

Table 1249. Participation in Selected Sports Activities: 2009

[In thousands (269,988 represents 269,988,000), except rank. Data are based on a questionnaire mailed to 10,000 households. The questionnaire asked the male and female heads of households and up to two other household members who were at least seven years of age to indicate their age, the sports in which they participated in 2009, and the number of days of participation in 2009. A participant is defined as an individual seven years of age or older who participates in a sport more than once a year. See source for methodology.]

Activity	All persons	Sex		Age								Household income (dollars)						
	Number	Male	Female	7-11 years	12-17 years	18-24 years	25-34 years	35-44 years	45-54 years	55-64 years	65 and over	Under 15,000	15,000-24,999	25,000-34,999	35,000-49,999	50,000-74,999	75,000-99,999	100,000 and over
SERIES I SPORTS																		
Total	269,988	132,437	137,551	19,892	25,056	29,526	40,018	43,475	43,208	31,556	37,257	25,568	24,659	27,297	39,689	54,549	41,485	56,740
Number participated in—																		
Aerobic exercising ¹	33,138	9,519	23,619	1,285	1,960	4,215	8,332	7,286	4,626	2,824	2,611	1,760	2,076	2,443	3,748	7,437	6,287	9,387
Backpacking ²	12,281	7,043	5,238	1,617	1,750	1,903	2,208	2,526	1,497	582	197	1,325	764	1,218	1,770	2,724	1,613	2,867
Baseball	11,507	9,314	2,193	3,971	2,727	1,078	776	1,412	727	502	316	573	456	1,076	1,772	2,473	2,366	2,791
Basketball	24,410	16,904	7,506	4,802	6,482	4,249	2,860	3,214	1,998	513	292	1,816	1,078	1,852	3,702	5,069	4,739	6,154
Bicycle riding ¹	38,139	21,265	16,874	6,801	6,395	3,066	5,345	6,937	4,835	2,853	1,906	2,433	1,894	2,529	5,266	8,321	6,859	10,837
Billiards	28,172	17,583	10,589	1,183	2,306	5,678	7,546	5,598	3,857	1,301	702	2,763	1,624	2,300	4,397	5,961	4,863	6,265
Bowling	44,972	23,507	21,465	5,976	6,428	8,325	7,635	8,223	4,565	2,285	1,536	3,337	2,414	3,241	6,867	10,415	8,422	10,275
Camping ³	50,863	26,353	24,510	5,942	7,212	5,572	8,759	9,434	7,187	4,050	2,707	4,119	2,685	3,833	7,520	13,219	8,808	10,678
Exercise walking ¹	93,359	37,093	56,266	3,573	5,520	8,200	16,045	17,803	17,330	12,595	12,294	6,855	7,061	7,911	12,813	19,961	16,814	21,944
Exercising with equipment ¹	57,206	27,815	29,391	960	4,015	7,420	13,104	11,438	9,659	5,090	5,519	2,917	2,885	4,423	8,112	12,161	10,707	16,001
Fishing (net)	32,876	22,714	10,162	3,146	3,508	2,577	6,114	6,327	5,241	3,553	2,409	2,539	2,152	2,775	5,821	7,500	5,359	6,729
Fishing—fresh water	28,996	20,290	8,706	3,038	3,101	2,470	5,429	5,806	4,195	3,043	1,913	2,327	1,869	2,635	5,350	6,552	4,429	5,834
Fishing—salt water	8,195	5,807	2,387	529	949	513	1,121	1,248	1,952	986	896	453	435	453	768	2,056	1,765	2,265
Football—tackle	8,890	7,912	978	1,672	3,435	2,032	497	635	205	184	232	952	1,247	881	1,335	1,640	1,282	1,553
Golf	22,317	16,893	5,424	1,276	1,660	1,763	4,131	4,208	4,168	2,823	2,288	606	675	1,078	3,061	4,614	4,589	7,693
Hiking	34,013	17,397	16,616	3,093	3,828	3,650	6,570	6,527	5,853	2,690	1,804	2,294	1,858	2,126	4,234	7,587	6,726	9,189
Running/jogging ¹	32,212	17,736	14,476	2,672	4,975	5,451	8,332	5,531	3,719	1,024	507	1,189	1,784	2,033	4,340	5,787	7,970	9,109
Soccer	13,578	7,732	5,846	5,129	3,228	1,692	1,223	1,398	608	171	130	956	539	727	1,644	2,527	2,603	4,583
Softball	11,829	5,977	5,852	1,821	2,226	1,910	2,239	1,771	1,271	430	160	1,055	536	874	2,165	2,658	2,354	2,186
Swimming ¹	50,226	23,816	26,410	8,296	8,108	4,604	7,863	8,053	6,484	3,889	2,929	3,171	2,313	4,125	3,442	11,031	8,918	14,227
Tennis	10,818	5,656	5,163	1,443	1,535	970	2,216	2,366	1,540	482	267	411	436	509	1,301	2,149	1,955	4,058
Volleyball	10,733	4,303	6,430	1,337	3,147	1,975	1,757	1,190	865	298	164	707	651	447	1,917	2,014	1,969	3,027
Weightlifting	34,505	23,387	11,118	347	3,702	4,900	10,329	6,963	5,098	1,818	1,348	2,029	2,123	2,330	5,224	6,976	7,192	8,631
Yoga	15,738	3,241	12,497	357	705	2,449	4,507	3,672	2,028	1,163	858	1,025	1,013	1,254	1,885	3,524	2,574	4,462

See footnotes at end of table.

Table 1249. Participation in Selected Sports Activities: 2009—Con.

[See headnote, page 768]

Activity	All persons	Sex		Age								Household income (dollars)						
	Number	Male	Female	7–11 years	12–17 years	18–24 years	25–34 years	35–44 years	45–54 years	55–64 years	65 and over	Under 15,000	15,000–24,999	25,000–34,999	35,000–49,999	50,000–74,999	75,000–99,999	100,000 and over
SERIES II SPORTS																		
Total	269,988	132,436	137,552	19,893	25,055	29,526	40,018	43,475	43,208	31,556	37,257	23,091	25,508	28,537	37,918	64,447	39,400	51,086
Number participated in—																		
Archery	7,106	5,025	2,081	1,158	1,302	658	1,930	931	745	218	163	544	662	415	1,005	2,028	1,257	1,196
Boating-motor/power	23,959	13,641	10,318	1,480	2,761	3,047	3,647	4,803	4,125	2,197	1,899	820	1,482	1,979	3,279	5,143	4,743	6,514
Hockey (ice)	3,057	2,228	829	536	588	312	460	628	211	208	113	46	117	252	88	1,217	452	885
Hunting with bow and arrow	6,187	5,362	825	128	510	914	1,534	1,368	973	435	324	464	508	467	1,687	1,390	807	862
Hunting with firearms	18,816	15,835	2,981	389	1,788	2,377	3,904	3,169	3,651	2,099	1,440	1,279	1,635	2,123	3,328	4,737	2,317	3,398
In-line roller skating	7,874	3,896	3,978	2,089	1,848	1,108	910	1,238	499	124	59	233	443	1,044	1,495	1,718	1,541	1,401
Mountain biking-off road	8,368	4,986	3,382	819	732	793	1,964	1,990	1,346	451	272	404	361	609	863	2,044	1,342	2,745
Muzzelloading	3,797	3,234	563	—	290	581	754	633	795	482	262	227	408	362	822	906	607	466
Paintball games	6,271	5,215	1,056	398	1,867	2,084	607	780	407	126	—	524	539	787	533	1,380	950	1,559
Scooter riding	8,114	4,549	3,566	4,384	2,097	166	324	330	380	181	252	290	381	707	795	2,443	1,373	2,126
Skateboarding	8,418	6,298	2,121	2,752	3,255	1,580	414	328	36	8	44	600	442	879	1,181	1,814	1,216	2,287
Skiing—alpine	6,992	4,384	2,608	546	910	902	1,384	1,308	1,080	586	276	61	566	468	494	1,089	1,086	3,227
Skiing—cross country	1,695	888	807	60	233	91	160	458	342	272	78	73	49	107	77	620	353	416
Snowboarding	6,189	4,314	1,876	504	1,554	1,614	1,605	697	73	85	58	91	150	826	583	1,358	1,415	1,767
Table tennis/ping pong	13,306	7,596	5,710	1,418	2,353	1,992	2,751	2,049	1,863	442	439	362	963	1,069	997	4,297	2,391	3,228
Target shoot	19,776	15,054	4,722	1,079	1,993	2,688	4,331	3,276	3,323	1,770	1,316	1,325	1,912	2,263	3,070	4,316	2,813	4,058
Target shoot—airgun	5,167	4,228	938	559	1,449	852	469	643	559	341	293	470	444	620	675	1,406	975	577
Water skiing	5,191	2,826	2,364	362	678	1,175	1,158	1,016	625	154	12	186	106	257	697	907	873	2,165
Work out at club	38,320	17,597	20,723	394	2,123	6,387	8,837	7,242	6,072	3,588	3,674	1,315	1,600	3,114	4,107	9,731	6,817	11,635

— Represents zero. ¹ Participant engaged in activity at least six times in the year. ² Includes wilderness camping. ³ Vacation/overnight.

Source: National Sporting Goods Association, Mt. Prospect, IL, *Sports Participation in 2009: Series 1 and Series II*, (copyright). See <<http://www.nsga.org/i4a/pages/index.cfm?pageid=3346>>.