



# F U R E S

M A G A Z I N E

## UNITED BY SERVICE

### A FAMILY MATTER

Three brothers, two daughters,  
one mission

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### ALL IN

Commit to greatness

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### START EVERY DAY WITH PURPOSE

Men and women in today's  
Military serve around the world

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WELCOME TO  
**FUTURES**  
MAGAZINE

*Futures* provides you an in-depth look into the lives of the people who make up today's Military. From careers and education to training and off-duty activities, here's your chance to get the full picture of what it means to serve.

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# GET CON NEC TED

**Think about it.** How many people are you connected to on a daily basis? If you're on one of the many social networking sites, you can usually see who you're connected to in one minute's time: Your immediate and extended family. Your friends and friends-of-friends. Classmates. Teammates. Even co-workers. What the Internet has done to map out and expand everyone's social circle is pretty amazing.

And while it's perhaps the most obvious means of connecting people across the country and the globe, the Internet isn't the only way to do so. Nor was it the first. The Military continues to bring together millions of people every day, from every walk of life, and helps connect them not only to each other, but also to a future full of possibilities.

In this magazine, you'll hear from real men and women serving in the Army, Marine Corps, Navy, Air Force and Coast Guard — Active Duty, Guard and Reserve. You'll meet them, learn how they represent their chosen military branch and discover how someone can choose to connect to a future that's bigger than their past.



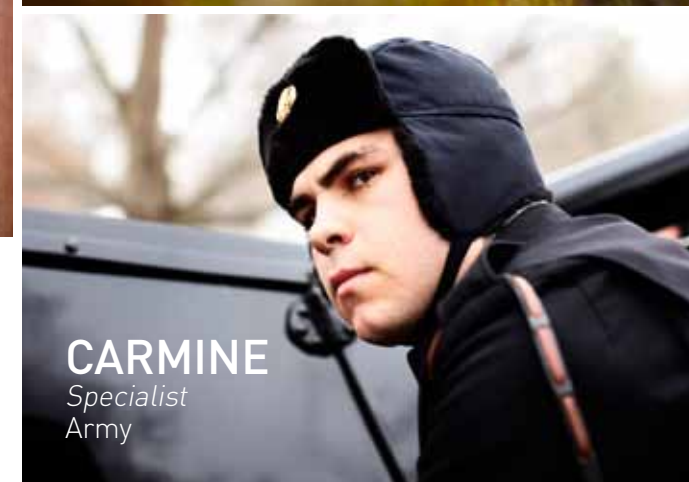
**AMANDA**  
*Second Lieutenant*  
Army National Guard



**LUIS**  
*Second Lieutenant*  
Army



**MERIDITH**  
*First Lieutenant*  
Army Reserve



**CARMINE**  
*Specialist*  
Army



**PAUL**  
*Captain*  
Army



**ARMY**  
THIS WE'LL DEFEND

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**JUSTIN**  
*Corporal  
Marine Corps*

**CHRISTOPHER**  
*Corporal  
Marine Corps*



**ROBERT**  
*Petty Officer Third Class  
Navy*



**ROBERT**  
*Sergeant  
Marine Corps*



**ANDREW**  
*Petty Officer Second Class  
Navy*



**MARINE CORPS**  
**SEMPER FIDELIS**  
**LATIN FOR "ALWAYS FAITHFUL"**

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**NAVY**  
**PARATUS ET POTENS**  
**LATIN FOR "READY AND ABLE"**

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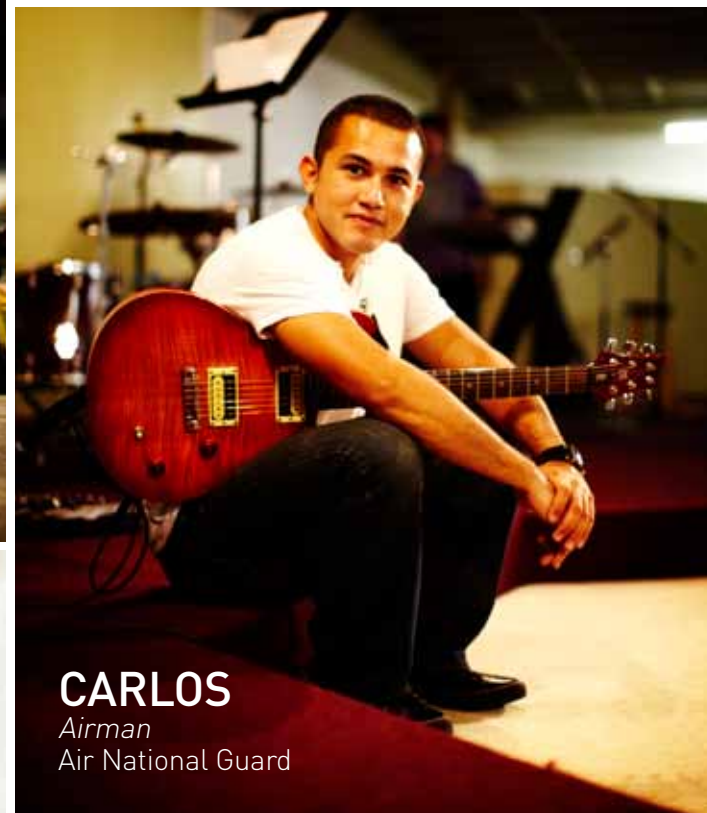




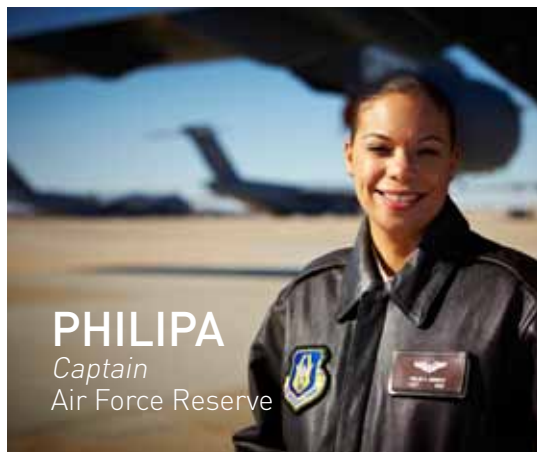
**JACOB**  
Staff Sergeant  
Air Force



**RYAN**  
Captain  
Air Force



**CARLOS**  
Airman  
Air National Guard



**PHILIPA**  
Captain  
Air Force Reserve



**VINCENT**  
ROTC Student  
Air Force



**JESSICA**  
Senior Airman  
Air Force Reserve



**DEIRDRE**  
Seaman  
Coast Guard



**ADRIEN**  
Petty Officer Third Class  
Coast Guard Reserve



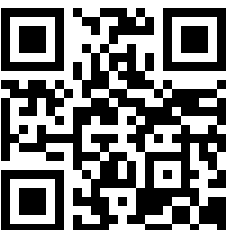
**AIR FORCE**  
AIM HIGH...FLY-FIGHT-WIN

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**COAST GUARD**  
SEMPER PARATUS  
LATIN FOR "ALWAYS READY"

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# (1) WHAT DO YOU WANT FOR YOURSELF?

## TAKE YOUR BEST SHOT AT A PROUD FUTURE

### PUTTING THE TOUGH QUESTIONS IN YOUR SIGHTS

Growing up isn't easy, and questions about your future, what you'll do next and what you want to be, stack up faster than the answers. And of course, everyone will have an opinion! Some will tell you to be true to yourself and go forth without additional guidance. Others may offer very specific direction. It's up to you to make sense of all the information you've gathered and take your best shot at a proud future.

# (3) HOW DO YOU WANT TO PARTICIPATE IN THE WORLD?

# (2) WHAT DO YOU WANT FROM OTHERS?

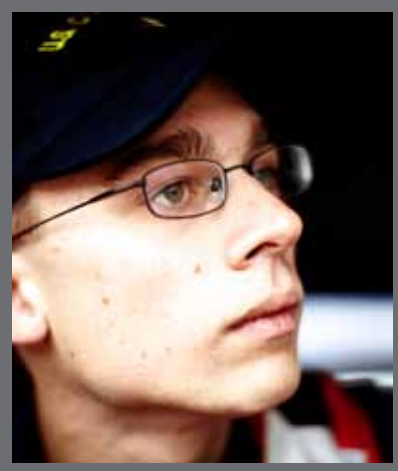


## FIND YOUR PURPOSE

Marine Corps Cpl. Justin Vogt experienced a powerful moment and found his purpose when America was stunned by the terrorist attacks of 9/11.

"Growing up in New York and seeing what happened to the World Trade Center put everything in perspective for me. Both my parents worked in the city, and my dad stayed behind to help after the attacks. Watching all of that happen and having it hit so close to home made me understand exactly what I was going to be fighting for. At that point I knew 100 percent I would be a U.S. Marine."

## GAIN RESPECT



Coast Guard Reserve Petty Officer 3rd Class Adrien Cheval was thrilled to take on both the responsibilities and rewards of military service.

"The United States Armed Forces are recognized across the international and domestic community as the most respected, organized and professional military service in the world."

"Joining is the best decision I've made in my entire life. The responsibilities associated with being a member of the U.S. Armed Forces are second to none."



## EXPLORE THE WORLD

As a Military Information Support Operations Officer, Army Reserve 1st Lt. Meridith Fonseca helps lead a team of Soldiers to design materials that may persuade, change or influence people living in foreign nations where the U.S. Military operates.

For Meridith, joining the Military turned out to be more than she expected. It was an opportunity to find her voice and grow into a leader as she traveled around the globe.

"I joined to do something fun outside of my hometown. I've met so many people, traveled, graduated from college and found a civilian career I love. The Army Reserve turned out to be more than I expected."



# FIND YOUR PATH

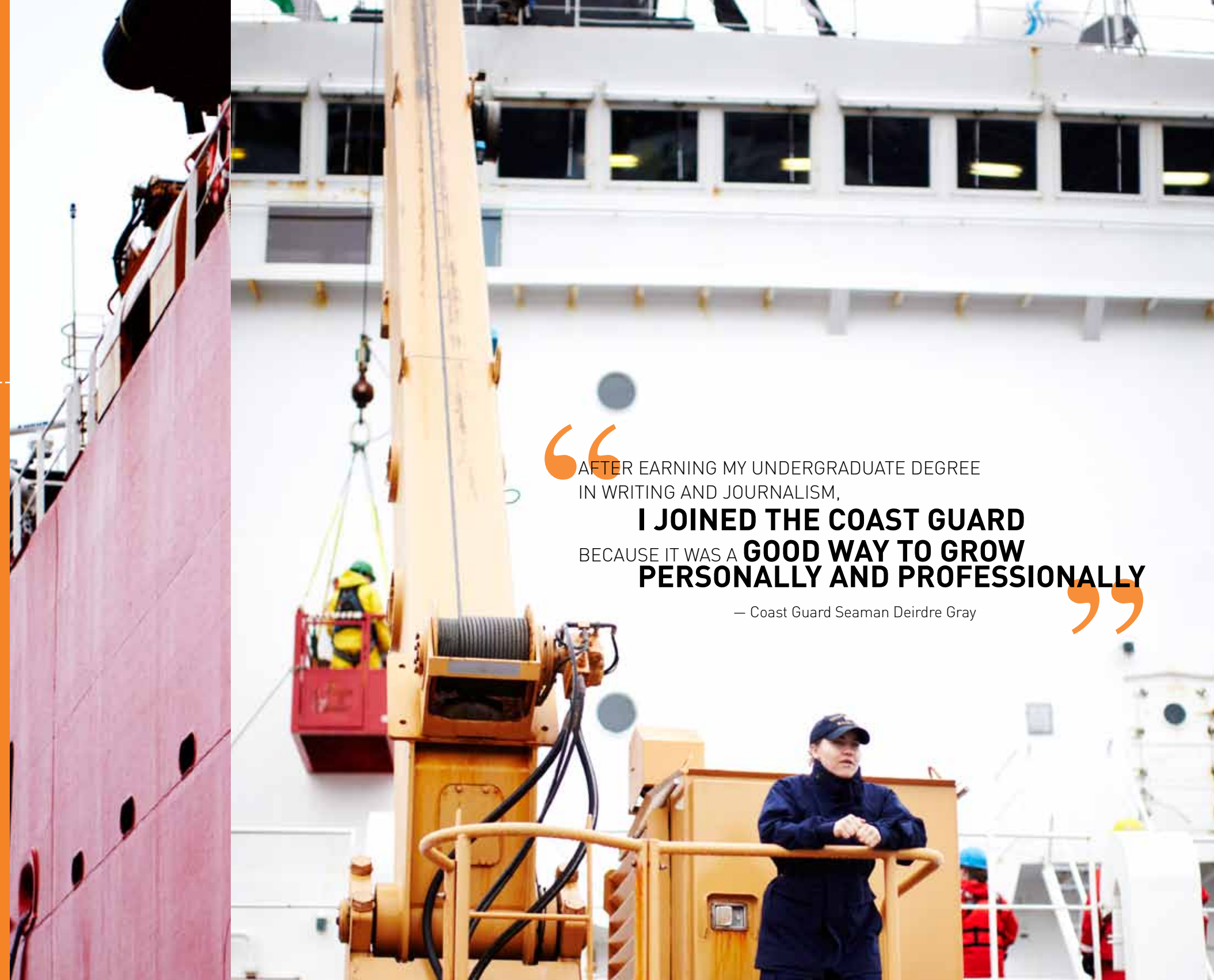
# ONE MILITARY MANY WAYS TO SERVE

What's the difference between Active, Reserve and Guard duty? Here's a breakdown on ways to serve.

Each military branch has servicemembers assigned to full-time duty. They're Active Duty members.

Each branch also has servicemembers who in most cases have a full-time civilian career in addition to their military service. These servicemembers comprise the Reserve component. They train regularly and are called to Active Duty by the federal government when additional staffing is needed.

The Air National Guard and Army National Guard are controlled by state governments unless called to service during U.S. and international emergencies or to support military objectives overseas. Like reservists, members of the National Guard are both civilians and servicemembers.



“AFTER EARNING MY UNDERGRADUATE DEGREE IN WRITING AND JOURNALISM, **I JOINED THE COAST GUARD** BECAUSE IT WAS A **GOOD WAY TO GROW PERSONALLY AND PROFESSIONALLY**”  
— Coast Guard Seaman Deirdre Gray



“I joined the Navy because of the travel. The naval bases are on the coast, and the camaraderie the Navy offers is a lot like the football camaraderie I had from high school.”  
— Navy Petty Officer 3rd Class Robert Glaude III



“I was going to school and didn't know what I wanted to do. So I took a break to regroup on my life and decided to join the Air Force Reserve. I joined because of family legacy, a change in my life and money to finish college.”  
— Air Force Reserve Senior Airman Jessica Eastburn

You've asked yourself the tough questions.  
Now think about what you really want for your future.

Visit [TODAYSMILITARY.COM/MILITARY-CAREERS](https://TODAYSMILITARY.COM/MILITARY-CAREERS) to learn more about a military career today.



# MAKE THE CUT



Want to challenge your body and mind while working together with people you'll call friends for life? Build a foundation for success with Basic Training.

**BASIC TRAINING** — also known as recruit training or boot camp — is the first step to preparing recruits for life in the Military. While each Service has its own tailored program, all servicemembers — Active, Guard and Reserve — are challenged to train rigorously, make the cut and find success in whichever path they choose.



## THE SYSTEM IS PROVEN

"The Military isn't going to set you up for failure," says Air Force Reserve Senior Airman Jessica Eastburn. "Even if you've never worked out or don't know about marching or rank structures, they give you all the materials you need to prepare."



## THE CHALLENGES WILL VARY

"Preparing for boot camp really helped me physically, but you can't prepare for being away from family for three or four months," says Navy Petty Officer 3rd Class Robert Glaude III. "Being far away and not talking to them every night — that was the toughest part mentally."



## THE EXPERIENCE IS INTENSE

"The whole point of Basic Training is to break down the individualities that everybody develops in high school and then build you back up again as one unit," says Air Force Reserve Capt. Philipa Duncker. "Everybody is supposed to become one, and I think that's the most difficult part for most people."



## YOU WILL SUCCEED

"During the second week of Basic Training, it seemed like my group was always falling short of our instructor's standards," says Air Guard Airman 1st Class Carlos Puga. "At first I almost felt like a failure but, towards the end, we could really sense that we were going to accomplish this and our instructor was proud of us."



## YOU CAN PREPARE

"Our father is a Marine and said that Basic Training was the hardest thing he'd ever been through," says Marine Corps Cpl. Christopher Vogt. "My brother and I asked him what we could do to get ready for it. For us, failure wasn't an option."



# A FAMILY MATTER

Three brothers  
Two daughters  
One mission

**M**any servicemembers have the full support of their families. Others have family members in the Military or even parents who served. Military service is often a family matter, but finding your path is up to you.

The Cheval brothers became naturalized citizens and chose to join the Military, while Army National Guard 2nd Lt. Amanda Morgan and Air Force Reserve Capt. Philipa Duncker followed in their fathers' paths to service. Although they all chose the Military, their paths were as different as the individuals themselves.

## ARMY CAPT. PAUL CHEVAL

Paul, eldest of the three brothers, was the first to choose a military career.

He succeeded in the rigorous application process and was invited to attend the United States Military Academy at West Point. Upon completion of his four-year degree, he received a commission as an Army officer. Today, Paul is responsible for the management and success of the young men and women he leads — a job he takes seriously. As with any career, days can be long and challenges daunting, but Paul has never wavered in his sense of duty and purpose.

"Between moving to the U.S. and my deployment to Iraq, I know firsthand just how lucky we are to live in this country. The U.S. is a great place to live, and I think it's important for us to give back in order to help keep it that way," he says.

## COAST GUARD RESERVE PETTY OFFICER 3RD CLASS ADRIEN CHEVAL

Adrien turned military service into a family tradition with his decision to join, but his path was very different from Paul's. Adrien was already attending Florida State University (FSU) when he learned about the Coast Guard Reserve. He decided to take two semesters off from FSU after enlisting to attend Basic Training and advanced training. "I was basically on Active Duty for six months," Adrien says. After returning to college, he took the skills he learned from his military training and put them to use in his academic pursuits. He excelled.

As a full-time graduate student studying computer science at Johns Hopkins University,

Adrien finds his life is a balancing act. He divides his time between studying on campus and drilling on select weekends at Coast Guard Station Washington.

For Adrien, the Coast Guard Reserve provides the perfect blend of military and civilian life. He says, "It's very convenient to be a reservist and have a full-time profession on the outside. And it's a lot of fun to go out and do the mission: to drive boats, to save people and to perform maritime law enforcement."

## AIR FORCE ROTC STUDENT VINCENT CHEVAL

Despite seeing his older brothers' success in the Army and the Coast Guard Reserve, Vincent didn't have any immediate plans

to join the Military. He looked forward to enjoying the life of a regular college student as he left home to attend Adrien's alma mater, FSU. Early into his freshman year, Vincent started thinking about military service. "I began noticing the ROTC students around campus and realized they're basically like me. They were my age and going to class and still having fun, except sometimes they were in uniform."

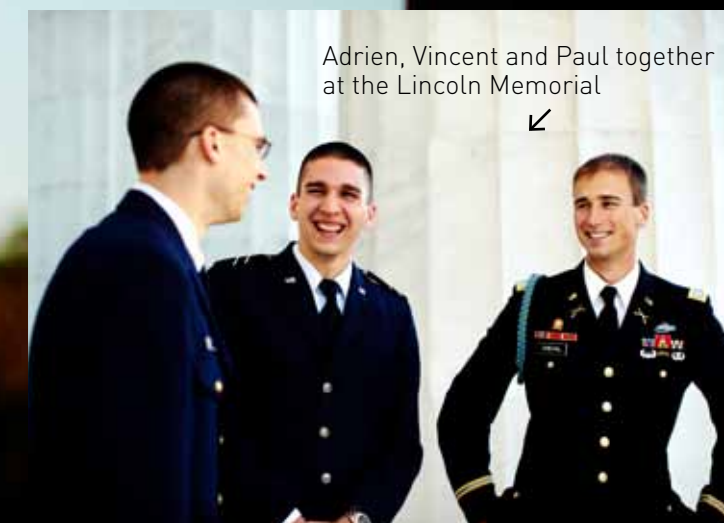
Vincent decided he, too, wanted to serve his country. He joined Air Force ROTC on campus and when he graduates from college, he'll receive a commission as an Air Force officer.

Vincent is excited about following in Paul's footsteps as an officer but in the Air Force instead of the Army. "The atmosphere of

planes and being at the forefront of technology and space has always been an interest. I want to fly," he says.

Though they chose different paths and joined separate Services, the Cheval brothers are united in their interest and commitment to giving back to their country.

While the Cheval brothers began their own family tradition, other servicemembers continue their families' legacy of military service as well. →



Adrien, Vincent and Paul together at the Lincoln Memorial





“

AS A DRILLING RESERVIST AT A SMALL BOAT STATION, I HAVE

**TWO PRIMARY RESPONSIBILITIES:**  
**PILOTING THE BOAT** DURING COAST GUARD  
 MISSIONS AND **PERFORMING MARITIME**  
**LAW ENFORCEMENT**

ALONG THE POTOMAC RIVER

— Coast Guard Reserve Petty Officer 3rd Class Adrien Cheval

”



Amanda is commissioned by her father as an officer in the Army National Guard



Like her father, Philipa pursued a career in the Air Force, but as a reservist

cont'd ...

**ARMY NATIONAL GUARD 2ND LT. AMANDA MORGAN**

“Once I joined the Military, I gained a respect for my parents that only made our relationship stronger. I learned a lot more about why they did the things they did,” Amanda says. “We had trouble connecting when I was younger. I rebelled, like I think most teenagers do.”

But after heading to college and speaking with a military recruiter on campus, Amanda made a decision that changed the connection with her father forever.

“In high school, I cheered and danced; I was really girly. So, I think it was a huge shock to both my father and the rest of my family and friends when I joined the Military. But my dad supported and guided me through it all. He accompanied me to the recruiter’s office and advised me on how to prepare for Basic Training.”

Four years later, in the week leading up to Amanda’s college graduation, she received the best gift a daughter could ask for. Her father returned safely from Afghanistan. His last official act before retiring from a life of military service was proudly commissioning his daughter as an officer in the Army National Guard.

**AIR FORCE RESERVE CAPT. PHILIPA DUNCKER**

“My father loved serving his country in the Air Force. He wanted me to do something as great as he did, but he also wanted me to get an education first,” Philipa says.

Before receiving her undergraduate degree from Rutgers University, Philipa attended tech school for medical training. “Right out of high school I didn’t know what I really wanted to do. But when I went to tech school, I realized that I loved medicine. I wanted to work with

patients, so I decided I wanted to become a nurse,” she says.

“Originally I joined the Air National Guard. I wasn’t so sure the Military was for me, but after Basic Training I came to really love what I was doing. I was so young and traveling around the world. I was having a lot of fun,” she says.

Although Philipa’s father was enthusiastic about his daughter’s career in the Air Force, he was nervous when she decided to gain a commission and become an officer. “Around the time I graduated from college the realities of war really kicked in. He was worried about me, and he was resistant to me becoming an officer,” Philipa says. “But he changed his mind. He was at my commissioning, and he’s very proud of me. Of course he still worries when I’m deployed, but it’s a father’s job to worry.” ■



# ALL IN

## COMMIT TO GREATNESS

Some may measure success in medals, miles or moments, but there's no greater satisfaction than knowing you took a challenge head-on and succeeded.



↖  
Air Force Staff Sgt. Jacob Poulliot



↘  
**ALL IN:  
 SET AN EXAMPLE**

**D**o you already know what you want to do with your life? At a young age, Air Force Staff Sgt. Jacob Poulliot decided he wanted to follow in his parents' footsteps and join the Military. But unlike most 12-year-olds, he knew exactly how he wanted to serve — as a combat controller in the Air Force.

Jacob says, "At that time, I was living in San Antonio by Lackland Air Force Base, where every combat controller goes to begin their training, and they caught my eye."

Combat controllers are part of the Air Force's trained Special Operations Forces. Their motto, "First There," best explains the direct leadership role combat controllers take in the Military. From setting up runways behind enemy lines to reconnaissance and distributing humanitarian aid in unstable areas, combat controllers see every side of action.

"As a combat controller, I serve as a force multiplier for other special operations teams," Jacob says. "My deployments so far have been six months long, and I've been to both Iraq and Afghanistan. In fact, I'm about to head back to Afghanistan as a member of a special operations team."



↑ Jacob suits up for a mission.



↑ Boarding the aircraft prior to takeoff.



↑ First There: Combat controller in action.

“  
 I SERVE AS A  
**FORCE MULTIPLIER**  
 FOR OTHER  
**SPECIAL OPERATIONS**  
**TEAMS**  
 ”  
 — Air Force Staff Sgt. Jacob Poulliot

Jacob checks a teammate's gear before the jump.  
 ↙





## ALL IN: BREAK A RECORD

Navy Sailors who volunteer to become submariners are required to earn their Submarine Warfare Qualification, referred to as "Dolphins," because of the breast insignia worn on their uniforms. After passing verbal and written tests, Sailors must demonstrate their knowledge of the Navy, submarine systems and technology as well as the ability to work effectively under pressure. The insignia also symbolizes the camaraderie of an elite class of Navy personnel who travel together to great depths to defend their country.

The qualification process takes an average of 10 to 18 months, but Navy Petty Officer 2nd Class Andrew Crandall set a record on his sub by earning his Dolphins in just three months.



Andrew on duty ↗

"As a fire control technician, I fix, maintain and operate servers running as a unit called a Fire Control System," Andrew says. "I worked hard to learn the ins and outs of my job, not just for my own benefit, but for the benefit of everyone I work with." But Andrew soon realized in order to be good at his job, he also needed to understand the work of everyone around him.

"Everyone's job is important on a submarine," Andrew says. "If one of us fails, we all fail, so it's necessary to understand everybody else's job. I can only do my best work if I know how it affects everyone else's work."

## “ THIS EXPERIENCE TAUGHT ME THAT ANYONE CAN BE A LEADER

NO MATTER THEIR AGE, AS LONG AS THEY PAY ATTENTION AND GAIN THE RESPECT OF THOSE THEY INTEND TO LEAD

— Navy Petty Officer 3rd Class Robert Glaude III ”



## ALL IN: LEAD WITH INTEGRITY

When you're making decisions for a group of people and you're responsible for their safety while getting a job done, it's imperative that they know and trust you.

Navy Petty Officer 3rd Class Robert Glaude III and Army National Guard 2nd Lt. Amanda Morgan know what it takes to lead a successful mission: trust, dedication and going all-in.

## “ RESPONSIBILITY IS A NECESSITY AND INTEGRITY IS THE HEART OF TRUST AS A SOLDIER ”

— Army National Guard 2nd Lt. Amanda Morgan





# UNIFORM



**MERIDITH FONSECA**  
1ST LT., ARMY RESERVE  
Meridith travels the world as a Military Information Support Operations Officer, but she always finds time for yoga, Pilates, running and swimming laps.

# DOESN'T MEAN UNIFORMITY



## What do the clothes you're wearing say about you?

One of the challenges of growing up is figuring out your place in the world. The clothes you wear can play a role in shaping how others view you and even how you view yourself. This has prompted some schools to require uniforms as a way to shift students from thinking about what they're wearing to what they're doing.

That's just how many servicemembers view their uniforms: the first layer of equipment designed to help them complete a task. They don't think about what to put on; they think about what to do next.

Some people think joining the Military and stepping into a uniform means a surrender of personal identity. But that's not true. Servicemembers are able to balance work and play while maintaining their individuality — in and out of uniform.





“ I WAS ALWAYS INVOLVED IN SPORTS AND AFTER JOINING THE MARINES I JUST GOT INVOLVED IN THEM EVEN MORE ”

— Marine Corps Sgt. Robert Settle

**WHETHER YOU'RE AN ADRENALINE JUNKIE, A COMPETITIVE GAMER, A TALENTED MUSICIAN OR SOMETHING ELSE ENTIRELY, THERE'S SOMEONE LIKE YOU IN TODAY'S MILITARY.**

- 1 ROBERT SETTLE  
SGT., MARINE CORPS  
At Camp Pendleton, Calif., there are 13 intramural football teams that compete against each other. Robert enjoys playing tight end and defensive end for his team, the Gators.
- 2 LUIS GONZALEZ  
2ND LT., ARMY  
Naturally athletic, Luis tackles a rock-climbing wall on base.
- 3 RYAN MCHUGH  
CAPT., AIR FORCE  
When he's not in the pediatric clinic or training to become a flight surgeon, Ryan takes a break to fly his kit plane.
- 4 CARLOS PUGA  
AIRMAN 1ST CLASS, AIR GUARD  
Carlos enjoys playing the guitar in his spare time.
- 5 ROBERT GLAUDE III  
PETTY OFFICER 3RD CLASS, NAVY  
When he's off duty, Robert is busy knocking down pins at the bowling alley.

1

2



3



4



5







**START  
EVERY DAY  
WITH**

# PURPOSE

Men and women in today's Military serve around the world — in large cities, remote regions and everywhere in between. They meet new people and experience different cultures. No matter where they wake, they're part of something meaningful and start every day with purpose.

## **PURPOSE:** Protect the President

Two brothers serve the commander-in-chief

**T**win brothers and Marine Corps Cpls. Justin and Christopher Vogt have home videos from when they were five years old, saying they wanted to join the Marine Corps and follow in their father's footsteps. The tragic events of September 11 only strengthened the Vogts' resolve. Although Justin and Christopher were only in seventh grade at the time, both of their parents worked in Manhattan, and the boys worried for their safety.

"My mom was home by the time we got home from school that day, but we didn't see my dad for seven days. He was in the Marine Corps Reserve at that point and was activated to stay and help with the recovery and cleanup efforts," Justin says.

Back then, while it seemed certain both twins would join the Marine Corps, no one in the Vogt family could've imagined both brothers would one day have the honor of protecting the president of the United States.

Trained as military police officers, Justin and Christopher are stationed at the Marine Corps Air Facility in Quantico, Va., with Marine Corps Helicopter Squadron One (HMX-1). They share the same critical function: executive flight support to the president. While Justin serves as sergeant of the guard, Christopher serves as a K-9 handler, both protecting the commander in chief and his helicopter, Marine One.

"We see the president whenever he travels because there's always a helicopter with him, even if he doesn't use it," Justin →





← Marine Corps Cpls. Justin and Christopher Vogt

“ I’VE LEARNED THAT TO  
**RECEIVE RESPECT,**  
YOU HAVE TO **GIVE**  
**RESPECT**”  
— Marine Corps Cpl. Justin Vogt

cont’d ...

explains. “We fly in before the president gets there, and we leave after he’s gone. We make sure everything is set up and taken care of for him.”

Christopher adds, “I don’t think there’s a state I haven’t been to. We travel a lot — even outside of the country, to places like Europe.” And as a K-9 handler, he brings his dog with him. “My dog is a Marine, just like I am. He’s trained to detect explosives and plays a critical role in protecting the president.”

As sergeant of the guard, Justin supervises a shift of several Marines responsible for the protection of Marine One. He says of his leadership role, “I’ve

learned that to receive respect, you have to give respect.”

Both brothers agree that the first time they saw the president, they felt nervous, but “you get used to it.”

“The first time I saw the president, we were in Iowa,” explains Christopher. “I was holding my rifle and was standing so close to him. I was half convinced I was going to get in trouble, holding a weapon in such close proximity!” He adds, “We all pass security checks, though, to have the honor of protecting the president. And it isn’t just the Marines; we work with all different kinds of security agencies to provide the best care possible, no matter where in the world the president may travel.”



Christopher and his dog inspect Marine One  
↘





**PURPOSE:**  
**Prepare and Protect**

In his position as an Assault Amphibious Vehicle Crew Chief, Marine Corps Sgt. Robert Settle's primary responsibility is to provide the ability to gain forcible entry into any coastal region in the world. His 26-ton vehicle can surf through the ocean to storm beaches and drop off an infantry squad into hostile fire.

However during a recent deployment to Afghanistan, Robert participated in a

humanitarian mission as well. In fact, he credits it as one of the most rewarding aspects of his military service.

"We performed a humanitarian assistance drop of blankets, shoes and jackets for the children of a small village in Afghanistan prior to a harsh winter. Seeing the happy faces of those kids made me feel like I had done some real good for them," Robert says.

Robert's Assault Amphibious Vehicle crew enters a coastal region



“  
**SEEING THE HAPPY FACES OF  
THOSE KIDS MADE ME FEEL LIKE  
I HAD DONE SOME  
REAL GOOD  
FOR THEM**”  
—Marine Corps Sgt. Robert Settle





The Coast Guard Cutter Polar Sea – the Healy’s sister ship – is also homeported in Seattle



## PURPOSE: Carry Science Forward

### Making sense of mysterious regions

Coast Guard Seaman Deirdre Gray has explored parts of the Earth most people only dream of seeing. She spends months at a time deployed aboard the Coast Guard Cutter Healy, a 420-foot research icebreaker homeported in Seattle. They help support the National Science Foundation’s research into the changing ecosystem of the Arctic.

The crew aboard the Healy does not shy away from obstacles; instead, it faces every barrier head on, continuously breaking through thousands of miles of polar ice. “It sounds like a tree cracking,” Deirdre says of being on the colossal cutter as it breaks through ice. “Sometimes, when we’re hitting the

ice, it sounds like metal scraping against a giant Brillo pad, but at a certain point you just get used to it.”

As a deckhand, Deirdre helps navigate the Healy through the freezing water, making sure to monitor any changing conditions that could impact the greater mission. The Healy’s crew focuses on moving safely through the ice, while the scientists on board are concerned with what lives on the ice and deep below its surface.

From bottom mapping the ocean floor to examining changing migration patterns of local species, Deirdre and her shipmates help scientists make sense of one of the world’s most mysterious regions.

“SOME OF THE **GREATEST MOMENTS** I’VE HAD WERE WATCHING SEVEN-FOOT-THICK ICE BREAK ON EVERY SIDE. I FELT LIKE I WAS THE ONLY PERSON IN THE WORLD. IT WAS PRETTY **INCREDIBLE** TO SEE ALL OF THESE THINGS I’D NEVER BE ABLE TO SEE OUTSIDE OF THE **COAST GUARD**”

— Coast Guard Seaman Deirdre Gray





**PURPOSE:**  
**Provide Care for Servicemembers and Their Families**

What's military service really about? Ask Air Force Capt. and pediatrician Ryan McHugh and he'll tell you it's about being a part of something bigger and serving those who serve. Ask Air Force Reserve Capt. Philipa Duncker and she'll tell you it's about being prepared to make a difference no matter where an emergency calls you.

"As a pediatrician in the Air Force, you deal with special circumstances you don't see as a civilian doctor. You're treating children whose families are moving a lot and whose parents are being deployed," Ryan says.

A normal day at the office includes routine checkups, thermometers and stethoscopes, but Ryan says his role goes beyond the typical 30-minute physical exam. "In the Military, you learn to surround yourself with people who have the experiences and knowledge you desire but probably don't already have," he explains. "It's about serving with trustworthy, competent people who look out for each other — whether you're writing a prescription for their sick child or mowing their lawn and watching their pets while they're on vacation."

As a reservist, Philipa balances her schedule as an emergency room nurse in her civilian career with regular training and missions as a flight nurse with the Air Force Reserve. As a flight nurse, she cares for patients as they're being transferred from one place to another, like medical treatment facilities.



Ryan examines a young patient →



← Ryan talks with a pilot as part of his flight surgeon training

“WHEN IT'S TIME TO MOVE A PATIENT, YOU HAVE TO **BE READY FOR ANYTHING.** ESPECIALLY WHEN YOU'RE ON AN AIRCRAFT THAT'S DIRTY, DUSTY AND WITHOUT WATER STORAGE. YOU HAVE TO BE MORE VIGILANT ABOUT **HOW YOU TAKE CARE OF PATIENTS** AND **HOW YOU TAKE CARE OF YOURSELF** ON THE PLANE”

— Air Force Reserve Capt. Philipa Duncker



↗ Philipa on the flight line



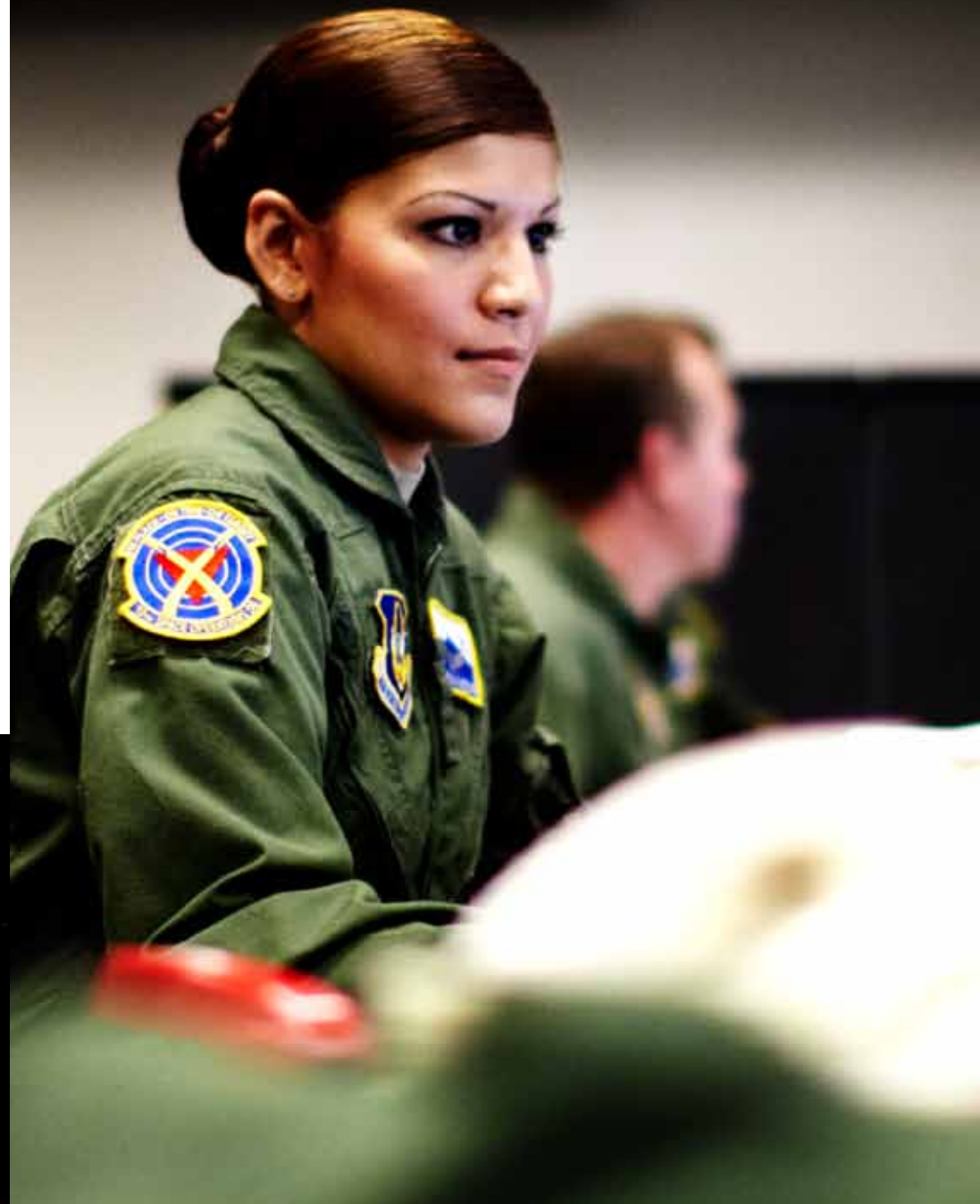
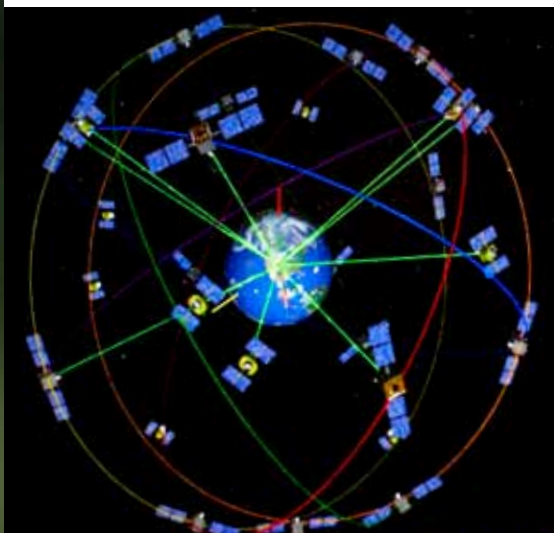
**PURPOSE:**  
Maintain Technology  
that Makes the  
World Run Better

Meet a member of  
the team behind GPS

Forget the days of compasses and navigating by stars. Semi-synchronous orbit, Launch Anomaly Resolution and Architect Revolution Plan are just a few of the tongue twisters used daily by Air Force Reserve Senior Airman Jessica Eastburn to describe her military career as a global positioning system (GPS) satellites operator.

Each member of Jessica's eight-person team must have a classified security clearance in order to monitor 33 satellites and nearly 13,000 pieces of equipment in orbit 24 hours a day, 365 days a year. She and her crew rotate shifts — six days on, four days off — to work together efficiently.

"You have to be a trustworthy person in my line of work," Jessica says about monitoring sensitive information that helps defend the United States. In fact, Jessica and her seven teammates are the only people allowed to physically move the satellites and only then with permission and direction.



“  
WITHOUT MY JOB, SO MANY PEOPLE WOULD  
LITERALLY BE LOST”

– Air Force Reserve Senior Airman Jessica Eastburn



Carmine and a teammate salute and fire (below) a howitzer in Arlington National Cemetery

**PURPOSE:**  
Honor the Past and  
Protect the Future

To serve in the 3rd U.S. Infantry Regiment — more commonly known as The Old Guard — is an honor few are awarded. As an indirect fire infantryman stationed with the ceremonial guard, Army Spc. Carmine Agrifoglio is one of only 35 people in the entire Army responsible

for loading and firing a cannon, called a howitzer, during special ceremonies.

The Old Guard protects America's capital and its dignitaries, conducts special funerals for servicemembers and stands watch over the Tomb of the Unknown Soldier in Arlington National Cemetery.

Although he might not see the president as often as the Marines at HMX-1,

Carmine has met both Presidents Barack Obama and George W. Bush. "One day I was just hanging out in our company's general area when President Bush walked right in, greeted us and asked us all what was up!"

To learn more about The Old Guard, go to <http://1.usa.gov/w9v8E>





“

I PUT ON MY UNIFORM AND  
REALIZE I'M HERE TO

**SERVE AND DEFEND.  
I'M DOING MORE  
THAN I COULD DO** ANYWHERE ELSE

— Army 2nd Lt. Luis Gonzalez

”



↘  
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