

Helpful Resources for Open Season

HEALTH INSURANCE – Federal Employees Health Benefits (FEHB) Program		
What do I need to do?	What resources are available to me?	Where can I find these resources?
Get general information about Open Season and health insurance	Open Season and FEHB FastFacts	www.opm.gov/insure/fastfacts/index.asp
Get information on how health care reform (Affordable Care Act – ACA) will affect you for 2011	<i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp
	Health plan brochures	www.opm.gov/insure/health/planinfo/index.asp
	Health Care reform webpage	www.opm.gov/insure/health/reform/index.asp
Compare health plans	Compare Health Plans tool	www.opm.gov/insure/health/search/plansearch.aspx
	PlanSmartChoice (available to all Federal employees and annuitants)	www.plansmartchoice.com/registration.aspx
	Consumer’s Checkbook (if your agency has a subscription)	www.checkbook.org/newhig2/hig.cfm
Find my 2011 premiums	2011 FEHB Premiums	www.opm.gov/insure/health/rates/index.asp
	Health plan brochures (premiums on the back page)	www.opm.gov/insure/health/planinfo/index.asp
	<i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp
Determine how my health plan changes for 2011	Health plan brochure: Section 2. “How we change for 2011”	www.opm.gov/insure/health/planinfo/index.asp
Determine if my health plan is still participating in the FEHB Program or has changed service areas	Compare Health Plan tool	www.opm.gov/insure/health/search/plansearch.aspx
	<i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp
	Health plan brochure for service area changes	www.opm.gov/insure/health/planinfo/index.asp
Determine my out-of-pocket costs	Health plan brochure	www.opm.gov/insure/health/search/plansearch.aspx
Find out what different types of plans are available to me (Fee-for-Service, Health Maintenance Organization, High Deductible Health Plan)	FEHB Handbook	www.opm.gov/insure/health/reference/handbook/fehb05.asp#top
	Glossary	www.opm.gov/insure/glossary/index.asp
	Types of Plans	www.opm.gov/insure/health/planinfo/types.asp
Talk to a plan representative	Open Season benefits fair	Contact your agency HR staff
	Plan phone numbers in the <i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp

Helpful Resources for Open Season

DENTAL INSURANCE – Federal Employees Dental and Vision Insurance Program (FEDVIP)

What do I need to do?	What resources are available to me?	Where can I find these resources?
Get general information about Open Season and dental insurance	Open Season and dental insurance FastFacts	www.opm.gov/insure/fastfacts/index.asp
Compare dental plans	Compare Dental Plans tool	www.opm.gov/insure/dental/search/fedvipsearch.aspx
	<i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp
Find 2011 premiums	2011 Dental Premiums	www.opm.gov/insure/dental/rates/index.asp
	Dental plan brochures (premiums on back page)	www.opm.gov/insure/dental/planinfo/index.asp
	<i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp
Determine how my dental plan changes for 2011	Dental plan brochure: “How We Have Changed for 2011”	www.opm.gov/insure/dental/planinfo/index.asp
Determine my out of pocket costs	Dental plan brochure	www.opm.gov/insure/dental/planinfo/index.asp
Talk to a plan representative	Open Season benefits fair	Contact your agency HR staff
	Plan phone numbers available in the <i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp

VISION INSURANCE -- Federal Employees Dental and Vision Insurance Program (FEDVIP)

What do I need to do?	What resources are available to me?	Where can I find these resources?
Get general information about Open Season and vision insurance	Open Season and vision insurance FastFacts	www.opm.gov/insure/fastfacts/index.asp
Compare vision plans	Compare Vision Plans tool	www.opm.gov/insure/dental/search/fedvipsearch.aspx
	<i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp
Find 2011 premiums	2011 Vision Premiums	www.opm.gov/insure/vision/rates/index.asp
	Vision plan brochures (premiums on back page)	www.opm.gov/insure/vision/planinfo/index.asp
	<i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp

Helpful Resources for Open Season

VISION INSURANCE -- Federal Employees Dental and Vision Insurance Program (FEDVIP) - CONTINUED

What do I need to do?	What resources are available to me?	Where can I find these resources?
Determine how my vision plan changes for 2011	Vision plan brochure: “How We Have Changed for 2011”	www.opm.gov/insure/vision/planinfo/index.asp
Determine my out of pocket costs	Vision plan brochure	www.opm.gov/insure/vision/planinfo/index.asp
Talk to a plan representative	Open Season benefits fair	Contact your agency HR staff
	Plan phone numbers available in the <i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp

FLEXIBLE SPENDING ACCOUNT – Federal Flexible Spending Account Program (FSAFEDS)

What do I need to do?	What resources are available to me?	Where can I find these resources?
Get general information about Open Season and flexible spending accounts	Open Season and FSAFEDS FastFacts	www.opm.gov/insure/fastfacts/index.asp
Get information about the flexible spending account program	FSAFEDS website	www.FSAFEDS.com
	FSAFEDS brochure	www.FSAFEDS.com/forms/OPM-FSA-OVTF-10-031.pdf
	<i>Guide to Federal Benefits</i>	www.opm.gov/insure/health/planinfo/guides/index.asp
Talk to an FSAFEDS representative	Open Season benefits fair	Contact your agency HR staff
	Contact FSAFEDS	1-877-372-3337 (TTY Line: 1-800-952-0450) Email: fsafeds@shps.com