are the titles of the other required subject courses that include health education topics that are taught in your school? **IF YOU HAVE ALREADY LISTED COURSES FROM MACRO IN GRID, SHOW LIST TO RESPONDENT. IF NOT, RECORD LIST OF COURSES GIVEN BY RESPONDENT. THEN SAY:** Please check to see if I've listed all the courses, and tell me what grade of students usually take each course. **REVISE LIST, IF NEEDED. FOR EACH COURSE, CHECK GRADE IN WHICH STUDENTS USUALLY TAKE COURSE.**

**GRADE**

OTHER REQUIRED SUBJECT COURSE TITLES	No usual grade	6	7	8	9	10	11	12

\*12. **HANDCARD #1.** Now I'd like to ask which health education topics are taught in any of the required courses that we've listed. Looking at Handcard #1, which is in alphabetical order, please give me the numbers of the topics your school teaches at some time in required courses. **IF NONE, CHECK BOX 1, AND GO ON TO NEXT QUESTION. OTHERWISE, CHECK ALL THAT APPLY (2-23). THEN ASK:** Are there any other topics taught in required courses that aren't listed? **RECORD (24) OTHER.**

- 1  None of these topics
- 2  Alcohol and other drug use prevention
- 3  Community health
- 4  Conflict resolution/Violence prevention
- 5  Consumer health
- 6  C.P.R.
- 7  Death and dying

- 8 Dental and oral health
- 9 Dietary behaviors and nutrition
- 10 Disease prevention and control
- 11 Emotional and mental health
- 12 Environmental health
- 13 First aid
- 14 Growth and development
- 15  HIV prevention
- 16 Human sexuality
- 17 Injury prevention and safety
- 18 Personal health
- 19 Physical activity and fitness
- 20 Pregnancy prevention
- 21 Sexually transmitted disease (STD) prevention
- 22 Suicide prevention
- 23 Tobacco use prevention
- 24 Other (**LIST ADDITIONAL TOPICS HERE**):

\*13.**HANDCARD #3.** Look at Handcard #3. Can students be exempted or excused from all or any part of required health education courses or topics for any of these reasons? **IF NO, CHECK BOX 1 AND GO ON TO NEXT QUESTION. IF YES, ASK:** For which reasons? **CHECK ALL THAT APPLY (2-13). RECORD (14) OTHER.**

- 1 Cannot be exempted or excused
- 2 Parental request
- 3 Student request
- 4 Competency testing
- 5 Cognitive disability
- 6 Physical disability
- 7 Other health education courses (**SPECIFY**):
- 8 Other academic subjects (**SPECIFY**):
- 9 School activities or clubs (band, chorus, cheerleading, etc.)
- 10 Interscholastic sports practice or training
- 11 Vocational training
- 12 Community service
- 13 Mandated remedial tutoring
- 14 Other (**SPECIFY**):

14.**DO NOT ASK THIS QUESTION IF SINGLE-GENDER SCHOOL. CHECK BOX 1, AND SKIP TO Q.17.** In your school's required health education courses or topics, are boys and girls taught separately or together (coed classes)? **CHECK ALL THAT APPLY (2-3).**

- 1  Not applicable (single-gender school)--**SKIP TO Q.17**
- 2  Taught separately
- 3  Taught together (coed classes)

\*15. Are any health education topics taught separately to boys and girls OR taught only to boys or only to girls? **CHECK ALL THAT APPLY (2-4).**

- 1  No--**SKIP TO Q.17**
- 2  Yes, topics are taught separately to boys and girls
- 3  Yes, topics are taught only to boys
- 4  Yes, topics are taught only to girls

\*16. **HANDCARD #1.** Looking at Handcard #1 again, which topics are taught . . . ? **READ 1, 2, AND 3 IN THE LATTER PART OF THIS QUESTION ONE AT A TIME ACCORDING TO RESPONDENT'S ANSWERS IN Q.15. CHECK CORRESPONDING GRID COLUMNS 1, 2, AND/OR 3. THEN ASK:** Are there any other topics taught this way that aren't listed? **RECORD (24) OTHER, AND CHECK CORRESPONDING COLUMNS.**

- 1 To boys and girls separately? **CHECK COLUMN 1 FOR ALL TOPICS THAT APPLY.**
- 2 Only to boys? **CHECK COLUMN 2 FOR ALL TOPICS THAT APPLY.**
- 3 Only to girls? **CHECK COLUMN 3 FOR ALL TOPICS THAT APPLY.**

TOPIC	(1) Taught to boys and girls separately	(2) Taught only to boys	(3) Taught only to girls
(↓ <b>Numbering matches handcard</b> )			
2 Alcohol and other drug use prevention			
3 Community health			
4 Conflict resolution/Violence prevention			
5 Consumer health			
6 C.P.R.			
7 Death and dying			
8 Dental and oral health			
9 Dietary behaviors and nutrition			
10 Disease prevention and control			
11 Emotional and mental health			
12 Environmental health			
13 First aid			
14 Growth and development			
15 HIV prevention			

<b>TOPIC</b> (↓ <b>Numbering matches handcard</b> )	<b>(1)</b> <b>Taught to</b> <b>boys and</b> <b>girls</b> <b>separately</b>	<b>(2)</b> <b>Taught</b> <b>only to</b> <b>boys</b>	<b>(3)</b> <b>Taught only</b> <b>to girls</b>
16 Human sexuality			
17 Injury prevention and safety			
18 Personal health			
19 Physical activity and fitness			
20 Pregnancy prevention			
21 Sexually transmitted disease (STD) prevention			
22 Suicide prevention			
23 Tobacco use prevention			
24 Other ( <b>SPECIFY TOPIC</b> ):			

\*17. Does your school provide health education for students with cognitive disabilities? By cognitive disabilities, I mean students who are learning disabled, developmentally disabled, or behavior disordered. **IF NO, CHECK BOX 1 OR 2, AND GO ON TO NEXT QUESTION. IF YES, ASK:** Are students with cognitive disabilities placed in separate health education classes OR are they mainstreamed? **CHECK ALL THAT APPLY (3-4). RECORD (5) OTHER OR (6) DON'T KNOW.**

- 1  No students with cognitive disabilities in school
- 2  No health education provided for students with cognitive disabilities
- 3  Yes, separate classes
- 4  Yes, mainstreamed
- 5  Other (**SPECIFY**):
  - 6  Don't know

**II.ELECTIVE COURSES**

\*18.Now, I'd like to ask about elective health education courses. By electives, I mean additional, separate courses composed mainly of health topics that students may choose to take. These courses are not required for graduation or completing school. Does your school teach any elective health education courses? **CHECK THE ONE BEST ANSWER.**

1 No--**SKIP TO Q.22 (Section III)**

2 Yes

\*19.Please tell me the titles of your elective health education courses and what grade students usually take them. **WRITE IN COURSE TITLES. FOR EACH COURSE, CHECK GRADES THAT USUALLY TAKE COURSE.**

**GRADE**

<b>ELECTIVE COURSE TITLES</b>	<b>No usual grade</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>

\*20.**HANDCARD #1.** Looking at Handcard #1 again, please give me the topic numbers taught at some time in your school's elective health education courses. **CHECK ALL THAT APPLY (2-23).** **THEN ASK:** Are there any other health education topics taught in your school's elective health education courses that aren't listed? **RECORD (24) OTHER.**

- 1  None of these topics
- 2  Alcohol and other drug use prevention
- 3  Community health
- 4  Conflict resolution/Violence prevention
- 5  Consumer health
- 6  C.P.R.
- 7  Death and dying
- 8  Dental and oral health
- 9  Dietary behaviors and nutrition
- 10  Disease prevention and control
- 11  Emotional and mental health
- 12  Environmental health
- 13  First aid
- 14  Growth and development
- 15  HIV prevention
- 16  Human sexuality
- 17  Injury prevention and safety
- 18  Personal health
- 19  Physical activity and fitness
- 20  Pregnancy prevention
- 21  Sexually transmitted disease (STD) prevention
- 22  Suicide prevention
- 23  Tobacco use prevention
- 24  Other (**LIST ADDITIONAL TOPICS HERE**):

21. During the past 12 months, approximately what percent of students took any elective health education course? **IF NEEDED, SAY:** Please estimate as best you can, but let me know if you feel you can't estimate. **CHECK BOX 1, AND RECORD PERCENTAGE, OR CHECK (2) CAN'T ESTIMATE.**

- 1  Percent of students who took any elective health education course: \_\_\_\_\_
- 2  Can't estimate

### III.FACILITIES AND RESOURCES

22. Where are required health education classes usually taught? **DO NOT READ LIST. CHECK ALL THAT APPLY (1-5). RECORD (6) OTHER.**

- 1  Regular classrooms
- 2  Gymnasium
- 3  Multi-purpose room
- 4  Lunchroom/cafeteria
- 5  Auditorium
- 6  Other (**SPECIFY**):

23. Do academic areas in your school have their own yearly budgets? **CHECK THE ONE BEST ANSWER (1-3).**

- 1  No
- 2  Yes
- 3  Don't know

24. Does health education have its own yearly budget? **CHECK THE ONE BEST ANSWER (1-3).**

- 1  No
- 2  Yes
- 3  Don't know

\*25. What health education materials and equipment do you need or need more of that you don't currently have? **IF NOTHING, CHECK BOX 1, AND GO ON TO NEXT QUESTION. IF MATERIALS AND EQUIPMENT ARE NEEDED, CHECK BOX 2, AND RECORD RESPONSE.**

- 1  Nothing
- 1  Materials and equipment (**SPECIFY**):



#### IV. STUDENT ASSESSMENT

**DO NOT ASK THIS QUESTION IF SCHOOL HAS NO REQUIRED HEALTH EDUCATION COURSES. CHECK BOX 1, AND SKIP TO SECTION V. OTHERWISE, SAY:** I'd like to ask you a few questions about student assessment.

26. Do students in this school receive a grade in required health education courses? **THIS QUESTION REFERS ONLY TO REQUIRED HEALTH EDUCATION COURSES AND NOT TO OTHER REQUIRED SUBJECT COURSES OR ELECTIVE COURSES CHECK THE ONE BEST ANSWER (1-3).**

- 1  Not applicable--no required health education courses--**SKIP TO SECTION V**
- 2  No--**SKIP TO SECTION V**
- 3  Yes

27. What type of grading scale is used for required health education courses? **DO NOT READ LIST. CHECK ALL THAT APPLY (1-5), SINCE DIFFERENT TYPES OF GRADING MAY BE USED IN DIFFERENT COURSES. RECORD (6) OTHER.**

- 1  Numerical averages (based on 100%)
- 2  A, B, C, D, F
- 3  4-point scale (1, 2, 3, 4)
- 4  O, S, N (outstanding, satisfactory, nonsatisfactory)
- 5  Pass/fail
- 6  Other (**SPECIFY**):

28. Compared to other academic subjects such as math or English, how are students' grades in required health education courses counted for academic recognition programs, such as honor role or class rank? **DO NOT READ LIST. CHECK THE ONE BEST ANSWER (1-4). RECORD (5) OTHER OR (6) DON'T KNOW.**

- 1  School has no academic recognition programs
- 2  Not counted
- 3  Counted the same as other subjects
  - 4  Counted less than other subjects
  - 5  Other (**SPECIFY**):
  - 6  Don't know

29. If students fail a required health education course, are they usually required to take the course again? **CHECK THE ONE BEST ANSWER (1-2). RECORD (3) OTHER OR (4) DON'T KNOW.**

- 1  No
- 2  Yes
- 3  Other (**SPECIFY**):

4  Don't know

## V.WRITTEN CURRICULAR MATERIALS

Next, I'll be asking about written curricular materials your school uses for health education. If it will be helpful, please refer to any materials you have available while we talk. **DO NOT PRESS FOR WRITTEN MATERIALS. FOLLOW RESPONDENT'S LEAD TO REFER TO MATERIALS BROUGHT TO INTERVIEW.**

30.Does your school have any written curricular materials in health education? By written curricular materials, I mean materials such as a curriculum, guidelines, or a framework. **IF NO, CHECK BOX 1, AND SKIP TO Q.37. IF YES, ASK:** Who developed the materials your school has? **CHECK ALL THAT APPLY (2-4). RECORD (5) OTHER OR (6) DON'T KNOW.**

- 1  No written curricular materials--**SKIP TO Q.37**
- 2  State
- 3  District/Diocese
- 4  School
- 5  Other (**SPECIFY**):
- 6  Don't know

31.**HANDCARD #4.** Look at Handcard #4. Does your school have any commercially purchased curricular materials, such as these? **IF NO, CHECK BOX 1, AND GO ON TO NEXT QUESTION. IF YES, ASK:** Which do you use? **DO NOT READ LIST. CHECK ALL THAT APPLY (2-10). THEN ASK:** Do you use any others that aren't listed? **RECORD (11) OTHER.**

- 1  No commercially purchased materials
- 2  Growing Healthy
- 3  Here's Looking at You 2000 (HLAY 2000)
- 4  Know Your Body
- 5  Life Planning Education
- 6  Reducing the Risk
- 7  Sex Respect
- 8  Straight Talk
- 9  Teenage Health Teaching Modules (THTM)
- 10  The Great Body Shop
- 11  Other (**SPECIFY TITLES**):

32.**HANDCARD #5.** Look at Handcard #5. Which of these items are included in any of your written curricular health education materials? **DO NOT READ LIST. CHECK ALL THAT APPLY (1-8). THEN ASK:** Is anything else included in your materials that's not listed? **RECORD (9) OTHER. IF BOX 1 IS CHECKED, GO ON TO NEXT QUESTION. OTHERWISE, SKIP TO Q.34.**

- 1 Goals, objectives, or outcomes--**GO ON TO NEXT QUESTION**
- 2 Scope and sequence chart\*
- 3 Subject matter content\*
- 4 Lesson plans\*\* **IF BOX 1 IS NOT**
- 5 Learning activities\***CHECKED, SKIP TO Q.34**
- 6 Resources\*
- 7 Student assessment plans\*
- 8 Curriculum evaluation plans\*
- 9 Other (**SPECIFY**):\*

33.**HANDCARD #6.** I'd like to ask about the type of health education goals, objectives, or outcomes in your written curricular materials. Looking at Handcard #6, which of these, if any, are included? **CHECK ALL THAT APPLY (1-4). THEN ASK:** Does your school have any other types of written goals, objectives, or outcomes in health education that aren't listed? **RECORD (5) OTHER.**

- 1 Knowledge about health education topics and issues
- 2 Positive attitudes toward healthy behaviors
- 3 Skills to practice healthy behaviors
- 4 Participation in healthy behaviors
- 5 Other (**SPECIFY**):

34.Are teachers expected to use the written curricular materials to plan their daily lessons? **IF NO, CHECK BOX 1, AND SKIP TO Q.38 (Section VI). IF YES, ASK:** Are teachers expected to follow the materials closely or to use them as a guide? **CHECK THE ONE BEST ANSWER (2-3). RECORD (4) OTHER.**

- 1 No, not expected to use materials--**SKIP TO Q.38 (Section VI)**
- 2 Yes, follow closely
- 3 Yes, use as a guide
- 4 Other (**SPECIFY**):



35. During the past two years, has anyone followed up with teachers to find out how they are using the written materials? **IF NO, CHECK BOX 1, AND GO ON TO NEXT QUESTION. IF YES, ASK: Who followed up with the teachers? DO NOT READ LIST. CHECK ALL THAT APPLY (2-4). RECORD (5) OTHER.**

- 1  No follow-up
- 2  School staff (**SPECIFY**):
- 3  District or diocese education staff
- 4  State education staff
- 5  Other (**SPECIFY**):

36. Do all health education teachers in your school have their own copy of the materials they are expected to use? **CHECK THE ONE BEST ANSWER (1-3).**

- 1  No
- 2  Yes
- 3  Don't know

37. Does your school have student textbooks for health education? **CHECK THE ONE BEST ANSWER.**

- 1  No
- 2  Yes

## VI. COORDINATION AND COLLABORATION

38. Do you have any other school responsibilities besides teaching or coordinating health education? **IF NO, CHECK BOX 1, AND GO ON TO NEXT QUESTION. IF YES, ASK: What are your other responsibilities? DO NOT READ LIST. CHECK ALL THAT APPLY (2-7). RECORD (8) OTHER.**

- 1  No other responsibilities
- 2  Physical education teacher
- 3  Other curricular areas (**SPECIFY**):
- 4  Athletic director
  - 5  Coach
- 6  Sponsor of school clubs or student organizations
  - 7  Driver's education teacher
- 8  Other (**SPECIFY**):

\*39.**HANDCARD #7.** Look at Handcard #7. During the past 12 months, have health education teachers in this school met to coordinate health education instruction with any of these groups of teachers? For this question, don't count in-service meetings unless they were scheduled specifically for coordinating health education instruction. **IF NO, CHECK BOX 1, AND GO ON TO NEXT QUESTION. IF YES, ASK:** Which ones? **CHECK ALL THAT APPLY (2-4). RECORD (5) OTHER.**

- 1 None of these groups
- 2 Yes, other health education teachers in this school
- 3 Yes, teachers of other subjects in this school
- 4 Yes, health education teachers from other schools
- 5 Other (**SPECIFY**):

\*40.**HANDCARD #8.** Look at the top of Handcard #8, labeled "school." During the past two years, have your school's health education teachers organized health-related activities or projects with any of these groups in your school? **IF NO, CHECK BOX 1, AND GO ON TO NEXT QUESTION. IF YES, CHECK ALL THAT APPLY (2-7). THEN ASK:** Were other groups in your school involved that aren't listed? **RECORD (8) OTHER.**

- 1 None of these groups
- 2 Physical education
- 3 School food service
- 4 School health services
- 5 School counseling/psychology
- 6 Parent/teacher or parent/teacher/student organizations
- 7 Other academic classes (**SPECIFY**):
- 8 Other (**SPECIFY**):

\*41.**HANDCARD #8.** Look at the bottom of Handcard #8, labeled "community." During the past two years, have your school's health education teachers organized health-related activities or projects with any of these groups in your community? **IF NO, CHECK BOX 1, AND GO ON TO NEXT QUESTION. IF YES, CHECK ALL THAT APPLY (2-4). THEN ASK:** Were other groups in your community involved that aren't listed? **RECORD (5) OTHER.**

- 1 None of these groups
- 2 Local health department
- 3 Local hospital
- 4 Voluntary health organizations (ACS, AHA, ALA) (**SPECIFY**):
- 5 Other (**SPECIFY**):

42.Does your school have a school health advisory council or other similar committee that meets on a regular basis to address policies and programs related to school health? **CHECK THE ONE BEST ANSWER.**

- 1 No--**SKIP TO Q.44 (Section VII)**

2  Yes



43. **HANDCARD #9.** Looking at Handcard #9, which groups of people are represented on your school health advisory council? **DO NOT READ LIST. CHECK ALL THAT APPLY (1-14).**  
**THEN ASK:** Are others involved who aren't listed? **RECORD (15) OTHER.**

- 1  Students
- 2  Parents
- 3  Teachers
- 4  Administrators
- 5  Food service staff
- 6  School nurses
- 7  Counselors
- 8  School board members
- 9  Public health department staff
- 10  Business community
- 11  Medical community (e.g., doctors, nurses)
- 12  Mental health community
- 13  Churches or other religious organizations
- 14  Community-based organizations
- 15  Other (**SPECIFY**):

## VII. IMPROVING SCHOOL HEALTH EDUCATION

**NOTE: IF MORE THAN ONE RESPONDENT COMPLETES THIS INTERVIEW, ONLY ASK THE PRIMARY RESPONDENT THE NEXT TWO SECTIONS. SEE LIST OF INTERVIEWS.**

44. **HANDCARD #10.** Look at Handcard #10. During the past two years, has your school evaluated health education in any of these areas? **IF NO, CHECK BOX 1, AND GO ON TO NEXT QUESTION. IF YES, CHECK ALL THAT APPLY (2-5).** **THEN ASK:** Did your school evaluate any other areas of health education that aren't listed? **RECORD (6) OTHER.**

- 1  No evaluation
- 2  Health-related school policies
- 3  Written goals, objectives, or outcomes in health education
- 4  Health education curriculum
- 5  Staff development/in-service training in health education
- 6  Other (**SPECIFY**):

45. What would you like to DO, if anything, in health education that you have NOT been able to do? **IF NOTHING, CHECK BOX 1, AND SKIP TO Q.47. IF WOULD LIKE TO DO, CHECK BOX 2, AND RECORD RESPONSE.**

- 1  Nothing--**SKIP TO Q.47 (Section VIII)**
- 2  Would like to do (**SPECIFY**):

46. What needs to happen so that you can do these things? **RECORD RESPONSE.**

### **VIII. PROFESSIONAL PREPARATION**

To end our interview, I'd like to ask you about your own professional background.

47. How many years, counting this year as a full year, have you been teaching and/or coordinating health education? **RECORD NUMBER OF YEARS.**

Years: \_\_\_\_\_

48. How many years, counting this year as a full year, have you been teaching or coordinating health education in this school? **RECORD NUMBER OF YEARS.**

Years: \_\_\_\_\_

49. Do you currently teach and/or coordinate health education in any other schools? **CHECK THE ONE BEST ANSWER. IF YES, ASK: How many other schools? RECORD NUMBER OF SCHOOLS FOR (2) YES.**

- 1  No
- 2  Yes--**NUMBER OF OTHER SCHOOLS:** \_\_\_\_\_

50. I'd like to ask about your education background and certification or endorsement. **WORK ACROSS COLUMNS 1-4 AT THE TOP OF THE GRID. ASK ABOUT EACH TYPE OF DEGREE OR CERTIFICATION/ENDORSEMENT ONE AT A TIME.** **ASK:** Do you have (a college major, a college minor, a graduate degree or 30 graduate credits, state education agency certification or endorsement)? **IF NO, CHECK "NO" OR "NOT AVAILABLE" IN CORRESPONDING COLUMNS. IF YES, ASK:** In what area(s)? **DO NOT READ LIST. CHECK ALL THAT APPLY IN EACH COLUMN. RECORD OTHER, AND CHECK CORRESPONDING COLUMNS.**

<b>DEGREE OR CERTIFICATION</b>	<b>(1) College major</b>	<b>(2) College minor</b>	<b>(3) Graduate degree or 30 graduate credits</b>	<b>(4) SEA certification or endorsement</b>
	<input type="checkbox"/> No	<input type="checkbox"/> No	<input type="checkbox"/> No	<input type="checkbox"/> No <input type="checkbox"/> Not available
Health education <u>AND</u> physical education				
Health education				
Physical education				
Exercise science				
Biology or other science				
Kinesiology				
Recreation				
Social studies				
Public health				
Administration				
Nursing				
Home economics				
Nutrition				
Counseling				
Other (SPECIFY):				

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51. **DO NOT ASK THIS QUESTION IF RESPONDENT HAS NO SEA CERTIFICATION/ENDORSEMENT (Q.50, COLUMN 4). GO ON TO NEXT QUESTION. OTHERWISE, ASK:** What levels and grades are you certified or endorsed to teach? **DO NOT READ LIST. SELECT THE ONE BEST ANSWER (1-3). RECORD (4) OTHER.**

- 1  K-12
- 2  Elementary school (SPECIFY GRADES):
- 3  Secondary school (SPECIFY GRADES):
- 4  Other (SPECIFY):

52. **HANDCARD #1.** Look at Handcard #1 again. During the past two years, have you received four or more hours (at least a half-day) of in-service training on any of these topics? **DO NOT READ LIST. IF NO, CHECK "NO" IN COLUMN 1 IN GRID. OTHERWISE, CHECK COLUMN 1 FOR ALL TOPICS THAT APPLY (2-23). NEXT, ASK:** Which of these topics, if any, would you select as your top three priorities to receive in-service training? These could be different topics or some of the same ones you selected before. **IF NO TOPICS, CHECK "NO" IN COLUMN 2 IN GRID. OTHERWISE, CHECK COLUMN 2 FOR ALL TOPICS THAT APPLY (2-23). THEN ASK:** Are there other topics on which you've received training during the past two years or would like to receive in-service training? **IF YES, RECORD (24) OTHER, AND CHECK COLUMNS 1 AND/OR 2.**

TOPIC	(1) Received training	(2) Would like training
(↓ Numbered to match handcard)	<input type="checkbox"/> No	<input type="checkbox"/> No
2 Alcohol and other drug use prevention		
3 Community health		
4 Conflict resolution/Violence prevention		
5 Consumer health		
6 C.P.R.		
7 Death and dying		
8 Dental and oral health		
9 Dietary behaviors and nutrition		
10 Disease prevention and control		
11 Emotional and mental health		
12 Environmental health		

TOPIC	(1) Received training	(2) Would like training
13First aid		
14Growth and development		
15HIV prevention		
16Human sexuality		
17Injury prevention and safety		
18Personal health		
19Physical activity and fitness		
20Pregnancy prevention		
21Sexually transmitted disease (STD) prevention		
22Suicide prevention		
23Tobacco use prevention		
24Other ( <b>SPECIFY TOPIC</b> ):		

53.To end our interview, I'd like your opinion about teaching school health education today. Would you recommend it to teachers starting out? Why or why not? **RECORD RESPONSE.**

**AT END OF INTERVIEW, SAY:** Thank you very much for your time talking with me! Your answers will really help us get a feel for what schools are doing and what they need!

**FOR DATA COLLECTOR:**

**54.IF THERE WERE ADDITIONAL RESPONDENTS BESIDES THE PRIMARY RESPONDENT TO THIS INTERVIEW, CHECK THE BOXES WHICH DESCRIBE THEIR POSITIONS IN THE SCHOOL. CHECK ALL (1-5) THAT APPLY. RECORD (6) OTHER.**

- 1  Science teacher
- 2  Home economics teacher
- 3  Family life teacher
- 4  Religion teacher
- 5  Physical education teacher

6  Other (**SPECIFY**):

## HANDCARD #1

### HEALTH EDUCATION TOPICS

- 1 None of these topics
- 2 Alcohol and other drug use prevention
- 3 Community health
- 4 Conflict resolution/Violence prevention
- 5 Consumer health
- 6 C.P.R.
- 7 Death and dying
- 8 Dental and oral health
- 9 Dietary behaviors and nutrition
- 10 Disease prevention and control
- 11 Emotional and mental health
- 12 Environmental health
- 13 First aid
- 14 Growth and development
- 15 HIV prevention
- 16 Human sexuality
- 17 Injury prevention and safety
- 18 Personal health
- 19 Physical activity and fitness
- 20 Pregnancy prevention
- 21 Sexually transmitted disease (STD) prevention
- 22 Suicide prevention
- 23 Tobacco use prevention



## HANDCARD #2

### THREE TYPES OF COURSES

#### REQUIRED COURSES:

1 Required health education courses that consist mainly of health education topics

2 Other required subject courses that include planned lessons on health education topics each time they are taught

#### ELECTIVE COURSES:

3 Elective health education courses that consist mainly of health education topics

## HANDCARD #3

### REASONS FOR BEING EXEMPTED OR EXCUSED

1 Cannot be exempted or excused

2 Parental request

3 Student request

4 Competency testing

5 Cognitive disability

6 Physical disability

7 Other health education courses

8 Other academic subjects

9 School activities or clubs (band, chorus, cheerleading, etc.)

10 Interscholastic sports practice or training

11 Vocational training

12 Community service

13 Mandated remedial tutoring

## HANDCARD #4

### HEALTH EDUCATION CURRICULA

- 1 No commercially purchased materials
- 2 Growing Healthy
- 3 Here's Looking at You 2000 (HLAY 2000)
- 4 Know Your Body
- 5 Life Planning Education
- 6 Reducing the Risk
- 7 Sex Respect
- 8 Straight Talk
- 9 Teenage Health Teaching Modules (THTM)
- 10 The Great Body Shop

## HANDCARD #5

### WRITTEN MATERIALS IN HEALTH EDUCATION

1 Goals, objectives, or outcomes

2 Scope and sequence chart

3 Subject matter content

4 Lesson plans

5 Learning activities

6 Resources

7 Student assessment plans

8 Curriculum evaluation plans

## HANDCARD #6

### TYPES OF GOALS, OBJECTIVES, AND OUTCOMES

- 1 Knowledge about health education topics and issues
- 2 Positive attitudes toward healthy behaviors
- 3 Skills to practice healthy behaviors
- 4 Participation in healthy behaviors

## HANDCARD #7

### COLLABORATION WITH TEACHERS

- 1 None of these groups
- 2 Yes, other health education teachers in this school
- 3 Yes, teachers of other subjects in this school
- 4 Yes, health education teachers from other schools

## HANDCARD #8 COLLABORATION WITH SCHOOL AND COMMUNITY

### SCHOOL:

- 1 None of these groups
  - 2 Physical education
  - 3 School food service
  - 4 School health services
  - 5 School counseling/psychology
  - 6 Parent/teacher or parent/teacher/student organizations
  - 7 Other academic classes
- 

### COMMUNITY:

- 1 None of these groups
- 2 Local health department
- 3 Local hospital
- 4 Voluntary health organizations, such as the American Cancer Society, American Heart Association, or American Lung Association

## HANDCARD #9

### SCHOOL HEALTH ADVISORY COUNCIL MEMBERS

1 Students

2 Parents

3 Teachers

4 Administrators

5 Food service staff

6 School nurses

7 Counselors

8 School board

9 Public health department

10 Business community

11 Medical community (e.g., doctors, nurses)

12 Mental health community

13 Churches or other religious organizations

14 Community-based organizations



## HANDCARD #10

### EVALUATION OF SCHOOL HEALTH EDUCATION

- 1 No evaluation
- 2 Health-related school policies
- 3 Written goals, objectives, or outcomes in health education
- 4 Health education curriculum
- 5 Staff development/in-service training in health education