



## Dried Fruit Pemmican

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2 cup apricots  
2 cups raisins  
2 cups sunflower seeds  
2 cups pumpkin seeds  
1 cup dried blueberries  
1 cup fresh strawberries  
8 eggs

### Method for Preparing

1. PLACE RAISINS AND APRICOTS IN A FOOD PROCESSOR AND REMOVE AND PLACE IN A SMALL MIXER.
2. PLACE THE SUNFLOWER SEEDS AND PUMPKIN SEEDS IN THE PROCESSOR AND GRIND AND PLACE IN MIXER WITH APRICOT AND RAISONS.
3. ADD IN BLUEBERRIES AND SLICED STRAWBERRIES AND START TO MIX.
4. ADD IN EGGS UNTIL WELL COMBINED AND PLACE IN A 9X11 BAKING DISH OR SHEET PAN AND BAKE AT 350 DEGREES FOR 10-15 MIN UNTIL THE CENTER IS FIRM.
5. REMOVE AND COOL COMPLETELY AND CUT INTO BARS AND SERVE.