

Table 217. Per Capita Consumption of Major Food Commodities: 1980 to 2009

[In pounds, retail weight, except as indicated. Consumption represents the residual after exports, nonfood use and ending stocks are subtracted from the sum of beginning stocks, domestic production, and imports. Based on Census Bureau estimated resident population plus Armed Forces overseas for most commodities. For commodities not shipped overseas in substantial amounts, such as fluid milk and cream, the resident population is used]

Commodity	Unit	1980	1990	1995	2000	2005	2008	2009
Red meat, total (boneless, trimmed weight) ^{1, 2}	Pounds	126.4	112.2	113.6	113.7	110.2	106.6	105.7
Beef	Pounds	72.1	63.9	63.5	64.5	62.5	59.6	58.1
Veal	Pounds	1.3	0.9	0.8	0.5	0.4	0.3	0.3
Lamb and mutton	Pounds	1.0	1.0	0.9	0.8	0.8	0.7	0.7
Pork	Pounds	52.1	46.4	48.4	47.8	46.6	45.9	46.6
Poultry (boneless, trimmed weight) ²	Pounds	40.8	56.2	62.1	67.9	73.7	72.6	69.4
Chicken	Pounds	32.7	42.4	48.2	54.2	60.5	58.7	56.0
Turkey	Pounds	8.1	13.8	13.9	13.7	13.2	13.9	13.3
Fish and shellfish (boneless, trimmed weight)	Pounds	12.4	14.9	14.8	15.2	16.2	16.0	15.8
Eggs	Number	271	234	232	251	256	247	246.1
Shell	Number	236	186	172	172	173	170	173
Processed	Number	35	48	60	79	83	77	73
Dairy products, total ³	Pounds	543.1	568.0	576.2	591.1	597.5	603.7	607.1
Fluid milk products ⁴	Gallons	27.9	26.2	24.6	23.2	22.2	22.1	22.0
Beverage milks	Gallons	27.6	25.7	23.9	22.5	21.0	20.7	20.6
Plain whole milk	Gallons	16.5	10.2	8.3	7.7	6.6	5.9	5.7
Plain reduced-fat milk (2%)	Gallons	6.3	9.1	8.0	7.1	6.9	7.3	7.3
Reduced fat milk (1%) and skim milk	Gallons	3.1	4.9	6.1	6.1	5.6	5.7	5.7
Flavored whole milk	Gallons	0.6	0.3	0.3	0.4	0.3	0.2	0.2
Flavored milks other than whole	Gallons	0.6	0.8	0.8	1.0	1.4	1.4	1.4
Buttermilk	Gallons	0.5	0.4	0.3	0.3	0.2	0.2	0.2
Yogurt (excl. frozen)	1/2 pints	4.6	7.8	11.4	12.0	19.1	21.8	23.1
Fluid cream products ⁵	1/2 pints	10.5	14.3	15.6	18.3	24.0	23.8	23.6
Cream ⁶	1/2 pints	6.3	8.7	9.4	11.6	14.9	15.1	15.0
Sour cream and dips	1/2 pints	3.4	4.7	5.4	6.1	8.3	7.9	7.8
Condensed and evaporated milks	Pounds	7.0	7.9	6.8	5.8	5.9	7.3	7.1
Whole milk	Pounds	3.8	3.1	2.3	2.0	2.2	2.2	2.2
Skim milk	Pounds	3.3	4.8	4.5	3.8	3.7	5.1	5.0
Cheese ⁷	Pounds	17.5	24.6	26.9	29.8	31.7	32.7	32.8
American ⁸	Pounds	9.6	11.1	11.7	12.7	12.6	13.1	13.4
Cheddar	Pounds	6.8	9.0	9.0	9.7	10.3	10.1	10.1
Italian ⁸	Pounds	4.4	9.0	10.3	12.1	13.3	13.9	13.9
Mozzarella	Pounds	3.0	6.9	8.0	9.3	10.2	10.6	10.6
Other ⁸	Pounds	3.3	4.3	5.0	5.0	5.6	5.6	5.5
Swiss	Pounds	1.3	1.4	1.1	1.0	1.3	1.1	1.2
Cream and Neufchatel	Pounds	0.9	1.6	2.2	2.4	2.4	2.5	2.5
Cottage cheese, total	Pounds	4.5	3.4	2.7	2.6	2.6	2.3	2.4
Lowfat	Pounds	0.8	1.2	1.2	1.3	1.4	1.3	1.3
Frozen dairy products	Pounds	26.4	28.5	29.0	30.0	25.7	25.2	24.4
Ice cream	Pounds	17.5	15.8	15.5	16.7	14.6	13.8	13.4
Lowfat ice cream	Pounds	7.1	7.7	7.4	7.3	6.7	6.9	6.8
Sherbet	Pounds	1.2	1.2	1.3	1.2	1.2	1.2	1.1
Frozen yogurt	Pounds	(NA)	2.8	3.4	2.0	1.3	1.2	1.1
Fats and oils:								
Total, fat content only	Pounds	56.9	62.3	64.2	81.7	85.5	85.2	78.6
Butter (product weight)	Pounds	4.5	4.4	4.4	4.5	4.6	5.0	4.9
Margarine (product weight)	Pounds	11.3	10.9	9.1	8.2	4.0	4.2	3.7
Lard (direct use)	Pounds	2.3	0.9	0.4	0.8	1.6	1.0	1.5
Edible beef tallow (direct use)	Pounds	1.1	0.6	2.7	4.0	3.8	2.9	0.7
Shortening	Pounds	18.2	22.2	22.2	31.5	29.0	18.0	15.9
Salad and cooking oils	Pounds	21.2	25.2	26.5	33.7	42.7	54.2	51.9
Other edible fats and oils	Pounds	1.5	1.2	1.6	1.5	1.6	1.6	1.7
Flour and cereal products ⁹	Pounds	144.9	181.0	188.7	199.3	191.3	196.6	194.5
Wheat flour	Pounds	116.9	135.9	140.0	146.3	134.3	136.5	134.6
Rice, milled	Pounds	9.5	15.8	17.1	19.1	19.9	21.2	21.2
Corn products	Pounds	12.9	21.4	24.9	28.4	31.4	33.0	33.0
Oat products	Pounds	3.9	6.5	5.5	4.3	4.6	4.8	4.6
Caloric sweeteners, total ¹⁰	Pounds	120.2	132.4	144.1	148.9	142.2	136.1	130.7
Sugar, refined cane and beet	Pounds	83.6	64.4	64.9	65.5	63.1	65.5	63.5
Corn sweeteners ¹¹	Pounds	35.3	66.8	77.9	81.8	77.6	69.1	65.7
High-fructose corn syrup	Pounds	19.0	49.6	57.6	62.6	59.1	53.0	50.1
Other:								
Cocoa beans	Pounds	3.4	5.4	4.5	5.9	6.5	5.6	5.5
Coffee (green beans)	Pounds	10.3	10.3	7.9	10.3	9.5	9.5	9.1
Peanuts (shelled)	Pounds	5.1	6.1	5.7	5.8	6.6	6.3	6.5
Tree nuts (shelled)	Pounds	1.8	2.5	1.9	2.6	2.6	3.5	3.7

NA Not available. ¹ Excludes edible offals. ² Excludes shipments to Puerto Rico and the other U.S. possessions.

³ Milk-equivalent, milk-fat basis. Includes butter. ⁴ Fluid milk figures are aggregates of commercial sales and milk produced and consumed on farms. ⁵ Includes eggnog, not shown separately. ⁶ Heavy cream, light cream, and half-and-half. ⁷ Excludes full-skim American, cottage, pot, and baker's cheese. ⁸ Includes other cheeses, not shown separately. ⁹ Includes rye flour and barley products, not shown separately. Excludes quantities used in alcoholic beverages. ¹⁰ Dry weight. Includes edible syrups (maple, molasses, etc.) and honey, not shown separately. ¹¹ Includes glucose and dextrose, not shown separately.

Source: U.S. Department of Agriculture, Economic Research Service, "Food Consumption, Prices, and Expenditures, Food Availability (Per Capita) Data System," <<http://www.ers.usda.gov/Data/FoodConsumption/>>.