

CIVILIAN SECURITY, DEMOCRACY, AND HUMAN RIGHTS





A DAY IN YOUR LIFE: TOUCHED BY MODERN SLAVERY

The food you eat, the products you buy, and the consumer items you use on a daily basis may have been produced or touched by those held in involuntary servitude.

6:00 am:

**WAKE UP
AND GET
READY FOR
WORK:**




The  on your back could have been produced by a man, woman, or child in a garment factory in Asia, the Middle East, or Latin America who is subjected to forced labor, including withholding of passports, no pay, long working hours to meet quota, and physical and sexual abuse. To complete your outfit, the  you put on this morning may include gold mined by trafficked children in Africa, Asia, and Latin America.


8:00 am:

**SIT DOWN
AT
YOUR DESK:**



The , and other electronics you use may be dependent on minerals that are produced in conflict-affected areas in Africa. Children and adults are forced to work in mines under conditions of forced labor and sexual servitude.




The  you use may also be produced in Asia by adults and children – some as young as nine years old – who are sold or deceived into working in electronic factories under conditions of forced labor, including excessively long hours, minimal or no pay, and threats.

10:00 am:

**TAKE A
CAFFEINE
BREAK:**




The  you drink to keep you energized may have been touched by modern slaves. Some men and children work under conditions of forced labor on coffee plantations in Latin America and Africa. The sugar you put in that coffee may have also come from plantations where children and men in Latin America, Asia, and Africa are subjected to conditions of forced labor and debt bondage. These victims were exposed to high levels of pesticides and potential injuries from machetes, which are used to cut sugar cane.

12:00 pm:

EAT LUNCH:




The  you eat for lunch may have been caught by men in Southeast Asia and children as young as four years old in West Africa, who are subjected to conditions of forced labor in the fishing industry. While catching your lunch, these victims may have been deprived of wages, food, water, and shelter, worked extremely long hours, and suffered physical and sexual abuse.

2:00 pm:


**AFTERNOON
SNACK:**



The  dessert you eat may have been touched by modern slaves, primarily in Africa. Children that work on plantations that produce cocoa – the key ingredient in chocolate – are subjected to conditions of forced labor. There are an estimated 300,000 children who work in cocoa production worldwide.


4:00 pm:
DRIVE TO A MEETING:



The tires on the  you drive are made of rubber, which is produced in Asia and Africa on rubber plantations. Adults and children, including entire families, are forced to work on these plantations for little to no pay, excessive hours to meet quotas, and in hazardous working conditions.



6:00 pm:
ARRIVE AT HOME:



The bricks in the walls of your  may have been produced by bonded labor victims, including men, women, and children, in brick kilns primarily in Asia and Latin America. Children and adults are forced to work in hazardous working conditions in brick kilns for long hours and minimal pay.


8:00 pm:
ENJOY DINNER:



The  you cook and the  you eat for dinner may have been touched by men and children subjected to forced labor on cattle ranches and farms in the United States, Latin America, and Africa. These victims work long hours, receive little or no pay, and suffer physical and emotional abuse to herd the cattle that will eventually make it to your dinner table.

11:00 pm:
GO TO BED:



The cotton in your  may have been picked by men, women, and children – some as young as three years old – in cotton fields, primarily in Central Asia and Africa. While you rest easy on your cotton pillow, children are forced to leave school to work under arduous and abusive conditions, sometimes with no pay, during the annual cotton harvest.

The items that you wore, used, and consumed today were touched by modern slaves from around the world -- men, women, and children. This is just one day. What about the rest of your life? Find out more at www.slaveryfootprint.org.

