



SPOTLIGHT

Expand Your Universe –
Mentor a Child ~ National
Mentoring Month, January 2010



First Lady Michelle Obama has often cited the importance of mentors in her life — and on November 2, she announced a year-long mentoring program at the White House for area high school girls. A mentoring relationship can be just what a young person needs to guide them toward a brighter future, by providing the support, encouragement, and opportunities that may be lacking in their lives.

Created by the [Harvard School of Public Health](#) and [MENTOR](#), National Mentoring Month enters its ninth year in January 2010. [Hear from notable individuals](#) (Clint Eastwood, Sting, Maya Angelou, and more) who cite mentoring relationships as a positive force in their lives.



Visit the National Mentoring Month website for "10 Things to Do in January," a list to jump-start your thinking about getting involved and honoring the occasion. You'll also find links to tools, videos, news, and many other valuable resources related to this month-long celebration of mentoring.

RESOURCES

Why Mentoring?

Because it works.
Youth with mentors are:

- 46% less likely to begin using illegal drugs
- 27% less likely to begin using alcohol
- 53% less likely to skip school
- 33% less likely to engage in violence.
(Source: The Harvard Mentoring Project)



The resources below will help you find new mentors, and support existing relationships between mentors and mentees.

Lending Library

- [Marketing for the Recruitment of Mentors: A Workbook for Finding and Attracting Volunteers](#)
- [Youth-Adult Partnerships: A Training Manual](#)
- [Mentoring for Meaningful Results: Asset-Building Tips, Tools, and Activities for Youth and Adults](#)

Effective Practices

- [Using volunteer motivations for effective mentor recruitment and retention](#)
- [Mentoring youth to make positive life](#)

ANNOUNCEMENTS

Webshops: Planning for MLK Day of Service 2010



The Martin Luther King, Jr. Day of Service 2010 is almost here. Have you begun planning your projects? Do you know what community issues you would like to address? Now is the time to dream big and to plan so that the dream can become a reality! Click the links for more information and to register for either of the sessions.

December 7, 2009 ~ [Webshop: Raising Resources for King Day Events/Projects](#)

January 6, 2010 ~ [Webshop: Getting Media for Your MLK Day Event](#)

Give a Day. Get a Disney Day.

The folks at Disney want to inspire one million people to volunteer a day of service.



Beginning January 1, 2010, you can sign up to volunteer a day of service with a participating organization. Then, once your service is completed and verified, you'll get one day admission to a Walt Disney World® or Disneyland® theme park, free!

[Read the details here.](#)

[decisions](#)

- [Using ten techniques to sustain a successful mentoring relationship](#)

Related Links

- [LEARNS: Mentoring Resources](#)
- [MENTOR](#)

TECHNOLOGY CORNER

Simple tech tip:

Can't fix that stubborn formatting in your Word doc? Clear it out and start fresh by selecting your block of text, then pressing CTRL+SHIFT+N.

SAVE THE DATE

2010 National
Conference on
Volunteering and
Service



New York City, June 28–30

CALENDAR OF EVENTS

Visit the Resource Center's [calendar of events](#) for service-related trainings and conferences; submit your own events, too!

ABOUT THE RESOURCE CENTER

The Resource Center is a training and technical assistance provider funded by the [Corporation for National and Community Service](#) to support volunteer and service programs across the nation. Visit us today to search, browse, download, order, and borrow from among thousands of specialized resources. Click here to [subscribe](#) to this e-newsletter. To [unsubscribe](#), send an e-mail to lyris@lists.etr.org with *unsubscribe nsrnews* in the body of the message.