



Nutrition Information

	Calories	Cal from Fat	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (g)	Sodium (mg)	Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Vit A %	Vit C %	Calcium %	Iron %
Appetizers															
Cheese Breadsticks, 3 pc	669	342	38	16.5	<1	70	1264	54	3	<1	27	31	0	57	19
Cheese Breadsticks, 6 pc	1244	630	70	29	0.9	120	2306	107	6	1	47	56	0	96	37
Cheese Breadsticks, 12 pc	2378	1179	131	52	1.8	210	4433	212	12	2	88	107	0	171	74
Italian Breadsticks, 3 pc	370	144	16	2.5	0	0	640	51	3	0	6	15	0	0	18
Italian Breadsticks, 6 pc	740	279	31	5	0	0	1280	102	6	0	12	30	0	0	36
Italian Breadsticks, 12 pc	1480	558	62	10	0	0	2560	204	12	0	24	60	0	0	72
Boneless Wings, 6 pc	333	135	15	3	0	42	917	28	1.6	0	20	0	25	3	10
Boneless Wings, 12 pc	667	30	270	7	0	83	1833	57	3	0	40	0	50	7	20
Mild Wings, 6 pc	560	324	36	8	0	100	1240	24	0	0	36	0	0	0	12
Mild Wings, 12 pc	1120	648	72	16	0	200	2480	48	0	0	72	0	0	0	24
BBQ Wings, 6 pc	520	306	34	8	0	130	800	20	0	12	30	12	0	4	12
BBQ Wings, 12 pc	1040	612	68	16	0	260	1600	40	0	24	60	24	0	8	24
Inferno Wings, 6 pc	320	198	22	6	0	100	960	2	0	0	24	0	0	0	0
Inferno Wings, 12 pc	640	396	44	12	0	200	1920	4	0	0	48	0	0	0	0
Pizzas Sold by the Slice (1/6 of Large)															
Bacon-Mushroom-Cheeseburger	494	189	21	11	<1	56	1281	51	3	5	26	18	5	42	18
Cheese	419	144	16	9	<1	40	1043	50	2	5	21	17	5	38	16
Combination	540	234	26	13	<1	58	1540	53	3	5	26	18	14	41	21
Pepperoni	481	189	21	11	<1	53	1284	50	2	5	24	17	5	38	17
Sausage	489	198	22	11	<1	52	1219	50	2	5	24	17	5	39	17
Veggie	483	180	20	11	<1	50	1219	54	4	6	25	30	34	46	19
Personal Pan Pizzas															
Cheese	721	279	31	18	1.2	80	1664	70	3.5	7	41	27	5	75	28
Combination	818	351	39	21	1.2	95	2006	72	4	7	44	28	19	77	31
Pepperoni	787	333	37	20	1.2	93	1917	70	3.5	7	44	27	5	75	28
Sausage	826	369	41	22	1.2	98	1929	70	3.5	7	44	27	5	77	30
12" Whole Pizza By Slice (1/8 of Pizza)															
Bacon-Mushroom-Cheeseburger	190	63	7	3	<1	16	504	24	1.3	2.5	9	9	4	11	10
Cheese	185	54	6	3.3	<1	15	470	24	1.1	2.5	9	9	4	14	9
Combination	242	99	11	5	0	29	625	25	1.5	2.5	10	11	7	17	11
Pepperoni	214	72	8	4	<1	21	579	24	1.1	2.5	10	9	4	15	10
Sausage	212	81	9	4.3	<1	19	537	24	1.1	2.5	10	9	4	15	10
Veggie	207	63	7	4	<1	19	521	26	1.8	3.4	10	15	17	17	10



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16" Whole Pizza by Slice (1/8 of Pizza)															
Bacon-Mushroom-Cheeseburger	370	144	16	9	<1	42	961	38	2	3.4	19	14	3	32	13
Cheese	314	108	12	7	<1	30	782	37	1.6	3.3	16	13	4	28	12
Combination	405	171	19	9	<1	44	1155	39	2.4	4	20	14	11	30	16
Pepperoni	361	144	16	8	<1	39	963	37	1.6	3.3	18	13	4	29	13
Sausage	366	153	17	9	<1	39	914	38	1.6	3.3	18	13	4	29	13
Veggie	362	135	15	8	<1	38	915	41	3	5	18	22	26	35	15
Additional Toppings Per Slice															
Bacon	11	9	1	<1	0	2	34	0	0	0	<1	0	0	0	0
Beef	8	4.5	0.5	<1	0	1	39	<1	<1	<1	<1	0	0	0	1
Cheese	71	45	5	3.3	<1	15	167	<1	0	<1	5	4	0	14	0
Green Peppers	<1	0	0	<1	0	0	0	0	0	0	<1	0	0	3	0
Italian Sausage	13	12	1.3	<1	0	2	33	<1	0	0	<1	0	0	0	0
Mushrooms	<1	0	0	0	0	0	15	<1	0	0	0	0	0	0	0
Olives	4	3	<1	0	0	0	31	<1	<1	0	0	0	0	0	0
Onions	1	0	0	0	0	0	<1	<1	0	<1	0	0	0	0	0
Pepperoni	23	18	2	<1	0	5	91	0	0	0	<1	0	0	0	0
Pizza Sauce	4	0	0	0	0	0	38	<1	<1	<1	<1	2	2	0	1
Pre-Packaged Salads Salads do not include dressing or croutons. Refer to individual salad dressing packets for nutrition information.															
Side Salad	87	45	5	2.5	0	15	128	6	2	2.4	5	106	23	14	6
Garden Salad	156	90	10	5	0	30	295	10	3.6	4	9	143	42	26	11
Garden Deluxe w/ Ham Salad	193	99	11	5.4	0	47	649	10	3.4	4.3	16	143	41	26	13
Chicken Club Salad	296	144	16	6	0	80	475	10	3.4	4.6	28	139	41	16	11
Dipping Sauce															
Blue Cheese, 1 oz	143	135	15	3	<1	9	279	1	<1	1	<1	0	0	1	0
Hot Sauce, 1 tsp	<1	<1	<1	<1	0	0	124	<1	<1	<1	<1	0	6	0	0
Pizza Sauce, 2 oz	24	0	0	0	0	0	217	6	<1	4	<1	14	9	1	4
Ranch, 1 oz	110	99	11	1.5	0	5	310	2	0	1	0	0	0	0	0
Ranch, Fat Free, 1 oz	50	0	0	0	0	0	330	11	0	3	0	0	0	0	0

Nutrition analysis based on manufacturer's food labels and the USDA National Nutrient Database for Standard Reference. Slight variations may occur due to use of alternate suppliers and region availability. Limited time offerings are not included in this brochure. Updated August 2009