



## Nutrition Information

|                         | Calories | Cal from Fat | Fat G | Sat Fat G | Cholesterol | Sodium mg | Carb G | Dietary Fiber | Sugar G | Protein G | Vit A% | Vit C% | Calcium% | Iron % |
|-------------------------|----------|--------------|-------|-----------|-------------|-----------|--------|---------------|---------|-----------|--------|--------|----------|--------|
| <b>Regular Franks</b>   |          |              |       |           |             |           |        |               |         |           |        |        |          |        |
| Bacon & Cheese          | 375      | 205          | 23    | 10        | 51          | 990       | 26     | 1.5           | 6       | 16.5      | 6      | 6      | 11       | 14     |
| Chicago                 | 325      | 165          | 18.5  | 8         | 35          | 1190      | 28     | 2             | 6.5     | 12.5      | 6      | 6      | 7        | 13     |
| Chili Dog               | 360      | 190          | 21    | 9         | 41          | 930       | 28     | 2             | 5.5     | 14        | 5      | 0      | 7        | 17     |
| Hot                     | 430      | 235          | 26    | 12        | 55          | 1155      | 31     | 3.5           | 5.5     | 18        | 12     | <1     | 13       | 21     |
| Kansas City             | 325      | 170          | 19    | 8         | 35          | 1230      | 27     | 2.5           | 6       | 13        | <1     | 14     | 9        | 17     |
| Natural Dog             | 345      | 165          | 18.5  | 8         | 35          | 1225      | 33     | 1.5           | 5       | 13        | 2      | 1      | 6        | 13     |
| Pizza                   | 400      | 225          | 25    | 11        | 53          | 1055      | 27.5   | 2             | 5       | 18        | 5      | 0      | 16       | 17     |
| Pizza Deluxe            | 415      | 245          | 27    | 11.5      | 57          | 1045      | 25     | 1             | 5.5     | 18        | <1     | 5      | 16       | 13     |
| Plain Dog               | 305      | 165          | 18.5  | 8         | 35          | 760       | 24     | 1             | 5       | 12        | 0      | 0      | 6        | 13     |
| Taco                    | 390      | 225          | 25    | 11.5      | 53          | 1020      | 26     | 1.5           | 5       | 16.5      | 6      | 0      | 13       | 15     |
| <b>Xtreme Franks</b>    |          |              |       |           |             |           |        |               |         |           |        |        |          |        |
| Bacon & Cheese          | 655      | 405          | 45    | 19        | 103         | 1755      | 35     | 1.5           | 8.5     | 28.5      | 8      | 6      | 22       | 12     |
| Chicago                 | 555      | 320          | 36    | 15        | 70          | 1875      | 39     | 2             | 9       | 21        | 8      | 9      | 13       | 10     |
| Chili Dog               | 600      | 360          | 40    | 16.5      | 79          | 1610      | 38     | 3             | 8       | 23        | 7      | 0      | 13       | 16     |
| Hot                     | 765      | 465          | 52    | 23        | 110         | 2145      | 45     | 6             | 8       | 31.5      | 25     | <1     | 26       | 26     |
| Kansas City             | 565      | 330          | 37    | 15.5      | 71          | 2315      | 38     | 4             | 9       | 21        | <1     | 28     | 18       | 19     |
| Natural Dog             | 595      | 325          | 36    | 15        | 70          | 2065      | 48     | 2             | 7.5     | 21        | 2      | 2      | 12       | 10     |
| Pizza                   | 690      | 425          | 47    | 20        | 103         | 1875      | 37.5   | 3             | 7.5     | 30.5      | 8      | 0      | 31       | 16     |
| Pizza Deluxe            | 730      | 470          | 52    | 22        | 112         | 1890      | 35     | 1.5           | 7.5     | 31        | 1      | 10     | 32       | 11     |
| Plain Dog               | 530      | 325          | 36    | 15        | 70          | 1350      | 32     | 1             | 7       | 20        | 0      | 0      | 12       | 10     |
| Polish Sausage          | 410      | 215          | 24    | 8         | 80          | 1500      | 31     | 1             | 6       | 20        | 2      | 0      | 2        | 13     |
| Taco                    | 675      | 430          | 48    | 21.5      | 102         | 1730      | 35.5   | 2             | 7       | 27        | 9      | 0      | 25       | 13     |
| <b>Foot Long Franks</b> |          |              |       |           |             |           |        |               |         |           |        |        |          |        |
| Bacon & Cheese          | 765      | 460          | 51    | 22        | 119         | 1965      | 41     | 2.5           | 8.5     | 35        | 14     | 12     | 27       | 36     |
| Chicago                 | 615      | 340          | 38    | 15.5      | 70          | 2005      | 46     | 3             | 8.5     | 23        | 8      | 9      | 13       | 23     |
| Chili Dog               | 675      | 395          | 44    | 17.5      | 82          | 1785      | 44     | 4             | 7.5     | 26        | 10     | 0      | 14       | 31     |
| Hot                     | 775      | 465          | 52    | 23        | 109         | 2120      | 45.5   | 4.5           | 7       | 32        | 19     | 12     | 29       | 33     |
| Kansas City             | 625      | 360          | 40    | 16        | 71          | 2570      | 44     | 4.5           | 8.5     | 23        | <1     | 29     | 18       | 32     |
| Natural Dog             | 655      | 340          | 38    | 15.5      | 70          | 2350      | 56     | 2.5           | 7       | 23        | 3      | 1      | 12       | 23     |
| Pizza                   | 905      | 540          | 60    | 26        | 130         | 2455      | 51.5   | 7             | 8       | 41        | 20     | <1     | 43       | 39     |
| Pizza Deluxe            | 880      | 550          | 61    | 25        | 123         | 2200      | 45.5   | 4             | 7       | 36        | 7      | 27     | 33       | 30     |
| Plain Dog               | 575      | 340          | 38    | 15.5      | 70          | 1435      | 37     | 1.5           | 6.5     | 22        | 0      | 0      | 12       | 23     |
| Taco                    | 805      | 500          | 55.5  | 26        | 118         | 1980      | 44.5   | 2             | 6.5     | 33        | 12     | 0      | 32       | 27     |
| <b>Kids</b>             |          |              |       |           |             |           |        |               |         |           |        |        |          |        |
| Corn Dog Nuggets        | 290      | 170          | 19    | 6         | 25          | 675       | 22     | 1.5           | 6       | 8         | 0      | 0      | 0        | 12     |
| Hot Dog on Bun, Plain   | 305      | 165          | 18.5  | 8         | 35          | 760       | 24     | 1             | 5       | 12        | 0      | 0      | 6        | 13     |

Nutrition analysis based on manufacturer's food labels and the USDA National Nutrient Database for Standard Reference. Slight variations may occur due to use of alternate suppliers and region availability. Limited time offerings are not included in this brochure. October 2006



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|----------------------------|--|--------------|-------|-----------|-------------|-----------|--------|---------------|---------|-----------|--------|--------|----------|--------|
| <b>Baked Potatoes</b>      |  |              |       |           |             |           |        |               |         |           |        |        |          |        |
| Bacon & Cheese Potato      | 645  | 410          | 46    | 25        | 140         | 975       | 33     | 4             | 4       | 24.5      | 33     | 41     | 33       | 8      |
| Butter & Sour Cream Potato | 400  | 260          | 29    | 18        | 72          | 185       | 31     | 3             | 2.5     | 4         | 18     | 28     | 4        | 5      |
| Chicago Potato             | 375  | 205          | 23    | 14        | 60          | 510       | 39     | 4             | 4       | 4         | 22     | 38     | 1        | 5      |
| Hot Potato                 | 490  | 230          | 26    | 14        | 72          | 995       | 42.5   | 8             | 3       | 22        | 31     | 28     | 36       | 22     |
| Natural Potato with Butter | 325  | 200          | 22    | 14        | 60          | 175       | 29     | 3             | 2       | 3         | 14     | 30     | 0        | 5      |
| Kansas City Potato         | 425  | 250          | 28    | 15.5      | 64          | 1385      | 39     | 6.5           | 4.5     | 5.5       | 16     | 58     | 12       | 15     |
| Pizza Potato               | 495  | 215          | 24    | 12.5      | 72          | 1130      | 41     | 7             | 3.5     | 27        | 21     | 28     | 55       | 17     |
| Pizza Deluxe Potato        | 740  | 500          | 56    | 28        | 140         | 1400      | 34     | 3.5           | 3       | 26        | 19     | 48     | 46       | 7      |
| Plain Potato               | 130  | 0            | 0     | 0         | 0           | 10        | 29     | 3             | 2       | 3         | 0      | 30     | 0        | 5      |
| Taco Potato                | 480  | 250          | 28    | 16        | 80          | 795       | 35     | 4             | 2.5     | 22        | 20     | 28     | 39       | 12     |
| <b>Sides and Snacks</b>    |  |              |       |           |             |           |        |               |         |           |        |        |          |        |
| Chips                      | See Individual Bags of Chips for Nutrition Information |              |       |           |             |           |        |               |         |           |        |        |          |        |
| Cheese Fries               | 270  | 145          | 16    | 3.5       | 2           | 630       | 28     | 2.5           | 0       | 3         | 1      | 12     | 5        | <1     |
| Chili                      | 410  | 225          | 25    | 10        | 55          | 1170      | 29     | 11            | <1      | 17        | 40     | 1      | 7        | 31     |
| French Fries               | 240  | 120          | 13    | 2.5       | 0           | 410       | 26     | 2.5           | 0       | 2.5       | 0      | 11     | 0        | 0      |
| Nachos                     | 415  | 215          | 24    | 5         | 7           | 1435      | 44     | 2             | 0       | 5.5       | 10     | 7      | 23       | 8      |
| Soft Pretzel               | 380  | 20           | 2     | 0         | 0           | 320       | 80     | 4             | 2       | 12        | 0      | 0      | 0        | 0      |
| Xtreme Chili               | 590  | 360          | 40    | 19        | 95          | 1315      | 29     | 10            | 2.5     | 28        | 49     | 1      | 37       | 31     |
| Xtreme French Fries        | 360  | 180          | 20    | 4         | 0           | 620       | 40     | 4             | 0       | 4         | 0      | 16     | 0        | 0      |
| Xtreme Frito Pie           | 330  | 190          | 21    | 4         | 8.5         | 835       | 29     | 3             | 1.5     | 5.5       | 9      | 2      | 9        | 6      |
| Xtreme Nachos              | 960  | 560          | 62    | 20        | 75          | 2600      | 78     | 5.5           | 2       | 23        | 36     | 13     | 44       | 25     |
| Saltine Crackers, pkg of 2 | 30   | 5            | <1    | <1        | 0           | 75        | 5      | <1            | <1      | 0.5       | 0      | 0      | 0        | 2      |
| <b>Desserts</b>            |  |              |       |           |             |           |        |               |         |           |        |        |          |        |
| Spunkies, Dozen            | 390  | 150          | 18    | 6         | 30          | 390       | 57     | 1             | 33      | 3         | 12     | 0      | 0        | 12     |

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