

COGNITIVE-BEHAVIORALPROGRAMS

A RESOURCE GUIDE TO EXISTING SERVICES

The following manual was prepared by Marilyn Van Dieten, Ph.D. for the National Institute of Corrections (TA#97-S9003). Information in this report was submitted directly by program authors and program facilitators. This manual is NOT intended to be an inclusive list or to endorse or recommend any particular program. Rather it was designed to give correctional practitioners a general overview of services that are currently available for use with correctional clients.

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4. Breaking Barriers 2
5. Relapse Prevention 3
6. Healthy Lifestyle 4
7. Moral Recognition Therapy (M.R.T.) 10
8. Aggression Replacement Training 16
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10. Dialectical Behavior Therapy 12

B. *Sex Offenses*

1. Healthy Lifestyle 4
2. Aggression Replacement Training 16

C. *Anger*

1. Reasoning and Rehabilitation 20
2. Pathways to Personal Empowerment 8
3. CALM: Controlling Anger and Learning to Manage It 9
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5. Breaking Barriers 2
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1. Strategies for Self-Improvement and Change:
A Cognitive Behavioral Approach for Treatment of the
Substance Abusing Offender 18
2. Reasoning and Rehabilitation 20
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4. Breaking Barriers 2
5. Social Thinking Skills 5
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2. Reasoning and Rehabilitation	20

3. Whole Vision	1
4. Cognitive Self Change	22
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9. Moral Recognition Therapy (M.R.T.)	10
10. Impact of Crime on Victims	14
11. OPTIONS	24
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14. Social Thinking Skills	5

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Program Name	Breaking Barriers
program Author	Gordon Graham 206-827-2630
Date Published	Revised February, 1993
Available from	Author
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Anger <input type="checkbox"/> Women's Programs <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Programs <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
Setting	check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Pre/post test
Group Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	9 sessions 1 session per week for 9 weeks
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Relapse Prevention
Program Author	Elliott Weiss, CADAC 208-334-2013
Date Published	Not yet published
Available from	Bureau of Offender Programs
Target Population	
Primary Need Area Addressed	<p>Check all that apply:</p> <p><input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse</p> <p><input type="checkbox"/> Sex offenses: <input type="checkbox"/> Men's Programs</p> <p><input type="checkbox"/> Anger <input type="checkbox"/> Women's Programs</p> <p><input type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Programs</p> <p><input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes</p> <p><input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies</p> <p><input type="checkbox"/> Parent Education <input type="checkbox"/> Other</p>
Setting	<p>check all that apply:</p> <p><input checked="" type="checkbox"/> Institution <input type="checkbox"/> Community <input type="checkbox"/> Residence</p>
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Pre-test, post-test measures
Group Format	<p>Check appropriate response:</p> <p><input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed</p>
Number of Sessions and Program Duration	20 hours- 10 sessions of 2hour duration each
Certification and Training Available	<p>Check appropriate response:</p> <p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p>
Entry Criteria: Screening and Assessment Tools	<p>Check appropriate response:</p> <p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Completion of Whole Vision</p>

Program Name	Healthy Lifestyle
Program Author	Dr. Rita Dudley-Grant Virgin Islands Behavioral Institute 340-773-6445
Date Published	November 1997
Available from	Author
Target Population	check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input checked="" type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Other
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Croup Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	4 times weekly for six weeks.
Certification and Training Available	Check appropriate response: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Social Thinking Skills		
Program Author	Kathy Larsen 805-658-8135		
Date Published	1988 revised 1995		
Available from	Ventura California- Clear Pointe Press		
Target Population	<p>Check all that apply:</p> <p><input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input type="checkbox"/> Adult</p> <p style="text-align: right;">*Developed for youth who are academic inachievers and/or behavior disordered</p>		
Primary Need Area Addressed	<p>Check all that apply:</p> <table style="width: 100%; border: none;"> <tr> <td style="vertical-align: top;"> <input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Sex offenses <input checked="" type="checkbox"/> Anger <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Parent Education </td> <td style="vertical-align: top;"> <input checked="" type="checkbox"/> Domestic Abuse: <input checked="" type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Women's Services <input type="checkbox"/> Children's Services <input checked="" type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Family Based Therapies <input checked="" type="checkbox"/> Other Employment </td> </tr> </table>	<input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Sex offenses <input checked="" type="checkbox"/> Anger <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Parent Education	<input checked="" type="checkbox"/> Domestic Abuse: <input checked="" type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Women's Services <input type="checkbox"/> Children's Services <input checked="" type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Family Based Therapies <input checked="" type="checkbox"/> Other Employment
<input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Sex offenses <input checked="" type="checkbox"/> Anger <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Parent Education	<input checked="" type="checkbox"/> Domestic Abuse: <input checked="" type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Women's Services <input type="checkbox"/> Children's Services <input checked="" type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Family Based Therapies <input checked="" type="checkbox"/> Other Employment		
setting	<p>Check all that apply:</p> <p><input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence</p>		
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Larsen, K. (1988) Remediating problem solving skills. <u>Journal of Correctional Education</u> , 39, 70-74		
Group Format	<p>Check appropriate response:</p> <p><input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed</p>		
Number of Sessions and Program Duration	25-50 Sessions		
Certification and Training Available	<p>Check appropriate response:</p> <p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p>		
Entry Criteria: Screening and Assessment Tools	<p>Check appropriate response:</p> <p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p>		

Program Name	Wisconsin Department of Corrections Cognitive Interventions Program (Think Manual)
Program Author	Sandy Reno & Department of Corrections, State of Wisconsin 608-266-6825
Date Published	1994 Revised 1996, 1997
Available from	Wisconsin Department of Corrections (available March 1998)
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Comprehensive evaluation in process
Croup Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	Phase I - 15 lessons Phase II - 15 lessons Phase III & IV - in development
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input type="checkbox"/> Yes <input type="checkbox"/> No being developed

Program Name	Thinking for a Change
Program Author	Jack Bush, Barry Glick, Julianna Taymans 202-994-6170
Date Published	1997
Available from	author
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input type="checkbox"/> Yes <input type="checkbox"/> No Describe: In process. Two pilot projects with program evaluation planned for 1997-98
Croup Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	25 sessions
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

Program Name	Pathways to Personal Empowerment
Program Author	Dr. Martha Bireda, Diversity Training Assoc., Inc. 813-870-2374
Date Published	1995
Available from	Diversity Training Assoc.,Inc.- P.O. Box 10171, Tampa, FL 33679-0171
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input checked="" type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input checked="" type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Anger <input checked="" type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Orient Road, Tampa, FL
Croup Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	10 sessions 2 hours each week 10 week duration
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Not currently developed

Program Name	CALM: Controlling Anger and Learning to Manage It.
Program Author	Winogron, W., Van Dieten, M., and Gauzas, L.,
Date Published	1996
Available from	Multi-Health Systems 416-424-1700
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies Parent Education <input type="checkbox"/> Other
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Pre-post evaluation
Croup Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	25 sessions over minimum of 8 weeks
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Moral Reconciliation Therapy (M.R.T.)
Program Author	Dr. Kenneth Robinson Dr. Gregory Little
Date Published	1983, revised 1988
Available from	Correctional Counseling Inc., Memphis Tennessee, 901-360-1564
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input checked="" type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input checked="" type="checkbox"/> Other Chemical Dependency
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: SASSI Post Evaluation State tracking System (Target) Treatment Assessment Generation Tool
Group Format	Check appropriate response: <input checked="" type="checkbox"/> Open: continuous intake <input type="checkbox"/> Closed
Number of Sessions and Program Duration	12 Step process, usually takes 14 to 16 sessions
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Positive Solutions
Program Author	George Nelson, Mitch Voron
Date Published	
Available from	Positive Solutions 215-638-2340
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Relapse Prevention <input checked="" type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input checked="" type="checkbox"/> Other: Values Based Cognitive Skills
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence
Program Evaluation	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Describe:
Croup Format	Check appropriate response: <input checked="" type="checkbox"/> Open: continuous intake <input type="checkbox"/> Closed
Number of Sessions and Program Duration	Up to 84 modules (tailor to needs)- approximately 168 hours
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Dialectical Behavior Therapy (DBT)
Program Author	Marsha Lierehan 206-543-9886
Date Published	see Attachment A
Available from	
Target Population	check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult Female--research Youth-- teens
Primary Need Area Addressed	check all that apply: <input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input checked="" type="checkbox"/> Other Parasuicidal Behaviors-impulsivity
Setting	Check all that apply: <input type="checkbox"/> Institution <input type="checkbox"/> Community <input checked="" type="checkbox"/> Residence Can be used in variety of settings
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Croup Format	Check appropriate response: <input checked="" type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed can be either
Number of Sessions and Program Duration	Programs lasts 12 months 1-2 individual sessions/week 1 group
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No training only
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Control Unit Program
Program Author	Tim Knight, Kurt Kinlund, Dr. Shannon Beaver 402-471-2861 ext. 6199 or 6117
Date Published	Not yet published
Available from	Attention to: Any of the above authors Lincoln Correctional Center, P.O. Box 22800, Lincoln, e 68542-28
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input checked="" type="checkbox"/> Other Segregation or Control Unit Populations
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Evaluated effectiveness at decreasing the acting out behaviors of cognitive components done on an individual basis
Group Format	Check appropriate response: <input checked="" type="checkbox"/> Open: continuous intake <input type="checkbox"/> Closed
Number of Sessions and Program Duration	Ongoing
Certification and Training Available	Check appropriate response: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No not at this
Entry Criteria: Screening or Assessment Tools	Check appropriate response: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

Program Name	Impact of Crime on Victims
Program Author	Rip Lowe, Ph.D. California Youth Authority Mother's Against Drunk Driving 916-262-1392
Date Published	1 9 9 6
Available from	Author
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input checked="" type="checkbox"/> Other: Victim Awareness/Empathy
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence Teens crime and the Community
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Washington State DOC
Group Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	20-60 hours
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

Program Name	Problem Solving Skills for Offenders also known as The Detour through the Wyndon School District (in Texas)
Program Author	Julianna Taymans & Steve Parese 202- 994- 6170
Date Published	1991, revised 1994,1996,1997
Available from	Author
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Other
setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: New Hampshire Recidivism study Texas pre-post test results
Croup Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	8 - 1 to 2 hour sessions and 6 to 10 weeks of Transfer training groups
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

Program Name	Aggression Replacement Training
Program Author	Arnold P. Goldstein and Barry Click 518-399-7933
Date Published	1987, revised 1997
Available from	Research Press, Champaign Illinois
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input checked="" type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Prevention <input checked="" type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Quantitative and Qualitative Program Evaluation involving maximum security to community interventions
Group Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	10 week program - 3 sessions per week = 1 session is Structured Learning Training 1 session is Anger Control 1 session is Moral Reasoning
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Training is available
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Multi Systemic Therapy
Program Author	Scott Henggeler Family Services Research Centre, Medical University of South Carolina 803-792-8300
Date Published	1991, (manual to be available in 1998)
Available from	MST Services 803-853-8300 (training and program development)
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Parent Education <input checked="" type="checkbox"/> Family Based Therapies <input type="checkbox"/> Relapse Prevention <input type="checkbox"/> Other
Setting	Check all that apply: <input type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Croup Format	Check appropriate response: <input checked="" type="checkbox"/> Open: continuous intake <input type="checkbox"/> Closed
Number of Sessions and Program Duration	3-5 months intensive family involvement
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools.	Check appropriate response: <input type="checkbox"/> Yes <input type="checkbox"/> No No primary caregiver- cannot be applied (e.g. not applicable to street youth)

Program Name	Strategies for Self-Improvement and Change: A Cognitive Behavioral Approach for Treatment of the Substance Abusing Offender
Program Author	Ken Wanburg and Harvey Milkman The Centre for Interdisciplinary Studies 303-830-8500 (Dr. H. Milkman)
Date Published	1 9 9 8
Available from	Sage Publications & The Centre for Interdisciplinary Studies 303-830-8500
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: In process
Croup Format	Check appropriate response: <input checked="" type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed Phase I Closed Phase II specific points of entry (22 sessions)
Number of Sessions and Program Duration	50 - 2 hour sessions variable time periods
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Positive Steps
Program Author	Ida Jane Graham and Marilyn Van Dieten
Date Published	1993
Available from	John Howard Society of Ottawa 613-789-7418
Target Population	<p>Check all that apply:</p> <p><input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult</p>
Primary Need Area Address	<p>Check all that apply:</p> <p><input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input checked="" type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input checked="" type="checkbox"/> Women's Services <input type="checkbox"/> Cognitive Skills <input checked="" type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other</p>
Setting	<p>Check all that apply:</p> <p><input type="checkbox"/> Institution <input type="checkbox"/> Community <input type="checkbox"/> Residence</p>
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Croup Format	<p>Check appropriate response:</p> <p><input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed</p>
Number of Sessions and Program Duration	Varies (20+)
Certification and Training Available	<p>Check appropriate response:</p> <p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p>
Entry Criteria: Screening and Assessment Tools	<p>Check appropriate response:</p> <p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p>

Program Name	Reasoning and Rehabilitation
Program Author	Robert Ross and Elizabeth Fabiano
Date Published	1 9 8 6
Available from	T ³ Associates 613-236-4188
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input checked="" type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Croup Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	36 sessions
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Functional Family Therapy
Program Author	Don Gordon 614-593-1074
Date Published	1989
Available from	Author
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult- Parents
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input checked="" type="checkbox"/> Parent Counselling <input type="checkbox"/> Other
Setting	Check all that apply: <input type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Group Format	Check appropriate response: <input type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed
Number of Sessions and Program Duration	Average 14 sessions- 4 months
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	Cognitive Self Change
Program Author	Jack Bush 802-496-5980
Date Published	1997
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input checked="" type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: Criminal Justice & Behavioral Dec. 1996 (Henning) (earlier version of program)) <input type="checkbox"/> Yes <input type="checkbox"/> No
Group Format	Check appropriate response: <input checked="" type="checkbox"/> Open: continuous intake <input type="checkbox"/> Closed
Number of Sessions and Program Duration	48 sessions and 100 sessions of aftercare
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	White Bison
Program Author	Don Coyhis 719-548-1000
Date Published	
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input checked="" type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input type="checkbox"/> Community <input type="checkbox"/> Residence
Program Evaluation	<input type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Group Format	Check appropriate response: <input checked="" type="checkbox"/> Open: continuous intake <input type="checkbox"/> Closed
Number of Sessions and Program Duration	7 Sessions
Certification and Training Available	Check appropriate response: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input type="checkbox"/> Yes <input type="checkbox"/> No

Program Name	OPTIONS
Program Author	Jack Bush, Brian Bilodeau 802-496-5980
Date Published	1993
Available through	
Target Population	Check all that apply: <input checked="" type="checkbox"/> Male <input checked="" type="checkbox"/> Female <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult
Primary Need Area Addressed	Check all that apply: <input type="checkbox"/> Substance abuse <input type="checkbox"/> Domestic Abuse: <input type="checkbox"/> Sex offenses <input type="checkbox"/> Men's Programs <input type="checkbox"/> Anger <input type="checkbox"/> Women's Services <input type="checkbox"/> Cognitive Skills <input type="checkbox"/> Children's Services <input type="checkbox"/> Employment <input checked="" type="checkbox"/> Criminal Attitudes <input checked="" type="checkbox"/> Relapse Prevention <input type="checkbox"/> Family Based Therapies <input type="checkbox"/> Parent Education <input type="checkbox"/> Other
Setting	Check all that apply: <input checked="" type="checkbox"/> Institution <input checked="" type="checkbox"/> Community <input checked="" type="checkbox"/> Residence
Program Evaluation	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Describe: "Cog Self Change" Program began as "Options" Criminal Justice and Behaviour, 12,1996
Group Format	Check appropriate response.: <input checked="" type="checkbox"/> Open: continuous intake <input checked="" type="checkbox"/> Closed Phase I=Closed Phase II&III=Open
Number of Sessions and Program Duration	15 sessions= Phase I 32-150 sessions=Phase II 100 sessions=Phase III
Certification and Training Available	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Entry Criteria: Screening and Assessment Tools	Check appropriate response: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Attachment A

Dialectical Behavior Therapy (DBT) Criminal Justice- Forensic

Below is a list of people who are currently doing DBT or DBT-informed work in forensic or criminal settings.

<p>Andre Ivanoff, PhD Columbia University school of Social Work 522 W. 113 St. New York, NY 10025 Phone: 212-854-8545 Fax: 212-854-8549</p> <p>Elissa Ball, MD IFP- CMHIP 1600 West 24th Pueblo, Co 81004 Phone: 719-546-4705 Fax: 719-546-4841</p> <p>Robin McCann, PhD IFP-CMHIP 1600 West 24th pueblo, CO 81004 Phone: 719-540-4965 Fax: 719-546-4841</p> <p>Halch Ghanizadeh, MD SFGH, Unit 7L 1001 Potrero Avenue San Francisco, CA 94110 Phone: 415-206-5184</p>	<p>Todd Hogue Department of Psychology Rampton Hospital RETFORD Nottinghamshire, DN22 OPD United Kingdom Phone: 44-1777-247312 Fax 44-1777-247316</p> <p>Gail Low, MA Department of Psychology Rampton Hospital RETFORD Nottinghamshire, DN22 OPD United Kingdom Phone: 44-1777-247160 Fax: 44-1777-247737</p> <p>Gerald Hover, Ed.D Department of Corrections Sex Offenders Treatment Program Monroe, WA 98272 Phone: 360-794-2380 Fax: 360-794-2368</p>
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