

3 Important Things to Know about Electronic Health Information:

- 1. Talk to your physician about electronic health records (EHRs)**
 - Does your doctor use an EHR?
 - Can you get an electronic or printed record of your appointment before you leave?
 - Can your drugs be prescribed electronically?
 - Does your doctor communicate electronically with the lab, other doctors, and the hospital, and other providers?
- 2. You have a right to your health information**
 - You have a right to get a copy of your record to help you track your care
 - You have the right to work with your doctor to make sure your records are correct
 - You have the right to file a complaint if you think your rights have been violated
 - Make sure you have your family's vaccination records
- 3. eHealth tools can help you manage your health**
 - Use digital devices such as pedometers, digital scales, and sleep trackers
 - Explore smart phone applications (apps)
 - Join a patient community online for support and information
 - Create your – and your family's – personal health records