

SOMETIMES THE BATTLE  
COMES HOME WITH YOU

For those struggling with TBI or psychological concerns including PTSD and depression, there's hope. The DCoE Outreach Center's trained health resource consultants are standing by 24/7 to answer your questions and provide information. Call today, chat online at [www.dcoe.health.mil/247help](http://www.dcoe.health.mil/247help), or send an e-mail to [resources@dcoeoutreach.org](mailto:resources@dcoeoutreach.org).

### The DCoE Outreach Center

Free, confidential psychological health and TBI information for service members, veterans, and families

866-966-1020

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